



Women's Outdoor Track State Individual Event Records



100 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Jalee Brown	South Stokes	2023	:11.86	Shawnti Jackson	South Granville	2023	:11.33	Janiya Johnson	Statesville	2023	:11.70	Gabby Mayo	SE Raleigh	2006	:11.43

200 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Akala Garrett	Albemarle	2023	:24.25	Shawnti Jackson	South Granville	2023	:22.70	Kelsey McCorkle	South Central	2008	:23.63	Shawnti Jackson	Car. Gibbons	2021	:23.06

400 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Reneazia Collins	Monroe	2013	:56.28	Shawnti Jackson	South Granville	2023	:53.02	Alysia Johnson	Hillside	2019	:53.50	Shawnti Jackson	Wakefield	2022	52.32

800 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Lauren Tolbert	Highland Tech	2022	2:09.37	Brittany Stanley	Mount Pleasant	2016	2:13.53	Megan Marvin	Chapel Hill	2018	2:12.74	Sanu Jallow	W. Mecklenburg	2021	2:07.78

1600 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Malia Ellington	Comm. Sch. Davidson	2014	4:59.88	Maysa Araba	Carrboro	2015	4:55.81	Alyssa Preisano	Cuthbertson	2021	4:57.34	Charlotte Bell	Cuthbertson	2023	4:43.27

3200 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Arizona Blankenship	Swain County	2023	10:56.58	Kaitlyn Stone	West Stokes	2016	10:53.80	Caroline Murrell	Northwood	2021	10:51.83	Mary Bonner Dalton	Myers Park	2023	10:08.64

100 Meter Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Akala Garrett	Albemarle	2023	:13.52	Kayla Moore	Cummings	2016	:13.71	Alexis Patterson	Parkland	2019	:13.91	Ebony Williams	Parkland	2015	:13.44

300 Meter Intermediate Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Akala Garrett	Albemarle	2023	:40.26	Nora McKiver	T.W. Andrews	2013	:42.70	Sophia Treakle	Asheville	2008	:43.15	Keni Harrison	Clayton	2011	:41.41



Women's Outdoor Track State Relay Event Records



Women's 4x100 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Mica Hargrove Sloan Williams Donica Reid Jazman Richardson	Winston-Salem Prep	2012	:48.51	Aquariah McIntosh Ziavia Calvin Ny'Lasia Brown Alyssa Thompson Rowe	Lexington	2019	:48.04	Danielle Butts Amber Clark Hayley McCorkle Bryana Wyatt	South Central	2010	:46.94	Jahzara Hart Kyna Robinson Ani Judd Tia Outlaw	SE Raleigh	2019	:46.11



Women's Outdoor Track State Relay Event Records



Women's 4x200 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Reneazia Collins	Monroe	2012	1:41.30	Alayah Flowers	South Granville	2023	1:40.41	Ija Mumford	Parkland	2019	1:38.29	McKinley McNeill	Parkland	2015	1:36.43
Kendall Cox				Serenity Jordan				Alexis Patterson				Ebony Williams			
Simone Gwehi				Tania Brandon				Del'Nique Penn				Miaaysha Bryant			
Janieyah Collins				Shawnti Jackson				Diamond Lyerly				Katlin Sherman			

Women's 4x400 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Amari Baldwin	Albemarle	2023	3:57.16	Breanna Walls	Ledford	2019	4:00.23	Imari Deloatch	Hillside	2019	3:51.26	Emmaya Waters	Hillside	2017	3:44.84
Abigail Clayton				Skylar Payne				Shaliyah Wilkerson				Alysia Johnson			
MaryGrace Krol				Lyrik Thorne				Emmaya Waters				Ashlan Bowdry			
Akala Garrett				Samantha Payne				Alysia Johnson				Jessica Wright			

Women's 4x800 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Davi Barbour	Mount Airy	2012	9:42.16	Bernadette O'Neil	Cardinal Gibbons	2006	9:39.06		Cuthbertson	2021	9:18.25	Justine Preisano	Cuthbertson	2023	9:01.84
Alex Mayes				Melissa Prasnika								Josie Schihl			
Jordan Hiatt				Lauren Holesh								Stella Kermes			
Kirsten Parries				Heather Beichner								Charlotte Bell			



Women's Outdoor Field State Individual Event Records



High Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Shannon Meadows	Hendersonville	2001	5' 08"	Cheyenne Miller	East Rutherford	2011	5' 07"	April Cooke	Watauga	1983	5' 8.25"	Morgan Smalls	Panther Creek	2018	6'0.25"
Hunter Welborn	Starmount	2014	5' 08"	Mikel Franklin	T.W. Andrews	2016	5' 07"								

Pole Vault

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Amelia Rogers	Swain County	2023	11' 0.25"	Sarah Brown	Surry Central	2019	12' 6.5"	Tessa Sheets	Northwood	2017	12' 06"	Lindsay Absher	West Forsyth	2018	13' 03"
								Emma Stone	Marvin Ridge	2021	12' 06"				

Long Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Teaunna Cuthbertson	North Rowan	2010	19' 3.25"	Cora Johnson	East Carteret	2000	19' 04"	Chaunesse Barringer	NW Cabarrus	2022	19'10.25"	Kathy McMillan	Hoke County	1976	21' 07"

Triple Jump

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Zoie Shuler	Robbinsville	2022	39' 9.25"	Latasha Pharr	North Rowan	2000	40' 09"	Nikki Friday	Lexington	1990	42' 00"	Twyla Smith	Pincrest	1995	41' 2.5"

Shot Put

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Shanara Mintz	Bessemer City	2002	43' 4.75"	Beverly Burnett	Cummings	2002	44' 01.5"	Kayla Beasley	Hillside	2018	43'7.50"	Kamorean Hayes	Harding Univ.	2007	51' 3.5"

Discus Throw

1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Hailey Cook	Hendersonville	2013	146' 05"	Teteateh Snoh	Durham Sch. Arts	2019	143'10"	Camryn Massey	Ashbrook	2023	148' 02"	Bryanna Hames	Myers Park	2014	159' 1"



Men's Outdoor Track State Individual Event Records



100 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trentavis Friday	Cherryville	2013	:10.48	Kedrick Davis	Berry Academy	2011	:10.47	Kadarius Lotharp	Sun Valley	2015	:10.37	Cravont Charleston	Mallard Creek	2016	:10.38

200 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trentavis Friday	Cherryville	2014	:20.95	James Drummond	Lexington	2013	:21.23	Isaiah Monroe	Dudley	2022	:21.12	J-Mee Samuels	Mount Tabor	2005	:20.61

400 Meter Dash

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Trevin Moyer	Mountain Island Char.	2022	46.97	Andre Steele	Salisbury	1989	:47.41	T.J. Robbins-Lockhart	Piedmont	2015	:46.72	Delton Hall	Grimsley	1983	:46.41

800 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Greg Taylor	Swain County	1988	1:54.30	Elijah Inuwa	Central Academy	2005	1:51.70	Kyle Durham	Weddington	2019	1:51.72	Greg Roseboro	Hillside	1980	1:51.39

1600 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Aaron Rovnak	Franklin Academy	2021	4:17.39	Sean Sewell	Cardinal Gibbons	2007	4:17.69	Jeff Hitchinson	West Rowan	1980	4:08.01	Jack Bolas	Chapel Hill	2006	4:04.38

3200 Meter Run

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Blake Nicholson	Christ The King	2023	9:27.44	Sean Sewell	Cardinal Gibbons	2007	9:25.83	Paul Carpenter	T.C. Roberson	1985	9:11.87	Jacob Laney	Porter Ridge	2023	8:58.04

110 Meter Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Isaiah Moore	Cummings	2014	:13.97	Elliott Graves	Reidsville	2016	:13.79	Johnny Dutch	Clayton	2005	:13.88	Spencer Adams	Butler	2008	:13.51

300 Meter Intermediate Hurdles

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
T.J. Wilson	Princeton	2010	:38.58	Dylan Andrade	Forbush	2015	:37.48	Khaleb McRae	Southern Durham	2019	:36.78	Spencer Adams	Butler	2007	:36.04



Men's Outdoor Track State Relay Event Records



Men's 4x100 Meter Relay

1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Alex Midgette Darnelle Sawyer Bobby Minor Fred Fisher	Pamlico	1999	:41.19	Kedrick Davis Camron Hudson Terrance Winchester Germone Hopper	Berry Academy	2011	:41.78	Warren Scott Jasper Roberson Junior Robinson Tony Holland	T.W. Andrews	1986	:41.45	Curtis Clark Benjamin Black Jayden Lee Christian Dixon	Mallard Creek	2023	:40.87



Men's Outdoor Track State Relay Event Records



Men's 4x200 Meter Relay															
1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Daniel Orr	Hendersonville	2009	1:28.10	Kedrick Davis	Berry Academy	2011	1:26.14	Sam McIver	T.W. Andrews	1991	1:25.35	Jayden Lee	Mallard Creek	2023	1:24.79
Tyler Combs				Terrance Winchester				Kenny Shaw				Benjamin Black			
Brandon Neale				Larry Gibson				Duane Hill				Darren Morrison			
Darryl Demps				Germone Hopper				Darius Brewington				Christian Dixon			
Men's 4x400 Meter Relay															
1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Darryl Demps	Hendersonville	2009	3:20.42	Jasper Cuthrell	North Rowan	1987	3:21.43	Noel Peterkin	T.W. Andrews	1991	3:15.51	Henry Kiedy	Knightdale	2013	3:12.87
Tyler Combs				Adrian Steele				Pernell Williams				Bernard Freeman			
James Tolleson				Anthony Brittain				Kenny Shaw				Marcell Johnson			
Brandon Neale				Harvey Archie				Duane Hill				Marquavious Johnson			
Men's 4x800 Meter Relay															
1A				2A				3A				4A			
Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time	Name	School	Year	Time
Bladen Parrish	South Davidson	2016	8:09.31	Devin Barns	Croatan	2018	8:01:80	Aaron Rand	Richlands	2016	7:47.56	Matthew Kehn	Green Hope	2016	7:38.83
Austin Bond				Joseph Bulfer				Kevon Pascoe				Ian Delgado			
Hunter Query				Noah Bibus				R.J. Russell				Jayquan Williams			
Travis Gallimore				Michael Quispe				Darius Futrell				Henry Pehr			



Men's Outdoor Field State Individual Event Records



High Jump															
1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Dakota Dunn	East Montgomery	2003	7' 0"	Tanner Anderson	East Burke	2010	7' 2.5"	Derek Frink	West Brunswick	1995	6' 11"	Jesse Williams	Broughton	2002	7' 2"
Pole Vault															
1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Matthew Gray	Swain County	2023	16' 6"	Kenneth Byrd	East Burke	2022	15' 4"	Bailey Frederick	Marvin Ridge	2016	16' 1"	Spencer Evans	Lake Norman	2019	16' 2"
Long Jump															
1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Clifton Etheridge	Hendersonville	1986	25' 0"	Robert Tillman	South Robeson	2003	24' 4"	Eric Alford	High Point Central	1991	25' 0.75"	A.J. Davis	Northern Durham	2001	24' 10.5"
Triple Jump															
1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Isaac Blakeney	Monroe	2010	49' 2"	Robert Cunningham	Whiteville	1989	50' 9.25"	Brian Ellis	North Rowan	1991	52' 1.5"	Greg Artis	Fike	1977	51' 5.5"
Shot Put															
1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Torrey Prayer	Farmville Central	2005	60' 10.25"	Kenneth Rowland	Northside-Jax	2009	57' 7"	Rodney Edwards	Concord	1989	60' 4.25"	Mike Salzano	Northern Durham	1975	61' 4.5"
Discus Throw															
1A				2A				3A				4A			
Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark	Name	School	Year	Mark
Jesse Shelton	Mountain Heritage	2023	172' 11"	Andrew Byrd	Orange	2009	181' 1"	Tavis Bailey	A.L. Brown	2010	185' 1"	Terrell Adams	Middle Creek	2016	189' 3"



Retired Outdoor Track State Event Records



ENGLISH DISTANCE

WOMEN

EVENT	YEAR	NAME	SCHOOL	METRIC	ENGLISH
110 YARD LOW HURDLES	1977	Stella Johnson	West Charlotte	(14.1)	14.2
100 METER LOW HURDLES	1981	Clara Hairston	East Forsyth	13.50	
200 METER LOW HURDLES	1984	Pam Doggett	Dudley	27.92	
100 YARD DASH	1978	Martha Stanback	Pinecrest	(11.72)	10.82
ONE MILE RUN	1977	Julie Shea	Cardinal Gibbons	(4:41.5)	4:43.1
880 YARD RELAY	1977	Ramona Pittman Harvette Jenkins Edwina Hamilton Jean Brown	Reid Ross	(1:42.5)	1:43.0
440 YARD DASH	1978	Lisa Sherrill	Jordan	(54.5)	54.8
440 YARD RELAY	1978	Robin Graves Teresa Holt Deborah Jones Angela Davis	Eastern Guilford	(48.7)	48.9
220 YARD LOW HURDLES	1979	JoAnn Stallings	John Holmes	(29.3)	29.5
880 YARD DASH	1976	Lynn Lashley	Millbrook	(2:11.7)	2:12.4
220 YARD DASH	1976	Kathy McMillan	Hoke	(24.3)	24.4
TWO MILE RUN	1978	Mary Shea	Cardinal Gibbons	(10:14.03)	10:17.43
MILE RELAY	1978	Barrett Sloan Angela Watlington Lee Ann Stelzenmuller Lisa Sherrill	Jordan	(3:51.8)	3:52.9

MEN

EVENT	YEAR	NAME	SCHOOL	METRIC	ENGLISH
120 YARD LOW HURDLES	1972	Charles Rhomes	Hillside	(13.6)	13.6
100 YARD DASH	1973	Carter Suggs	Tarboro	(10.2)	9.3
ONE MILE RUN	1974	Henry Jones	Ashbrook	(4:08.2)	4:09.8
880 YARD RELAY	1977	Ronald Terry James Ledbetter Mark Jasper Derius Covington	Richmond County	(1:25.83)	1:26.33
440 YARD DASH	1976	James Fields	New Bern	(47.8)	48.1
440 YARD RELAY	1979	Phillip Jones Arthur Glenn Jesse Adams Alston Glenn	Northern Durham	(42.6)	42.8
180 YARD LOW HURDLES	1975	Marvin Rankins	Bertie	(19.0)	19.0
880 YARD DASH	1969	Tony Waldrop	Polk Central	(1:53.9)	1:53.9
220 YARD DASH	1974 1976	Carter Suggs Otis Melvin	Tarboro Terry Sanford	(20.9) (20.9)	21.0 21.0
TWO MILE RUN	1978	Dan Morton	Grimsley	(8:58.91)	9:02.31
MILE RELAY	1980	Wayne Ellis Larry Wiggins James Whitaker Gerald Mitchell	Ahoskie	(3:16.18)	3:17.28



Men's Outdoor Track State Individual Event Champions



SHOT PUT

1922	Roberts	Chapel Hill	43'02.75"	1944	Eddie Butler	R.J. Reynolds	na	1966	Bill Griffin	Edenton	55'11.00"
1923	Mclver	Chapel Hill	40'08.00"	1945	B.K. Grown	Raleigh	43'10.00"	1967	Dave Taylor	Chapel Hill	55'00.00"
1924	Mclver	Chapel Hill	42'09.00"	1946	R.L. McDonald	Durham	46'09.50"	1968	Dave Taylor	Chapel Hill	58'02.75"
1925	Vaughn	Roanoke Rapids	39'08.88"	1947	Ford	Charlotte Central	44'00.00"	1969	Greg Burke	North Forsyth	54'10.00"
1926	Williams	Stovall	44'05.00"	1948	Lewis Berry	Durham	48'07.75"	1970	Greg Burke	North Forsyth	55'09.25"
1927	Williams	Stovall	45'02.50"	1949	Lewis Berry	Durham	48'10.75"	1971	Chip Taylor	Hoggard	56'09.75"
1928	Luther Williams	Oxford	47'11.50"	1950	Lewis Berry	Durham	50'03.00"	1972	John Holladay	Sanderson	56'09.00"
1929	Luther Williams	Oxford	47'10.50"	1951	Jones	Raleigh	47'03.38"	1973	John Holladay	Sanderson	60'08.50"
1930	Mullis	Charlotte Central	46'09.75"	1952	Bill Gramley	R.J. Reynolds	47'04.25"	1974	Mike Harris	Millbrook	58'02.50"
1931	Andrews	Asheville	45'08.75"	1953	Don Denning	Durham	52'011.00"	1975	Mike Salzano	Northern Durham	61'04.50"
1932	Harold Sutton	Charlotte Central	46'05.50"	1954	Heath	NC Sch. for the Deaf	48'02.00"	1976	Stan Cunningham	Garinger	57'11.50"
1933	Wren	Greensboro	45'04.00"	1955	Ross	Durham	48'01.50"	1977	Nate Wigfall	Jacksonville	55'04.50"
1934	Willard	Kernersville	47'01.00"	1956	Ross	Durham	49'07.75"	1978	Ernest Butler	West Craven	58'02.50"
1935	Pate	Goldsboro	45'07.88"	1957	Burt Wilder	Greensboro	50'05.00"	1979	Than Emery	Athens Drive	57'07.50"
1936	Wood	Raleigh	46'03.00"	1958	Fred Stewart	West Mecklenburg	48'09.50"	1980	Bobby Morrison	Hoggard	59'09.00"
1937	Shouse	Mineral Springs	42'09.00"	1959	Fred Stewart	Harding	49'08.75"	1981	Donnie Wallace	Roanoke	56'04.00"
1938	Bob Gantt	Durham	48'04.75"	1960	Jim Poole	Durham	50'07.00"	1982	Dennis Barron	Beddingfield	60'04.50"
1939	Bob Gantt	Durham	51'04.88"	1961	Reggie Loy	Burlington	53'08.50"	1983	Donnie Wallace	Roanoke	58'10.00"
1940	Bob Gantt	Durham	52'02.75"	1962	Rod Stewart	Burlington	53'08.88"	1984	Tommy Eckard	Hickory	57'01.00"
1941	Bill Yancey	Fayetteville	44'03.50"	1963	Bob Matheson	Appalachian	51'10.00"	1985	Stacy Friel	Northeast Guilford	55'11.00"
1942	No Record			1964	Mike Richey	Myers Park	55'09.25"				
1943	No Record			1965	Tim Farmer	Chapel Hill	53'08.88"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Stan Bost	Concord	56'07.50"	Stan Bost	Concord	56'07.50"	Dean Taylor	Pender		52'00.00"	
1987	Burnice Cross	Hillside	57'06.50"	Darin Barbee	Sun Valley	55'05.00"	Kerry Hinton	Clayton		50'10.00"	
1988	Chucky Johnson	Seventy-First	57'11.50"	Jehmal Pettiford	T.W. Andrews	56'02.50"	Mike Cross	North Rowan		51'02.00"	
1989	Terrance Brown	Jacksonville	53'10.00"	Rodney Edwards	Concord	60'04.25"	Jeff Stickney	North Stanly		49'04.50"	
1990	Demetrius Wilson	Apex	57'00.00"	Eddie Robertson	T.W. Andrews	57'07.00"	Jeff Stickney	North Stanly		52'07.50"	
1991	Lamont Jones	New Bern	55'06.25"	Eddie Robertson	T.W. Andrews	57'00.00"	Brad Futrell	Union Pines		50'11.50"	
1992	Mario McGraw	New Hanover	54'09.25"	Terran Clinton	T.W. Andrews	54'05.50"	Rachon Shirden	Whiteville		47'09.25"	
1993	Mario McGraw	New Hanover	57'04.75"	Shannon Rodden	Sun Valley	52'04.50"	Mark Wells	Bunker Hill		50'09.50"	
4A				3A				1A			
1994	Phillip Morgan	South Rowan	54'03.00"	Jeff Pflaumbaum	Enka	55'11.25"	Mike Long	North Rowan	Kareem Ellis	SW Onslow	46'02.25"
1995	Kelvin Jones	Mount Tabor	56'05.00"	Donnie Watkins	McMichael	56'01.00"	Mike Long	North Rowan	Kareem Ellis	SW Onslow	51'10.00"
1996	Algernon Crumpler	New Hanover	57'08.50"	Cam Holland	Franklin	55'02.50"	Jason Green	South Columbus	Clayton Vaden	North Stokes	48'04.50"
1997	Charles Hooper	Rocky Mount	54'09.00"	John Judd	Harnett Central	55'03.75"	Curley Miles	Ledford	Larry Simmons	North Stokes	49'09.25"
1998	Brian Norwood	Richmond	52'04.00"	Chris Glenn	Rockingham Co.	52'11.25"	Milton Briscoe	Shelby	Tarell Clark	North Brunswick	50'10.00"
1999	Nick Smith	A.C. Reynolds	53'04.00"	Kareem Marshall	Kings Mountain	56'07.25"	J.T. Elliot	Holmes	Ronald Pou	Williamston	52'02.50"
2000	Austin Wakefield	WF-Rolesville	53'09.00"	Danny Miesenheimer	East Rowan	52'03.25"	Brandon Williams	Mtn. Heritage	Patrick Wright	Louisburg	51'09.00"
2001	David Boyce	Ashbrook	54'11.00"	Ben Whitney	Ragsdale	58'03.00"	Jason Brown	Northern Vance	Bob Cooke	Rosewood	51'09.25"
2002	Mitchell Pope	South Caldwell	60'03.00"	Greg Jachym	Weddington	50'05.50"	Marque Hall	Forest Hills	T.A. McLendon	Albemarle	51'02.75"
2003	Eric Frasure	Hopewell	55'06.00"	Tommie Parker	Hertford County	52'06.50"	Kenny Brown	North Rowan	Darren Cannon	Farmville Central	51'07.50"
2004	Eric Smalls	SE Raleigh	56'05.00"	Toney Baker	Ragsdale	54'11.75"	Marque Hall	Forest Hills	Anthony Bryant	North	49'01.75"
2005	Joe Brown	New Bern	55'08.00"	Toney Baker	Ragsdale	56'03.50"	Trenell Mosely	East Rutherford	Torrey Prayer	Farmville Central	60'10.25"
2006	Charles Johnson	Berry	55'05.00"	Kreg Carter	Williams	54'01.00"	Anthony Bryant	North Brunswick	Jacob Lane	South Stokes	50'08.75"
2007	Jimmy Martin	Scotland	53'04.50"	Jason Roberts	SW Guilford	54'06.50"	Adrian Little	Farmville Central	Regis Bittle	Polk County	52'03.25"
2008	Tyler Shatley	East Burke	55'11.00"	Jake Deaton	Mooresville	57'03.25"	Josh Balloon	North Brunswick	Regis Bittle	Polk County	54'04.00"
2009	Tyler Shatley	East Burke	59'09.00"	Daryle Morgan	Western Harnett	56'08.00"	Kenneth Rowland	Northside-Jax	Chris Miller	Wallace-Rose Hill	47'00.50"
2010	Shawn Underwood	Fuquay-Varina	55'01.50"	Ryan Minor	South Brunswick	58'10.50"	Jacob Geary	Cedar Ridge	Chris Miller	Wallace-Rose Hill	50'06.25"
2011	Courtland Clavette	A.C. Reynolds	55'00.25"	Ryan Minor	South Brunswick	56'02.50"	Adam Manns	Draughn	Garland Archie	North Rowan	49'09.50"
2012	Jon Beyle	E. Chapel Hill	55'01.50"	Myquon Stout	Carson	55'04.50"	Adam Manns	Draughn	Devonte Lloyd	North Edgecombe	49'01.25"
2013	Jalen Peterkin	So. Durham	59'06.00"	Colin Minor	South Brunswick	55'05.00"	Scott Peretin	Carrboro	Wesley Porter	Heide Trask	51'03.75"
2014	Elijah Mallory	Wakefield	56'00.75"	Colin Minor	South Brunswick	58'06.00"	Derrick Wheeler	North Brunswick	Samson Bradsher	Hobbs	50'11.00"
2015	Daniel Ligans	Holly Springs	57'08.00"	Tyson Fortenberry	Ashbrook	52'04.50"	Magnus Herweyer	Carrboro	Jacob Whitaker	Andrews	56'04.25"
2016	Terrell Adams	Middle Creek	58'01.50"	Sherrod Greene	Rocky Mount	55'11.50"	Magnus Herweyer	Carrboro	Gabriel King	Mount Airy	51'04.25"
2017	Austin Harrison	West Forsyth	57'03.75"	Aaron Wilkerson	Southern Guilford	60'03.50"	Donnie Thompson	Lincolnton	Gabriel King	Mount Airy	51'03.50"
2018	Chancelor Crawford	N. Mecklenburg	58'04.00"	Asher Prince	Western Harnett	53'09.25"	Ryan Eldridge	North Surry	Jason Reynolds	Gray Stone Day	49'07.00"
2019	Chancelor Crawford	Mallard Creek	57'09.75"	Alec Mock	Weddington	53'08.50"	Jake Soorus	North Lincoln	Riley Blalock	Murphy	50'01.00"
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)	
2021	Spencer Williams	Davie	60'02.00"	Denmar Chambers	Sun Valley	50'06.25"	Ty Castro	North Lincoln	Harrison Waddell	Polk County	49'02.00"
2022	Spencer Williams	Davie	64'03.75"	Aj Matas	Croatan	50'02.00"	Demontae Robinson	Eastern Wayne	Jesse Shelton	Mountain Heritage	52'06.00"
2023	Tony Taylor, II	Leesville Road	56'00.75"	Gabriel Urraca	Northside	51'11.00"	Junior Payton-Kimble	Northeastern	Jesse Shelton	Mountain Heritage	58'00.50"



Men's Outdoor Track State Individual Event Champions



1921	Daniels	R.J. Reynolds	105'03.00"	1943	Donald Clayton	Fayetteville	na	1965	Tim Farmer	Chapel Hill	160'00.75"
1922	Garrett	Burlington	106'05.00"	1944	Sanderford	Raleigh	105'10.40"	1966	Nick Karres	Myers Park	154'03.00"
1923	Mclver	Chapel Hill	99'06.00"	1945	R.L. McDonald	Durham	121'04.00"	1967	Nick Karres	Myers Park	161'00.00"
1924	Mclver	Chapel Hill	95'08.00"	1946	R.L. McDonald	Durham	122'05.00"	1968	Dave Taylor	Chapel Hill	171'08.00"
1925	Goodwin	Greensboro	100'04.50"	1947	Jimmy Cain	Raleigh	109'08.00"	1969	Umstead	Hillside	158'06.00"
1926	O'Brien	R.J. Reynolds	102'11.00"	1948	Bobby Byrd	Durham	114'00.75"	1970	Salisbury	Myers Park	155'00.00"
1927	Theron Brown	Greensboro	124'01.50"	1949	Whitfield	Durham	119'02.75"	1971	Randy Smith	Cary	160'00.00"
1928	Theron Brown	Greensboro	123'09.00"	1950	Packett	Marion	139'08.00"	1972	Lebaron Carruthers	Sanderson	168'01.00"
1929	Mullis	Charlotte Central	122'10.25"	1951	Harold Sykes	Durham	141'09.38"	1973	Gil Vance	Grimsley	165'10.00"
1930	Mullis	Charlotte Central	126'00.50"	1952	Don Denning	Durham	135'00.50"	1974	Billy Pearce	Vaiden Whitley	165'00.00"
1931	Andrews	Asheville	117'03.00"	1953	Bill Gramley	R.J. Reynolds	150'10.63"	1975	David Underhill	Vaiden Whitley	157'04.00"
1932	Harold Sutton	Charlotte Central	111'11.00"	1954	Rogers	Durham	133'01.00"	1976	Robert Bailey	West Forsyth	169'09.00"
1933	Wren	Greensboro	na	1955	Warren Lacock	Durham	143'11.50"	1977	Nate Wigfall	Jacksonville	167'09.00"
1934	Willard	Kernersville	111'00.00"	1956	Bartlett	Asheville	150'07.00"	1978	Mike Rodriguez	Garinger	172'05.00"
1935	Childress	R.J. Reynolds	109'05.00"	1957	Jim Martin	Broughton	130'04.00"	1979	Than Emery	Athens Drive	161'05.00"
1936	Childress	R.J. Reynolds	120'01.00"	1958	Marvin Peele	Rankin	141'05.00"	1980	Than Emery	Athens Drive	171'04.00"
1937	Darnell	R.J. Reynolds	na	1959	Bobby Beasley	Durham	130'07.00"	1981	William Lovick	New Bern	163'04.00"
1938	Bob Gantt	Durham	121'05.00"	1960	Bob Jamieson, Jr.	Grimsley	153'03.00"	1982	Daniel Adams	Garner	157'08.00"
1939	Bob Gantt	Durham	126'00.50"	1961	Steve Parker	Durham	146'06.75"	1983	Reuben Davis	Grimsley	165'01.00"
1940	Bob Gantt	Durham	133'04.00"	1962	Rod Stewart	Burlington	149'06.25"	1984	Stanley Monk	White Oak	170'02.00"
1941	Bill Yancey	Fayetteville	112'04.75"	1963	Flake Campbell	Myers Park	157'07.00"	1985	Stacy Friel	Northeast Guilford	164'02.00"
1942	No Record			1964	Flake Campbell	Myers Park	163'03.00"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Ed Reid	Olympic	162'10.00"	Ed Reid	Olympic	162'10.00"	Derrick Sims	North Rowan	148'10.00"			
1987	Vernon Grier	Garinger	161'01.00"	Harlis Meaders	Sun Valley	146'06.00"	Travis Stephenson	Clayton	155'07.00"			
1988	Vernon Grier	Garinger	166'07.00"	Mike Gilchrist	T.W. Andrews	154'11.00"	Travis Stephenson	Clayton	157'05.00"			
1989	Montez Jones	West Mecklenburg	170'02.00"	Scott Youmans	Eastern Guilford	159'01.00"	Brian Shumaker	Bandys	155'05.00"			
1990	James White	Northeastern	149'11.00"	Kenneth Banks	Northwest Cabarrus	160'06.00"	Doug Linen	East Duplin	158'07.00"			
1991	Demond Smith	Purnell Swett	159'07.00"	Mark Carter	A.L. Brown	171'06.00"	Marcus Jones	Southwest Onslow	148'06.00"			
1992	Ben Huff	Providence	166'08.00"	Charlie Miller	East Henderson	159'08.00"	Marcus Jones	Southwest Onslow	161'05.00"			
1993	Ben Huff	Providence	182'00.00"	Jeff Pflaumbaum	Enka	150'10.00"	Dan Keltner	Farmville Central	166'06.00"			
4A				3A				1A				
1994	Algernon Crumpler	New Hanover	160'05.00"	Jeff Pflaumbaum	Enka	180'10.00"	Donald Tolley	Clayton	142'11.00"	Steve Whitt	Surry Central	148'09.00"
1995	Algernon Crumpler	New Hanover	159'11.00"	Jeremy Cauble	East Rowan	158'08.00"	Jeff Chambers	North Rowan	152'05.00"	Dominique Hill	Pamlico	138'02.75"
1996	Algernon Crumpler	New Hanover	161'07.00"	Larry Brock	South Brunswick	164'02.00"	Zac Cohen	West Rowan	172'07.00"	Clayton Vaden	North Stokes	139'05.75"
1997	Duston Obermeyer	E. Mecklenburg	163'07.00"	Merceda Perry	Asheboro	176'06.00"	Jeff Chambers	North Rowan	149'06.00"	Reggie Ingram	East Montgomery	146'05.00"
1998	Dennis Caldwell	Mount Tabor	176'00.00"	Ike Oglesby	East Rowan	171'08.00"	Joseph Moore	Reidsville	159'10.00"	Tarell Clark	North Brunswick	142'00.00"
1999	Nathan Hedgepeth	Leesville Road	149'00.00"	Kareem Marshall	Kings Mountain	151'07.00"	Jason Brown	Northern Vance	149'07.00"	Nicky McNeil	North Brunswick	138'03.50"
2000	Austin Wakefield	WF-Rolesville	153'10.00"	Timothy Holloway	Fuquay-Varina	159'05.00"	Jason Brown	Northern Vance	149'10.00"	Nick Cowell	Camden	141'09.25"
2001	Akeem Hale	Scotland	167'09.00"	Timothy Holloway	Fuquay-Varina	156'09.00"	Jason Stepp	North Henderson	157'08.00"	Nick Cowell	Camden	141'09.25"
2002	Anthony Greer	Hoggard	159'03.00"	Kendall High	West Rowan	155'02.00"	David Bowes	Graham	159'10.00"	Andrea Wooten	Farmville Central	141'00.50"
2003	Brandon Manshack	S. Mecklenburg	161'07.00"	Tommie Parker	Hertford County	154'00.00"	Marque Hall	Forest Hills	150'00.00"	Robert Brady	Farmville Central	139'00.00"
2004	Adam Nagy	Mount Tabor	157'01.00"	Lonnie Phifer	Ben L. Smith	162'04.00"	Ashkan Bashardoost	Western	160'01.00"	Robert Brady	Farmville Central	157'03.00"
2005	Adam Nagy	Mount Tabor	158'04.00"	Erik Raabe	T.C. Roberson	164'01.00"	Dexter Epps	Bunn	155'04'00"	John Ferguson	South Stokes	139'04.00"
2006	Robert Boulware	R.J. Reynolds	158'04.00"	Cody Lawson	T.C. Roberson	150'04.00"	Corei Plummer	Southern Vance	166'06.00"	David Walker	Hendersonville	141'00.00"
2007	Jimmy Martin	Scotland	152'06.00"	Jake Deaton	Mooresville	143'05.00"	Cornelius Watkins	Swansboro	156'07.00"	Ahmad Garrison	Topsail	159'06.00"
2008	Giavonni Scott	Ardrey Kell	156'05.00"	Jake Deaton	Mooresville	166'07.00"	Cornelius Watkins	Swansboro	168'06.00"	Rashad Gray	South Stokes	150'04.00"
2009	Chris Barfield	Cary	161'00.00"	Tarik Norman	Jacksonville	161'03.00"	Andrew Byrd	Orange	181'01.00"	Dominique Drake	West Montgomery	144'01.00"
2010	Courtland Clavette	A.C. Reynolds	172'00.00"	Tavis Bailey	A.L. Brown	185'01.00"	Marcus Johnson	Tarboro	159'08.00"	Connor Hansen	Heide Trask	137'07.00"
2011	Courtland Clavette	A.C. Reynolds	184'03.00"	Ahmad Norman	Jacksonville	162'10.00"	Adam Manns	Draughn	167'00.00"	Garland Archie	North Rowan	144'07.00"
2012	Jon Beyle	E. Chapel Hill	161'03.00"	Kyle Trevor	Hunt	153'07.00"	Adam Manns	Draughn	160'08.00"	Wyatt Grillo	Chatham Central	152'03.00"
2013	Winston Craig	Ragsdale	182'01.00"	Mateius Brown	Western Harnett	155'09.00"	Scott Peretin	Carrboro	152'11.00"	Joshua Smith	Heide Trask	147'01.00"
2014	Ryan Davis	Pine Forest	161'05.00"	Mateius Brown	Western Harnett	169'06.00"	Chris Bumgarner	Draughn	160'00.00"	Samson Bradsher	Hobpton	144'07.00"
2015	Terrell Adams	Middle Creek	165'01.00"	Tyson Fortenberry	Ashbrook	153'02.00"	Magnus Herweyer	Carrboro	178'07.00"	Jacob Whitaker	Andrews	151'09.25"
2016	Terrell Adams	Middle Creek	189'03.00"	Tyson Fortenberry	Ashbrook	161'01.00"	Magnus Herweyer	Carrboro	155'08.00"	Gabriel King	Mount Airy	156'01.00"
2017	Austin Harrison	West Forsyth	169'06.00"	Sherrod Greene	Rocky Mount	154.09.50"	Zane Johnson	Forbush	148'09.00"	Gabriel King	Mount Airy	147'09.00"
2018	Chancelor Crawford	N. Mecklenburg	170'03.00"	Asher Prince	Western Harnett	175'07.00"	Blake Stephens	North Davidson	157'10.00"	Matthew Swepson	Research Triangle	140'09.00"
2019	Chancelor Crawford	Mallard Creek	174'08.00"	Lyndon Strickland	Alexander Central	176'06.00"	Jake Soorus	North Lincoln	175'11.00"	Matthew Swepson	Research Triangle	149'08.00"
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Brayden Radhuber	N. Mecklenburg	179'02.00"	Denmar Chambers	Sun Valley	158'07.00"	Noah Rooks	East Burke	163'00.00"	Jake McTaggart	Hayesville	154'05.00"
2022	Spencer Williams	Davie	180'04.00"	Damian Judd	Southern Lee	148'07.00"	Isaac Vaden	East Surry	145'01.00"	DaShawn Grant	Lejeune	155'07.00"
2023	Gates Hinson	Fuquay-Varina	179'11.00"	Myles Scott	Lake Norman Ch.	162'03.00"	Junior Payton-Kimble	Northeastern	169'08.00"	Jesse Shelton	Mountain Heritage	172'11.00"



Men's Outdoor Track State Individual Event Champions



LONG JUMP

1922	Thomas	Charlotte Central	19'05.50"	1944	Laddie Terrell	Raleigh	20'05.25"	1966	David Anderson	Ahoskie	21'03.50"
1923	Isley	Friendship	18'09.50"	1945	Laddie Terrell	Raleigh	19'02.50"	1967	Mike Lemmons	Hendersonville	21'11.00"
1924	Jack McDowell	Rockingham	18'08.75"	1946	Warren	Durham	20'05.00"	1968	Parsons	Cary	23'06.75"
1925	Packer	High Point Central	19'08.00"	1947	Wiggs	Fayetteville	20'01.50"	1969	Don Lucas	Scotland	22'07.25"
1926	Fort	Charlotte Central	20'10.00"	1948	Holder	Charlotte Central	20'03.75"	1970	Malone	Millbrook	22'11.00"
1927	Neiman	Charlotte Central	21'02.50"	1949	Wooten	Fayetteville	21'03.00"	1971	James Godwin	Cape Fear	23'11.00"
1928	Theron Brown	Greensboro	20'10.00"	1950	Warlick	Marion	19'10.25"	1972	Calvin Moore	J.H.Rose	22'10.50"
1929	Woodside	Charlotte Central	20'10.50"	1951	Long	Durham	21'08.50"	1973	Swade Carroll	Garner	22'11.75"
1930	Moffit	High Point	20'04.25"	1952	Matthews	Angier	21'02.67"	1974	Carter Suggs	Tarboro	23'01.00"
1931	Guy Soule	Charlotte Central	22'01.00"	1953	Dickie Barber	Hillsborough	21'02.50"	1975	Lonnie Hardy	West Brunswick	23'10.00"
1932	Guy Soule	Charlotte Central	21'08.75"	1954	Brawley	Durham	20'00.50"	1976	Andrew Golden	High Point Central	22'09.00"
1933	Pickard	Charlotte Central	21'06.75"	1955	Brawley	Durham	21'11.00"	1977	Greg Artis	Fike	24'08.00"
1934	Holder	Charlotte Central	21'03.63"	1956	Dunson	Durham	21'08.00"	1978	Eddi McGill	Enka	23'10.00"
1935	Swinson	Charlotte Central	21'01.50"	1957	Bob Williams	Broughton	21'08.00"	1979	Kelvin Bryant	Tarboro	24'00.00"
1936	Potts	High Point	21'00.25"	1958	Larry Jones	Durham	21'00.00"	1980	Chris Michaels	R-S Central	22'08.50"
1937	Bill Vogler	R.J. Reynolds	20'08.75"	1959	Bill Croom	Durham	21'02.75"	1981	Greg Neal	Northern Durham	24'04.00"
1938	Bill Mengel	Chapel Hill	20'06.75"	1960	Gregory Steele	Jacksonville	22'07.00"	1982	Jimmy Allen	Forest Hills	23'10.75"
1939	Joe Taylor	Durham	21'07.50"	1961	Gregory Steele	Jacksonville	na	1983	Maurice Monk	Jacksonville	23'10.50"
1940	Little	Charlotte Central	20'09.25"	1962	No Record			1984	Danny Peebles	Broughton	24'05.75"
1941	Ausbon	Durham	20'08.00"	1963	Evans	Millbrook	21'11.00"	1985	Tarrell Carpenter	Hoke	24'05.00"
1942	No Record			1964	Clem Williams	Millbrook	22'05.00"				
1943	No Record			1965	Clem Williams	Millbrook	21'03.75"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Tarrell Carpenter	Hoke County	23'09.00"	Tarrell Carpenter	Hoke County	23'09.00"	Cliff Etheridge	Hendersonville	25'00.00"		
1987	Tracey Johnson	J.H. Rose	23'00.00"	Randy Jordan	Warren County	24'01.25"	Cliff Etheridge	Hendersonville	23'06.50"		
1988	Russell McClain	Northern Durham	23'10.75"	Randy Jordan	Warren County	23'10.75"	Tyrone Joyner	Farmville Central	23'07.50"		
1989	Tyrell Taitt	Scotland	24'00.50"	J.J. Walker	Southern Alamance	23'02.50"	Robert Cunningham	Whiteville	23'04.00"		
1990	Kerry Kennedy	Millbrook	24'02.25"	Eric Alford	High Point Central	23'11.50"	Robert Lee	Clinton	22'08.00"		
1991	Leon Johnson	Freedom	23'08.75"	Eric Alford	High Point Central	25'00.75"	Robert Lee	Clinton	23'04.00"		
1992	Leon Johnson	Freedom	24'07.75"	Fred Richardson	Western Guilford	22'09.50"	Aaron Roberson	North Pitt	22'06.50"		
1993	Kishara Hamilton	Fike	23'09.25"	Jermaine Mayo	Salisbury	23'00.50"	Eric Riddick	Richlands	22'09.75"		

4A				3A				2A				1A			
1994	Reggie Love	Hillside	22'02.25"	Kishara Hamilton	Fike	23'09.50"	Quincy Foster	Hendersonville	23'03.25"	Eric Riddick	Richlands	23'04.00"			
1995	Marcus O'Neal	Dudley	23'03.50"	Mike Lavendar	Hunt	24'00.00"	Kalunta Harris	Ayden-Grifton	22'11.25"	Brandon Prevette	West Davidson	22'04.25"			
1996	Marcus O'Neal	Dudley	23'08.00"	Tommie Patrick	Southern Vance	23'03.50"	Greg Yeldell	North Rowan	23'06.00"	Brandon Prevette	West Davidson	22'01.30"			
1997	Jamorva Funderburke	N. Mecklenburg	24'08.00"	William Montgomery	T.C. Roberson	23'05.00"	Greg Yeldell	North Rowan	23'08.25"	Brian Waters	SW Onslow	22'00.00"			
1998	Jamorva Funderburke	N. Mecklenburg	23'10.00"	William Montgomery	T.C. Roberson	24'11.00"	Greg Yeldell	North Rowan	23'02.00"	Steve Enoch	Cummings	23'04.00"			
1999	Charles Hawkins	Seventy-First	23'04.00"	Justin McCorkle	Harding	23'00.00"	Alvin Gibson	Newton-Conover	22'03.50"	Steve Enoch	Cummings	23'05.50"			
2000	Sean White	So. Wayne	23'11.00"	Justin McCorkle	Harding	24'03.50"	James Smith	South Columbus	22'11.00"	Alex Leggette	Pamlico	22'08.25"			
2001	A.J. Davis	No. Durham	24'10.50"	B.J. Eddie	Fike	22'08.00"	Derreck Bryant	High Point Central	22'03.00"	Robert Tillman	South Robeson	22'04.50"			
2002	A.J. Davis	No. Durham	24'07.00"	Manny Lawson	Eastern Wayne	22'06.75"	Robert Tillman	South Robeson	23'05.00"	Darius Scott	Albemarle	23'02.00"			
2003	Darryl Barnett	Hoke County	23'05.50"	Bobby Cox	West Craven	22'07.50"	Robert Tillman	South Robeson	24'04.00"	Marcus Vance	Hendersonville	23'00.50"			
2004	Dexter Adams	Page	23'07.00"	Deangelo Ruffin	South Johnston	22'09.50"	Brandon Cathcart	Salisbury	22'02.50"	Philip Hardman	Heide Trask	22'09.50"			
2005	Trenton Guy	West Charlotte	23'10.50"	Deangelo Ruffin	South Johnston	22'02.75"	Brandon Cathcart	Salisbury	23'05.00"	James Simmons	North Stokes	22'01.50"			
2006	Brandon Banks	Garner	22'06.00"	Lamont Savage	West Rowan	23'07.00"	Thomas Huntley	East Lincoln	22'04.00"	Jeremiah Marable	Southside	23'00.50"			
2007	Lincoln Carr	Pine Forest	22'04.50"	Emanuel Davis	Overhills	22'06.00"	Tyreck Mcfadden	East Duplin	21'11.50"	Corey Wilkerson	Jordan-Matthews	22'06.00"			
2008	Jamario Clayton	So. Durham	22'11.00"	Jamel Allison	Mooresville	23'09.50"	Tyreck Mcfadden	East Duplin	21'03.75"	Travis Leggett	West Columbus	21'08.25"			
2009	Walter Aikens	Harding	23'08.25"	Avery Griffin	Dudley	24'01.50"	Antonio McCelland	Starmount	22'09.50"	D.J. McLendon	Thomasville	22'04.00"			
2010	Jarrett Samuels	Charlotte Vance	23'09.00"	Coye Still	Hickory Ridge	22'10.00"	Antonio McCelland	Starmount	22'07.00"	Issac Blakeney	Monroe	22'09.50"			
2011	Josh McClam	Holly Springs	24'02.00"	Justus Watkins	South Point	22'06.25"	Camron Hudson	Berry Academy	22'05.00"	Johnny Oglesby	North Rowan	21'11.50"			
2012	Diondre Butler	Jack Britt	23'00.00"	Frank Quarles	Douglas Byrd	23'04.50"	A.J. Alston	Roanoke Rapids	22'04.50"	Johnny Oglesby	North Rowan	22'06.00"			
2013	Marcus Krah	Hillside	23'01.00"	Frank Quarles	Douglas Byrd	23'05.00"	Isiah Moore	Cummings	23'04.00"	Ricky Ratliff	East Columbus	23'06.00"			
2014	Jeremy Davis	Ben L. Smith	23'04.00"	Jonathan Marino	Marvin Ridge	22'08.00"	Isiah Moore	Cummings	23'11.50"	James Richardson	Lejeune	23'02.50"			
2015	Jamie Brown	Knightdale	22'11.00"	Julian Gaines	Marvin Ridge	22'02.00"	Jayhlen Washington	North Brunswick	23'03.00"	Tyler Leek	Hayesville	22'01.00"			
2016	Marcus Krah	Hillside	23'00.00"	Samuel Johnson	Statesville	22'10.00"	Jayhlen Washington	North Brunswick	22'06.75"	Da'Rod Crutchfield	Lejeune	22'06.50"			
2017	Tyrese Kelly	Pinecrest	22'04.75"	Samuel Johnson	Statesville	22'08.50"	Jayhlen Washington	North Brunswick	23'03.00"	Haji McDaniels	Walkertown	21'10.00"			
2018	Khalil Scott	Olympic	23'10.50"	Jamar Davis	Orange	23'05.00"	Scott McClendon	Forest Hills	22'05.00"	Ckayvion Everett	John A. Holmes	22'02.00"			
2019	Eric Haddock	SE Raleigh	23'03.00"	Jieem Bullock	North Brunswick	23'01.00"	Dustin Blevins	West Stokes	23'09.00"	Tucker Holloway	Andrews	22'04.00"			
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)					
2021	William Sistruck	Mallard Creek	22'00.50"	Titus Phillips	Kings Mountain	23'00.00"	Dustin Blevins	West Stokes	23'09.00"	Tyquan Bunch	Riverside-Martin	21'07.75"			
2022	Tyson Adams	West Forsyth	22'11.50"	Cameron Snead	West Johnston	23'04.00"	Jared Hiatt	North Surry	22'10.75"	Ezra Martin	Union Academy	21'09.25"			
2023	Tyson Adams	West Forsyth	23'10.25"	S'Quan Waters	South Central	22'00.50"	Jared Hiatt	North Surry	22'03.00"	Ezra Martin	Union Academy	22'09.75"			



Men's Outdoor Track State Individual Event Champions



TRIPLE JUMP

1973	Melvin Scott	Seventy-First	46'01.75"	1978	Johnny Johnson	Tarboro	49'10.00"	1983	John Tillman	Parkwood	50'08.00"
1974	George Jackson	Hoggard	47'11.50"	1979	Jack Cameron	Person	47'10.00"	1984	Michael Patton	Mount Airy	50'09.75"
1975	Isaiah Simmons		47'05.50"	1980	Mike Gattis	Cummings	48'00.75"	1985	James Martin	Tuscola	49'05.00"
1976	Greg Artis	Fike	48'06.00"	1981	Ricky Wall	Broughton	50'01.25"				
1977	Greg Artis	Fike	51'05.50"	1982	Tim Leach	Salisbury	50'05.25"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	James Martin	Tuscola	49'05.00"	James Martin	Tuscola	49'11.00"	Keith Alston	Northwood	46'07.00"			
1987	Ricky Hamrick	Crest	47'09.50"	Tony Harris	Northeast Guilford	47'10.75"	Tyrone Joyner	Farmville Central	48'08.50"			
1988	Marcus Sutton	North Forsyth	48'01.25"	Chris Stone	Graham	45'06.50"	Tyrone Joyner	Farmville Central	49'05.50"			
1989	Tyrell Taitt	Scotland	48'03.75"	Bryan Jenkins	Northeast Guilford	48'10.00"	Robert Cunningham	Whiteville	50'09.25"			
1990	Kerry Kennedy	Millbrook	48'07.50"	Brian Ellis	North Rowan	50'02.25"	Chris Coleman	Fuquay-Varina	46'09.25"			
1991	Chris McKinney	Southern Wayne	48'07.25"	Brian Ellis	North Rowan	50'01.50"	Chris Coleman	Fuquay-Varina	50'00.00"			
1992	Jermaine Eldridge	Jacksonville	47'05.25"	Chris Heath	Tarboro	47'07.25"	Clinton Branch	Louisburg	45'07.50"			
1993	Michael McDuffie	Hoke County	47'05.25"	Tyrone Fox	Salisbury	47'10.75"	Eric Riddick	Richlands	48'09.75"			
4A				3A				2A				
1994	Jeremy McDaniel	New Bern	47'03.00"	Damon Vaughn	NE Guilford	47'04.00"	Darron Frazier	East Carteret	48'05.50"	Eric Riddick	Richlands	47'02.50"
1995	Theron Wigfall	Jacksonville	48'03.25"	Ian Adams	Wilkes Central	46'08.50"	Greg Yeldell	North Rowan	47'08.50"	Curtis Coffeld	Williamston	45'09.00"
1996	Troy Minter	Apex	47'04.00"	Jeremiah Manning	Franklin	47'08.25"	Greg Yeldell	North Rowan	48'11.75"	Ron Bailey	Lejeune	44'03.00"
1997	Ernest Hill	Pinecrest	47'06.75"	Delvin Barker	J.F. Webb	47'04.00"	Greg Yeldell	North Rowan	48'10.00"	Brian Waters	SW Onslow	44'02.25"
1998	Dennis Best	E.E. Smith	47'01.75"	William Montgomery	T.C. Roberson	47'03.00"	Greg Yeldell	North Rowan	50'02.50"	Steve Enoch	Cummings	46'05.00"
1999	Jason Smith	Pinecrest	49'05.00"	Hassan Reddick	T.W. Andrews	46'09.00"	Darnell Tillman	North Rowan	45'04.50"	Steve Enoch	Cummings	48'10.50"
2000	Garrett Peterkin	Scotland	45'07.00"	Everett Bruce	Ben L. Smith	46'04.75"	B.J. Clemons	Newton-Conover	44'07.00"	Antonio King	Cummings	45'11.25"
2001	A.J. Davis	No. Durham	48'06.50"	Charles Jones	Fike	46'08.50"	Derrek Bryant	High Point Cen.	46'04.00"	Mike Hinton	Cummings	45'01.00"
2002	A.J. Davis	No. Durham	48'00.00"	Mark Sturgis	West Rowan	47'09.50"	Derek Pratt	T.W. Andrews	46'04.00"	Terrell Hayes	Wallace-Rose Hill	44'06.50"
2003	Michael Mason	Rocky Mount	46'00.00"	Mark Sturgis	West Rowan	47'02.25"	Terry Wood	North Rowan	47'04.00"	Calvin Small	Lejeune	45'10.00"
2004	Joe Kindred	Fuquay-Varina	47'08.75"	Johnny Striblin	Southwest	46'05.00"	Andre Tillman	North Rowan	48'08.00"	Harry Boney	North	43'10.00"
2005	Nigel Orr	Harding Univ.	48'04.50"	Corey Whitley	Fike	46'05.25"	Brandon Cathcard	Salisbury	47'09.00"	James Simmons	North Stokes	46'03.75"
2006	Alphonso Jordan	Hopewell	48'02.00"	Jamel Allison	Mooresville	46'05.00"	Thomas Huntley	East Lincoln	44'06.00"	Emmanuel Davis	Manteo	44'03.75"
2007	Lincoln Carr	Pine Forest	47'06.50"	Jamel Allison	Mooresville	48'02.50"	Darius Cox	Monroe	44'08.00"	Gerell Bogle	Princeton	45'01.25"
2008	Lincoln Carr	Pine Forest	47'09.00"	Jamel Allison	Mooresville	49'02.50"	Issac Blakeney	Monroe	45'06.50"	T.J. Wilson	Princeton	44'02.00"
2009	Desmeion Kennedy	High Point Cen.	47'02.50"	Avery Griffin	Dudley	47'07.50"	Issac Blakeney	Monroe	48'04.50"	T.J. Wilson	Princeton	46'09.00"
2010	Steven Bell	SE Raleigh	48'10.00"	Daisaun White	Asheville	48'04.00"	Antonio McCelland	Starmount	46'04.00"	Issac Blakeney	Monroe	49'02.00"
2011	Deonnonti McClean	Hoke County	47'04.00"	Daisaun White	Asheville	47'01.00"	Xavier Hoggs	Durham Sch. Arts	45'10.50"	Samuel Starks	North Rowan	45'04.00"
2012	Jaylon Holt	SE Raleigh	47'03.50"	Josh King	Fike	47'09.00"	Xavier Hoggs	Durham Sch. Arts	44'09.75"	Joktan Moore	Mt. Airy	45'03.50"
2013	Kimani Hoffman	Knightdale	46'08.00"	Gary Woosley	NE Guilford	46'06.00"	Rasean Bledsoe	Salisbury	46'04.00"	Corey Valentine	Mt. Airy	44'09.00"
2014	Reyho Tshiamama	Apex	46'05.00"	Mekhi McGuyver	Asheville	47'00.50"	Chris Eatmon	T.W. Andrews	45'00.50"	Marcellous Sutton	James Kenan	45'05.50"
2015	Darryl Shaw	Jack Britt	48'09.25"	Noah Tyson	Asheville	46'08.00"	Jayhlen Washington	North Brunswick	46'01.00"	Trevor Carr	Camden	46'05.00"
2016	Marcus Krah	Hillside	48'08.00"	Jaquay Mitchell	Southern Nash	47'09.50"	Jayhlen Washington	North Brunswick	48'05.00"	Haji McDaniels	Walkertown	45'11.50"
2017	Tyrese Kelly	Pinecrest	46'08.50"	Jamin Glenn	Hickory Ridge	48'06.25"	Jayhlen Washington	North Brunswick	47'08.75"	Haji McDaniels	Walkertown	46'02.50"
2018	Christopher Alexander	Rocky River	49'04.00"	Jamar Davis	Orange	49'10.75"	Scott McClendon	Forest Hills	45'04.25"	Derek Young, Jr.	Union Academy	43'08.25"
2019	Christopher Alexander	Rocky River	50'05.00"	Trevor Grant	Cuthbertson	47'02.75"	Niejel Wilkins	Kinston	48'09.25"	Langston Samples	C.S. of Davidson	44'07.00"
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Caleb Stephens	Millbrook	48'08.75"	Josh Williams	West Carteret	44'06.50"	Malcolm Knight	Thomasville	45'03.50"	Ali Curry	Albemarle	44'09.50"
2022	Jared Harrell	Panther Creek	48'02.50"	Cameron Snead	West Johnston	47'06.00"	Andrew Pender	Kenan, James	44'07.75"	Ali Currie	Albemarle	46'08.00"
2023	Armon Wright	Chambers	46'11.00"	Kwan Oates	Hickory	44'07.50"	Jamir McCrae	Midway	45'10.50"	Ahkee Lyons	North Edgecombe	44'07.00"



