

NCHSAA 4A West - 5/13/2023
Regional Championships
Watauga High School
Performance List

Event 1 Girls Shot Put NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Tyler Glover	11	Ardrey Kell	47-04.00
2	Alexandria Jefferson	10	Rocky River	42-11.75
3	Macy Dulaney	11	Mallard Cree	41-01.00
4	Adina Thompson	12	North Meckle	35-11.00
5	Gloria Nutsigbe	12	Berry, Phill	35-07.00
6	Claire Minish	9	T.C. Roberso	34-05.50
7	Tamya Dailey	12	Mallard Cree	33-09.00
8	Yazmine Beverly	9	South Meckle	33-03.50
9	Ara Taylor	12	McDowell	33-03.00
10	Olivia Burroughs	11	Watauga	32-09.00
11	Emma Pastusic	9	Watauga	32-03.50
12	Tynilla Simpkins	10	Palisades Hi	31-03.00
13	Anna Carroll	12	McDowell	30-08.75
14	Jamie Burke	9	Mallard Cree	30-06.00
15	Mary Fresina	11	Providence	30-05.50
16	Anna Wilcox	11	A.C. Reynold	30-05.00

Event 2 Boys Shot Put NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Austin Ramirez	12	A.C. Reynold	53-00.00
2	Garison Millsaps	10	Alexander Ce	52-08.00
3	Solomon Young	11	Myers Park	51-04.00
4	Devin Coleman	12	Providence	51-02.00
5	Bryce Lee	10	East Mecklen	49-02.00
6	Russell Barnett	12	A.C. Reynold	48-10.00
7	Cliff Richardson	12	Olympic	48-08.00
8	Chad Lasher	11	Alexander Ce	46-10.00
9	Noah Watson	12	Providence	46-00.50
10	Jonathan Lutabingwa	12	Watauga	45-07.00
11	Jerome Triplin	11	Mallard Cree	45-01.00
12	Carson Gunnell-Beck	10	Watauga	45-00.00
13	Max Kimpson	12	Ardrey Kell	44-01.00
14	Jordan Shaw	11	Mallard Cree	43-01.00
15	Connor Crain	10	A.C. Reynold	43-01.00
16	Jykorri Pinckney	11	Butler	43-00.00

Event 3 Girls Discus Throw NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Alexandria Jefferson	10	Rocky River	137-08.25
2	Tyler Glover	11	Ardrey Kell	135-10
3	Macy Dulaney	11	Mallard Cree	130-08
4	Adina Thompson	12	North Meckle	118-10
5	Peyton Gardner	11	Ardrey Kell	117-03.50
6	Tamya Dailey	12	Mallard Cree	115-01
7	Emma Pastusic	9	Watauga	111-01
8	Olivia Burroughs	11	Watauga	104-01
9	Gloria Nutsigbe	12	Berry, Phill	102-11
10	Amiya Burch	10	Olympic	96-10
11	Anna Carroll	12	McDowell	95-11
12	Meggin Gunnell-Beck	11	Watauga	91-09
13	Aniya Lee	12	North Meckle	91-07
14	Ara Taylor	12	McDowell	90-06

15	Amber Townsend	12	Rocky River	87-11
16	Jasmine Nelson	11	T.C. Roberso	82-04

Event 4 Boys Discus Throw NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Devin Coleman	12	Providence	152-07
2	Solomon Young	11	Myers Park	151-07
3	Chad Lasher	11	Alexander Ce	145-02
4	Jerome Triplin	11	Mallard Cree	140-03
5	Jonathan Lutabingwa	12	Watauga	139-06
6	Carson Gunnell-Beck	10	Watauga	139-00
7	Cliff Richardson	12	Olympic	135-03
8	Russell Barnett	12	A.C. Reynold	133-08
9	Austin Ramirez	12	A.C. Reynold	133-00
10	Garison Millsaps	10	Alexander Ce	130-02
11	Conner Ashford	12	Alexander Ce	128-01
12	Jason Staley	10	Independence	125-11
13	Anthony Cook	9	North Meckle	125-06
14	Aiden Ivery	11	Mallard Cree	124-05
15	Burke Menninger	11	Providence	124-04

