

- Athletic Association within 10 days after the contest. Forms are available in the designated reporting platform.
- (2) Division of receipts - the Association is to receive 20% of the net gate. The competing teams are to divide the remainder equally.
 - (3) The host school retains concession and program rights. No charge is to be made by the host school for field use, lights, lining off the field, etc., if the field is school-owned or is owned by the board of education. Any use of a neutral facility must be approved by the NCHSAA.
 - (4) Admission - See Ticket Pricing Chart (page 115)
- (d) Regional Games
- (1) Game report - The principal of the host school, or appointed game manager, will forward a copy of the financial report and ticket accountability form to the North Carolina High School Athletic Association, within 10 days after the contest. Forms are in the designated reporting platform.
 - (2) Division of receipts - In the regional games, the Association is to receive 25 percent of the net gate. The competing teams are to divide the remainder equally.
 - (3) In the regional games, the host-school retains concession and program rights. No charge is to be made by the host school for field use, lights, lining off the field, etc., if the field is school-owned or is owned by the board of education. Any use of a neutral facility must be approved by the NCHSAA.
 - (4) Rate of expense reimbursement - See 4.5.6(a).
 - (5) Admission - See Ticket Pricing Chart (page 115)
 - (6) Regional awards - Team plaques will be presented to the regional champion and regional runner-up.
- (e) Championship Games
- (1) Championship games will be held under the direction of the NCHSAA; this is to include approval of game sites.
 - (2) Team expenses - For neutral site championships, both teams receive travel and lodging, if applicable.
 - (i) If the distance is over 75 miles (one way), the visiting team will be allowed a meal for those dressed, up to 45 persons. Meal allowance consists of \$5.00 for each person for breakfast, \$6.00 for lunch, \$8.00 for dinner.
 - (ii) Motel expenses will be allowed for one night if visiting team is more than 150 miles from playoff site. Two nights will be allowed if over 300 miles. Schools will pay their motel bill, and the NCHSAA will reimburse the schools up to an \$11.00 rate per person, for up to 45 persons.
 - (3) Division of receipts - In the championship games, after the game and team expenses have been deducted, the Association will receive 60 percent of the net receipts and the participating teams will divide the remainder.
 - (4) Admission - See Ticket Pricing Chart (page 115)
 - (5) Awards - The winning and runner-up teams will receive plaques. Members of the winning and runner-up teams will also receive individual awards. (70 medals for 1A and 2A, 80 medals for 3A, and 90 medals for 4A)

4.6 **GOLF**

4.6.1 **General**

- (a) Information on Mailings, Classifications, Payment of Officials, Eligibility Sheets, Ejections, Playoff Declaration, NCHSAA Clinic Dates, Body Paint and Noisemakers are found under General Requirements for Interscholastic Activities (4.1).
- (b) Date of First Practice - July 31 (women); February 14 (men).
- (c) Preseason Scrimmages - See 4.1.5
- (d) Date of First Match - August 14 (women); February 26 (men).
- (e) Number of Regular Season Contests - No more than three matches may be scheduled per week. Student-athletes are limited to one contest a day.
- (f) Women's Participation - Women can only participate in ONE season per year.
 - (1) If no women's team is available, then women may play on the men's team in the spring.
 - (2) If the student-athlete chooses to enter the women's regional, or play as an individual during the fall season, she may not play on the men's team in the spring.
- (g) Health and Safety Guidelines - Reference General Requirements for Interscholastic Athletic Activities for a listing of Guidelines (See 4.1.20) and Health and Safety Guidelines (See 2.3) for all the information.
- (h) Coaching - The NCHSAA will allow TWO designated coaches from each school to coach during the regional and state championships. It is a conference option during the regular season. The following regulations must be followed:

- (1) The TWO coaches who are allowed to give advice must be identified during the match via armband, neck tag or other identification measure.
- (2) The two designated coaches may give advice, of a short and quick duration, from the tee to the greens and the walk between holes. NOTE: Coaches may not provide continuous coaching while walking with a student-athlete. Once finished, coaches must return immediately to the cart path.
- (3) Any violation of the coaching rule can result in a two-stroke penalty and may cause the coach to lose his privilege to communicate with student-athletes the remainder of the event during the round/rounds.
- (4) Prior to any stroke, the coach must step back from the student-athlete.
- (5) Coaches may not be on the tee box or enter onto the green(s) at any time.
- (6) Use of radios, walkie-talkies, cell phones and other electronic devices by student-athletes or coaches is not allowed except for medical emergencies.
- (7) Distance measuring devices are allowed under USGA Rule 4.3a
 - (i) Yardage measuring devices and information may be shared among student-athletes.
- (8) Others will not be allowed to give advice and must limit conversations to words of encouragement only. Any other types of conversations could be considered advice, which would result in a two-stroke penalty.
- (i) Pull Carts - Non-motorized pull carts are allowed at any time; however, courses may prohibit use of pull carts.
- (j) Student-athletes may not ride on any form of transportation during a stipulated round unless authorized by the NCHSAA.
- (k) Conditions of Competition - Please refer to the NCHSAA website for specific conditions of competition for playoffs.
- (l) Supervision - All student-athletes participating in playoff competition must be supervised. If not, they will be eliminated from competition. If anyone besides school personnel accompanies student-athletes, a letter from the principal must be sent to the NCHSAA authorizing this and a copy of the letter must be in hand at the tournament.
- (m) Filming, Videotaping or Video Streaming - See 2.2.17.
- (n) Maximum Score Rule on a Hole - No student-athlete shall score more than triple bogey on any hole (6 on a par 3; 7 on a par 4; 8 on a par 5) during the regular season, regional, and championship play. Once a student-athlete has reached this threshold, they shall pick up their ball, record a triple bogey on the scorecard, and let the group complete the hole and move on to the next hole.