Men's Outdoor Track State Individual Event Champions



HIGH JUMP

1922	Mclver	Chapel Hill	5'04.50"		Murphy	Charlotte Central	5'05.25"	1959	Bill Croom	Durham	6'00.25"
1923	Mclver	Chapel Hill	5'04.75"		Johnson	Fayetteville	5'05.25"	1960	Tom Clark	Greensboro	6'01.25"
1924	Jack McDowell	Rockingham	5'03.00"		Pickett	Raleigh	5'05.25"	1961	Sammy Gibbs	Oxford Orphanage	6'00.75"
1925	Smith	Wilmington	5'04.00"		B.K. Grown	Raleigh	5'05.25"	1962	No Record		
1926	Buie	R.J. Reynolds	5'05.00"	1946	Nick Johnson	Fayetteville	5'09.00"	1963	Dave Dunaway	Jacksonville	6'02.00"
1927	Reid	Charlotte Central	5'07.25"	1947	Wiggs	Fayetteville	5'03.00"	1964	Rowe Sawyer	Burgaw	5'11.00"
1928	Brewer	R.J. Reynolds	5'09.00"		McConkey	R.J. Reynolds	5'03.00"	1965	Billy Taylor	Mount Airy	6'00.00"
1929	Sykes	Spring Hope	5'08.50"		Hobbs	Charlotte Central	5'03.00"	1966	Eddie Ashburn	Cary	5'10.00"
	Johnson	Greensboro	5'08.50"		Mason	Charlotte Central	5'03.00"	1967	Wayne Wright	Ben L. Smith	6'04.75"
1930	Sykes	Spring Hope	5'07.50"		Dobbins	Greensboro	5'03.00"	1968	Bobby Jones	South Mecklenburg	6'06.00"
1931	Childers	Rockingham	5'07.75"	1948	Splawn	Burlington	5'10.00"	1969	Robert McAdoo	Ben L. Smith	6'07.75"
	Wilkie	Sanford	5'07.75"	1949	Thomas	Charlotte Central	5'09.50"	1970	Bobby Jones	South Mecklenburg	6'06.00"
1932	Thornton	R.J. Reynolds	5'08.00"	1950	Rowe	Charlotte Central	5'09.00"	1971	Chandler Muse	Myers Park	6'06.75"
1933	Marion Sams	High Point	5'09.38"	1951	Huffaker	Charlotte Central	5'09.00"	1972	Chandler Muse	Myers Park	6'08.25"
1934	Marion Sams	High Point	5'08.00"	1952	Dickie Barber	Hillsborough	5'10.00"	1973	Rufus Crawford	Huss	6'05.75"
1935	Marion Sams	High Point	5'06.75"		Yoder	R.J. Reynolds	5'10.00"	1974	Rufus Crawford	Huss	6'09.25"
1936	Potts	High Point	5'07.75"	1953	Dickie Barber	Hillsborough	5'11.00"	1975	Armstead Gilliam	Bertie	6'07.50"
	Ashburn	R.J. Reynolds	5'07.75"	1954	Harold Edwards	Greenville	5'09.00"	1976	Lee Shuler	West Guilford	6'08.50"
1937	Pollock	Goldsboro	5'06.50"	1955	Harold Edwards	Greenville	6'00.38"	1977	Gary Parmeley	West Carteret	6'08.00"
1938	Snyder	Clemmons	5'06.00"	1956	Bartley Tarlton	Charlotte Central	5'11.75"	1978	Robert Hicks	Scotland	6'10.00"
1939	Garland Pendergraft	Durham	5'09.63"		Harold Edwards	Greenville	5'11.75"	1979	Mike Ripberger	Cary	6'06.00"
1940	Hedrick	Lumberton	5'07.25"	1957	Eddie Mizell	Durham	5'07.00"	1980	Mike Ripberger	Cary	6'08.50"
1941	Manual Griffin	Sedge Garden	5'11.00"		Eddie Burke	Burlington	5'07.00"	1981	Charles Mack	North Forsyth	6'10.25"
1942	No Record				Bud Tripp	Broughton	5'07.00"	1982	Lenwood Harris	West Craven	6'10.50"
1943	Donald Clayton	Fayetteville	6'00.06"		Chippy Harris	Durham	5'07.00"	1983	James Patterson	Fuquay-Varina	6'09.00"
1944	Groves	Raleigh	5'07.00"		Wilfred Turner	R.J. Reynolds	5'07.00"	1984	James McDonald	Scotland	6'10.00"
1945	Travis	Greensboro	5'05.25"		Bill Croom	Durham	5'07.00"	1985	James McDonald	Scotland	6'10.00"
	Bullock	Durham	5'05.25"	1958	John Kay	Durham	5'11.75"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Larry Patterson	Cary	6'08.00"	Larry Patterson	Cary	6'08.00"	Carl Pickens	Murphy		6'10.00"	
1987	Darren Moore	J.H. Rose	7'01.00"	Mike Neely	T.W. Andrews	6'08.00"	Carl Pickens	Murphy		6'08.00"	
1988	Rob Thomas	R.J. Reynolds	7'00.00"	Bobby Wooten	SouthWest Edgemcombe	6'04.00"	Carl Pickens	Murphy		6'06.00"	
1989	Robert Thomas	Glenn	7'00.00"	Joe Montfort	East Carteret	6'06.00"	Andre Irving	Thomasville		6'08.00"	
1990	Jon DeBarry	Richmond	6'10.00"	Shawn Miller	Salisbury	6'08.25"	Travis Banks	Clinton		6'09.00"	
1991	Omarr Dixon	Athens Drive	6'08.00"	Robert Tucker	Harnett Central	6'09.00"	Travis Banks	Clinton		6'08.00"	
1992	Omarr Dixon	Athens Drive	6'10.00"	George Simmons	Southeast Guilford	6'06.00"	Nate Frink	West Columbus		6'08.00"	
1993	Tavores Vanhook	Williams	6'10.00"	Marcus Caldwell	Lexington	6'09.50"	Odell Benders	East Carteret		6'10.25"	

4A				3A				2A				1A			
1994	Damien Bennett	Anson	6'08.00"	Joe Wilson	South Iredell	6'06.00"	Odell Benders	East Carteret	6'06.00"	Milton Landers	Hayesville	6'04.00"			
1995	Ramondo North	West Charlotte	6'06.00"	Derek Frink	West Brunswick	6'11.00"	Dwaine Carpenter	W. Montgomery	6'04.00"	Tony Cooper	West Davidson	6'04.00"			
1996	Tedrick Greene	Ben L. Smith	6'06.00"	Lamont Watlington	Williams	6'08.00"	James Farrior	James Kenan	6'08.00"	Dwayne Berry	Richlands	6'02.00"			
1997	Temercus McNeil	Sanderson	6'06.00"	William Montgomery	T.C. Roberson	6'08.00"	Jermichael Watts	Bunker Hill	6'06.00"	Rashad Johnson	North Moore	6'04.00"			
1998	Brandon Brown	A.C. Reynolds	6'10.00"	William Montgomery	T.C. Roberson	6'10.00"	Gabrial Striblin	SW Randolph	6'04.00"	Warren Neely	Thomasville	6'07.00"			
1999	A.J. Davis	No. Durham	6'06.00"	Michael Massey	Asheboro	6'08.00"	Tony Henderson	Warren County	6'06.00"	Antwan Neeley	Thomasville	6'08.00"			
2000	Jesse Williams	Broughton	6'08.00"	Michael Massey	Asheboro	6'08.00"	Tony Henderson	Warren County	6'08.00"	Larry Perry	Bunn	6'04.00"			
2001	Jesse Williams	Broughton	7'02.00"	Namier Majette	Hertford County	6'08.00"	Shawn Williams	South Columbus	6'06.00"	Marcus Poteat	Graham	6'06.00"			
2002	Jesse Williams	Broughton	7'02.00"	Jason Williams	West Rowan	6'08.00"	Marcus Poteat	Graham	6'10.00"	Dakota Dunn	East Montgomery	6'08.00"			
2003	Gordon Smith	Northern Nash	6'06.00"	Jason Williams	West Rowan	6'10.00"	Daniel Smith	North Henderson	6'06.00"	Dakota Dunn	East Montgomery	7'00.00"			
2004	Gordon Smith	Northern Nash	6'08.00"	Cedrick Wilkerson	J.F. Webb	6'06.00"	Oneal Chestnut	Chase	6'10.00"	Dakota Dunn	East Montgomery	6'08.00"			
2005	Joe Kindred	Fuquay-Varina	6'06.00"	Nathan Summerville	Fike	6'10.00"	Demarcus Stallings	North Rowan	6'08.00"	Clint McNeilly	Robbinsville	6'02.00"			
2006	Tim Lovick	Garner	6'08.00"	Eric Davis	Eastern Randolph	6'04.00"	Thomas Huntley	East Lincoln	6'06.00"	Dewayne Ashburn	South Stokes	6'06.00"			
2007	Jake Wainwright	J.M. Robinson	6'06.00"	Derrick Ross	Union Pines	6'08.00"	Jarvis Craig	Monroe	6'02.00"	Kurtis Hackney	Pamlico	6'06.00"			
2008	Darius Purcell	E.E. Smith	6'07.00"	Derrick Ross	Union Pines	6'08.00"	Centrail Williamson	Bunker Hill	6'06.00"	Quinton Lindsey	Thomasville	6'06.00"			
2009	Jeffrey Johnson	J.H. Rose	6'08.00"	Billy Simiton	A.L. Brown	6'06.00"	Spenser Sydney	East Lincoln	6'08.00"	Justin Collier	Mt. Airy	6'04.00"			
2010	Steven Bell	SE Raleigh	6'06.00"	Joseph Matthews	Western Harnett	6'06.00"	Tanner Anderson	East Burke	7'02.50"	Jurious Johnson	W-S Prep	6'04.00"			
2011	Daryl Saunders	Garner	6'08.00"	Maurice Morgan	North Lenoir	6'06.00"	Will Thomas	Topsail	6'06.00"	Grant Rivers	Hendersonville	6'04.00"			
2012	Jonathan Addison	Enloe	6'08.00"	Josh King	Fike	6'08.00"	Will Thomas	Topsail	6'08.00"	Grant Rivers	Hendersonville	6'06.00"			
2013	Jesse Freeman	Harnett Central	6'06.00"	Jaquell Bryant	Rocky Mount	6'06.00"	Tevin Bates	Greene Central	6'06.00"	Samuel Allen	West Wilkes	6'08.00"			
2014	Lamar Nobles	Holly Springs	6'06.00"	Christopher Garrick	Marvin Ridge	6'08.00"	Terrance Brown	North Brunswick	6'07.00"	Mason Fenner	Thomas Jefferson	6'04.00"			
2015	Keon Howe	Mallard Creek	6'10.00"	Christopher Garrick	Marvin Ridge	6'08.00"	Desmond Lindsey	Forest Hill	6'06.00"	D.C. Braswell	Avery County	6'02.00"			
2016	Joseph Ibrahim	West Forsyth	6'08.00"	J.T. Reid	Piedmont	6'04.00"	Desmond Lindsey	Forest Hill	6'08.00"	Jacob Lewis	Robbinsville	6'04.00"			
2017	Seth Clyburn	West Forsyth	6'08.00"	Gabriel Stainback	Concord	6'06.00"	Jaquarii Roberson	Hertford County	6'06.00"	Denzel Hayes	Walkertown	6'06.00"			
2018	Iris Bernard	Mallard Creek	6'08'00"	Jeremiah Ganaway	Hunt	6'06.00"	Landon Parker	Mount Pleasant	6'08.00"	Ysade Sykes	Weldon	6'04.00"			
2019	Charles McBride	Apex	7'01.00"	Jieem Bullock	North Brunswick	6'08.00"	Alex Reavis	Bandys	6'08.00"	Ysade Sykes	Weldon	6'04.00"			
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)					
2021	Sheldon Ulmer	NW Guilford	6'02.00"	Kyzaiah Stone	Cleveland	6'06.00"	Donavan Lara	Eastern Randolph	6'08.00"	Kendrell Goodes	North Rowan	6'06.00"			
2022	Sheldon Ulmer	NW Guilford	6'06.00"	Steven Davis II	Dudley	6'04.00"	Tyrese Miller	R-S Central	6'06.00"	Jerome Bridgers	Tarboro	6'06.00"			
2023	Jonathan Koger	Reagan	6'08.00"	Christian Hackett	Union Pines	6'08.00"	Jamir McCrae	Midway	6'08.00"	Barry Hairston	South Stokes	6'06.00"			



Men's Outdoor Track State Individual Event Champions



POLE VAULT

1922	Roberts	Chapel Hill	10'00.25"	1942	No Record		1963	Johnson	Boyden	12'00.00"	
1923	Schlits	Charlotte Central	9'03.50"	1943	No Record		1964	Harold Lilly	New Bern	13'00.00"	
1924	Jack McDowell	Rockingham	9'06.00"	1944	Fred Boger	Charlotte Central	10'07.75"	1965	Harold Lilly	New Bern	13'01.25"
1925	Houston	Charlotte Central	9'02.00"		Nick Johnson	Fayetteville	10'07.75"	1966	Mac Crews	East Mecklenburg	13'00.00"
1926	Neiman	Charlotte Central	10'04.00"	1945	Nick Johnson	Fayetteville	10'10.00"	1967	Pat Hilliard	Salisbury	13'08.00"
1927	Neiman	Charlotte Central	11'00.00"	1946	Nick Johnson	Fayetteville	10'09.00"	1968	Vince Struble	Broughton	13'00.00"
1928	Houston	Charlotte Central	10'01.00"	1947	House	Durham	10'08.00"	1969	Richard McDuffie	Terry Sanford	13'06.00"
1929	Sikes	Edward Best	10'09.00"	1948	Boren	Curry	11'00.00"	1971	Jesse Ratliff	T.W. Andrews	14'00.75"
1930	Goodwin	Greensboro	10'10.25"	1949	Boren	Curry	11'03.00"	1972	David Turner	Broughton	14'02.00"
	Sykes	Spring Hope	10'10.25"	1950	Logan	Charlotte Central	11'00.00"	1973	David Robinson	Broughton	14'10.00"
1931	Norman	Greensboro	11'01.75"	1951	Logan	Charlotte Central	10'08.00"	1974	David Ward	Olympic	15'00.00"
1932	Norman Hendrix	High Point	10'08.00"	1952	Logan	Charlotte Central	11'08.00"	1975	Wayne Struble	Sanderson	13'06.00"
1933	Norman Hendrix	High Point	12'00.00"	1953	Upchurch	Raleigh	10'09.00"	1976	Tracey Lynne	Myers Park	14'00.00"
1934	Norman Hendrix	High Point	11'08.00"	1954	Upchurch	Raleigh	11'10.00"	1977	David Forsythe	South Granville	13'07.00"
1935	Freeman	Barium Springs	10'06.00"	1955	Walker	Charlotte Central	11'08.00"	1978	Alvin Charleston	East Rowan	15'01.00"
1936	Edwards	Kernersville	11'04.00"	1956	Bartley Tarlton	Charlotte Central	11'06.00"	1979	Alvin Charleston	East Rowan	14'00.00"
1937	McLeod	Sanford	11'00.00"		Johnson	Durham	11'06.00"	1980	Joshua Charleston	East Rowan	14'00.00"
1938	Garland Pendergraft	Durham	10'05.00"	1957	Heath Whittle	North Mecklenburg	12'01.00"	1981	Mike Thurber	J.H. Rose	15'02.00"
	Crater	Lewisville	10'05.00"		Howard Walker	Charlotte Central	12'01.00"	1982	Steve Edwards	Myers Park	14'06.00"
1939	Garland Pendergraft	Durham	11'06.00"	1958	Heath Whittle	North Mecklenburg	12'04.00"	1983	Donald Long	Thomasville	13'06.00"
1940	Creech	Old Richmond	10'09.00"	1959	Heath Whittle	North Mecklenburg	12'04.50"	1984	Mike Schell	White Oak	14'00.00"
	Saunders	High Point	10'09.00"	1960	Billy Peabody	Broughton	12'00.00"	1985	Tim Swain	Ledford	14'00.00"
1941	Cade	Rocky Mount	10'06.00"	1961	No Record						
	Allspaugh	R.J. Reynolds	10'06.00"	1962	Curtis White	Mvers Park	12'00.00"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Bruce Raynor	Pine Forest	13'00.00"	Bruce Raynor	Pine Forest	13'00.00"	Phillipe Williams	Salisbury		13'06.00"	
1987	Sy Creed	Scotland County	14'00.00"	John Madsen	High Point Central	13'06.00"	Maxwell Thompson	Hendersonville		13'06.00"	
1988	Chris Lamb	Laney	13'06.00"	Bryant Noles	Sun Valley	13'06.00"	Maxwell Thompson	Hendersonville		14'00.00"	
1989	Maurice Hilliard	Smithfield-Selma	13'06'00"	Jeff Allen	East Wake	14'07.75"	Nathan Pardo	West Wilkes		13'07.50"	
1990	Ed Monroe	Pincrest	14'00.00"	Eric Sellars	Western Alamance	13'06.00"	Josh Harrell	Northwood		13'06.00"	
1991	Bobby Hostler	Chapel Hill	13'00.00"	Shannon Pope	T.W. Andrews	14'09.00"	Reggie Pickett	East Duplin		12'00.00"	
1992	Richard Kratz	Ashbrook	14'00.00"	Shannon Pope	T.W. Andrews	15'03.75"	Cameron McIver	Fuquay-Varina		13'06.00"	
1993	Mike Welch	Millbrook	14'00.00"	Matt Jones	West Henderson	13'00.00"	Adrian Pitts	Manteo		12'06.00"	

4A				3A				2A				1A			
1994	Joel Freeman	Northern Nash	15'00.00"	Jay Kanekoa	North Buncombe	14'00.00"	Adrian Pitts	Manteo	13'00.00"	Bradley Hicks	North Stokes	14'00.00"			
1995	Jason Knightlinger	Northern Nash	13'00.00"	Ben Dorsey	Erwin	14'00.00"	Tim Thomas	North Henderson	13'06.00"	Torry Nergart	North Stokes	12'00.00"			
1996	Lito Ajejo	Freedom	13'06.00"	Bride McBride	NE Guilford	13'06.00"	Tim Thomas	North Henderson	14'09.00"	Justin Scott	Lejeune	12'06.00"			
1997	Dan Sarisky	Broughton	14'00.00"	Matt Price	East Rowan	14'06.00"	Galen Foreman	Hendersonville	12'06.00"	Tony Nergart	North Stokes	13'00.00"			
1998	Chris McMillian	Apex	13'00.00"	Matt Price	East Rowan	14'06.00"	Brian Pierce	Tarboro	14'00.00"	Randy Sutton	Graham	11'06.00"			
1999	Steve Taylor	Leesville Road	14'02.00"	Matt Price	East Rowan	15'00.00"	Brian Pierce	Tarboro	14'10.00"	Jonathan Walter	South Stanly	12'06.00"			
2000	Josh Hyde	Apex	14'06.00"	Clinton Taylor	Franklin	13'00.00"	Brandon Clark	Mount Pleasant	14'06.00"	Bryan Lashley	Starmount	12'06.00"			
2001	Chris Gross	Broughton	15'00.00"	Phillip Childers	South Point	14'00.00"	Jacob Twisdale	Northern Vance	14'06.00"	Terry Watson	North Stokes	14'03.75"			
2002	Chris Gross	Broughton	14'06.00"	PHillip Childers	South Point	14'06.00"	Ben Pierson	North Henderson	14'06.00"	Terry Watson	North Stokes	14'06.00"			
2003	Drew Lovette	Charlotte Vance	14'00.00"	Phillip Childers	South Point	14'06.00"	Kyle Lingafelt	Mount Pleasant	14'07.00"	Austin Patterson	South Stanly	14'03.00"			
2004	Kyle Spivey	South	14'06.00"	Nick Loper	Weddington	14'06.00"	Colton Weaver	North	15'00.00"	Austin Patterson	South Stanly	14'00.00"			
2005	Caleb Henley	South Rowan	15'00.00"	Daniel Keller	SW Guilford	15'09.00"	Louis Butler	T.W. Andrews	13'00.00"	Caleb Benton	Hendersonville	13'06.00"			
2006	Ryan Twiford	Clayton	14'06.00"	Ryan Oakes	White Oak	14'03.00"	Wesley Garren	East Henderson	14'01.00"	Jonathon Arthur	North Johnston	14'03.00"			
2007	Scott Houston	NW Guilford	15'05.00"	Ryan Oakes	White Oak	15'00.00"	Landon Patterson	Mount Pleasant	14'06.00"	Josh Wilmoth	North Stokes	12'00.00"			
2008	Scott Houston	NW Guilford	16'00.00"	Maverick Miles	South Rowan	14'06.00"	Josey Weaver	Madison	13'06.00"	Landon Hunt	Swain County	13'00.00"			
2009	Aaron Zakula	East Forsyth	15'06.00"	Evan Spence	Franklin	14'00.00"	Tyler Samotis	East Henderson	14'00.00"	Sean Nickell	North Stokes	13'00.00"			
2010	Henry Johnson	Smithfield-Selma	14'06.00"	Evan Webb	East Rowan	14'00.00"	Alex Lomax	Maiden	14'00.00"	Landon Hunt	Robbinsville	15'00.00"			
2011	John Mangum	Green Hope	15'00.00"	James Emrick	Franklin	13'06.00"	Alex Lomax	Maiden	14'00.00"	Eric DeOliviera	Pamlico	13'06.00"			
2012	Harrison Booth	Broughton	14'06.00"	Ian West	Fike	14'00.00"	Ethan Smith	Cedar Ridge	15'03.00"	Eric DeOliviera	Pamlico	13'00.00"			
2013	Joe Devries	Apex	14'00.00"	Ian West	Fike	15'01.00"	Ethan Smith	Cedar Ridge	15'00.00"	Matt Layne	West Wilkes	14'00.00"			
2014	Drew Pederson	Apex	15'06.00"	Ian West	Fike	15'06.00"	Nathan Flowers	Bandys	13'00.00"	Cooper Reinert	Swain County	12'06.00"			
2015	Keon Howe	Mallard Creek	16'00.00"	Ian West	Fike	16'00.00"	Johnathan Shingleton	North Pitt	13'06.00"	Laith Nickell	North Stokes	14'00.00"			
2016	Elijah Cole	Millbrook	15'06.00"	Bailey Frederick	Marvin Ridge	16'01.00"	Jon Ramsey	Bunker Hill	14'00.00"	Cooper Reinert	Swain County	13'00.00"			
2017				Brett Parks	White Oak	15'03.00"	Tyler Fitzgerald	Surry Central	14'00.00"	Zach Chesnet	North Stokes	14'00.00"			
2018	Spencer Evans	Lake Norman	15'06.00"	Ben Finger	North Gaston	15'06.00"	Juan Ochoa	North Davidson	14'00.00"	Jake Justice	Polk County	14'00.00"			
2019	Spencer Evans	Lake Norman	16'02.00"	Patrick Freeman	Mount Tabor	15'00.00"	Zane Andrews	South Point	14'00.00"	Jake Justice	Polk County	15'01.00"			
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Graham Gutknecht	S. Mecklenburg	14'00.00"	Gordon Harwell	Chapel Hill	14'00.00"	Kenneth Byrd	East Burke	15'00.00"	Matthew Gray	Swain County	14'00.00"			
2022	Graham Gutknecht	S. Mecklenburg	15'10.00"	Jacob Murphy	Oak Grove	13'06.00"	Kenneth Byrd	East Burke	15'04.00"	Matthew Gray	Swain County	15'02.00"			
2023	Ryan Davis	Weddington	14'06.00"	Blake Cassada	Franklin	13'06.00"	Kenneth Byrd	East Burke	14'06.00"	Matthew Gray	Swain County	16'06.00"			



Men's Outdoor Track State Individual Event Champions



110 METER HIGH HURDLES (120 YARDS UNTIL 1980)

1922	McIver	Chapel Hill	16.20	1944	Eddie Butler	Winston-Salem	16.50	1966	Jeff Howser	Myers Park	14.30
1923	Ware	Charlotte Central	16'40	1945	B.K. Grown	Raleigh	16.30	1967	Paul Vincent	Myers Park	14.90
1924	G.H. Miller	Reidsville	16.50	1946	Morow	Charlotte Central	15.90	1968	Alfred Adams	Atkins	15.20
1925	Packer	High Point Central	15.20	1947	Beck	High Point	16.00	1969	Carlester Crumpler	Fike	14.50
1926	Milstead	Charlotte Central	15.00	1948	Beck	High Point	15.70	1970	Carlester Crumpler	Fike	14.30
1927	Reid	Charlotte Central	15.00	1949	Curtis Landon	Durham	15.10	1971	David Bracey	Laurinburg	14.00
1928	Reid	Charlotte Central	14.80	1950	Beall	R.J. Reynolds	15.60	1972	Charles Rhomes	Hillside	13.60
1929	E. Smith	New Hanover	16.20	1951	Bowden	Salisbury	16.50	1973	Jack Freeman	Northern Nash	14.20
1930	Wood	Charlotte Central	17.30	1952	Garland Thomas	Charlotte Central	15.30	1974	Tony Bauler	West Mecklenburg	13.70
1931	Hawthorne	Charlotte Central	16.20	1953	Woodall	Durham	15.60	1975	Marvin Rankins	Bertie	13.70
1932	Shipman	High Point	16.80	1954	Jim Hambright	Burlington	15.60	1976	Bobby Phillips	Union Pines	14.30
1933	Isenhour	Charlotte Central	16.80	1955	Lou Glascock	Greensboro	15.20	1977	Jerome Ballew	Seventy-First	14.02
1934	Umstead	Durham	16.70	1956	Lou Glascock	Greensboro	14.90	1978	Mike Benjamin	New Bern	14.12
1935	Potts	High Point	17.20	1957	Claude Gibson	Asheville	15.10	1979	Eddie Deatheridge	North Stokes	14.49
1936	Potts	High Point	16.20	1958	Wilford Turner	R.J. Reynolds	15.30	1980	Clyde Hunt	J.F. Webb	14.44
1937	Bill Mengel	Chapel Hill	15.80	1959	Bob Martin	Broughton	15.80	1981	William Cooper	East Forsyth	13.86
1938	Jack Taylor	R.J. Reynolds	15.20	1960	Jimmy Eads	Broughton	15.50	1982	John Boghans	Salisbury	14.52
1939	Mangum	R.J. Reynolds	15.30	1961	Milton Baugess	Northwest Forsyth	15.60	1983	Ellis Dillahunt	Jacksonville	14.61
1940	Hoot Brantley	Charlotte Central	15.50	1962	Reid Warren	R.J. Reynolds	14.80	1984	Isiah Parrish	Southern Durham	14.15
1941	Floyd Simmons	Charlotte Central	16.20	1963	Bill Rothwell	West Mecklenburg	15.10	1985	Larry Whiteside	Freedom	14.16
1942	Floyd Simmons	Charlotte Central	14.90	1964	Steve Laney	Garinger	14.80				
1943	No Record			1965	Jeff Howser	Myers Park	14.40				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Jeff Wilson	Western Guilford	14.25	Jeff Wilson	Western Guilford	14.25		Grover Hill	Hendersonville	14.75	
1987	Scott Fletcher	Parkland	13.92	Scott Grell	Western Alamance	14.60		Kevin Stephenson	Southwest Guilford	14.74	
1988	Larry Harrington	Millbrook	14.34	Bobby Bogan	Forest Hills	14.75		Mike Stinson	North Rowan	14.72	
1989	Larry Harrington	Millbrook	13.89	Derrick McClain	T.W. Andrews	14.66		Teddy Sherrod	Fuquay-Varina	14.90	
1990	Darrin Evans	Freedom	14.18	Duane Ross	North Gaston	14.94		William Robinson	Newton-Conover	14.79	
1991	Sam Mooring	South View	14.28	Lamont Cox	West Craven	14.57		Marvin Washington	East Bladen	14.86	
1992	Jeff Savage	Fike	14.44	Chris Heath	Tarboro	14.34		Adil Diggs	Thomasville	14.95	
1993	Jeff Savage	Fike	14.47	Bobby Tisdale	Western Guilford	14.40		Terry Corey	Warren County	14.84	

4A				3A				2A				1A			
1994	Tony Horne	Richmond	14.43	Allen Simmons	Southern Vance	14.68	Robert Steele	North Rowan	14.74	Seth Adams	Robbinsville	15.57			
1995	Jacobi Jones	Jacksonville	14.12	Rashawn Deans	Southern Nash	14.44	Robert Steele	North Rowan	14.50	Chris Bennett	Lakewood	15.57			
1996	Ramondo North	West Charlotte	14.44	Montral Hamrick	Shelby	14.18	Ezit Bennett	North Stanly	15.01	Omar Perkins	Williamston	15.61			
1997	Alvin Grimes	J.H. Rose	14.38	Rocco Papazachariou	Enka	14.92	Jermichael Watts	Bunker Hill	14.86	Warren Evans	North Brunswick	15.32			
1998	Jeremy Carter	Leesville Road	14.55	Arthur Deans	Southern Nash	14.40	John Whiteside	Brevard	14.49	Jason Mobley	Williamston	14.84			
1999	Tico Walters	Myers Park	14.53	Jovan Quarles	West Rowan	14.74	Chris Douglas	Bandys	14.18	Harlod Andrews	North Brunswick	15.28			
2000	Robert Boulware	Charlotte Vance	14.31	Jamel Brand	T.W. Andrews	14.26	Jonathan Bell	Tarboro	14.89	Antonio King	Cummings	14.59			
2001	Robert Boulware	Charlotte Vance	14.03	Jamel Brand	T.W. Andrews	14.62	Junior Bailey	Lincolnton	14.66	Mike Hinton	Cummings	14.88			
2002	Mike Loyd	Mount Tabor	14.12	Manny Lawson	Eastern Wayne	14.97	James Bailey	Lincolnton	14.31	Al Rush	South Stanly	14.32			
2003	Kris Fant	A.C. Reynolds	14.01	Montray Gilchrist	High Point Cen.	14.99	Antwan Graves	Western Guilford	14.62	Ty Gibbs	Robbinsville	14.62			
2004	Cade Liverman	A.C. Reynolds	14.41	Johnny Dutch	Clayton	14.16	Damien Burton	Cummings	14.63	Frankie Adams	Union	15.92			
2005	Charles Derrickson	Pine Forest	14.04	Johnny Dutch	Clayton	13.88	Damien Burton	Cummings	14.44	J. Cox	Starmount	15.71			
2006	Johnny Dutch	Clayton	13.55	Donta Dancy	Northern Nash	14.53	Frankie Waters	Brevard	14.65	Eric Thomas	South Stanly	15.18			
2007	Johnny Dutch	Clayton	13.39	Charles Lindsay	Parkland	14.04	John Bostick	North Rowan	14.11	Brandon Thurman	Midway	14.74			
2008	Spencer Adams	Butler	13.51	Jacobi Jenkins	Rocky Mount	14.40	John Bostick	North Rowan	14.10	Brandon Thurman	Midway	14.32			
2009	Wayne Davis	SE Raleigh	13.58	Cordell Livingston	SW Guilford	14.31	Johnathan Watlington	Cummings	15.23	David Lindsay	W-S Prep	14.24			
2010	Michael Moore	South View	14.53	Daishon Barger	West Rowan	14.39	Kendrick Smith	North Pitt	14.39	T.J. Wilson	Princeton	14.39			
2011	Stanley Broaden	Ashley	14.38	Isaiah Moore	Williams	14.24	Todd Gurley	Tarboro	14.13	Johnny Oglesby	North Rowan	14.62			
2012	Jordan Javadi	Providence	14.21	Wesley Tucker	Jacksonville	14.22	Isaiah Moore	Cummings	14.33	Johnny Oglesby	North Rowan	14.40			
2013	Malik Diggs	Scotland	14.40	Elijah Goins	Cox Mill	14.67	Isaiah Moore	Cummings	14.11	Sterling Jones	W-S Prep	14.74			
2014	Marcus Krah	Hillside	14.06	Damian Silver	Nash Central	14.28	Isaiah Moore	Cummings	13.97	Jathen Sales	East Wilkes	15.52			
2015	Emmanuel Jackson	Sanderson	13.70	Corey Thompson	East Gaston	14.49	Elliott Graves	Reidsville	14.22	Marquail Al-Montaser	Rosewood	15.57			
2016	Marcus Krah	Hillside	13.32	Earl Green	Southern Guilford	14.44	Elliott Graves	Reidsville	13.79	Jermaine Smith	South Creek	15.04			
2017	Cedric McGriff	Providence	14.25	Ben Shelley	Marvin Ridge	14.19	Jayhlen Washington	North Brunswick	14.05	Enoch Cheung	Raleigh Charter	15.06			
2018	Mekhi Dunlap	R.J. Reynolds	14.46	Aveon Reid	Forestview	14.52	Umar Abdul-Matin	Randleman	14.74	Mason King	Mountain Island Ch.	15.26			
2019	Kyle Lind	Olympic	14.01	Joshua Parks	A.L. Brown	14.24	Brendon Hodge	Croatan	14.69	Terrance Booth	Rocky Mount Prep	15.22			
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)					
2021	Brandon Johnson	East Forsyth	14.23	Mekhi Wall	Dudley	14.06	Blaise Atkinson	Lake Norman Ch.	14.34	Brock Adams	Robbinsville	16.35			
2022	Xavier Branker	Ardrey Kell	14.38	Blaise Atkinson	Lake Norman Charter	14.02	Avery Gaby	East Duplin	15.02	Brock Adams	Robbinsville	15.54			
2023	Desmond Smith	Hillside	14.06	Tayman Howell	West Henderson	14.58	Ayden Thompson	Bunker Hill	14.86	Brock Adams	Robbinsville	15.11			



Men's Outdoor Track State Individual Event Champions



100 METER DASH (100 YARDS UNTIL 1980)

1922	Branch	Selma	10.60	1943	No Record		1965	George Soule	Myers Park	10.00	
1923	Tucker	Laurinburg	10.60	1944	Phil Feeney	Greensboro	10.80	1966	Lewis Jewell	Myers Park	9.90
1924	R.W. Smith	Charlotte Central	10.60	1945	Laddie Terrell	Raleigh	10.60	1967	Lewis Jewell	Myers Park	10.00
1925	Hackney	Greensboro	10.30	1946	H. McDonald	Fayetteville	10.40	1968	Ken Garrett	Terry Sanford	10.10
	Houghens	R.J. Reynolds	10.30	1947	McDonald	Fayetteville	10.60	1969	Ken Garrett	Terry Sanford	9.90
1926	Wade Ison	Charlotte	10.10	1948	Wadsworth	Raleigh	10.20	1970	Jerry Stancil	East Montgomery	9.80
1927	Farmer	New Hanover	10.40	1949	Bill McDaniels	Durham	10.10	1971	Haywood Ray	Ligon	9.60
1928	Farmer	New Hanover	10.40	1950	Bill McDaniels	Durham	10.20	1972	Haywood Ray	Sanderson	9.60
1929	Hancock	New Hanover	10.20	1951	Jimmy Hale	Greensboro	10.40	1973	Carter Suggs	Tarboro	9.30
1930	Goodwin	Greensboro	10.40	1952	Bobby Honeycutt	Durham	10.10	1974	Carter Suggs	Tarboro	9.50
1931	Gunter	Greensboro	10.50	1953	Bobby Honeycutt	Durham	10.30	1975	Calvin Alston	Charlotte Vance	9.70
1932	Frank Sizemore	High Point	10.20	1954	Bobby Honeycutt	Durham	10.20	1976	Otis Melvin	Terry Sanford	10.10
1933	Spain	Durham	10.60	1955	Don Moss	Charlotte Central	10.20	1977	Darius Covington	Richmond	9.79
1934	Elmore Hackney	Durham	10.20	1956	Roy Bradley	Myers Park	10.10	1978	Kelvin Bryant	Tarboro	9.80
1935	Southerland	Durham	10.40	1957	Tom White	Durham	10.10	1979	Ricky White	Kinston	9.98
1936	Johnson	Barium Springs	10.30	1958	Travers Chiott	Asheville	10.20	1980	Alston Glenn	Northern Durham	10.53
1937	Bill Wartman	Charlotte Central	10.30	1959	Bill Houston	Myers Park	10.20	1981	Harvey McSwain	Shelby	10.62
1938	Bill Wartman	Charlotte Central	10.10	1960	John McNinch	Garinger	10.40	1982	Nathan McCorkle	Newton-Conover	10.70
1939	Joe Hornbuckle	Durham	10.40	1961	Wayne Serett	East Mecklenburg	10.20	1983	Lee McRae	Pembroke	10.53
1940	Bill Lyon	Durham	10.20	1962	Dave Dunaway	Jacksonville	10.10	1984	Lee McNeill	St. Pauls	10.55
1941	John Spearman	Greenville	10.40	1963	Dave Dunaway	Jacksonville	10.00	1985	Tim Worley	Lumberton	10.60
1942	No Record			1964	George Soule	Myers Park	9.90				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A			1A/2A		
1986	Chuckie Simmons	Asheboro	10.53	Chuckie Simmons	Asheboro	10.53	Keith Collins	Southwest Onslow	10.94
1987	Randy Jones	Glenn	10.40	Randy Jordan	Warren County	10.44	Walter Jones	Roanoke Rapids	10.70
1988	A.J. McDonald	Richmond	10.80	Randy Jordan	Warren County	10.51	Jemal Jones	White Oak	10.96
1989	Curtis Johnson	Ben L. Smith	10.53	Dean Lytle	Brevard	10.82	Reginald Atkinson	Greene Central	11.12
1990	Harold Liles	Anson	10.79	Darius Brewington	T.W. Andrews	10.59	Robert Carelock	Monroe	11.02
1991	Dave Adair	Garinger	10.61	Darius Brewington	T.W. Andrews	10.57	Travis Banks	Clinton	10.81
1992	Stevie King	Southern Wayne	10.64	Chris Frazier	Statesville	10.98	Kevin Lotharp	Forest Hills	10.99
1993	Alvis Whited	Orange	10.67	Darius Brewington	T.W. Andrews	10.54	L.C. Stevens	Clinton	11.06

4A				3A			2A			1A		
1994	Theodore Chavis	Hillside	10.87	John Avery	Asheville	10.77	Marcus Gladden	North Rowan	10.72	Turell Little	East Montgomery	10.85
1995	Chris Wylie	Myers Park	10.67	Tyrone Graham	T.W. Andrews	10.79	Bennie Geter	North Rowan	10.76	Turell Little	East Montgomery	11.02
1996	Chris Justice	Grimsley	10.88	Corey Hill	West Brunswick	10.82	Desmond Adams	Salisbury	11.04	Miguel Ellis	Red Springs	11.29
1997	Chris Justice	Dudley	10.52	Thomas Littlejohn	Asheville	10.80	Maurice Goode	Warren County	10.90	Rashawn Brown	South Robeson	11.13
1998	Sean Jackson	Lumberton	10.76	Kelly Hardy	Kinston	10.70	Jason Green	North Henderson	10.80	K.J. Stone	Graham	10.89
1999	Thomas Lewis	Douglas Byrd	10.65	Kelly Hardy	Kinston	10.81	Jason Green	North Henderson	10.86	B.J. Jessup	Elkin	10.93
2000	Duan Barrino	Charlotte Vance	10.64	Lamont Reid	Central Cabarrus	10.94	Chuckie Reed	High Point Central	10.68	Frederick Fisher	Pamlico	10.98
2001	Demarcus Fox	D.H. Conley	10.69	Martin Hicks	J.F. Webb	10.78	Michael Cunningham	Parkwood	10.97	Chad Jordan	Perquimans	10.97
2002	Shaton Palmer	Millbrook	10.97	Travis Padgett	Crest	10.84	Tony Leath	Eastern Guilford	10.88	Trevan Davis	Thomasville	10.80
2003	Corey Brown	West Charlotte	10.80	Jarnard Abernathy	East Gaston	10.78	Keith Chatman	Bandys	10.87	Jimmy Russell	Hendersonville	11.01
2004	Chris Davis	Providence	10.63	Matt Pritchett	Enka	10.78	Willie Perry	West Caldwell	10.80	John Carr	Wallace-Rose Hill	10.91
2005	J.R. Rogers	Sanderson	10.60	Jerek Hewett	West Brunswick	10.40	Willie Perry	West Caldwell	10.66	John Carr	Wallace-Rose Hill	11.07
2006	Ricco Bell	Charlotte Vance	10.48	Atolani Akinkuotu	South Central	10.61	Phillip Bush	North Rowan	10.71	Antoinne McNeill	East Carteret	11.16
2007	Trenton Guy Jr.	West Charlotte	10.53	Bryce Sherman	Carver	10.51	Phillip Bush	North Rowan	10.84	Corey Wilkerson	Jordan-Matthews	10.89
2008	T.J. Graham	Wakefield	10.44	Darryl Williams	White Oak	10.65	Tobias Palmer	Northwood	10.58	Corey Wilkerson	Jordan-Matthews	10.71
2009	Hunter Furr	Mount Tabor	10.65	Karl Clemens	Overhills	11.11	Romar Morris	Salisbury	10.80	Kadeem Harmon	W-S Prep	11.03
2010	Mar-Keo Jones	Knightdale	10.86	Kendall Kee	Crest	10.84	Romar Morris	Salisbury	10.54	Herbert Robinson	West Montgomery	10.97
2011	Keith Marshall	Millbrook	10.68	Harvey McSwain II	Crest	10.83	Kedrick Davis	Berry Academy	10.47	Freddie Parker	Albemarle	10.84
2012	Jahmaal Daniel	Terry Sanford	10.55	Cameron Hudson	Berry Academy	10.47	Tevin Hester	Granville Central	10.56	Brandon Little	Monroe	10.91
2013	Jahmaal Daniel	Terry Sanford	10.56	T.J. Logan	Northern Guilford	10.65	Maurice Eaddy	Jordan-Matthews	10.66	Trentavis Friday	Cherryville	10.48
2014	Quashawn Cunningham	Mallard Creek	10.61	Jahmaal Daniel	Terry Sanford	10.62	Brian Sessoms	Carver	10.85	Trentavis Friday	Cherryville	10.59
2015	Daniel Estrada	NW Guilford	10.46	Kadarius Lotharp	Sun Valley	10.35	Trey'l Beasley	Holmes	10.88	Jarius Collins	North Edgecombe	11.00
2016	Cravont Charleston	Mallard Creek	10.38	Titus Toms	Burns	10.74	Tyshawn Smith	Lincolnton	10.65	Jeremiah Wilson	Riverside-Martin	11.04
2017	Brandon Ray	Athens Drive	10.67	Titus Toms	Burns	10.66	Bruce Squires	Chase	10.77	Josh Polk	Hobbs	10.92
2018	Jaylen Coleman	Porter Ridge	10.83	Cameron Council	Northwood	10.64	Josh Moore	West Craven	10.93	Josh Polk	Hobbs	10.92
2019	Cameron Rose	Hickory Ridge	10.58	Emerson Douds	Weddington	10.77	Raheem Carson	Bunker Hill	11.01	Kimani McDaniels	Tarboro	10.88
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	David Lampkin	Mallard Creek	10.63	Terrell Robinson, Jr.	Mount Tabor	10.67	Blaise Atkinson	Lake Norman Ch.	10.98	Armonte Ferguson	Mountain Island Ch.	10.96
2022	Terrell Robinson Jr	Mount Tabor	10.31	Isaiah Monroe	Dudley	10.91	Jonathan Paylor	Cummings	11.19	Trevin Moyer	Mountain Island Ch.	10.66
2023	Dazmin James	Clayton	10.46	Cameron Walker	Ledford	10.67	Correy McManus	T.W. Andrews	10.56	Zy'mire Harper	Pamlico County	10.80



Men's Outdoor Track State Individual Event Champions



800 METER RUN (880 YARDS UNTIL 1980)

1922	Andrew Bell	Greensboro	2:11.00	1943	No Record		1965	Jeff West	Myers Park	1:56.20	
1923	Isley	Friendship	2:21.60	1944	Bullock	Durham	2:10.40	1966	John Puckett	North Mecklenburg	1:57.30
1924	Gallagher	Charlotte Central	2:14.80	1945	Bullock	Durham	2:11.00	1967	Thompson	West Charlotte	1:58.00
1925	Harney	Greensboro	2:06.80	1946	Bullock	Durham	2:08.10	1968	Tommy Gibbons	Garinger	1:56.80
1926	Barbee	Charlotte Central	2:08.20	1947	Stegall	Charlotte Central	2:04.10	1969	Wesley Debnam	Broughton	1:55.30
1927	Phoenix	Greensboro	2:05.40	1948	Garrison	High Point		1970	Allen McDevitt	J.H. Rose	1:56.60
1928	Rankin	New Hanover	2:09.20	1949	Wesley Ledford	Raleigh	2:01.20	1971	John Brown	Myers Park	1:54.70
1929	Rankin	New Hanover	2:06.60	1950	Wesley Ledford	Raleigh	2:03.50	1972	Dan Quinn	Fike	1:54.10
1930	Rankin	New Hanover	2:03.40	1951	Spangler	R.J. Reynolds	2:05.40	1973	William Southerland	Charlotte Vance	1:55.50
1931	Turpie	Charlotte Central	2:05.80	1952	Whit Spearman	Charlotte Central	2:04.40	1974	Jeff Moody	Pinecrest	1:55.70
1932	Frazier	Oxford	2:06.80	1953	Borner	R.J. Reynolds	2:04.60	1975	Dennis Huntley	Bowman	1:54.90
1933	Sprye	High Point	2:05.00	1954	Dave Scurlock	Greensboro	2:01.80	1976	Jim Abbott	Cary	1:56.30
	Worth	Durham	2:05.00	1955	Dave Scurlock	Greensboro	1:56.20	1977	Robert Dancey	Tarboro	1:56.29
1934	Worth	Durham	2:06.60	1956	Ratcliff	R.J. Reynolds	2:02.10	1978	Robert Dancey	Tarboro	1:55.28
1935	Davis	Goldsboro	2:04.20	1957	Fred Wilson	East Mecklenburg	2:01.00	1979	Brett Plummer	Tarboro	1:55.40
1936	Sprye	High Point	2:05.50	1958	Reggie Cox	Chadbourn	2:04.50	1980	Greg Roseboro	Hillside	1:51.39
1937	Jordan	Durham	2:05.90	1959	Tom Stockton	Myers Park	2:00.50	1981	John Evans	North Forsyth	1:52.33
1938	Wise	Charlotte Central	2:09.30	1960	Arthur Jacobson	Lumberton	2:00.80	1982	Greg Richardson	Charlotte Vance	1:52.10
1939	Thomas	R.J. Reynolds	2:07.30	1961	Arthur Jacobson	R.J. Reynolds	2:05.50	1983	Brian Ponder	Enka	1:56.49
1940	Montgomery	High Point	2:06.40	1962	William Atwater	Siler City	2:03.10	1984	Jimmy Scott	Glenn	1:52.21
1941	Jim Reid	Charlotte Central	2:04.10	1963	Weldon	Myers Park	1:57.90	1985	Thayne Harmon	Garinger	1:55.54
1942	Jim Reid	Charlotte Central	2:02.30	1964	David Starnes	Hendersonville	1:56.90				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Jimmy Scott	Glenn	1:52.21	Jimmy Scott	Glenn	1:52.21	Allen McDevitt	Surry Central		1:59.20	
1987	Raphael Hightower	Kinston	1:55.39	Damon Josey	Concord	1:55.59	Allen McDevitt	Surry Central		1:55.91	
1988	Brad Carter	Reidsville	1:54.32	Chris Griggs	Eastern Guilford	1:56.15	Greg Taylor	Swain County		1:54.30	
1989	Brad Carter	Reidsville	1:52.96	Dustin Allred	Asheboro	1:58.56	Jeff Gallagher	Hendersonville		1:56.56	
1990	Michael James	Harding	1:51.99	Jason Newman	West Carteret	1:57.28	Jason Lawrence	Surry Central		1:59.19	
1991	Pete Zeman	Cary	1:56.14	Jason Newman	West Carteret	1:54.77	Jason Lawrence	Surry Central		1:58.46	
1992	Jon Austin	East Gaston	1:55.90	Albert Royster	Western Alamance	1:54.93	Matthew Allen	Monroe		1:56.71	
1993	Chris Mitchell	Williams	1:57.36	Reggie Pittman	Southeast Halifax	1:56.79	Brad Briggs	West Davidson		1:57.04	

4A				3A				2A				1A			
1994	Robbie Howell	Apex	1:53.56	Eli Huger	Franklin	1:55.80	Jason Taylor	West Wilkes	1:58.23	Shane Hull	Surry Central		2:02.85		
1995	Will Hodges	Watauga	1:57.53	Spencer Harris	Franklin	1:58.13	Jimmy Phillips	East Henderson	1:59.56	Jason Hartness	Murphy		2:02.98		
1996	Lamont Pennington	Hillside	1:56.02	Terrice McClain	Washington	1:58.31	Jimmy Phillips	East Henderson	1:57.01	Brad Schafer	Murphy		2:03.90		
1997	Lamont Pennington	Hillside	1:54.48	Dustin Tysinger	Central Davidson	1:59.10	Aaron Keller	North Henderson	2:00.83	Terry Speller	Williamston		2:01.88		
1998	Tron Chavis	Pinecrest	1:53.40	Ricardo Bell	Havelock	1:55.73	Sean Barnett	SW Onslow	1:59.15	Evan Rives	West Davidson		2:00.74		
1999	Irving Hunter	West Charlotte	1:57.41	Ricardo Bell	Havelock	1:54.45	Robbie Weast	North Henderson	2:00.00	Evan Rives	West Davidson		2:00.49		
2000	Brian Greer	Watauga	1:56.48	Bobby Moffat	Fuquay-Varina	1:56.91	Amiean Kelly	Surry Central	1:59.04	Mathew Gibby	West Davidson		1:57.81		
2001	Hunter Graham	R.J. Reynolds	1:56.06	Adam McGugan	Western Guilford	1:55.74	Aaron Grant	North Henderson	1:59.97	Mathew Gibby	West Davidson		1:55.23		
2002	Matt Debole	Mount Tabor	1:56.13	Travis Campbell	Enka	1:59.02	Bryan Burney	Eastern Alamance	1:54.68	Mathew Gibby	West Davidson		2:01.40		
2003	Doug Noreen	Apex	1:53.71	Jason Newman	Mooreville	1:57.09	Aaron Grant	North Henderson	1:56.38	Dustin Carlson	Swain County		2:01.44		
2004	Brandon Jones	Independence	1:52.72	Nate Styron	White Oak	1:57.61	Aaron Mabry	Pisgah	1:56.97	Mark DeWeese	Murphy		1:59.19		
2005	Lamarr Davis	East Wake	1:53.74	Brian Burkhardt	Weddington	1:57.51	Weston Lawler	First Flight	1:56.48	Mark DeWeese	Murphy		2:01.26		
2006	Dylan Ferris	East Forsyth	1:51.95	Josh Morgan	T.C. Roberson	1:56.63	Drew Tucker	West Stokes	1:52.73	Sam Brison	South Stokes		2:00.83		
2007	Dylan Ferris	East Forsyth	1:51.48	Michael Allen	Ragsdale	1:58.72	Drew Tucker	West Stokes	1:54.21	Philip Curley	NCSSM		1:57.57		
2008	Dylan Ferris	East Forsyth	1:52.32	Isaac Presson	Asheville	1:58.05	John Schilkowsky	Patton	1:57.28	John Wolfe	Polk County		1:58.46		
2009	Anthony Hendrix	New Bern	1:54.12	David McCuiston	Marvin Ridge	1:54.90	John Schilkowsky	Patton	1:54.04	John Wolfe	Polk County		1:55.50		
2010	Clyde Wilson	Jack Britt	1:54.72	Isaac Presson	Asheville	1:52.07	Aaron Combs	Starmount	1:53.40	Matus Kriska	Mt. Airy		1:59.40		
2011	Carl Walton	NW Guilford	1:54.60	Michael Tamayo	Eastern Alamance	1:54.05	Michael Jushchuk	Carrboro	1:59.72	Chris Hack	Lake Norman Char.		1:59.83		
2012	Craig Engels	Reagan	1:54.43	John Crossley	West Carteret	1:54.48	Cannon Heath	South Lenoir	1:56.50	Zach Millsaps	Elkin		1:58.94		
2013	Philip Hall	Terry Sanford	1:52.84	John Crossley	West Carteret	1:54.14	Jason Barber	West Stokes	1:58.34	Elijah Inuwa	Central Academy		1:58.75		
2014	Dakota Schuab	Pine Forest	1:52.89	Jon Knight	Northern Guilford	1:52.30	Elijah Inuwa	Central Academy	1:55.78	Justin Kenard	North Stokes		1:59.01		
2015	Vincent Crisp	N. Mecklenburg	1:52.57	Tanis Baldwin	East Henderson	1:52.11	Elijah Inuwa	Central Academy	1:51.70	Justin Kenard	North Stokes		1:58.44		
2016	Jayquan Williams	Green Hope	1:51.46	Noah Shore	Asheville	1:56.23	Daniel Alvarez-Orlachia	Surry Central	1:57.51	Jeremy Kankula	Atkins		1:59.57		
2017	Andrew Brooks	Broughton	1:53.88	Ricky Kidwell	Swansboro	1:56.11	Daniel Alvarez-Orlachia	Surry Central	1:56.81	Jeremy Kankula	Atkins		2:00.48		
2018	Ian Delgado	Green Hope	1:53.38	Kyle Durham	Weddington	1:54.63	Michael Quispe	Croatan	1:54.89	Everette Rhymier	South Davidson		1:58.06		
2019	Kyle Goodman	E. Mecklenburg	1:51.97	Kyle Durham	Weddington	1:51.72	Zach Hughes	First Flight	1:55.89	Christopher Lomax	Elkin		1:56.78		
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Maddon Muhammad	Myers Park	1:52.95	Ethan Mathis	Chapel Hill	1:53.83	Grant Howlett	Lake Norman Ch.	1:53.78	Karl Benson	Lejeune		1:58.39		
2022	Andrew Mallo	Wake Forest	1:51.88	Ryan Motondo	Williams	1:54.96	Vance Jones	Patton	1:55.76	William Lyons	South Davidson		1:59.76		
2023	Ian Rouse	Jordan	1:52.75	Noah Nielson	Northwood	1:53.73	Jaheem O'Hara	Owen	1:54.81	Ethan Byerly	South Davidson		1:59.40		



