

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 301 Girls Shot Put NCHSAA 3A****3A Meet: 43-07.50 2018****Kayla Beasley, Hillside**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Re'Ale Walton	11	Northwest Cabarrus	33-05.00
2	Lytic Watkins	11	Dudley	33-08.25
3	Rachel Turner	12	Lake Norman Charter School	34-01.00
4	Alanna Massey	11	Smithfield-Selma	34-01.25
5	Janiya Brown	12	Southern Guilford	34-05.75
6	Iyauna Justice	10	Orange	34-07.50
7	Ashlyn Lewis	11	West Carteret	34-09.50
8	Rebecca Kaba	11	Terry Sanford	35-00.00
9	Emily Hartsoe	11	Ashe County	36-04.00
10	Sam Morgan	11	Pisgah	36-04.50
11	Jasmine Colwell	11	North Brunswick	37-00.25
12	Charley Seagle	10	Franklin	37-05.50
13	Cailin Ames	11	Croatan	38-06.50
14	Rah'Shea Christopher	11	Southern Durham	39-01.50
15	Janna Tupuola	11	E.E. Smith	39-06.75
16	Camryn Massey	11	Ashbrook	41-01.50

Event 302 Boys Shot Put NCHSAA 3A**3A Meet: 60-04.25 1989****Rodney Edwards, Concord**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Tyler McMullen	12	Lee County	44-06.00
2	Devon Smith	12	South Central	44-07.50
3	Benjamin Thibodeau	12	Currituck County	44-08.25
4	Trevquan Gary	10	Person	44-10.00
5	Amari Chance	12	Scotland County	45-03.50
6	Jacob Butler	11	East Rowan	45-06.50
7	Hayden Lam	11	Northeast Guilford	45-07.75
8	Donte Lipscomb	12	Eastern Guilford High School	46-00.00
9	Zahir Mcphail	10	E.E. Smith	46-07.00
10	Evan Moore	12	Enka	47-04.00
11	Iggy Welch		Enka	48-02.50
12	Seth Brewer	12	Franklin	48-05.50
13	Brandon Moody	12	North Brunswick	48-07.25
14	Antonio Lorenzo	12	Smoky Mountain	49-05.50
15	Ryan Ramirez	12	South Point	50-03.50
16	Gabriel Urraca	12	Northside (3a)	51-09.00
17	Jason Bethea	11	Ben L. Smith	51-10.50

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 305 Girls Discus Throw NCHSAA 3A****3A Meet: 140-09 2021****Camryn Massey, Ashboro**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Cassie Jay	11	Person	90-10
2	Makayla Thompson	11	Eastern Alamance	92-04
3	Ka'liyah Speller	10	E.E. Smith	92-05
4	Shileyia Williams	12	Rocky Mount	92-07
5	Cora Hadley	9	Oak Grove High School	96-03
6	Sky Ruben	10	West Rowan	100-02
7	Mikaela Hyatt	11	Tuscola	104-08
8	Amara Bradsher	11	Atkins	105-03
9	Ashlyn Lewis	11	West Carteret	107-09
10	Erica Johnson	12	Swansboro	111-11
11	Bailey Barrett	9	North Buncombe	112-08
12	Jasmine Colwell	11	North Brunswick	113-08
13	Dianna Boykin	12	South Johnston	126-09
14	Noelle Millner	11	Dudley	132-00
15	Emily Hartsoe	11	Ashe County	134-11
16	Camryn Massey	11	Ashbrook	169-10

Event 306 Boys Discus Throw NCHSAA 3A**3A Meet: 185-01 2010****Tavis Bailey**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Semaja Thompson	11	Richlands	129-04
2	Zahir Mcphail	10	E.E. Smith	136-05.50
3	Donte Lipscomb	12	Eastern Guilford High School	137-00
4	Chris Harris	10	Southern Nash	139-07.50
5	Dominic Waugh	12	Atkins	139-10
6	Zion Glover	11	South Central	140-08
7	Khamani Johnson	11	Durham School of the Arts	141-04
8	Jack Nicholson	12	Northwood	143-03
9	Jason Bethea	11	Ben L. Smith	146-11
10	Spencer Roane	12	North Buncombe	147-08
11	Iggy Welch	12	Erwin, Clyde A.	150-07
12	Hyuga Doreus	12	Swansboro	151-01
13	Kahmari Brown	11	White Oak	152-04
14	Gabe Suddreth	11	Hibriten	152-06
15	Graham Cannon	10	Enka	156-09
16	Myles Scott	12	Lake Norman Charter School	161-06

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 309 Girls High Jump NCHSAA 3A****2A Meet: 5-07**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Alexa Dos Santos	11	East Lincoln	4-08.00
2	Katlyn French	11	Ashe County	4-08.00
3	Rebecca Wilson	10	Asheboro	4-10.00
4	Madison Crowder	10	Dudley	4-10.00
5	Cadi Joyner	9	Jesse Carson	4-10.00
6	Kerrigan Brown	12	Cape Fear	5-00.00
7	Grace Pell	11	Orange	5-00.00
8	Madison Leonard	11	Currituck County	5-00.00
9	Ava Cooper	12	Stuart W. Cramer	5-00.00
10	Caroline Thiel	12	Rocky Mount	5-02.00
11	Paige Overcash	11	Ashe County	5-02.00
12	Charity Stroud	11	E.E. Smith	5-02.00
13	Macy Miller	11	South Rowan	5-04.00
14	Rachel Key-White	9	Aycock, Charles B	5-04.00
15	Lisa Ferguson	11	Swansboro	5-04.00
16	Tyler Collins	11	West Carteret	5-06.00

Event 310 Boys High Jump NCHSAA 3A**3A Meet: 6-11 1995****Derek Frink, West Brunswick**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Jayden Diggs	12	Southern Guilford	5-10.00
2	Javon Doe	10	South Central	6-00.00
3	Malachi Keyes	11	Rose, J.H.	6-00.00
4	Romello Snow	11	Person	6-00.00
5	Jasiah Jones	10	West Carteret	6-00.00
6	Devin Mims	10	Dudley	6-00.00
7	Lance Everhart	11	Asheboro	6-00.00
8	Malakai Davis	11	Enka	6-02.00
9	Jordan Hinton	12	Seventy-First	6-02.00
10	Ro'Mello Pegues	11	Triton	6-02.00
11	Demetrise Graves	12	Erwin, Clyde A.	6-02.00
12	Jerell Reddick	12	Concord	6-02.00
13	Cal Drake	12	Franklin	6-04.00
14	Jashawn Clark	12	Ashbrook	6-04.00
15	Jeremiah Taylor	11	South Central	6-04.00
16	Christian Hackett	10	Union Pines	6-04.00