Event 5 Girls Long Jump NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Jahaila Wright	11	Olympic	18-10.00
2	Sebla Miracle	9	Asheville	17-10.00
3	Sanai Forte	11	Harding Univ	17-09.50
4	Sahlay Reid	10	North Meckle	17-07.00
5	Lauren Grose	11	Charlotte Ca	17-06.25
6	Maya Love	10	Independence	17-06.00
7	Carmen PenaSoto	11	Olympic	17-04.00
8	Aniyah Wallace	11	Butler	17-00.00
9	Jasmine Higgins	12	Mallard Cree	16-11.00
10	Sydney Shryock	12	Hough, Willi	16-11.00
11	Camille Montgomery	10	Rocky River	16-05.25
12	Morgan Brown	11	Independence	16-05.00
13	Malayah Adams	9	Alexander Ce	16-03.50
14	Molly Marshall	10	Ardrey Kell	16-03.00
15	Kira Jones	9	North Meckle	16-03.00

Event 6 Boys Long Jump NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Kristoffer Jones	11	North Meckle	22-06.50
2	Armon Wright	11	Julius Chamb	22-05.00
3	Ricky Flores	12	South Caldwe	22-00.00
4	Andrew Davis	10	Ardrey Kell	21-11.25
5	Michael Boucher	12	Rocky River	21-07.00
6	Nolan Maske	12	Berry, Phill	21-04.00
7	Elijah Sylvester	12	Butler	21-03.50
8	Shakir Clark	12	Julius Chamb	21-03.00
9	Chris Brown	12	South Meckle	21-03.00
10	Cairo Skanes	11	A.C. Reynold	20-11.00
11	Kellun Triplett	12	Alexander Ce	20-10.00
12	Joshua Avery	12	Asheville	20-08.50
13	Kylar Crawford	9	Palisades Hi	20-08.50
14	Noah Shaw	11	Asheville	20-08.50

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Event 6 ... (Boys Long Jump NCHSAA 4A)

	Name	Yr	School	Seed Mark
15	Albert Davis	11	Ardrey Kell	20-08.25
16	Cavalli Montgomery	10	A.C. Reynold	20-05.50

Event 7 Girls Triple Jump NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Jahaila Wright	11	Olympic	38-03.50
2	Allayjah Gilliam	12	Asheville	38-01.50
3	Lena Baldwin	10	Asheville	37-05.00
4	Lauren Grose	11	Charlotte Ca	37-04.75
5	Aniyah Wallace	11	Butler	37-04.00
6	Sebla Miracle	9	Asheville	36-08.50
7	Sahlay Reid	10	North Meckle	36-01.50
8	Carmen PenaSoto	11	Olympic	36-01.50
9	Camille Montgomery	10	Rocky River	35-06.00
10	Morgan Brown	11	Independence	35-02.00
11	Kira Nicholas	11	Rocky River	34-11.00
12	Jasmine Higgins	12	Mallard Cree	34-09.00
13	Ashlynn Wimberly	10	Mallard Cree	34-08.50
14	Lily Stough	9	Watauga	34-08.00
15	Saron Merid	10	Butler	34-06.00
16	Kyla Dailey	10	Mallard Cree	34-04.00

Event 8 Boys Triple Jump NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Armon Wright	11	Julius Chamb	46-08.00
2	Kellun Triplett	12	Alexander Ce	45-04.75
3	Andrew Davis	10	Ardrey Kell	45-02.00
4	Joshua Avery	12	Asheville	45-00.50
5	Cavalli Montgomery	10	A.C. Reynold	44-11.00
6	Kristoffer Jones	11	North Meckle	44-04.50
7	Esias Caves	10	Mallard Cree	44-02.00
8	Elijah Sylvester	12	Butler	43-11.50
9	Jayden Wentz	11	Olympic	43-07.75
10	Antonio Caggins	11	Rocky River	43-02.00
11	Frank Williams III	9	North Meckle	43-02.00
12	Chris Brown	12	South Meckle	42-07.50
13	London Myles	10	Hopewell	42-00.50
14	Keziah Williams	10	Julius Chamb	41-11.50
15	Matias Rampolla	11	Ardrey Kell	41-05.00
16	Josiah Railey	10	Watauga	41-04.00

Event 9 Girls High Jump NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Kaitlyn Evans	12	Butler	5-06.00
2	Jenna Barnes	12	A.C. Reynold	5-04.00
3	Ashlynn Wimberly	10	Mallard Cree	5-04.00
4	Kyla Dailey	10	Mallard Cree	5-02.00
5	Asia Artis	9	Garinger	5-02.00
6	Jasmine Brown	11	Hopewell	5-02.00
7	Chazmin Johnson	11	Berry, Phill	5-01.00
8	Takayla Jennings	9	Butler	5-00.00
9	Sara Schubert	11	Providence	5-00.00
10	Amelia Collins	10	Myers Park	4-10.00