Men's Outdoor Track State Individual Event Champions



1600 METER RUN (1 Mile UNTIL 1980)

1000 METER RUN (1 Mile until 1966)											
1921	Andrew Bell	Greensboro	4:54.20	1943	No Record		1965	Truett Goodwin	Durham	4:22.00	
1922	Andrew Bell	Greensboro	4:51.00	1944	Piephoff	Greensboro	4:47.00	1966	Ken Helms	East Mecklenburg	4:24.30
1923	Fogleman	High Point	4:55.40	1945	Powell	Durham	4:50.50	1967	Frank Spratt	Chapel Hill	4:17.70
1924	Gallagher	Charlotte Central	4:57.00	1946	Bobby Byrd	Durham	4:44.00	1968	Silas Mayfield	Hillside	4:17.30
1925	Barclay	Statesville	4:44.50	1947	Bobby Byrd	Durham	4:44.00	1969	Jim Wilkins	Roxboro	4:16.10
1926	Phoenix	Greensboro	4:49.00	1948	Bobby Byrd	Durham	4:36.90	1970	Jim Wilkins	Roxboro	4:15.20
1927	Phoenix	Greensboro	4:47.30	1949	Bobby Byrd	Durham	4:31.60	1971	Joe Browder	Grimsley	4:18.60
1928	Phoenix	Greensboro	4:46.20	1950	Shockley	Raleigh	4:39.00	1972	Tom Ward	Chapel Hill	4:14.20
1929	Jones	Asheville	4:40.60	1951	Newman	High Point	4:53.70	1973	Tom Ward	Chapel Hill	4:14.00
1930	Williamson	High Point	4:41.00	1952	Jim Beatty	Charlotte Central	4:40.50	1974	Henry Jones	Ashbrook	4:09.80
1931	Seaman Hudson	Raleigh	4:36.40	1953	Jim Beatty	Charlotte Central	4:31.90	1975	Dennis Huntley	Bowman	4:15.50
1932	Frazier	Oxford	4:43.40	1954	Rigsbee	Hillsborough	4:43.70	1976	David Eakins	East Durham	4:19.90
1933	Morse	Charlotte Central	4:43.20	1955	Cowles Leippert	R.J. Reynolds	4:41.10	1977	Leland Adams	Asheville	4:22.65
1934	Holt	Old Town	4:40.00	1956	Cowles Leippert	R.J. Reynolds	4:38.50	1978	Glenn Sparrow	South Point	4:17.15
1935	Hendrix	Greensboro	4:46.00	1957	Jerry Fincher	East Mecklenburg	4:34.00	1979	Gelnn Sparrow	South Point	4:19.90
1936	Chastain	High Point	4:53.00	1958	David Gilmore	Myers Park	4:28.80	1980	Jeff Hutchinson	West Rowan	4:08.01
1937	Hanes	Charlotte Central	4:40.60	1959	Eddie West	Myers Park	4:25.00	1981	Greg Richardson	Charlotte Vance	4:15.70
1938	Vawter	R.J. Reynolds	4:51.50	1960	Rocky Soderburg	Garinger	4:23.00	1982	Greg Richardson	Charlotte Vance	4:16.58
1939	Moore	Rural Hall	4:45.80	1961	Rocky Soderburg	Garinger	4:28.40	1983	Jim Farmer	Broughton	4:13.10
1940	Tyndall	Greenville	4:42.80	1962	No Record			1984	Reggie Littlejohn	A.L. Brown	4:13.78
1941	Julian McKenzie	Salisbury	4:31.80	1963	Gibbons	Garinger	4:28.00	1985	Thayne Harmon	Garinger	4:19.41
1942	No Record			1964	Truett Goodwin	Durham	4:28.90				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Paul DeWitt	Cary	4:19.59	Paul DeWitt	Cary	4:19.59	John High	Zebulon		4:30.23	
1987	Eric Hichman	Ashbrook	4:15.06	Shannon Reynolds	Western Harnett	4:19.11	Donald Jenkins	Salisbury		4:27.33	
1988	Vince Howard	Page	4:19.43	Chris Griggs	Eastern Guilford	4:20.80	Mark Birens	Monroe		4:24.65	
1989	Nelson Solorzano	Douglas Byrd	4:25.71	Robbie Sellati	Sun Valley	4:24.46	John Cuthrell	Roanoke Rapids		4:25.93	
1990	Jamie Griggs	Eastern Guilford	4:24.88	Jamie Griggs	Eastern Guilford	4:24.88	Lemuel Anderson	Manteo		4:28.17	
1991	paul Kinser	Page	4:21.09	Eric Pragle	North Buncombe	4:16.56	Jason Lawrence	Surry Central		4:26.10	
1992	John Cline	Myers Park	4:23.79	Reginald Pittman	Southeast Halifax	4:20.66	Jon Weldon	Thomasville		4:27.92	
1993	Robert Easter	Garinger	4:19.01	Bryan Zmijewski	Sun Valley	4:21.22	Jon Weldon	Thomasville		4:21.95	

4A				3A				2A				1A			
1994	Robbie Howell	Apex	4:15.40	Eli Huger	Franklin	4:19.33	Jon Weldon	Thomasville	4:19.54	Shane Hull	Surry Central	4:30.28			
1995	Will Hodges	Watauga	4:17.37	Jeff Conelly	North Buncombe	4:23.18	Bill Jackson	SE Guilford	4:23.83	Mike Perry	Lejeune	4:30.60			
1996	Lamont Pennington	Hillside	4:22.24	Jason Dingess	Statesville	4:30.78	Aaron Keller	North Henderson	4:18.56	Lee Marrow	South Davidson	4:34.38			
1997	Lamont Pennington	Hillside	4:18.42	Darrell Metcalf	North Buncombe	4:30.75	Aaron Keller	North Henderson	4:25.35	Alan Marion	Surry Central	4:36.97			
1998	Bradsher Wilkins	Orange	4:17.42	Darrell Metcalf	North Buncombe	4:23.90	Allan Marion	Surry Central	4:27.84	Matt McRae	Murphy	4:37.30			
1999	Ricky Brookshire	Watauga	4:23.40	Jessie Norman	Fuquay-Varina	4:25.13	Shiloh Mielke	North Henderson	4:30.38	D.J. Dore	Durham Magnet	4:34.20			
2000	Ricky Brookshire	Watauga	4:07.99	Nate McCall	East Lincoln	4:27.97	John Henderson	North Henderson	4:29.49	Jeffrey Sparks	Tar Heel	4:40.72			
2001	Stephen Haas	N. Mecklenburg	4:16.29	Phillip Stafford	NW Cabarrus	4:23.92	Mark Hoffman	Lincolnton	4:26.90	Casey Xiong	Albemarle	4:31.93			
2002	Matt Debole	Mount Tabor	4:13.75	Lance Hall	Ragsdale	4:28.87	David Blackley	Shelby	4:30.54	Chris Hiatt	Surry Central	4:27.11			
2003	Matt Debole	Mount Tabor	4:09.64	Brandon Helms	Piedmont	4:23.48	Daniel Slayden	Reidsville	4:31.50	Aaron Frost	Swain County	4:38.06			
2004	Chase Eckard	South	4:15.52	Jeremy Hyder	Hickory	4:23.96	Richard Bernard	Charlotte	4:26.45	Mark DeWeese	Murphy	4:34.18			
2005	Jack Bolas	Chapel Hill	4:08.23	Will Collins	Eastern Wayne	4:23.60	Alexis Torre	Gray's Creek	4:23.06	Mark DeWeese	Murphy	4:29.14			
2006	Jack Bolas	Chapel Hill	4:04.38	Josh Morgan	T.C. Roberson	4:23.41	Sean Sewell	Cardinal Gibbons	4:24.58	Sam Brison	South Stokes	4:34.25			
2007	Dylan Ferris	East Forsyth	4:14.12	Ryan Hill	Hickory	4:23.96	Sean Sewell	Cardinal Gibbons	4:17.69	Philip Curley	NCSSM	4:28.65			
2008	Dylan Ferris	East Forsyth	4:17.96	Patrick Campbell	Mooresville	4:18.16	Jeremy Gerlach	Cedar Ridge	4:28.90	John Wolfe	Polk County	4:26.34			
2009	Zak Roshdy	Green Hope	4:16.32	Steven Bollinger	Olympic	4:20.15	Chase Miller	Wilkes Central	4:58.68	John Wolfe	Polk County	4:26.64			
2010	Blake Williams	No. Durham	4:13.11	Issac Presson	Asheville	4:15.99	Chase Miller	Wilkes Central	4:28.28	Matus Kriska	Mt. Airy	4:33.89			
2011	Blake Williams	No. Durham	4:19.20	Braedon Koerwitz	J.M. Robinson	4:18.80	Brather Cline	East Lincoln	4:30.36	Matus Kriska	Mt. Airy	4:24.55			
2012	Craig Engels	Reagan	4:18.24	Jimmy Hollingsworth	Northern Guilford	4:20.36	A.J. Tucker	Cedar Ridge	4:22.47	Levi Rolles	NCSSM	4:25.34			
2013	Philip Hall	Terry Sanford	4:13.03	John Crossley	West Carteret	4:21.25	A.J. Tucker	Cedar Ridge	4:21.23	Zach Boone	Mitchell	4:31.22			
2014	Ian Milder	Mount Tabor	4:15.63	Philip Hall	Terry Sanford	4:16.11	Blanton Gillespie	Shelby	4:28.11	Chris O'Brien	Raleigh Charter	4:31.22			
2015	Philip Hall	South View	4:12.07	Tanis Baldwin	East Henderson	4:17.10	Blanton Gillespie	Shelby	4:24.40	Zach Boone	Mitchell	4:24.51			
2016	Kenny Kneisel	Mount Tabor	4:15.08	Noah Shore	Asheville	4:14.48	Noah Graham	Brevard	4:26.69	Adam Urbaniuk	Hayesville	4:30.29			
2017	Connor Lane	Cardinal Gibbons	4:17.58	Haven Honeycutt	Asheville	4:19.94	Noah Graham	Brevard	4:23.52	Luke Bennett	Voyager Academy	4:30.11			
2018	Ian Delgado	Green Hope	4:18.56	Laderique McNeill	Harnett Central	4:14.14	Skyler Stultz	First Flight	4:20.52	Lucas Brown	Queens Grant	4:28.60			
2019	Anton Idhammar	Cary	4:15.55	Kyle Stamper	Cuthbertson	4:22.04	Jason Thomson	North Lincoln	4:22.07	Brent Surratt	South Davidson	4:19.06			
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Justin Hayes	Panther Creek	4:11.92	Jack Dingman	Northern Guilford	4:16.97	Grant Howlett	Lake Norman Ch.	4:21.65	Aaron Rovnak	Franklin Academy	4:17.39			
2022	Caden Townshend	Weddington	4:08.30	Zachary Willer	Cramer	4:19.86	Knox Witherspoon	Brevard	4:28.48	Jacob Fiorillo	Corvian Community	4:27.79			
2023	Jacob Laney	Porter Ridge	4:06.06	Harper Clark	West Johnston	4:18.35	Andrew Parker	NCSSM	4:21.40	Joshawa Huneycutt	South Stanly	4:25.60			



Men's Outdoor Track State Individual Event Champions



200 METER DASH (220 YARDS UNTIL 1980)

1922	Branch	Selma	24.00	1944	Phil Feeney	Greensboro	23.50	1966	Lewis Jewell	Myers Park	21.70
1923	Councilman	Burlington	26.40	1945	Laddie Terrell	Raleigh	23.80	1967	Lewis Jewell	Myers Park	22.10
1924	R.W. Smith	Charlotte Central	24.30	1946	Breedon	Greensboro	23.00	1968	McGrew Booker	Jacksonville	22.00
1925	Houghens	R.J. Reynolds	23.00	1947	Jimmy Cain	Raleigh	22.40	1969	Pike Jones	Myers Park	21.70
1926	Wade Ison	Charlotte Central	22.60	1948	Talmdage Henry	Greensboro	22.90	1970	Pike Jones	Myers Park	21.80
1927	Farmer	New Hanover	22.80	1949	Jones	High Point	22.80	1971	Dennis Jones	Rocky Mount	21.80
1928	Farmer	New Hanover	23.40	1950	William McDaniels	Durham	23.10	1972	Charles Romes	Hillside	21.90
1929	Hancock	New Hanover	22.60	1951	Jimmy Hale	Greensboro	22.40	1973	Carter Suggs	Tarboro	21.10
1930	Goodwin	Greensboro	23.20	1952	Bobby Honeycutt	Durham	22.50	1974	Carter Suggs	Tarboro	21.00
1931	Frank Sizemore	High Point	22.40	1953	Bobby Honeycutt	Durham	23.00	1975	Anthony Parker	West Mecklenburg	21.40
1932	Frank Sizemore	High Point	22.80	1954	Bobby Honeycutt	Durham	22.40	1976	Otie Melvin	Terry Sanford	21.00
1933	Spain	Durham	na	1955	Don Moss	Charlotte Central	22.80	1977	Derius Covington	Richmond	21.42
1934	Elmore Hackney	Durham	22.00	1956	West	Greenville	22.70	1978	Jeff Cairo	Jacksonville	21.66
1935	Southerland	Durham	22.90	1957	Scot Bowers	Broughton	22.50	1979	Kelvin Bryant	Tarboro	21.60
1936	Johnson	Barium Springs	23.00	1958	Bill Houston	Myers Park	21.60	1980	Alston Glenn	Northern Durham	21.02
1937	Bill Wartman	Charlotte Central	22.80	1959	Bill Houston	Myers Park	22.00	1981	Alston Glenn	Northern Durham	21.44
1938	Bill Wartman	Charlotte Central	22.60	1960	John McNinch	Garinger	22.70	1982	Nathan McCorkle	Newton-Conover	21.30
1939	Joe Hornbuckle	Durham	23.10	1961	Wayne Serett	East Mecklenburg	22.70	1983	Daron Council	Lee County	21.15
1940	Bill Lyon	Durham	22.50	1962	Dave Dunaway	Jacksonville	21.60	1984	Lee McNeill	St. Pauls	21.23
1941	John Spearman	Greenville	23.20	1963	Dave Dunaway	Jacksonville	21.50	1985	Tim Worley	Lumberton	21.66
1942	No Record			1964	Carroll Maxwell	Hendersonville	21.40				
1943	No Record			1965	George Suple	Myers Park	21.70				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Randy Jones	Glenn	21.30	Randy Jones	Glenn	21.30	Richard Wright	St. Pauls		22.20	
1987	Randy Jones	Glenn	21.55	Randy Jordan	Warren County	21.20	Roosevelt Colson	Whiteville		21.87	
1988	Rayford Phillips	Independence	21.63	Randy Jordan	Warren County	21.28	Adam Boyd	Salisbury		22.02	
1989	Clyde Stephens	Hillside	21.92	Dean Lytle	Brevard	21.49	Andre Steele	Salisbury		21.91	
1990	Dave Adair	Garinger	21.42	Darius Brewington	T.W. Andrews	21.51	Robert Carelock	Monroe		21.99	
1991	Dave Adair	Garinger	21.31	Darius Brewington	T.W. Andrews	21.23	Mike Dowby	East Montgomery		22.11	
1992	Pablo Smith	Glenn	21.62	Steve McKnight	A.L. Brown	22.23	Kevin Lotharp	Forest Hills		21.95	
1993	Alvis Whited	Orange	21.21	Darius Brewington	T.W. Andrews	21.24	Kevin Lotharp	Forest Hills		22.21	

4A				3A				2A				1A			
1994	Theodore Chavis	Hillside	21.59	Chris Frazier	Statesville	21.86	Keith Marrow	Ayden-Grifton	21.69	Saleem Lopez	Roanoke		22.08		
1995	Ramondo North	West Charlotte	21.45	Yieta Johnson	Havelock	22.26	Bennie Geter	North Rowan	22.02	Turell Little	East Montgomery		22.70		
1996	Ramondo North	West Charlotte	21.66	Yieta Johnson	Havelock	22.28	Bennie Geter	North Rowan	21.88	Derek Stiles	Camden		22.80		
1997	Darren Tuitt	E. Mecklenburg	21.37	Thomas Littlejohn	Asheville	22.04	Jontae Snipes	Eastern Alamance	22.11	Brian Waters	SW Onslow		22.80		
1998	Charles Hawkins	Seventy-First	21.64	Marcus O'Neal	Dudley	21.53	Billy Blackstock	Reidsville	21.82	Seneca Rogers	Cummings		22.75		
1999	Duan Barrino	Charlotte Vance	21.35	Derrick High	Southern Nash	21.94	Jason Green	North Henderson	22.49	B.J. Jessup	Elkin		22.57		
2000	Donnie Beamer	Independence	21.44	Jeremy Holman	Hillside	22.16	Emmanuel Carr	Wallace-Rose Hill	22.06	Frederick Fisher	Pamlico		22.25		
2001	Donnie Beamer	Independence	21.22	Brett Wilson	Northeast Guilford	22.14	Emmanuel Carr	Wallace-Rose Hill	21.85	Chad Jordan	Perquimans		22.46		
2002	Mike Loyd	Mount Tabor	21.44	Manny Lawson	Eastern Wayne	22.09	Albert Ashcraft	Monroe	22.11	Trevar Davis	Thomasville		22.39		
2003	Corey Brown	West Charlotte	21.58	Joel Jackson	T.C. Roberson	22.04	Albert Ashcraft	Monroe	21.86	Jimmy Russell	Hendersonville		22.17		
2004	Johnathon Hancock	West Charlotte	21.74	Matt Pritchett	Enka	21.55	Willie Perry	West Caldwell	21.89	Brandon Small	Lejeune		22.56		
2005	J-Mee Samuels	Mount Tabor	20.61	Jerek Hewett	West Brunswick	21.32	Willie Perry	West Caldwell	21.98	John Carr	Wallace-Rose Hill		22.72		
2006	Brandon Banks	Garner	21.55	Atolani Akinkuotu	South Central	21.96	Brandon Ashcraft	Monroe	22.26	Antoinne McNeil	East Carteret		21.72		
2007	Antonio Sales	East Chapel Hill	21.34	Byrce Sherman	Carver	21.43	Phillip Bush	North Rowan	21.66	Lamar Whidbee	Perquimans		22.20		
2008	T.J. Graham	Wakefield	20.82	Darryl Williams	White Oak	21.45	Jamaal Williams	SW Onslow	21.87	Corey Wilkerson	Jordan-Matthews		22.02		
2009	Hunter Furr	Mount Tabor	21.37	Brandon Hairston	Carver	22.40	Romar Morris	Salisbury	21.85	Thomas Fryar	Jones		21.90		
2010	Mar-Keo Jones	Knightdale	21.68	Eric Winfrey	Douglas Byrd	21.58	Romar Morris	Salisbury	21.47	C.J. Brinson	W-S Prep		22.23		
2011	Anthony Bynum	Hopewell	21.33	Harvey McSwain	Crest	21.50	Camron Hudson	Berry Academy	21.33	Herbert Robinson	West Montgomery		22.03		
2012	Joseph Horton	Knightdale	21.03	T.J. Logan	Northern Guilford	21.54	Cameron Cooper	Cedar Ridge	21.85	Jaquil Capel	West Montgomery		22.03		
2013	Jahmaal Daniel	Terry Sanford	21.39	T.J. Logan	Northern Guilford	21.61	James Drummond	Lexington	21.23	Trentavis Friday	Cherryville		21.71		
2014	Quashawn Cunningham	Mount Tabor	21.53	Jahmaal Daniels	Terry Sanford	22.02	Brian Sessoms	Carver	21.88	Trentavis Friday	Cherryville		20.95		
2015	Christian Bass	Wake Forest	21.24	Kadarius Lotharp	Sun Valley	21.54	Brian Sessoms	Carver	21.73	Tyreik Gaskin	Southside		22.65		
2016	Dontavian Smith	Person	21.51	Nadir Thompson	Southern Nash	21.55	Bruce Squires	Chase	21.89	Josh Polk	Hobbton		21.82		
2017	Ishaq Smith	North Mecklenburg	21.83	Cameron Council	Northwood	21.74	Bruce Squires	Chase	22.10	Josh Polk	Hobbton		21.76		
2018	Cameron Rose	Hickory Ridge	21.74	Cameron Council	Northwood	21.41	Josh Moore	West Craven	21.96	Josh Polk	Hobbton		21.94		
2019	Cameron Rose	Hickory Ridge	21.37	Emerson Douds	Weddington	21.78	Jenovah McKiver	T.W. Andrews	21.97	Kimani McDaniels	Tarboro		21.77		
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)					
2021	Jadarien Parker	Hoke County	21.00	Isaiah Monroe	Dudley	21.35	Blaise Atkinson	Lake Norman Ch.	22.15	Trae Nickelson	Mountain Island Ch.		22.41		
2022	Terrell Robinson Jr	Mount Tabor	21.32	Isaiah Monroe	Dudley	21.12	Jonathan Paylor	Cummings	21.96	Trevin Moyer	Mountain Island Ch.		21.78		
2023	Dazmin James	Clayton	21.06	Sincere Moss	Ashbrook	21.59	Ja'Neil Harris	T.W. Andrews	21.74	Evan Pardue	Union Academy		21.84		



Men's Outdoor Track State Individual Event Champions



400 METER DASH (440 YARDS UNTIL 1980)

1921	Koenig	Greensboro	53.60	1943	No Record		1965	Jeff Prather	West Mecklenburg	49.20	
1922	Waldo	Wilson	54.40	1944	Roy McKnight	Charlotte Central	53.00	1966	Gary Tratton	Harding	50.50
1923	Wyrick	Greensboro	57.60	1945	Cave	Raleigh	54.00	1967	Ed Camp	West Charlotte	50.20
1924	R. Wilkins	Greensboro	57.40	1946	Jimmy Cain	Raleigh	52.70	1968	Thomas Little	R.J. Reynolds	49.30
1925	Packer	High Point Central	55.00	1947	Jimmy Cain	Raleigh	50.50	1969	Ron Hunt	Jacksonville	49.50
1926	Farris	Charlotte Central	53.80	1948	Jones	High Point	52.80	1970	Whitfield	Hillside	49.70
1927	Payne	Asheville	53.80	1949	Propst	Charlotte Central	51.80	1971	Richard Holmes	Smithfield	48.60
1928	Ilsen	New Hanover	54.60	1950	Wesley Ledford	Raleigh	52.90	1972	Wayne Douthit	R.J. Reynolds	48.90
1929	Meacham	Charlotte Central	53.80	1951	Stone	Durham	54.60	1973	Fred Cundiff	Ben L. Smith	49.20
1930	Robinson	New Hanover	53.60	1952	Massey	Charlotte Central	51.10	1974	Ron Davis	Durham	48.50
1931	James Montgomery	High Point	53.00	1953	Harwood	R.J. Reynolds	52.30	1975	Jim Parrott	Pisgah	48.40
1932	James Montgomery	High Point	52.80	1954	Johnson	Burlington	51.70	1976	James Fields	New Bern	48.10
1933	McNulty	R.J. Reynolds	53.00	1955	Tommy Hutchins	Charlotte Central	52.00	1977	Broderick Bennett	East Mecklenburg	48.52
1934	Southerland	Durham	53.20	1956	Bobby Powell	Myers Park	50.10	1978	Carlton Bell	Tarboro	48.86
1935	James	Goldsboro	54.20	1957	Jimmy Mooney	Myers Park	50.70	1979	Carlton Frazier	East Mecklenburg	48.31
1936	Sprye	High Point	52.90	1958	Jimmy Mooney	Myers Park	50.50	1980	Carlton Frazier	East Mecklenburg	47.36
1937	Jimmy Williams	Durham	52.70	1959	Larry Budd	R.J. Reynolds	52.10	1981	Reuben Pierce	E.E. Smith	48.17
1938	Dalton Clower	R.J. Reynolds	53.70	1960	Tom Hunter	Chapel Hill	51.80	1982	Chris Brooks	Broughton	47.30
1939	Dalton Clower	R.J. Reynolds	52.30	1961	Steve Phile	R.J. Reynolds	51.20	1983	Delton Hall	Grimley	46.41
1940	Dalton Clower	R.J. Reynolds	50.90	1962	No Record			1984	Shane Manuel	Washington	48.35
1941	Dalton Clower	R.J. Reynolds	51.80	1963	Carroll Maxwell	Hendersonville	50.00	1985	Michael Brooks	Page	47.56
1942	No Record			1964	Carroll Maxwell	Hendersonville	48.30				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A			
1986	Keith Malone	Grimsley	48.25	Keith Malone	Grimsley	48.25	Jemal Jones	White Oak		49.00	
1987	Dennis Waddell	Charlotte Vance	47.98	Elliot Armstrong	Asheboro	48.20	Walter Jones	Roanoke Rapids		49.04	
1988	Doramus Brewer	Hillside	47.63	Brian Davis	Southern Durham	49.42	Andre Steele	Salisbury		48.28	
1989	Steve Brown	Millbrook	48.05	Dion Mapp	Cummings	47.69	Andre Steele	Salisbury		47.41	
1990	Dave Adair	Garinger	47.20	Andre Steele	Salisbury	47.51	Jeremiah Williams	Clinton		49.16	
1991	Dave Adair	Garinger	46.91	Andre Steele	Salisbury	46.86	Preston Thomas	Northwood		48.95	
1992	Lewis Harris	Anson County	49.01	Noel Peterkin	T.W. Andrews	48.23	Preston Thomas	Northwood		48.78	
1993	Reggie Love	Hillside	48.34	Rakeem Felton	Cummings	48.95	Bruce Smith	Weldon		49.19	

4A				3A				2A				1A			
1994	Jasmine Johnson	Harding	48.49	Derrick Hylton	Bartlett Yancey	50.12	Marcus Gladden	North Rowan	48.50	Bree Smith	Weldon		49.13		
1995	Chris Wylie	Myers Park	46.97	Chris Waters	Franklin	49.08	Michael Miller	East Duplin	48.72	Aswad Credle	Pamlico		50.99		
1996	Tyrone Dozier	Leesville Road	48.01	Chris Waters	Franklin	49.19	Saladine Peets	Albemarle	49.90	Jared Maliska	Hayesville		50.80		
1997	Tyrone Dozier	Leesville Road	47.50	Keddrain Bowen	Washington	48.79	Jontae Snipes	Eastern Alamance	49.86	Jared Maliska	Hayesville		50.22		
1998	Monterrio Adams	Ashbrook	48.73	Tim Wells	Fike	50.05	Billy Blackstock	Reidsville	49.25	Seneca Rogers	Cummings		50.31		
1999	Keith McMillian	Southern Wayne	47.49	Derrick High	Southern Nash	47.92	Charlie Drummond	Newton-Conover	51.06	Dontae Morgan	Cummings		50.16		
2000	Chris Martin	East Mecklenburg	48.06	Monterrio Adams	Forestview	48.71	Charlie Drummond	Newton-Conover	49.71	Gwyhan Parker	Red Springs		50.56		
2001	B.J. Henderson	Sanderson	49.18	Brett Wilson	Northeast Guilford	47.10	Emmanuel Carr	Wallace-Rose Hill	49.65	Deronte Polite	Pamlico		50.32		
2002	Andrew Pearman	South Mecklenburg	48.20	Marques Wollford	White Oak	48.76	Andrew Barber	T.W. Andrews	48.65	Mathew Gibby	West Davidson		48.67		
2003	A.J. Kaschak	Athens Drive	49.65	Anthony Beamon	West Carteret	50.08	Bryan Burney	Eastern Alamance	49.15	Blair Jonston	Albemarle		51.03		
2004	Zebedee Johnson	Garinger	48.28	Ivan Scott	T.C. Roberson	49.31	Ryan Witherspoon	Monroe	48.86	Philip Hardman	Heide Trask		49.55		
2005	Steve Gardner	Leesville Road	48.83	Brandon Small	Jacksonville	48.79	Blake Floyd	Croatan	49.81	Drew McManus	Albemarle		51.51		
2006	Karjuan Williams	New Bern	47.28	Marcelis Martis	Jacksonville	49.23	Brandon Ashcraft	Monroe	48.86	Lindsay Hunt	Swain County		50.74		
2007	Lamar Davis	East Wake	47.46	Mike Eddy	Asheboro	48.97	LePatrick Currie	St. Pauls	49.69	Raphael Nixon	Heide Trask		49.89		
2008	Dmitri Bouttry	Myers Park	47.48	Jarrell Elliott	Parkland	48.17	William Graves	Southern Guilford	48.29	Jarvis Murphy	Ayden-Grifton		50.48		
2009	Eric Winfrey	Douglas Byrd	47.77	Brandon Hairston	Carver	48.51	Cardin Jones	Carrboro	49.41	Darryl Demps	Hendersonville		49.24		
2010	Jarrett Samuels	Charlotte Vance	48.12	Eric Winfrey	Douglas Byrd	47.51	Dyronne Mabry	Atkins	49.56	Aaron Tribble	Highland Tech		48.40		
2011	Burkheart Ellis Jr.	Knightdale	48.05	Eric Winfrey	Douglas Byrd	48.73	Larry Gibson	Berry Academy	49.41	Marty DeFrancesco Jr.	Bishop McGuinness		49.38		
2012	Kwame Donyinah	Myers Park	47.48	Larry Gibson	Berry Academy	48.96	Marcus McDowell	East Lincoln	48.72	Trentavis Friday	Cherryville		48.12		
2013	Marquavious Johnson	Knightdale	47.16	LeAndre McGill	Northeast Guilford	48.85	Amari Devaughn	T.W. Andrews	48.50	Trentavis Friday	Cherryville		48.00		
2014	Jamaree Murray	Southeast Raleigh	47.77	Ty Jaye Robbins-Lockhart	Piedmont	47.49	Stepfon Rodman	Washington	49.05	Trentavis Friday	Chr		47.87		
2015	Kymani Dula	Southern Alamance	48.21	Ty Jaye Robbins-Lockhart	Piedmont	46.72	Aurelio Ottey	Southwest Onslow	48.64	Terrace Ellis	Albemarle		49.70		
2016	Jalen Jones	Hoke County	47.91	R.J. Russell	Richlands	48.86	Derek Puryear	T.W. Andrews	48.94	Tony Davis	Atkins		49.65		
2017	Jalen Jones	Hoke County	47.89	Cameron Council	Northwood	48.39	Lathan Kee	Shelby	48.59	Brody Smith	Mitchell		50.20		
2018	Randolph Ross	Garner	47.58	Dahlia Cutler	Cuthbertson	56.15	Josh Hardin	Ashe County	47.99	Brody Smith	Mitchell		48.98		
2019	Randolph Ross	Garner	46.80	Joshua Parks	A.L. Brown	47.52	Jenovah McKiver	T.W. Andrews	48.59	Cole Krehnbrink	Pine Lake Prep		49.61		
2020	MEET CANCELLED (COVID-19 PANDEMIC)				MEET CANCELLED (COVID-19 PANDEMIC)				MEET CANCELLED (COVID-19 PANDEMIC)						
2021	Jamier Moten	Ardrey Kell	47.94	Aidan McNally	Cuthbertson	48.33	Dalton Zimmerman	Ledford	49.86	Giovanni Bernard	Mountain Island Ch.		50.65		
2022	Killian Fahy	Cuthbertson	47.23	Isaiah Monroe	Dudley	48.13	Jonathan Paylor	Cummings	49.24	Trevin Moyer	Mountain Island Ch.		46.97		
2023	CJ Martin	Clayton	47.20	Adrien Jacobs	Durham Sch. of Arts	48.98	Jonathan Paylor	Cummings	48.22	Evan Pardue	Union Academy		48.86		



Men's Outdoor Track State Individual Event Champions



300 METER INTERMEDIATE HURDLES 3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Elbert Ellis	Hillside	37.29	Elbert Ellis	Hillside	37.29	Harvey Archy	North Rowan	39.95			
1987	Elbert Ellis	Hillside	36.84	Scott Grell	Western Alamance	37.80	Harvey Archy	North Rowan	39.30			
1988	Michael Clark	Smithfield-Selma	37.64	Greg Jeffries	T.W. Andrews	39.05	Brian Payne	Thomasville	39.05			
1989	Larry Harrington	Millbrook	38.18	Greg Jeffries	T.W. Andrews	37.98	Jeffrey Waters	East Duplin	38.77			
1990	Rico Moser	Garinger	39.23	Neveth Gidney	Shelby	38.83	Robert Flythe	South Brunswick	38.58			
1991	John Leak	West Mecklenburg	38.31	Charles Barger	North Rowan	38.80	Maurice Perry	Northwood	38.79			
1992	Fred Douglas	Northern Nash	38.00	Chris Heath	Tarboro	39.02	Adil Diggs	Thomasville	39.92			
1993	Jeff Savage	Fike	37.93	Kennan Lott	A.L. Brown	38.86	Keenan Parks	Ayden-Grifton	38.99			
4A				3A				2A		1A		
1994	Frank Bonsu	Sanderson	38.51	Ronnie Glover	Durham	39.45	Anthony Marshall	Southeast Guilford	39.90	Seth Adams	Robbinsville	39.82
1995	Lane Jesseph	Myers Park	38.72	Michael Carroll	SW Edgecombe	39.57	Robert Steele	North Rowan	37.71	Andre Bruinton	Richlands	41.07
1996	Ramondo North	West Charlotte	38.64	Frank Harris	High Point Central	39.76	Albert Whitaker	Southeast Halifax	39.31	Darren Shuff	North Stokes	40.92
1997	Aaron Sink	Sanderson	37.81	Glenn Hicks	South Caldwell	38.73	Randy Marion	Mooreville	39.10	Warren Evans	North Brunswick	40.17
1998	Jeremy Carter	Leesville Road	38.41	Chad Milsaps	North Gaston	38.78	Mario Williams	North Rowan	38.33	Antonio King	Cummings	39.22
1999	Tico Waiters	Myers Park	38.39	Jamal Brand	T.W. Andrews	38.80	Chris Douglas	Bandys	38.44	Mike Hinton	Cummings	41.11
2000	Robert Boulware	Charlotte Vance	38.06	Freddy Turner	Hillside	38.70	Antonio Kelly	South Columbus	39.17	Antonio King	Cummings	38.81
2001	Robert Boulware	Charlotte Vance	37.72	Jamal Brand	T.W. Andrews	38.04	Markes Hardin	Lexington	39.62	Mike Hinton	Cummings	38.75
2002	John Gattis	Northern Durham	38.60	Jermaine Baker	Southern Wayne	39.63	Mike Hinton	Cummings	38.32	Al Rush	South Stanly	38.80
2003	Reggie Hall	Charlotte Vance	37.94	Gerald Kennedy	Dudley	39.10	Michael Enzlow	Cummings	38.91	Ty Gibbs	Robbinsville	39.87
2004	Cade Liverman	A.C. Reynolds	38.00	Jerre Wyatt	Ben L. Smith	38.37	Andre Tillman	North Rowan	38.55	Frankie Adams	Union	41.68
2005	Brent LaRue	East Forsyth	37.14	Johnny Dutch	Clayton	38.01	Larry Jackson	North Rowan	39.29	Michael Townsend	South Stokes	40.93
2006	Johnny Dutch	Clayton	36.60	Jeremy Bell	Northern Nash	38.35	Donte Wooden	Cummings	39.44	Michael Washington	Dixon	40.24
2007	Spencer Adams	Butler	36.04	Charles Lindsay	Parkland	38.55	John Bostick	North Rowan	39.18	Darius Little	Thomasville	38.85
2008	Keare Smith	Southeast Raleigh	37.64	Danny Allen	Nash Central	37.89	Rodney Smith	North Rowan	39.16	T.J. Wilson	Princeton	38.86
2009	Ben Major	E.E. Smith	36.84	Cordell Livingston	Southwest Guilford	39.03	David Shaw	St. Pauls	39.09	Trey Jones	Robbinsville	38.94
2010	Anthony Colon	Broughton	38.12	D. Breedlove	Forestview	39.39	Kewitt Koonce	Kinston	39.13	T.J. Wilson	Princeton	38.58
2011	Stanley Broaden	Ashley	37.41	Demonte Wilson	Crest	38.36	Thomas Jones	Cummings	38.80	Johnny Oglesby	North Rowan	38.71
2012	Erin Jenkins	Charlotte Vance	37.92	Wesley Tucker	Jacksonville	38.17	Thomas Jones	Cummings	38.26	Johnny Oglesby	North Rowan	39.08
2013	Xavier Brown	South View	37.38	Breon Borders	Statesville	38.59	Thomas Jones	Cummings	37.61	Ethan Bischof	Heide Trask	39.82
2014	Xavier Brown	South View	37.38	Damian Silver	Nash Central	39.63	Isaiah Moore	Cummings	37.61	Tyler Sprouse	Camden County	40.63
2015	McKinly Brown	Hillside	37.10	Corey Thompson	East Gaston	38.03	Dylan Andrade	Forbush	37.48	Vidusha Rao	Raleigh Charter	40.48
2016	Raymonte Dow	High Point Central	37.39	Earl Green	Southern Guilford	38.97	Elliott Graves	Reidsville	37.65	Jermaine Smith	South Creek	40.69
2017	Dexter McDuffie	South Central	37.91	Jacobi Lloyd	Jacksonville	37.95	Will Manneh	T.W. Andrews	38.90	Enoch Cheung	Raleigh Charter	39.94
2018	Dexter McDuffie	South Central	37.66	Cory Gaither	South Iredell	37.18	Brendon Hodge	Croatan	37.98	Aaron Pryce	John A. Holmes	39.81
2019	Jabari Dalton	South Mecklenburg	37.66	Khaleb McRae	Southern Durham	36.78	Brendon Hodge	Croatan	40.02	Aaron Pryce	John A. Holmes	40.73
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Dillon Leacock	Millbrook	36.53	Mekhi Wall	Dudley	14.06	Blaise Atkinson	Lake Norman Ch.	38.94	Lukas Valley	Pine Lake Prep	40.71
2022	Xavier Branker	Ardrey Kell	38.16	Blaise Atkinson	Lake Norman Charter	37.98	Christian Gore	Cummings	39.17	Brock Adams	Robbinsville	40.43
2023	Xavier Branker	Ardrey Kell	37.18	Liam Sutton	North Lincoln	38.75	Avery Gaby	East Duplin	39.48	Brock Adams	Robbinsville	40.50



Men's Outdoor Track State Individual Event Champions



3200 METER RUN

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Mike Clinebell	Watauga	9:08.00	Mike Clinebell	Watauga	9:08.00	Colin Smith	West Brunswick	9:53.20			
1987	Eric Hitchman	Ashbrook	9:20.08	David Honea	Enka	9:39.11	John Kaneer	Bunker Hill	9:49.56			
1988	Glen Mays	R.J. Reynolds	9:22.14	Shanon Reynolds	Western Harnett	9:34.52	John Kaneer	Bunker Hill	9:44.56			
1989	Frankie Prevatte	Lumberton	9:25.57	Robbie Sellati	Sun Valley	9:36.82	Chad Daniels	Clayton	9:45.33			
1990	Kyle Armentrout	Mount Tabor	9:14.76	Eric Pragle	North Buncombe	9:34.30	Mike Helms	West Stanly	9:43.32			
1991	Paul Kinser	Page	9:36.99	Eric Pragle	North Buncombe	9:32.81	Jon Weldon	Thomasville	9:50.85			
1992	Brian Calloway	Providence	9:41.86	Fred Gant	Cummings	9:32.17	Jon Weldon	Thomasville	9:44.99			
1993	Robert Easter	Garinger	9:26.26	Brandon Coonse	Hibriten	9:21.40	Tommy Trehern	Swain County	9:35.10			
4A				3A				2A		1A		
1994	Justin Nieldsziak	Providence	9:27.14	Todd Morgan	WF-Rolesville	9:36.21	Jon Weldon	Thomasville	9:27.32	Patrick Edwards	Surry Central	9:58.41
1995	Will Hodges	Watauga	9:26.90	Corby Pons	Franklin	9:50.56	Daniel Poole	West Stanly	9:47.51	Mike Perry	Lejeune	10:03.00
1996	Buddy Priest	Person	9:27.51	Jason Dingess	Statesville	9:57.35	Aaron Keller	North Henderson	9:35.42	Jody Mitchell	Surry Central	10:06.76
1997	Nick Winkel	Rocky Mount	9:31.19	James Slagle	WF-Rolesville	10:02.83	Shiloh Mielke	North Henderson	9:57.43	Erik Perkins	Swain County	10:15.54
1998	Bradsher Wilkins	Orange	9:24.78	Jessie Norman	Fuquay-Varina	9:44.00	Shiloh Mielke	North Henderson	10:04.25	Matt McRae	Murphy	10:08.13
1999	Ricky Brookshire	Watauga	9:26.55	Jessie Norman	Fuquay-Varina	9:43.47	Shiloh Mielke	North Henderson	9:47.50	D.J. Dore	Durham Magnet	10:08.04
2000	Ricky Brookshire	Watauga	9:33.90	Rocky Bilotta	R-S Central	9:46.69	John Henderson	North Henderson	9:54.66	Erik Perkins	Swain County	10:16.22
2001	Stephen Haas	N. Mecklenburg	9:28.44	Lance Hall	Ragsdale	9:39.85	John Henderson	North Henderson	9:55.59	Clarence Kinley	South Davidson	10:13.77
2002	Bobby Mack	North Forsyth	9:25.18	Lance Hall	Ragsdale	9:41.46	Adam Lindsay	Reidsville	9:58.47	Chris Hiatt	Surry Central	9:58.40
2003	Bobby Mack	North Forsyth	9:12.09	Brandon Helms	Piedmont	9:56.44	Will Ricks	Roanoke Rapids	9:54.96	Adam Stanley	Surry Central	10:06.55
2004	Sandy Roberts	Broughton	9:27.02	Ollie Ehlinger	T.C. Roberson	9:50.34	Brandon Pung	Owen	9:35.56	Miguel Ocampo	Surry Central	10:19.61
2005	Sandy Roberts	Broughton	9:14.33	Will Collins	Eastern Wayne	9:38.52	Brandon Pung	Owen	9:39.52	Miguel Ocampo	Surry Central	9:59.49
2006	Sandy Roberts	Broughton	9:08.65	Ryan Hill	Hickory	9:40.34	Brad Popple	East Lincoln	9:45.70	Sam Brison	South Stokes	10:18.64
2007	Taylor Gilland	Chapel Hill	9:23.52	Ryan Hill	Hickory	9:24.87	Sean Sewell	Cardinal Gibbons	9:25.83	Philip Curley	NCSSM	10:21.05
2008	Taylor Gilland	Chapel Hill	9:28.14	Ryan Hill	Hickory	9:24.80	Josey Weaver	Madison	9:58.49	Matus Kriska	Mt. Airy	10:07.21
2009	Taylor Gilland	Chapel Hill	9:01.68	Steven Bollinger	Olympic	9:37.16	Chase Miller	Wilkes Central	9:58.68	Matus Kriska	Mt. Airy	9:57.64
2010	Mitch Mallory	Wakefield	9:14.58	Jake Hurysz	Eastern Alamance	9:11.88	Chase Miller	Wilkes Central	10:04.00	Dalton Wally	Gray Stone Day	10:17.71
2011	Mitch Mallory	Wakefield	9:13.00	Mitch McLeod	Chapel Hill	9:30.59	Travis Alfaro	Lincolnton	9:51.10	Bobby Baraldi	NCSSM	10:02.31
2012	Sam Roberson	Broughton	9:20.73	Mitch McLeod	Chapel Hill	9:38.13	Corbin Boyles	Maiden	9:45.18	Levi Rolles	NCSSM	9:53.87
2013	Ian Milder	Mount Tabor	9:19.71	Tanis Baldwin	East Henderson	9:31.00	A.J. Tucker	Cedar Ridge	9:32.18	Zach Boone	Mitchell	10:08.15
2014	Ian Milder	Mount Tabor	9:08.99	Tanis Baldwin	East Henderson	9:26.31	Corbin Boyles	Maiden	9:36.96	Zach Boone	Mitchell	9:45.54
2015	Philip Hall	South View	9:24.68	Matthew Conner	Weddington	9:37.32	Harrison Conner	Franklin	9:57.89	Zach Boone	Mitchell	9:45.88
2016	Connor Lane	Car. Gibbons	9:06.43	Matthew Conner	Weddington	9:18.41	Noah Graham	Brevard	9:31.44	Hayden Alexander	Thomas Jefferson	9:46.85
2017	Connor Lane	Cardinal Gibbons	8:59.90	David Melville	Northern Guilford	9:21.59	Noah Graham	Brevard	9:35.82	Luke Bennett	Voyager Academy	9:48.92
2018	John Tatter	R.J. Reynolds	9:22.72	David Melville	Northern Guilford	9:16.27	Ben Armentrout	Atkins	9:33.46	Jake Baugher	C.S. of Davidson	9:50.22
2019	Lowell Hensgen	Cardinal Gibbons	9:22.14	Ben Verchick	Union Pines	9:21.57	Brian Risse	North Lincoln	9:30.59	Ryan Jenkins	Swain County	9:46.71
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Jean-Lou Pare	Page	9:15.26	Ryan Motondo	Williams	9:22.50	Jacob Scott	North Lincoln	9:41.16	Aaron Rovnak	Franklin Academy	9:27.48
2022	Jacob Laney	Porter Ridge	9:13.12	Austin Brotemarkle	Forestview	9:30.90	Andrew Parker	NCSSM-Durham	9:48.74	Jacob Fiorillo	Corvian Comm.	9:57.40
2023	Jacob Laney	Porter Ridge	8:58.04	Gabriel Schmid	Orange	9:14.94	Andrew Parker	NCSSM-Durham	9:33.67	Blake Nicholson	Christ The King	9:27.44



Men's Outdoor Track State Relay Event Champions



400 METER RELAY

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	T.W. Andrews		41.45	T.W. Andrews		41.45		Whiteville		43.01					
1987	Douglas Byrd		41.62	Wilkes Central		42.36		Southwest Guilford		42.95					
1988	Jacksonville		41.47	Bertie		42.42		Fuquay-Varina		42.87					
1989	Douglas Byrd		41.91	T.W. Andrews		42.41		Hendersonville		43.18					
1990	North Forsyth		41.83	T.W. Andrews		42.16		Monroe		43.19					
1991	South View		41.80	T.W. Andrews		42.26		Forest Hills		43.17					
1992	J.H. Rose		42.09	T.W. Andrews		42.37		Whiteville		43.50					
1993	Hillside		42.42	High Point Central		42.63		Ayden-Grifton		43.24					
4A				3A		2A		1A							
1994	Hillside		41.90	Fike		42.93		Ayden-Grifton		42.79		Williamston		45.12	
1995	West Charlotte		42.41	J.F. Webb		43.11		Cummings		42.90		Lejeune		44.32	
1996	Garinger		42.01	T.W. Andrews		42.84		Salisbury		42.30		Williamston		44.70	
1997	Mount Tabor		42.37	Harnett Central		43.11		West Montgomery		43.17		South Robeson		43.52	
1998	Mount Tabor		41.96	Hillside		42.66		West Iredell		42.51		Midway		44.01	
1999	Douglas Byrd		41.24	Hillside		42.46		North Stanly		43.34		Pamlico		41.19	
2000	Garner		41.30	J.F. Webb		42.28		Lexington		43.12		Pamlico		42.44	
2001	Mount Tabor		42.11	Andrews		42.54		Lexington		42.73		Thomasville		43.00	
2002	Scotland		41.82	Crest		42.45		Lexington		42.97		Thomasville		42.52	
2003	Providence		42.26	T.C. Roberson		42.44		Northern Vance		43.60		South Stanly		43.99	
2004	West Charlotte		42.13	Crest		42.42		West Caldwell		43.07		Heide Trask		43.03	
2005	Sanderson		41.67	Asheville		42.65		Graham		43.08		Southside		42.87	
2006	Charlotte Vance		41.52	Andrews		42.51		Forest Hills		42.87		Jordan-Matthews		42.41	
2007	West Charlotte		41.84	Carver		41.80		Forest Hills		43.25		Jordan-Matthews		41.68	
2008	Butler		42.03	South Johnston		42.50		Shelby		43.05		Union		43.51	
2009	Mount Tabor		41.33	Marvin Ridge		42.15		Tarboro		43.10		W-S Prep		43.05	
2010	Knightdale		42.24	Crest		42.15		Tarboro		42.50		Monroe		43.30	
2011	Millbrook		42.01	Mount Pleasant		42.54		Berry Academy		41.78		North Rowan		43.16	
2012	Knightdale		41.93	Berry Academy		42.25		Forest Hills		42.37		Monroe		43.76	
2013	WF-Rolesville		41.30	Northern Guilford		41.99		Bunn		42.20		Union		43.13	
2014	Mallard Creek		41.48	Freedom		41.99		Carver		48.08		North Edgecombe		43.02	
2015	Mallard Creek		41.44	Sun Valley		42.01		Bunn		42.07		West Montgomery		43.69	
2016	Mallard Creek		41.54	Sun Valley		41.75		North Brunswick		42.51		West Montgomery		43.29	
2017	Parkland		41.46	Weddington		42.04		Forest Hills		42.24		Wallace-Rose Hill		43.08	
2018	N. Mecklenburg		41.84	Williams		41.87		Forest Hills		42.20		Pender		43.47	
2019	Keasean Dirks	Reagan	41.16	Zach Barksdale	Parkwood	41.62	Jalen Marshall	Anson	42.98	Nakevin Hill	John A. Holmes	42.14			
	Tazhae Woods			Wyne McGriff			Tyrek Hardison			Zakeem Brooks					
	Zavion Hamilton			Chandler McClendon			Colin Coppage			Kentreaz Coston					
	Daniel Moyer, Jr.			Kobe Funderburk			Jacquavis Booker			Aaron Pryce					
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)					
2021	Tristen Bowden	Reagan	41.83		Cuthbertson	41.90	Yu’Neeke Payne	Thomasville	42.96	Trae Nickelson	Mountain Island Ch.	44.05			
	Christopher Joines, Jr.						Cameron Walker			Jonavon Fisher					
	Tazhae Woods						Landon Johnson			Reginald Taylor					
	Sanchez Redden						Corj CJ Dickerson			Armonte Ferguson					
2022	Brad Sweetser	Cuthbertson	41.57	Jeremiah Sellers	North Lincoln	42.95	Ja’Neil Harris	Andrews, TW	43.30	Trae Nickelson	Mountain Island Ch.	43.67			
	Keenan Jackson			Immanuel Mayner			Jeremiah King			Jonavon Fisher					
	Killian Fahy			Cameron Rice			Ja’len Bennett			Reginald Taylor					
	Reece Morgan			Liam Sutton			Correy McManus			Benjamin Patton					
2023	Curtis Clark	Mallard Creek	40.87	Sofiyan Oumarou	Dudley	42.30	Ja’Neil Harris	Andrews, TW	42.51	Shannon Johnson	Carver	43.71			
	Benjamin Black			Rory Baker			Jeremiah King			Derrick Reid Jr.					
	Jayden Lee			Tylei Woolard			Ja’len Bennett			Chase Ivy					
	Christian Dixon			Le’Ezra Brown			Correy McManus			James Harris					



Men's Outdoor Track State Relay Event Champions



800 METER RELAY

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Glenn		1:26.44	Glenn		1:26.44		Hendersonville		1:30.04					
1987	Hillside		1:26.44	Asheboro		1:26.47		North Rowan		1:28.82					
1988	Douglas Byrd		1:26.46	Bertie		1:28.56		North Rowan		1:29.80					
1989	Douglas Byrd		1:27.01	T.W. Andrews		1:27.39		Lexington		1:28.58					
1990	Seventy-First		1:27.74	T.W. Andrews		1:26.54		Clinton		1:28.71					
1991	Olympic		1:27.74	T.W. Andrews		1:25.35		Monroe		1:29.64					
1992	Grimsley		1:28.56	T.W. Andrews		1:28.38		Forest Hills		1:30.36					
1993	Jordan		1:28.39	T.W. Andrews		1:28.16		Ayden-Grifton		1:29.42					
4A				3A		2A		1A							
1994	Hillside		1:28.82	Bertie		1:29.71		North Rowan		1:30.04		Weldon		1:32.32	
1995	Lumberton		1:28.44	T.W. Andrews		1:29.86		North Rowan		1:27.05		Richlands		1:33.17	
1996	Garinger		1:26.35	Southeast Guilford		1:28.38		North Rowan		1:28.59		Camden		1:32.07	
1997	East Mecklenburg		1:26.70	Southeast Guilford		1:28.73		North Rowan		1:30.23		South Robeson		1:32.39	
1998	Lumberton		1:27.22	Dudley		1:27.30		Roanoke Rapids		1:29.51		Cummings		1:30.19	
1999	Douglas Byrd		1:26.97	Hillside		1:28.33		Northern Vance		1:31.55		Cummings		1:31.29	
2000	Garner		1:26.87	Hillside		1:27.62		Newton-Conover		1:30.36		Pamlico		1:30.95	
2001	Lumberton		1:27.33	J.F. Webb		1:29.05		Lexington		1:28.38		Pamlico		1:31.72	
2002	Mount Tabor		1:27.43	Southern Durham		1:28.70		T.W. Andrews		1:29.46		Thomasville		1:29.25	
2003	West Charlotte		1:27.08	Ben L. Smith		1:27.67		North Rowan		1:28.88		Williamston		1:31.03	
2004	Sanderson		1:28.07	Ben L. Smith		1:26.96		North Rowan		1:27.56		Heide Trask		1:30.06	
2005	Sanderson		1:28.33	Crest		1:27.72		West Caldwell		1:28.59		North Brunswick		1:29.77	
2006	West Charlotte		1:46.20	Parkland		1:28.50		Monroe		1:28.61		Jordan-Matthews		1:28.32	
2007	Southeast Raleigh		1:26.90	T.W. Andrews		1:28.06		Southern Vance		1:29.48		Jordan-Matthews		1:28.11	
2008	Butler		1:27.02	Carver		1:27.62		Shelby		1:29.71		Hendersonville		1:30.27	
2009	West Charlotte		1:27.08	Southwest Guilford		1:29.63		Shelby		1:29.93		Hendersonville		1:28.10	
2010	Charlotte Vance		1:27.73	Crest		1:26.64		St. Pauls		1:28.95		Hendersonville		1:29.64	
2011	Knightdale		1:26.05	Kings Mountain		1:29.29		Berry Academy		1:26.14		West Montgomery		1:29.79	
2012	Enloe		1:26.61	Southern Nash		1:29.32		Forest Hills		1:28.39		Monroe		1:28.65	
2013	Mallard Creek		1:26.81	South Central		1:27.26		Forest Hills		1:27.98		Monroe		1:29.67	
2014	Butler		1:26.14	Northeast Guilford		1:27.76		Carver		1:27.79		Murphy		1:30.66	
2015	Mallard Creek		1:27.07	Sun Valley		1:27.76		Bunker Hill		1:28.05		Southside		1:31.40	
2016	Hoke County		1:25.89	Sun Valley		1:27.60		Lincolnton		1:29.40		Mount Airy		1:30.52	
2017	Parkland		1:26.56	West Craven		1:28.03		North Brunswick		1:28.31		Mount Airy		1:29.70	
2018	Reagan		1:26.39	Williams		1:26.53		Forest Hills		1:28.29		John A. Holmes		1:31.18	
2019	Dylan James	Reagan	1:25.49	Marcos Chapman	A.L. Brown	1:26.87	Avion Price	Northeastern	1:29.37	Josiah Carter	John A. Holmes	1:28.70			
	Keasean Dirks			Joshua Parks			Kentron King			Zakeem Brooks					
	Tazhae Woods			Dezmond Adams			Jordan Jones			Kentreaz Coston					
	Daniel Moyer, Jr.			Jalen Neal			Juan Riddick			Aaron Pryce					
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)					
2021	Jarrell Guy	Mallard Creek	1:26.70	Cuthbertson	1:26.41	Blake Boyette	Ledford	1:30.25	Trae Nickelson	Mountain Island Ch.	1:31.50				
	Benjamin Black					CJ Compton			Jonavon Fisher						
	Demonte Furman					Jacob Brown			Reginald Taylor						
	David Lampkin, III					Dalton Zimmerman			Caleb Patton						
2022	Brad Sweetner	Cuthbertson	1:25.90	Yazeare Pearsall	Cape Fear	1:29.00	E'Mari Keller	Kinston	1:30.83	Trae Nickelson	Mountain Island Ch.	1:30.81			
	Keenan Jackson			Devonte Hill			Ja'mear Flowers		Jonavon Fisher						
	Killian Fahy			Raysean Hunter			Quincy Brown		Reginald Taylor						
	Reece Morgan			Nathan Williams			Cameron Ivey		Benjamin Patton						
2023	Jayden Lee	Mallard Creek	1:24.79	Jakyri Manning	Southern Guilford	1:29.41	Ty'Jae Simpson	Northeastern	1:28.40	Reashard Norwood	Carver	1:31.95			
	Benjamin Black			Jayden Diggs			Dwan Bell		James Harris						
	Darren Morrison			Jerron Copper			Shamar Sutton		Derrick Reid Jr.						
	Christian Dixon			Nick Blackston			Jahsiah Felton		Chase Ivy						



