



ANYONE CAN SAVE A LIFE

RESPONSE PROTOCOL – NCHSAA Championships - Emergency Action Plan

Tournament Name:	
Site:	
Emergency Contact 1:	
Emergency Contact 2:	
Lead Responder:	
Responder:	
Responder:	
AED Location:	
EMS Access Point:	
EMS Cross Street:	
Add'l Information:	

**Return to NCHSAA to the following email:
rhonda@nchsaa.org**

In the event of a cardiac emergency, the first trained Event Staff member on the scene will take control of the situation and provide directions to others as outlined below.

LEAD RESPONDER

If someone collapses, is not breathing normally, and is unresponsive to shaking, initiate response protocol:

1. Instruct someone to call 911, staff numbers listed, and send someone to EMS Access Point.
2. Instruct someone to retrieve the AED.
3. Position the person on his/her back:
4. Put one hand on top of the other in the middle of the victim's chest. Keeping your arms straight, push hard and fast, at about 100 presses a minute. Let the chest completely recoil after each compression.
5. Take turns doing CPR with fellow responders. Keep CPR interruptions to a minimum.
6. Once the AED arrives, turn it on, and follow the voice prompts:
 - a. Remove clothing from chest
 - b. Attach electrode pads as directed by the voice prompts
 - c. Stand clear with the AED analyzes the heart rhythm
 - d. Keep the area clear if the AED advises a shock
 - e. Follow the device prompts for further action
 - f. After EMS takes charge of the victim, deliver AED to Tournament Director for data download