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 311 Girls Pole Vault NCHSAA 3A****2A Meet: 12-06.50****3A Meet: 12-06 2017****Tessa Sheets, Northwood****3A Meet: 12-06 2021****Emma Stone, Marvin Ridge**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Laney Babo	9	Northwood	7-06.00
2	Danija Jackson	11	Rocky Mount	7-06.00
3	McKylee Wilkerson	12	Union Pines	8-00.00
4	Jadyn Melby	11	Croatan	8-06.00
5	Hadley Smith	10	North Davidson	8-06.00
6	Ivey Pearson	9	Parkwood	8-06.00
7	Bri Saunders	11	Croatan	9-00.00
8	Mattie Berrier	11	North Davidson	9-00.00
9	Jordyn Horan	11	St. Stephens	9-00.00
10	Sarah Gorgas	11	West Henderson	9-06.00
11	Boston Stringer	11	Franklin	9-06.00
12	Sophia Cremeans	12	Northwood	10-00.00
13	McKenna Panos	11	Swansboro	10-00.00
14	Maya Flynn	11	North Buncombe	10-00.00
15	Carly Gordinier	11	Croatan	11-00.00
16	Lily Houston	11	Northwest Cabarrus	12-00.00

Event 312 Boys Pole Vault NCHSAA 3A**3A Meet: 16-01 2016****Bailey Frederick, Marvin Ridge**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Eric Faraci	12	Parkwood	10-00.00
2	Jenson Pearson	12	Parkwood	10-06.00
3	James Yesunas	10	Swansboro	11-06.00
4	Bryson Caulder	9	Croatan	11-06.00
5	Grayson Bryant	10	Union Pines	11-06.00
6	Jack Binon	10	Union Pines	11-06.00
7	Seth Drake	12	East Rowan	12-00.00
8	Ryan Becker	11	Carrboro	12-00.00
9	Jake Carroll	11	Croatan	12-00.00
10	Lance Everhart	11	Asheboro	12-06.00
11	Colton Ellis	12	West Carteret	12-06.00
12	Aaron Jennings	11	Franklin	13-00.00
13	Adam Rogers	10	Franklin	13-06.00
14	Gabe Ocampo	12	Eastern Alamance	13-06.00
15	Logan Jones	12	North Lincoln	14-00.00
16	Blake Cassada	12	Franklin	14-00.00

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 313 Girls Long Jump NCHSAA 3A****2A Meet: 19-04****3A Meet: 19-10.25 2022****Chaunesse Barringer, NW Cabarrus**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Nevaeh Baldwin	10	Lee County	15-07.50
2	Elaina Lane	12	Southern Wayne	16-01.00
3	Typhany Cheek	11	Cedar Ridge	16-03.50
4	Rachel Key-White	9	Aycock, Charles B	16-05.50
5	Victoria Simeonova	9	Durham School of the Arts	16-06.00
6	Kiara Anderson	9	East Lincoln	16-08.75
7	Logan Speight	10	Dudley	16-11.00
8	Shamari Allen	12	Durham School of the Arts	17-03.00
9	Kaydence Daniels	10	Northside (3a)	17-03.00
10	Senadzi Rankin	11	Dudley	17-03.50
11	Laura Covarrubias	10	Franklin	17-06.75
12	Ginger Hayden	12	Croatan	17-10.00
13	Elizabeth Deen	10	Southern Guilford	17-10.25
14	Jada Brown	11	Hibriten	18-05.00
15	Sydney Krause	11	Central Cabarrus	18-10.00
16	Alexis Willis	12	Stuart W. Cramer	19-01.00

Event 314 Boys Long Jump NCHSAA 3A**3A Meet: 25-00.75 1991****Eric Alford, HighPoint Central**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	John Vickers	12	South Point	20-09.50
2	Aleni Mageo	12	White Oak	21-03.00
3	Ethan Biggs	11	Union Pines	21-03.50
4	Tylei Woolard	12	Dudley	21-03.50
5	S'Quan Waters	12	South Central	21-04.50
6	Ja'ki McDaniels	10	Orange	21-06.50
7	Jasiah Jones	10	West Carteret	21-08.00
8	Kwan Oates	11	Hickory	21-08.50
9	Dewayne Myles	12	Eastern Guilford High School	21-11.00
10	Trynton Wiley	11	Eastern Alamance	21-11.50
11	Jashawn Clark	12	Ashbrook	22-01.00
12	Jeremiah Sellers	11	North Lincoln	22-02.00
13	Jamari Hooks	12	Ben L. Smith	22-07.00
14	Kaleb Lucas	12	Durham School of the Arts	22-09.00
15	Anthony Taylor	12	Dudley	23-01.50
16	Jayson Hedgepeth	12	White Oak	23-03.00

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 317 Girls Triple Jump NCHSAA 3A****2A Meet: 40-09****3A Meet: 42-00 1990****Nikki Friday, Lexington**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Cheyenne Walker	10	Northside (3a)	33-00.50
2	Lydia Norman	12	Smoky Mountain	33-02.00
3	Addison Coker	10	Franklin	33-10.50
4	MaryBeth Garrison	10	West Carteret	34-01.00
5	Malay Mitchell	11	South Central	35-00.50
6	KeSondra Pickett	11	Rocky Mount	35-03.00
7	Emmanuelle Whitehead	9	Lee County	35-06.25
8	Shamari Allen	12	Durham School of the Arts	36-01.00
9	Serenitie Johnson	10	Dudley	36-10.25
10	Kira Jones	9	Rocky Mount	37-00.50
11	Ginger Hayden	12	Croatan	37-05.50
12	Elizabeth Deen	10	Southern Guilford	37-06.00
13	Sasha Bernard	12	Lake Norman Charter School	37-09.50
14	Sydney Krause	11	Central Cabarrus	38-01.00
15	Jada Brown	11	Hibriten	38-03.00
16	Alexis Willis	12	Stuart W. Cramer	39-04.25

Event 318 Boys Triple Jump NCHSAA 3A**3A Meet: 52-01.50 1991****Brian Ellis, North Rowan**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Aj Allen	12	Southern Nash	40-07.50
2	Isaiah Seymour	12	Orange	40-10.00
3	Cedric Walker	11	Erwin, Clyde A.	42-00.00
4	Dayzhaun Gooding-Williams	12	Jacksonville	42-03.00
5	Dean Massaquoi	10	Swansboro	42-06.50
6	Jaxon Whitaker	12	West Carteret	43-04.50
7	Isaiah Mobley	12	Parkwood	43-05.00
8	Cal Drake	12	Franklin	43-07.00
9	Langston Wood	11	Dudley	43-08.50
10	Seallio Alphonse	12	Rocky Mount	43-11.50
11	Carlson Walker	12	South Central	44-02.00
12	Jermiah Glaspy	12	West Iredell	44-03.00
13	Donovan Estes	12	Franklinton	44-06.25
14	Anthony Taylor	12	Dudley	44-10.75
15	Caleb Lopez	12	Montgomery Central	45-00.50
16	Kwan Oates	11	Hickory	46-01.50

