

2023 NCHSAA 1A & 3A Track & Field State Championships – MEET SCHEDULE

Friday, May 19, 2023

8:00 AM Gates Open for Teams (Rear Gates Only)

8:00 AM Implement Inspection / Pole Vault Weigh-Ins Begin

8:30 AM Gate Open for Spectators – Main entrance Only no spectators may enter at rear gate

8:45 AM Officials & Coaches Meeting (Under Clerk's Tent at 200 Meter Start)

9:00 AM Umpires and Clerks Meeting at Clerking

9:00 AM **Implement Inspection Schedule**

1. Discus Implement Inspection Schedule:

- a. 3A Girls Discus: Inspection closes at 9:15 am.
- b. 1A Girls Discus: Inspection closes at 11:15 am.
- c. 1A Boys Discus: Inspection closes at 1:15 pm.
- d. 3A Boys Discus: Inspection closes at 3:15 pm.

2. Shot put implement inspection schedule:

- a. 1A Girls and Boys Shot Put: Inspections closes at 9:15 am.
- b. 3A Girls and Boys Shot Put: Inspection closes at 11:15 am.

3. Pole Vault Certification & Weigh-Ins Close 1 Hour Prior to the Event

Field Events Order:

All Field Events will have 1 Flight

10:00 AM High Jump	1A Girls	Mat – A	Followed by 1A Boys High Jump
10:00 AM High Jump	3A Girls	Mat – B	Followed by 3A Boys High Jump
10:00 AM Long Jump	3A Girls		Followed by 1A Girls Long Jump
Triple Jump	3A Girls		Will follow 1A Girls Long Jump
Triple Jump	1A Girls		Will follow 3A Girls Triple Jump
10:00 AM Long Jump	3A Boys		Followed by 1A Boys Long Jump
Triple Jump	3A Boys		Will follow 1A Boys Long Jump
Triple Jump	1A Boys		Will follow 3A Boys Triple Jump
10:00 AM Pole Vault	3A Girls	Mat – A	Followed by 3A Boys Pole Vault
10:00 AM Pole Vault	1A Girls	Mat – B	Followed by 1A Boys Pole Vault

9:30 AM Coed Unified Shot Put

Wheelchair Shot Put will compete before abled body Shot Put

Shot Put 1A & 3A Girls Wheelchair Shot Put – Pit A

Shot Put 1A & 3A Boys Wheelchair Shot Put – Pit B

10:00 AM Shot Put	1A Girls	Pit A	Followed by 3A Girls Shot Put
10:00 AM Shot Put	1A Boys	Pit B	Followed by 3A Boys Shot Put

10:00 AM Discus Throw	3A Girls
Discus Throw	1A Girls
Discus Throw	1A Boys
Discus Throw	3A Boys

Wheelchair Discus Throw will take place before Abled Boy Discus

10:00 AM Running Events: Semi-Finals

Time	Event	Class/Gen.		Event	Class/Gen.
10:00 AM	100 M Hurdles	1A Girls	Followed by	100 M Hurdles	3A Girls
	110 M Hurdles	1A Boys	Followed by	110 M Hurdles	3A Boys

STARTING TIMES ARE ESTAMATES: WE'RE ON A ROLLING SCHEDULE

10:45 AM	100 M Dash	1A Girls	Followed by	100 M Dash	1A Boys
	100 M Dash	3A Girls	Followed by	100 M Dahs	3A Boys

11:30 AM	3200 M Relay	1A Girls	Followed by	3200 M Relay	1A Boys
	3200 M Relay	3A Girls	Followed by	3200 M Relay	3A Boys

12:00 PM 3200 M Relay medal presentations and any field events that have been completed.

12:45 PM National Anthem

12:50 PM	Unified 100 M Dash	Girls			
	Unified 100 M Dash	Boys			

1:00 PM Running Events: Finals

1:00 PM	100 M Hurdles	1A Girls	Followed by	100 M Hurdles	3A Girls
	110 M Hurdles	1A Boys	Followed by	110 M Hurdles	3A Boys

1:20 PM	100 M Dash	1A Girls	Followed by	100 M Dash	1A Boys
	100 M Dash	3A Girls	Followed by	100 M Dahs	3A Boys

	100 M Wheelchair	1A Girls	Followed by	100 M Wheelchair	3A Girls
	100 M Wheelchair	1A Boys	Followed by	100 M Wheelchair	3A Boys

1:45 PM	800 M Relay	1A Girls	Followed by	800 M Relay	1A Boys
	800 M Relay	3A Girls	Followed by	800 M Relay	3A Boys

2:15 PM 100 Hurdles, 110 Hurdles, 100 M Dash, 800 M Relay and field event medal presentations

2:15 PM	1600 M Run	1A Girls	Followed by	1600 M Run	1A Boys
	1600 M Run	3A Girls	Followed by	1600 M Run	3A Boys

3:15 PM	400 M Relay	1A Girls	Followed by	400 M Relay	1A Boys
	400 M Relay	3A Girls	Followed by	400 M Relay	3A Boys

3:45 PM	400 M Dash	1A Girls	Followed by	400 M Dash	1A Boys
	400 M Dash	3A Girls	Followed by	400 M Dash	3A Boys

4:15 PM 1600 M Run, 400 M Relay, 400 M Dash, field event medal presentations

Time	Event	Class/Gen.		Event	Class/Gen.
4:30 PM	300 M Hurdles	1A Girls	Followed by	300 M Hurdles	3A Girls
	300 M Hurdles	1A Boys	Followed by	300 M Hurdles	3A Girls
5:15 PM	800 M Run	1A Girls	Followed by	800 M Run	1A Boys
	800 M Run	3A Girls	Followed by	800 M Run	3A Boys
5:45 PM	Unified 200 M	Girls	Followed by	Unified 200 M	Boys
5:50 PM	200 M Dash	1A Girls	Followed by	200 M Dash	1A Boys
	200 M Dash	3A Girls	Followed by	200 M Dash	3A Boys
6:15 PM	300 M Hurdles, 800 M Run, 200 M Dash and field event medal presentations				
6:15 PM	3200 M Run	1A Girls	Followed by	3200 M Run	1A Boys
	3200 M Run	3A Girls	Followed by	3200 M Run	3A Boys
7:15 PM	1600 M Relay	1A Girls	Followed by	1600 M Relay	1A Boys
	1600 M Relay	3A Girls	Followed by	1600 M Relay	3A Boys
8:00 PM	1600 M Relay and field event medal presentations				
8:30 PM	Awards Presentation				