Men's Outdoor Track State Relay Event Champions



1600 METER RELAY 3A & 4A COMPETED JOINTLY IN 1986

4A			3A			1A/2A		
1986	Grimsley	3:19.60	Grimsley	3:19.60		Hendersonville	3:24.14	
1987	Hillside	3:13.92	East Wake	3:23.19		North Rowan	3:21.43	
1988	Smithfield-Selma	3:16.79	T.W. Andrews	3:23.41		Salisbury	3:22.44	
1989	Hillside	3:16.21	T.W. Andrews	3:21.89		Salisbury	3:21.57	
1990	Fike	3:17.81	Pender	3:20.85		Monroe	3:23.32	
1991	Douglas Byrd	3:20.69	T.W. Andrews	3:15.51		Monroe	3:25.38	
1992	Hillside	3:21.12	T.W. Andrews	3:20.28		Monroe	3:23.38	
1993	Jacksonville	3:19.54	T.W. Andrews	3:20.91		Hendersonville	3:25.45	
4A			3A			2A		
1994	Pine Forest	3:18.49	Franklin	3:24.12		Hendersonville	3:25.85	1A Williamston 3:34.54
1995	Pine Forest	3:17.67	Williams	3:25.93		North Rowan	3:27.22	Williamston 3:34.27
1996	Pine Forest	3:18.21	Southeast Guilford	3:22.34		North Rowan	3:28.99	Hayesville 3:33.11
1997	East Mecklenburg	3:18.55	Southeast Guilford	3:20.02		North Rowan	3:29.66	Camden County 3:34.47
1998	East Mecklenburg	3:18.21	Southern Nash	3:23.10		Northern Vance	3:25.87	Cummings 3:26.83
1999	E.E. Smith	3:22.32	Southern Nash	3:23.54		Northern Vance	3:29.87	Red Springs 3:30.34
2000	East Mecklenburg	3:19.61	Ben L. Smith	3:25.95		Shelby	3:26.82	Pamlico 3:27.72
2001	Jacksonville	3:19.47	Western Guilford	3:23.40		High Point Central	3:27.65	West Davidson 3:31.72
2002	S. Mecklenburg	3:20.91	Dudley	3:20.71		T.W. Andrews	3:22.85	Camden County 3:30.41
2003	Southeast Raleigh	3:20.54	Dudley	3:25.40		Eastern Alamance	3:24.21	Southside 3:33.14
2004	Southeast Raleigh	3:19.47	Ben L. Smith	3:23.27		Reidsville	3:21.51	Rosewood 3:35.28
2005	Apex	3:20.08	Nash Central	3:21.46		Croatan	3:27.61	Robbinsville 3:30.87
2006	Charlotte Vance	3:17.71	Jacksonville	3:22.72		West Henderson	3:26.86	Heide Trask 3:33.43
2007	West Charlotte	3:18.25	Nash Central	3:23.82		Forest Hills	3:28.94	Dixon 3:27.11
2008	New Bern	3:18.01	Carver	3:21.47		Brevard	3:25.67	Hendersonville 3:24.50
2009	New Bern	3:14.47	Marvin Ridge	3:21.03		North Pitt	3:24.81	Hendersonville 3:20.42
2010	Southeast Raleigh	3:16.29	Douglas Byrd	3:22.71		Kinston	3:25.50	Murphy 3:27.05
2011	Knightdale	3:15.41	Douglas Byrd	3:24.14		Berry Academy	3:24.37	Swain County 3:29.06
2012	Knightdale	3:18.37	Berry Academy	3:20.50		Beddingfield	3:21.88	Monroe 3:26.05
2013	Knightdale	3:12.87	Northeast Guilford	3:19.60		Beddingfield	3:23.23	Monroe 3:28.97
2014	Southeast Raleigh	3:16.12	Piedmont	3:24.13		North Brunswick	3:21.12	Cherryville 3:28.00
2015	Southeast Raleigh	3:20.33	West Carteret	3:19.39		Central Academy	3:23.95	Rosewood 3:29.46
2016	Overhills	3:19.10	Jacksonville	3:19.71		Northeastern	3:25.85	Rosewood 3:29.00
2017	Mallard Creek	3:20.26	Cuthbertson	3:19.91		Croatan	3:22.58	Atkins 3:28.87
2018	Cary	3:20.16	White Oak	3:18.67		Croatan	3:22.65	Avery County 3:32.72
2019	Demetrius Martin East Mecklenburg 3:21.34	Kyle Durham	Weddington 3:17.92	Thomas McCabe		Croatan 3:22.29	Antico Dalton	Mountain Island Ch. 3:29.85
	Emmanuel Stewart	Will Mazur		David Wallis			Jaden Fisher	
	Kyle Goodman	Jake Toomey		Brendon Hodge			Anthony Phillips	
	Lee Campbell	Emerson Douds		Noah Bibus			Jacob Laughlin	
2020	MEET CANCELLED (COVID-19 PANDEMIC)	MEET CANCELLED (COVID-19 PANDEMIC)		MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)	
2021	Reginald Love II Jordan 3:22.19		Cuthbertson 3:19.40	Blake Boyette	Ledford 3:28.62		Devin Fay	Lejeune 3:31.27
	Blake Leary			Jacob Brown			Preston Berthold	
	Jordan Polk			CJ Compton			Nicholas Presley	
	Jordan Reece			Dalton Zimmerman			Karl Benson	
2022	Jaden Reece Jordan 3:18.93	Steven Davis II	Dudley 3:22.40	Cole Pereria	Polk County 3:27.71		Mason Grindstaff	Cherryville 3:30.35
	Jordan Polk	Asa Bonds		Nathaniel Rhein			Cooper Sloan	
	Blake Leary	Michael Shaw		Braxton Edwards			Jack Mulvey	
	Jordan Reece	Larry Monroe		Bryce Jergenson			Jackson Owens	
2023	Morris Johnson Hough 3:18.79	Brayden Stephens	Croatan 3:20.45	Tad Sloan-Westmoreland	Owen 3:27.69		Owen Pierce	Thomas Jefferson 3:30.29
	Wyatt Stoner	Cooper Stephens		Jaheem O'Hara			Tanner Richards	
	Colin Dickey	Luke Nichoajsen		Owen Lollis			Aiden Grondahl	
	Tim Brown	Matthew Quispe		Davis Kendall			Parker Marshall	



Men's Outdoor Track State Relay Event Champions



3200 METER RELAY 3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Event Not Offered			Event Not Offered			Event Not Offered					
1987	Event Not Offered			Event Not Offered			Event Not Offered					
1988	Watauga		7:58.77	Sun Valley			7:57.77	North Rowan		8:06.93		
1989	Mount Tabor		7:51.70	T.W. Andrews			8:06.62	Albemarle		8:11.90		
1990	Harding		7:59.12	North Buncombe			8:06.41	Southwestern Randolph		8:21.40		
1991	Athens Drive		8:02.62	North Buncombe			7:57.85	Monroe		8:10.89		
1992	Northern Nash		8:08.04	Sun Valley			7:56.74	Monroe		8:08.56		
1993	Millbrook		7:58.61	Franklin			8:08.40	Murphy		8:17.41		
4A				3A		2A		1A				
1994	Millbrook	8:00.83		Franklin	8:15.16		North Rowan	8:15.22	Murphy	8:17.98		
1995	East Mecklenburg	8:00.27		Franklin	8:03.67		Northside-Jax	8:08.38	Murphy	8:28.94		
1996	Apex	7:58.21		Franklin	8:07.09		Clayton	8:25.89	Surry Central	8:27.51		
1997	West Charlotte	7:58.88		North Buncombe	8:12.18		Owen	8:06.52	SW Onslow	8:34.85		
1998	West Charlotte	7:49.07		North Buncombe	8:11.60		Owen	8:18.98	Murphy	8:33.05		
1999	West Charlotte	7:57.68		North Buncombe	8:07.37		Owen	8:20.59	Hendersonville	8:28.30		
2000	Watauga	7:49.00		Asheville	na		Lincolnton	8:10.41	Swain County	8:30.30		
2001	Leesville Road	7:53.85		White Oak	8:08.13		North Henderson	8:14.70	South Davidson	8:22.51		
2002	North Forsyth	7:52.19		Mooresville	8:16.76		North Henderson	8:19.66	Surry Central	8:22.71		
2003	North Forsyth	7:49.65		Mooresville	8:09.60		North Henderson	8:09.26	Hayesville	8:58.04		
2004	Southeast Raleigh	7:52.71		Weddington	8:07.19		Reidsville	8:14.93	Surry Central	8:21.94		
2005	Pinecrest	7:53.74		T.C. Roberson	8:03.67		Reidsville	8:09.27	Murphy	8:38.24		
2006	Pinecrest	7:45.82		T.C. Roberson	8:01.73		Reidsville	8:02.09	South Stokes	8:36.43		
2007	New Bern	7:50.66		Franklin	7:59.57		Cardinal Gibbons	8:04.63	NCSSM	8:23.25		
2008	New Bern	7:46.12		Asheville	7:56.98		Brevard	8:14.80	East Wilkes	8:11.61		
2009	New Bern	7:48.11		Marvin Ridge	7:50.54		Brevard	8:11.46	Hendersonville	8:09.33		
2010	Broughton	7:49.33		Eastern Alamance	7:48.48		Berry Academy	8:14.78	Hendersonville	8:19.12		
2011	Ardrey Kell	7:49.80		Eastern Alamance	7:48.64		Berry Academy	8:06.85	NCSSM	8:13.37		
2012	Reagan	7:50.60		Berry Academy	8:03.46		Beddingfield	8:09.97	NCSSM	8:16.90		
2013	Knightdale	7:46.19		Chapel Hill	7:57.04		Cedar Ridge	8:11.21	NCSSM	8:14.93		
2014	Mount Tabor	7:48.33		Northern Guilford	7:59.96		NCSSM	8:07.15	Murphy	8:29.47		
2015	Southeast Raleigh	7:55.01		Cardinal Gibbons	7:56.09		Polk County	8:03.06	Research Triangle	8:15.01		
2016	Green Hope	7:38.83		Richlands	7:47.56		Northeastern	8:06.22	South Davidson	8:09.31		
2017	Green Hope	7:47.17		Weddington	7:58.75		Croatan	8:04.03	Atkins	8:18.01		
2018	Green Hope	7:54.09		Weddington	7:50.82		Croatan	8:01.80	Lincoln Charter	8:17.42		
2019	Ted Sielatycki Stephen Atkinson Jackson Martin Nathan Flexman	Cary	7:52.90	Krystopher Durham Stephen Larson Jake Toomey Jackson O'Hara	Weddington	7:52.18	Tyler Sylvia Joseph Davidson Warner Campbell Zach Hughes	First Flight	8:12.80	Alex Haines Chase Pierce Caleb Jones Andrew Bryson	Murphy	8:21.60
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Graham Aitken Harrison Enyeart Joshua Navarro Matthew Rapp	Millbrook	8:05.86		Weddington	7:58.66	Max Bowlin Warner Campbell Devon Coughlin Henry Stecher	First Flight	8:07.89	Patrick Rice Brandon Wright Cutter Law Matthew Radin	Lincoln Charter	8:27.78
2022	Conner Inman Benjamin Mills-Tarmey Davis Potter Andrew Burrell	Mount Tabor	7:54.26	Cooper Kleckner Matthew Riggs Elliott Kleckner Mario Delgado	South Central	8:00.13	Austin McGuire Caden Clontz Charlie Bennett Vance Jones	Patton	8:11.54	Caleb Cox Nathan Swinney Liam Mackinnon Evan Mitchell	Union Academy	8:24.05
2023	Nick Potter AJ Painter Ian Pierce Logan Hill	Charlotte Catholic	7:45.94	James Wallace Luke Nicolajsen Trey Austin Matthew Quispe	Croatan	3:20.45	Anderson Adu-Poku Arthur Zhao Rafferty Koontz Andrew Parker	NCSSM-Durham	8:07.22	Abhi Patel Connor Lambert Connor Brown Kane Jones	Swain County	8:17.69



Women's Outdoor Track State Individual Event Champions



SHOTPUT

1972	Pope	Southern Nash	36'07.50"	1977	Jozette Lawrence	Lejeune	41'07.50"	1982	Sarah Gardner	Davie County	41'08.25"
1973	Campbell	Hoke County	36'05.50"	1978	Lisa Gray	Ragsdale	43'08.00"	1983	Katrina Swanson	Myers Park	39'11.75"
1974	Dixon	Southern Guilford	38'04.50"	1979	Lisa Gray	Ragsdale	43'04.75"	1984	Susan Childers	Havelock	39'04.00"
1975	Dixon	Southern Guilford	38'08.00"	1980	Hubin	Williams	38'04.50"	1985	Ida Pierce	Douglas Byrd	37'05.50"
1976	Dixon	Southern Guilford	41'07.00"	1981	Faye Strothers	Parkland	42'11.50"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Michelle Rhyne	Northwest Cabarrus	38'08.50"	Michelle Rhyne	Northwest Cabarrus	38'08.50"	Janene McClure	Hendersonville	37'03.00"			
1987	Sylvia Crumpler	Cape Fear	38'00.00"	Michelle Rhyne	Northwest Cabarrus	40'00.00"	Janene McClure	Hendersonville	39'09.50"			
1988	Sylvia Crumpler	Cape Fear	39'07.00"	Michelle Rhyne	Northwest Cabarrus	39'02.50"	Janene McClure	Hendersonville	42'05.00"			
1989	Sylvia Crumpler	Cape Fear	38'09.75"	Kelly Sensing	Clyde A. Erwin	37'04.50"	Janet Clark	North Stokes	38'00.00"			
1990	Dashontia Atkinson	Smithfield-Selma	41'01.00"	Ameika Robinson	Concord	36'05.25"	Zondra Johnson	Hendersonville	36'03.75"			
1991	Wendy Utley	Cary	37'03.50"	Nish Neal	Rockingham	38'00.75"	Zondra Johnson	Hendersonville	37'04.00"			
1992	Tracy Connor	South Rowan	39'03.75"	Nish Neal	Rockingham	36'08.75"	Zondra Johnson	Hendersonville	39'02.50"			
1993	Vernia Wilson	Jacksonville	41'05.50"	Nish Neal	Rockingham	35'11.25"	Joyce Land	Williamston	34'04.50"			
4A				3A				2A		1A		
1994	Mechelle Clayton	East Forsyth	39'07.75"	Valerie Metz	Asheville	34'05.75"	Kathy Smith	Lincolnton	38'07.50"	Concita Simmons	North Stokes	35'07.00"
1995	Eve Hammett	Providence	39'05.50"	Myra Williams	South Brunswick	40'01.75"	Leigh Branon	Forbush	36'06.50"	Tonya Owens	Lakewood	33'00.00"
1996	Latasha Allmond	Pincrest	38'08.00"	Myra Williams	South Brunswick	42'05.25"	Kolette Harris	Northside	38'11.50"	Lashica Johnson	South Stanly	34'02.00"
1997	Keisha Boggan	W. Mecklenburg	38'00.00"	Crystal Chamblee	Bertie	37'05.25"	Clifeteana McKiver	East Duplin	36'09.50"	Tracy Pickett	Swansboro	38'08.50"
1998	Nena Lekwauwa	Mount Tabor	38'09.50"	Kia Sessoms	Hertford	38'01.75"	Tara Clinding	North Rowan	39'04.25"	Kenya Hackett	East Wilkes	34'10.00"
1999	Jessica Hawkins	SE Raleigh	37'10.00"	Kia Sessoms	Hertford	40'01.00"	Tara Clinding	North Rowan	39'09.00"	Ebony Alston	Louisburg	38'07.25"
2000	Kristie Boggan	W. Mecklenburg	38'02.00"	Defaye Frazier	Havelock	40'03.50"	Shanara Mintz	Bessemer City	40'06.75"	Beverly Burnett	Cummings	38'10.25"
2001	Kristie Boggan	W. Mecklenburg	39'01.00"	Geneva Yarborough	Western Guilford	38'03.00"	Katrina Lewis	Southeast Halifax	39'06.50"	Beverly Burnett	Cummings	38'03.25"
2002	Alesia Walters	Garner	40'05.00"	Lashondria Humphrey	West Brunswick	34'09.50"	Beverly Burnette	Cummings	44'01.50"	Shanara Mintz	Bessemer City	43'04.75"
2003	Christina Hernandez	A.C. Reynolds	41'05.00"	Sheena Anderson	Parkland	38'01.50"	Nakisha Stewart	Bunn	38'00.50"	Tiffany McGaha	Andrews	37'09.00"
2004	Kamorean Hayes	Harding	47'07.00"	Adrian Griffin	Harneet Central	36'01.00"	Lily Tallent	West Lincoln	37'01.75"	Kendall Ridenhour	Albemarle	38'11.00"
2005	Kamorean Hayes	Harding	47'09.00"	LaWanda Henry	Triton	40'07.00"	Nakisha Stewart	Bunn	39'00.00"	Tiffany McGaha	Andrews	38'03.25"
2006	Kamorean Hayes	Harding	48'07.00"	Chelsey McClean	North Gaston	36'00.50"				Tiffany McGaha	Andrews	37'02.00"
2007	Kamorean Hayes	Harding	51'03.50"	Courtney Prichard	Havelock	36'11.00"	Morrison Deirdra	Wilkes Central	38'09.00"	Nikia Simmons	North Stokes	34'02.00"
2008	Aslynn Halvorson	Butler	42'04.00"	Haley Hackett	Southeast Guilford	37'06.00"	Morrison Deirdra	Wilkes Central	40'00.50"	Amanda Cagle	Cherokee	37'00.00"
2009	Aslynn Halvorson	Butler	44'02.00"	Latoya Wright	Harnett Central	38'05.25"	Gayshawna Watkins	East Rutherford	39'11.50"	Shandellah Martin	North Stokes	32'09.75"
2010	Clair Watkins	Butler	41'08.50"	Danita Whitaker	Rocky Mount	39'06.00"	Cookie Wingfield	Kinston	41'03.50"	Hailey Cook	Hendersonville	38'10.00"
2011	Sequoia Watkins	T.C. Roberson	42'05.25"	Kayl Padgett	West Brunswick	42'07.00"	Alisha Bradshaw	Salisbury	39'07.00"	Hailey Cook	Hendersonville	40'02.50"
2012	Brianna Tate	Grimsley	42'11.25"	Whitney Williams	South Johnston	38'09.75"	Mookie Chavis	Bunn	38'03.25"	Hailey Cook	Hendersonville	42'11.75"
2013	Breanna Warren	W. Guilford	43'10.25"	Alexis Dickerson	Western Alamance	39'08.25"	Alex Cooke	North Surry	39'10.00"	Hailey Cook	Hendersonville	43'03.50"
2014	Alycia Springs	Mallard Creek	44'11.00"	Alexis Dickerson	Western Alamance	38'06.50"	Alex Cooke	North Surry	41.09.00"	Samantha Welborn	Starmount	35'10.75"
2015	Khayla Dawson	Olympic	47'11.00"	Hannah Stokes	Weddington	38'06.00"	Samantha Layko	Croatan	39'06.50"	Kimonta Lloyd	Hayesville	37'03.50"
2016	Khayla Dawson	Olympic	49'00.00"	Tiana Taylor	Eastern Guilford	39'07.75"	LesLeigh Tabor	Franklin	37'03.00"	Tanazsa Simpson	Pender	39'05.25"
2017	Kayla Beasley	Hillside	42'10.00"	Kamryn Henderson	Marvin Ridge	40'03.00"	LesLeigh Tabor	Franklin	41'10.00"	Tiffany Holloway	Andrews	41'02.00"
2018	Veronica Fraley	Wakefield	47'02.00"	Kayla Beasley	Hillside	43'07.50"	Patience Marshall	Anson	42'03.00"	Hydia Davis	Pamlico	39'02.00"
2019	Kaitlin McGoogan	Ragsdale	38'11.75"	Samantha Ennis	Northwood	42'04.00"	Emily Shain	Lincolnton	43'11.50"	Sonti Robinson	Pender	34'05.50"
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Autumn Judd	SE Raleigh	42'09.00"	Ta'Honny Exum	Eastern Wayne	39'01.50"	Katie Horne	Anson	37'08.00"	Mirachell Maher	Pamlico	36'00.25"
2022	Tyler Glover	Ardrey Kell	42'01.50"	Emily Hartsoe	Ashe County	37'02.50"	Ta'Honny Exum	Eastern Wayne	42'05.75"	Brittany Ellis	North Rowan	37'02.00"
2023	Tyler Glover	Ardrey Kell	45'03.25"	Rah'Shea Christopher	Southern Durham	38'10.75"	Ella Riggs	North Surry	40'05.00"	Brittany Ellis	North Rowan	36'08.00"



Women's Outdoor Track State Individual Event Champions



1972	Cook	Dudley	103'11.00"	1977	Becky Brown	Myers Park	112'05.00"	1982	Jackie Gandy	Thomasville	128'09.00"
1973	Lynn Cruickshank	Lejeune	107'02.00"	1978	Becky Brown	Myers Park	132'08.00"	1983	Wanda Haythe	J.F. Webb	133'05.00"
1974	Lynn Cruickshank	Lejeune	117'05.00"	1979	Lisa Gray	Ragsdale	132'00.00"	1984	Vanessa Hatch	T.W. Andrews	121'03.00"
1975	Lynn Cruickshank	Lejeune	127'02.00"	1980	Jackie Gandy	Thomasville	124'04.00"	1985	Barbara Myers	West Mecklenburg	117'06.00"
1976	McClenlon	Ragsdale	123'10.00"	1981	Doris Bloxson	Scotland County	128'07.00"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Ellen Miller	South Rowan	126'01.00"	Ellen Miller	South Rowan	126'01.00"	Ann Walters	Monroe	112'03.00"			
1987	Sylvia Crumpler	Cape Fear	115'01.00"	Jessie Hoevertman	West Carteret	115'01.00"	Janene McClure	Hendersonville	130'05.00"			
1988	Diana Jones	Cary	117'02.00"	Candy Graves	Cummings	127'00.50"	Janene McClure	Hendersonville	130'06.00"			
1989	Laura Plott	Tuscola	124'06.00"	Candra Gayle	Concord	127'08.00"	Wendy Moss	Murphy	117'03.00"			
1990	Dashontia Atkinson	Smithfield-Selma	141'04.00"	Kim Pakowski	D.H. Conley	119'05.00"	Ebony Lloyd	Murphy	113'08.75"			
1991	Tracy Hoback	North Mecklenburg	119'01.00"	Kim Pakowski	D.H. Conley	115'10.00"	Darlene Vick	Farmville Central	115'10.00"			
1992	Tracy Connor	South Rowan	118'00.00"	Christian Murphy	Rockingham	115'03.00"	Darlene Vick	Farmville Central	118'02.00"			
1993	Alayne Joyner	Broughton	121'04.00"	Elizabeth Harrison	Sun Valley	125'07.00"	Amy Vincent	Farmville Central	120'01.00"			
4A				3A				1A				
1994	Mechelle Clayton	East Forsyth	116'01.00"	Meyetta Grimes	Washington	115'03.00"	Missy Shelton	Madison	127'03.00"	Concita Simmons	North Stokes	132'07.00"
1995	Kelly Karres	Myers Park	114'06.00"	Myra Williams	South Brunswick	125'00.00"	Latoya Mungro	West Caldwell	128'06.00"	Tracy Pickett	Swansboro	106'06.00"
1996	Monica-Gail Baker	Hillside	124'07.00"	Shanna Brown	North Iredell	103'02.00"	Latoya Mungro	West Caldwell	121'10.00"	Tracy Pickett	Swansboro	109'07.00"
1997	Becky Maier	Mount Tabor	121'05.00"	Miriam McCleod	North Gaston	121'08.00"	Clifeteana McKiver	East Duplin	133'01.00"	Tracy Pickett	Swansboro	112'10.00"
1998	Jessica Hawkins	SE Raleigh	126'05.00"	Miriam McCleod	North Gaston	118'02.75"	Clifeteana McKiver	East Duplin	130'11.00"	Michelle Giudici	Elkin	115'07.00"
1999	Sonya Bell	N. Mecklenburg	121'06.00"	Kia Sessoms	Hertford	112'01.75"	Tish Franklin	Madison	117'07.00"	Michelle Giudici	Elkin	126'08.00"
2000	Sonya Bell	N. Mecklenburg	122'10.00"	Danisha Norwood	SW Edgecombe	113'01.00"	Katrina Lewis	Southeast Halifax	103.09.00"	Miranda Long	Cherokee	116'09.50"
2001	Christina Hernandez	A.C. Reynolds	126'03.00"	Brianna Dunston	Southern Nash	116'07.00"	Katrina Lewis	Southeast Halifax	114'06.00"	Miranda Long	Cherokee	118'04.00"
2002	Christina Hernandez	A.C. Reynolds	137'04.00"	Jessica Doyle	West Brunswick	108'03.50"	Whitney McGee	Forest Hills	124'09.00"	Shanara Mintz	Bessemer City	118'00.50"
2003	Christina Hernandez	A.C. Reynolds	139'00.00"	Chanel Raynor	West Carteret	107'03.00"	Diana Rahming	Monroe	117'03.00"	Tiffany McGaha	Andrews	124'00.00"
2004	Kamorean Hayes	Harding	147'02.00"	Jordan Huffman	East Rowan	117'06.00"	Lily Tallent	West Lincoln	122'08.00"	Kendall Ridenhour	Albemarle	126'02.00"
2005	Kamorean Hayes	Harding	142'08.00"	Rachel Karriker	East Rowan	111'01.00"	Lindsey Pate	West Henderson	119'08.00"	Tiffany McGaha	Andrews	134'00.00"
2006	Kamorean Hayes	Harding	155'03.00"	Vicki Mitchell	West Craven	117'09.00"	Lindsey Pate	West Henderson	114'02.00"	Tiffany McGaha	Andrews	139'01.00"
2007	Kamorean Hayes	Harding	148'02.00"	Vicki Mitchell	West Craven	124'10.00"	Aurion Waddell	Southern Vance	121'07.00"	Judith Dillashaw	Avery County	111'06.00"
2008	Aslynn Halvorson	Butler	139'10.00"	Cori Goins	Western Guilford	118'07.00"	Tremonisha Taylor	Southern Vance	113'06.00"	Judith Dillashaw	Avery County	117'09.00"
2009	Aslynn Halvorson	Butler	139'07.00"	Sequoia Watkins	T.C. Roberson	125'00.00"	Tremonisha Taylor	Southern Vance	141'00.00"	Lynn Davis	Williamston	101'00.00"
2010	Sequoia Watkins	T.C. Roberson	142'04.00"	Tremanisha Taylor	Southern Vance	137'00.00"	Alisha Bradshaw	Salisbury	129'11.50"	Hailey Cook	Hendersonville	109'09.00"
2011	Sequoia Watkins	T.C. Roberson	141'06.00"	Kayl Padgett	West Brunswick	133'11.00"	Alisha Bradshaw	Salisbury	119'10.00"	Hailey Cook	Hendersonville	116'10.00"
2012	Breanna Warren	W. Guilford	132'04.00"	Lyssa Wallace-O'Neill	Jacksonville	117'04.00"	Morgan Lau	Cedar Ridge	112'03.00"	Hailey Cook	Hendersonville	117'10.00"
2013	Breanna Warren	W. Guilford	142'07.00"	Lyssa Wallace-O'Neill	Jacksonville	128'03.00"	Samantha Layko	Croatan	122'01.00"	Hailey Cook	Hendersonville	146'05.00"
2014	Bryanna Hames	Myers Park	159'01.00"	Alexis Dickerson	Western Alamance	113'02.00"	Samantha Layko	Croatan	131'05.00"	Samantha Welborn	Starmount	112'10.00"
2015	Alycia Springs	Mallard Creek	142'09.00"	Nakeisha Jones	Hunt	117'08.00"	Samantha Layko	Croatan	128'11.00"	Avianna Hopkins	Queens Grant	119'08.00"
2016	Khayla Dawson	Olympic	140'01.00"	Ania Dawson	Southern Guilford	126'06.00"	Amy Yarborough	Hendersonville	115'09.00"	Avianna Hopkins	Queens Grant	117'01.00"
2017	Candice Whitley	SE Raleigh	142'07.00"	Ne'ja Ervin	East Gaston	122'08.75"	Maya Stanley	Northside-Jax	121'08.00"	Tiffany Holloway	Andrews	128'02.00"
2018	Veronica Fraley	Wakefield	142'02.00"	Amanda Wahler	T.C. Roberson	129'05.00"	Patience Marshall	Anson	134'08.00"	Sarah Pullium	Murphy	121'10.00"
2019	Kaitlin McGoogan	Ragsdale	142'09.00"	Shekinah Cooke	SE Guilford	140'08.00"	Teteateh Snoh	Durham Sch. Arts	143'10.00"	Sarah Pullium	Murphy	126'11.00"
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Macy Dulaney	Mallard Creek	118'03.00"	Camryn Massey	Ashbrook	140'09.00"	Emily Hartsoe	Ashe County	123'03.00"	Sarah Pullium	Murphy	131'10.00"
2022	Sady Moody	SW Guilford	129'10.00"	Emily Hartsoe	Ashe County	136'08.00"	Clara Willard	East Surry	118'09.00"	Brittany Ellis	North Rowan	107'03.00"
2023	Sady Moody	SW Guilford	137'03.00"	Camryn Massey	Ashbrook	148'02.00"	Karlle Butts	West Stokes	113'04.00"	Brittany Ellis	North Rowan	111'11.00"



Women's Outdoor Track State Individual Event Champions



LONG JUMP

1972	Pinnix	T.W. Andrews	16'00.00"	1977	Belsma	Sanford	18'10.00"	1982	Katrina Grier	West Charlotte	19'06.75"
1973	Kathy McMillian	Hoke County	17'07.00"	1978	McNeill	Cape Fear	19'07.00"	1983	Teresa Allen	Garinger	19'06.75"
1974	Kathy McMillian	Hoke County	18'00.00"	1979	Lisa Staton	Salisbury	18'04.75"	1984	Latanya Wynn	Pinecrest	19'01.50"
1975	Kathy McMillian	Hoke County	20'02.50"	1980	Dee Dee Slade	Reidsville	19'03.00"	1985	Kim Austin	Beddingfield	18'10.00"
1976	Kathy McMillian	Hoke County	21'07.00"	1981	Katrina Grier	West Charlotte	20'01.25"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Kim Austin	Beddingfield	19'11.00"	Kim Austin	Beddingfield	19'11.00"	Linda Bryant		Manteo		18'09.50"	
1987	Pam Frost	Harding	18'01.75"	Sherry Smith	West Henderson	17'10.875"	Sandra Davis		Polk Central		19'02.50"	
1988	Von Ross	West Charlotte	18'09.25"	Anita Curry	Williams	18'01.50"	Christy Cagle		Hayesville		17'09.75"	
1989	Von Ross	West Charlotte	18'04.75"	Tasha Horton	Hibriten	18'02.50"	Nikki Harris		North Stanly		17'11.00"	
1990	Della Taylor	Lumberton	17'11.75"	Tenisha Pinnix	T.W. Andrews	18'10.00"	Christy Cagle		Hayesville		16'10.00"	
1991	Rahma Mateen	Ben L. Smith	19'01.50"	Kim Jones	Statesville	18'08.50"	Nikki Harris		North Stanly		18'04.50"	
1992	Rahma Mateen	Ben L. Smith	18'08.00"	Kim Jones	Statesville	18'06.75"	Nikki Harris		North Stanly		19'02.00"	
1993	Rhonda Parks	Triton	18'11.75"	Michelle Tate	Lexington	18'01.00"	Amanda Johnson		East Carteret		18'07.75"	
4A				3A				1A				
1994	T. Patterson	Enloe	18'08.00"	Keione Covington	Asheboro	17'11.75"	Shana Harris	Southern Guilford	17'09.00"	Marcia Colson	South Stanly	17'04.75"
1995	Devon Armstrong	Leesville Road	18'09.75"	Keione Covington	Asheboro	18'01.75"	DeAnne Davis	Cummings	18'00.50"	Marcia Colson	South Stanly	17'08.25"
1996	Kim Jones	Grimsley	18'04.00"	Keione Covington	Asheboro	18'10.00"	DeAnne Davis	Cummings	18'10.75"	Conova Young	Lejeune	17'00.83"
1997	Kim Jones	Grimsley	19'00.00"	Keione Covington	Asheboro	18'06.50"	Kirsten Bowden	Newton-Conover	17'04.00"	Taneshia Walker	Camden	16'07.00"
1998	Kim Jones	Grimsley	18'08.00"	Toshima Dabbs	Morehead	17'11.00"	Cora Johnson	East Carteret	18'09.75"	Lisa Maliska	Hayesville	17'03.00"
1999	Kim Jones	Grimsley	19'07.00"	Anissa Gainey	Clayton	18'06.00"	Latasha Pharr	North Rowan	18'02.00"	Valesha Small	Dixon	17'02.75"
2000	Ronda White	Olympic	19'08.75"	Meka Battle	Southern Nash	17'07.50"	Cora Johnson	East Carteret	19'04.00"	Virginia Smith	Jordan Matthews	17'03.00"
2001	Kellie Todd	WF-Rolesville	18'10.00"	Sheena Dawkins	T.W. Andrews	17'01.00"	Tiffany Perry	Southern Vance	18'05.50"	Katrelle Armwood	Durham Sch. of Arts	17'05.50"
2002	Anna Raynor	South Johnston	18'00.00"	Chrystal Marsh	Anson	17'10.25"	Sheena Dawkins	T.W. Andrews	18'03.75"	Katrelle Armwood	Durham Sch. of Arts	18'05.25"
2003	Melissa Council	Cary	17'11.00"	Sherina Steele	West Rowan	18'09.75"	Moriah Jones	North Rowan	17'11.50"	Jenny Alyn Scott	Surry Central	16'06.00"
2004	Vonteena Knotts	Butler	19'04.50"	Mae Boone	Hertford	18'11.00"	Alicia Person	Southern Vance	17'04.00"	Gerri-Lena White	Williamston	17'00.50"
2005	Danielle Thorpe	C.E. Jordan	18'03.50"	Kiara Crutchfield	Ragsdale	17'08.00"	Alicia Person	Southern Vance	18'04.00"	Erica Little	North Stokes	17'11.75"
2006	Chirshawn Williams	SE Raleigh	18'07.00"	Dekalah Price	T.W. Andrews	17'09.00"	Taryn Wentz	Forest Hills	18'05.00"	Melanie Frye	West Wilkes	18'01.00"
2007	Ashlynn Chais	Scotland	18'07.00"	Kiara Crutchfield	Ragsdale	18'05.00"	Latoya James	Cummings	18'01.50"	Jasmine Young	East Columbus	17'06.00"
2008	Jacinda Evans	S. Durham	19'09.75"	Jessica Morgan	Parkland	18'11.00"	Sherice Walker	Cummings	19'01.75"	Jasmine Young	East Columbus	17'05.00"
2009	Chrishawn Williams	SE Raleigh	19'04.00"	Jessica Barnes	SW Edgecombe	18'01.75"	Sherice Walker	Cummings	19'03.00"	Jania Bogle	Princeton	17'02.25"
2010	Jessica Morgan	Parkland	18'09.50"	Shauna Terry	Southern Vance	17'10.50"	Briana Haith	Granville Central	17'11.00"	Teaunna Cuthbertson	North Rowan	19'03.25"
2011	Danielle Davis	SE Raleigh	18'11.25"	Tori Elliott	Cox Mill	17'10.00"	Shelby Hall	Graham	17'06.00"	Teaunna Cuthbertson	North Rowan	17'10.00"
2012	Alexis Perry	C.E. Jordan	18'05.00"	Onya Edwards	Charlotte Catholic	16'11.00"	Raven Covington	Cuthbertson	17'04.00"	Teaunna Cuthbertson	North Rowan	17'07.25"
2013	Shakinah Brooks	SE Raleigh	19'05.00"	Courtney Crawford	McMichael	18'08.50"	Julia Scoles	South Iredell	18'00.25"	Kendall Cox	Monroe	17'10.00"
2014	Sydnei Murphy	Apex	19'05.25"	Kacia Vines	Cedar Ridge	17'10.00"	Tainasha Vines	Bunn	18'07.50"	Sydney McCoy	Camden County	17'11.00"
2015	Sydnei Murphy	Apex	20'03.00"	Kacia Vines	Cedar Ridge	18'07.00"	Kenya Majors	Cummings	18'01.25"	Vanisha Wilshire	Louisburg	18'01.00"
2016	Jade Jordan	Pine Forest	18'07.25"	Torri Weathers	Hickory Ridge	18'00.00"	Kenaye Majors	Cummings	18'06.50"	Sydney McCoy	Camden County	17'01.50"
2017	Jade Jordan	Pine Forest	19'06.50"	Mackenzie Whitaker	West Carteret	18'07.50"	Kelsia Moore	Cummings	19'01.00"	Eminey Redmond	Southside	17'06.00"
2018	Morgan Smalls	Panther Creek	19'03.50"	M'Smrya Seward	Franklinton	18'09.50"	Nicole Barnes	T.W. Andrews	18'07.50"	Breah Taylor	East Carteret	18'03.00"
2019	Jirah Sidberry	Rocky River	18'11.75"	Ija Mumford	Parkland	18'03.75"	Jydia Faucette	Cummings	18'01.75"	Breah Taylor	East Carteret	17'10.50"
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Amber Jackson	Ardrey Kell	18'01.00"	Chaunesse Barringer	NW Cabarrus	19'01.50"	Kendall Jordan	Cummings	17'10.50"	Latecyia Johnson	East Carteret	18'00.00"
2022	Ija Mumford	Parkland	19'05.00"	Chaunesse Barringer	NW Cabarrus	19'10.25"	Tamesia Pinnix	Cummings	18'06.25"	Zoie Shuler	Robbinsville	18'07.00"
2023	Oluwanifemi Kalejaiye	Athens Drive	18'02.00"	Jada Brown	Hibriten	18'05.75"	Jaylah Jefferson	South Granville	17'00.00"	Zoie Shuler	Robbinsville	17'04.00"



Women's Outdoor Track State Individual Event Champions



TRIPLE JUMP

1978	Lisa Staton	Salisbury	38'11.00"	1983	Sherrie Clark	Jacksonville	39'05.00"
1979	Sue Heard	Jacksonville	38'09.00"	1984	Mary McKoy	Richmond	39'11.25"
1980	Teretha Coe	North Forsyth	37'10.75"	1985	Debra Alexander	East Forsyth	40'05.50"
1981	Colette Williams	E.E. Smith	40'06.50"				
1982	Colette Williams	E.E. Smith	38'11.25"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Kim Austin	Beddingfield	39'01.50"	Kim Austin	Beddingfield	39'01.50"	Tafoya Taylor	Albemarle	35'09.00"			
1987	Kiaren Dixon	J.H. Rose	37'00.25"	Samantha Smith	Lincolnton	36'07.50"	Crystal Sherrill	Salisbury	36'04.50"			
1988	Sabrina Hill	Millbrook	38'06.50"	L'Tonya Hall	Washington	38'05.00"	Cheryl Hopkins	Farmville Central	37'07.75"			
1989	Melissa Morrison	A.L. Brown	39'11.75"	Alice Vinson	Sun Valley	39'00.50"	Nikki Friday	Lexington	39'10.50"			
1990	Tonya Avery	Jacksonville	38'09.50"	Nikki Friday	Lexington	42'00.00"	Nikki Harris	North Stanly	36'02.75"			
1991	Tonya Avery	Jacksonville	38'11.00"	Nicole Crews	McMichael	38'00.00"	Nikki Harris	North Stanly	38'05.25"			
1992	Lakesha Bennett	Scotland	38'01.00"	Shawn Hill	Harnett Central	39'00.00"	Nikki Harris	North Stanly	39'04.25"			
1993	Jamila Hunter	Millbrook	38'01.75"	DeAnne Davis	Cummings	38'11.00"	Irene Johnson	West Brunswick	37'00.25"			
4A				3A				2A		1A		
1994	Twyla Smith	Pinecrest	38'11.50"	Keione Covington	Asheboro	37'02.50"	DeAnne Davis	Cummings	38'11.00"	Marcia Colson	South Stanly	34'05.25"
1995	Twyla Smith	Pinecrest	41'02.50"	Keoine Covington	Asheboro	36'10.50"	DeAnne Davis	Cummings	39'09.00"	Marcia Colson	South Stanly	35'06.75"
1996	Shauntee Hill	Jacksonville	38'00.50"	Lashonda Stubbs	Eastern Randolph	38'06.00"	DeAnne Davis	Cummings	40'02.00"	Crystal Corbett	North Brunswick	34'10.00"
1997	Toni Kilgor	Huss	39'08.00"	Taressa Davis	Southern Durham	38'07.00"	Kirsten Bowden	Newton-Conover	38'08.50"	Brandy McCullum	Lejeune	33'03.25"
1998	Toni Kilgor	Huss	39'00.00"	Toshima Dabbs	Morehead	38'04.50"	Latasha Pharr	North Rowan	36'05.50"	Deidre Mapp	Cummings	35'03.50"
1999	Randi Chapman	N. Durham	39'06.50"	Meka Battle	Southern Nash	40'00.00"	Latasha Pharr	North Rowan	39'00.00"	Katrelle Armwood	Durham Magnet	35'04.75"
2000	Ronda White	Olympic	41'01.50"	Meka Battle	Southern Nash	39'11.00"	Latasha Pharr	North Rowan	40'09.00"	Paula Moore	Cummings	36'05.25"
2001	Sharonda Johnson	SE Raleigh	37'09.50"	Tatyana Kirichenko	Western Guilford	38'06.50"	Latasha Pharr	North Rowan	39'11.00"	Paula Moore	Cummings	37'10.25"
2002	Sharonda Johnson	SE Raleigh	39'03.50"	Nathifa Forde	Ragsdale	37'07.50"	Sheena Dawkins	T.W. Andrews	37'05.75"	Katrelle Armwood	Durham Sch. of Arts	36'03.00"
2003	Krystal Barringer	Harding	38'00.75"	Camelia Morman	Hillside	39'08.00"	Alicia Person	Southern Vance	37'07.50"	Jazmin Skipper	Mount Airy	34'03.00"
2004	Brittany Dixon	Millbrook	39'06.50"	Camelia Morman	Hillside	38'07.50"	Sarah Portee	T.W. Andrews	36'05.50"	Eman Al-Aswadi	Durham Sch.of Arts	35'09.75"
2005	Amelia Black	Millbrook	37'09.50"	Camelia Morman	Hillside	36'10.75"	Alicia Person	Southern Vance	37'00.00"	Eman Al-Aswadi	Durham Sch. of Arts	35'02.00"
2006	Monique Vines	SERaleigh	37'05.00"	Dekalah Price	T.W. Andrews	38'04.75"	Taryn Wentz	Forest Hills	37'04.00"	Glasha Covington	Albemarle	35'09.00"
2007	Chrishawn Williams	SE Raleigh	37'07.00"	Radiance Basden	Western Guilford	38'10.50"	Sherice Walker	Cummings	38'05.50"	Joule Breedlove	Swain County	38'01.25"
2008	Jacinda Evans	S. Durham	39'01.00"	Radiance Basden	Western Guilford	39'08.50"	Sherice Walker	Cummings	39'03.00"	Glasha Covington	Albemarle	38'03.75"
2009	Jazie Daniels	Page	39'05.50"	Danielle Butts	South Central	40'11.00"	Sherice Walker	Cummings	39'09.00"	Jennifer Cousart	Highland Tech	34'06.50"
2010	Shemiah Brooks	SW Guilford	39'10.00"	Danielle Butts	South Central	39'01.00"	Kortney Williams	Cummings	37'01.00"	Jamie Glenn	Monroe	38'01.00"
2011	Shemiah Brooks	SW Guilford	39'03.00"	Danielle Butts	South Central	40'11.00"	Francesca Evans	Cummings	38'10.50"	Jamie Glenn	Monroe	34'08.50"
2012	Shemiah Brooks	SW Guilford	28'10.00"	Jackie Reid	North Gaston	37'02.00"	Francesca Evans	Cummings	39'03.00"	Jamie Glenn	Monroe	38'04.00"
2013	Dejah Hayes	W. Guilford	38'07.00"	Chelsey Hargrave	Williams	39'00.75"	Tainasha Vines	Bunn	38'06.00"	Chryssandra Tatum	Lejeune	39'00.00"
2014	Sydnei Murphy	Apex	39'07.50"	Lydia Laws	Western Alamance	37'02.50"	Tainasha Vines	Bunn	39'01.50"	Vanisha Wilshire	Louisburg	36'11.00"
2015	Sydnei Murphy	Apex	40'00.75"	Tamilia Wright	Williams	39'00.50"	Tainasha Vines	Bunn	38'08.75"	Vanisha Wilshire	Louisburg	39'04.00"
2016	Michelle Cobb	T.C. Roberson	38'08.00"	Imani Bennett	Southern Guilford	39'01.00"	Peighton Simmons	T.W. Andrews	38'00.00"	Emma Frye	North Stokes	35'08.50"
2017	Michelle Cobb	T.C. Roberson	38'11.50"	Kalynn McNair	Asheboro	38'10.75"	Peighton Simmons	T.W. Andrews	39'00.75"	Breah Taylor	East Carteret	37'05.50"
2018	Morgan Smalls	Panther Creek	40'07.50"	Kalynn McNair	Asheboro	38'01.00"	Nicole Barnes	T.W. Andrews	36'08.00"	Breah Taylor	East Carteret	38'01.50"
2019	Morgan Smalls	Panther Creek	40'09.00"	Kaylah Britt	Northside-Jax	39'03.50"	Kendall Jordan	Cummings	40'04.75"	Breah Taylor	East Carteret	38'09.00"
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Alexis Hastings	South Central	37'09.00"	Jahaila Wright	Central Cabarrus	37'11.00"	Kendall Jordan	Cummings	38'04.00"	Taegan Lowder	North Stanly	36'05.00"
2022	Ija Mumford	Parkland	38'08.00"	Alexis Willis	Cramer	39'00.50"	Latecyia Johnson	East Carteret	36'07.25"	Zoie Shuler	Robbinsville	39'09.25"
2023	Kori Randle	Garner	39'07.75"	Alexis Willis	Cramer	37'10.00"	D'Anna Cotton	Cummings	37'06.75"	Zoie Shuler	Robbinsville	37'02.25"



Women's Outdoor Track State Individual Event Champions



HIGH JUMP

1972	Wall	Dudley	5'02.00"	1977	N. Ray	Western Guilford	5'05.00"	1982	Cindy Floyd	Swansboro	5'06.00"
1973	Robbins	Southeast Guilford	5'00.50"	1978	Vanessa Smith	R.J. Reynolds	5'07.75"	1983	April Cook	Watauga	5'08.25"
1974	Robbins	Southeast Guilford	5'02.00"	1979	Chris Arends	Jordan	5'08.00"	1984	Teri LeBlanc	South Mecklenburg	5'06.00"
1975	Sampson	West Carteret	5'01.00"	1980	N. Ray	Western Guilford	5'06.00"	1985	Marquita Misenheimer	Northwest Cabarrus	5'02.00"
1976	Michelle Langan	South Mecklenburg	5'07.00"	1981	April Cook	Watauga	5'06.00"				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Jodi Doss	Williams	5'06.00"	Jodi Doss	Williams	5'06.00"	Melissa Rogers	Southwestern Randolph	5'06.00"			
1987	Leshawn Hewitt	Jordan	5'02.00"	Vicki Peek	Enka	5'04.00"	Melissa Rogers	Southwestern Randolph	5'06.00"			
1988	Sabrina Hill	Millbrook	5'04.00"	Nicky Hudson	Harnett Central	5'04.00"	Susie Britt	Albemarle	5'02.00"			
1989	Quicha Floyd	Page	5'04.00"	Tara Lindsay	Asheboro	5'06.00"	Lola Jones	North Rowan	5'04.00"			
1990	Wendy Palmer	Person	5'06.00"	Kim Jones	Statesville	5'06.00"	Shelly Whitaker	Randleman	5'06.00"			
1991	Quicha Floyd	Page	5'06.00"	Kim Jones	Statesville	5'08.00"	Peace Shepherd	Swansboro	5'06.00"			
1992	Wendy Palmer	Person	5'08.00"	Kim Jones	Statesville	5'04.00"	Saundra Teel	East Carteret	5'04.00"			
1993	Jamila Forte	Enloe	5'04.00"	Shana Harris	Southern Guilford	5'04.00"	Kim McPhatter	Union Pines	5'04.00"			
4A				3A				2A		1A		
1994	Rhonda Parks	Triton	5'06.00"	Latosha Etheridge	Fike	5'05.00"	Kim McPhatter	Union Pines	5'06.00"	Caroline Norton	Elkin	5'00.00"
1995	Adrianne Sims	Douglas Byrd	5'08.50"	Lindsey Ridgeway	Williams	5'05.00"	Joanie Mungro	West Caldwell	5'02.00"	Julie Stackhouse	Hayesville	5'04.50"
1996	Adrianne Sims	Douglas Byrd	5'08.00"	Monique Judkins	Reidsville	5'06.00"	Crystal Forney	Bunker Hill	5'02.00"	Julie Stackhouse	Hayesville	5'00.00"
1997	Adrianne Sims	Douglas Byrd	6'00.00"	Monique Judkins	Reidsville	5'08.00"	Ashley Pinnix	SW Guilford	5'00.00"	Julie Stackhouse	Hayesville	5'04.00"
1998	Sha-Mecca Twitty	West Carteret	5'06.00"	Virginia Lacombe	South Caldwell	5'08.00"	Allison Lentz	Brevard	5'04.00"	Gina Rosser	South Davidson	5'05.00"
1999	Sha-Mecca Twitty	West Carteret	5'04.00"	Carol Kiser	Concord	5'04.00"	Nancy Hinson	Ledford	5'02.00"	Gina Rosser	South Davidson	5'04.00"
2000	Joann Jackson	Millbrook	5'06.00"	Ashley Schrimmer	Havelock	5'04.00"	Tiffany Perry	Southern Vance	5'06.00"	Shannon Meadows	Hendersonville	5'02.00"
2001	Joann Jackson	Millbrook	5'04.00"	Tiffany Mitchell	Western Harnett	5'06.00"	Tiffany Perry	Southern Vance	5'04.00"	Shannon Meadows	Hendersonville	5'08.00"
2002	Debbie Martin	Apex	5'08.00"	Megan Seehorn	East Lincoln	5'02.00"	Vikki Williams	South Brunswick	5'04.00"	Chevon Keith	Union	5'00.00"
2003	Anna Raynor	South Johnston	5'09.00"	Ashley Talley	North Iredell	5'08.00"	Leigh Ann Dillon	Eastern Guilford	5'04.00"	Maya Bennett	East Surry	5'05.00"
2004	Mattie Bethea	Mount Tabor	5'06.00"	Patience Coleman	Southern Durham	5'08.00"	Sarah Portee	T.W. Andrews	5'02.00"	Jessica Peaks	Durham Sch. of Arts	5'02.00"
2005	Jennifer Webster	Providence	5'06.00"	Patience Coleman	Southern Durham	5'04.00"	Jordan Lee	Cedar Ridge	5'02.00"	Jessica Peaks	Durham Sch. of Arts	5'04.00"
2006	Patience Coleman	S. Durham	5'10.00"	Ashley Talley	North Iredell	5'08.00"	Danielle Adams	Northside-Jax	5'04.00"	Brittany Alston	Jordan Matthews	5'02.00"
2007	Patience Coleman	S. Durham	5'08.00"	Laura Langley	Southern Nash	5'08.00"	Jordan Lee	Cedar Ridge	5'06.00"	Sarah Herd	Cherryville	5'02.00"
2008	Cierra Burdick	S. Mecklenburg	5'05.00"	Laura Langley	Southern Nash	5'04.00"	Danielle Adams	Northside-Jax	5'06.00"	Shaquiela Robinson	South Robeson	5'02.00"
2009	Brittany Burton	Person	5'06.00"	Shenika Scales	Morehead	5'03.00"	Meredith Foster	West Henderson	5'03.00"	Shaquiela Robinson	South Robeson	5'06.00"
2010	Sarah Graham	WF-Rolesville	5'06.00"	Danielle Butts	South Central	5'06.00"	Libby Florence	Cedar Ridge	5'03.00"	Shaquiela Robinson	South Robeson	5'04.00"
2011	Sarah Graham	WF-Rolesville	5'08.00"	Danielle Butts	South Central	5'04.00"	Cheyenne Miller	East Rutherford	5'07.00"	Stephanie Johnson	Andrews	5'04.00"
2012	Alexis Perry	Jordan	5'08.00"	LaTrondra Murrow	Harding	5'06.00"	Hunter Welborn	Starmount	5'06.00"	Makayla Roten	West Wilkes	5'04.00"
2013	Gustell Preston	Mount Tabor	5'06.00"	Qizeah Jackson	Westover	5'04.00"	Hunter Welborn	Starmount	5'06.00"	Makayla Roten	West Wilkes	5'06.00"
2014	Jordyn Brown	Jordan	5'04.00"	Qizeah Jackson	Westover	5'08.00"	Charity Snelling	Franklinton	5'05.00"	Hunter Welborn	Starmount	5'08.00"
2015	Jordyn Brown	Jordan	5'06.00"	Julia Scoles	South Iredell	5'06.00"	Joya Blackwell	Hertford County	5'06.00"	Kylie Polsgrove	Avery County	5'06.00"
2016	Kenya Livingston	Rocky River	5'08.00"	Maci Bunting	Asheboro	5'06.00"	Mikel Franklin	T.W. Andrews	5'07.00"	McKenzie Scott	Queens Grant	5'02.00"
2017	Morgan Smalls	Panther Creek	5'08.00"	Jaelyn Warren	Cuthbertson	5'04.00"	Joya Blackwell	Hertford County	5'04.00"	McKenzie Scott	Queens Grant	5'04.00"
2018	Morgan Smalls	Panther Creek	6'00.25"	Gabrielle Ryan	Hillside	5'02.00"	Kennedy Conner	Franklin	5'04.00"	Tierra Benders	East Carteret	5'02.00"
2019	Morgan Smalls	Panther Creek	5'10.00"	Rebekah Smith	Franklinton	5'04.00"	Angel Bowden	Durham Sch. Arts	5'03.00"	Kathlyn Mauck	Mount Airy	5'02.00"
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Amber Jackson	Ardrey Kell	5'06.00"	Mackenzie Kuelz	Weddington	5'06.00"	Macy Miller	South Rowan	5'04.00"	Kat Slade	Northside-Pinetown	5'00.00"
2022	Cheyly Scott	Butler	5'10.00"	Tyler Collins	West Carteret	5'04.00"	Katarina Kepley	West Davidson	5'02.00"	Lilly Adams	East Wilkes	5'02.00"
2023	Kirstin Smalls	Panther Creek	5'06.00"	Tyler Collins	West Carteret	5'08.00"	D'Anna Cotton	Cummings	5'06.00"	Zoie Shuler	Robbinsville	5'04.00"



Women's Outdoor Track State Individual Event Champions



POLE VAULT

4A

1999	Becky Post	WF-Rolesville	9'00.00"
2000	Jodie Nettles	Providence	11'00.00"
2001	Erica Dickerson	Millbrook	11'07.00"
2002	Kinsey Batts	Cary	10'06.00"
2003	Tracy Prohoniak	Vance	10'06.00"
2004	Sallie Gurganus	Watauga	11'00.00"
2005	Sallie Gurganus	Watauga	11'08.00"
2006	Sallie Gurganus	Watauga	12'01.00"
2007	Joanna Wright	R.J. Reynolds	11'06.00"
2008	Taylor Cook	Watauga	11'00.00"
2009	Cassie Crawford	Panther Creek	11'06.00"
2010	Cassie Crawford	Panther Creek	12'06.00"
2011	Sydney White	East Forsyth	12'07.00"
2012	Sydney White	East Forsyth	12'09.00"
2013	Kristen Lee	Wakefield	13'00.00"
2014	Anna Eaton	Apex	12'06.00"
2015	Anna Eaton	Apex	12'06.00"
2016	Chesney Ward	Ragsdale	13'02.00"
2017	Olivia Goodwin	Cary	12'06.00"
2018	Lindsay Absher	West Forsyth	13'03.00"
2019	Lindsay Absher	West Forsyth	12'00.00"
2020	MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Maddie Davies	Athens Drive	12'00.00"
2022	Bailey Tart	No. Durham	12'00.00"
2023	Lena Richardson	Panther Creek	12'10.00"

3A

Jessica Pierce	Southern Nash	9'00.00"
Michelle Velez	T.C. Roberson	10'00.00"
Tatyana Kirichenko	Western Guilford	11'00.00"
Ashley Marino	North Buncombe	10'06.00"
Amanda Massey	North Buncombe	9'00.00"
Jenny Cambron	Asheville	9'06.00"
Victoria Shobe	Weddington	11'06.00"
Caitlin Thornley	Ragsdale	12'00.00"
Jordan Daywalt	Statesville	11'06.00"
Jordan Daywalt	Statesville	11'06.00"
Ashleigh Culpepper	Franklin	10'00.00"
Ashleigh Culpepper	Franklin	10'06.00"
Sage Proffitt	North Buncombe	11'06.00"
Sage Proffitt	North Buncombe	11'06.00"
Brooke Shelton	Ledford	11'06.00"
Liz Wood	Cuthbertson	11'06.00"
Shaye Stegall	Marvin Ridge	10'06.00"
Tessa Sheets	Northwood	12'01.00"
Tessa Sheets	Northwood	12'06.00"
Riley Felts	Weddington	12'00.00"
Ava Studney	Cuthbertson	11'06.00"
MEET CANCELLED (COVID-19 PANDEMIC)		
Emma Stone	Marvin Ridge	12'06.00"
Caroline Fowlkes	Cedar Ridge	11'00.00"
Lily Houston	NW Cabarrus	11'06.00"