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 319 Girls 4x800 Meter Relay NCHSAA 3A****3A Meet: 9:18.25 2021 Cuthbertson, Cuthbertson**

Lane	Team	Relay	Seed Time
Section 1 of 1	Timed Finals		
1	West Carteret	A	9:56.66
	1) Isabella Mennella 11	2) Riley Preston 12	3) Kenley Ballou 11
2	North Buncombe	A	10:01.58
	1) Avery Mays 11	2) Katie Johnson 11	3) Eden Barnwell 11
3	North Iredell	A	10:04.84
	1) Mia Sohovich 9	2) Julia Hollar 10	3) Breanna Sturtevant 9
4	Franklin	A	10:05.00
	1) Amy Mendoza Lopez 9	2) Abigail Pope 9	3) Hope Smith 11
5	West Henderson	A	10:09.32
	1) Alysia Madera 10	2) Amron Rice 9	3) Rayna Vanness 11
6	First Flight	A	10:11.74
	1) Morgan Miller 9	2) Lucy Stecher 11	3) Nellie Hall 10
7	Cedar Ridge	A	10:25.02
	1) Molly Alverson 10	2) Eliza Klaitman 9	3) Naomi Dyreng 10
8	Croatan	A	10:30.57
	1) Emilie Hayes 11	2) Skylar Nawrocki 10	3) Lillian Beck 11
9	Havelock	A	10:32.28
	1) Kayla Brashear 11	2) Julia Phelan 11	3) Sarah Fedyna 9
10	Union Pines	A	10:39.02
	1) Laura Caviness 12	2) Jacquelnne Leone 11	3) Alyssa Mabe 10
11	Atkins	A	10:39.95
	1) Paige Kiesling 9	2) Taylor Shen 10	3) Lauren Shen 10
12	South Rowan	A	10:50.11
	1) Madison Beaver 11	2) Brinley Patterson 10	3) Blythe Elliott 11
13	North Davidson	A	10:51.85
	1) Bailey Hicks 10	2) Charlotte Sullivan 9	3) Lily Sullivan 9
14	Northwest Cabarrus	A	10:52.08
	1) Shaina Chiniwalla 9	2) Morgan Hill 11	3) Taylor Hyman 12
15	Carrboro	A	10:52.10
	1) Charlotte Johnson 10	2) Isabel Fargo 12	3) Ava Lavelly 11
16	Durham School of the Arts	A	10:53.36
	1) Addison Bartlett 12	2) Serena Kanu 10	3) Trinity Konvalinka 12

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 320 Boys 4x800 Meter Relay NCHSAA 3A****3A Meet: 7:47.56 2016****Richlands, Richlands****A. Rand, K. Pascoe, R.J. Russell, D. Futrell**

Lane	Team	Relay	Seed Time
Section 1 of 1 Timed Finals			
1	Croatan	A	8:03.94
	1) Trey Austin 11	2) James Wallace 12	3) Matthew Quispe 11
2	North Iredell	A	8:15.37
	1) Parker Anderson 12	2) Maddox Gantt 10	3) Philip Riddle 12
3	Lake Norman Charter School	A	8:16.55
	1) Truitt Evelyn 12	2) Drew Johnson 9	3) Javon Taylor 10
4	Central Academy of Technology	A	8:19.94
	1) Gavin Jansen 10	2) Timothy Parsons 9	3) Heyden Christensen 10
5	Kings Mountain	A	8:20.56
	1) Hunter Cruise 11	2) Isaiah Watts 10	3) Marty Lovingood 12
6	Dudley	A	8:20.85
	1) Jaharice Paschal 10	2) Abishek Pradhan 11	3) Aaron Spears 11
7	Northwest Cabarrus	A	8:23.46
	1) Blake Andrews 12	2) Grant Long 11	3) Cameron Beaver 12
8	Northwood	A	8:27.85
	1) Wiley Sikes 12	2) Trey Hudson 10	3) Jordan Wiley 9
9	Franklin	A	8:29.78
	1) Aaron Ashe 12	2) Barrett Stork 11	3) Matheson Post 10
10	Union Pines	A	8:30.32
	1) Brayden Muhly 10	2) Logan Totten-Lancaster 10	3) Corbin Weeks 9
11	Northern Nash	A	8:35.12
	1) Aaron Mowatt 10	2) Xzavien Harrison 10	3) Jonathon Page 10
12	White Oak	A	8:38.03
	1) Jacob Mueller 12	2) Jimmy Owens 10	3) Mark Pinnock 12
13	Triton	A	8:39.76
	1) Carter Daughtry 12	2) Aidan Johnson 12	3) Sabine Wheeler 12
14	North Buncombe	A	8:40.94
	1) Miguel Popchock Moreno 10	2) Liam Lawing 11	3) Gabe Ferguson 10
15	First Flight	A	8:41.97
	1) Jackson Hannon 12	2) Chase Matis 10	3) Liam Minnich 10
16	South Central	A	8:55.02
	1) Simon Thomas 12	2) Noah George 11	3) Ryan Witteborg 11

Event 321 Girls 100 Meter Hurdles NCHSAA 3A**8 Advance: Top 2 Each Heat plus Next 4 Best Times****3A Meet: 13.91 2019****Alexis Patterson, Parkland**

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Prelims				
1	Rachel Key-White	9	Aycock, Charles B	16.52
2	Jy'Asha Cousins	10	Southern Wayne	16.18
3	Ashlynn Hudson	9	Southern Durham	15.70
4	Senadzi Rankin	11	Dudley	14.63
5	Elizabeth Deen	10	Southern Guilford	14.73
6	Caroline Spilliards	12	Smoky Mountain	15.83
7	Paige Merrell	12	Croatan	16.20
8	Heavenly Whitehead-Graham	12	Scotland County	16.95

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Heat 2 of 2 Prelims...(Event 321 Girls 100 Meter Hurdles NCHSAA 3A)**

1	MaCaela Claxton	10	Northside (3a)	16.38
2	Jamia Witchertenox	10	Ashbrook	16.01
3	Ogechi Ezeigbo	10	Atkins	15.27
4	Emma Hall	11	West Henderson	14.52
5	Tanzania Washington	12	Dudley	14.94
6	Isabelle Duchemin	12	Franklin	15.87
7	Samone Arrington	9	Southern Durham	16.33
8	Shamari Allen	12	Durham School of the Arts	17.04

Event 322 Boys 110 Meter Hurdles NCHSAA 3A**8 Advance: Top 2 Each Heat plus Next 4 Best Times****3A Meet: 13.88 2005 Johnny Dutch, Clayton**

Lane	Name	Year	School	Seed Time
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Heat 1 of 2 Prelims

1	Caleb Milton	10	Union Pines	15.81
2	Nick Blackston	12	Southern Guilford	15.54
3	Elijah Cochran	11	Franklin	15.25
4	Tayman Howell	10	West Henderson	14.36
5	Langston Wood	11	Dudley	14.98
6	Austin Sawkiw	11	Aycock, Charles B	15.27
7	Justin Wax	11	Croatan	15.63
8	Ethan Wilson	12	Northwood	15.92