4.6.2 **Regional Playoffs**

- (a) Dates and Sites - Women's regional tournaments will be October 23 or 24. Men's regional tournaments will be May 6 or 7.
- (b) Regional Assignments - Regional assignments, along with the most current information about regional sites, dates and times, are posted on the NCHSAA website.
- (c) Playoff Entries - Schools qualifying for the regionals will be permitted to enter five student-athletes, and entries are to be submitted by 9:00 p.m. October 18 (women) and by 9:00 p.m. May 1 (men).
 - (1) Late entries may be submitted to the NCHSAA and must be in by 9:00 a.m. the Friday prior to the regional. Use the form on the NCHSAA website.
 - (2) Once entries have been submitted to the regional director, coaches can substitute any or all team members up to the start of the tournament. Student-athletes cannot be substituted.
- (d) Women's Regional Qualifying Standards
 - (1) Teams - Conference champions will receive an automatic berth.
 - (i) Top 3 student-athletes on the team
 - (ii) Student-athletes 4 and 5 may qualify through the Individual Qualifying Standard.
 - (2) Individuals
 - (i) 1A/2A and 3A - Golfers must average a 55.0 or better for 9 holes during regular season high school matches.
 - (ii) 4A - Golfers must average a 50.0 or better for 9 holes during regular season high school matches.
 - (iii) The average score will be calculated using the best five (5) 9-hole scores from throughout the season. Triple bogey rule must apply.
 - Ex. 1 - Golfer plays three 9-hole matches and an 18-hole conference match for the year. The total number of 9-hole matches is five (5). Golfer must count all five 9-hole scores when determining her average.
 - Ex. 2 - Golfer plays six 9-hole matches and an 18-hole conference match for the year. The total number of 9-hole matches played is eight. Golfer may drop the three

highest 9-hole score; therefore, the average will come from the best five 9-hole scores.

Ex. 3 - Golfer plays in four 9-hole matches. Golfer is not eligible for regional competition due to failure to meet the qualifying standard of a minimum of five 9-hole matches.

- (e) Verification Process for Reporting Women's Scores - Please refer to the NCHSAA website for the template and instructions for reporting.
- (f) Men's Regional Qualifiers
 - (1) Teams
 - (i) The number of qualifiers from a conference is based on half the number of teams (schools with at least four (4) student-athletes on the eligibility summary form) participating in golf in that conference (without rounding up; e.g., 7-school conference is allowed three (3) teams). This number is listed under the regional assignments (Refer to NCHSAA website).
 - (ii) One team from the independent members will qualify and be assigned to the regional closest to their location.
 - (2) Individuals
 - (i) Men's individual regional qualifiers are the top four individuals from a conference, not on one of the qualifying teams (must compete only as individuals).
 - (ii) One medalist (not on the qualifying team) from the independent members will qualify and be assigned to the regional closest to their location.
- (g) Playing Rules
 - (1) Eighteen (18) holes stroke play
 - (2) Women on men's teams must play from men's tees.
 - (3) USGA rules shall prevail, except where modified by local course rules and approved by the games committee (check with the local pro for any unusual ground rules).
 - (4) A games committee must be established and decisions of the committee are final. There should be a minimum of three people knowledgeable about golf rules on the committee, preferably including the local course pro.
 - (5) All spectators must stay on the cart paths.
 - (6) Caddies are prohibited in the state playoffs, with the exception of those necessitated for physical handicap reasons (this does not include injuries).
- (h) Team Scores
 - (1) The four lowest men's individual scores from a five-player team will be totaled to determine the men's team score.
 - (2) The three lowest women's individual scores from a five-player team will be totaled to determine the women's team score.
- (i) Awards - Regional champion and runner-up plaque and awards for the individual medalist and runner-up will be given. Ties will be broken according to the tiebreaking procedure in the conditions of competition.
- (j) Expenses - Each team will bear its own travel expenses to the regional.
- (k) Regional Site Determination - At the regional, a meeting of coaches must be held to select a site and a director for the upcoming season.
 - (1) This is a mandatory meeting that will be conducted by the current regional director.
 - (2) The current director will then notify the NCHSAA office within 10 days after the completion of the tournament, of the host school and director for the next season.
- (l) Women's State Championship Qualifiers - A maximum of 32 golfers per regional will advance to the state championship:
 - (1) Top 3 teams of 5 student-athletes each automatically qualify with the best 3 scores.
 - (2) Top 17 individuals not on a qualifying team.
 - (3) If a school does not finish in the top 3, but qualifies at least 3 individuals, that school will also score at the state championship as a team.
- (m) Men's State Championship Qualifiers - A maximum of 24 golfers per regional will advance to the state championship.
 - (1) Top 3 teams of 5 student-athletes each automatically qualify with the best 4 scores.
 - (2) Top 9 individual student-athletes not on a qualifying team.
 - (3) If a school does not finish in the top 3, but qualifies at least 4 individuals, that school will also score at the state championship as a team.