11	Olivia Foskey	11	Watauga	4-10.00
12	Caroline Farthing	12	Watauga	4-10.00
13	Lena Baldwin	10	Asheville	4-10.00
14	Laila Andrews	10	Mallard Cree	4-10.00
15	Kayla Graham	11	Watauga	4-10.00
16	Lauren Gordon	9	Ardrey Kell	4-10.00

Event 10 Boys High Jump NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Rashad McCormick	12	Hough, Willi	6-08.00
2	Aris Joyner	11	Asheville	6-07.00
3	Nolan Maske	12	Berry, Phill	6-06.00
4	Deonte Walker	12	Mallard Cree	6-05.00
5	Reid Herring	12	Providence	6-04.00
6	Mac Burley	11	Charlotte Ca	6-04.00
7	Kellen Hartman	12	Alexander Ce	6-04.00
8	Shakir Clark	12	Julius Chamb	6-03.00
9	Keyshawn Jackson	12	Harding Univ	6-02.00
10	Zion McDuffie	12	Butler	6-02.00

Event 11 Girls Pole Vault NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Paiden Castelblanco	11	Asheville	11-00.00
2	Olivia Burroughs	11	Watauga	10-09.00
3	Meredyth Barr	12	Myers Park	10-06.00
4	Shuyan Chen	10	T.C. Roberso	9-00.00
5	Alexandra Ingoglia	9	Ardrey Kell	8-09.00
6	Lila Plate	10	Myers Park	8-06.00
7	Annika Welke	10	Myers Park	8-06.00
8	Raina Markulis	12	Asheville	8-06.00
9	Emma Martin	11	Watauga	8-06.00
10	Kaylee Orr	11	T.C. Roberso	8-00.00
11	Ella Kaiser	10	T.C. Roberso	7-06.00
12	Meggin Gunnell-Beck	11	Watauga	7-06.00
13	Skyla Corey	10	South Caldwe	7-00.00
14	Rowan Doherty	12	South Meckle	7-00.00
15	Charlotte Berg	12	Asheville	7-00.00

Event 12 Boys Pole Vault NCHSAA 4A

	Name	Yr	School	Seed Mark
1	Brendan Doty	11	Providence	12-06.00
2	Clayo Kuleyk	10	Watauga	12-01.00
3	Jackson Carpenter	12	Ardrey Kell	12-00.00
4	Josiah Kaiser	12	T.C. Roberso	12-00.00
5	Luke Wilson	9	Watauga	11-06.00
6	Noah Brown	11	Myers Park	11-06.00
7	Wyatt Peele	9	T.C. Roberso	11-00.00
8	Santino Wood	9	Watauga	10-06.00
9	Tripp Rudisill	10	Myers Park	10-06.00
10	Samuel Wait	9	South Meckle	10-00.00
11	Wade Sharp	10	Asheville	10-00.00
12	Luke Bailey	11	T.C. Roberso	10-00.00
13	Ryan Hogg	11	Charlotte Ca	10-00.00
14	Eathan Jarrell	11	South Caldwe	10-00.00
15	Ricky Flores	12	South Caldwe	10-00.00

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Performance List

Event 13 Girls 4x800 Meter Relay NCHSAA 4A

	Team	Relay	Seed Time
1	Myers Park	A	9:24.00
2	Olympic	A	9:40.51
3	Providence	A	9:53.67
4	A.C. Reynold	A	9:54.57
5	Ardrey Kell	A	9:58.63
6	Watauga	A	10:07.74
7	Charlotte Ca	A	10:10.32
8	Hough, Willi	A	10:11.56
9	Asheville	A	10:18.30
10	Mallard Cree	A	10:19.20
11	Hopewell	A	10:21.58
12	T.C. Roberso	A	10:26.83
13	East Mecklen	A	10:49.86

Event 14 Boys 4x800 Meter Relay NCHSAA 4A

	Team	Relay	Seed Time
1	Charlotte Ca	A	7:54.36
2	Hough, Willi	A	8:13.33
3	T.C. Roberso	A	8:15.75
4	Mallard Cree	A	8:18.19
5	Ardrey Kell	A	8:19.18
6	Hopewell	A	8:21.25
7	Asheville	A	8:27.10
8	East Mecklen	A	8:31.89
9	Myers Park	A	8:34.67
10	Watauga	A	8:43.76
11	Rocky River	A	8:46.85
12	Berry, Phill	A	8:48.87
13	A.C. Reynold	A	8:48.91
14	South Caldwe	A	9:18.40

