

**ATHLETES NAME:** Mason Kade Avery

**SCHOOL:** West Lincoln High School

**CLASSIFICATION:** 2A

**SPORTS:** Baseball, Football, Track and Field, Wrestling

**NOMINATOR:** Butch Ross

**NOMINATOR EMAIL:** butchross90@gmail.com

**NOMINATOR SCHOOL:** West Lincoln High School

**NOMINATOR POSITION:** Head Wrestling Coach

**ATHLETES QUALIFICATIONS:**

**2022-2023**

**Football**

Shrine Bowl Player, East-West All Star Game Player, Catawba Valley 2A Conference Offensive Player of the Year and Defensive Player of the Year, HSOT and Charlotte Observer first team All-State. All Conference. In 11 games had 2,622 rushing yards, 236.7 yards per game, 38 TD's, 4 receptions for 61 yards: 105 tackles with 86 solo tackles, 9 tackles for a loss, and 3 sacks. Lead All classification in NC in Rushing, #2 in Total Points, #2 in Total TDs#21 in Total Yards and is the only RB in Top 30!

Ranked #10 in the Nation in Rushing, #24 in Total Points, and #22 in Total TDs. Broke Lincoln County Single Game Rushing record with 397 yards, Single Season Rushing record with 2,622 yards, Single Season Rushing TD record with 38, and Career Rushing Record with 4,726.

Football Scholarship to Wingate University

**Wrestling**

2A 182 Weight Class NCHSAA State Champion, 2A 182 Weight Class NCHSAA Regional Champion, All Conference, 42-6 season record.

**Track**

(its early but after 2 meets) 100M, 400M, 4x1 relay, 4x2 relay NCHSAA Regional Qualifier

**Baseball**

400m + 4x 200m All Conference

(early as well)

Top 5 on team in Batting Average, Leads team in stolen bases.

**Career**

**Football-** 3X All Conference, 2x All State, 3x Team MVP, 4 year varsity letterman

**Wrestling -** 4X All Conference, 2x Regional Placer, 2x State Tournament Placer, 4 year varsity letterman

**Baseball-** Lead team in stolen bases in 2022, 3 year varsity letterman

Track– 3 year letterman (missed regionals due to baseball schedule conflict in 2022)

4.64 GPA, Ranked 5th of 182 seniors

**REFERENCE NAMES (LETTERS ATTACHD AND PICTURE):** Brandon Harbinson and  
Brian Clary – County Athletic Director

Letter of recommendation for Mason K. Avery

September 20, 2022

To Whom It May Concern:

Mr. Mason Avery is unlike many students you will meet. To say that he is a typical high school student involved in many activities would not come close to doing him justice. Mason is a rarity among young people in every aspect that we look for. A few words that come to mind when asked to describe him are extremely dedicated, determined, focused, caring, resourceful, giving, and ambitious...all of which are very similar to the core values that a college or university holds in highest regard.

I had the privilege to get to know Mason first as a student while he was in elementary school. I had just moved back to work with Lincoln County Schools and met Mason at a local youth wrestling club event called Top Dawg wrestling. Even as a young person in elementary and middle school, Mason has shown great poise, confidence, and character even in hard situations. He has been a role model to so many throughout his school journey and he has handled that 'pressure' well and realizes his influence on his peer group should be as such to lift the school, his family, and community name up in every action he does. I am drawn to this young man's commitment to be fully engaged in the mission to get better each day and to represent what he believes in his actions.

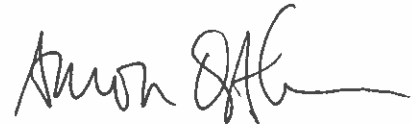
As the years progressed from his middle school time to now high school, I was fortunate enough to get to know Mason on a different level. He has kept me informed of his progress with school, volunteering, and life. He has a huge heart for his West Lincoln community and seeks to make an impact well beyond himself. He has received much gratification from his awards and honors, but he will continue to be humble and stay focused on his dream of making an impact for the betterment of our society. Mason has organized and been part of many opportunities to give back through his school in service to the homeless shelter, non profit work, and inspiring the next generation to excel in academics and athletics. He is unlike many young men or women today. Since I have known Mason, he has been wise beyond his years and he 'gets' how he can make an impact wherever he is planted. Mason is selfless, determined, intrinsically motivated, and cohesive to a group.