2A

Erin Johnson	Swansboro	7'06.00"
Erin Johnson	Swansboro	9'00.00"
Rhonette Phillips	West Brunswick	10'00.00"
Natalie Savewich	Mount Pleasant	9'06.00"
Natalie Savewich	Mount Pleasant	10'00.00"
Melissa Cabe	West Henderson	9'06.00"
Arielle Dawkins	Western Guilford	10'00.50"
Megan Williams	Ledford	10'00.00"
Katrina Krider	Ashe County	9'06.00"
Megan Williams	Ledford	10'06.00"
Raven Stanley	Surry Central	9'00.00"
K.C. Watson	Swansboro	9'03.00"
Raven Stanley	Surry Central	10'00.00"
Korie Bennett	Swansboro	10'06.00"
Liz Wood	Cuthbertson	10'06.00"
Danielle Brown	Franklin	11'02.00"
Josephine Johnson	Draughn	9'06.00"
Leanna Seagraves	Draughn	9'00.00"
Netanya Linares	Parkwood	10'00.00"
Sarah Brown	Surry Central	12'00.00"
Sarah Brown	Surry Central	12'06.50"
MEET CANCELLED (COVID-19 PANDEMIC)		
Abigail Tully	Wilkes Central	10'00.00"
Abigail Tully	Wilkes Central	10'00.00"
Nora Stroud	Nash Central	9'06.00"

1A

Terri Matthews	Starmount	8'00.00"
Terri Matthews	Starmount	9:06.00"
Susan Shore	Starmount	9'00.00"
Jessica Fowler	Hendersonville	10'06.00"
Susan Shore	Starmount	9'06.00"
Shea Snow	Starmount	10'07.00"
Shea Snow	Starmount	10'00.00"
Melanie Frye	West Wilkes	9'06.00"
Caitlin Ritchie	South Stanly	9'06.00"
Gretta Eller	West Wilkes	9'00.00"
Jasmine Patterson	South Stanly	9'00.00"
Jasmine Patterson	South Stanly	9'06.00"
Tess Rogers	North Stokes	11'00.00"
Tess Rogers	North Stokes	10'06.00"
Tess Rogers	North Stokes	10'06.00"
Moriah Boyette	North Stokes	10'03.00"
Maddie Cole	Robbinsville	10'00.00"
Sarah Hyatt	Swain County	8'06.00"
Hailey Sheppard	North Stokes	9'00.00"
Lakelyn Bass	Hobbs	11'00.00"
Hallah Panther	Cherokee	10'00.00"
MEET CANCELLED (COVID-19 PANDEMIC)		
Amelia Rogers	Swain County	9'06.00"
Amelia Rogers	Swain County	10'00.00"
Amelia Rogers	Swain County	11'00.25"



Women's Outdoor Track State Individual Event Champions



100 METER HIGH HURDLES (110 YARDS UNTIL 1980)

1974	Williford	New Bern	15.50	1979	JoAnn Stallings	Holmes	14.80	1984	Teri LeBlanc	South Mecklenburg	13.89
1975	Scott	Page	15.20	1980	Sonya Marshall	Olympic	14.40	1985	Pam Doggett	Dudley	14.50
1976	Stella Johnson	West Charlotte	15.00	1981	Clara Hairston	East Forsyth	13.60				
1977	Stella Johnson	West Charlotte	14.20	1982	Colette Williams	E.E. Smith	13.40				
1978	Williams	Scotland	14.50	1983	Ida Pendergraft	Hillside	14.30				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Pam Doggett	Dudley	13.88	Pam Doggett	Dudley	13.88	Lisa Taylor	Salisbury	15.46			
1987	Melissa Morrison	A.L. Brown	14.78	Laura Hargett	Asheboro	15.93	Lisa Taylor	Salisbury	15.52			
1988	Melissa Morrison	A.L. Brown	15.19	Paige Ingram	Hibriten	15.75	Monica Teeter	Mooresville	15.83			
1989	Melissa Morrison	A.L. Brown	14.09	Angela Williams	Western Guilford	15.44	Beth Burleson	Mitchell	15.73			
1990	Cassandra Adams	Richmond	14.66	Beth Burleson	Mitchell	15.20	Beth Burleson	Mitchell	15.20			
1991	Fay Peteakin	Hoke County	15.19	Christy Rogers	Sun Valley	15.33	Sara White	Surry Central	15.32			
1992	Jennifer Kalanick	Grimsley	15.10	Christy Rogers	Sun Valley	15.16	Sara White	Surry Central	15.31			
1993	Joann Smith	New Bern	15.17	DeAnne Davis	Cummings	14.67	Sara White	Surry Central	15.10			
4A				3A				2A				
1994	Twyla Smith	Pinecrest	14.64	Beverly Ford	High Point Central	15.85	DeAnne Davis	Cummings	14.65	Julie Stackhouse	Hayesville	16.46
1995	Brenda Taylor	Watauga	14.62	Tishan Melton	Beddingfield	15.11	DeAnne Davis	Cummings	14.56	Julie Stackhouse	Hayesville	15.72
1996	Brenda Taylor	Watauga	14.53	Marshari Williams	Southern Durham	14.85	DeAnne Davis	Cummings	14.63	Julie Stackhouse	Hayesville	16.02
1997	Brenda Taylor	Watauga	14.23	Marshari Williams	Southern Durham	15.08	Deidre Mapp	Cummings	15.63	Julie Stackhouse	Hayesville	15.45
1998	Kim Jones	Grimsley	14.66	Lavernia Chambers	Hillside	14.90	Latasha Pharr	North Rowan	14.43	Deidre Mapp	Cummings	15.75
1999	Kim Jones	Grimsley	14.03	Ronetta Burgess	Washington	15.90	Latasha Pharr	North Rowan	14.79	Ebony Cunningham	Polk County	15.81
2000	Candice Sessoms	Jacksonville	14.70	Michelle Velez	T.C. Roberson	15.20	Latasha Pharr	North Rowan	14.06	Katrelle Armwood	Durham Sch.of Arts	15.38
2001	Ashley Dutch	Broughton	14.70	Lavarnia Chambers	Hillside	14.90	Latasha Pharr	North Rowan	14.19	Chandra Pulliam	Cummings	14.35
2002	Krystal Barringer	Harding	15.20	Sherina Steele	West Rowan	15.19	Chandra Pulliam	Cummings	14.59	Katrelle Armwood	Durham Sch. of Arts	15.38
2003	Krystal Barringer	Harding	14.69	Alicia Turner	Hillside	14.95	Arlene Mitchell	Southern Vance	15.22	Melinda Mayfield	Durham Sch. of Arts	15.84
2004	Krystal Barringer	Harding	15.02	Atir Carter	Hillside	15.00	Dominique Price	Cummings	14.97	Kenya Kerr	Hendersonville	16.41
2005	Gabby Mayo	SE Raleigh	14.41	Atir Carter	Hillside	15.02	Latoya James	Cummings	14.93	Michelle Bracey	Williamston	16.26
2006	Gabby Mayo	SE Raleigh	13.60	Manika Gamble	Jacksonville	15.01	Latoya James	Cummings	14.34	Melanie Frye	West Wilkes	16.05
2007	Gabby Mayo	SE Raleigh	13.73	Sophia Treakle	Asheville	14.90	Latoya James	Cummings	13.98	Joanna Davis	South Stokes	16.25
2008	Ashley Bethune	Harding	14.28	Sophia Treakle	Asheville	14.87	Sherice Walker	Cummings	14.21	Natalie Moreland	Mount Airy	16.26
2009	Brittany Carroll	Harding	14.20	Maklisha Ford	NW Cabarrus	15.50	Sherice Walker	Cummings	14.50	Camille Wilkerson	W-S Prep	15.31
2010	Keni Harrison	Clayton	14.56	Erin Tucker	J.M. Robinson	14.54	Kortney Williams	Cummings	14.66	Teaunna Cuthbertson	North Rowan	15.14
2011	Keni Harrison	Clayton	13.69	Xaviera Bass	Nash Central	14.89	Nora McKiver	T.W. Andrews	14.60	Meloney Ramos	North Rowan	15.41
2012	Mollie Williams	Clayton	13.66	Ariel Davis	Northern Guilford	14.39	Nora McKiver	T.W. Andrews	14.22	Reneazia Collins	Monroe	15.48
2013	Mollie Williams	Clayton	13.98	Kayla Mitchell	Overhills	14.79	Nora McKiver	T.W. Andrews	14.37	Reneazia Collins	Monroe	15.52
2014	Jacklyn Howell	SE Raleigh	13.52	Kylie McMillan	Southern Guiford	14.11	Kayla Moore	Cummings	14.75	Kylie Polsgrove	Avery County	15.17
2015	Ebony Williams	Parkland	13.44	Kylie McMillan	Southern Guilford	13.81	Kayla Moore	Cummings	14.38	Kylie Polsgrove	Avery County	14.94
2016	Akira Rhodes	Mallard Creek	13.76	Sydni Fields	Cleveland	14.98	Kayla Moore	Cummings	13.71	Ashya Smith	Winston-Salem Prep	15.40
2017	Akira Rhodes	Mallard Creek	13.90	Alion Belvin	Asheville	15.00	Nicole Barnes	T.W. Andrews	14.19	Ashya Smith	Winston-Salem Prep	15.63
2018	Akira Rhodes	Mallard Creek	13.66	Nyile Facey	Southwest Guilford	14.06	Nicole Barnes	T.W. Andrews	13.99	Shamonda Bell	Princeton	15.43
2019	Taylor McKinnon	Cardinal Gibbons	13.88	Alexis Patterson	Parkland	13.91	Kendall Jordan	Cummings	14.11	Ja'Ciya Guthrie	Bessemer City	15.04
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Akala Garrett	Harding Univ.	13.90	Zariyah Black	Eastern Guilford	14.51	Kendall Jordan	Cummings	14.03	Monica Riordan	Swain County	15.13
2022	Akala Garrett	Harding Univ.	13.69	Emma Hall	West Henderson	15.07	Tamesia Pinnix	Cummings	14.11	Tai'lah Ward	North Rowan	15.46
2023	Joslyn Hamilton	Rolesville	14.25	Emma Hall	West Henderson	14.42	Mariah Perry	Walkertown	15.12	Akala Garrett	Albemarle	13.52



Women's Outdoor Track State Individual Event Champions



100 METER DASH (100 YARDS UNTIL 1980)

1972	Little	Hoke County	11.60	1977	Stanback	Pinecrest	11.10	1982	Pat Braxton	Jacksonville	12.40
1973	Leak	Bowman	11.10	1978	Stanback	Pinecrest	10.90	1983	Carla McLaughlin	Northern Durham	11.70
1974	Roundtree	Elm City	11.40	1979	Denise Dayle	Hillside	11.00	1984	Carla McLaughlin	Northern Durham	11.88
1975	Kathy McMillian	Hoke County	11.00	1980	Denise Dayle	Hillside	12.00	1985	Lamonda Miller	Chase	11.90
1976	Kathy McMillian	Hoke County	11.10	1981	Mamie Wilson	Northern Durham	11.80				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Adrienne Ferguson	Dudley	11.96	Adrienne Ferguson	Dudley	11.96	Linda Bryant	Manteo	11.90			
1987	Marlene Poole	Grimsley	12.32	San Harrison	T.W. Andrews	12.32	Rachel Small	Lexington	12.26			
1988	Marlene Poole	Grimsley	12.26	Alice Vinson	Sun Valley	12.65	Tammy Ballard	North Brunswick	12.62			
1989	Marlene Poole	Dudley	11.74	Alice Vinson	Sun Valley	12.20	Rachel Small	Lexington	12.63			
1990	Marlene Poole	Dudley	11.95	Alice Vinson	Sun Valley	12.03	Melissa Harris	West Montgomery	12.79			
1991	Tarsha Bess	West Charlotte	11.88	Katrina Jarrett	North Rowan	12.30	Nikki Harris	North Stanly	12.51			
1992	Elisha Marshall	Douglas Byrd	12.18	Sherry Faust	Southern Alamance	12.43	Amanda Johnson	East Carteret	12.59			
1993	Kim Wilson	Grimsley	12.20	Toi Wilson	D.H. Conley	11.83	Amanda Johnson	East Carteret	12.41			
4A				3A		2A		1A				
1994	Elisha Marshall	Douglas Byrd	12.18	Sabrina Thompson	Fike	12.09	Latoya Johnson	Eastern Alamance	12.57	Wendy Wilson	Chatham Central	13.14
1995	Dana Hoope	Harding	11.93	Sabrina Thompson	Fike	11.95	Carmen Weldon	Salisbury	12.40	Conova Young	Lejeune	12.91
1996	Crystal Cox	Pine Forest	11.80	Sabrina Thompson	Fike	11.95	Rasheca Barrow	Currituck	12.23	Conova Young	Lejeune	12.67
1997	Crystal Cox	Pine Forest	11.86	Shirena James	Hickory	12.51	Jenny Cassell	Southern Guilford	12.42	Conova Young	Lejeune	12.48
1998	Demetria Washington	Terry Sanford	12.10	Anissa Gainey	Clayton	12.20	Michelin Middlebrooks	High Point Central	12.49	Shayla Horne	Bladenboro	12.49
1999	Danielle Davis	Seventy-First	12.03	Anissa Gainey	Clayton	12.12	Leeanne Minton	West Wilkes	12.78	Shalyce Smith	James Kenan	12.79
2000	Felicia Fant	Olympic	11.96	Anissa Gainey	Clayton	12.06	Tameka Peterson	Wallace-Rose Hill	12.17	Shalyce Smith	James Kenan	12.62
2001	Michelle Dixon	Southeast Raleigh	12.18	Nasheena Quick	T.W. Andrews	12.45	Tameka Peterson	Wallace-Rose Hill	12.07	Cynethia Rooks	Northampton-West	12.52
2002	Shamaya Poe	West Charlotte	***	Tempess Stark	Northwest Cabarrus	12.18	Nashenna Quick	T.W. Andrews	12.37	Evette Brown	South Stokes	12.24
2003	Joya Rodgers	Harding	12.21	Tempess Stark	Northwest Cabarrus	12.21	Lovetta Perry	Southern Vance	12.39	Cynethia Rooks	Northampton-West	12.33
2004	Erica Montgomery	Mount Tabor	11.78	Mae Boone	Hertford	12.35	Shontay Dodd	Greene Central	12.25	Evette Brown	South Stokes	12.18
2005	Shamya Poe	West Charlotte	11.84	Toree Roseboro	East Lincoln	12.22	Ashley McKiver	T.W. Andrews	12.31	Christina Gray	North Brunswick	12.50
2006	Gabby Mayo	Southeast Raleigh	11.14	Kelsey McCorkle	South Central	11.83	Alexis Jenkins	North Brunswick	12.62	Jania Bogle	Princeton	12.69
2007	Gabby Mayo	Southeast Raleigh	11.43	Stormy Kendrick	Forestview	11.79	Lindsay Fuller	Cedar Ridge	12.27	Jania Bogle	Princeton	12.35
2008	Jacinda Evans	Southern Durham	11.77	Kelsey McCorkle	South Central	11.83	Lindsay Fuller	Cedar Ridge	12.40	Jania Bogle	Princeton	12.47
2009	Nyosha Bryant	West Charlotte	11.92	Stormy Kendrick	Forestview	12.11	Lindsay Fuller	Cedar Ridge	12.44	Jania Bogle	Princeton	12.25
2010	Vashti Bandy	Butler	12.05	Maleena Reid	North Gaston	11.92	Paisley Simmons	T.W. Andrews	12.08	Leroya Banks	Perquimans	12.30
2011	Gabrielle Gray	High Point Central	11.94	Nyshedra Brown	West Craven	12.33	Marisa Bellamy	Bunn	11.91	Leroya Banks	Perquimans	12.10
2012	Alexis Murphy	Apex	11.60	Nyshedra Brown	West Craven	11.77	Paisley Simmons	T.W. Andrews	12.03	Chasity Roberts	Jones	12.41
2013	Jasmine Dawson	West Johnston	11.70	Qizeah Jackson	Westover	12.18	Paisley Simmons	T.W. Andrews	12.05	Sloan Williams	Winston-Salem Prep	12.33
2014	Katlin Sherman	Parkland	11.88	Courtney Warner	C.B. Aycock	11.93	Reneazia Collins	Monroe	12.42	Sloan Williams	Winston-Salem Prep	12.18
2015	Katlin Sherman	Parkland	11.53	Courtney Warner	C.B. Aycock	11.80	Tia Glover	St. Pauls	12.37	Deonica Reid	Winston-Salem Prep	12.43
2016	Tamara Clark	High Point Central	11.52	Mya Daye	Northern Vance	12.06	Tajah Walston	Cummings	11.94	Sydney McCoy	Camden County	12.17
2017	Tamara Clark	High Point Central	11.72	Mya Daye	Northern Vance	11.96	Nicole Barnes	T.W. Andrews	12.09	Araybian Lilly	West Montgomery	12.65
2018	Jonah Ross	Garner	11.84	Alexis Patterson	Parkland	11.78	Tahalia Fairman	Southwest Onslow	12.30	Araybian Lilly	West Montgomery	12.48
2019	Jonah Ross	Garner	11.83	Alexis Patterson	Parkland	11.95	Allysia Farrar	Cummings	11.92	Ja'Ciya Guthrie	Bessemer City	12.08
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Shawnti Jackson	Cardinal Gibbons	11.48	Ai'yana Gray Williams	Parkland	12.14	Ryan Selden	Lake Norman Ch.	12.42	Tra'Nijah Pettihomme	Pamlico	12.32
2022	Shawnti Jackson	Wakefield	11.45	Alaya Gillespie	West Iredell	12.48	Joyasia Smith	R-S Central	12.04	Lauren Tolbert	Highland Tech	12.54
2023	JaMeesia Ford	Jack Britt	11.49	Janiya Johnson	Statesville	11.70	Shawnti Jackson	South Granville	11.33	Jalee Brown	South Stokes	11.86



Women's Outdoor Track State Individual Event Champions



800 METER DASH (880 YARDS UNTIL 1980)

1972	Ralston	Ragsdale	2:43.20	1977	Julie Shea	Cardinal Gibbons	2:16.60	1982	Delphine Mabry	SouthWest Edgecombe	2:13.50
1973	McMais	Southeast Guilford	2:32.80	1978	Briscoe	Chapel Hill	2:17.10	1983	Kathy Ormsby	Richmond	2:18.10
1974	Kittrell	West Carteret	2:27.30	1979	Mary Shea	Cardinal Gibbons	2:13.20	1984	Leah Ann Miller	North Rowan	2:15.73
1975	Julie Shea	Cardinal Gibbons	2:14.40	1980	S. Owens	Western Guilford	2:15.20	1985	Marrianne Carraher	Lee County	2:12.43
1976	Lynn Lashley	Millbrook	2:12.40	1981	Delphine Mabry	SouthWest Edgecombe	2:21.10				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Missie Purgason	Washington	2:18.37	Missy Purgason	Washington	2:18.37	No Record					
1987	Tonya Willis	Morehead	2:18.37	Francine Dumas	T.C. Roberson	2:18.12	Maria Trent		NC Science & Math	2:25.22		
1988	Tomi Ogumba	East Mecklenburg	2:18.34	Jennifer Bennett	West Carteret	2:19.99	Patty Shoaf		West Davidson	2:23.45		
1989	Leslie McCaskill	East Mecklenburg	2:17.66	Jennifer Bennett	West Carteret	2:22.24	Ros Hall		Murphy	2:25.27		
1990	Amy Neal	East Forsyth	2:15.30	Amy Thatcher	Enka	2:23.09	Claudia Newman		East Montgomery	2:18.50		
1991	Amy Clark	North Mecklenburg	2:16.88	Suzanne Black	Sun Valley	2:21.20	Karen Godlock		Polk County	2:19.30		
1992	Michelle McRae	Williams	2:17.13	Mia Richardson	McMichael	2:16.81	Karen Godlock		Polk County	2:17.53		
1993	Winifred Winston	Hoke County	2:18.58	Laura Hughes	Sun Valley	2:22.61	Karen Godlock		Polk County	2:16.34		
4A				3A				2A		1A		
1994	U. McLean	Enloe	2:17.72	Laura Hughes	Sun Valley	2:20.79	Amy Knox	West Henderson	2:25.80	Jill Lawrence	Surry Central	2:31.10
1995	Keeya McManus	Olympic	2:14.90	Mary Osada	T.C. Roberson	2:21.08	Sarah Day	Ledford	2:26.35	Cathy Pryor	South Davidson	2:28.80
1996	Florencia Hunt	Hillside	2:15.86	Amanda Becker	Fuquay-Varina	2:18.60	Jennifer Dimsdale	Polk County	2:20.20	Julie Stackhouse	Hayesville	2:20.70
1997	Ursula McLean	West Charlotte	2:19.46	Amanda Becker	Fuquay-Varina	2:19.01	Sarah Day	Ledford	2:20.62	Julie Stackhouse	Hayesville	2:22.82
1998	Donna Bealer	Watauga	2:16.78	Melinda Dubose	Enka	2:20.14	Kara Gillespie	Surry Central	2:23.67	Jennifer Dimsdale	Polk County	2:21.60
1999	Karen Medlin	Athens Drive	2:18.32	Nayly Bulkeley	Southwest Guilford	2:19.53	Heidi Sloop	West Wilkes	2:25.25	Jennifer Dimsdale	Polk County	2:25.12
2000	Molly Doyle	Sanderson	2:19.10	Kelly Derry	Franklin	2:21.62	Krystal Knoll	North Stanly	2:27.54	Jessica Heitpas	Rosewood	2:26.66
2001	Karen Medlin	Broughton	2:18.79	Jessica Carrol	Harding	2:20.08	Jessica Durrant	North Henderson	2:27.40	Jessica Heitpas	Rosewood	2:24.12
2002	Julia Lucas	Myers Park	2:15.28	Jeretha Massey	Ben L. Smith	2:20.02	Michelle Matthews	Swansboro	2:20.68	Shea Tamey	Murphy	2:21.00
2003	Krystle Medlin	SE Raleigh	2:20.20	Hannah Parks	Glenn	2:21.17	Michelle Matthews	Swansboro	2:23.56	Kayla Robertson	Surry Central	2:22.43
2004	Krystle Medlin	SE Raleigh	2:16.40	Chinelle McFadden	Hillside	2:21.07	Colleen McKown	Brevard	2:22.22	Kayla Robertson	Surry Central	2:24.81
2005	Aja Jackson	Waddell	2:16.90	Stephanie Snyder	Enka	2:18.93	Christina Moore	Pender	2:18.43	Chelsie Dillard	North Stokes	2:26.57
2006	Lindsay Broyhill	Page	2:15.42	Sarah Dugan	T.C. Roberson	2:21.00	Kennedy Wolfe	Cedar Ridge	2:20.01	Chelsie Dillard	North Stokes	2:26.42
2007	Callan Fike	Athens Drive	2:14.60	Brandy Swann	Jacksonville	2:17.14	Kennedy Wolfe	Cedar Ridge	2:22.77	Tara Lindeman	Hendersonville	2:20.83
2008	Maraya Slatter	West Johnston	2:17.83	Ryanna Henderson	Jacksonville	2:15.15	Heather Beichner	Cardinal Gibbons	2:18.61	Tara Lindeman	Hendersonville	2:15.56
2009	Becca Deloache	Myers Park	2:13.87	LeaAnna Godwin	Triton	2:16.81	Morgan Turner	Lincolnton	2:21.03	Chelsea Treadway	Swain County	2:20.47
2010	Jocelyn Keen	Fuquay-Varina	2:12.79	Taryn Stern	Hickory Ridge	2:20.52	Kaylan Lance	Brevard	2:19.76	Chelsea Treadway	Swain County	2:19.50
2011	Shelby Howell	New Hanover	2:13.05	Megan Kunkel	Cardinal Gibbons	2:17.74	Grace Morken	Carrboro	2:13.09	Chelsea Treadway	Swain County	2:14.70
2012	Shelby Howell	New Hanover	2:11.99	Blake Dodge	West Carteret	2:16.03	Grace Morken	Carrboro	2:18.26	Hunter Latimer	Gray Stone Day	2:21.94
2013	Megan Sullivan	Broughton	2:13.29	Blake Dodge	West Carteret	2:13.23	Grace Morken	Carrboro	2:16.71	Malia Ellington	Comm. Sch. Davidson	2:20.37
2014	Lauren Moody	T.C. Roberson	2:12.84	Blake Dodge	West Carteret	2:13.86	Maysa Araba	Carrboro	2:16.41	Malia Ellington	Comm. Sch. Davidson	2:15.87
2015	G'Jasmyne Butler	Leesville Road	2:11.07	Anna Vess	A.C. Reynolds	2:17.41	Maysa Araba	Carrboro	2:15.18	Malia Ellington	Comm. Sch. Davidson	2:12.26
2016	Nevada Mareno	Leesville Road	2:08.51	Anna Vess	A.C. Reynolds	2:13.28	Brittany Stanly	Mount Pleasant	2:13.53	Emma Pindur	Swain County	2:22.77
2017	TiCoiya Gidderon	High Point Central	2:11.93	Emme Fisher	West Carteret	2:15.69	Kaleigh Hanson	Croatan	2:19.28	Emma Pindur	Swain County	2:19.26
2018	TiCoiya Gidderon	High Point Central	2:13.76	Megan Marvin	Chapel Hill	2:12.74	Kaleigh Hanson	Croatan	2:19.43	Victoria Swepson	Research Triangle	2:20.40
2019	Caroline Todd	Cardinal Gibbons	2:15.08	Megan Marvin	Chapel Hill	2:13.26	Faith Younts	Patton	2:21.92	Victoria Swepson	Research Triangle	2:18.84
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Sanu Jallow	W. Mecklenburg	2:07.78	Alyssa Preisano	Cuthbertson	2:17.46	Angie Allen	North Lincoln	2:15.58	Lauren Tolbert	Highland Tech	2:22.86
2022	Charlotte Bell	Cuthbertson	2:12.23	Lily Yampolsky	Lake Norman	2:17.93	Olivia Overholt	Polk County	2:18.50	Lauren Tolbert	Highland Tech	2:09.37
2023	Charlotte Bell	Cuthbertson	2:08.89	Zoe Dorsey	Terry Sanford	2:15.41	Kelsey Burleson	West Stanly	2:23.32	Dvdaya Swimmer	Cherokee	2:19.71



Women's Outdoor Track State Individual Event Champions



1600 METER RUN (1 MILE UNTIL 1980)

1972	Elder	Ragsdale	6:05.60	1977	Julie Shea	Cardinal Gibbons	4:43.10	1982	Kathy Ormsby	Richmond	4:59.00
1973	Taylor	North Pitt	5:22.20	1978	Gail Hafley	Sanderson	5:05.70	1983	Kathy Ormsby	Richmond	4:56.80
1974	Taylor	North Pitt	5:21.10	1979	Mary Shea	Cardinal Gibbons	4:58.00	1984	Wendy McLees	Grimsley	5:05.17
1975	Lashley	Millbrook	5:16.60	1980	Joan Nesbitt	East Mecklenburg	5:05.70	1985	Marriane Carraher	Lee County	5:18.21
1976	Julie Shea	Cardinal Gibbons	4:50.80	1981	Kathy Ormsby	Richmond	4:59.00				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Francine Dumas	T.C. Roberson	5:02.29	Francine Dumas	T.C. Roberson	5:02.29	Amy Bingham	NC Science & Math	5:38.45			
1987	Cessy Hudson	East Burke	5:07.03	Francine Dumas	T.C. Roberson	5:10.69	Maria Trent	NC Science & Math	5:35.90			
1988	Cessy Hudson	East Burke	5:10.38	Charlotte Smith	Shelby	5:23.85	Erin Smyth	Lejeune	5:24.49			
1989	Carrie Hoag	Garinger	5:13.14	Jennifer Olive	Enka	5:16.96	Erin Smyth	Lejeune	5:22.20			
1990	Kelly Clark	Lee County	5:07.79	Mia Richardson	McMichael	5:24.91	Julie Barba	Lejeune	5:20.41			
1991	Ami Herrman	Providence	5:04.42	Mia Richardson	McMichael	5:16.70	Karen Godlock	Polk County	5:08.84			
1992	Ami Herrman	Providence	4:51.59	Mia Richardson	McMichael	5:10.94	Karen Godlock	Polk County	5:06.34			
1993	Ami Herrman	Providence	5:09.92	Rebekah Frick	East Rowan	5:24.84	Karen Godlock	Polk County	5:05.69			
4A				3A				2A				
1994	Francis Warner	E.E. Smith	4:59.92	Laura Hughes	Sun Valley	5:15.67	Amy Knox	West Henderson	5:25.60	Suzanne Shelton	East Surry	5:39.44
1995	Meredith Faircloth	Broughton	5:09.29	Amanda Becker	Fuquay-Varina	5:08.01	Sarah Day	Ledford	5:25.41	Kristy Whitaker	Murphy	5:31.98
1996	Florencia Hunt	Hunt	5:09.01	Amanda Becker	Fuquay-Varina	5:05.79	Jennifer Dimmsdale	Polk County	5:08.18	Julie Stackhouse	Hayesville	5:17.00
1997	Fran Lattie	Lumberton	5:19.31	Sarah Vance Goodman	T.C. Roberson	5:03.05	Sarah Day	Ledford	5:13.97	Kristy Whitaker	Murphy	5:31.46
1998	Mary Floyd	Enloe	5:12.03	Sarah Vance Goodman	T.C. Roberson	5:03.80	Heidi Sloop	West Wilkes	5:23.26	Jennifer Dimsdale	Polk County	5:19.05
1999	Alisha Little	East Burke	5:08.40	Christina Berndt	Fred T. Foard	5:10.04	Heidi Sloop	West Wilkes	5:15.55	Ariel Glassman	Hendersonville	5:15.34
2000	Julia Lucas	Myers Park	5:05.59	Danielle Deines	T.C. Roberson	5:20.73	Heidi Sloop	West Wilkes	5:22.04	Jessie Stackhouse	Hayesville	5:37.39
2001	Rachel Kitson	Chapel Hill	5:11.93	Alica Valtin	Western Harnett	5:08.69	Heidi Sloop	West Wilkes	5:20.55	Erika Schneble	Hendersonville	5:16.85
2002	Julia Lucas	Myers Park	5:06.02	Jessica Collins	Eastern Wayne	5:18.76	Christal Rayle	Randleman	5:30.01	Erika Schneble	Hendersonville	5:06.67
2003	Taylor Steelman	Mount Tabor	5:06.39	Hannah Parks	Glenn	5:19.48	LeighAnn Taylor	Monroe	5:18.65	Kayla Robertson	Surry Central	5:15.49
2004	Kate Merrill	Jordan	5:07.83	Hannah Parks	Glenn	5:22.07	LeighAnn Taylor	Monroe	5:16.44	Summer Graham	Princeton	5:27.04
2005	Aja Jackson	Waddell	5:09.76	Hannah Parks	Glenn	5:13.34	Christina Moore	Pender	5:13.07	Elisabeth Elliot	Polk County	5:33.34
2006	Callan Fike	Athens Drive	5:06.15	Hannah McArdle	T.C. Roberson	5:18.83	Heather Beichner	Cardinal Gibbons	5:08.50	Heather Hoffman	Bishop McGuinness	5:26.78
2007	Callan Fike	Athens Drive	4:59.83	Ryanna Henderson	Jacksonville	5:14.67	Heather Beichner	Cardinal Gibbons	5:09.50	Anna Hayes	East Wilkes	5:25.99
2008	Kimberly Spano	N. Mecklenburg	5:07.91	Kenyetta Iyevbele	Olympic	5:07.29	Heather Beichner	Cardinal Gibbons	4:57.05	Jade Farlow	South Stanly	5:19.02
2009	Carolyn Baskir	East Chapel Hill	4:56.87	Laura Hoer	T.C. Roberson	5:00.31	Halsey Merritt	Cardinal Gibbons	5:16.82	Kristen Stout	Hendersonville	5:20.96
2010	Samantha George	Millbrook	4:55.67	Sarah Rapp	Cardinal Gibbons	5:04.10	Francesca Perone	Carrboro	5:25.44	Carol Blankenship	East Wilkes	5:06.62
2011	Samantha George	Millbrook	4:58.75	Sarah Rapp	Cardinal Gibbons	5:07.05	Grace Morken	Carrboro	5:13.09	Kristen Stout	Hendersonville	5:19.32
2012	Samantha George	Millbrook	4:51.54	Jentzen Jones	Fike	5:13.07	Grace Morken	Carrboro	5:09.13	Elizabeth Lackey	Hendersonville	5:25.27
2013	Mattie Blue	Broughton	5:02.52	Blake Dodge	West Carteret	4:59.35	Grace Morken	Carrboro	5:13.00	Malia Ellington	Comm. Sch. Davidson	5:01.37
2014	Blair Ramsey	Grimsley	4:57.20	Anna Vess	A.C. Reynolds	5:00.39	Maysa Araba	Carrboro	5:03.52	Malia Ellington	Comm. Sch. Davidson	4:59.88
2015	Elly Henes	Green Hope	4:58.84	Anna Vess	A.C. Reynolds	5:03.49	Maysa Araba	Carrboro	4:55.78	Malia Ellington	Comm.Sch. Davidson	5:04.85
2016	Nevada Mareno	Leesville Road	4:51.57	Anna Vess	A.C. Reynolds	5:00.09	Brittany Stanley	Mount Pleasant	4:59.96	Jo Snow	Mount Airy	5:22.39
2017	Isabel Zimmerman	Reagan	5:00.46	Sarah LaTour	Cuthbertson	5:03.03	Mariah Howlett	Lake Norman Charter	5:03.80	Caitlyn Burkett	Franklin Academy	5:21.43
2018	Carmen Alder	Pinecrest	4:57.84	Elise Wright	T.C. Roberson	5:01.52	Mariah Howlett	Lake Norman Charter	5:00.67	Victoria Swepson	Research Triangle	5:21.52
2019	Carmen Alder	Pinecrest	5:03.98	Hayley Whoolery	West Johnston	5:02.12	Angie Allen	North Lincoln	5:10.87	Victoria Swepson	Research Triangle	5:25.68
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Maddie Huecker	Lake Norman	4:50.36	Alyssa Preisano	Cuthbertson	4:57.34	Angie Allen	North Lincoln	5:05.97	Victoria Swepson	Research Triangle	5:23.84
2022	Amelia Maughan	Chapel Hill	4:49.69	Caroline Murrell	Northwood	5:07.44	Natalie Almond	West Stanly	5:19.87	Briley Bickerstaff	Riverside-Martin	5:12.30
2023	Charlotte Bell	Cuthbertson	4:43.27	Eva Rinker	Tuscola	5:03.76	Kelsey Burleson	West Stanly	5:22.22	Arizona Blankenship	Swain County	5:01.10



Women's Outdoor Track State Individual Event Champions



200 METER DASH (220 YARDS UNTIL 1980)

1972	Crowell	East Mecklenburg	26.10	1977	Stanback	Pinecrest	25.30	1982	Mamie Wilson	Northern Durham	24.60
1973	Leak	Bowman	25.40	1978	Stanback	Pinecrest	24.60	1983	Carla McLaughlin	Northern Durham	24.30
1974	Kathy McMillian	Hoke County	25.40	1979	Pam Belton	Seventy-First	25.00	1984	Carla McLaughlin	Northern Durham	24.13
1975	Kathy McMillian	Hoke County	25.40	1980	Gwen Ray	Smithfield-Selma	24.30	1985	Lamonda Miller	Chase	24.64
1976	Kathy McMillian	Hoke County	24.40	1981	Pam Belton	Seventy-First	24.80				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Adrienne Ferguson	Dudley	24.40	Adrienne Ferguson	Dudley	24.40	No Record					
1987	Marlene Poole	Grimsley	25.64	San Harrison	T.W. Andrews	25.29	Linda Bryant		Manteo		24.98	
1988	Marlene Poole	Grimsley	24.78	L'Tonya Hall	Washington	25.37	Annette Harris		South Granville		25.85	
1989	Marlene Poole	Dudley	25.04	Alice Vinson	Sun Valley	25.06	Rachel Small		Lexington		25.77	
1990	Marlene Poole	Dudley	24.53	Alice Vinson	Sun Valley	24.81	Annette Harris		South Granville		26.22	
1991	Josette Battle	Millbrook	24.54	Katrina Jarrett	North Rowan	24.95	Cheryl Bowman		Forest Hills		26.58	
1992	Takeisha Quick	Pine Forest	24.86	Alicia Pope	North Lenoir	25.63	Amanda Johnson		East Carteret		25.79	
1993	Kim Wilson	Grimsley	25.13	Katrina Jarrett	North Rowan	24.83	Amanda Johnson		East Carteret		25.79	
4A				3A		2A		1A				
1994	Kim Richardson	New Bern	25.03	Sabrina Thompson	Fike	24.68	Carmen Weldon	Salisbury	25.82	Julie Stackhouse	Hayesville	27.25
1995	Crystal Cox	Pine Forest	24.39	Sabrina Thompson	Fike	25.16	Carmen Weldon	Salisbury	25.15	Julie Stackhouse	Hayesville	26.98
1996	Crystal Cox	Pine Forest	24.18	Sabrina Thompson	Fike	24.61	Racheca Barrow	Currituck	25.12	Angela Grissett	South Robeson	25.78
1997	Crystal Cox	Pine Forest	24.38	Shirena James	Hickory	25.91	Anissa Gainey	Clayton	25.54	Conova Young	Lejeune	26.01
1998	Demetria Washington	Terry Sanford	24.37	Shirena James	Hickory	25.13	Michelin Middlebrooks	High Point Central	25.61	Rachel McEntyre	Polk County	25.57
1999	Lasonja Collins	Independence	24.34	Anissa Gainey	Clayton	24.79	Nancy Hinson	Ledford	25.56	Shalyce Smith	James Kenan	26.44
2000	Felicia Fant	Olympic	24.92	Anissa Gainey	Clayton	25.18	Dana Bembry	Holmes	25.59	Shalyce Smith	James Kenan	25.99
2001	Bernadette Washington	R.J. Reynolds	24.67	Suzzette McSwain	Dudley	25.79	LeTrea Parker	Southern Guilford	25.07	Cynethia Rooks	Northampton-West	25.67
2002	Phykesha Blackman	Independence	25.40	Tiffany Roberts	Southwest Guilford	24.54	Dana Bembry	Holmes	25.40	Evette Brown	South Stokes	25.52
2003	Melissa Council	Cary	24.45	Portia Baker	Southwest Guilford	24.39	Terria Sinclair	Saint Pauls	25.44	Ebony Robinson	Durham Sch. of Arts	25.64
2004	Erica Montgomery	Mount Tabor	24.59	Portia Baker	Southwest Guilford	25.23	Shontay Dodd	Greene Central	25.39	Evette Brown	South Stokes	25.87
2005	Lamarra Currie	Apex	24.28	Gabrielle Daniel	East Chapel Hill	25.33	Ashley McKiver	T.W. Andrews	25.65	Shaquita Copeland	Perquimans	25.96
2006	Gabby Mayo	Southeast Raleigh	23.51	Kelsey McCorkle	South Central	24.73	Morgan McEachin	Red Springs	25.70	Shaquita Copeland	Perquimans	26.16
2007	Gabby Mayo	Southeast Raleigh	23.72	Kelsey McCorkle	South Central	24.79	Maria Johnson	Farmville Central	25.12	Jania Bogle	Princeton	25.99
2008	Jacinda Evans	Southern Durham	24.47	Kelsey McCorkle	South Central	23.63	Brittany Wilkins	Cummings	25.27	Jania Bogle	Princeton	25.30
2009	Nyosha Bryant	West Charlotte	24.12	Stormy Kendrick	Forestview	25.13	Marissa Bellamy	Bunn	24.69	Leroya Banks	Perquimans	24.86
2010	Dominique Weahers	Charlotte Vance	24.45	Maleena Reid	North Gaston	24.91	Briana Haith	Granville Central	24.33	Leroya Banks	Perquimans	25.37
2011	Alexis Murphy	Apex	24.57	Nyshedra Brown	West Craven	24.91	Marissa Bellamy	Bunn	24.39	Chasity Roberts	Jones	25.38
2012	Alexis Murphy	Apex	23.96	Nyshedra Brown	West Craven	24.37	Paisley Simmons	T.W. Andrews	24.74	Janieyah Collins	Monroe	25.22
2013	Tyra Lea	Wakefield	23.95	Qizeah Jackson	Westover	24.54	Paisley Simmons	T.W. Andrews	24.61	Reneazia Collins	Monroe	25.47
2014	Katlin Sherman	Parkland	24.05	Courtney Warner	C.B. Aycock	24.87	Reneazia Collins	Monroe	25.48	Aaliyah Craft	Walkertown	26.02
2015	Tamara Clark	High Point Central	23.69	Courtney Warner	C.B. Aycock	24.23	Starbesha Satterwhite	Warren County	25.22	Deonica Reid	Winston-Salem Prep	25.36
2016	Tamara Clark	High Point Central	23.53	Taylor Henderson	Eastern Guilford	24.40	Payton Russell	North Rowan	24.83	Desire Brown	Heide Trask	25.32
2017	Tamara Clark	High Point Central	23.59	Mya Daye	Northern Vance	24.69	Payton Russell	North Rowan	25.14	Araybian Lilly	West Montgomery	12.65
2018	Kyna Robinson	Southeast Raleigh	24.20	Alexis Patterson	Parkland	24.39	Tahalia Fairman	Southwest Onslow	25.39	Araybian Lilly	West Montgomery	25.73
2019	Jonah Ross	Garner	23.96	Alysia Johnson	Hillside	23.73	Allysia Farrar	Cummings	24.85	Ja'Ciya Guthrie	Bessemer City	25.30
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Shawnti Jackson	Cardinal Gibbons	23.06	Ai'yana Gray-Williams	Parkland	24.66	Joyasia Smith	R-S Central	25.15	Tra'Nijah Pettihomme	Pamlico	25.48
2022	Shawnti Jackson	Wakefield	23.19	Sanu Jallow	West Mecklenburg	24.44	Joyasia Smith	R-S Central	25.19	Lauren Tolbert	Highland Tech	25.66
2023	JaMeesia Ford	Jack Britt	23.47	Janiya Johnson	Statesville	24.18	Shawnti Jackson	South Granville	22.70	Akala Garrett	Albemarle	24.25



Women's Outdoor Track State Individual Event Champions



400 METER DASH (440 YARDS UNTIL 1980)

1972	Crowell	East Mecklenburg	1:00.30	1977	Sherrill	Jordan	57.90	1982	Tonya White	Page	56.50
1973	Lide	Hoke County	1:00.70	1978	Sherrill	Jordan	54.80	1983	April Cook	Watauga	55.60
1974	Swindell	New Bern	59.30	1979	Sherrill	Jordan	55.10	1984	Vickie Staton	Southwest Edgecombe	56.85
1975	Vickie Bryant	Jacksonville	57.70	1980	V. Weaver	Hillside	57.00	1985	Tanya Fillmore	Garinger	56.54
1976	Vickie Bryant	Jacksonville	56.20	1981	Tonya Jefferies	Page	56.60				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Sonja Thomas	Dudley	56.14	Sonja Thomas	Dudley	56.14	Mia Gibson	North Rowan	58.43			
1987	Sonja Thomas	Dudley	56.27	Clara Russell	Cummings	58.70	Melissa Rogers	Southwestern Randolph	57.37			
1988	Teneen Royal	Smithfield-Selma	57.54	Crystal Littlejohn	East Rutherford	59.66	Kresha Estes	South Granville	58.20			
1989	Monica Hockaday	Hillside	56.11	Wanda Phillips	Tarboro	58.69	April Jackson	North Rowan	59.44			
1990	Tonya Avery	Jacksonville	55.74	Tonie Lazenby	West Iredell	57.78	Charlene Steed	Louisburg	59.32			
1991	Treshell Mayo	Sanderson	55.91	Tonie Lazenby	West Iredell	57.13	Tracey Burwell	South Granville	58.91			
1992	Treshell Mayo	Sanderson	56.92	Toi Wilson	D.H. Conley	59.05	Mikki Dollyhigh	Surry Central	59.91			
1993	Michelle McRae	Williams	55.76	Toi Wilson	D.H. Conley	55.71	Brooke Chapman	Hendersonville	58.93			
4A				3A				2A				
1994	Shawnta Person	Olympic	57.41	Toi Wilson	D.H. Conley	56.84	Brooke Chapman	Hendersonville	58.69	Jill Lawrence	Surry Central	59.92
1995	Crystal Cox	Pine Forest	56.97	Jackie Houston	Kings Mountain	58.68	Brooke Chapman	Hendersonville	57.26	Shalisha Greg	Elkin	1:02.00
1996	Demetria Washington	Terry Sanford	54.35	Jackie Houston	Kings Mountain	56.98	Juanita Highes	South Granville	57.55	Erin Gubitz	Northampton-East	1:01.44
1997	Demetria Washington	Terry Sanford	54.78	Jackie Houston	Kings Mountain	57.09	Edi Ntuon	NC Science & Math	58.91	Julie Stackhouse	Hayesville	57.80
1998	Kennisha Morten	Seventy-First	56.97	Toshima Dabbs	Morehead	58.14	Edi Ntuon	NC Science & Math	58.21	Latoya Walters	Cummings	1:00.08
1999	Carol Merritt	Garner	56.47	Demiko Picott	Hertford	59.49	Catherine Holmes	Charles D. Owen	1:00.30	Kristal Troy	Tar Heel	59.82
2000	Victoria Gadson	N. Mecklenburg	55.76	Jeretha Massey	Ben L. Smith	59.02	Marquita Houston	Monroe	59.42	Vanessa Lambert	Swain County	59.27
2001	Samantha Murrillo	Davie County	56.72	Jeretha Massey	Ben L. Smith	58.16	Amy Steadman	Brevard	59.80	Cynethia Rooks	Northampton-West	57.40
2002	Carlitha Sturdivant	Independence	57.81	Jeretha Massey	Ben L. Smith	57.76	Candrya Sellers	Western Alamance	58.86	Mary Mayfield	Durham Sch. of Arts	57.46
2003	Carlitha Sturdivant	Independence	57.91	Portia Baker	Southwest Guilford	56.79	Italie Murphy	Cedar Ridge	59.06	Cynethia Rooks	Northampton-West	57.41
2004	Janet Carothers	Harding	55.98	Portia Baker	Southwest Guilford	55.82	Italie Murphy	Cedar Ridge	56.27	Christina Gray	North Brunswick	57.75
2005	Ebonie Cunningham	Southeast Raleigh	56.47	Kia Haskins	Hillside	58.27	Italie Murphy	Cedar Ridge	58.02	Christina Gray	North Brunswick	58.04
2006	Ebonie Cunningham	Southeast Raleigh	55.10	Tiaera Reynolds	Dudley	57.02	Brittany Fennell	West Henderson	57.57	Shaquita Copeland	Perquimans	58.66
2007	Ebonie Cunningham	Southeast Raleigh	55.17	Kelsey McCorkle	South Central	56.60	Crystal Smith	Farmville Central	57.79	Chelsea Mudd	South Stokes	1:01.11
2008	Nyosha Bryant	West Charlotte	55.58	Brandy Swann	Jacksonville	56.75	Felisha Garren	North Henderson	56.75	Trisha Bennett	Winston-Salem Prep	58.70
2009	Sanura Eley-O'Reilly	Jack Britt	54.07	Breanna Alston	Southeast Guilford	58.45	Briana Haith	Granville Central	56.85	Trisha Bennett	Winston-Salem Prep	57.56
2010	Sanura Eley-O'Reilly	Jack Britt	53.45	Breahna Morrison	Weddington	55.69	Briana Haith	Granville Central	55.76	Colleen McGuire	NC Science & Math	58.31
2011	Ariah Graham	Wakefield	55.01	Naomi Alston	Douglas Byrd	56.48	Marissa Bellamy	Bunn	56.74	Holly Gaines	Chatham Central	59.06
2012	Ariah Graham	Wakefield	55.14	Naomi Alston	Douglas Byrd	56.01	Marissa Bellamy	Bunn	55.73	Reneazia Collins	Monroe	57.41
2013	Tiana Patillo	Wakefield	55.46	Maya Evans	Fike	55.93	Jaleesa Smoot	Salisbury	56.59	Reneazia Collins	Monroe	56.28
2014	Layla White	Cary	55.41	Nikolete Hurrinus	Cuthberston	56.98	Reneazia Collins	Monroe	56.39	Shakai Ward	Elkin	57.59
2015	McKinley McNeill	Parkland	54.31	Jasmine Parquet	Eastern Alamance	56.13	Payton Russell	North Rowan	55.70	Shakai Ward	Elkin	57.14
2016	McKinley McNeill	Parkland	53.50	Cambria Shuford	Statesville	56.28	Payton Russell	North Rowan	56.44	Desire Brown	Heide Trask	57.53
2017	Kiya Ovosun	Southeast Guilford	53.53	Michaela Nelms	Nash Central	55.80	Payton Russell	North Rowan	56.15	Araybian Lilly	West Montgomery	58.33
2018	Maya Singletary	Hoke County	53.42	Dahlia Cutler	Cuthbertson	56.15	Samantha Payne	Ledford	57.30	Araybian Lilly	West Montgomery	57.06
2019	Ella Mainwaring Foster	Providence	55.13	Alysia Johnson	Hillside	53.50	Tahalia Fairman	Southwest Onslow	56.57	Lauren Tolbert	Highland Tech	57.15
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	JaMeesia Ford	Jack Britt	54.83	Ariana Daley	Clayton	56.91	Alaya Gillespie	West Iredell	56.86	Lauren Tolbert	Highland Tech	56.81
2022	Shawnti Jackson	Wakefield	52.32	Sanu Jallow	West Mecklenburg	54.40	Rylee Hegedus	Pine Lake Prep	58.53	Damyja Ortiz	Winston-Salem Prep	57.59
2023	JaMeesia Ford	Jack Britt	54.26	Zoe Dorsey	Terry Sanford	54.99	Shawnti Jackson	South Granville	53.02	Jalee Brown	South Stokes	58.08



Women's Outdoor Track State Individual Event Champions



300 METER INTERMEDIATE HURDLES (220 YARDS UNTIL 1980; 200 METERS 1980-1984)

1979	JoAnn Stallings	Holmes	29.50	1984	Pam Doggett	Dudley	27.92
1980	Clara Hairston	East Forsyth	28.50	1985	Pam Doggett	Dudley	44.73
1981	Sandra Nichols	Thomasville	28.30				
1982	Tracy Briston	R.J. Reynolds	28.50				
1983	Ida Pendergraft	Hillside	28.50				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986	Pam Doggett	Dudley	42.00	Pam Doggett	Dudley	42.00	Pauline Rogers	Southwestern Randolph	46.81			
1987	Wanda Medly	Dudley	45.14	Tara Burns	Cummings	45.98	Denita Watkins	North Stanly	46.26			
1988	Tonya Pope	Fike	44.20	Tara Burns	Cummings	46.10	Lisa Taylor	Salisbury	45.80			
1989	Marseilla McKenzie	Hoke County	44.81	Debbie Hollingsworth	East Henderson	46.91	Zandra Hoyles	Salisbury	47.70			
1990	Marseilla McKenzie	Hoke County	44.41	Vicki Pittman	Tarboro	45.49	Sara White	Surry Central	45.89			
1991	Marseilla McKenzie	Hoke County	44.46	Vicki Pittman	Tarboro	45.43	Lee Anne Ross	South Stanly	46.96			
1992	Cameron Bader	Sanderson	46.29	Laonda McCorkle	High Point Central	46.01	Sara White	Surry Central	46.19			
1993	Joann Smith	New Bern	44.07	DeAnne Davis	Cummings	45.44	Sara White	Surry Central	44.90			
4A				3A				2A		1A		
1994	Twyla Smith	Pinecrest	43.78	Renee Hudson	Tarboro	46.57	DeAnne Davis	Cummings	45.56	Julie Stackhouse	Hayesville	47.86
1995	Brenda Taylor	Watauga	43.81	Natasha Harris	Asheboro	46.57	DeAnne Davis	Cummings	44.94	Julie Stackhouse	Hayesville	45.83
1996	Brenda Taylor	Watauga	43.30	Heather Carpenter	Southern Durham	46.21	DeAnne Davis	Cummings	45.40	Deanne Wood	Surry Central	47.50
1997	Brenda Taylor	Watauga	42.14	Tiffany Smith	Fike	45.29	Lisa Bradsher	Cummings	45.79	Shayla Horne	Bladenboro	46.60
1998	Melissa Henderson	Jordan	45.40	Tiffany Smith	Fike	44.87	Latoya Burt	South Granville	46.24	Deidre Mapp	Cummings	46.36
1999	Rolanda Gabriel	Butler	45.39	Tiffany Smith	Fike	45.32	Latasha Pharr	North Rowan	46.93	Katrelle Armwood	Durham Magnet	45.92
2000	Nneka Martin	Cary	44.23	Leslie Bigelow	Hickory	46.06	Latasha Pharr	North Rowan	44.05	Allison Adams	East Wilkes	47.80
2001	Ashley Dutch	Broughton	44.94	Leteisha Johnson	Ben L. Smith	46.70	Latasha Pharr	North Rowan	46.09	Chandra Pulliam	Cummings	45.23
2002	Demetria Powell	Jordan	45.18	Michelle Duffey	Hillside	45.58	Chandra Pulliam	Cummings	44.61	Katrelle Armwood	Durham Sch. of Arts	45.80
2003	Melissa Council	Cary	43.61	Michelle Duffey	Hillside	43.73	Jessica Sims	West Henderson	46.11	Jessica Autry	Midway	47.47
2004	Erika Foushee	Enloe	44.02	Michelle Duffey	Hillside	44.22	Morgan Peterson	Mountain Heritage	45.37	Alexis Jenkins	North Brunswick	47.18
2005	Gabby Mayo	Southeast Raleigh	44.62	Lateasa Michael	Anson	45.14	Latoya James	Cummings	43.96	Alexis Jenkins	North Brunswick	47.18
2006	Gabby Mayo	Southeast Raleigh	43.56	Manika Gamble	Jacksonville	44.63	Latoya James	Cummings	44.15	Natalie Moreland	Mount Airy	46.69
2007	Tacara Morrissey	E.E. Smith	44.56	Sophia Treakle	Asheville	44.67	Latoya James	Cummings	43.76	Saresa Hudson	Pender	46.84
2008	Victoria Robinson	J.H. Rose	45.37	Sophia Treakle	Asheville	43.15	Sherice Walker	Cummings	44.74	Maggie Conner	Polk County	46.54
2009	Victoria Robinson	J.H. Rose	43.23	Tyler Brockington	Dudley	45.02	Janieyah Collins	Monroe	45.52	Camille Wilkerson	Winston-Salem Prep	44.55
2010	Keni Harrison	Clayton	42.53	Amber Holloway	West Rowan	44.10	Francesca Evans	Cummings	44.64	Saresa Hudson	Pender	45.58
2011	Keni Harrison	Clayton	41.41	Rikki Jay	Franklin	44.47	Nora McKiver	T.W. Andrews	43.69	Janieyah Collins	Monroe	45.29
2012	Tyler Brockington	Dudley	41.81	Lydia Laws	Western Alamance	44.84	Nora McKiver	T.W. Andrews	44.87	Janieyah Collins	Monroe	45.34
2013	Tametris Morrison	Southeast Raleigh	42.72	Lydia Laws	Western Alamance	43.79	Nora McKiver	T.W. Andrews	42.70	Kylie Polsgrove	Avery County	46.17
2014	Jacklyn Howell	Southeast Raleigh	44.67	Lydia Laws	Western Alamance	43.62	Kayla Moore	Cummings	45.77	Kylie Polsgrove	Avery County	45.71
2015	Ebony Williams	Parkland	42.19	Kylie McMillan	Southern Guilford	43.78	Kayla Moore	Cummings	46.07	Kylie Polsgrove	Avery County	45.49
2016	Shellbi Chapman	Leesville Road	43.17	Sydni Fields	Cleveland	44.59	Kayla Moore	Cummings	43.79	Ashya Smith	Winston-Salem Prep	47.05
2017	Jessica Wright	Hillside	42.99	Jorja Medders	Marvin Ridge	44.36	Zacora McKnight	T.W. Andrews	44.71	Taniqua Knight	Albemarle	46.89
2018	Sierra Fletcher	Southeast Raleigh	41.87	Jessica Wright	Hillside	44.50	Nicole Barnes	T.W. Andrews	44.37	Taniqua Knight	Albemarle	46.47
2019	Lindsay Cooper	N. Mecklenburg	43.64	Karisma Marte	Eastern Alamance	43.26	Kendall Jordan	Cummings	43.03	Somahje Porter	Albemarle	46.76
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Akala Garrett	Harding Univ.	41.64	Aria Wegh	Marvin Ridge	43.97	Kendall Jordan	Cummings	44.22	Jessie Lohmann	Swain County	48.26
2022	Akala Garrett	Harding Univ.	41.42	Emma Hall	West Henderson	45.69	Mia McMillen	Surry Central	45.08	Tai'lah Ward	North Rowan	45.70
2023	Aria Wegh	Marvin Ridg	42.28	Emma Hall	West Henderson	44.42	Shalawn Yates	West Craven	45.35	Akala Garrett	Albemarle	40.26