Event 15 Girls 100 Meter Hurdles NCHSAA 4A Prelims

	Name	Yr	School	Seed Time
1	Makhayah Pittman	11	Palisades Hi	14.23
2	Carmen PenaSoto	11	Olympic	14.31
3	Jayda Lewis	10	Mallard Cree	14.46
4	Amaya Hopkins	12	South Meckle	14.66
5	Tiara McFadden	12	Mallard Cree	15.06
6	Jasmine Stokes	12	Rocky River	15.25
7	Zoe Cousin	12	Ardrey Kell	15.36
8	Morgan Brown	11	Independence	15.41
9	Sky Bleu Tyson	10	Palisades Hi	15.42
10	Nyree Andrews	11	Mallard Cree	15.49
11	Sydney Shryock	12	Hough, Willi	15.50
12	Alex Thomas	12	Asheville	15.57
13	Cheila Tokiti	10	Independence	15.61
14	Sadie Buchanan	10	Watauga	16.68
15	Alcelia Gongar	11	Julius Chamb	16.94
16	Kara Schneider	10	Watauga	17.04

Event 16 Boys 110 Meter Hurdles NCHSAA 4A Prelims

	Name	Yr	School	Seed Time
1	Xavier Branker	12	Ardrey Kell	14.35

2	Nikyan Hodge	12	Olympic	14.40
3	Kristoffer Jones	11	North Meckle	14.54
4	Jaylen Morrow	11	Julius Chamb	14.87
5	Rian Jones	10	T.C. Roberso	14.93
6	Davis Hunt	12	Watauga	15.11
7	Joel Nti	11	North Meckle	15.34
8	Matias Rampolla	11	Ardrey Kell	15.36
9	Andrew Davis	10	Ardrey Kell	15.78
10	Vincent Womack	9	Berry, Phill	15.87
11	Jake Ramage	11	A.C. Reynold	16.18
12	Landon Smith	10	Watauga	16.30
13	Finlay Graham	10	Asheville	16.34
14	Aidan Lockhart	12	Hough, Willi	16.52
15	Elijah Thompson	10	Mallard Cree	16.54
16	Alijah Andrews	12	Mallard Cree	16.54

Event 17 Girls 100 Meter Dash NCHSAA 4A Prelims

	Name	Yr	School	Seed Time
1	Kaylyn Brown	12	Mallard Cree	11.55
2	I'Ja Walter	11	Olympic	12.04
3	Maya Love	10	Independence	12.08
4	Emily Leahy	11	Asheville	12.16
5	Shiasia Mitchell	9	Mallard Cree	12.23
6	Bry'anna Woodward	12	Mallard Cree	12.30
7	Sanai Forte	11	Harding Univ	12.31
8	Faith Wright	11	Julius Chamb	12.37
9	Sydney Justice	12	South Meckle	12.48
10	Kierra Jones	11	Palisades Hi	12.53
11	Allayjah Gilliam	12	Asheville	12.54
12	Molly Marshall	10	Ardrey Kell	12.56
13	Kendall Hicks	10	Butler	12.57
14	Sanaya McDaniel-Parks	9	Hough, Willi	12.76
15	Sofia LaCorte	10	T.C. Roberso	12.76
16	Allana Archie	9	Hough, Willi	12.82

Event 18 Boys 100 Meter Dash NCHSAA 4A Prelims

	Name	Yr	School	Seed Time
1	Christian Dixon	10	Mallard Cree	10.41
2	Barfuo Boakye-Boaten	12	Asheville	10.54
3	Jayden Lee	12	Mallard Cree	10.64
4	Benjamin Black	11	Mallard Cree	10.76
5	Sterling Greene	12	Olympic	10.82
6	Malachi Morrison	11	Olympic	10.85
7	Jemmott Duncan	12	Olympic	10.88
8	Jacob Jackson	12	Butler	11.02
9	Sadat Grant	10	North Meckle	11.04
10	Demorris Jordan	10	North Meckle	11.05
11	Noah Shaw	11	Asheville	11.14
12	Kar'mel Quick	10	Hough, Willi	11.22
13	Chance Bryant	11	Ardrey Kell	11.25
14	Jahari McDonald	11	Myers Park	11.27
15	Bryce Lofton	10	Independence	11.30
16	Jaylen Jones	12	Butler	11.32

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Event 19 Girls 4x200 Meter Relay NCHSAA 4A