Heat 2 of 2 Prelims

1	Cooper Stephens	10	Croatan	15.79
2	Dasan Davis	10	Rose, J.H.	15.51
3	Shawn Seagraves	12	Dudley	15.17
4	Liam Sutton	12	North Lincoln	14.35
5	De'Aijaha Ray	10	Erwin, Clyde A.	15.08
6	Kaleb Lucas	12	Durham School of the Arts	15.42
7	Jassai Hackett	11	Eastern Guilford High School	15.74
8	Joe Lewis	11	Rocky Mount	16.07

Event 323 Girls 100 Meter Dash NCHSAA 3A**8 Advance: Top 2 Each Heat plus Next 4 Best Times****3A Meet: 11.77 2012 Nyshedra Brown, West Craven**

Lane	Name	Year	School	Seed Time
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Heat 1 of 2 Prelims

1	Briana St Louis	10	Union Pines	12.45
2	Taniyah Glaspie	12	Southern Wayne	12.35
3	Janya Moore	12	Ben L. Smith	12.21
4	Emma Hall	11	West Henderson	11.98
5	Alaya Gillespie	12	Statesville	12.09
6	Nilijah Darden	10	Dudley	12.23
7	Rymiah Sanders	12	Southern Durham	12.37
8	A'Jaylah Yates	12	Seventy-First	12.57

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Heat 2 of 2 Prelims...(Event 323 Girls 100 Meter Dash NCHSAA 3A)**

1	Tynasia Emory	10	Fike High School	12.39
2	Futoria Harris	10	Cape Fear	12.30
3	Onyi Ezeigbo	9	Atkins	12.19
4	Janiya Johnson	11	Statesville	11.69
5	Melanne Sutton	12	Rose, J.H.	12.19
6	Zaniya LittleJohn	11	West Charlotte	12.25
7	Gabrielle Cheek	11	Dudley	12.39
8	Kaydence Daniels	10	Northside (3a)	12.60

Event 324 Boys 100 Meter Dash NCHSAA 3A**8 Advance: Top 2 Each Heat plus Next 4 Best Times****3A Meet: 10.37 2015 Kadarius Lotharp, Sun Valley**

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Prelims				
1	Jakyri Manning	12	Southern Guilford	11.11
2	Rory Baker	12	Dudley	10.86
3	Brendan Henby	12	West Henderson	10.79
4	Cameron Walker	11	Ledford	10.62
5	Sincere Moss	12	Ashbrook	10.63
6	Shyhiem Cooke	12	Triton	10.79
7	Tralon Mitchell	12	Southern Nash	10.87
8	Alijah Brooks	12	West Johnston	11.14
Heat 2 of 2 Prelims				
1	Daniel Fredrick	12	Aycock, Charles B	11.11
2	Jordan Bobbit	12	Northern Nash	10.85
3	Camryn Williams-Dalton	12	West Charlotte	10.72
4	Bryson Lomick	11	South Point	10.62
5	William Ratliffe	12	Eastern Alamance	10.64
6	Nylon Fair-Steele	12	Concord	10.84
7	Michael Tate	12	Northside (3a)	10.92
8	Tyler Clouarte	9	Richlands	11.27

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 331 Girls 4x200 Meter Relay NCHSAA 3A****3A Meet: 1:38.29 2019****Parkland, Parkland****I. Munford, A. Patterson, d. Penn, D. Lyerly**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	West Charlotte	A	1:48.10
	1) Zekya Allison 9	2) Mya Horseley 9	3) Aniya Higgins 9
2	Franklin	A	1:47.63
	1) Laura Covarrubias 10	2) Rylee Cassada 11	3) Alexa Morales 10
3	Northeast Guilford	A	1:46.35
	1) Kristian Gwynn 11	2) Navia Coles 9	3) Kristen Faith Aleghe 12
4	Southern Wayne	A	1:46.14
	1) Elaina Lane 12	2) Angel Harmon 10	3) Mia Glaspie-Leach 12
5	Eastern Guilford High School	A	1:46.30
	1) Alexandra Taylor-Ramsey 11	2) Raven Womack 10	3) Heaven Richardson 12
6	Union Pines	A	1:47.26
	1) Melody Brown 10	2) Keelyn Finn 9	3) Amora Goodin 11
7	Western Harnett	A	1:47.87
	1) Leah Smith 12	2) Lyric Jean Paul 11	3) Amanda Moore 11
8	Ashe County	A	1:49.76
	1) Emmi Cheek 11	2) Katlyn French 11	3) Jezik Martin 12
Section 2 of 2 Timed Finals			
1	Rocky Mount	A	1:45.93
	1) Kimora Bandy 10	2) Kira Jones 9	3) Caroline Thiel 12
2	Rose, J.H.	A	1:45.80
	1) Layla Moore 9	2) M'Shya Green 10	3) Katie M Wilson 12
3	Northside (3a)	A	1:43.10
	1) Kaliah Asafo-Adjei 12	2) Cheyenne Walker 10	3) Julissa Stewart 11
4	Dudley	A	1:40.53
	1) Dorothy Braswell 11	2) Nathalya Daniels 12	3) Nilijah Darden 10
5	Statesville	A	1:41.00
	1) Nakirah Adams 10	2) Alaya Gillespie 12	3) Dynasty Hamilton 11
6	Atkins	A	1:43.73
	1) Onyi Ezeigbo 9	2) Ja'Naya Linder 11	3) Ja'Nique Linder 9
7	Southern Durham	A	1:45.90
	1) Ashlynn Hudson 9	2) Marlisha Payne 12	3) Samone Arrington 9
8	Jacksonville	A	1:46.08
	1) NaQuayla Stanford 10	2) Lauryn Gholston 10	3) Sanaa Mosley 10