4.6.3 State Championship

- (a) Dates and Sites - The women's state tournaments will be held in all classes on October 30-31. The men's state tournament will be May 13-14. Sites TBA on NCHSAA website.
- (b) Pairings and Starting Times - The pairings will be made in the NCHSAA office. Tee times will not be available until Wednesday after 3:00 p.m. prior to the tournament.
- (c) Conditions of Competition - Please refer to the NCHSAA website for specific conditions of competition for state championship play.
- (d) Format - Thirty-six (36) holes, stroke play.
- (e) Team Scores
 - (1) The four lowest men's individual scores from a five-player team shall be totaled to determine the team score.
 - (2) The three lowest women's individual scores from a five player team will be totaled to determine the women's team score.
 - (3) Team members may be substituted for, but not after the round has begun.
- (f) Awards - The winning and runner-up teams and individuals will be given plaques. Individual awards will be given to members of the winning and runner-up teams (6 women's and 6 men's medals) as well as the third-place and fourth-place individuals.
- (g) Team Expenses - Teams will either split a share of net ticket revenue (gross ticket revenue less event expenses) or travel will be reimbursed at the rate of five cents per mile for each qualifier, including coach, up to a maximum of 35 cents, whichever revenue share method is higher for member schools.

4.7 **LACROSSE**

4.7.1 **General**

- (a) Information on Mailings, Classifications, Payment of Officials, Eligibility Sheets, Ejections, Playoff Declaration, NCHSAA Clinic Dates, Body Paint and Noisemakers are found under General Requirements for Interscholastic Activities (See 4.1).
- (b) Date of First Practice - February 14
- (c) Preseason Scrimmages - See 4.1.5
- (d) Date of First Game - February 26
- (e) Health and Safety Guidelines - Reference General Requirements for Interscholastic Athletic Activities for a listing of Guidelines (See 4.1.20) and Health and Safety Guidelines (See 2.3) for all the information.
- (f) Number of Regular Season Contests - No more than three per week may be scheduled.
 - (1) Teams are limited to 24 games.
 - (2) A student-athlete is limited to no more than one game per day.
 - (3) Junior varsity conference tournament games count toward the 24-game limit.
 - (4) Varsity conference tournament games are considered part of the state playoffs.
- (g) Starting Time - A time no earlier than 5:00 p.m. is recommended, unless facilities dictate otherwise, e.g. no lights.
- (h) Tournaments - Tournaments are governed by daily, weekly and seasonal limitations.
- (i) Uniformed Police Officer - See 2.5.3(a).
- (j) Schedules - Schools are required to submit varsity and junior varsity schedules to their appropriate regional supervisor by January 15.
- (k) Uniform Changing - Not allowed in area of competition. Must use locker room facilities; disqualification may occur.
- (l) Suspended Game - See NFHS Rules Book(s)
- (m) Filming, Videotaping or Video Streaming - See 2.2.17.

4.7.2 **Playoffs**

- (a) Conferences - Any school not currently fielding a team but wishing to participate should contact the NCHSAA office no later than September 9. Schools should also notify the NCHSAA if they plan to drop programs by this date. The 2023 Lacrosse conferences can be found on the NCHSAA website.
- (b) Representatives and Ties in Standings - If two or more of the conference's teams are tied for a playoff berth at the end of the regular season, (1) the team that won from the other(s) during the season gets the berth, or (2) if the teams split during the regular season, the approved tie breaking system shall be used (See 4.1.11.)
- (c) Reporting Playoff Qualifiers - For reporting potential qualifiers to state playoffs, conference presidents are required to submit the appropriate information on the NCHSAA designated platform immediately upon conclusion of the regular season.
 - (1) The information includes overall won-loss record and winning percentage for all conference schools. This must be submitted prior to the appropriate deadlines.
 - (2) Upon conclusion of the conference tournament, the conference president will immediately