Team	Relay	Seed Time
1 Olympic	A	1:41.30
2 Mallard Cree	A	1:44.10
3 Palisades Hi	A	1:44.41
4 Asheville	A	1:44.77
5 Berry, Phill	A	1:44.81
6 Independence	A	1:45.77
7 Myers Park	A	1:47.16
8 Butler	A	1:47.26
9 Hough, Willi	A	1:47.79
10 Hopewell	A	1:48.48
11 North Meckle	A	1:48.51
12 South Meckle	A	1:49.13
13 Watauga	A	1:50.00
14 Garinger	A	1:50.32
15 T.C. Roberso	A	1:50.60
16 East Mecklen	A	1:50.84

Event 20 Boys 4x200 Meter Relay NCHSAA 4A

Team	Relay	Seed Time
1 Mallard Cree	A	1:24.55
2 Olympic	A	1:29.41
3 A.C. Reynold	A	1:30.02
4 Hopewell	A	1:30.19
5 North Meckle	A	1:30.23
6 Berry, Phill	A	1:30.68
7 Rocky River	A	1:30.89
8 Hough, Willi	A	1:30.95
9 Julius Chamb	A	1:30.96
10 East Mecklen	A	1:31.15
11 Independence	A	1:31.49
12 Watauga	A	1:31.63
13 Myers Park	A	1:31.69
14 T.C. Roberso	A	1:31.73
15 Butler	A	1:32.25
16 Palisades Hi	A	1:32.42

Event 21 Girls 1600 Meter Run NCHSAA 4A

Name	Yr	School	Seed Time
1 Hannah Caudill	12	Asheville	5:04.58
2 Natalia Martin	12	Olympic	5:04.61
3 Ella Kepple	12	A.C. Reynold	5:05.90
4 Anna Wells	12	Ardrey Kell	5:06.94
5 Elizabeth Weltz	9	South Meckle	5:12.03
6 Claire Dixon	10	Myers Park	5:14.86
7 Helen Chen	9	Providence	5:23.65
8 Reagan Rainey	10	Hough, Willi	5:29.78
9 Riley Payne	10	Hough, Willi	5:31.03
10 Madison Marcus	11	Myers Park	5:31.72
11 Cate Brasser	10	Charlotte Ca	5:33.78
12 Meghan Hastings	9	Ardrey Kell	5:36.04
13 Gwendolyn Anderson	12	Watauga	5:41.76
14 Meredith Lengers	10	Charlotte Ca	5:43.61

15 Virginia St.Clair	12	Watauga	5:45.39
16 Brianna Anderson	12	Watauga	5:46.31

Event 22 Boys 1600 Meter Run NCHSAA 4A

Name	Yr	School	Seed Time
1 Caleb Roesch	12	South Meckle	4:15.94
2 Seth Caudill	12	Asheville	4:17.95
3 Ian Pierce	12	Charlotte Ca	4:23.91
4 Kevin Cordero	11	T.C. Roberso	4:25.81
5 Nicholas Gibson	11	T.C. Roberso	4:27.70
6 Ben Eckert	12	Ardrey Kell	4:31.03
7 Gavin D'Souza	10	Providence	4:32.78
8 Michael Haskin	10	Asheville	4:34.24
9 Brackton Parrish	11	Hough, Willi	4:36.16
10 Andrew Moore	12	Myers Park	4:38.67
11 Sam Nixon	11	Watauga	4:38.76
12 Chase Carlton	12	Hopewell	4:39.43
13 Ethan Desai	11	Providence	4:39.70
14 Jason Linch	12	Ardrey Kell	4:43.47
15 Kevin Torres Rodriguez	12	Hough, Willi	4:43.90
16 Burroughs Law	10	Asheville	4:44.19

Event 23 Girls 4x100 Meter Relay NCHSAA 4A

Team	Relay	Seed Time
1 Mallard Cree	A	47.14
2 Olympic	A	48.33
3 Asheville	A	48.38
4 Berry, Phill	A	49.34
5 Palisades Hi	A	49.48
6 Butler	A	49.66
7 Hough, Willi	A	50.23
8 Myers Park	A	50.43
9 Julius Chamb	A	50.63
10 North Meckle	A	51.04
11 Independence	A	51.18
12 East Mecklen	A	51.30
13 South Meckle	A	51.44
14 Alexander Ce	A	51.44
15 Ardrey Kell	A	51.48
16 Garinger	A	51.60