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 332 Boys 4x200 Meter Relay NCHSAA 3A****3A Meet: 1:25.35 1991****T.W. Andrews, T.W. Andrews****S. Mciver, K. Shaw, D. Hill, D. Brewington**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Triton	A	1:31.87
	1) Torrey Williams 12	2) Timothy Gainey 11	3) James Shaw 12
2	Lee County	A	1:31.81
	1) Zaiden McCrimmon 10	2) Trey Burch 10	3) Jamar Alston 10
3	Parkwood	A	1:31.51
	1) Isaiah Mobley 12	2) Wisdom Holmes 12	3) Jenson Pearson 12
4	West Johnston	A	1:31.19
	1) Alijah Brooks 12	2) Caleb Baker 12	3) Kavon Manning 11
5	Northside (3a)	A	1:31.22
	1) Samuel Schler 11	2) Tyree Holloway 12	3) Jessey Ruffin 12
6	Atkins	A	1:31.58
	1) Zaire Friend 11	2) David Neal 11	3) Sekani Carter 9
7	Aycock, Charles B	A	1:31.85
	1) Jeremy Johnson 9	2) Caleb Frederick 10	3) Kemaury Lewis 9
8	Smithfield-Selma	A	1:32.01
	1) Jaelyn Groves	2) Dwight Nesbitt 11	3) Semaj Williams 10
Section 2 of 2 Timed Finals			
1	Hunter Huss	A	1:29.84
	1) Gene Neely 10	2) Isreal Aladekobu 9	3) Zamarius Gladden 9
2	Northern Nash	A	1:29.40
	1) Jordan Bobbit 12	2) Allen Barnes 12	3) Douglas Pender 11
3	Ashbrook	A	1:28.51
	1) Sincere Moss 12	2) Dezmond Whitener 10	3) Cameron Mayfield 11
4	Southern Guilford	A	1:26.73
	1) Jakyri Manning 12	2) Jayden Diggs 12	3) Jerron Copper 12
5	Dudley	A	1:27.33
	1) Rory Baker 12	2) Asa Bonds 12	3) Le'Ezra Brown 10
6	Statesville	A	1:28.75
	1) Davin Clarke 11	2) Titus Myers 12	3) Jehahj Sherrill 10
7	Franklin	A	1:29.42
	1) Braxton Deal 11	2) Justin Rodriguez 9	3) Isaiah Roots 12
8	Rocky Mount	A	1:30.18
	1) Javon Leary 12	2) Jaedon Kearney 11	3) C'Quarhion Mitchell 9

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 333 Girls 1600 Meter Run NCHSAA 3A****3A Meet: 4:57.34 2021****Alyssa Preisano, Cuthbertson**

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Eva Rinker	12	Tuscola	5:00.34
2	Olivia Ferraro	9	North Lincoln	5:01.99
3	Macy Parks	12	North Lincoln	5:09.20
4	Tatum Dermatas	12	First Flight	5:13.48
5	Katie Johnson	11	North Buncombe	5:15.72
6	Lily Yampolsky	11	Lake Norman Charter School	5:18.15
7	Grace Lane	12	Central Academy of Technology	5:19.60
8	Erin Pope	11	Fike High School	5:22.05
9	Cameran Ladd	11	Croatan	5:24.08
10	Naomi Dyreng	10	Cedar Ridge	5:24.35
11	Kylee Dinterman	10	Currituck County	5:24.50
12	Catherine Parker	10	Eastern Alamance	5:27.48
13	Addison Bartlett	12	Durham School of the Arts	5:30.58
14	Abigail Klaitman	10	Cedar Ridge	5:35.47
15	Adrien Noel	10	Central Cabarrus	5:42.80
16	Caroline Downs	10	Atkins	5:46.38

Event 334 Boys 1600 Meter Run NCHSAA 3A**3A Meet: 4:08.01 1980****Jeff Hutchinson, West Rowan**

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Harper Clark	12	West Johnston	4:22.26
2	Noah Guerrero	10	Croatan	4:22.71
3	Gabriel Schmid	11	Orange	4:23.96
4	Caleb Phillips	12	Smoky Mountain	4:26.86
5	Stephen Ferneti	12	North Lincoln	4:26.92
6	Will Downs	11	Atkins	4:27.19
7	Logan Russo	11	Franklin	4:27.90
8	Connor Bagwell	11	North Lincoln	4:28.17
9	Noah Nielson	11	Northwood	4:28.71
10	Nicholas Epps	12	Southern Guilford	4:28.72
11	Liam Markham	11	Durham School of the Arts	4:28.81
12	Corbin Weeks	9	Union Pines	4:29.57
13	Gavin Jansen	10	Central Academy of Technology	4:30.44
14	Truitt Evelyn	12	Lake Norman Charter School	4:32.32
15	James Wallace	12	Croatan	4:33.50
16	Tyrese Cone	11	Croatan	4:37.30

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 337 Girls 4x100 Meter Relay NCHSAA 3A****3A Meet: 46.94 2010****South Central, South Central****D. Butts, A. Clark, H. McCorkle, B. Wyatt**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Hunt High School	A	50.90
	1) Ti Asia Taylor 11	2) Kristen Frazier 10	3) Serenity Frieson 9
2	Western Harnett	A	50.41
	1) Leah Smith 12	2) Lyric Jean Paul 11	3) Amanda Moore 11
3	Eastern Guilford High School	A	50.19
	1) Alexandra Taylor-Ramsey 11	2) Uria Walters 10	3) Heaven Richardson 12
4	South Central	A	49.96
	1) Kiarrah Williams 12	2) Arin Cox 9	3) Jahmya Hargrove 11
5	West Henderson	A	49.99
	1) Arden Sullivan 9	2) Emma Hall 11	3) Lindsey Cuevas 12
6	Atkins	A	50.38
	1) Aiyana Hale 12	2) Ja'Nique Linder 9	3) Ogechi Ezeigbo 10
7	Asheboro	A	50.54
	1) Audrey Patterson 12	2) Sion Murrain 11	3) Ey'Mya Cheek 9
8	West Charlotte	A	51.51
	1) Zekya Allison 9	2) Mya Horseley 9	3) Aniya Higgins 9
Section 2 of 2 Timed Finals			
1	Rose, J.H.	A	49.66
	1) Cameron Daise 11	2) M'Shya Green 10	3) Camya Whitfield 11
2	Scotland County	A	49.60
	1) Shamari Armstrong 12	2) Aviona Scott 10	3) Heavenly Whitehead-Grahan
3	Franklin	A	49.43
	1) Isabelle Duchemin 12	2) Laura Covarrubias 10	3) Hope Smith 11
4	Statesville	A	47.59
	1) Nakirah Adams 10	2) Alaya Gillespie 12	3) Sakari Johnson 10
5	Dudley	A	48.72
	1) Dorothy Braswell 11	2) Tanzania Washington 12	3) Senadzi Rankin 11
6	Southern Durham	A	49.56
	1) Samone Arrington 9	2) Marlisha Payne 12	3) Rah'Shea Christopher 11
7	Northside (3a)	A	49.65
	1) Kaliah Asafo-Adjei 12	2) Cheyenne Walker 10	3) Julissa Stewart 11
8	Union Pines	A	49.81
	1) Melody Brown 10	2) Amora Goodin 11	3) Vanessa Monroe 10