Women's Outdoor Track State Individual Event Champions



3200 METER RUN (2 MILE UNTIL 1980)

1978	Mary Shea	Cardinal Gibbons	10:17.50	1983	Kathy Ormsby	Richmond	11:08.40
1979	Mary Shea	Cardinal Gibbons	10:08.40	1984	Charlotte Carlson	Northwest Cabarrus	11:24.14
1980	Karen Thompson	East Henderson	11:20.10	1985	Patty King	St. Stephens	11:28.92
1981	Lene Hestdal	Myers Park	11:37.30				
1982	Charlotte McCall	McDowell County	11:24.40				

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A					
1986	Cessy Hudson	East Burke	11:09.30	Cessy Hudson	East Burke	11:09.30	No Record						
1987	Stacey Williams	Grimsley	11:11.84	Francine Dumas	T.C. Roberson	11:30.46	Larissa Teigen		Lejeune		11:59.33		
1988	Cessy Hudson	East Burke	11:18.05	Robyn Land	Wilkes Central	11:59.44	Erin Smyth		Lejeune		11:59.32		
1989	Windy McIntyre	Watauga	11:38.79	Jennifer Coffey	St. Stephens	11:49.43	Erin Smyth		Lejeune		12:01.99		
1990	Silica Johnson	Grimsley	11:18.14	Jennifer Coffey	St. Stephens	11:58.60	Alex Reck		NC Science & Math		11:53.91		
1991	Ami Herrman	Providence	11:17.51	Mia Richardson	McMichael	12:00.93	Karen Godlock		Polk County		11:28.84		
1992	Ami Herrman	Providence	11:01.33	Suzanne Black	Sun Valley	11:36.26	Karen Godlock		Polk County		11:25.36		
1993	Ami Herrman	Providence	11:21.85	Rebekah Frick	East Rowan	11:59.26	Karen Godlock		Polk County		11:14.00		
4A				3A				2A					
1994	Jennifer Lakas	S. Mecklenburg	11:26.93	Erin Musson	Wilkes Central	11:46.36	Amy Knox	West Henderson	11:54.40	Jenny Warfford	Jordan Matthews	12:31.93	
1995	Meredith Faircloth	Broughton	11:20.53	Sarah Vance Goodman	T.C. Roberson	11:13.75	Debbie Won	NCSSM	12:11.23	Laura Wilson	Murphy	12:01.65	
1996	Angie Morey	Chapel Hill	11:34.43	Sarah Vance Goodman	T.C. Roberson	10:58.42	Debbie Won	NCSSM	11:46.61	Jenny Warfford	Jordan Matthews	11:59.59	
1997	Whitney Woods	Watauga	11:30.07	Sarah Vance Goodman	T.C. Roberson	11:16.08	Stephanie Jilcott	NCSSM	12:13.58	Jamie Hollingsworth	Rosewood	12:14.41	
1998	Marina Chase	Watauga	11:21.50	Sarah Vance Goodman	T.C. Roberson	10:54.64	Diana Henderson	North Henderson	11:47.03	Jennifer Dimsdale	Polk County	12:25.39	
1999	Alisha Little	East Burke	11:04.39	Erin Kelley	T.C. Roberson	11:28.52	Diana Henderson	North Henderson	11:18.16	Ariel Glassman	Hendersonville	11:20.78	
2000	Julia Lucas	Myers Park	11:19.49	Danielle Deines	T.C. Roberson	11:30.21	Heidi Sloop	West Wilkes	11:48.97	Erika Schneble	Hendersonville	12:49.26	
2001	Rachel Kitson	Chapel Hill	11:15.32	Alica Valtin	Western Harnett	11:36.94	Heidi Sloop	West Wilkes	11:50.44	Erika Schneble	Hendersonville	11:22.24	
2002	Julia Lucas	Myers Park	10:46.22	Jessica Collins	Eastern Wayne	11:37.86	Shiyrah Mielke	North Henderson	12:12.94	Erika Schneble	Hendersonville	11:00.97	
2003	Katherine Merrill	Jordan	11:09.17	Kate McCarthy	East Chapel Hill	13:25.00	LeighAnn Taylor	Monroe	11:44.13	Kasey Smith	South Stokes	11:51.54	
2004	Kate Merrill	Jordan	11:17.50	Latanya Lesine	Hillside	12:10.62	Lindsay Groce	Wilkes Central	11:32.78	Summer Graham	Princeton	12:03.09	
2005	Brittany Johnson	Green Hope	11:15.59	Clair Kelley	T.C. Roberson	11:39.82	Tria Metzler	Bunn	11:31.90	Elisabeth Elliot	Polk County	12:03.13	
2006	Andie Cozzarelli	Apex	11:01.35	Lindsay Ester	Williams	11:40.07	Tria Metzler	Bunn	11:29.49	Elisabeth Elliot	Polk County	11:57.21	
2007	Andie Cozzarelli	Apex	11:15.90	Caroline Kirby	T.C. Roberson	11:33.33	Morgan Turner	Lincolnton	11:46.24	Elizabeth Humphries	Jordan Matthews	12:03.05	
2008	Lauren Bishop	Pinecrest	11:15.13	Caroline Kirby	T.C. Roberson	11:22.50	Morgan Turner	Lincolnton	11:35.53	Kristen Stout	Hendersonville	11:39.70	
2009	Kimberly Spano	N. Mecklenburg	11:05.07	Kenyetta Iyevbele	Olympic	11:30.23	Halsey Meritt	Cardinal Gibbons	11:46.64	Faith Trammell	Robbinsville	11:49.07	
2010	Laura Hoer	T.C. Roberson	10:46.29	Sarah Rapp	Cardinal Gibbons	11:00.10	Alex Travenier	Northeastern	12:14.27	Carol Blankenship	East Wilkes	11:29.54	
2011	Anna McBride	Davie County	10:46.08	Sarah Rapp	Cardinal Gibbons	11:03.44	Aleshia Reece	Madison	11:43.09	Kristen Stout	Hendersonville	11:53.25	
2012	Anna McBride	Davie County	10:47.82	Mary Grace Doggett	Cardinal Gibbons	11:21.84	Allie Castro	North Lincoln	11:18.62	Kristen Parries	Mount Airy	12:10.51	
2013	Pegah Kamrani	E. Chapel Hill	10:47.60	Sophie Ebihara	Cardinal Gibbons	11:08.52	Callie Wynn	West Davidson	11:12.28	Malia Ellington	Comm.Sch. Davidson	11:42.66	
2014	Kayla Montgomery	Mount Tabor	10:47.74	Anna Vess	A.C. Reynolds	10:52.18	No Record			Malia Ellington	Comm. Sch. Davidson	12:02.69	
2015	Elly Henes	Green Hope	10:39.47	Sophie Ebihara	Cardinal Gibbons	11:06.99	Helen Morken	Carrboro	11:24.70	Malia Ellington	Comm.Sch. Davidson	11:28.59	
2016	Nevada Mareno	Leesville Road	10:17.70	Anna Vess	A.C. Reynolds	11:19.41	Kaitlyn Stone	West Stokes	10:53.80	Michaela Gammon	Lincoln Charter	11:54.64	
2017	Isabel Zimmerman	Reagan	10:47.88	Sarah LaTour	Cuthbertson	11:22.35	Mariah Howlett	Lake Norman Char.	11:02.51	Abigail Hemrick	North Stokes	11:55.40	
2018	Carmen Alder	Pinecrest	10:54.80	Anna Bristle	Parkwood	10:56.79	Mariah Howlett	Lake Norman Char.	10:57.13	Caitlyn Burkett	Franklin Academy	12:02.84	
2019	Natalie Tyner	Laney	10:37.34	Jonna Strange	North Iredell	10:53.20	Hannah Preisser	Carrboro	11:31.43	Hannah Oliver	Elkin	11:36.10	
MEET CANCELLED (COVID-19 PANDEMIC)				MEET CANCELLED (COVID-19 PANDEMIC)				MEET CANCELLED (COVID-19 PANDEMIC)				MEET CANCELLED (COVID-19 PANDEMIC)	
2021	Mary Bonner Dalton	Myers Park	10:51.78	Caroline Murrell	Northwood	10:51.83	Angie Allen	North Lincoln	11:13.81	Briley Bickerstaff	Riverside-Martin	11:53.67	
2022	Hannah Rae Shaffer	Car. Gibbons	10:37.09	Caroline Murrell	Northwood	11:07.69	Madison Clay	Patton	11:26.42	Briley Bickerstaff	Riverside-Martin	11:14.47	
2023	Mary Bonner Dalton	Myers Park	10:08.64	Tatum Dermatas	First Flight	10:59.01	Katherine Hopkins	Lincolnton	11:24.40	Arizona Blankenship	Swain County	10:56.58	



Women's Outdoor Track State Relay Event Champions



400 METER RELAY (440 YARDS UNTIL 1980)

1972	Hoke County	52.00	1977	Dudley	49.30	1982	East Forsyth	48.10
1973	Hoke County	51.20	1978	East Guilford	49.00	1983	North Mecklenburg	48.40
1974	Ragsdale	51.70	1979	Pinecrest	49.70	1984	Dudley	48.46
1975	T.W. Andrews	49.40	1980	T.W. Andrews	48.80	1985	Jacksonville	48.51
1976	Hoke County	50.30	1981	Goldsboro	48.60			

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986		Dudley	48.59		Dudley	48.59		Lexington		50.51		
1987		Ashbrook	48.86		T.W. Andrews	49.58		Lexington		49.37		
1988		Ashbrook	48.53		T.C. Roberson	49.71		South Granville		49.59		
1989		New Bern	48.63		Harnett Central	49.64		Lexington		49.27		
1990		New Bern	47.73		Statesville	49.37		Chase		50.73		
1991		New Bern	48.58		North Lenoir	49.71		Chase		50.14		
1992		Pine Forest	48.44		High Point Central	49.01		Forest Hills		50.43		
1993		Dudley	48.34		Cummings	49.83		Forest Hills		49.35		
4A				3A		2A		1A				
1994		New Bern	48.67		Fike	49.69		Salisbury	50.26	Murphy	52.68	
1995		Harding	49.14		Southern Durham	49.29		Cummings	50.42	South Robeson	52.10	
1996		Pine Forest	48.05		Fike	49.16		Cummings	50.12	Lejeune	50.88	
1997		W. Mecklenburg	47.66		High Point Central	49.70		Western Guilford	50.25	Lejeune	50.15	
1998		Independence	47.41		Dudley	48.71		East Carteret	49.73	Lejeune	50.17	
1999		Independence	48.53		Dudley	49.01		Northern Vance	50.91	Graham	50.33	
2000		Olympic	47.76		Hillside	49.71		Holmes	48.86	Graham	50.90	
2001		Independence	48.05		T.W. Andrews	48.97		Holmes	50.31	Northampton	51.71	
2002		Jack Britt	47.99		Southwest Guilford	49.44		T.W. Andrews	48.87	Williamston	51.29	
2003		Harding	48.36		Glenn	48.90		Southern Vance	49.50	Williamston	50.69	
2004		Charlotte Vance	47.60		Ben L. Smith	49.95		Northside-Jax	48.63	Williamston	50.37	
2005		West Charlotte	48.44		Glenn	48.9		T.W. Andrews	49.67	Thomasville	51.34	
2006		Harding	47.22		Andrews	49.06		Cummings	49.06	Princeton	50.99	
2007		Harding	48.14		Parkland	49.25		Hibriten	50.99	Topsail	50.45	
2008		Harding	45.37		South Central	47.24		Hibriten	49.81	James Kenan	50.27	
2009		SE Raleigh	47.33		Parkland	48.13		Cedar Ridge	49.73	Winston-Salem Prep	49.84	
2010		W. Mecklenburg	47.56		South Central	46.94		St. Pauls	49.57	North Rowan	49.48	
2011		W. Mecklenburg	48.11		South Central	47.35		Carver	49.46	North Rowan	48.31	
2012		Parkland	47.73		Westover	49.81		St. Pauls	49.52	Winston-Salem Prep	48.51	
2013		Parkland	47.22		Phillip O. Berry	48.68		T.W. Andrews	48.27	Winston-Salem Prep	48.93	
2014		Parkland	46.99		Weddington	49.00		Beddingfield	49.35	Winston-Salem Prep	49.62	
2015		Mallard Creek	46.69		Rocky Mount	49.08		Cummings	48.81	Winston-Salem Prep	50.45	
2016		Southeast Raleigh	46.25		Cox Mill	48.27		Cummings	48.52	Winston-Salem Prep	50.98	
2017		High Point Central	46.54		Clyde A. Erwin	48.32		T.W. Andrews	48.32	East Carteret	50.18	
2018		Southeast Raleigh	47.33		Parkland	47.28		Lake Norman Char.	49.56	Murphy	51.04	
2019	Jahzara Hart	Southeast Raleigh	46.11	Jadai Stevenson-Damon	Parkland	47.10	Aquariah McIntosh	Lexington	48.04	Latecyia Johnson	East Carteret	49.88
	Kyna Robinson			Diamond Lyerly			Ziavia Calvin			Andralyn Livingston		
	Ani Judd			Del’Nique Penn			Ny’Lasia Brown			Makayla Brazelton		
	Tia Outlaw			Ija Mumford			Alyssa Thompson Rowe			Breah Taylor		
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Hailey Juhasz	Cardinal Gibbons	47.33		Parkland	47.97	Aquariah McIntosh	Lexington	49.26	Timia Smith	Pamlico	50.75
	Taylor Mckinnon						Malaysia Smith			Carrigan LeMaster		
	Ellie Bowman						Ny’Lasia Brown			Kierra Tutt		
	Shawnti Jackson						Alyssa Thompson Rowe			Tra’Nijah Pettihomme		



Women's Outdoor Track State Relay Event Champions



400 METER RELAY (440 YARDS UNTIL 1980)

4A

2022	Abigail Thomas	Hickory Ridge	46.95	Breanna Woods
	Nina Dominique			M'Shya Green
	Jaila Woodruff			Camya Whitfield
	Aniya Woodruff			Melanne Sutton
2023	Promise Davis	Parkland	47.35	Nakirah Adams
	Ai'yana Gray-Williams			Alaya Gillespie
	Ziyah Etchison			Sakari Johnson
	Oteria Dubose			Janiya Johnson

3A

J.H. Rose	49.46	Jemia Raley
		Jamya Covington
		Janiyah Maxwell
		Malaysia Gabriel
Statesville	47.21	Kamaya Speight
		Arianah Davis
		Kamiyah Wooten
		Zimya Croom

2A

Anson	49.72	Timia Smith
		Keiarra Tutt
		Carrigan LeMaster
		Tra'Nijah Pettihomme
Farmville Central	48.35	Olivia Patterson
		Harmoni Carter
		Ajuliah Washington
		Jaida McGrew

1A

Pamlico	49.48
Mountain Island Ch.	50.03



Women's Outdoor Track State Relay Event Champions



800 METER RELAY (880 YARDS UNTIL 1980)

1972	Hoke County	1:48.34	1977	Reid Ross	1:43.00	1982	Northern Durham	1:41.10
1973	New Bern	1:48.30	1978	Reid Ross	1:43.77	1983	Northern Durham	1:42.00
1974	Hoke County	1:45.10	1979	Dudley	1:44.00	1984	Dudley	1:40.24
1975	Hoke County	1:44.00	1980	T.W. Andrews	1:42.00	1985	T.W. Andrews	1:42.89
1976	Hoke County	1:43.40	1981	T.W. Andrews	1:40.50			

3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A				
1986		Dudley	1:40.67			Dudley	1:40.67			Lejeune	1:46.69	
1987		Grimsley	1:39.41			T.W. Andrews	1:44.10			Albemarle	1:45.45	
1988		Richmond	1:42.85			T.C. Robeson	1:45.46			Albemarle	1:46.03	
1989		Dudley	1:41.76			Tarboro	1:44.04			Lexington	1:43.20	
1990		New Bern	1:42.70			T.W. Andrews	1:43.49			South Granville	1:48.04	
1991		Jacksonville	1:41.93			Lexington	1:45.32			Forest Hills	1:47.04	
1992		New Bern	1:41.58			North Lenoir	1:44.65			Red Springs	1:46.57	
1993		Dudley	1:42.21			High Point Central	1:46.58			Forest Hills	1:44.79	
4A				3A		2A		1A				
1994		North Forsyth	1:42.31		Fike	1:44.74		Cummings	1:46.27		North Brunswick	1:52.48
1995		Pine Forest	1:42.64		Southern Durham	1:43.19		Cummings	1:44.71		Union	1:52.70
1996		West Mecklenburg	1:42.61		Fike	1:41.21		Cummings	1:45.71		Union	1:48.49
1997		Jacksonville	1:41.52		Hickory	1:45.79		Western Guilford	1:45.37		Lakewood	1:48.04
1998		West Mecklenburg	1:40.06		Southern Nash	1:42.20		East Carteret	1:44.30		Polk County	1:45.57
1999		Independence	1:39.84		Hickory	1:44.55		East Carteret	1:48.61		Polk County	1:45.12
2000		Independence	1:42.00		T.W. Andrews	1:43.43		Northern Vance	1:45.00		Cummings	1:47.80
2001		R.J. Reynolds	1:42.65		T.W. Andrews	1:47.37		Southern Vance	1:45.41		Red Springs	1:48.74
2002		Independence	1:44.58		Southwest Guilford	1:42.65		Southern Vance	1:45.49		Durham School of Arts	1:44.35
2003		Mount Tabor	1:42.66		Hillside	1:44.41		T.W. Andrews	1:43.47		Durham School of Arts	1:46.47
2004		Harding	1:40.00		Hillside	1:44.77		Northside-Jax	1:43.09		Durham School of Arts	1:44.60
2005		Harding	1:39.85		Ben L. Smith	1:44.96		Eastern Alamance	1:43.66		Durham School of Arts	1:47.74
2006		Harding	1:29.86		Parkland	1:42.18		Cummings	1:42.33		Albemarle	1:49.23
2007		Harding	1:54.34		Northeast Guilford	1:42.49		Hibriten	1:47.13		Topsail	1:45.51
2008		Myers Park	1:40.65		Dudley	1:42.08		Ashe County	1:50.62		Winston-Salem Prep	1:43.28
2009		Southeast Raleigh	1:39.14		Dudley	1:41.48		Cedar Ridge	1:43.91		Winston-Salem Prep	1:42.93
2010		Wakefield	1:40.13		South Central	1:39.32		Saint Pauls	1:43.70		North Rowan	1:44.12
2011		West Mecklenburg	1:40.29		South Central	1:43.61		Saint Pauls	1:44.54		Monroe	1:42.15
2012		Parkland	1:39.62		Williams	1:44.27		Saint Pauls	1:44.24		Monroe	1:41.30
2013		Parkland	1:37.83		Phillip O. Berry	1:43.75		Saint Pauls	1:43.29		Monroe	1:42.66
2014		Parkland	1:36.99		Eastern Guilford	1:42.47		Monroe	1:41.65		Murphy	1:48.56
2015		Parkland	1:36.43		Rocky Mount	1:43.36		Kinston	1:44.88		Winston-Salem Prep	1:45.03
2016		Parkland	1:37.05		Eastern Guilford	1:41.59		Cummings	1:41.59		Bessemer City	1:49.62
2017		Hillside	1:38.16		Northern Guilford	1:42.69		T.W. Andrews	1:40.71		Bessemer City	1:46.30
2018		Southeast Raleigh	1:38.23		Parkland	1:38.96		Cummings	1:44.13		Southside	1:46.09
2019	Jahzara Hart	Southeast Raleigh	1:37.30	Ija Mumford	Parkland	1:38.29	Chioma Asiegbunam	Lake Norman Charter	1:43.63	Jayla Williams	Winston-Salem Prep	1:46.19
	Kyna Robinson			Alexis Patterson			Katie Easley			Jessica Gakeri		
	Ani Judd			Del’Nique Penn			Ryan Selden			Damyja Ortiz		
	Nneka Udoeye			Diamond Lyerly			Jordyn Earl			Tamia Johnson		
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)		
2021	Sanai Forte	Harding University	1:40.91		Parkland	1:40.41	Malaysia Smith	Lexington	1:46.90	Jayla Williams	Winston-Salem Prep	1:45.91
	Akala Garrett						Aquariah McIntosh			Damyja Ortiz		
	Naiobi White						Ny’Lasia Brown			Dajaneen Ortiz		
	Queen Burnett						Isa Wall			Tamia Johnson		



Women's Outdoor Track State Relay Event Champions



800 METER RELAY (880 YARDS UNTIL 1980)

4A

2022 Abigail Thomas Hickory Ridge 1:37.40

Nina Dominique
Jaila Woodruff
Aniya Woodruff

2023 Oteria Dubose Parkland 1:37.89

Ziyah Etchison
Ai'yana Gray-Williams
Megan Hatcher

Kiarrah Williams

Kya Walker
Kayla Smith
Shaliah Jones

Nakirash Adams
Alaya Gillespie
Dynasty Hamilton
Janiya Johnson

3A

South Central 1:46.02

Statesville 1:41.57

2A

Farmville Central 1:45.88

Kamaya Speight
Arianah Davis
Kamayah Wooten
Shakeela Daniels

South Granville 1:40.41

Alayah Flowers
Serenity Jordan
Tania Brandon
Shawnti Jackson

1A

Mountain Island Ch. 1:46.72

Cadence Smith
Madison Forsythe
Natalie Patton
Hope Barwick

Mountain Island Ch. 1:45.03

Olivia Patterson
Harmoni Carter
Ajuliah Washington
Jaida McGrew



Women's Outdoor Track State Relay Event Champions



1600 METER RELAY 3A & 4A COMPETED JOINTLY IN 1986

4A				3A				1A/2A							
1986	Dudley		3:51.70	Dudley		3:51.70		No Record							
1987	Grimsley		3:50.44	Cummings		4:03.80		No Record							
1988	Ashbrook		3:56.50	Williams		4:08.62		Tryon		4:06.64					
1989	Dudley		3:51.87	Tarboro		4:03.56		Albemarle		4:08.45					
1990	Dudley		3:52.76	Tarboro		4:00.31		Randleman		4:11.22					
1991	Ben L. Smith		3:55.55	Tarboro		4:10.01		Swansboro		4:10.60					
1992	Ben L. Smith		3:58.00	T.W. Andrews		4:09.03		Surry Central		4:11.50					
1993	Jacksonville		3:59.40	Tarboro		4:06.75		Surry Central		4:10.17					
4A				3A		2A		1A							
1994	North Forsyth		3:58.93	Tarboro		4:08.49		Cummings		4:07.34		Surry Central		4:18.16	
1995	Pine Forest		3:56.09	Southern Durham		4:00.14		Cummings		4:06.14		Murphy		4:18.64	
1996	Pine Forest		3:56.87	Fike		4:04.29		East Henderson		4:14.06		Murphy		4:19.92	
1997	Watauga		3:53.84	Southern Nash		4:07.65		South Granville		4:05.51		Murphy		4:17.72	
1998	East Mecklenburg		3:53.54	Dudley		4:00.62		North Rowan		4:14.69		Cummings		4:13.96	
1999	Independence		3:56.73	Ben L. Smith		4:08.53		Currituck		4:14.95		Starmount		4:25.50	
2000	West Charlotte		3:56.33	Ben L. Smith		4:09.13		Holmes		4:08.96		Cummings		4:12.58	
2001	R.J. Reynolds		4:02.29	Ben L. Smith		3:59.91		Swansboro		4:14.28		Cummings		4:16.40	
2002	Independence		3:57.22	Hillside		4:00.96		Northern Vance		4:12.34		Albemarle		4:08.09	
2003	Harding		3:58.44	Hillside		3:57.11		West Wilkes		4:07.91		Southside		4:12.86	
2004	Harding		3:55.88	Hillside		3:56.79		Northside-Jax		4:02.21		Durham School of Arts		4:09.69	
2005	Harding		3:57.30	Hillside		4:07.14		Eastern Alamance		4:01.37		Durham School of Arts		4:12.69	
2006	Harding		3:54.48	Parkland		3:59.47		North Henderson		4:09.32		West Wilkes		4:19.40	
2007	Harding		3:54.34	Dudley		4:01.30		Durham School of Arts		4:10.30		Bishop McGuinness		4:12.66	
2008	Mount Tabor		3:53.40	Dudley		4:00.35		Cardinal Gibbons		4:11.97		Winston-Salem Prep		4:08.85	
2009	Millbrook		3:53.54	Dudley		3:55.47		Swansboro		4:09.03		Bishop McGuinness		4:04.48	
2010	Wakefield		3:49.83	Weddington		4:00.13		Cummings		4:08.64		NC Science & Math		4:08.42	
2011	Wakefield		3:53.69	North Buncombe		4:02.19		Polk County		4:06.40		Monroe		4:10.25	
2012	Wakefield		3:47.72	Marvin Ridge		4:01.96		Polk County		4:02.37		West Wilkes		4:11.29	
2013	Parkland		3:47.70	Westover		3:57.98		Carrboro		4:05.12		Murphy		4:08.52	
2014	Parkland		3:47.88	Westover		3:57.59		No Record				Elkin		4:08.99	
2015	Parkland		3:46.57	Eastern Guilford		3:57.10		Newton-Conover		4:06.82		Comm. Sch. Davidson		4:04.26	
2016	Southeast Raleigh		3:48.73	Nash Central		4:03.00		North Rowan		4:07.76		Swain County		4:16.43	
2017	Hillside		3:44.84	Nash Central		3:59.03		Croatan		4:07.97		Swain County		4:13.10	
2018	Providence		3:51.59	Hillside		3:52.23		Croatan		4:02.93		Polk County		4:05.81	
2019	Nimeesha Coleman Providence		3:50.80	Imari Deloatch		3:51.26		Breanna Walls		4:00.23		Polk County		4:07.20	
	Ella Mainwaring Foster			Shaliyah Wilkerson				Skylar Payne				Mariah Overholt			
	Amanda Watson			Emmaya Waters				Lyrik Thorne				Marissa Twitty			
	Ariana Rivera			Alysia Johnson				Samantha Payne				Olivia Overholt			
2020	MEET CANCELLED (COVID-19 PANDEMIC)			MEET CANCELLED (COVID-19 PANDEMIC)				MEET CANCELLED (COVID-19 PANDEMIC)				MEET CANCELLED (COVID-19 PANDEMIC)			
2021	T'Sheylah Moore Olympic		3:48.86	Weddington		3:59.72		Hope Smith		4:09.39		Franklin		4:14.51	
	Terri Gaston							Maria Sgro				Dajaneen Ortiz			
	Zyra Shivers							Hannah Angel				Da Jonna Ortiz			
	Mia Gardner							Dylan Garcia				Damyja Ortiz			
2022	Miahly Harris Wakefield		3:54.23	Danielle Baus E.E. Smith		4:06.97		Caroline Ingram Pine Lake Prep		4:08.23		Alyssa Davis Elkin		4:14.95	
	Daijion Lee			Briyana Tillman				Alessia Addo				Ragan Speer			
	Landon Spencer			Armani Kee				Campbell Cupples				Sophie Welborn			
	Shawnti Jackson			Holley Johnson				Rylee Hegedus				Aniya Edwards			
2023	Journnee Gordon Olympic		3:50.32	Ryan Germain		3:59.95		Mille Wymbs Salisbury		4:04.12		Amari Baldwin		Albemarle 3:57.16	
	Janya Barnes			Kenley Ballou				Kendall Henderson				Abigail Clayton			
	I'Ja Barnes			Tyler Collins				Christyonna Lewis				MaryGrace Krol			
	T'Sheylah Moore			Grace Guilford				Dashia Canada				Akala Garrett			



Women's Outdoor Track State Relay Event Champions



3200 METER RELAY 3A & 4A COMPETED JOINTLY IN 1986

4A

1986	Did Not Offer Event	
1987	Did Not Offer Event	
1988	East Mecklenburg	9:36.07
1989	Dudley	9:29.36
1990	Hillside	9:44.23
1991	East Mecklenburg	9:42.31
1992	Seventy-First	9:51.91
1993	Cary	9:52.30

4A

1994	East Mecklenburg	9:56.42
1995	East Mecklenburg	9:48.96
1996	West Mecklenburg	9:46.00
1997	Cary	9:41.61
1998	Watauga	9:34.07
1999	Watauga	9:36.61
2000	Southeast Raleigh	9:26.84
2001	Mount Tabor	9:33.50
2002	Mount Tabor	9:32.67
2003	Mount Tabor	9:37.08
2004	Southeast Raleigh	9:36.41
2005	Green Hope	9:44.62
2006	Myers Park	9:32.59
2007	Northwest Guilford	9:41.38
2008	Myers Park	9:26.09
2009	Myers Park	9:11.20
2010	Cary	9:18.33
2011	Cary	9:06.17
2012	Broughton	9:11.48
2013	Broughton	9:10.26
2014	Cary	9:09.58
2015	Cary	9:14.45
2016	Leesville Road	9:06.82
2017	Mount Tabor	9:26.00
2018	Cardinal Gibbons	9:26.83

2019	Brenda Gray Sofia Christofaro Beasley Gordon Cora Cooke	Myers Park 9:31.73
2020	MEET CANCELLED (COVID-19 PANDEMIC)	
2021	Samantha Troup Reagan Brianna Cottingham Bronwyn Parks Gwen Parks	9:12.53
2022	Lily Fierick Lillian Nasta Gabi Lassiter Alyssa Preisano	Cuthbertson 9:12.43
2023	Justine Preisano Josie Schihl Stella Kermes Charlotte Bell	Cuthbertson 9:01.84

Maggie Springer Mara Pirone Virginia Pridgen Megan Marvin	9:18.25
Alysia Madera Ava Kilpatrick Paisley Stepp Breanna Budzinski	10:00.64
Avery Mays Katie Johnson Eden Barnwell Sophia Banks	9:32.36

3A

Did Not Offer Event	
Did Not Offer Event	
Washington	9:54.88
Sun Valley	10:02.72
Sun Valley	10:04.21
Sun Valley	10:03.16
Sun Valley	9:55.40
Sun Valley	9:48.45

3A

Sun Valley	9:57.61
Franklin	9:49.93
T.C. Roberson	9:51.76
T.C. Roberson	9:55.17
T.C. Roberson	9:44.00
Southwest Guilford	9:49.46
T.C. Roberson	*****
Hillside	9:47.70
Eastern Wayne	10:07.43
Hillside	9:30.29
Hillside	9:34.87
T.C. Roberson	9:52.64
T.C. Roberson	10:06.17
Sun Valley	9:30.78
T.C. Roberson	9:25.56
T.C. Roberson	9:40.01
Marvin Ridge	9:40.26
Cardinal Gibbons	9:29.25
Marvin Ridge	9:36.59
West Carteret	9:22.11
A.C. Reynolds	9:20.23
Marvin Ridge	9:40.82
Cuthbertson	9:29.86
Chapel Hill	9:26.90
Chapel Hill	9:18.55
Chapel Hill	9:23.62

Elise Deshusses Madeline Ramsden Rachel Buck Cora Van Raay	10:02.79
Maggie McNinch Tatum Dermatas Mya Salch Maddy Wagner	
Lindsey Jenkins Karsyn Huskey Tori Thompson Olivia Overholt	9:59.89
Camryn Burton Leah Whiteside Katie Skerpon Marin Sullivan	10:06.18

2A

West Henderson	10:06.50
Charles D. Owen	9:59.70
NC Science & Math	10:07.20
Southwest Guilford	10:13.09
Surry Central	10:19.04
North Stanly	10:33.72
Charles D. Owen	10:20.54
Brevard	10:21.21
North Henderson	10:06.08
Brevard	10:12.06
Brevard	9:54.70
West Henderson	10:03.80
Cardinal Gibbons	9:39.46
Cardinal Gibbons	10:06.39
Cardinal Gibbons	9:55.84
Cardinal Gibbons	9:57.11
Carrboro	9:46.00
Carrboro	9:49.09
Carrboro	9:48.60
Carrboro	9:42.41
NCSSM	10:03.05
East Lincoln	9:45.16
Smoky Mountain	9:54.83
First Flight	9:52.86
North Lincoln	9:48.27
Carrboro	9:54.12

1A/2A

Did Not Offer Event	
Did Not Offer Event	
Lejeune	10:11.33
Lejeune	10:00.43
Polk County	10:04.30
Polk County	9:56.36
Polk County	10:06.70
Polk County	10:20.72

1A

Murphy	10:36.79
Murphy	10:16.60
Murphy	10:19.09
Murphy	10:14.41
Murphy	10:15.68
Hayesville	10:30.30
Hayesville	10:29.10
Hendersonville	10:09.60
Hendersonville	9:55.25
South Stokes	10:20.64
Surry Central	10:13.70
Durham School of Arts	10:15.54
Hayesville	10:08.72
Hayesville	10:08.37
East Wilkes	9:57.28
East Wilkes	9:53.04
NC Science & Math	9:50.11
Gray Stone Day	9:52.07
Mount Airy	9:42.16
Bishop McGuinness	10:00.91
Bishop McGuinness	9:56.73
Swain County	9:51.83
Mount Airy	9:48.24
Swain County	10:10.14
Franklin Academy	10:17.96
Franklin Academy	10:26.82

Caitlyn Burkett Nicole Rafferty Taylor Roberts Laurel Lapish	
Rachel Bowers Alison McKeithan McCarty Hudson Victoria Swepson	10:13.74
Amaya Hicks Gracie Monteith Mazie Helpman Arizona Blankenship	10:05.85
Amaya Hicks Gracie Monteith Arizona Blankenship Annie Lewis	9:45.27



Women's Outdoor Track Team State Champions



OPEN CLASSIFICATION

1972	Hoke	1977	Western Guilford	1982	Northern Durham
1973	Hoke	1978	Hillside & Durham Jordan (CO-CHAMPS)	1983	Northern Durham
1974	Hoke	1979	Pinecrest	1984	Dudley
1975	Hoke	1980	Hillside	1985	Dudley
1976	Hoke	1981	Fayetteville E. E. Smith		

PLAY WENT TO TWO CLASSIFICATIONS IN 1986

	3A/4A				1A/2A
1986	Dudley		1986	Albemarle	

PLAY WENT TO THREE CLASSIFICATIONS IN 1987

	4A		3A		1A/2A
1987	Grimsley	1987	Cummings	1987	Albemarle
1988	Grimsley	1988	Cummings	1988	South Granville
1989	Dudley	1989	Sun Valley	1989	Lejeune
1990	Dudley	1990	Sun Valley	1990	Murphy
1991	Jacksonville	1991	Sun Valley	1991	Polk County
1992	Greensboro Ben L. Smith	1992	Sun Valley	1992	Surry Central
1993	Jacksonville & Dudley (CO-CHAMPS)	1993	Sun Valley	1993	East Carteret

PLAY WENT TO FOUR CLASSIFICATIONS IN 1994

	4A		3A		2A		1A
1994	North Forsyth	1994	Fike	1994	Cummings	1994	Hayesville
1995	Watauga	1995	Southern Durham	1995	Cummings	1995	Murphy
1996	Watauga	1996	Southern Durham	1996	Cummings	1996	Hayesville
1997	Watauga	1997	T.C. Roberson	1997	Cummings	1997	Lejeune
1998	West Mecklenburg	1998	T.C. Roberson	1998	Hibriten	1998	Polk County
1999	Independence	1999	Western Guilford	1999	North Rowan	1999	Polk County
2000	Olympic	2000	T.C. Roberson	2000	North Rowan	2000	Cummings
2001	R.J. Reynolds	2001	T.W. Andrews	2001	North Rowan	2001	Cummings
2002	Independence	2002	Hillside	2002	T.W. Andrews	2002	Durham School of the Arts
2003	Mount Tabor	2003	Hillside	2003	Southern Vance	2003	Durham School of the Arts & South Stokes (CO-CHAMPS)
2004	Harding University	2004	Hillside	2004	T.W. Andrews	2004	Durham School of the Arts
2005	Harding University	2005	Hillside	2005	T.W. Andrews	2005	Durham School of the Arts
2006	Southeast Raleigh	2006	Ragsdale	2006	Cummings	2006	West Wilkes
2007	Harding University	2007	T.C. Roberson	2007	Cummings	2007	Topsail
2008	David Butler	2008	Jacksonville	2008	Cummings	2008	Winston-Salem Prep
2009	Southeast Raleigh	2009	T.C. Roberson	2009	Cummings	2009	Winston-Salem Prep
2010	Wakefield	2010	South Central	2010	Cummings	2010	North Rowan
2011	Wakefield	2011	South Central	2011	Carrboro	2011	Hendersonville
2012	Wakefield	2012	North Buncombe	2012	Carrboro	2012	Monroe
2013	Southeast Raleigh	2013	Berry Academy	2013	Carrboro	2013	Monroe
2014	Parkland	2014	Western Alamance	2014	Monroe	2014	Bishop McGuinness
2015	Parkland	2015	Southern Guilford	2015	Cummings	2015	Winston-Salem Prep
2016	Southeast Raleigh	2016	Eastern Guilford	2016	Cummings	2016	Swain County
2017	Hillside	2017	West Carteret	2017	T.W. Andrews	2017	North Stokes
2018	Panther Creek	2018	Hillside	2018	Lake Norman Charter	2018	Murphy
2019	Panther Creek	2019	Parkland	2019	Cummings	2019	Murphy
2020	MEET CANCELLED (COVID-19 PANDEMIC)	2020	MEET CANCELLED (COVID-19 PANDEMIC)	2020	MEET CANCELLED (COVID-19 PANDEMIC)	2020	MEET CANCELLED (COVID-19 PANDEMIC)
2021	Olympic	2021	Cuthbertson	2021	North Lincoln	2021	Swain County
2022	Cuthbertson	2022	West Henderson	2022	R-S Central	2022	Swain County
2023	Cuthbertson	2023	Dudley	2023	Cummings	2023	Swain County



Men's Outdoor Track Team State Champions



OPEN CLASSIFICATION

1913	High Point	1932	High Point	1951	Durham
1914	Friendship	1933	Charlotte Central	1952	Charlotte Central & Durham (CO-CHAMPS)
1915	Friendship	1934	Durham	1953	Durham, R.J.Reynolds
1916	Friendship	1935	High Point	1954	Durham
1917	Friendship	1936	High Point	1955	R. J. Reynolds
1918	Friendship	1937	Charlotte Central	1956	Myers Park
1919	Friendship	1938	Charlotte Central	1957	Raleigh Broughton
1920	Friendship	1939	Durham	1958	Myers Park
1921	Chapel Hill	1940	Durham	1959	Myers Park
1922	Chapel Hill	1941	Charlotte Central	1960	Myers Park
1923	Charlotte Central	1942	Charlotte Central	1961	Myers Park
1924	Charlotte Central	1943	Durham	1962	R. J. Reynolds
1925	Charlotte Central	1944	Charlotte Central	1963	Myers Park
1926	Charlotte Central	1945	Raleigh	1964	Hendersonville
1927	Charlotte Central	1946	Durham	1965	Myers Park
1928	Greensboro	1947	Durham	1966	Myers Park
1929	Charlotte Central	1948	Durham	1967	Myers Park
1930	Charlotte Central	1949	Durham		
1931	Charlotte Central	1950	Durham		

PLAY WENT TO TWO CLASSIFICATIONS IN 1968

	3A/4A
1968	Jacksonville
1969	Terry Sanford
1970	Myers Park
1971	Myers Park

	1A/2A
1968	Hendersonville
1969	Hendersonville
1970	Hendersonville
1971	Hendersonville

PLAY RETURNED TO ONE CLASS IN 1972

1972	Myers Park	1977	Richmond County
1973	Tarboro	1978	Tarboro
1974	Tarboro	1979	Tarboro
1975	Bertie	1980	Myers Park
1976	Terry Sanford	1981	Northern Durham

1982	Vance
1983	Grimsley
1984	Broughton & Hillside (CO-CHAMPS)
1985	Independence

	3A/4A
1986	Glenn

	1A/2A
1986	Hendersonville

PLAY WENT TO THREE CLASSIFICATIONS IN 1987

	4A
1987	Hillside
1988	Richmond County
1989	Scotland County
1990	Scotland County & Garinger (CO-CHAMPS)
1991	Richmond County
1992	Northern Nash
1993	Hillside

	3A
1987	Sun Valley
1988	T.W. Andrews
1989	T.W. Andrews
1990	T.W. Andrews
1991	T.W. Andrews
1992	T.W. Andrews
1993	T.W. Andrews

	1A/2A
1987	Hendersonville
1988	Salisbury
1989	Salisbury
1990	Monroe
1991	Clinton
1992	West Columbus
1993	West Columbus

PLAY WENT TO FOUR CLASSIFICATIONS IN 1994



Men's Outdoor Track Team State Champions



4A

1994	Hillside
1995	West Charlotte
1996	Leesville Road
1997	East Mecklenburg
1998	Leesville Road & Pinecrest (TIE)
1999	West Charlotte
2000	Charlotte Vance
2001	Mount Tabor
2002	Mount Tabor
2003	West Charlotte
2004	Southeast Raleigh
2005	R.J. Reynolds
2006	New Bern
2007	New Bern
2008	New Bern
2009	New Bern
2010	Charlotte Vance
2011	Knightdale
2012	Knightdale
2013	Knightdale
2014	Mount Tabor
2015	Mallard Creek
2016	Hillside
2017	West Forsyth
2018	Green Hope
2019	Cary
2020	MEET CANCELLED (COVID-19 PANDEMIC)
2021	Millbrook
2022	Cuthbertson
2023	Weddington

3A

1994	Franklin
1995	Franklin
1996	T.W. Andrews
1997	J.F. Webb & T.C. Roberson (TIE)
1998	Southern Nash
1999	Southern Nash
2000	Hillside
2001	T.W. Andrews
2002	Greensboro Ben L. Smith
2003	Greensboro Ben L. Smith
2004	Greensboro Ben L. Smith
2005	Jacksonville & T.C. Roberson (TIE)
2006	Northern Nash
2007	Mooreville
2008	Mooreville
2009	Marvin Ridge
2010	Asheville
2011	Douglas Byrd
2012	Berry Academy
2013	Northern Guilford
2014	Terry Sanford
2015	Marvin Ridge
2016	Jacksonville
2017	Weddington
2018	Weddington
2019	Weddington
2020	MEET CANCELLED (COVID-19 PANDEMIC)
2021	Cuthbertson
2022	Dudley
2023	Franklin

2A

1994	North Rowan
1995	North Rowan
1996	North Rowan
1997	North Rowan
1998	North Rowan
1999	North Henderson
2000	Newton-Conover
2001	North Henderson
2002	North Henderson
2003	North Rowan
2004	North Rowan
2005	North Rowan
2006	North Brunswick
2007	North Rowan
2008	Shelby
2009	Salisbury
2010	Salisbury
2011	Berry Academy
2012	Cedar Ridge
2013	Cedar Ridge
2014	North Brunswick
2015	North Brunswick
2016	North Brunswick
2017	North Brunswick
2018	Forest Hills
2019	North Lincoln
2020	MEET CANCELLED (COVID-19 PANDEMIC)
2021	North Lincoln
2022	Cummings
2023	T.W. Andrews

1A

1994	Surry Central
1995	Lejeune
1996	Surry Central
1997	Southwest Onslow
1998	Cummings
1999	Hendersonville
2000	Pamlico
2001	Pamlico
2002	Surry Central
2003	Hendersonville
2004	Heide Trask
2005	North Brunswick
2006	South Stokes
2007	NC School of Science & Math
2008	Hendersonville
2009	Hendersonville
2010	NC School of Science & Math
2011	North Rowan
2012	North Rowan
2013	Heide Trask
2014	North Stokes
2015	North Stokes
2016	Mount Airy
2017	Mount Airy
2018	Polk County
2019	John A. Holmes
2020	MEET CANCELLED (COVID-19 PANDEMIC)
2021	Mountain Island Charter
2022	Mountain Island Charter
2023	Union Academy



Men's Outdoor Track Championship M.V.P.



PLAY WENT TO TWO CLASSIFICATIONS IN 1986

3A/4A			1A/2A		
1986	Randy Jones	Glenn	1986	Grover Hill	Hendersonville
	Cliff Ethridge	Hendersonville		Cliff Ethridge	Hendersonville

PLAY WENT TO THREE CLASSIFICATIONS IN 1987

4A			3A			1A/2A		
1987	Elbert Ellis	Hillside	1987	Randy Jordan	Warren Co.	1987	Walter Jones	Roanoke Rapids
	Darrin Moore	J.H. Rose		Darin Barbee	Sun Valley		Tyrone Joyner	Farmville Central
1988	R.J. McDonald	Richmond Co.	1988	Randy Jordan	Warren Co.	1988	Tyrone Joyner	Farmville Central
1989	Larry Harrington	Millbrook	1989	Robbie Sellati	Sun Valley	1989	Andre Steele	Salisbury
	Tyrell Tait	Scotland Co.		Jeff Allen	East Wake		Robert Cunningham	Whiteville
1990	Kyle Armentrout	Mount Tabor	1990	Darius Brewington	T.W. Andrews	1990	Robert Carelock	Monroe
	Kerry Kennedy	Millbrook		Blair Ellis	North Rowan		Doug Linen	East Duplin
1991	Dave Adair	Garinger	1991	Darius Brewington	T.W. Andrews	1991	Travis Banks	Clinton
1992	John Cline	Myers Park	1992	Chris Heath	Tarboro	1992	Kevin Lotharp	Forest Hills
							Adel Diggs	Jacksonville
1993	Alvis Whitted	Orange	1993	Darius Brewington	T.W. Andrews	1993	Eric Riddick	Richlands

PLAY WENT TO FOUR CLASSIFICATIONS IN 1994

4A			3A			2A			1A		
1994	Theodore Chavis	Hillside	1994	Eli Huge	Franklin	1994	Jon Weldon	Thomasville	1994	Eric Riddick	Richlands
1995	Will Hodges	Watauga	1995	Mike Lavender	Hunt	1995	Robert Steele	North Rowan	1995	Mike Perry	Lejeune
1996	Tyrone Dozier	Leesville Road	1996	Jason Dingess	Statesville	1996	Greg Yeldell	North Rowan	1996	Clayton Vaden	North Stokes
1997	Lamont Pennington	Hillside	1997	William Montgomery	T.C. Roberson	1997	Greg Yeldell	North Rowan	1997	Brian Waters	SW Onslow
1998	Jeremy Carter	Leesville Road	1998	William Montgomery	T.C. Roberson	1998	Greg Yeldell	North Rowan	1998	Seneca Rogers	Cummings
										Steve Enoch	Cummings
1999	Bradsher Wilkins	Orange	1999	Derrick High	Southern Nash	1999	Shiloh Mielke	North Henderson	1999	Steve Enoch	Cummings
2000	Ricky Brookshire	Watauga	2000	Jamaal Brand	T.W. Andrews	2000	Chuckie Reed	High Point Central	2000	Antonio King	Cummings
2001	Mike Loyd	Mount Tabor	2001	Brett Wilson	Northeast Guilford	2001	Derrek Bryant	High Point Central	2001	Mike Hinton	Cummings
2002	A.J. Davis	Northern Durham	2002	Manny Lawson	Eastern Wayne	2002	Mike Hinton	Cummings	2002	Trevan Davis	Thomasville
2003	Corey Brown	West Charlotte	2003	Brandon Helms	Piedmont	2003	Terry Wood	North Rowan	2003	Jimmy Russell	Hendersonville
2004	Johnathan Hancock	West Charlotte	2004	Jerre Wyatta	Ben L. Smith	2004	Andre Tillman	North Rowan	2004	Philip Hardman	Heide Trask
2005	Joe Kindred	Fuquay-Varina	2005	Johnny Dutch	Clayton	2005	Brandon Cathcart	Salisbury	2005	Mark DeWeese	Murphy
				Jerek Hewett	West Brunswick						
2006	Johnny Dutch	Clayton	2006	Josh Morgan	T.C. Roberson	2006	Thomas Huntley	East Lincoln	2006	Sam Brinson	South Stokes
2007	Trenton Guy, Jr.	West Charlotte	2007	Bryce Sherman	W-S Carver	2007	Sean Sewell	Cardinal Gibbons	2007	Philip Curley	NCSSM
2008	Dylan Ferris	East Forsyth	2008	Jamel Allison	Mooresville	2008	Josey Weaver	Madison	2008	John Wolfe	Polk County
2009	Anthony Hendrix	New Bern	2009	Cordell Livingston	Southwest Guilford	2009	Romar Morris	Salisbury	2009	David Lindsay	W-S Prep
2010	Jarrett Samuels	Charlotte Vance	2010	Isaac Presson	Asheville	2010	Romar Morris	Salisbury	2010	T.J. Wilson	Princeton
2011	Courtland Clavette	A.C. Reynolds	2011	Eric Winfrey	Douglas Byrd	2011	Cameron Hudson	Berry Academy	2011	Johnny Oglesby	North Rowan
2012	Craig Engels	Reagan	2012	Cameron Hudson	Berry Academy	2012	Isaiah Moore	Cummings	2012	Johnny Oglesby	North Rowan
2013	Philip Hall	Terry Sanford	2013	T.J. Logan	Northern Guilford	2013	Isaiah Moore	Cummings	2013	Trentavis Friday	Cherryville
2014	Ian Milder	Mount Tabor	2014	Philip Hall	Terry Sanford	2014	Isaiah Moore	Cummings	2014	Trentavis Friday	Cherryville
2015	Keon Howe	Mallard Creek	2015	Kadarius Lotharp	Sun Valley	2015	Jaylen Washington	North Brunswick	2015	Trevor Carr	Camden Co.
2016	Marcus Krah	Hillside	2016			2016	Elliott Graves	Reidsville	2016		
2017			2017	Cameron Council	Northwood	2017	Jahylen Washington	North Brunswick	2017		
2018	Randolph Ross	Garner	2018	Jamar Davis	Orange	2018	Scott McClendon	Forest Hills	2018	Josh Polk	Hobbs
2019	Chancelor Crawford	Mallard Creek	2019	Emerson Douds	Weddington	2019	Brendon Hodge	Croatan	2019	Kimani McDaniels	Tarboro
2020	MEET CANCELLED (COVID-19 PANDEMIC)		2020	MEET CANCELLED (COVID-19 PANDEMIC)		2020	MEET CANCELLED (COVID-19 PANDEMIC)		2020	MEET CANCELLED (COVID-19 PANDEMIC)	
2021	Dillon Leacock	Millbrook	2021	Mekhi Wall	Dudley	2021	Blaise Atkinson	Lake Norman Ch	2021	Aaron Rohnak	Franklin Aca.
2022	Terrell Robinson Jr.	Mount Tabor	2022	Isaiah Monroe	Dudley	2022	Jonathan Paylor	Cummings	2022	Trevin Moyer	Mtn. Island Ch.
2023	Dazmin James	Clayton	2023	Sincere Moss	Ashbrook	2023	Kenneth Byrd	East Burke	2023	Zy'Mire Harper	Pamlico County



Women's Outdoor Track Championship M.V.P.