Mason is always a student first. His grades prove that, as well as his course load year after year while in high school. In regards to leadership, he is a young man that everyone (parent, principal, government official, and your great University) would want to be part of their family, school, organization, and life. He is a leader by example, a "go getter", a self-starter and someone that you can put your trust in to see things through to the end. He finds a way to excel and even asks for ways to continuously improve on his most recent project or adventure. He

possesses a certain level of organization and focus that drives him at the things he loves and puts his time into. He embodies what the admissions committee is seeking out in students; solid character and motivational leadership.

Mason will be remembered for his academic achievements and involvement in things beyond the school community, but also for his kindness, leadership, and example to others that everything is possible when you commit to something greater than yourself. The exciting thing is that the University will benefit from Mason...someone of great character, example, intelligence, morals, and honor. I look forward to the day that I can celebrate Mason's accomplishments on a larger scale. It would be awesome for your institution to be associated with those outcomes along the way.

Yours in Education,

A handwritten signature in black ink, appearing to read "Aaron D. Allen", with a long horizontal flourish extending to the right.

Aaron D. Allen, Ed.D.

Superintendent

Lincoln County Schools, NC

**West Lincoln High School  
172 Shoal Road  
Lincolnton, NC 28092**

Dear Sir or Madam:

It is with great pleasure that I write this letter of recommendation for Mason Avery. He is an amazing young man, both academically and otherwise. It has been a privilege getting to know Mason the past four years. As a student at West Lincoln High School, Mason has set high academic and moralistic goals for himself and then endeavors to achieve them. He has maintained an A average in AP, Honors, and community college classes. Mason is both versatile, well-rounded, and remarkably competent balancing his rigorous course load and demanding athletic schedule. He is an enthusiastic, mature, and dependable student. Because of Mason's intelligence, independence, and insatiable curiosity, he is successful in all of his pursuits and goes well above and beyond expectation.

Mason exemplifies the definition of perseverance! Not only is he in the top 5 percent of his graduating class, but Mason is a superstar on the football field. His tenacity and persistence on and off the field are a testament to his determination to be the very best at whatever he aspires to accomplish. Mason has proven that his academic aptitude is just as unwavering as his athletic prowess. I have never met anyone like Mason. He is someone who has the will-power and unfailing commitment to face challenges head-on and resolve them leading to greater resilience, strength, and moral character. The amount of work and time he has spent preparing his mind and body for his future in college and athletics is surpassed by none that I have ever seen in my 27 years at West Lincoln High School!

Mason is the epitome of a great leader. He serves as captain of the football and wrestling teams, where he leads by example showing his younger teammates kindness, compassion, dependability, and heart. Mason takes on the responsibility of leader with great pride and enthusiasm. He is definitely a role model to his peers. I have personally seen Mason encourage, support and motivate his fellow classmates. He has a genuine, caring spirit, and radiates affection when speaking to others. While Mason strives for perfection in himself, he is non-judgmental and tolerant of others. These are qualities that serve Mason well when he volunteers in our community. Whether he is teaching young Top Dawg wrestlers, feeding the homeless at the Hesed House of Hope, or opening car doors for elementary school children, Mason does it with a smile on his face, patience, and out of a sheer love for helping others. Mason is honest and genuine, and his commitment to volunteerism speaks highly of his integrity and moral character.

Mason has such a myriad of accolades that I cannot possibly discuss them all. He is an extraordinary young man who always projects a positive attitude and kindness to others. I cannot express enough how impressed I am with Mason's academic and athletic accomplishments, selflessness, strong character, and self-discipline. I truly believe that any university will be extremely fortunate to have Mason as a student and athlete. He will give 100% of himself, and I guarantee that Mason embodies exactly what you are looking for at your school. I enthusiastically and fervently recommend him!!

Sincerely,

Amy Cable  
School Counselor