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 338 Boys 4x100 Meter Relay NCHSAA 3A****3A Meet: 41.45 1986****T.W. Andrews, T.W. Andrews****W. Scott, J. Roberson, J. Robinson, T. Holland**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Scotland County	A	43.50
	1) Gabe Jones 12	2) Quatavious Everette 10	3) Keyshaun McQueen 10
2	Aycock, Charles B	A	43.47
	1) Kiare Sewell 11	2) Alden Headley 10	3) Travis Burton 11
3	White Oak	A	43.40
	1) Jayson Hedgepeth 12	2) Zack Noel 11	3) Damarius Hester 11
4	Ledford	A	43.03
	1) Shay Ragland 11	2) Ethan Hairston 12	3) Nathan Carr 12
5	Southern Durham	A	43.37
	1) Justin Baskerville 11	2) Dayston Moore 11	3) Marcus Webb 12
6	Rocky Mount	A	43.43
	1) Isaiah Silver 10	2) Tavoris Parker 9	3) C'Quarhion Mitchell 9
7	Parkwood	A	43.47
	1) Isaiah Mobley 12	2) Wisdom Holmes 12	3) Jenson Pearson 12
8	South Central	A	43.64
	1) Boston Vines 12	2) Alex Moore 10	3) Chris Spell 11
Section 2 of 2 Timed Finals			
1	North Lincoln	A	42.99
	1) Shannon Wingate 9	2) Liam Sutton 12	3) Jeremiah Sellers 11
2	Statesville	A	42.84
	1) Mekiaun Davis 11	2) Titus Myers 12	3) Davin Clarke 11
3	Northern Nash	A	42.25
	1) Jordan Bobbit 12	2) Barian Strickland 10	3) Jayvien Fenner 12
4	Dudley	A	42.07
	1) Rory Baker 12	2) Le'Ezra Brown 10	3) Denzel Foster 12
5	Southern Guilford	A	42.22
	1) Jakyri Manning 12	2) Jayden Diggs 12	3) Jerron Copper 12
6	Ashbrook	A	42.50
	1) Sincere Moss 12	2) Cameron Mayfield 11	3) Zyquarrius Feaster 11
7	Rose, J.H.	A	42.97
	1) Emarion McIntyre-Battle 10	2) Dasan Davis 10	3) Kenderius Geddis 12
8	West Henderson	A	43.02
	1) Carson Dimsdale 11	2) Ian Hicks 12	3) Tayman Howell 10

Event 339 Girls 400 Meter Dash NCHSAA 3A**3A Meet: 53.50 2019****Alysia Johnson, Hillside**

Lane	Name	Year	School	Seed Time
Section 1 of 2 Timed Finals				
1	Devyn Soles	9	East Wake	1:01.96
2	Shaila Hope	9	West Johnston	1:01.78
3	Kennedy Zaiden	12	Croatan	1:00.42
4	Rachel Tolbert	10	South Point	59.53
5	Briyana Tillman	12	E.E. Smith	59.58
6	Arie'anna Rufus	10	Franklinton	1:00.88
7	Ava Cooke	9	Freedom	1:01.84
8	Jennieve Davis	9	Enka	1:02.29

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Section 2 of 2 Timed Finals...(Event 339 Girls 400 Meter Dash NCHSAA 3A)**

1	Kira Jones	9	Rocky Mount	58.19
2	Tianna Spinks	10	Southern Guilford	57.27
3	Grace Guilford	12	West Carteret	56.86
4	Zoe Dorsey	9	Terry Sanford	55.33
5	Ja'Naya Linder	11	Atkins	56.43
6	Nathalya Daniels	12	Dudley	57.27
7	Gabrielle Cheek	11	Dudley	58.08
8	Zaniya LittleJohn	11	West Charlotte	58.28

Event 340 Boys 400 Meter Dash NCHSAA 3A**3A Meet: 46.72 2015****T.J. Robbins-Lockhart, Piedmont**

Lane	Name	Year	School	Seed Time
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Section 1 of 2 Timed Finals

1	Brayden Stephens	12	Croatan	51.44
2	Emanuel Williams	12	Central Academy of Technology	50.84
3	Ian Hicks	12	West Henderson	50.38
4	Evan Byrd	11	Pisgah	50.05
5	Caleb Fogleman	12	Williams, Walter M	50.05
6	Justin Bryant	11	Eastern Guilford High School	50.43
7	Keenan Mintz	11	White Oak	50.90
8	Michael Prichard	12	Havelock	51.50

Section 2 of 2 Timed Finals

1	Donovan Estes	12	Franklinton	49.96
2	Zion Amadi	11	Williams, Walter M	49.88
3	Jaylen Roseboro	11	East Lincoln	49.54
4	Adrien Jacobs	12	Durham School of the Arts	48.56
5	Isaiah Roots	12	Franklin	49.07
6	Luke Nicolajsen	11	Croatan	49.76
7	Jayden Diggs	12	Southern Guilford	49.89
8	Asa Bonds	12	Dudley	50.03

Event 345 Girls 300 Meter Hurdles NCHSAA 3A**3A Meet: 43.15 2008****Sophia Treackle, Asheville**

Lane	Name	Year	School	Seed Time
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Section 1 of 2 Timed Finals

1	McKylee Wilkerson	12	Union Pines	49.51
2	Kaeli Brown	10	Northside (3a)	49.18
3	Paige Merrell	12	Croatan	49.04
4	Tanzania Washington	12	Dudley	48.16
5	Sadie Featherstone	10	East Rowan	48.26
6	Ashlynn Hudson	9	Southern Durham	49.18
7	Charlotte Langdon	9	Harnett Central	49.40
8	Aliya Hicks	10	Franklinton	49.61

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Section 2 of 2 Timed Finals...(Event 345 Girls 300 Meter Hurdles NCHSAA 3A)**

1	Brianna Lofton	9	Jacksonville	46.53
2	Keianna Mims	12	Dudley	46.39
3	Victoria Mills	12	Forestview	45.11
4	Emma Hall	11	West Henderson	44.50
5	Laura Covarrubias	10	Franklin	45.10
6	Emmi Cheek	11	Ashe County	45.77
7	Lexi Tripp	9	Croatan	46.45
8	Elaina Henry	12	Parkwood	48.14

Event 346 Boys 300 Meter Hurdles NCHSAA 3A**3A Meet: 36.78 2019 Khaleb McRae, Southern Durham**

Lane	Name	Year	School	Seed Time
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Section 1 of 2 Timed Finals

1	Ethan Wilson	12	Northwood	41.72
2	Zavion Hutchinson	11	South Central	41.26
3	Nick Blackston	12	Southern Guilford	41.14
4	Tayman Howell	10	West Henderson	40.97
5	Donyel Parker	10	Dudley	41.12
6	Justin Wax	11	Croatan	41.21
7	Nas Price	12	Williams, Walter M	41.47
8	Gianni Corbett	12	North Brunswick	41.98

Section 2 of 2 Timed Finals

1	Tyler Dunn	12	Central Cabarrus	40.89
2	Shawn Seagraves	12	Dudley	40.52
3	DJ Pridgen	10	Southern Nash	40.03
4	Cooper Stephens	10	Croatan	39.73
5	De'Aijaha Ray	10	Erwin, Clyde A.	39.88
6	Liam Sutton	12	North Lincoln	40.06
7	Elijah Cochran	11	Franklin	40.80
8	Caleb Milton	10	Union Pines	40.95