PLAY WENT TO TWO CLASSIFICATIONS IN 1986

3A/4A	1A/2A
1986 Pam Doggett & Adrienne Ferguson Kim Austin	1986 Vanessa Smith Janene McClure South Granville Hendersonville

PLAY WENT TO THREE CLASSIFICATIONS IN 1987

4A	3A	1A/2A
1987 Marlene Poole Sylvia Crumpler	1987 Francine Dumas Michelle Rhyne	1987 Maria Trent Janene McClure
1988 Marlene Poole Sabrina Hill	1988 Robyn Land Candy Graves	1988 Erin Smyth Janene McClure
1989 Marlene Poole	1989 Alice Vinson Candra Gayle	1989 Erin Smyth Janet Clark
1990 Marlene Poole Dashontia Atkinson	1990 Alice Vinson Nikki Friday	1990 Ebony Lloyd Julie Barba
1991 Tonya Avery	1991 Katrina Jarrett	1991 Karen Godlock
1992 Amy Herman	1992 Mia Richardson	1992 Karen Godlock
1993 Joanna Smith	1993 DeAnne Davis	1993 Karen Godlock

PLAY WENT TO FOUR CLASSIFICATIONS IN 1994

4A	3A	2A	1A
1994 Twyla Smith	1994 Sabrina Thompson	1994 DeAnne Davis	1994 Julie Stackhouse
1995 Crystal Cox	1995 Sabrina Thompson	1995 DeAnne Davis	1995 Julie Stackhouse
1996 Brenda Taylor	1996 Sabrina Thompson	1996 DeAnne Davis	1996 Julie Stackhouse
1997 Brenda Taylor	1997 Sarah Vance Goodman	1997 Clifeteana Mclver	1997 Julie Stackhouse
1998 Kim Jones	1998 Sarah Vance Goodman	1998 Latasha Pharr	1998 Jennifer Dimsdale
1999 Kim Jones	1999 Annisia Gainey	1999 Latasha Pharr	1999 Ariel Glassman
2000 Felicia Fant	2000 Michelle Velez	2000 Latasha Pharr	2000 Paula Moore
2001 Brenadette Washington	2001 Tatyana Krichenko	2001 Latasha Pharr	2001 Cyethia Rooks
2002 Julia Lucas	2002 Sherina Steele	2002 Sheena Dawkins	2002 Katrelle Armwood
2003 Melissa Council	2003 Michelle Duffey	2003 Leigh Ann Taylor	2003 Kasey Smith
2004 Erica Montgomery	2004 Mae Boone	2004 Sarah Portee	2004 Summer Graham
2005 Gabby Mayo	2005 Atir Carter	2005 Ashley McKiver	2005 Christina Gray
2006 Gabby Mayo	2006 Kelsey McCorkle	2006 Latoya James	2006 Melanie Frye
2007 Gabby Mayo	2007 Kelsey McCorkle	2007 Latoya James	2007 Joule Breedlove
2008 Jacinda Evans	2008 Kelsey McCorkle	2008 Sherice Walker	2008 Jania Bogle
2009 Nyosha Bryant	2009 Laura Hoer	2009 Sherice Walker	2009 Camille Wilkerson
2010 Keni Harrison	2010 Danielle Butts	2010 Briana Heath	2010 Teounna Cuthbertson
2011 Keni Harrison	2011 Tori Elliott	2011 Marisa Bellamy	2011 Meloney Ramos
2012 Alexis Perry	2012 Sage Proffitt	2012 Francesca Evans	2012 Janieyah Collins
2013 Tiana Patillo	2013 Blake Dodge	2013 Nora McKiver	2013 Renezia Collins
2014 Katlin Sherman	2014 Lydia Laws	2014 Renezia Collins	2014 Maria Ellington
2015 Sydnei Murphy	2015 Kylie McMillian	2015 Maysa Araba	2015 Maria Ellington
2016 Nevada Mareno	2016	2016 Kayla Moore	2016
2017	2017	2017	2017
2018 Morgan Smalls	2018 Alexis Patterson	2018 Nicole Barnes	2018 Araybian Lilly
2019 Morgan Smalls	2019 Alexis Patterson	2019 Kendall Jordan	2019 Ja'Ciya Guthrie
2020 MEET CANCELLED (COVID-19 PANDEMIC)	2020 MEET CANCELLED (COVID-19 PANDEMIC)	2020 MEET CANCELLED (COVID-19 PANDEMIC)	2020 MEET CANCELLED (COVID-19 PANDEMIC)
2021 Akala Garrett	2021 Ai'yana Gray-Williams	2021 Kendall Jordan	2021 Lauren Tolbert
2022 Shawnti Jackson	2022 Sanu Jallow	2022 Joyasia Smith	2022 Lauren Tolbert
2023 JaMeesia Ford	2023 Janiya Johnson	2023 Shawnti Jackson	2023 Akala Garrett



4A				3A			2A			1A		
2011	Deja Barber	SE Raleigh	45.58	Jill Moore	NW Cabarrus	20.63	Not Held			Not Held		
2012	Deja Barber	SE Raleigh	41.04	Not Held			Catherine Armstrong	SW Edgecombe	28.59	Not Held		
2013	Not Held			Not Held			Catherine Armstrong	SW Edgecombe	29.28	Not Held		
2014	Not Held			Not Held			Catherine Armstrong	SW Edgecombe	30.14	Not Held		
2015	Cara King	Apex	22.32	Not Held			Not Held			Not Held		
2016	Cara King	Apex	28.80	Not Held			Not Held			Not Held		
2017	Cara King	Apex	23.04	Elizabeth Becker	Weddington	20.48	Not Held			Not Held		
2018	Cara King	Apex	22.42	Not Held			Not Held			Not Held		
2019	Not Held			Not Held			Not Held			Not Held		
2021	Jillian Weidner	Wake Forest	25.50	Not Held			Not Held			Not Held		
2022	Jillian Weidner	Wake Forest	20.91	Not Held			Not Held			Jordan Oliver	Murphy	43.93
2023	Jillian Weidner	Wake Forest	20.48	Not Held			Not Held			Jordan Oliver	Murphy	43.35



Outdoor Track Wheelchair & Adaptive Event Championships



Women's 200 Meter Dash Wheelchair (2011)

4A

3A

2A

1A

2011	Not Held			Jill Moore	NW Cabarrus	36.86	Not Held	Not Held
2012	Not Held			Not Held			Catherine Armstrong	SW Edgecombe 54.97
2013	Not Held			Not Held			Not Held	Not Held
2014	Not Held			Not Held			Not Held	Not Held
2015	Cara King	Apex	44.90	Not Held			Not Held	Not Held
2016	Cara King	Apex	50.54	Not Held			Not Held	Not Held
2017	Cara King	Apex	47.77	Elizabeth Becker	Weddington	36.82	Not Held	Not Held
2018	Cara King	Apex	42.03	Not Held			Not Held	Not Held
2019	Not Held			Not Held			Not Held	Not Held
2021	Jillian Weidner	Wake Forest	47.47	Not Held			Not Held	Not Held
2022	Jillian Weidner	Wake Forest	40.97	Not Held			Not Held	Not Held
2023	Jillian Weidner	Wake Forest	39.01	Not Held			Not Held	Not Held

Women's 400 Meter Dash Wheelchair (2011)

4A

3A

2A

1A

2011	Not Held			Jill Moore	NW Cabarrus	1:05.54	Not Held	Not Held
2012	Not Held			Not Held			Catherine Armstrong	SW Edgecombe 50.09
2013	Not Held			Not Held			Not Held	Not Held
2014	Not Held			Not Held			Not Held	Not Held
2015	Not Held			Not Held			Not Held	Not Held
2016	Not Held			Not Held			Not Held	Not Held
2017	Not Held			Elizabeth Becker	Weddington	1:12.08	Not Held	Not Held
2023	Jillian Weidner	Wake Forest	1:13.13	Not Held			Not Held	Not Held



Outdoor Track Wheelchair & Adaptive Event Championships



Women's 800 Meter Dash Wheelchair (2010)

4A

3A

2A

1A

2010	Not Held	Lindsey Good	Weddington	3:09.52	Not Held	Not Held
2011	Not Held	Jill Moore	NW Cabarrus	2:17.66	Not Held	Not Held
2012	Not Held	Not Held			Catherine Armstrong	SW Edgecombe 3:38.28
2013	Not Held	Not Held			Catherine Armstrong	SW Edgecombe 3:45.52
2014	Not Held	Not Held			Catherine Armstrong	SW Edgecombe 3:43.69
2015	Not Held	Not Held			Not Held	Not Held
2016	Not Held	Not Held			Not Held	Not Held
2017	Not Held	Elizabeth Becker	Weddington	2:37.65	Not Held	Not Held

Women's 1600 Meter Dash Wheelchair (2009)

4A

3A

2A

1A

2009	Not Held	Jill Moore	NW Cabarrus	5:08.74	Not Held	Not Held
2010	Not Held	Jill Moore	NW Cabarrus	4:43.87	Not Held	Not Held
2011	Not Held	Not Held			Not Held	Not Held
2012	Not Held	Not Held			Not Held	Not Held
2013	Not Held	Not Held			Not Held	Not Held
2014	Not Held	Not Held			Catherine Armstrong	SW Edgecombe 7:31.10
2015	Not Held	Not Held			Not Held	Not Held
2016	Not Held	Not Held			Not Held	Not Held
2017	Not Held	Not Held			Not Held	Not Held

Women's 3200 Meter Dash Wheelchair (2009)

4A

3A

2A

1A

2009	Not Held	Jill Moore	NW Cabarrus	10:34.38	Not Held	Not Held
2010	Not Held	Jill Moore	NW Cabarrus	9:58.92	Not Held	Not Held
2011	Not Held	Not Held			Not Held	Not Held
2012	Not Held	Not Held			Not Held	Not Held
2013	Not Held	Not Held			Not Held	Not Held
2014	Not Held	Not Held			Not Held	Not Held
2015	Not Held	Not Held			Not Held	Not Held
2016	Not Held	Not Held			Not Held	Not Held
2017	Not Held	Not Held			Not Held	Not Held



Outdoor Track Wheelchair & Adaptive Event Championships



Men's Shot Put Wheelchair (2012)

4A

2012	Matthew McDonald	WF-Rolesville	10'01.75"	Not Held
2013	Ty Ruvolis	Mount Tabor	8'03.50"	Not Held
2014	Ty Ruvolis	Mount Tabor	9'04.50"	Not Held
2015	Not Held			Not Held
2016	Omar Sanchez	Broughton	15'00.00"	Taylor Kirk
2017	Miles Hill	No. Durham	16'07.50"	Tylor Brown
2018	Ladale Gambrell	Broughton	16'06.50"	Miles Hill
2019	Christopher Coke	Ragsdale	14'03.00"	William Fuller
2021	Not Held			Not Held
2022	Zachary Moore	Sun Valley	11'09.50"	Christian Drawhorn-Sloan
2023	Zachary Moore	Sun Valley	12'07.50"	Not Held

3A

East Rowan	8'11.50"
Piedmont	10'06.00"
Northern Durham	16'04.25"
Carson	11'00.00"

2A

Not Held		
Bryce Floyd	South Lenoir	11'08.00"
Bryce Floyd	South Lenoir	12'11.00"
Dylan Pinder	North Johnston	13'04.00"
Bryce Floyd	South Lenoir	16'03.00"
Dylan Pinder	North Johnston	15'00.00"
Not Held		
Not Held		
Not Held		
Not Held	Not Held	

1A

Not Held		
Not Held		
Not Held		
Not Held		
Ty'Quen Fain	Perquimans Co.	19'01.00"
Phillip Kostelecky	Rosewood	9'01.75"
Not Held		
Not Held		
Not Held		
Malachi Sheffield	Pamlico County	8'03.00"
Malachi Sheffield	Pamlico County	10'02.00"

Men's Discus Wheelchair (2012)

4A

2012	Matthew McDonald	WF-Rolesville	26'03.00"	Not Held
2013	Ty Ruvolis	Mount Tabor	15'01.00"	Not Held
2014	Marcus Lumamba	Mount Tabor	27'03.00"	Not Held
2015	Omar Sanchez	Broughton	28'07.00"	Not Held
2016	Omar Sanchez	Broughton	35'03.00"	Not Held
2017	Miles Hill	No. Durham	44'08.00"	William Fuller
2018	Ladale Gambrell	Broughton	55'07.00"	Miles Hill
2019	Christopher Coke	Ragsdale	39'01.00"	William Fuller
2022	Zachary Moore	Sun Valley	35'02.25"	Christian Drawhorn-Sloan
2023	Zachary Moore	Sun Valley	29'02.50"	Not Held

3A

Carson	23'08.00"
Northern Durham	46'08.00"
Carson	29'07.00"
Croatan	19'08.75"

2A

Not Held		
Bryce Floyd	South Lenoir	31'07.00"
Bryce Floyd	South Lenoir	33'08.00"
Dylan Pinder	North Johnston	28'08.00"
Bryce Floyd	South Lenoir	38'03.00"
Dylan Pinder	North Johnston	40'10.00"
Not Held		
Not Held		
Not Held		
Not Held		

1A

Not Held		
Not Held		
Not Held		
Not Held		
Not Held		
Phillip Kostelecky	Rosewood	11'03.00"
Not Held		
Not Held		
Malachi Sheffield	Pamlico County	18'04.00"
Malachi Sheffield	Pamlico County	19'09.00"

Men's 100 Meter Dash Wheelchair (2012)

4A

2012	Matthew McDonald	WF-R	29.38	Not Held
2013	Not Held			Not Held
2014	Marcus Lumamba	Mt. Tabor	30.48	Not Held
2015	Omar Sanchez	Broughton	28.48	Not Held
2016	Omar Sanchez	Broughton	24.60	Not Held
2017	Miles Hill	No. Durham	28.25	William Fuller
2018	Ladale Gambrell	Broughton	21.70	Miles Hill
2019	Isaiah Fultz	South View	21.91	William Fuller
2023	Adam Smith	Marvin Ridge	18.99	Not Held

3A

Carson	34.43
Northern Durham	23.76
Carson	27.20

2A

Not Held		
Bryce Floyd	South Lenoir	33.02
Dylan Pinder	North Johnston	25.50
Dylan Pinder	North Johnston	25.68
Dylan Pinder	North Johnston	23.77
Dylan Pinder	North Johnston	24.62
Not Held		
Not Held		
Not Held		

1A

Not Held		
Not Held		
Not Held		
Not Held		
Ty'Quen Fain	Perquimans Co.	18.98
Not Held		
Not Held		
Not Held		
Not Held		



Outdoor Track Wheelchair & Adaptive Event Championships



Men's 200 Meter Dash Wheelchair (2012)

4A				3A				2A				1A			
2012	Matthew McDonald	WF-Rolesville	1:09.86	Not Held				Not Held				Not Held			
2013	Not Held			Not Held				Bryce Floyd	South Lenoir	1:07.69		Not Held			
2014	Marcus Lumamba	Mt. Tabor	1:08.42	Not Held				Not Held				Not Held			
2015	Omar Sanchez	Broughton	51.27	Not Held				Dylan Pinder	North Johnston	52.19		Not Held			
2016	Omar Sanchez	Broughton	50.75	Not Held				Dylan Pinder	North Johnston	49.46		Ty'Quen Fain	Perquimans Co.	36.29	
2017	Miles Hill	No. Durham	57.77	Not Held				Dylan Pinder	North Johnston	50.97		Not Held			
2018	Ladale Gambrell	Broughton	46.59	Not Held								Not Held			
2019	Christopher Coke	Ragsdale	58.12	Miles Hill	Northern Durham	53.59		Not Held				Malachi Sheffield	Pamlico County	34.17	
2022	Not Held			Christian Drawhorn-Sloan	Croatan	30.95		Not Held				Malachi Sheffield	Pamlico County	1:17.45	
2023	Adam Smith	Marvin Ridge	41.46	Not Held				Not Held							

Men's 400 Meter Dash Wheelchair (2015)

4A				3A				2A				1A			
2015	Not Held			Not Held				Antoine Perry	Franklinton	2:14.14		Not Held			
2016	Christopher Coke	Ragsdale	2:05.10	Not Held				Not Held				Ty'Quen Fain	Perquimans Co.	1:19.61	
2017	Not Held			Not Held				Not Held				Not Held			

Men's 800 Meter Dash Wheelchair (2017)

4A				3A				2A				1A			
2017	Not Held			Not Held				Not Held				Not Held			



Outdoor Track Wheelchair & Adaptive Event Championships



Men's 100 Meter Dash Ambulatory (2014)

4A

2014	Desmond Jackson	Hillside	14.43	Not Held
2015	Desmond Jackson	Hillside	13.43	Not Held
2016	Desmond Jackson	Hillside	13.03	Not Held
2017	Desmond Jackson	Hillside	12.67	Not Held

3A

Not Held
Not Held
Not Held
Not Held

2A

Not Held
Not Held
Not Held
Not Held

1A

Men's 200 Meter Dash Ambulatory (2014)

4A

2014	Desmond Jackson	Hillside	31.78	Not Held
2015	Desmond Jackson	Hillside	29.65	Not Held
2016	Desmond Jackson	Hillside	29.46	Not Held
2017	Desmond Jackson	Hillside	27.83	Not Held

3A

Not Held
Not Held
Not Held
Not Held

2A

Not Held
Not Held
Not Held
Not Held

1A

Men's 400 Meter Dash Ambulatory (2014)

4A

2014	Desmond Jackson	Hillside	1:17.96	Not Held
2015	Not Held			Not Held
2016	Desmond Jackson	Hillside	1:10.76	Not Held
2017	No Finishers			Not Held

3A

Not Held
Not Held
Not Held
Not Held

2A

Not Held
Not Held
Not Held
Not Held

1A

Men's Long Jump Ambulatory (2014)

4A

2014	Desmond Jackson	Hillside	14'07.50"	Not Held
2015	Desmond Jackson	Hillside	15'10.00"	Not Held
2016	Not Held			Not Held
2017	No Finishers			Not Held

3A

Not Held
Not Held
Not Held
Not Held

2A

Not Held
Not Held
Not Held
Not Held

1A



Men's Outdoor Track Multiple Event Champions



T1)	Trentavis Friday 1A 100 Meter Dash 1A 200 Meter Dash 1A 400 Meter Dash	Cherryville 2013, 2014 2013, 2014 2012, 2013, 2014	7	T6)	Bobby Honeycutt Open 100 Yard Dash Open 220 Yard Dash	Durham 1952, 1953, 1954 1952, 1953, 1954	6	T14)	Dylan Ferris 4A 800 Meter Run 4A 1600 Meter Run	East Forsyth 2006, 2007, 2008 2007, 2008	5
T1)	McIver Open High Jump Open 120 Yard Hurdles Open Shot Put Open Discus	Chapel Hill 1922, 1923 1922 1923, 1924 1923, 1924	7	T6)	Randy Jordan 3A 100 Meter Dash 3A 200 Meter Dash 3A Long Jump	Warren County 1987, 1988 1987, 1988 1987, 1988	6	T14)	Philip Hall 4A 800 Meter Run 4A 1600 Meter Run 4A 3200 Meter Run	South View 2013 2013, 2014, 2015 2015	5
T1)	Isaiah Moore 3A 110 Meter Hurdles 2A 110 Meter Hurdles 2A 300 Meter Hurdles 2A Long Jump	Cummings/Williams 2011 2012, 2013, 2014 2014 2013, 2014	7	T6)	Johnny Oglesby 1A Long Jump 1A 110 Meter Hurdles 1A 300 Meter Hurdles	North Rowan 2011, 2012 2011, 2012 2011, 2012	6	T14)	Mike Hinton 1A 110 Meter Hurdles 1A 300 Meter Hurdles 1A Triple Jump	Cummings 2001 1999, 2001, 2002 2001	5
T1)	Jayhlen Washington 2A Long Jump 2A Triple Jump 2A 110 Meter Hurdles	North Brunswick 2015, 2016, 2017 2015, 2016, 2017 2017	7	T6)	Jon Weldon 1A/2A 1600 Meters 1A/2A 3200 Meters 2A 1600 Meters 2A 3200 Meters	Thomasville 1992, 1993 1991, 1992 1994 1994	6	T14)	Marcus Krah 4A Long Jump 4A Triple Jump 4A 110 Meter Hurdles	Hillside 2013, 2016 2016 2014, 2016	5
T1)	Greg Yeldell 2A Triple Jump 2A Long Jump	North Rowan 1995, 1996, 1997, 1998 1996, 1997, 1998	7	T14)	Brock Adams 1A 110 Meter Hurdles 1A 300 Meter Hurdles	Robbinsville 2021, 2022, 2023 2022, 2023	5	T14)	Matus Kriska 1A 800 Meter Run 1A 1600 Meter Run 1A 3200 Meter Run	Mount Airy 2010 2010, 2011 2008, 2009	5
T6)	Blaise Atkinson 2A 100 Meter Dash 2A 200 Meter Dash 2A 110 Meter Hurdles 2A 300 Meter Hurdles 3A 110 Meter Hurdles 3A 300 Meter Hurdles	Lake Norman Char. 2021 2021 2021 2021 2022 2022	6	T14)	Dave Adair 4A 100 Meter Dash 4A 200 Meter Dash 4A 400 Meter Dash	Garinger 1991 1990, 1991 1990, 1991	5	T14)	Ramondo North 4A High Jump 4A 110 Meter Hurdles 4A 200 Meter Dash 4A 300 Meter Hurdles	West Charlotte 1995 1996 1995, 1996 1996	5
T6)	Darius Brewington 3A 100 Meter Dash 3A 200 Meter Dash	T.W. Andrews 1990, 1991, 1993 1990, 1991, 1993	6	T14)	Zach Boone 1A 1600 Meter Run 1A 3200 Meter Run	Mitchell 2013, 2015 2013, 2014, 2015	5	T14)	William Montgomery 3A High Jump 3A Long Jump 3A Triple Jump	T.C. Roberson 1997, 1998 1997, 1998 1998	5
T6)	Johnny Dutch 3A 110 Meter Hurdles 3A 300 Meter Hurdles 4A 110 Meter Hurdles 4A 300 Meter Hurdles	Clayton 2004, 2005 2005 2006, 2007 2006	6	T14)	Bobby Byrd Open 1 Mile Run Open Discus	Durham 1946, 1947, 1948, 1949 1948	5	T14)	Josh Polk 1A 100 Meter Dash 1A 200 Meter Dash	Hobbs 2017, 2018 2016, 2017, 2018	5
T6)	Bob Gantt Open Shot Put Open Discus	Durham 1938, 1939, 1940 1938, 1939, 1940	6	T14)	Jahmaal Daniel 4A 100 Meter Dash 4A 200 Meter Dash 3A 100 Meter Dash 3A 200 Meter Dash	Terry Sanford 2012, 2013 2013 2014 2014	5	T14)	Andre Steele 1A/2A 200 Meters 1A/2A 400 Meters 3A 400 Meters	Salisbury 1989 1988, 1989 1990, 1991	5
				T14)	A.J. Davis 4A High Jump 4A Long Jump 4A Triple Jump	Northern Durham 1999 2001, 2002 2001, 2002	5	T14)	Carter Suggs Open 100 Yard Dash Open 220 Yard Dash Open Long Jump	Tarboro 1973, 1974 1973, 1974 1974	5
				T14)	Dave Dunaway Open High Jump Open 100 Yard Dash Open 220 Yard Dash	Jacksonville 1963 1962, 1963 1962, 1963	5	T14)	T.J. Wilson 1A Triple Jump 1A 110 Meter Hurdles 1A 300 Meter Hurdles	Princeton 2008, 2009 2010 2008, 2010	5



Men's Outdoor Track Multiple Event Champions



T31)	Jamel Allison 3A Long Jump 3A Triple Jump	Mooreville 2008 2006, 2007, 2008	4	T31)	Goodwin Open Discus Open Pole Vault Open 100 Yard Dash Open 220 Yard Dash	Greensboro 1925 1930 1930 1930	4	T31)	Phoenix Open 880 Yard Run Open 1 Mile Run	Greensboro 1927 1926, 1927, 1928	4
T31)	Tanis Baldwin 3A 800 Meter Run 3A 1600 Meter Run 3A 3200 Meter Run	East Henderson 2015 2015 2013, 2014	4	T31)	Noah Graham 2A 1600 Meter Run 2A 3200 Meter Run	Brevard 2016, 2017 2016, 2017	4	T31)	Potts Open High Jump Open Long Jump Open 120 Yard Hurdles	High Point 1936 1936 1935, 1936	4
T31)	Issac Blakeney 1A Long Jump 1A Triple Jump 2A Triple Jump	Monroe 2010 2010 2008, 2009	4	T31)	Magnus Herweyer 2A Discus 2A Shot Put	Carrboro 2015, 2016 2015, 2016	4	T31)	Eric Riddick 1A/2A Long Jump 1A/2A Triple Jump 1A Long Jump 1A Triple Jump	Richlands 1993 1993 1994 1994	4
T31)	Robert Boulware 4A 110 Meter Hurdles 4A 300 Meter Hurdles	Z.B. Vance (Charlotte) 2000, 2001 2000, 2001	4	T31)	Ryan Hill 3A 1600 Meter Run 3A 3200 Meter Run	Hickory 2007 2006, 2007, 2008	4	T31)	Laddie Terrell Open Long Jump Open 100 Yard Dash Open 220 Yard Dash	Raleigh 1944, 1945 1945 1945	4
T31)	Jamal Brand 3A 110 Meter Hurdles 3A 300 Meter Hurdles	T.W. Andrews 2000, 2001 1999, 2001	4	T31)	Lewis Jewell Open 100 Yard Dash Open 220 Yard Dash	Myers Park 1966, 1967 1966, 1967	4	T31)	Bill Wartman Open 100 Yard Dash Open 220 Yard Dash	Charlotte Central 1937, 1938 1937, 1938	4
T31)	Ricky Brookshire 4A 1600 Meter Run 4A 3200 Meter Run	Watauga 1999, 2000 1999, 2000	4	T31)	Nick Johnson Open High Jump Open Pole Vault	Fayetteville 1946 1944, 1945, 1946	4	T31)	Ian West 3A Pole Vault	Fike 2012, 2013, 2014, 2015	4
T31)	Bullock Open High Jump Open 880 Yard Run	Durham 1945 1944, 1945, 1946	4	T31)	Aaron Keller 2A 800 Meter Run 2A 1600 Meter Run 2A 3200 Meter Run	North Henderson 1997 1996, 1997 1996	4	T31)	Corey Wilkerson 1A Long Jump 1A 100 Meter Dash 1A 200 Meter Dash	Jordan-Matthews 2007 2007, 2008 2008	4
T31)	Jimmy Cain Open Discus Open 220 Yard Dash Open 440 Yard Dash	Raleigh 1947 1947 1946, 1947	4	T31)	Antonio King 1A Triple Jump 1A 110 Meter Hurdles 1A 300 Meter Hurdles	Cummings 2000 2000 1998, 2000	4	T31)	Eric Winfrey 3A 200 Meter Dash 3A 400 Meter Dash 4A 400 Meter Dash	Douglas Byrd 2010 2010, 2011 2009	4
T31)	Dalton Clower Open 440 Yard Dash	R.J. Reynolds 1938, 1939, 1940, 1941	4	T31)	Gabriel King 1A Discus 1A Shot Put	Mount Airy 2016, 2017 2016, 2017	4	T31)	John Wolfe 1A 800 Meter Run 1A 1600 Meter Run	Polk County 2008, 2009 2008, 2009	4
T31)	Cameron Council 3A 100 Meter Dash 3A 200 Meter Dash 3A 400 Meter Dash	Northwood 2018 2017, 2018 2017	4	T31)	Adam Manns 2A Discus 2A Shot Put	Draughn 2011, 2012 2011, 2012	4	T73)	107 INDIVIDUALS TIED		3
T31)	Chancellor Crawford 4A Discus 4A Shot Put	Mallard Creek/ North Mecklenburg 2018, 2019 2018, 2019	4	T31)	Shiloh Mielke 2A 1600 Meter Run 2A 3200 Meter Run	North Henderson 1999 1997, 1998, 1999	4	T180)	371 INDIVIDUALS TIED		2
T31)	Algernon Crumpler 4A Discus 4A Shot Put	New Hanover 1994, 1995, 1996 1996	4	T31)	Chase Miller 2A 1600 Meter Run 2A 3200 Meter Run	Wilkes Central 2009, 2010 2009, 2010	4				
T31)	Mark DeWeese 1A 800 Meter Run 1A 1600 Meter Run	Murphy 2004, 2005 2004, 2005	4	T31)	Romar Morris 2A 100 Meter Dash 2A 200 Meter Dash	Salisbury 2009, 2010 2009, 2010	4				
T31)	Steve Enoch 1A Long Jump 1A Triple Jump	Cummings 1998, 1999 1998, 1999	4	T31)	Jonathan Paylor 2A 100 Meter Dash 2A 200 Meter Dash 2A 400 Meter Dash	Cummings 2022 2022 2022, 2023	4				
T31)	Farmer Open 100 Yard Dash Open 220 Yard Dash	New Hanover 1927, 1928 1927, 1928	4	T31)	Lamont Pennington 4A 800 Meter Run 4A 1600 Meter Run	Hillside 1996, 1997 1996, 1997	4				
T31)	Mathew Gibby 1A 400 Meter Dash 1A 800 Meter Dash	West Davidson 2002 2000, 2001, 2002	4	T31)	Willie Perry 2A 100 Meter Dash 2A 200 Meter Dash	West Caldwell 2004, 2005 2004, 2005	4				



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



A.C. REYNOLDS

Brandon Brown	1998	4A	High Jump	6' 10"
Nick Smith	1999	4A	Shot Put	53' 4.00"
Kris Fant	2003	4A	110M Hurdles	14.01
Cade Liverman	2004	4A	110 M Hurdles	14.41
Cade Liverman	2004	4A	300 M Hurdles	38.00
Courtland Clavette	2010	4A	Discus	172' 00"
Courtland Clavette	2011	4A	Discus	184' 03"
Courtland Clavette	2011	4A	MOP	
Courtland Clavette	2011	4A	Shot Put	55' 0.25"

A.L. BROWN

Reggie Littlejohn	1984	O	1600 Meter Run	4:13.78
Mark Carter	1991	3A	Discus	171' 06"
Steve McKnight	1992	3A	200 Meter Dash	22.23
Kennan Lott	1993	3A	300M Hurdles	38.86
Billy Simiton	2009	3A	High Jump	6' 06"
Tavis Bailey	2010	3A	Discus	185' 01"
Joshua Parks	2019	3A	110M Hurdles	14.24
	2019	3A	4X200 Relay	1:26.87
Joshua Parks	2019	3A	400 Meter Dash	47.52

AHOSKIE

David Anderson	1966	O	Long Jump	21' 3.50"
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ALBEMARLE

	1989	1/2	4X800 Relay	8:11.90
Saladine Peets	1996	2A	400 Meter Dash	49.90
Casey Xiong	2001	1A	1600 Meter Run	4:31.93
Darius Scott	2002	1A	Long Jump	23' 02"
T.A. McLendon	2002	1A	Shot Put	51' 2.75"
Blair Jonston	2003	1A	400 Meter Dash	51.03
Drew McManus	2005	1A	400 Meter Dash	51.51
Freddie Parker	2011	1A	100 Meter Dash	10.84
Terrace Ellis	2015	1A	400 Meter Dash	49.70
Ali Currie	2021	1A	Triple Jump	44'09.50"
Ali Currie	2022	1A	Triple Jump	46' 8"

ALEXANDER CENTRAL

Lyndon Strickland	2019	3A	Discus	176' 06"
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ANDREWS

	2001	3A	4X100 Relay	42.54
	2006	3A	4X100 Relay	42.51
Jacob Whitaker	2015	1A	Discus	151' 09.25"
Jacob Whitaker	2015	1A	Shot Put	56' 4.25"
Tucker Holloway	2019	1A	Long Jump	22' 04"

Matthews

Harold Liles
Lewis Harris
Damien Bennett

Demetrius Wilson
Robbie Howell
Robbie Howell

Troy Minter
Chris McMillian
Josh Hyde
Doug Noreen

Joe Devries
Drew Pederson
Reyho Tshiana
Charles McBride

Bob Matheson

Giavonni Scott

Jamier Moten
Xavier Branker
Xavier Branker
Xavier Branker

Henry Jones
Eric Hitchman
Eric Hitchman
Richard Kratz
Monterrio Adams
David Boyce
Tyson Fortenberry
Tyson Fortenberry
Tyson Fortenberry
Sincere Moss
Sincere Moss

ANGIER

1952 O Long Jump 21' 02.67"

ANSON

1990 4A 100 Meter Dash 10.79
1992 4A 400 Meter Dash 49.01
1994 4A High Jump 6' 08"
2019 2A 4X100 Relay 42.98

APEX

1990 4A Shot Put 57' 00.00"
1994 4A 1600 Meter Run 4:15.40
1994 4A 800 Meter Run 1:53.56
1996 4A 4X800 Relay 7:58.21
1996 4A Triple Jump 47' 04"
1998 4A Pole Vault 13' 00"
2000 4A Pole Vault 14' 06"
2003 4A 800 Meter Run 1:53.71
2005 4A 4X400 Relay 3:20.08
2013 4A Pole Vault 14' 00"
2014 4A Pole Vault 15' 06"
2014 4A Triple Jump 46' 05"
2019 4A High Jump 7' 01"

APPALACHIAN

1963 O Shot Put 51'10.00"

ARDREY KELL

2008 4A Discus 156' 05"
2011 4A 4X800 Relay 7:49.80
2021 4A 400 Meter Dash 47.94
2022 4A 110M Hurdles 14.38
2022 4A 300M Hurdles 38.16
2023 4A 300M Hurdles 37.18

ASHBROOK

1974 O 1 Mile Run 4:09.80
1987 4A 1600 Meter Run 4:15.06
1987 4A 3200 Meter Run 9:20.08
1992 4A Pole Vault 14' 00"
1998 4A 400 Meter Dash 48.73
2001 4A Shot Put 54' 11.00"
2015 3A Discus 153' 02"
2015 3A Shot Put 52' 4.50"
2016 3A Discus 161' 01"
2023 3A 200 Meter Dash 21.59
2023 3A MOP

ASHE COUNTY

Josh Hardin 2018 2A 400 Meter Dash 47.99

Chuckie Simmons
Elliot Armstrong
Dustin Allred
Merceda Perry
Michael Massey
Michael Massey
Mike Eddy

Payne
Jones
Andrews
Andrews
Bartlett
Claude Gibson
15.10
Travers Chiott
Leland Adams
John Avery
Thomas Littlejohn
Thomas Littlejohn

Isaac Presson
Isaac Presson
Issac Presson
Isaac Presson
Daisaun White
Daisaun White
Mekhi McGuyver
Noah Tyson
Noah Shore
Noah Shore
Haven Honeycutt

Stanley Broaden
Stanley Broaden

ASHEBORO

1986 3/4 100 Meter Dash 10.53
1987 3A 4X200 Relay 1:26.47
1987 3A 400 Meter Dash 48.20
1989 3A 800 Meter Run 1:58.56
1997 3A Discus 176' 06"
1999 3A High Jump 6' 08"
2000 3A High Jump 6' 08"
2007 3A 400 Meter Dash 48.97

ASHEVILLE

1927 O 440 Yard Dash 53.80
1929 O 1 Mile Run 4:40.60
1931 O Discus 117' 03"
1931 O Shot Put 45' 8.75"
1956 O Discus 150' 07"
1957 O 120 Yard High Hurdles

1958 O 100 Yard Dash 10.20
1977 O 1 Mile Run 4:22.65
1994 3A 100 Meter Dash 10.77
1997 3A 100 Meter Dash 10.80
1997 3A 200 Meter Dash 22.04
2000 3A 4X800 Relay NA
2005 3A 4X100 Relay 42.65
2008 3A 4X800 Relay 7:56.98
2008 3A 800 Meter Run 1:58.05
2010 3A 800 Meter Run 1:52.07
2010 3A 1600 Meter Run 4:15.99
2010 3A MOP
2010 3A Triple Jump 48' 04"
2011 3A Triple Jump 47' 01"
2014 3A Triple Jump 47' 00.5"
2015 3A Triple Jump 46' 08"
2016 3A 1600 Meter Run 4:14.48
2016 3A 800 Meter Run 1:56.23
2017 3A 1600 Meter Run 4:19.94

ASHLEY

2011 4A 110M Hurdles 14.38
2011 4A 300M Hurdles 37.41

ATHENS DRIVE



Than Emery	1979	O	Discus	161' 05"	Dennis Barron	1982	O	Shot Put	60' 4.50"	Marty DeFrancesco Jr	2011	1A	400 Meter Dash	49.38
Than Emery	1979	O	Shot Put	57' 7.50"		2012	2A	4X400 Relay	3:21.88					
Than Emery	1980	O	Discus	171' 04"		2012	2A	4X800 Relay	8:09.97				BOWMAN	
	1991	4A	4X800 Relay	8:02.62		2013	2A	4X400 Relay	3:23.23	Dennis Huntley	1975	O	1 Mile Run	4:15.50
Omarr Dixon	1991	4A	High Jump	6' 08"						Dennis Huntley	1975	O	880 Yard Run	1:54.90
Omarr Dixon	1992	4A	High Jump	6' 10"				BEN L. SMITH						
A.J. Kaschak	2003	4A	400 Meter Dash	49.65	Wayne Wright	1967	O	High Jump	6' 4.75"				BOYDEN	
Brandon Ray	2017	4A	100 Meter Dash	10.67	Robert McAdoo	1969	O	High Jump	6' 7.75"	Johnson	1963	O	Pole Vault	12' 00"
					Fred Cundiff	1973	O	440 Yard Dash	49.20					
					Curtis Johnson	1989	4A	100 Meter Dash	10.53				BREVARD	
Alfred Adams	1968	O	120 YD Hurdles	15.20	Tedrick Greene	1996	4A	High Jump	6' 06"	Dean Lytle	1989	3A	100 Meter Dash	10.82
Dyronne Mabry	2010	2A	400 Meter Dash	49.56		2000	3A	4X400 Relay	3:25.95	Dean Lytle	1989	3A	200 Meter Dash	21.49
Tony Davis	2016	1A	400 Meter Dash	49.65	Everett Bruce	2000	3A	Triple Jump	46' 4.75"	John Whiteside	1998	2A	110M Hurdles	14.49
Jeremy Kankula	2016	1A	800 Meter Run	1:59.57		2003	3A	4X200 Relay	1:27.67	Frankie Waters	2006	2A	110M Hurdles	14.65
	2017	1A	4X400 Relay	3:28.87	Jerre Wyatt	2004	3A	300M Hurdles	38.37		2008	2A	4X400 Relay	3:25.67
	2017	1A	4X800 Relay	8:18.01		2004	3A	4X200 Relay	1:26.96		2008	2A	4X800 Relay	8:14.80
Jeremy Kankula	2017	1A	800 Meter Run	2:00.48		2004	3A	4X400 Relay	3:23.27		2009	2A	4X800 Relay	8:11.46
Ben Armentrout	2018	2A	3200 Meter Run	9:33.46	Lonnie Phifer	2004	3A	Discus	162' 04"	Noah Graham	2016	2A	1600 Meter Run	4:26.69
					Jerre Wyatt	2004	3A	MOP		Noah Graham	2016	2A	3200 Meter Run	9:31.44
					Jeremy Davis	2014	4A	Long Jump	23' 04"	Noah Graham	2017	2A	1600 Meter Run	4:23.52
D.C. Braswell	2015	1A	High Jump	6' 02"						Noah Graham	2017	2A	3200 Meter Run	9:35.82
	2018	1A	4X400 Relay	3:32.72				BERRY ACADEMY		Knox Witherspoon	2022	2A	1600M Run	4:28.48
					Charles Johnson	2006	4A	Shot Put	55' 5.00"					
						2010	2A	4X800 Relay	8:14.78				BROUGHTON	
Keenan Parks	1993	1/2	300M Hurdles	38.99	Kedrick Davis	2011	2A	100 Meter Dash	10.47	Scot Bowers	1957	O	220 Yard Dash	22.50
	1993	1/2	4X100 Relay	43.24	Cameron Hudson	2011	2A	200 Meter Dash	21.33	Jim Martin	1957	O	Discus	130' 04"
	1993	1/2	4X200 Relay	1:29.42		2011	2A	4X100 Relay	41.78	Bud Tripp	1957	O	High Jump	5' 07"
Keith Marrow	1994	2A	200 Meter Dash	21.69		2011	2A	4X200 Relay	1:26.14	Bob Williams	1957	O	Long Jump	21' 08"
	1994	2A	4X100 Relay	42.79		2011	2A	4X400 Relay	3:24.37	Bob Martin	1959	O	120 YD Hurdles	15.80
Kalunta Harris	1995	2A	Long Jump	22' 11.25"		2011	2A	4X800 Relay	8:06.85	Jimmy Eads	1960	O	120 YD Hurdles	15.50
Jarvis Murphy	2008	1A	400 Meter Dash	50.48	Larry Gibson	2011	2A	400 Meter Dash	49.41	Billy Peabody	1960	O	Pole Vault	12' 00"
					Cameron Hudson	2011	2A	Long Jump	22' 05"	Vince Struble	1968	O	Pole Vault	13' 00"
					Cameron Hudson	2011	2A	MOP		Wesley Debnam	1969	O	880 Yard Run	1:55.30
Brian Shumaker	1989	1/2	Discus	155' 05"	Cameron Hudson	2012	3A	100 Meter Dash	10.47	David Turner	1972	O	Pole Vault	14' 10"
Chris Douglas	1999	2A	110M Hurdles	14.18		2012	3A	4X100 Relay	42.25	David Robinson	1973	O	Pole Vault	14' 10"
Chris Douglas	1999	2A	300M Hurdles	38.44		2012	3A	4X400 Relay	3:20.50	Ricky Wall	1981	O	Triple Jump	50' 1.25"
Keith Chatman	2003	2A	100 Meter Dash	10.87		2012	3A	4X800 Relay	8:03.46	Chris Brooks	1982	O	400 Meter Dash	47.30
Nathan Flowers	2014	2A	Pole Vault	13' 00"	Larry Gibson	2012	3A	400 Meter Dash	48.96	Jim Farmer	1983	O	1600 Meter Run	4:13.10
Alex Reavis	2019	2A	High Jump	6' 08"	Cameron Hudson	2012	3A	MOP		Danny Peebles	1984	O	Long Jump	24' 5.75"
										Dan Sarisky	1997	4A	Pole Vault	14' 00"
								BERTIE		Jesse Williams	2000	4A	High Jump	6' 08"
Freeman	1935	O	Pole Vault	10' 06"	Marvin Rankins	1975	O	120 YD Hurdles	13.70	Jesse Williams	2001	4A	High Jump	7' 02"
Johnson	1936	O	100 Yard Dash	10.30	Armstead Gilliam	1975	O	High Jump	6' 7.5"	Chris Gross	2001	4A	Pole Vault	15' 00"
Johnson	1936	O	220 Yard Dash	23.00		1988	3A	4X100 Relay	42.42	Jesse Williams	2002	4A	High Jump	7' 02"
						1988	3A	4X200 Relay	1:28.56	Chris Gross	2002	4A	Pole Vault	14' 06"
						1994	3A	4X200 Relay	1:29.71	Sandy Roberts	2004	4A	3200 Meter Run	9:27.02
Derrick Hylton	1994	3A	400 Meter Dash	50.12						Sandy Roberts	2005	4A	3200 Meter Run	9:14.33
								BISHOP MCGUINNESS		Sandy Roberts	2006	4A	3200 Meter Run	9:08.65
													BROUGHTON (CONTINUED)	



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Anthony Colon	2010 4A	300M Hurdles	38.12
	2010 4A	4X800 Relay	7:49.33
Sam Roberson	2012 4A	3200 Meter Run	9:20.73
Harrison Booth	2012 4A	Pole Vault	14' 06"
Omar Sanchez	2015 4A	100 Meter (WC)	28.48
Omar Sanchez	2015 4A	200 Meter (WC)	51.27
Omar Sanchez	2015 4A	Discus (WC)	28' 07"
Omar Sanchez	2016 4A	100 Meter (WC)	24.60
Omar Sanchez	2016 4A	200 Meter (WC)	50.75
Omar Sanchez	2016 4A	Discus (WC)	35' 03"
Omar Sanchez	2016 4A	Shot Put (WC)	15' 00"
Andrew Brooks	2017 4A	800 Meter Run	1:53.88
Ladale Gambrell	2018 4A	100 Meter (WC)	21.70
Ladale Gambrell	2018 4A	200 Meter (WC)	46.59
Ladale Gambrell	2018 4A	Discus (WC)	55' 07"
Ladale Gambrell	2018 4A	Shot Put (WC)	16' 6.5"

BUNKER HILL

John Kaneer	1987 1/2	3200 Meter Run	9:49.56
John Kaneer	1988 1/2	3200 Meter Run	9:44.56
Mark Wells	1993 1/2	Shot Put	50' 9.50"
Jermichael Watts	1997 2A	110M Hurdles	14.86
Jermichael Watts	1997 2A	High Jump	6' 06"
Centrail Williamson	2008 2A	High Jump	6' 06"
	2015 2A	4X200 Relay	1:28.05
Jon Ramsey	2016 2A	Pole Vault	14' 00"
Raheem Carson	2019 2A	100 Meter Dash	11.01
Ayden Thompson	2023 2A	110M Hurdles	14.86

BUNN

Larry Perry	2000 1A	High Jump	6' 04"
Dexter Epps	2005 2A	Discus	155' 04"
	2013 2A	4X100 Relay	42.20
	2015 2A	4X100 Relay	42.07

BURGAW

Rowe Sawyer	1964 0	High Jump	5' 11"
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BURLINGTON

Garrett	1922 0	Discus	106' 05"
Councilman	1923 0	220 Yard Dash	26.40
Splawn	1948 0	High Jump	5' 10"
Jim Hambright	1954 0	120 YD Hurdles	15.60
Johnson	1954 0	440 Yard Dash	51.70
Eddie Burke	1957 0	High Jump	5' 07"
Reggie Loy	1961 0	Shot Put	53' 8.50"
Rod Stewart	1962 0	Discus	149' 06.25"
Rod Stewart	1962 0	Shot Put	53' 8.88"

Titus Toms	2016 3A	100 Meter Dash	10.74
Titus Toms	2017 3A	100 Meter Dash	10.66

Spencer Adams	2007 4A	300M Hurdles	36.04
Spencer Adams	2008 4A	110M Hurdles	13.51
	2008 4A	4X100 Relay	42.03
	2008 4A	4X200 Relay	1:27.02
	2014 4A	4X200 Relay	1:26.14

Derek Stiles	1996 1A	200 Meter Dash	22.80
	1996 1A	4X200 Relay	1:32.07
	1997 1A	4X400 Relay	3:34.47
Nick Cowell	2000 1A	Discus	141' 09.25"
Nick Cowell	2001 1A	Discus	141' 09.25"
	2002 1A	4X400 Relay	3:30.41
	2014 1A	300M Hurdles	40.63
	2015 1A	MOP	
	2015 1A	Triple Jump	46' 05"

James Godwin	1971 0	Long Jump	23' 11"
	2022 3A	4X200 Relay	1:29.00

Sean Sewell	2006 2A	1600 Meter Run	4:24.58
Sean Sewell	2007 2A	1600 Meter Run	4:17.69
Sean Sewell	2007 2A	3200 Meter Run	9:25.83
	2007 2A	4X800 Relay	8:04.63
	2007 2A	MOP	
	2015 3A	4X800 Relay	7:56.09
	2016 4A	3200 Meter Run	9:06.43
	2017 4A	1600 Meter Run	4:17.58
	2017 4A	3200 Meter Run	8:59.90
	2019 4A	3200 Meter Run	9:22.14

Sean Sewell	2007 2A	3200 Meter Run	9:25.83
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Connor Lane	2007 2A	MOP	
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Connor Lane	2015 3A	4X800 Relay	7:56.09
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Connor Lane	2016 4A	3200 Meter Run	9:06.43
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Connor Lane	2017 4A	1600 Meter Run	4:17.58
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Connor Lane	2017 4A	3200 Meter Run	8:59.90
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Lowell Hensgen	2019 4A	3200 Meter Run	9:22.14
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Lowell Hensgen	2019 4A	3200 Meter Run	9:22.14
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Lowell Hensgen	2019 4A	3200 Meter Run	9:22.14
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BURNS

BUTLER

CAMDEN COUNTY

CAPE FEAR

CARDINAL GIBBONS

CARRBORO

Cardin Jones	2009 2A	400 Meter Dash	49.41
Michael Jushchuk	2011 2A	800 Meter Run	1:59.72
Scott Peretin	2013 2A	Discus	152' 11"
Scott Peretin	2013 2A	Shot Put	53' 3.00"
Magnus Herweyer	2015 2A	Discus	178' 07"
Magnus Herweyer	2015 2A	Shot Put	53' 10.00"
Magnus Herweyer	2016 2A	Discus	155' 08"
Magnus Herweyer	2016 2A	Shot Put	51' 3.75"

Myquon Stout	2012 3A	Shot Put	55' 4.50"
William Fuller	2017 3A	100 Meter (WC)	34.43
William Fuller	2017 3A	Discus (WC)	23' 08"
William Fuller	2019 3A	100 Meter (WC)	27.20
William Fuller	2019 3A	Discus (WC)	29' 07"
William Fuller	2019 3A	Shot Put (WC)	11' 00"

Bryce Sherman	2007 3A	100 Meter Dash	10.51
Bryce Sherman	2007 3A	200 Meter Dash	21.43
	2007 3A	4X100 Relay	41.80
	2007 3A	MOP	
	2008 3A	4X200 Relay	1:27.62
	2008 3A	4X400 Relay	3:21.47
	2009 3A	200 Meter Dash	22.40
	2009 3A	400 Meter Dash	48.51
	2014 2A	100 Meter Dash	10.85
	2014 2A	200 Meter Dash	21.88
	2014 2A	4X100 Relay	48.08
	2014 2A	4X200 Relay	1:27.79
	2015 2A	200 Meter Dash	21.73
	2023 1A	4X100 Relay	43.71
	2023 1A	4X200 Relay	1:31.95

Bryce Sherman	2007 3A	MOP	
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Brandon Hairston	2008 3A	4X200 Relay	1:27.62
Brandon Hairston	2008 3A	4X400 Relay	3:21.47
Brian Sessoms	2009 3A	200 Meter Dash	22.40
Brian Sessoms	2009 3A	400 Meter Dash	48.51
Brian Sessoms	2014 2A	100 Meter Dash	10.85
Brian Sessoms	2014 2A	200 Meter Dash	21.88
	2014 2A	4X100 Relay	48.08
	2014 2A	4X200 Relay	1:27.79
	2015 2A	200 Meter Dash	21.73
	2023 1A	4X100 Relay	43.71
	2023 1A	4X200 Relay	1:31.95

Brian Sessoms	2014 2A	200 Meter Dash	21.88
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CARY

Eddie Ashburn	1966 0	High Jump	5' 10"
Parson	1968 0	Long Jump	23' 6.75"
Randy Smith	1971 0	Discus	160' 00"
Jim Abbott	1976 0	880 Yard Run	1:56.30
Mike Ripberger	1979 0	High Jump	6' 06"
Mike Ripberger	1980 0	High Jump	6' 8.5"
Paul DeWitt	1986 3/4	1600 Meter Run	4:19.59
Larry Patterson	1986 3/4	High Jump	6' 08"
Pete Zeman	1991 4A	800 Meter Run	1:56.14
Chris Barfield	2009 4A	Discus	161' 00"
	2018 4A	4X400 Relay	3:20.16
	2019 4A	1600 Meter Run	4:15.55
	2019 4A	4X800 Relay	7:52.90

CEDAR RIDGE

Jeremy Gerlach	2008 2A	1600 Meter Run	4:28.90
Jacob Geary	2010 2A	Shot Put	56' 00.00"
A.J. Tucker	2012 2A	1600 Meter Run	4:22.47
Cameron Cooper	2012 2A	200 Meter Dash	21.85
Ethan Smith	2012 2A	Pole Vault	15' 03"
A.J. Tucker	2013 2A	1600 Meter Run	4:21.23
A.J. Tucker	2013 2A	3200 Meter Run	9:32.18
	2013 2A	4X800 Relay	8:11.21



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Ethan Smith	2013	2A	Pole Vault	15' 00"	Richard Bernard	2004	2A	1600 Meter Run	4:26.45	Little	1940	0	Long Jump	20' 9.25"
						2023	4A	4X800 Relay	7:45.94	Floyd Simmons	1941	0	120 YD Hurdles	16.20
										Jim Reid	1941	0	880 Yard Run	2:04.10
CENTRAL ACADEMY					CHARLOTTE CENTRAL					CHARLOTTE CENTRAL (CONTINUED)				
Elijah Inuwa	2013	1A	800 Meter Run	1:58.75	Thomas	1922	0	Long Jump	19' 5.50"	Floyd Simmons	1942	0	120 YD Hurdles	14.90
Elijah Inuwa	2014	2A	800 Meter Run	1:55.78	Ware	1923	0	120 YD Hurdles	16.40	Jim Reid	1942	0	880 Yard Run	2:02.30
	2015	2A	4X400 Relay	3:23.95	Schlits	1923	0	Pole Vault	9' 3.5"	Roy McKnight	1944	0	440 Yard Dash	53.00
Elijah Inuwa	2015	2A	800 Meter Run	1:51.70	Gallagher	1924	0	1 Mile Run	4:57.00	Fred Boger	1944	0	Pole Vault	10' 7.75"
CENTRAL CABARRUS					R.W. Smith	1924	0	100 Yard Dash	10.60	Murphy	1945	0	High Jump	5' 5.25"
Lamont Reid	2000	3A	100 Meter Dash	10.94	R.W. Smith	1924	0	220 Yard Dash	24.30	Morow	1946	0	120 YD Hurdles	15.90
					Gallagher	1924	0	880 Yard Run	2:14.80	Stegall	1947	0	880 Yard Run	2:04.10
CHADBOURN					Houston	1925	0	Pole Vault	9' 02"	Hobbs	1947	0	High Jump	5' 03"
Reggie Cox	1958	0	880 Yard Run	2:04.50	Milstead	1926	0	120 YD Hurdles	15.00	Mason	1947	0	High Jump	5' 03"
					Wade Ison	1926	0	100 Yard Dash	10.10	Ford	1947	0	Shot Put	44' 0.00"
CHAPEL HILL					Wade Ison	1926	0	220 Yard Dash	22.60	Holder	1948	0	Long Jump	20' 3.75"
McIver	1922	0	120 YD Hurdles	16.20	Farris	1926	0	440 Yard Dash	53.80	Propst	1949	0	440 Yard Dash	51.80
McIver	1922	0	High Jump	5' 4.5"	Barbee	1926	0	880 Yard Run	2:08.20	Thomas	1949	0	High Jump	5' 9.5"
Roberts	1922	0	Pole Vault	10' 0.25"	Fort	1926	0	Long Jump	20' 10"	Rowe	1950	0	High Jump	5' 09"
Roberts	1922	0	Shot Put	43' 2.75"	Neiman	1926	0	Pole Vault	10' 04"	Logan	1950	0	Pole Vault	11' 00"
McIver	1923	0	Discus	99' 06"	Reid	1927	0	120 YD Hurdles	15.00	Huffaker	1951	0	High Jump	5' 09"
McIver	1923	0	High Jump	5' 4.75"	Reid	1927	0	High Jump	5' 7.25"	Logan	1951	0	Pole Vault	10' 08"
McIver	1923	0	Shot Put	40' 8.00"	Neiman	1927	0	Long Jump	21' 2.50"	Jim Beatty	1952	0	1 Mile Run	4:40.50
McIver	1924	0	Discus	95' 08"	Neiman	1927	0	Pole Vault	11' 00"	Garland Thomas	1952	0	120 YD Hurdles	15.30
McIver	1924	0	Shot Put	42' 9.00"	Reid	1928	0	120 YD Hurdles	14.80	Massey	1952	0	440 Yard Dash	51.10
Bill Mengel	1937	0	120 YD Hurdles	15.80	Houston	1928	0	Pole Vault	10' 01"	Whit Spearman	1952	0	880 Yard Run	2:04.40
Bill Mengel	1938	0	Long Jump	20' 6.75"	Meacham	1929	0	440 Yard Dash	53.80	Logan	1952	0	Pole Vault	11' 08"
Tom Hunter	1960	0	440 Yard Dash	51.80	Mullis	1929	0	Discus	122' 10.25"	Jim Beatty	1953	0	1 Mile Run	4:31.90
Tim Farmer	1965	0	Discus	160' 00.75"	Woodside	1929	0	Long Jump	20' 10.5"	Don Moss	1955	0	100 Yard Dash	10.20
Tim Farmer	1965	0	Shot Put	53' 8.88"	Wood	1930	0	120 YD Hurdles	17.30	Don Moss	1955	0	220 Yard Dash	22.80
Frank Spratt	1967	0	1 Mile Run	4:17.70	Mullis	1930	0	Discus	126' 0.5"	Tommy Hutchins	1955	0	440 Yard Dash	52.00
Dave Taylor	1967	0	Shot Put	55' 00.00"	Mullis	1930	0	Shot Put	46' 9.75"	Walker	1955	0	Pole Vault	11' 08"
Dave Taylor	1968	0	Discus	171' 08"	Hawthorne	1931	0	120 YD Hurdles	16.20	Bartley Tarlton	1956	0	High Jump	5' 11.75"
Dave Taylor	1968	0	Shot Put	58' 2.75"	Turpie	1931	0	880 Yard Run	2:05.80	Bartley Tarlton	1956	0	Pole Vault	11' 08"
Tom Ward	1972	0	1 Mile Run	4:14.20	Guy Soule	1931	0	Long Jump	22' 01"	Howard Walker	1957	0	Pole Vault	12' 01"
Tom Ward	1973	0	1 Mile Run	4:14.00	Harold Sutton	1932	0	Discus	111' 11"					
Bobby Hostler	1991	4A	Pole Vault	13' 00"	Guy Soule	1932	0	Long Jump	21' 08.75"	CHASE				
Jack Bolas	2005	4A	1600 Meter Run	4:08.23	Harold Sutton	1932	0	Shot Put	46' 5.50"	Oneal Chestnut	2004	2A	High Jump	6' 10"
Jack Bolas	2006	4A	1600 Meter Run	4:04.38	Morse	1933	0	1 Mile Run	4:43.20	Bruce Squires	2016	2A	200 Meter Dash	21.89
Taylor Gilland	2007	4A	3200 Meter Run	9:23.52	Isenhour	1933	0	120 YD Hurdles	16.80	Bruce Squires	2017	2A	100 Meter Dash	10.77
Taylor Gilland	2008	4A	3200 Meter Run	9:28.14	Pickard	1933	0	Long Jump	21' 6.75"	Bruce Squires	2017	2A	200 Meter Dash	22.10
Taylor Gilland	2009	4A	3200 Meter Run	9:01.68	Holder	1934	0	Long Jump	21' 3.63"					
Mitch McLeod	2011	3A	3200 Meter Run	9:30.59	Swinson	1935	0	Long Jump	21' 1.5"					
Mitch McLeod	2012	3A	3200 Meter Run	9:38.13	Hanes	1937	0	1 Mile Run	4:40.60					
	2013	3A	4X800 Relay	7:57.04	Bill Wartman	1937	0	100 Yard Dash	10.30					
Ethan Mathis	2021	3A	800 Meter Run	1:53.83	Bill Wartman	1937	0	220 Yard Dash	22.80					
Gordon Harwell	2021	3A	Pole Vault	14' 00.00"	Bill Wartman	1938	0	100 Yard Dash	10.10					
					Bill Wartman	1938	0	220 Yard Dash	22.60					
CHARLOTTE CATHOLIC					Wise	1938	0	880 Yard Run	2:09.30					
					Hoot Brantley	1940	0	120 YD Hurdles	15.50					



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



CHATHAM CENTRAL

Wyatt Grillo 2012 1A Discus 152' 03"

CHERRYVILLE

Trentavis Friday 2012 1A 400 Meter Dash 48.12
 Trentavis Friday 2013 1A 100 Meter Dash 10.48
 Trentavis Friday 2013 1A 200 Meter Dash 21.71
 Trentavis Friday 2013 1A 400 Meter Dash 48.00
 Trentavis Friday 2013 1A MOP
 Trentavis Friday 2014 1A 100 Meter Dash 10.59
 Trentavis Friday 2014 1A 200 Meter Dash 20.95
 Trentavis Friday 2014 1A 4X400 Relay 3:28.00
 Trentavis Friday 2014 1A 400 Meter Dash 47.87
 Trentavis Friday 2014 1A MOP
 2022 1A 4X400 Relay 3:30.35