Event 24 Boys 4x100 Meter Relay NCHSAA 4A

Team	Relay	Seed Time
1 Mallard Cree	A	41.11
2 Asheville	A	42.49
3 Julius Chamb	A	42.55
4 Olympic	A	42.56
5 A.C. Reynold	A	42.64
6 T.C. Roberso	A	42.85
7 Hough, Willi	A	43.03
8 Butler	A	43.06
9 Hopewell	A	43.07
10 Myers Park	A	43.19
11 Ardrey Kell	A	43.48
12 North Meckle	A	43.55

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Event 24 ... (Boys 4x100 Meter Relay NCHSAA 4A)

	Team	Relay	Seed Time
13	Berry, Phill	A	43.66
14	Rocky River	A	43.85
15	Independence	A	43.94
16	Watauga	A	44.07

Event 25 Girls 400 Meter Dash NCHSAA 4A

	Name	Yr	School	Seed Time
1	Kaylyn Brown	12	Mallard Cree	53.84
2	T'Sheylah Moore	12	Olympic	55.94
3	Journee Gordon	11	Olympic	56.93
4	Leah Butler	12	Hopewell	59.14
5	Charlotte Britt	11	Myers Park	59.32
6	Becca Jud	9	Hopewell	59.71
7	Aleila Barton	10	Myers Park	59.72
8	Molly Canon	11	Charlotte Ca	59.83
9	Evva Hamilton	10	A.C. Reynold	59.91
10	Zaciah Knight	12	Berry, Phill	1:00.48
11	Victoria Batiste	10	Hough, Willi	1:01.47
12	Anders Utz	9	Asheville	1:01.84
13	India Wright	12	Garinger	1:02.23
14	Abby Brown	11	Hough, Willi	1:02.46
15	Naraya Nesbit	9	Palisades Hi	1:02.57
16	Khannaya Potts	10	Julius Chamb	1:02.91

Event 26 Boys 400 Meter Dash NCHSAA 4A

	Name	Yr	School	Seed Time
1	Tim Brown	11	Hough, Willi	48.77
2	Omung Chhina	12	T.C. Roberso	49.58
3	Zyon Hailey	9	North Meckle	49.71
4	Khalil Price	9	North Meckle	49.99
5	Jean Mayoko	12	Olympic	50.03
6	Morris Johnson	11	Hough, Willi	50.27
7	Sean Crumpler	12	Hopewell	50.33
8	Brandon Parker	11	Rocky River	50.58
9	Sebastian Barbe	12	Myers Park	50.87
10	Vernon Benjamin	10	Olympic	50.90
11	Nolan Donaghy	12	Hopewell	51.01
12	Wyatt Stoner	11	Hough, Willi	51.10
13	Grant Coughlin	11	Charlotte Ca	51.10
14	Clyde Smith	10	T.C. Roberso	51.24
15	Braelin June	12	North Meckle	51.28
16	Javion Smith	10	Palisades Hi	51.67

Event 27 Girls 300 Meter Hurdles NCHSAA 4A

	Name	Yr	School	Seed Time
1	Carmen PenaSoto	11	Olympic	44.58
2	Amaya Hopkins	12	South Meckle	44.71
3	Sky Bleu Tyson	10	Palisades Hi	44.71
4	Makhyah Pittman	11	Palisades Hi	45.93
5	Jasmine Stokes	12	Rocky River	46.31
6	Nyree Andrews	11	Mallard Cree	46.50
7	Janya Barnes	10	Olympic	46.62
8	Jayda Lewis	10	Mallard Cree	47.21

9	Tiara McFadden	12	Mallard Cree	47.23
10	Alcelia Gongar	11	Julius Chamb	47.85
11	Sadie Buchanan	10	Watauga	48.39
12	Aniyah Wallace	11	Butler	48.50
13	Sydney Shryock	12	Hough, Willi	49.31
14	Jasmine Brown	11	Hopewell	50.34
15	Mackenzie Nesta	10	Hough, Willi	50.48
16	Sena Everett	10	Myers Park	50.74