Event 347 Girls 800 Meter Run NCHSAA 3A**3A Meet: 2:12.74 2018 Megam Marvin, Chaple Hill**

Lane	Name	Year	School	Seed Time
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Section 1 of 1 Timed Finals

1	Lily Yampolsky	11	Lake Norman Charter School	2:17.25
2	Jillian Parks	10	Central Davidson	2:18.12
3	Eva Rinker	12	Tuscola	2:18.72
4	Katie Deacon	12	Freedom	2:19.55
5	Olivia Ferraro	9	North Lincoln	2:19.65
6	Eden Barnwell	11	North Buncombe	2:19.79
7	Grace Lane	12	Central Academy of Technology	2:21.18
8	Moirra Furr	9	First Flight	2:23.07
9	Kenley Ballou	11	West Carteret	2:23.18
10	Zoe Dorsey	9	Terry Sanford	2:23.73
11	Ryan Germain	11	West Carteret	2:24.76
12	Cameran Ladd	11	Croatan	2:24.85
13	Addison Bartlett	12	Durham School of the Arts	2:27.56
14	Katelyn Lentz	12	West Rowan	2:28.78
15	Sydney Gray	9	Northwood	2:29.78
16	Briyana Tillman	12	E.E. Smith	2:30.00

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 348 Boys 800 Meter Run NCHSAA 3A****3A Meet: 1:51.72 2019****Kyle Durham, Weddington**

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Matthew Quispe	11	Croatan	1:55.81
2	Noah Nielson	11	Northwood	1:56.88
3	Gavin Jessup	12	Currituck County	1:57.19
4	Adrien Jacobs	12	Durham School of the Arts	1:57.79
5	Ethan Tolar	12	West Johnston	1:58.00
6	Drew Johnson	9	Lake Norman Charter School	1:58.16
7	Gabe Honeycutt	12	Jesse Carson	1:59.19
8	Trey Austin	11	Croatan	1:59.26
9	Michael Rice Jr	10	Douglas Byrd	1:59.59
10	Austin DeGeorge	12	Central Davidson	1:59.78
11	Bricen Burleson	11	South Rowan	2:00.02
12	Jackson Adams	12	Northwood	2:00.12
13	Logan Russo	11	Franklin	2:01.44
14	Kolton Hodges	12	North Lincoln	2:01.78
15	Max Thompson	10	Kings Mountain	2:02.24
16	John Ramirez	12	North Buncombe	2:02.52

Event 353 Girls 200 Meter Dash NCHSAA 3A**3A Meet: 23.63 2008****Kelsey McCorkle, South Central**

Lane	Name	Year	School	Seed Time
Section 1 of 2 Timed Finals				
1	Tynasia Emory	10	Fike High School	26.41
2	Taniyah Glaspie	12	Southern Wayne	25.88
3	Zaniya LittleJohn	11	West Charlotte	25.53
4	Mahogany Spikes	9	North Gaston	25.41
5	Gabrielle Cheek	11	Dudley	25.44
6	Rymiah Sanders	12	Southern Durham	25.77
7	Grace Guilford	12	West Carteret	26.03
8	Kaliah Asafo-Adjei	12	Northside (3a)	26.66
Section 2 of 2 Timed Finals				
1	Futoria Harris	10	Cape Fear	25.21
2	Nilijah Darden	10	Dudley	24.94
3	Janya Moore	12	Ben L. Smith	24.69
4	Janiya Johnson	11	Statesville	24.02
5	Briana St Louis	10	Union Pines	24.61
6	Alaya Gillespie	12	Statesville	24.76
7	Onyi Ezeigbo	9	Atkins	25.16
8	A'Jaylah Yates	12	Seventy-First	25.41

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 354 Boys 200 Meter Dash NCHSAA 3A****3A Meet: 21.12 2022****Isaiah Monroe, Dudley**

Lane	Name	Year	School	Seed Time
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Section 1 of 2 Timed Finals

1	Marcell Polk	12	Hunt High School	23.37
2	Emarion McIntyre-Battle	10	Rose, J.H.	22.98
3	Wisdom Holmes	12	Parkwood	22.37
4	Cameron Walker	11	Ledford	22.18
5	Le'Ezra Brown	10	Dudley	22.34
6	Rory Baker	12	Dudley	22.39
7	Daniel Fredrick	12	Aycock, Charles B	23.09
8	Etienne Prophete	12	West Johnston	23.37

Section 2 of 2 Timed Finals

1	Isaiah Silver	10	Rocky Mount	22.02
2	Tralon Mitchell	12	Southern Nash	21.94
3	Brendan Henby	12	West Henderson	21.68
4	Sincere Moss	12	Ashbrook	21.39
5	Titus Myers	12	Statesville	21.65
6	Camryn Williams-Dalton	12	West Charlotte	21.78
7	Jordan Bobbit	12	Northern Nash	21.96
8	Shyhiem Cooke	12	Triton	22.03

Event 361 Girls 3200 Meter Run NCHSAA 3A**3A Meet: 10:51.83 2021****Caroline Murrell, Northwood**

Lane	Name	Year	School	Seed Time
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Section 1 of 1 Timed Finals

1	Bella Wood	11	North Lincoln	11:22.10
2	Morgan Miller	9	First Flight	11:24.88
3	Macy Parks	12	North Lincoln	11:28.38
4	Breanna Budzinski	11	West Henderson	11:36.12
5	Tatum Dermatas	12	First Flight	11:37.25
6	Erin Pope	11	Fike High School	11:41.73
7	Avery Mays	11	North Buncombe	11:51.47
8	Ellie Harrington	11	South Brunswick	11:59.65
9	Naomi Dyreng	10	Cedar Ridge	12:01.11
10	Natalia Serre	11	Carrboro	12:07.82
11	Taylor Hyman	12	Northwest Cabarrus	12:11.15
12	Abigail Klaitman	10	Cedar Ridge	12:13.46
13	Emily Mila	11	Union Pines	12:21.00
14	Katie Roberts	10	West Rowan	12:55.68
15	Caroline Peterson	10	Lake Norman Charter School	13:01.42
16	Hannah Metz	9	Central Academy of Technology	13:08.63

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Event 362 Boys 3200 Meter Run NCHSAA 3A****3A Meet: 9:11.97 1985****Paul Carpenter, T.C. Roberson**

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Gabriel Schmid	11	Orange	9:11.10
2	Eli Julian	11	South Rowan	9:39.02
3	Stephen Ferneti	12	North Lincoln	9:48.12
4	Philip Riddle	12	North Iredell	9:48.62
5	Corbin Weeks	9	Union Pines	9:48.83
6	Will Downs	11	Atkins	9:52.09
7	Mirko Glavan	12	North Lincoln	9:54.33
8	Logan Totten-Lancaster	10	Union Pines	9:56.77
9	Vinton Euler	12	Durham School of the Arts	9:56.88
10	Hudson Rice	11	West Henderson	9:57.46
11	Harper Clark	12	West Johnston	9:58.18
12	Lance Surles	12	West Johnston	10:00.72
13	Gavin Jansen	10	Central Academy of Technology	10:01.98
14	Warner Clark	9	West Johnston	10:03.64
15	Tyrese Cone	11	Croatan	10:07.31
16	Jorge Clemente-Garcia	10	Jesse Carson	10:12.77

Event 365 Girls 4x400 Meter Relay NCHSAA 3A**3A Meet: 3:51.26 2019****Hillside, Hillside****I. Deloatch, S. Wilkerson, E. Waters, A. Johnson**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Union Pines	A	4:22.33
	1) Keelyn Finn 9	2) Amora Goodin 11	3) Clara Kellner 11
			4) Selah Kellner 10
2	Durham School of the Arts	A	4:15.77
	1) Addison Bartlett 12	2) Kelci Lucas 9	3) Malayna McDaniel 11
			4) Victoria Simeonova 9
3	Pisgah	A	4:14.56
	1) Bailey Conner 9	2) Caroline Henson 10	3) Chandler Lowery 9
			4) Ariel McElreath 12
4	Ashe County	A	4:12.67
	1) Katlyn French 11	2) Abigail McClure 12	3) Paige Overcash 11
			4) Emmi Cheek 11
5	North Lincoln	A	4:13.10
	1) Haylee Gibson 10	2) Olivia Ferraro 9	3) Kayla Leslie 10
			4) Blythe Jaworsky 10
6	Jacksonville	A	4:15.46
	1) Robyn Ford 11	2) Sydney Ann Deeble 10	3) Destiny Kalana Hill 9
			4) NaQuayla Stanford 10
7	Central Davidson	A	4:20.28
	1) Anjali Busse 10	2) Riley Horne 11	3) Preston McCain 11
			4) Jillian Parks 10
8	Northeast Guilford	A	4:22.69
	1) Kristian Gwynn 11	2) Navia Coles 9	3) Kristen Faith Aleghe 12
			4) Amina Intchi 11

2023 NCHSAA 1A/3A State Championships - 5/19/2023**Track & Field****North Carolina A&T State University****Meet Program****Section 2 of 2 Timed Finals...(Event 365 Girls 4x400 Meter Relay NCHSAA 3A)**

1	Croatan	A	4:12.36	
	1) Kennedy Zaiden 12	2) Lexi Tripp 9	3) Paige Merrell 12	4) Cameran Ladd 11
2	Rocky Mount	A	4:10.20	
	1) Kimora Bandy 10	2) Kira Jones 9	3) Kaelyn Ward 10	4) KeSondra Pickett 11
3	Dudley	A	4:06.39	
	1) Dorothy Braswell 11	2) Gabrielle Cheek 11	3) Nathalya Daniels 12	4) Keianna Mims 12
4	West Carteret	A	4:01.89	
	1) Kenley Ballou 11	2) Ryan Germain 11	3) Tyler Collins 11	4) Isabella Mennella 11
5	North Buncombe	A	4:03.67	
	1) Maya Flynn 11	2) Eden Barnwell 11	3) Bailey Barrett 9	4) Sophia Banks 10
6	E.E. Smith	A	4:09.48	
	1) Armani Kee 12	2) Laila Bricker 10	3) Jahriell Murchison 10	4) Briyana Tillman 12
7	White Oak	A	4:10.61	
	1) Annabella Rivers 12	2) Amaiya Williams 10	3) Taleyah Palmer 11	4) Skylar Stack 11
8	Northwest Cabarrus	A	4:12.48	
	1) Ceaire Barringer 10	2) Elly Selmer 10	3) Natalie Brown 10	4) Mariah Logan 9

Event 366 Boys 4x400 Meter Relay NCHSAA 3A**3A Meet: 3:15.51 1991****T.W. Andrews, T.W. Andrews****N. Peterkin, P. Williams, K. Shaw, D. Hill**

Lane	Team	Relay	Seed Time	
Section 1 of 2 Timed Finals				
1	Swansboro	A	3:33.96	
	1) Latorian Berry 10	2) James Yesunas 10	3) Jack Lees 11	4) Jeremiah Rodriguez 10
2	Carrboro	A	3:32.90	
	1) John O'Grady 12	2) Jordi Tarrago 10	3) Leo Claffey 11	4) Ryan Becker 11
3	North Brunswick	A	3:31.98	
	1) Sean Potter 10	2) Jayden Armstrong 12	3) Timothy White 11	4) Fabian Mendoza 12
4	Ashbrook	A	3:28.82	
	1) Amir Goines 10	2) Elijah Littlejohn 11	3) Joshua Moss 9	4) Mikhiel Breedan 11
5	Dudley	A	3:29.15	
	1) Koredell Bartley 10	2) Asa Bonds 12	3) Jailen Hicks 12	4) Kamaal Ryan 9
6	Northwood	A	3:32.90	
	1) Cabot Priddle 12	2) Jackson Adams 12	3) Ethan Wilson 12	4) Noah Nielson 11
7	Northwest Cabarrus	A	3:32.90	
	1) Jackson Murphy 10	2) Samay Chiniwalla 11	3) Owen Evans 12	4) Issac Woolfolk 11
8	Jacksonville	A	3:34.15	
	1) Tyler Alli 10	2) Joel Williams 11	3) Lucas Alexander 10	4) Dayzhaun Gooding-Williams 1

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1	West Charlotte	A	3:28.27
	1) Elijah Littlejohn 9	2) Camryn Williams-Dalton 12	3) Rakim Finch 9
			4) J'Aden Smith 11
2	Central Academy of Technology	A	3:27.24
	1) Cameron Little 10	2) Timothy Parsons 9	3) Jayden Rutledge 10
			4) Emanuel Williams 12
3	Franklin	A	3:24.24
	1) Cal Drake 12	2) Isaiah Roots 12	3) Elijah Cochran 11
			4) Justin Rodriguez 9
4	Croatan	A	3:22.83
	1) Brayden Stephens 12	2) Cooper Stephens 10	3) Matthew Quispe 11
			4) Luke Nicolajsen 11
5	Williams, Walter M	A	3:23.90
	1) Clifton Davis 12	2) Jacob Marquis 12	3) Zion Amadi 11
			4) Caleb Fogleman 12
6	Rocky Mount	A	3:26.66
	1) Javon Leary 12	2) Jaedon Kearney 11	3) Jaylen Williams 10
			4) Daniel Jacobs 12
7	Southern Guilford	A	3:27.53
	1) Corey Burgess 11	2) Issac Oppong Frimpong 12	3) Jayden Diggs 12
			4) Nick Blackston 12
8	Pisgah	A	3:28.81
	1) Evan Byrd 11	2) Ben Frazier 10	3) Jake Lowery 10
			4) Dominick Messer 10