Event 28 Boys 300 Meter Hurdles NCHSAA 4A

	Name	Yr	School	Seed Time
1	Xavier Branker	12	Ardrey Kell	38.39
2	Nikyan Hodge	12	Olympic	39.32
3	Darren Morrison	12	Mallard Cree	39.45
4	M.A. Skeins	10	A.C. Reynold	39.74
5	Davis Hunt	12	Watauga	39.86
6	Jaylen Morrow	11	Julius Chamb	39.98
7	Kristoffer Jones	11	North Meckle	40.02
8	Nyan Brown	9	Mallard Cree	40.04
9	Caleb Knight	10	Mallard Cree	40.44
10	Suan Moore	11	South Caldwe	40.51
11	Rian Jones	10	T.C. Roberso	41.55
12	Matias Rampolla	11	Ardrey Kell	41.88
13	Jake Ramage	11	A.C. Reynold	42.50
14	Landon Smith	10	Watauga	42.68
15	Nick Potter	12	Charlotte Ca	42.75
16	Joshua Clemons	12	Ardrey Kell	43.05

Event 29 Girls 800 Meter Run NCHSAA 4A

	Name	Yr	School	Seed Time
1	Molly Barber	9	Myers Park	2:16.02
2	Natalia Martin	12	Olympic	2:16.09
3	Ella Kepple	12	A.C. Reynold	2:20.48
4	Elizabeth Weltz	9	South Meckle	2:21.82
5	Molly Canon	11	Charlotte Ca	2:22.82
6	Charlotte Britt	11	Myers Park	2:23.08
7	Amelia Kulpa	10	South Meckle	2:24.07
8	Becca Jud	9	Hopewell	2:28.20
9	Helen Chen	9	Providence	2:28.42
10	Micah Watts	12	Mallard Cree	2:28.45
11	Brynn Fogarty	12	Ardrey Kell	2:28.90
12	Taelyn Ingram	9	Myers Park	2:29.49
13	Abigail Wiechers	10	Hough, Willi	2:29.51
14	Taylor Fenton	12	Ardrey Kell	2:29.77
15	Carmen Kimpson	12	Ardrey Kell	2:29.88
16	Reagan Rainey	10	Hough, Willi	2:30.01

Event 30 Boys 800 Meter Run NCHSAA 4A

	Name	Yr	School	Seed Time
1	Nick Potter	12	Charlotte Ca	1:56.04
2	Tim Brown	11	Hough, Willi	1:56.19
3	Logan Hill	11	Charlotte Ca	1:57.78
4	Christian Wheeler	12	Mallard Cree	1:58.93
5	Josiah Kaiser	12	T.C. Roberso	1:59.98
6	Sean Crumpler	12	Hopewell	2:00.25

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Event 30 ... (Boys 800 Meter Run NCHSAA 4A)

Name	Yr	School	Seed Time
7 Domenico McPhillips	12	Charlotte Ca	2:00.37
8 Dalton Etheridge	10	Asheville	2:00.71
9 Ryan Chong	12	T.C. Roberso	2:00.91
10 Nicholas Gibson	11	T.C. Roberso	2:00.94
11 Caleb Roesch	12	South Meckle	2:01.13
12 Josiah Weeks	12	Asheville	2:01.84
13 Brackton Parrish	11	Hough, Willi	2:01.92
14 Chase Carlton	12	Hopewell	2:02.20
15 Nic Elledge	12	Myers Park	2:03.01
16 Ismael Frometa	12	Ardrey Kell	2:03.37

Event 31 Girls 200 Meter Dash NCHSAA 4A

Name	Yr	School	Seed Time
1 Kaylyn Brown	12	Mallard Cree	23.77
2 I'Ja Walter	11	Olympic	24.30
3 Maya Love	10	Independence	24.58
4 Sanai Forte	11	Harding Univ	25.02
5 Bry'anna Woodward	12	Mallard Cree	25.54
6 Jenna Barnes	12	A.C. Reynold	25.62
7 Emily Leahy	11	Asheville	25.74
8 Aleila Barton	10	Myers Park	25.96
9 Molly Marshall	10	Ardrey Kell	26.03
10 Victoria Batiste	10	Hough, Willi	26.04
11 Laila Ramadan	9	Mallard Cree	26.14
12 Sydney Justice	12	South Meckle	26.19
13 Sanaya McDaniel-Parks	9	Hough, Willi	26.30
14 Ayonna Daniels	10	North Meckle	26.44
15 Sofia LaCorte	10	T.C. Roberso	26.54
16 Rose Thompson	11	Asheville	26.74

Event 32 Boys 200 Meter Dash NCHSAA 4A

Name	Yr	School	Seed Time
1 Christian Dixon	10	Mallard Cree	21.16
2 Barfuo Boakye-Boaten	12	Asheville	21.64
3 Benjamin Black	11	Mallard Cree	21.75
4 Sterling Greene	12	Olympic	21.89
5 Xavier Branker	12	Ardrey Kell	21.92
6 Malachi Morrison	11	Olympic	21.97
7 Devin Vaught	12	Mallard Cree	22.04
8 Max Guest	10	A.C. Reynold	22.24
9 Michael Boucher	12	Rocky River	22.58
10 Jemmott Duncan	12	Olympic	22.65
11 Avey Pullum	12	North Meckle	22.65
12 Isaiah Little	11	A.C. Reynold	22.69
13 Omung Chhina	12	T.C. Roberso	22.70
14 Braelin June	12	North Meckle	22.74
15 Lade Oguntinyinbo	11	Watauga	22.74
16 Demorris Jordan	10	North Meckle	22.83

Event 33 Girls 3200 Meter Run NCHSAA 4A

Name	Yr	School	Seed Time
1 Mary Bonner Dalton	11	Myers Park	10:23.18
2 Hannah Caudill	12	Asheville	11:11.40

3 Anna Wells	12	Ardrey Kell	11:23.17
4 Keely Bradle	12	Providence	11:27.86
5 Sofi Alexander	9	Asheville	11:50.04
6 Claire Dixon	10	Myers Park	11:56.64
7 Reese Hohenberger	10	Ardrey Kell	11:56.94
8 Phoebe Edwards	10	Butler	12:16.66
9 Gwendolyn Anderson	12	Watauga	12:17.45
10 Jasmine Moore	10	Providence	12:21.95
11 Cate Brasser	10	Charlotte Ca	12:24.92
12 Josie Bishop	10	Charlotte Ca	12:27.36
13 Madison Marcus	11	Myers Park	12:40.81
14 Aubrey Graue	9	Ardrey Kell	12:41.82
15 Ellary Smith	11	Watauga	12:57.73
16 Janie Beach Verhey	9	Watauga	12:58.65

Event 34 Boys 3200 Meter Run NCHSAA 4A

Name	Yr	School	Seed Time
1 Raghav Gopalakrishnan	11	Ardrey Kell	9:12.63
2 Will Fiore	11	T.C. Roberso	9:35.07
3 Ian Pierce	12	Charlotte Ca	9:40.34
4 AJ Painter	12	Charlotte Ca	9:46.49
5 Nicholas Grace	11	Ardrey Kell	9:50.65
6 Kevin Cordero	11	T.C. Roberso	9:52.20
7 Gavin D'Souza	10	Providence	9:54.67
8 Seth Caudill	12	Asheville	9:55.40
9 Tyler Gordon	12	T.C. Roberso	9:56.64
10 Cooper Kovach	10	Ardrey Kell	9:57.12
11 Joshua Driscoll	11	Butler	9:57.90
12 Duncan Smith	9	Charlotte Ca	10:06.82
13 Andrew Moore	12	Myers Park	10:07.43
14 Preston Harbin	11	South Meckle	10:11.86
15 Burroughs Law	10	Asheville	10:25.40
16 Kevin Torres Rodriguez	12	Hough, Willi	10:26.61

Event 35 Girls 4x400 Meter Relay NCHSAA 4A

Team	Relay	Seed Time
1 Olympic	A	3:51.63
2 South Meckle	A	4:03.62
3 Myers Park	A	4:03.90
4 A.C. Reynold	A	4:10.88
5 Mallard Cree	A	4:12.58
6 Watauga	A	4:12.66
7 Hopewell	A	4:13.42
8 Berry, Phill	A	4:16.55
9 Ardrey Kell	A	4:18.17
10 East Mecklen	A	4:18.41
11 Hough, Willi	A	4:19.42
12 Asheville	A	4:19.78
13 Palisades Hi	A	4:20.66
14 Garinger	A	4:24.08
15 Butler	A	4:25.15
16 T.C. Roberso	A	4:29.60

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Event 36 Boys 4x400 Meter Relay NCHSAA 4A

	Team	Relay	Seed Time
1	Hough, Willi	A	3:22.63
2	Mallard Cree	A	3:24.48
3	T.C. Roberso	A	3:24.60
4	Olympic	A	3:25.11
5	East Mecklen	A	3:27.01
6	Charlotte Ca	A	3:27.14
7	Hopewell	A	3:27.70
8	Myers Park	A	3:29.11
9	Ardrey Kell	A	3:30.02
10	North Meckle	A	3:30.51
11	A.C. Reynold	A	3:31.19
12	Rocky River	A	3:32.94
13	Berry, Phill	A	3:33.94
14	Asheville	A	3:34.96
15	Watauga	A	3:35.78
16	Butler	A	3:36.20