CHRIST THE KING

Blake Nicholson 2023 1A 3200 Meter Run 9:27.44

CLAYTON

Travis Stephenson 1987 1/2 Discus 155' 07"
 Kerry Hinton 1987 1/2 Shot Put 50' 10.00"
 Travis Stephenson 1988 1/2 Discus 157' 05"
 Chad Daniels 1989 1/2 3200 Meter Run 9:45.33
 Donald Tolley 1994 2A Discus 142' 11"
 1996 2A 4X800 Relay 8:25.89
 Johnny Dutch 2004 3A 110M Hurdles 14.16
 Johnny Dutch 2005 3A 110M Hurdles 13.88
 Johnny Dutch 2005 3A 300M Hurdles 38.01
 Johnny Dutch 2005 3A MOP
 Johnny Dutch 2006 4A 110M Hurdles 13.55
 Johnny Dutch 2006 4A 300M Hurdles 36.60
 Johnny Dutch 2006 4A MOP
 Ryan Twiford 2006 4A Pole Vault 14' 06"
 Johnny Dutch 2007 4A 110M Hurdles 13.39
 Dazmin James 2023 4A 100 Meter Dash 10.46
 Dazmin James 2023 4A 200 Meter Dash 21.06
 Dazmin James 2023 4A MOP
 CJ Martin 2023 4A 400 Meter Dash 47.20

CLEVELAND

Kyzaiah Stone 2021 3A High Jump 6'06.00"

CLEMMONS

Snyder 1938 O High Jump 5' 06"

CLINTON

Jeremiah Williams 1990 1/2 4X200 Relay 1:28.71
 Travis Banks 1990 1/2 400 Meter Dash 49.16
 Robert Lee 1990 1/2 High Jump 6' 09"
 Robert Lee 1990 1/2 Long Jump 22' 08"
 Travis Banks 1991 1/2 100 Meter Dash 10.81
 Travis Banks 1991 1/2 High Jump 6' 08"
 Robert Lee 1991 1/2 Long Jump 23' 04"
 Travis Banks 1991 1/2 MOP
 L.C. Stevens 1993 1/2 100 Meter Dash 11.06

COMMUNITY SCHOOL OF DAVIDSON

Jake Baugher 2018 1A 3200 Meter Run 9:50.22
 Langston Samples 2019 1A Triple Jump 44' 07"

CONCORD

Stan Bost 1986 3/4 Shot Put 56' 7.50"
 Damon Josey 1987 3A 800 Meter Run 1:55.59
 Rodney Edwards 1989 3A Shot Put 60' 4.25"
 Gabriel Stainback 2017 3A High Jump 6' 06"

CORVIAN COMMUNITY

Jacob Fiorillo 2022 1A 1600M Run 4:27.79
 Jacob Fiorillo 2022 1A 3200M Run 9:57.40

COX MILL

Elijah Goins 2013 3A 110M Hurdles 14.67

CRAMER

Zachary Willer 2022 3A 1600M Run 4:19.86

CREST

Ricky Hamrick 1987 4A Triple Jump 47' 9.5"
 Travis Padgett 2002 3A 100 Meter Dash 10.84
 2002 3A 4X100 Relay 42.45
 2004 3A 4X100 Relay 42.42
 2005 3A 4X200 Relay 1:27.72
 Kendall Kee 2010 3A 100 Meter Dash 10.84
 2010 3A 4X100 Relay 42.15
 2010 3A 4X200 Relay 1:26.64
 2011 3A 100 Meter Dash 10.83
 Harvey McSwain II 2011 3A 200 Meter Dash 21.50
 Harvey McSwain II 2011 3A 300M Hurdles 38.36
 Demonte Wilson

CROATAN

Blake Floyd 2005 2A 4X400 Relay 3:27.61
 2005 2A 400 Meter Dash 49.81
 2017 2A 4X400 Relay 3:22.58
 2017 2A 4X800 Relay 8:04.03

Brendon Hodge 2018 2A 300M Hurdles 37.98
 2018 2A 4X400 Relay 3:22.65
 2018 2A 4X800 Relay 8:01.80
 Michael Quispe 2018 2A 800 Meter Run 1:54.89
 Brendon Hodge 2019 2A 110M Hurdles 14.69
 Brendon Hodge 2019 2A 300M Hurdles 40.02
 2019 2A 4X400 Relay 3:22.29
 Brendon Hodge 2019 2A MOP
 AJ Matas 2022 3A Shot Put 50' 2"
 2023 3A 4X400 Relay 3:20.45
 2023 3A 4X800 Relay 8:00.73

CUMMINGS

Mike Gattis 1980 O Triple Jump 48' 0.75"
 Dion Mapp 1989 3A 400 Meter Dash 47.69
 Fred Gant 1992 3A 3200 Meter Run 9:32.17
 Rakeem Felton 1993 3A 400 Meter Dash 48.95
 1995 2A 4X100 Relay 42.90
 Seneca Rogers 1998 1A 200 Meter Dash 22.75
 Antonio King 1998 1A 300M Hurdles 39.22
 1998 1A 4X200 Relay 1:30.19
 1998 1A 4X400 Relay 3:26.83
 Seneca Rogers 1998 1A 400 Meter Dash 50.31
 Steve Enoch 1998 1A Long Jump 23' 04"
 Seneca Rogers 1998 1A MOP
 Steve Enoch 1998 1A MOP
 Steve Enoch 1998 1A Triple Jump 46' 05"
 Mike Hinton 1999 1A 300M Hurdles 41.11
 1999 1A 4X200 Relay 1:31.29
 Dontae Morgan 1999 1A 400 Meter Dash 50.16
 Steve Enoch 1999 1A Long Jump 23' 05.5"
 Steve Enoch 1999 1A MOP
 Steve Enoch 1999 1A Triple Jump 48' 10.5"
 Antonio King 2000 1A 110M Hurdles 14.59
 Antonio King 2000 1A 300M Hurdles 38.81
 Antonio King 2000 1A MOP
 Antonio King 2000 1A Triple Jump 45' 11.25"
 Mike Hinton 2001 1A 110M Hurdles 14.88
 Mike Hinton 2001 1A 300M Hurdles 38.75
 Mike Hinton 2001 1A MOP
 Mike Hinton 2001 1A Triple Jump 45' 01"
 Mike Hinton 2002 2A 300M Hurdles 38.32
 Mike Hinton 2002 2A MOP
 Michael Enzlow 2003 2A 300M Hurdles 38.91
 Damien Burton 2004 2A 110M Hurdles 14.63
 Damien Burton 2005 2A 110M Hurdles 14.44
 Donte Wooden 2006 2A 300M Hurdles 39.44
 Johnathan Watlington 2009 2A 110M Hurdles 15.23
 Thomas Jones 2011 2A 300M Hurdles 38.80



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Isaiah Moore	2012	2A	110M Hurdles	14.33	Nelson Solorano	1989	4A	1600 Meter Run	4:25.71	Umstead	1934	O	120 YD Hurdles	16.70	
Thomas Jones	2012	2A	300M Hurdles	38.26		1989	4A	4X100 Relay	41.91	Elmore Hackney	1934	O	220 Yard Dash	22.00	
Isaiah Moore	2012	2A	MOP			1989	4A	4X200 Relay	1:27.01	Southerland	1934	O	440 Yard Dash	53.20	
Isaiah Moore	2013	2A	110M Hurdles	14.11		1991	4A	4X400 Relay	3:20.69	Worth	1934	O	880 Yard Run	2:06.60	
Thomas Jones	2013	2A	300M Hurdles	37.61	Thomas Lewis	1999	4A	100 Meter Dash	10.65	Southerland	1935	O	100 Yard Dash	10.40	
Isiah Moore	2013	2A	Long Jump	23' 04"		1999	4A	4X100 Relay	41.24	Southerland	1935	O	220 Yard Dash	22.90	
Isaiah Moore	2013	2A	MOP			1999	4A	4X200 Relay	1:26.97	Jimmy Williams	1937	O	440 Yard Dash	52.70	
Isaiah Moore	2014	2A	110M Hurdles	13.97	Eric Winfrey	2009	4A	400 Meter Dash	47.77	Jordan	1937	O	880 Yard Run	2:05.90	
Isaiah Moore	2014	2A	300M Hurdles	37.61	Eric Winfrey	2010	3A	200 Meter Dash	21.58	Bob Gantt	1938	O	Discus	121' 05"	
Isaiah Moore	2014	2A	Long Jump	23' 11.5"		2010	3A	4X400 Relay	3:22.71	Garland Pendergraft	1938	O	Pole Vault	10' 05"	
Isaiah Moore	2014	2A	MOP		Eric Winfrey	2010	3A	400 Meter Dash	47.51	Bob Gantt	1938	O	Shot Put	48' 4.75"	
Christian Gore	2022	2A	300 M Hurdles	39.17		2011	3A	4X400 Relay	3:24.14	Joe Hornbuckle	1939	O	100 Yard Dash	10.40	
Jonathan Paylor	2022	2A	100 Meter Dash	11.19	Eric Winfrey	2011	3A	400 Meter Dash	48.73	<u>DURHAM (CONTINUED)</u>					
Jonathan Paylor	2022	2A	200 Meter Dash	21.96	Eric Winfrey	2011	3A	MOP		Joe Hornbuckle	1939	O	220 Yard Dash	23.10	
Jonathan Paylor	2022	2A	400 Meter Dash	49.24	Frank Quarles	2012	3A	Long Jump	23' 4.5"	Bob Gantt	1939	O	Discus	126' 00.5"	
Jonathan Paylor	2023	2A	400 Meter Dash	48.22	Frank Quarles	2013	3A	Long Jump	23' 05"	Joe Taylor	1939	O	Long Jump	21' 7.50"	
<u>CURRY</u>					<u>DRAUGHN</u>					Garland Pendergraft	1939	O	Pole Vault	11' 06"	
Boren	1948	O	Pole Vault	11' 00"	Adam Manns	2011	2A	Discus	167' 00"	Bob Gantt	1939	O	Shot Put	51' 4.88"	
Boren	1949	O	Pole Vault	11' 03"	Adam Manns	2011	2A	Shot Put	52' 5.25"	Bill Lyon	1940	O	100 Yard Dash	10.20	
<u>CUTHBERTSON</u>					Adam Manns	2012	2A	Discus	160' 08"	Bill Lyon	1940	O	220 Yard Dash	22.50	
	2017	3A	4X400 Relay	3:19.91	Adam Manns	2012	2A	Shot Put	56' 1.25"	Bob Gantt	1940	O	Discus	133' 04"	
Dahlia Cutler	2018	3A	400 Meter Dash	56.15	Chris Bumgarner	2014	2A	Discus	160' 00"	Bob Gantt	1940	O	Shot Put	52' 2.75"	
Kyle Stamper	2019	3A	1600 Meter Run	4:22.04	<u>DUDLEY</u>					Ausbon	1941	O	Long Jump	20' 08"	
Trevor Grant	2019	3A	Triple Jump	47' 2.75"	Marcus O'Neal	1995	4A	Long Jump	23' 3.5"	Bullock	1944	O	880 Yard Run	2:10.40	
Aidan McNally	2021	3A	400 Meter Dash	48.33	Marcus O'Neal	1996	4A	Long Jump	23' 08"	Powell	1945	O	1 Mile Run	4:50.50	
	2021	3A	4X100 Relay	41.90	Chris Justice	1997	4A	100 Meter Dash	10.52	Bullock	1945	O	880 Yard Run	2:11.00	
	2021	3A	4X200 Relay	1:26.41	Marcus O'Neal	1998	3A	200 Meter Dash	21.53	R.L. McDonald	1945	O	Discus	121' 04"	
	2021	3A	4X400 Relay	3:19.40		1998	3A	4X200 Relay	1:27.30	Bullock	1945	O	High Jump	5' 5.25"	
Killian Fahy	2022	4A	400M Dash	47.23	Gerald Kennedy	2002	3A	4X400 Relay	3:20.71	Bobby Byrd	1946	O	1 Mile Run	4:44.00	
	2022	4A	4X100 Relay	41.57		2003	3A	300M Hurdles	39.10	Bullock	1946	O	880 Yard Run	2:08.10	
	2022	4A	4X200 Relay	1:25.90	Avery Griffin	2003	3A	4X400 Relay	3:25.40	R.L. McDonald	1946	O	Discus	122' 05"	
<u>DAVIE</u>					Avery Griffin	2009	3A	Long Jump	24' 1.5"	Warren	1946	O	Long Jump	20' 05"	
Spencer Williams	2021	4A	Shot Put	60'02.00"	Isaiah Monroe	2009	3A	Triple Jump	47' 7.5"	R.L. McDonald	1946	O	Shot Put	46' 9.50"	
Spencer Williams	2022	4A	Discus	180' 4"	Mekhi Wall	2021	3A	200 Meter Dash	21.35	Bobby Byrd	1947	O	1 Mile Run	4:44.00	
Spencer Williams	2022	4A	Shot Put	64' 3.75"	Mekhi Wall	2021	3A	110M Hurdles	14.06	House	1947	O	Pole Vault	10' 08"	
<u>D.H. CONLEY</u>					Isaiah Monroe	2021	3A	300M Hurdles	37.77	Bobby Byrd	1948	O	1 Mile Run	4:36.90	
Demarcus Fox	2001	4A	100 Meter Dash	10.69	Isaiah Monroe	2022	3A	100M Dash	10.91	Bobby Byrd	1948	O	Discus	114' 00.75"	
<u>DIXON</u>					Isaiah Monroe	2022	3A	200M Dash	21.12	Lewis Berry	1948	O	Shot Put	48' 7.75"	
Michael Washington	2006	1A	300M Hurdles	40.24	Isaiah Monroe	2022	3A	400M Dash	48.13	Bobby Byrd	1949	O	1 Mile Run	4:31.60	
	2007	1A	4X400 Relay	3:27.11	Steven Davis II	2022	3A	High Jump	6' 4"	Bill McDaniels	1949	O	100 Yard Dash	10.10	
<u>DOUGLAS BYRD</u>						2022	3A	4X400 Relay	3:22.40	Curtis Landon	1949	O	120 YD Hurdles	15.10	
1987	4A	4X100 Relay	41.62	Spain		2023	3A	4X100 Relay	42.30	Whitfield	1949	O	Discus	119' 02.75"	
1988	4A	4X200 Relay	1:26.46	Worth		<u>DURHAM</u>					Lewis Berry	1949	O	Shot Put	48' 10.75"
				Elmore Hackney		1933	O	100 Yard Dash	10.60	Bill McDaniels	1950	O	100 Yard Dash	10.20	
						1933	O	880 Yard Run	2:05.00	William McDaniels	1950	O	220 Yard Dash	23.10	
						1934	O	100 Yard Dash	10.20	Lewis Berry	1950	O	Shot Put	50' 3.00"	
										Stone	1951	O	440 Yard Dash	54.60	
										Harold Sykes	1951	O	Discus	141' 09.38"	
										Long	1951	O	Long Jump	21' 8.50"	



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Bobby Honeycutt	1952	O	100 Yard Dash	10.10
Bobby Honeycutt	1952	O	220 Yard Dash	22.50
Don Denning	1952	O	Discus	135' 00.5"
Bobby Honeycutt	1953	O	100 Yard Dash	10.30
Woodall	1953	O	120 YD Hurdles	15.60
Bobby Honeycutt	1953	O	220 Yard Dash	23.00
Don Denning	1953	O	Shot Put	52' 11.00"
Bobby Honeycutt	1954	O	100 Yard Dash	10.20
Bobby Honeycutt	1954	O	220 Yard Dash	22.40
Rogers	1954	O	Discus	133' 01"
Brawley	1954	O	Long Jump	20' 0.5"
Warren Lacock	1955	O	Discus	143' 11.5"

DURHAM (CONTINUED)

Brawley	1955	O	Long Jump	21' 11"
Ross	1955	O	Shot Put	48' 1.50"
Dunson	1956	O	Long Jump	21' 08"
Johnson	1956	O	Pole Vault	11' 06"
Ross	1956	O	Shot Put	49' 7.75"
Tom White	1957	O	100 Yard Dash	10.10
Bill Croom	1957	O	High Jump	5' 07"
Chippy Harris	1957	O	High Jump	5' 07"
Eddie Mizell	1957	O	High Jump	5' 07"
John Kay	1958	O	High Jump	5' 11.75"
Larry Jones	1958	O	Long Jump	21' 00"
Bobby Beasley	1959	O	Discus	130' 07"
Bill Croom	1959	O	High Jump	6' 0.25"
Bill Croom	1959	O	Long Jump	21' 2.75"
Jim Poole	1960	O	Shot Put	50' 7.00"
Steve Parker	1961	O	Discus	146' 06.75"
Truett Goodwin	1964	O	1 Mile Run	4:28.90
Truett Goodwin	1965	O	1 Mile Run	4:22.00
Ron Davis	1974	O	440 Yard Dash	48.50
Ronnie Glover	1994	3A	300M Hurdles	39.45
Spain	1933	O	220 Yard Dash	NA
Garland Pendergraft	1939	O	High Jump	5' 9.63"

DURHAM MAGNET

D.J. Dore	1999	1A	1600 Meter Run	4:34.20
D.J. Dore	1999	1A	3200 Meter Run	10:08.04

DURHAM SCHOOL OF THE ARTS

Xavier Hoggs	2011	2A	Triple Jump	45' 10.5"
Xavier Hoggs	2012	2A	Triple Jump	44' 9.75"
Adrien Jacobs	2023	3A	400 Meter Dash	48.98

E.E. SMITH

Reuben Pierce	1981	O	400 Meter Dash	48.17
Dennis Best	1998	4A	Triple Jump	47' 1.75"
	1999	4A	4X400 Relay	3:22.32

Darius Purcell	2008	4A	High Jump	6' 07"
Ben Major	2009	4A	300M Hurdles	36.84

EAST BLADEN

Marvin Washington	1991	1/2	110M Hurdles	14.86
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EAST BURKE

Tyler Shatley	2008	4A	Shot Put	55' 11.00"
Tyler Shatley	2009	4A	Shot Put	59' 9.00"
Tanner Anderson	2010	2A	High Jump	7' 2.5"
Kenneth Byrd	2021	2A	Pole Vault	15'00.00"
Noah Rooks	2021	2A	Discus	163'00"
Kenneth Byrd	2022	2A	Pole Vault	15' 4"
Kenneth Byrd	2023	2A	Pole Vault	14'06.00"
Kenneth Byrd	2023	2A	MOP	

EAST CARTERET

Joe Montford	1989	3A	High Jump	6' 06"
Odell Benders	1993	1/2	High Jump	6' 10.25"
Odell Benders	1994	2A	High Jump	6' 06"
Darron Frazier	1994	2A	Triple Jump	48' 5.5"
Antoinne McNeill	2006	1A	100 Meter Dash	11.16
Antoinne McNeill	2006	1A	200 Meter Dash	21.72

EAST CHAPEL HILL

Antonio Sales	2007	4A	200 Meter Dash	21.34
Jon Beyle	2012	4A	Discus	161' 03"
Jon Beyle	2012	4A	Shot Put	55' 1.50"

EAST COLUMBUS

Ricky Ratliff	2013	1A	Long Jump	23' 06"
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EAST DUPLIN

Jeffrey Waters	1989	1/2	300M Hurdles	38.77
Doug Linen	1990	1/2	Discus	158' 07"
Doug Linen	1990	1/2	MOP	
Reggie Pickett	1991	1/2	Pole Vault	12' 00"
Michael Miller	1995	2A	400 Meter Dash	48.72
Tyreck McFadden	2007	2A	Long Jump	21' 11.5"
Tyreck McFadden	2008	2A	Long Jump	21' 03.75"
Avery Gaby	2022	2A	110M Hurdles	15.02
Avery Gaby	2023	2A	300M Hurdles	39.48

EAST DURHAM

David Eakins	1976	O	1 Mile Run	4:19.90
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EAST FORSYTH

William Cooper	1981	O	110M Hurdles	13.86
Brent LaRue	2005	4A	300M Hurdles	37.14
Dylan Ferris	2006	4A	800 Meter Run	1:51.95
Dylan Ferris	2007	4A	1600 Meter Run	4:14.12
Dylan Ferris	2007	4A	800 Meter Run	1:51.48
Dylan Ferris	2008	4A	1600 Meter Run	4:17.96
Dylan Ferris	2008	4A	800 Meter Run	1:52.32
Dylan Ferris	2008	4A	MOP	
Aaron Zakula	2009	4A	Pole Vault	15' 06"
Brandon Johnson	2021	4A	110M Hurdles	14.23

EAST GASTON

Jon Austin	1992	4A	800 Meter Run	1:55.90
Jarnard Abernathy	2003	3A	100 Meter Dash	10.78
Corey Thompson	2015	3A	110M Hurdles	14.49
Corey Thompson	2015	3A	300M Hurdles	38.03

EAST HENDERSON

Charlie Miller	1992	3A	Discus	159' 08"
Jimmy Phillips	1995	2A	800 Meter Run	1:59.56
Jimmy Phillips	1996	2A	800 Meter Run	1:57.01
Wesley Garren	2006	2A	Pole Vault	14' 01"
Tyler Samotis	2009	2A	Pole Vault	14' 00"
Tanis Baldwin	2013	3A	3200 Meter Run	9:31.00
Tanis Baldwin	2014	3A	3200 Meter Run	9:26.31
Tanis Baldwin	2015	3A	1600 Meter Run	4:17.10
Tanis Baldwin	2015	3A	800 Meter Run	1:52.11

EAST LINCOLN

Nate McCall	2000	3A	1600 Meter Run	4:27.97
Brad Popple	2006	2A	3200 Meter Run	9:45.70
Thomas Huntley	2006	2A	High Jump	6' 06"
Thomas Huntley	2006	2A	Long Jump	22' 04"
Thomas Huntley	2006	2A	MOP	
Thomas Huntley	2006	2A	Triple Jump	44' 06"
Spenser Sydney	2009	2A	High Jump	6' 08"
Brather Cline	2011	2A	1600 Meter Run	4:30.36
Marcus McDowell	2012	2A	400 Meter Dash	48.72

EAST MECKLENBURG

Jerry Fincher	1957	O	1 Mile Run	4:34.00
Fred Wilson	1957	O	880 Yard Run	2:01.00
Wayne Serett	1961	O	100 Yard Dash	10.20
Wayne Serett	1961	O	220 Yard Dash	22.70
Ken Helms	1966	O	1 Mile Run	4:24.30
Mac Crews	1966	O	Pole Vault	13' 00"
Broderick Bennett	1977	O	440 Yard Dash	48.52
Carlton Frazier	1979	O	440 Yard Dash	48.31
Carlton Frazier	1980	O	400 Meter Dash	47.36



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Darren Tuitt	1995 4A	4X800 Relay	8:00.27
	1997 4A	200 Meter Dash	21.37
	1997 4A	4X200 Relay	1:26.70
	1997 4A	4X400 Relay	3:18.55
Duston Obermeyer	1997 4A	Discus	163' 07"
	1998 4A	4X400 Relay	3:18.21
	2000 4A	4X400 Relay	3:19.61
Chris Martin	2000 4A	400 Meter Dash	48.06
Kyle Goodman	2019 4A	4X400 Relay	3:21.34
	2019 4A	800 Meter Run	1:51.97

EAST MONTGOMERY

Jerry Stancil	1970 O	100 Yard Dash	9.80
Mike Dowby	1991 1/2	200 Meter Dash	22.11
Turell Little	1994 1A	100 Meter Dash	10.85
Turell Little	1995 1A	100 Meter Dash	11.02
Turell Little	1995 1A	200 Meter Dash	22.70

EAST MONTGOMERY (CONTINUED)

Reggie Ingram	1997 1A	Discus	146' 05"
Dakota Dunn	2002 1A	High Jump	6' 08"
Dakota Dunn	2003 1A	High Jump	7' 00"
Dakota Dunn	2004 1A	High Jump	6' 08"

EAST ROWAN

Alvin Charleston	1978 O	Pole Vault	15' 01"
Alvin Charleston	1979 O	Pole Vault	14' 00"
Joshua Charleston	1980 O	Pole Vault	14' 00"
Jeremy Cauble	1995 3A	Discus	158' 08"
Matt Price	1997 3A	Pole Vault	14' 06"
Ike Oglesby	1998 3A	Discus	171' 08"
Matt Price	1998 3A	Pole Vault	14' 06"
Matt Price	1999 3A	Pole Vault	15' 00"
Danny Miesenheimer	2000 3A	Shot Put	52' 3.25"
Evan Webb	2010 3A	Pole Vault	14' 00"
Taylor Kirk	2016 3A	Shot Put (WC)	8' 11.5"

EAST RUTHERFORD

Trenell Mosely	2005 2A	Shot Put	51' 9.00"
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EAST SOUTHERN PINES

Phillip Wicker	1968 1/2	Pole Vault	13' 6.5"
Phillip Wicker	1969 1/2	Pole Vault	13' 00"
Walter Harper	1969 1/2	High Jump	6' 04"

EAST SURRY

Isaac Vaden	2022 2A	Discus	145' 1"
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EAST WAKE

	1987 3A	4X400 Relay	3:23.19
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Jeff Allen	1989 3A	MOP	
Jeff Allen	1989 3A	Pole Vault	14' 7.75"
Lamarr Davis	2005 4A	800 Meter Run	1:53.74
Lamarr Davis	2007 4A	400 Meter Dash	47.46

EAST WILKES

	2008 1A	4X800 Relay	8:11.61
Jathen Sales	2014 1A	110M Hurdles	15.52

EASTERN ALAMANCE

Jontae Snipes	1997 2A	200 Meter Dash	22.11
Jontae Snipes	1997 2A	400 Meter Dash	49.86
Bryan Burney	2002 2A	800 Meter Run	1:54.68
	2003 2A	4X400 Relay	3:24.21
Bryan Burney	2003 2A	400 Meter Dash	49.15
Jake Hurysz	2010 3A	3200 Meter Run	9:11.88
	2010 3A	4X800 Relay	7:48.48
	2011 3A	4X800 Relay	7:48.64
Michael Tamayo	2011 3A	800 Meter Run	1:54.05

EASTERN GUILFORD

Chris Griggs	1988 3A	1600 Meter Run	4:20.80
Chris Griggs	1988 3A	800 Meter Run	1:56.15
Scott Youmans	1989 3A	Discus	159' 01"
Jamie Griggs	1990 4A	1600 Meter Run	4:24.88
Jamie Griggs	1990 3A	1600 Meter Run	4:24.88
Tony Leath	2002 2A	100 Meter Dash	10.88

EASTERN RANDOLPH

Eric Davis	2006 3A	High Jump	6' 04"
Donavan Lara	2021 2A	High Jump	6'08.00"

EASTERN WAYNE

Manny Lawson	2002 3A	110M Hurdles	14.97
Manny Lawson	2002 3A	200 Meter Dash	22.09
Manny Lawson	2002 3A	Long Jump	22' 6.75"
Manny Lawson	2002 3A	MOP	
Will Collins	2005 3A	1600 Meter Run	4:23.60
Will Collins	2005 3A	3200 Meter Run	9:38.52
Demontae Robinson	2022 2A	Shot Put	50' 6.25"

EDENTON

Bill Griffin	1966 O	Shot Put	55' 11.00"
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EDWARD BEST

Sikes	1929 O	Pole Vault	10' 09"
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ELKIN

	1999 1A	100 Meter Dash	10.93
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B.J. Jessup	1999 1A	200 Meter Dash	22.57
Zach Millsaps	2012 1A	800 Meter Run	1:58.94
Christopher Lomax	2019 1A	800 Meter Run	1:56.78

ENKA

Eddi McGill	1978 O	Long Jump	23' 10"
Brian Ponder	1983 O	800 Meter Run	1:56.49
David Honea	1987 3A	3200 Meter Run	9:39.11
Jeff Pflaumbaum	1993 3A	Discus	150' 10"
Jeff Pflaumbaum	1994 3A	Discus	180' 10"
Jeff Pflaumbaum	1994 3A	Shot Put	55' 11.25"
Rocco Papazachariou	1997 3A	110M Hurdles	14.92
Travis Campbell	2002 3A	800 Meter Run	1:59.02
Matt Pritchett	2004 3A	100 Meter Dash	10.78
Matt Pritchett	2004 3A	200 Meter Dash	21.55

ENLOE

	2012 4A	4X200 Relay	1:26.61
Jonathan Addison	2012 4A	High Jump	6' 08"

ERWIN

Ben Dorsey	1995 3A	Pole Vault	14' 00"
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FARMVILLE CENTRAL

Tyrone Joyner	1987 1/2	MOP	
Tyrone Joyner	1987 1/2	Triple Jump	48' 8.5"
Tyrone Joyner	1988 1/2	Long Jump	23' 7.5"
Tyrone Joyner	1988 1/2	MOP	
Tyrone Joyner	1988 1/2	Triple Jump	49' 5.5"
Dan Keltner	1993 1/2	Discus	166' 06"
Andrea Wooten	2002 1A	Discus	141' 00.5"
Robert Brady	2003 1A	Discus	139' 00"
Darren Cannon	2003 1A	Shot Put	51' 7.50"
Robert Brady	2004 1A	Discus	157' 03"
Torrey Prayer	2005 1A	Shot Put	60' 10.25"
Adrian Little	2007 2A	Shot Put	56' 2.50"

FAYETTEVILLE

Bill Yancey	1941 O	Discus	112' 04.75"
Bill Yancey	1941 O	Shot Put	44' 3.50"
Donald Clayton	1943 O	Discus	NA
Donald Clayton	1943 O	High Jump	6' 00.06"
Nick Johnson	1944 O	Pole Vault	10' 7.75"
Johnson	1945 O	High Jump	5' 5.25"
Nick Johnson	1945 O	Pole Vault	10' 10"
H. McDonald	1946 O	100 Yard Dash	10.40
Nick Johnson	1946 O	High Jump	5' 09"
Nick Johnson	1946 O	Pole Vault	10' 09"



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



McDonald	1947	O	100 Yard Dash	10.60
Wiggs	1947	O	High Jump	5' 03"
Wiggs	1947	O	Long Jump	20' 1.50"
Wooten	1949	O	Long Jump	21' 03"

FIKE

Carlester Crumpler	1969	O	120 YD Hurdles	14.50
Carlester Crumpler	1970	O	120 YD Hurdles	14.30
Dan Quinn	1972	O	880 Yard Run	1:54.10
Greg Artis	1976	O	Triple Jump	48' 06"
Greg Artis	1977	O	Long Jump	24' 08"
Greg Artis	1977	O	Triple Jump	51' 5.5"
	1990	4A	4X400 Relay	3:17.81
Jeff Savage	1992	4A	110M Hurdles	14.44
Jeff Savage	1993	4A	110M Hurdles	14.47
Jeff Savage	1993	4A	300M Hurdles	37.93
Kishara Hamilton	1993	4A	Long Jump	23' 9.25"
	1994	3A	4X100 Relay	42.93
Kishara Hamilton	1994	3A	Long Jump	23' 9.5"
Tim Wells	1998	3A	400 Meter Dash	50.05
B.J. Eddie	2001	3A	Long Jump	22' 08"

FIKE (CONTINUED)

Charles Jones	2001	3A	Triple Jump	46' 8.5"
Nathan Summerville	2005	3A	High Jump	6' 10"
Corey Whitley	2005	3A	Triple Jump	46' 5.25"
Josh King	2012	3A	High Jump	6' 08"
Ian West	2012	3A	Pole Vault	14' 00"
Josh King	2012	3A	Triple Jump	47' 09"
Ian West	2013	3A	Pole Vault	15' 01"
Ian West	2014	3A	Pole Vault	15' 06"
Ian West	2015	3A	Pole Vault	16' 00"

FIRST FLIGHT

Weston Lawler	2005	2A	800 Meter Run	1:56.48
Skylar Stultz	2018	2A	1600 Meter Run	4:20.52
	2019	2A	4X800 Relay	8:12.80
Zach Hughes	2019	2A	800 Meter Run	1:55.89
	2021	2A	4X800 Relay	8:07.89

FORBUSH

Dylan Andrade	2015	2A	300M Hurdles	37.48
Zane Johnson	2017	2A	Discus	148' 09"

FOREST HILLS

Jimmy Allen	1982	O	Long Jump	23' 10.75"
Bobby Bogan	1988	3A	110M Hurdles	14.75
	1991	1/2	4X100 Relay	43.17
Kevin Lotharp	1992	1/2	100 Meter Dash	10.99
Kevin Lotharp	1992	1/2	200 Meter Dash	21.95

Kevin Lotharp				
Kevin Lotharp				
Marque Hall				
Marque Hall				
Marque Hall				

Desmont Lindsey	2006	2A	4X100 Relay	42.87
Desmont Lindsey	2007	2A	4X100 Relay	43.25

Scott McClendon
Scott McClendon
Scott McClendon

Monterrio Adams	2000	3A	400 Meter Dash	48.71
D. Breedlove	2010	3A	300M Hurdles	39.39
Aveon Reid	2018	3A	110M Hurdles	14.52
Austin Brotemarkle	2022	3A	3200M Run	9:30.90

Eli Huger	1993	3A	4X800 Relay	8:08.40
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Eli Huge
Eli Huge
Corby Pons

Chris Waters	1995	3A	3200 Meter Run	9:50.56
Chris Waters	1995	3A	4X800 Relay	8:03.67
Chris Waters	1995	3A	400 Meter Dash	49.08
Spencer Harris	1995	3A	800 Meter Run	1:58.13
Spencer Harris	1996	3A	4X800 Relay	8:07.09

Chris Waters	1996	3A	400 Meter Dash	49.19
Cam Holland	1996	3A	Shot Put	55' 2.50"
Jeremiah Manning	1996	3A	Triple Jump	47' 8.25"
Clinton Taylor	2000	3A	Pole Vault	13' 00"
Clinton Taylor	2007	3A	4X800 Relay	7:59.57

Evan Spence	2009	3A	Pole Vault	14' 00"
James Emrick	2011	3A	Pole Vault	13' 06"
Harrison Conner	2015	2A	3200 Meter Run	9:57.89
Blake Cassada	2023	3A	Pole Vault	13' 06.00"

1992 1/2 4X200 Relay	1:30.36
1992 1/2 MOP	
1993 1/2 200 Meter Dash	22.21
2002 2A Shot Put	52' 9.50"
2003 2A Discus	150' 00"
2004 2A Shot Put	51' 11.25"
2006 2A 4X100 Relay	42.87
2007 2A 4X100 Relay	43.25
2007 2A 4X400 Relay	3:28.94
2012 2A 4X100 Relay	42.37
2012 2A 4X200 Relay	1:28.39
2013 2A 4X200 Relay	1:27.98
2015 2A High Jump	6' 06"
2016 2A High Jump	6' 08"
2017 2A 4X100 Relay	42.24
2018 2A 4X100 Relay	42.20
2018 2A 4X200 Relay	1:28.29
2018 2A Long Jump	22' 05"
2018 2A MOP	
2018 2A Triple Jump	45' 4.25"

FORESTVIEW

2000 3A 400 Meter Dash	48.71
2010 3A 300M Hurdles	39.39
2018 3A 110M Hurdles	14.52
2022 3A 3200M Run	9:30.90

FRANKLIN

1993 3A 4X800 Relay	8:08.40
1994 3A 1600 Meter Run	4:19.33
1994 3A 4X400 Relay	3:24.12
1994 3A 4X800 Relay	8:15.16
1994 3A 800 Meter Run	1:55.80
1994 3A MOP	
1995 3A 3200 Meter Run	9:50.56
1995 3A 4X800 Relay	8:03.67
1995 3A 400 Meter Dash	49.08
1995 3A 800 Meter Run	1:58.13
1996 3A 4X800 Relay	8:07.09
1996 3A 400 Meter Dash	49.19
1996 3A Shot Put	55' 2.50"
1996 3A Triple Jump	47' 8.25"
2000 3A Pole Vault	13' 00"
2007 3A 4X800 Relay	7:59.57
2009 3A Pole Vault	14' 00"
2011 3A Pole Vault	13' 06"
2015 2A 3200 Meter Run	9:57.89
2023 3A Pole Vault	13' 06.00"

FRANKLIN ACADEMY

Aaron Rovnak	2021	1A	1600 Meter Run	4:17.39
Aaron Rovnak	2021	1A	3200 Meter Run	9:27.48

FRANKLINTON

Antoine Perry	2015	2A	400 Meter (WC)	2:14.14
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FREEDOM

Larry Whiteside	1985	O	110M Hurdles	14.16
Darrin Evans	1990	4A	110M Hurdles	14.18
Leon Johnson	1991	4A	Long Jump	23' 08.75"
Leon Johnson	1992	4A	Long Jump	24' 7.75"
Lito Ajejo	1996	4A	Pole Vault	13' 06"
Lito Ajejo	2014	3A	4X100 Relay	41.99

FRIENDSHIP

Isley	1923	O	880 Yard Run	2:21.60
Isley	1923	O	Long Jump	18' 9.50"

FUQUAY-VARINA

James Patterson	1983	O	High Jump	6' 09"
	1988	1/2	4X100 Relay	42.87
Teddy Sherrod	1989	1/2	110M Hurdles	14.90
Chris Coleman	1990	1/2	Triple Jump	46' 9.25"
Chris Coleman	1991	1/2	Triple Jump	50' 00"
Cameron McIver	1992	1/2	Pole Vault	13' 06"
Jessie Norman	1998	3A	3200 Meter Run	9:44.00
Jessie Norman	1999	3A	1600 Meter Run	4:25.13
Jessie Norman	1999	3A	3200 Meter Run	9:43.47
Bobby Moffat	2000	3A	800 Meter Run	1:56.91
Timothy Holloway	2000	3A	Discus	159' 05"
Timothy Holloway	2001	3A	Discus	156' 09"
Joe Kindred	2004	4A	Triple Jump	47' 8.75"
Joe Kindred	2005	4A	High Jump	6' 06"
Joe Kindred	2005	4A	MOP	
Shawn Underwood	2010	4A	Shot Put	55' 1.50"
Gates Hinson	2023	4A	Discus	179' 11.00"

GARINGER

Rocky Soderburg	1960	O	1 Mile Run	4:23.00
John McNinch	1960	O	100 Yard Dash	10.40
John McNinch	1960	O	220 Yard Dash	22.70
Rocky Soderburg	1961	O	1 Mile Run	4:28.40
Gibbons	1963	O	1 Mile Run	4:28.00
Steve Laney	1964	O	120 YD Hurdles	14.80
Tommy Gibbons	1968	O	880 Yard Run	1:56.80
Stan Cunningham	1976	O	Shot Put	57' 11.50"
Mike Rodriguez	1978	O	Discus	172' 05"
Thayne Harmon	1985	O	1600 Meter Run	4:19.41



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Thayne Harmon	1985	O	800 Meter Run	1:55.54
Vernon Grier	1987	4A	Discus	161' 01"
Vernon Grier	1988	4A	Discus	166' 07"
Dave Adair	1990	4A	200 Meter Dash	21.42
Rico Moser	1990	4A	300M Hurdles	39.23
Dave Adair	1990	4A	400 Meter Dash	47.20
Dave Adair	1991	4A	100 Meter Dash	10.61
Dave Adair	1991	4A	200 Meter Dash	21.31
Dave Adair	1991	4A	400 Meter Dash	46.91
Dave Adair	1991	4A	MOP	
Robert Easter	1993	4A	1600 Meter Run	4:19.01
Robert Easter	1993	4A	3200 Meter Run	9:26.26
	1996	4A	4X100 Relay	42.01
	1996	4A	4X200 Relay	1:26.35
Zebedee Johnson	2004	4A	400 Meter Dash	48.28

GARNER

Swade Carroll	1973	O	Long Jump	22' 11.75"
Daniel Adams	1982	O	Discus	157' 08"
	2000	4A	4X100 Relay	41.30

GARNER (CONTINUED)

	2000	4A	4X200 Relay	1:26.87
Brandon Banks	2006	4A	200 Meter Dash	21.55
Tim Lovick	2006	4A	High Jump	6' 08"
Brandon Banks	2006	4A	Long Jump	22' 06"
Daryl Saunders	2011	4A	High Jump	6' 08"
Randolph Ross	2018	4A	400 Meter Dash	47.58
Randolph Ross	2018	4A	MOP	
Randolph Ross	2019	4A	400 Meter Dash	46.80

GLENN

Jimmy Scott	1984	O	800 Meter Run	1:52.21
Randy Jones	1986	3/4	200 Meter Dash	21.30
	1986	3/4	4X200 Relay	1:26.44
Jimmy Scott	1986	3/4	800 Meter Run	1:52.21
Randy Jones	1986	3/4	MOP	
Randy Jones	1987	4A	100 Meter Dash	10.40
Randy Jones	1987	4A	200 Meter Dash	21.55
Robert Thomas	1989	4A	High Jump	7' 00"
Pablo Smith	1992	4A	200 Meter Dash	21.62

GOLDSBORO

James Davis	1935	O	440 Yard Dash	54.20
Pate	1935	O	880 Yard Run	2:04.20
Pollock	1935	O	Shot Put	45' 7.88"
	1937	O	High Jump	5' 6.5"

GRAHAM

Chris Stone	1988	3A	Triple Jump	45' 6.5"
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K.J. Stone	1998	1A	100 Meter Dash	10.89
Randy Sutton	1998	1A	Pole Vault	11' 06"
Marcus Poteat	2001	1A	High Jump	6' 06"
David Bowes	2002	2A	Discus	159' 10"
Marcus Poteat	2002	2A	High Jump	6' 10"
	2005	2A	4X100 Relay	43.08

GRANVILLE CENTRAL

Tevin Hester	2012	2A	100 Meter Dash	10.56
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GRAY STONE DAY

Dalton Wally	2010	1A	3200 Meter Run	10:17.71
Jason Reynolds	2018	1A	Shot Put	49' 7.00"

GRAY'S CREEK

Alexis Torre	2005	2A	1600 Meter Run	4:23.06
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GREEN HOPE

Zak Roshdy	2009	4A	1600 Meter Run	4:16.32
John Mangum	2011	4A	Pole Vault	15' 00"

GREEN HOPE (CONTINUED)

	2016	4A	4X800 Relay	7:38.83
Jayquan Williams	2016	4A	800 Meter Run	1:51.46
	2017	4A	4X800 Relay	7:47.17
	2018	4A	4X800 Relay	7:54.09
Ian Delgado	2018	4A	800 Meter Run	1:53.38
Ian Delgado	2018	4A	1600 Meter Run	4:18.56

GREENE CENTRAL

Reginald Atkinson	1989	1/2	100 Meter Dash	11.12
Tevin Bates	2013	2A	High Jump	6' 06"

GREENSBORO

Andrew Bell	1921	O	1 Mile Run	4:54.20
Koenig	1921	O	440 Yard Dash	53.60
Andrew Bell	1922	O	1 Mile Run	4:51.00
Andrew Bell	1922	O	880 Yard Run	2:11.00
Wyrick	1923	O	440 Yard Dash	57.60
R. Wilkins	1924	O	440 Yard Dash	57.40
Hackney	1925	O	100 Yard Dash	10.30
Harney	1925	O	880 Yard Run	2:06.80
Goodwin	1925	O	Discus	100' 04.5"
Phoenix	1926	O	1 Mile Run	4:49.00
Phoenix	1927	O	1 Mile Run	4:47.30
Phoenix	1927	O	880 Yard Run	2:05.40
Theron Brown	1927	O	Discus	124' 01.5"
Phoenix	1928	O	1 Mile Run	4:46.20
Theron Brown	1928	O	Discus	123' 09"
Theron Brown	1928	O	Long Jump	20' 10"

Johnson	1929	O	High Jump	5' 8.5"
Goodwin	1930	O	100 Yard Dash	10.40
Goodwin	1930	O	220 Yard Dash	23.20
Goodwin	1930	O	Pole Vault	10' 10.25"
Gunter	1931	O	100 Yard Dash	10.50
Norman	1931	O	Pole Vault	11' 1.75"
Wren	1933	O	Discus	NA
Wren	1933	O	Shot Put	45' 4.00"
Hendrix	1935	O	1 Mile Run	4:46.00
Piephoff	1944	O	1 Mile Run	4:47.00
Phil Feeney	1944	O	100 Yard Dash	10.80
Phil Feeney	1944	O	220 Yard Dash	23.50
Travis	1945	O	High Jump	5' 5.25"
Breedon	1946	O	220 Yard Dash	23.00
Dobbins	1947	O	High Jump	5' 03"
Talmadge Henry	1948	O	220 Yard Dash	22.90
Jimmy Hale	1951	O	100 Yard Dash	10.40
Jimmy Hale	1951	O	220 Yard Dash	22.40
Dave Scurlock	1954	O	880 Yard Run	2:01.80
Lou Glascock	1955	O	120 YD Hurdles	15.20

GREENSBORO (CONTINUED)

Dave Scurlock	1955	O	880 Yard Run	1:56.20
Lou Glascock	1956	O	120 YD Hurdles	14.90
Burt Wilder	1957	O	Shot Put	50' 5.00"
Tom Clark	1960	O	High Jump	6' 1.25"

GREENVILLE

Tyndall	1940	O	1 Mile Run	4:42.80
John Spearman	1941	O	100 Yard Dash	10.40
John Spearman	1941	O	220 Yard Dash	23.20
Harold Edwards	1954	O	High Jump	5' 09"
Harold Edwards	1955	O	High Jump	6' 0.38"
West	1956	O	220 Yard Dash	22.70
Harold Edwards	1956	O	High Jump	5' 11.75"

GRIMSLEY

Bob Jamieson, Jr.	1960	O	Discus	153' 03"
Joe Browder	1971	O	1 Mile Run	4:18.60
Gil Vance	1973	O	Discus	165' 10"
Delton Hall	1983	O	400 Meter Dash	46.41
Reuben Davis	1983	O	Discus	165' 01"
	1986	3/4	4X400 Relay	3:19.60
Keith Malone	1986	3/4	400 Meter Dash	48.25
	1992	4A	4X200 Relay	1:28.56
Chris Justice	1996	4A	100 Meter Dash	10.88

HARDING

Fred Stewart	1959	O	Shot Put	49' 8.75"
Gary Tratto	1966	O	440 Yard Dash	50.50



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Michael James	1990	4A	4X800 Relay	7:59.12
Jasmine Johnson	1990	4A	800 Meter Run	1:51.99
Justin McCorkle	1994	4A	400 Meter Dash	48.49
Justin McCorkle	1999	3A	Long Jump	23' 00"
Justin McCorkle	2000	3A	Long Jump	24' 03.5"
Nigel Orr	2005	4A	Triple Jump	48' 4.5"
Walter Aikens	2009	4A	Long Jump	23' 08.25"

HARNETT CENTRAL

Robert Tucker	1991	3A	High Jump	6' 09"
	1997	3A	4X100 Relay	43.11
John Judd	1997	3A	Shot Put	55' 3.75"
Jesse Freeman	2013	4A	High Jump	6' 06"
Laderique McNeill	2018	3A	1600 Meter Run	4:14.14

HAVELOCK

Yieta Johnson	1995	3A	200 Meter Dash	22.26
Yieta Johnson	1996	3A	200 Meter Dash	22.28
Ricardo Bell	1998	3A	800 Meter Run	1:55.73
Ricardo Bell	1999	3A	800 Meter Run	1:54.45

HAYESVILLE

Milton Landers	1994	1A	High Jump	6' 04"
	1996	1A	4X400 Relay	3:33.11
Jared Maliska	1996	1A	400 Meter Dash	50.80
Jared Maliska	1997	1A	400 Meter Dash	50.22
	2003	1A	4X800 Relay	8:58.04
Tyler Leek	2015	1A	Long Jump	22' 01"
Adam Urbaniuk	2016	1A	1600 Meter Run	4:30.29
Jake McTaggart	2021	1A	Discus	154'05"

HEIDE TRASK

	2004	1A	4X100 Relay	43.03
	2004	1A	4X200 Relay	1:30.06
Philip Hardman	2004	1A	400 Meter Dash	49.55
Philip Hardman	2004	1A	Long Jump	22' 9.5"
Philip Hardman	2004	1A	MOP	
Raphael Nixon	2006	1A	4X400 Relay	3:33.43
Connor Hansen	2007	1A	400 Meter Dash	49.89
Ethan Bischof	2010	1A	Discus	137' 07"
Joshua Smith	2013	1A	300M Hurdles	39.82
Joshua Smith	2013	1A	Discus	147' 01"
Wesley Porter	2013	1A	Shot Put	51' 3.75"

HENDERSONVILLE

Carroll Maxwell	1963	O	440 Yard Dash	50.00
Carroll Maxwell	1964	O	220 Yard Dash	21.40
Carroll Maxwell	1964	O	440 Yard Dash	48.30
David Starnes	1964	O	880 Yard Run	1:56.90
Mike Lemmons	1967	O	Long Jump	21' 11"

Grover Hill	1986	1/2	110M Hurdles	14.75
	1986	1/2	4X200 Relay	1:30.04
	1986	1/2	4X400 Relay	3:24.14
Cliff Etheridge	1986	1/2	Long Jump	25' 00"
Cliff Etheridge	1986	1/2	MOP	
Grover Hill	1986	1/2	MOP	
Cliff Etheridge	1987	1/2	Long Jump	23' 6.5"
Maxwell Thompson	1987	1/2	Pole Vault	13' 06"
Maxwell Thompson	1988	1/2	Pole Vault	14' 00"
	1989	1/2	4X100 Relay	43.18

Jeff Gallagher	1989	1/2	800 Meter Run	1:56.56
	1993	1/2	4X400 Relay	3:25.45
	1994	2A	4X400 Relay	3:25.85
Quincy Foster	1994	2A	Long Jump	23' 3.25"
Galen Foreman	1997	2A	Pole Vault	12' 06"
	1999	1A	4X800 Relay	8:28.30

Jimmy Russell	2003	1A	100 Meter Dash	11.01
Jimmy Russell	2003	1A	200 Meter Dash	22.17
Marcus Vance	2003	1A	Long Jump	23' 00.5"
Jimmy Russell	2003	1A	MOP	

HENDERSONVILLE (CONTINUED)

Caleb Benton	2005	1A	Pole Vault	13' 06"
David Walker	2006	1A	Discus	141' 00"
	2008	1A	4X200 Relay	1:30.27
	2008	1A	4X400 Relay	3:24.50
	2009	1A	4X200 Relay	1:28.10
	2009	1A	4X400 Relay	3:20.42
	2009	1A	4X800 Relay	8:09.33
Darryl Demps	2009	1A	400 Meter Dash	49.24
	2010	1A	4X200 Relay	1:29.64
	2010	1A	4X800 Relay	8:19.12
Grant Rivers	2011	1A	High Jump	6' 04"
Grant Rivers	2012	1A	High Jump	6' 06"

HERTFORD COUNTY

Namier Majette	2001	3A	High Jump	6' 08"
Tommie Parker	2003	3A	Discus	154' 00"
Tommie Parker	2003	3A	Shot Put	52' 6.50"
Jaquarii Roberson	2017	2A	High Jump	6' 06"

HIBRITEN

Brandon Coonse	1993	3A	3200 Meter Run	9:21.40
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HICKORY

Tommy Eckard	1984	O	Shot Put	57' 1.00"
Jeremy Hyder	2004	3A	1600 Meter Run	4:23.96
Ryan Hill	2006	3A	3200 Meter Run	9:40.34
Ryan Hill	2007	3A	1600 Meter Run	4:23.96
Ryan Hill	2007	3A	3200 Meter Run	9:24.87

Ryan Hill	2008	3A	3200 Meter Run	9:24.80
Kwan Oates	2023	3A	Triple Jump	44'07.50"

HICKORY RIDGE

Coye Still	2010	3A	Long Jump	22' 10"
Jamin Glenn	2017	3A	Triple Jump	48' 6.25"
Cameron Rose	2018	4A	200 Meter Dash	21.74
Cameron Rose	2019	4A	100 Meter Dash	10.58
Cameron Rose	2019	4A	200 Meter Dash	21.37

HIGH POINT CENTRAL

Fogleman	1923	O	1 Mile Run	4:55.40
Packer	1925	O	120 YD Hurdles	15.20
Packer	1925	O	440 Yard Dash	55.00
Packer	1925	O	Long Jump	19' 08"
Williamson	1930	O	1 Mile Run	4:41.00
Frank Sizemore	1931	O	220 Yard Dash	22.40
James Montgomery	1931	O	440 Yard Dash	53.00
Frank Sizemore	1932	O	220 Yard Dash	22.80
James Montgomery	1932	O	440 Yard Dash	52.80
Norman Hendrix	1932	O	Pole Vault	10' 08"
Norman Hendrix	1933	O	Pole Vault	12' 00"
Marion Sams	1934	O	High Jump	5' 08"
Norman Hendrix	1934	O	Pole Vault	11' 08"
Potts	1935	O	120 YD Hurdles	17.20
Marion Sams	1935	O	High Jump	5' 6.75"
Chastain	1936	O	1 Mile Run	4:53.00
Potts	1936	O	120 YD Hurdles	16.20
Sprye	1936	O	440 Yard Dash	52.90
Sprye	1936	O	880 Yard Run	2:05.50
Potts	1936	O	High Jump	5' 7.75"
Potts	1936	O	Long Jump	21' 0.25"
Montgomery	1940	O	880 Yard Run	2:06.40
Saunders	1940	O	Pole Vault	10' 09"
Beck	1947	O	120 YD Hurdles	16.00
Beck	1948	O	120 YD Hurdles	15.70
Jones	1948	O	440 Yard Dash	52.80
Garrison	1948	O	880 Yard Run	NA
Jones	1949	O	220 Yard Dash	22.80
Newman	1951	O	1 Mile Run	4:53.70
Marion Sams	1933	O	High Jump	5' 9.38"
Moffit	1930	O	Long Jump	20' 4.25"
Frank Sizemore	1932	O	100 Yard Dash	10.20
Shipman	1932	O	120 YD Hurdles	16.80
Sprye	1933	O	880 Yard Run	2:05.00
Andrew Golden	1976	O	Long Jump	22' 09"
John Madsen	1987	3A	Pole Vault	13' 06"
Eric Alford	1990	3A	Long Jump	23' 11.5"



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Eric Alford	1991	3A	Long Jump	25' 0.75"
	1993	3A	4X100 Relay	42.63
Frank Harris	1996	3A	300M Hurdles	39.76
Chuckie Reed	2000	2A	100 Meter Dash	10.68
Chuckie Reed	2000	2A	MOP	
	2001	2A	4X400 Relay	3:27.65
Derreck Bryant	2001	2A	Long Jump	22' 03"
Derrek Bryant	2001	2A	MOP	
Derrek Bryant	2001	2A	Triple Jump	46' 04"
Montray Gilchrist	2003	3A	110M Hurdles	14.99
Desmeion Kennedy	2009	4A	Triple Jump	47' 2.5"
Raymonte Dow	2016	4A	300M Hurdles	37.39

HIGHLAND TECH

Aaron Tribble	2010	1A	400 Meter Dash	48.40
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HILLSBOROUGH

Dickie Barber	1952	O	High Jump	5' 10"
Dickie Barber	1953	O	High Jump	5' 11"
Dickie Barber	1953	O	Long Jump	21' 2.5"
Rigsbee	1954	O	1 Mile Run	4:43.70

HILLSIDE

Silas Mayfield	1968	O	1 Mile Run	4:17.30
Umstead	1969	O	Discus	158' 06"
Whitfield	1970	O	440 Yard Dash	49.70
Charles Rhomes	1972	O	120 YD Hurdles	13.60
Charles Romes	1972	O	220 Yard Dash	21.90
Greg Roseboro	1980	O	800 Meter Run	1:51.39
Elbert Ellis	1986	3/4	300M Hurdles	37.29
Elbert Ellis	1987	4A	300M Hurdles	36.84

	1987	4A	4X200 Relay	1:26.44
	1987	4A	4X400 Relay	3:13.92
Elbert Ellis	1987	4A	MOP	
Burnice Cross	1987	4A	Shot Put	57' 6.50"
Doramus Brewer	1988	4A	400 Meter Dash	47.63
Clyde Stephens	1989	4A	200 Meter Dash	21.92
	1989	4A	4X400 Relay	3:16.21
	1992	4A	4X400 Relay	3:21.12
	1993	4A	4X100 Relay	42.42

Reggie Love	1993	4A	400 Meter Dash	48.34
Theodore Chavis	1994	4A	100 Meter Dash	10.87
Theodore Chavis	1994	4A	200 Meter Dash	21.59
	1994	4A	4X100 Relay	41.90
	1994	4A	4X200 Relay	1:28.82

Reggie Love	1994	4A	Long Jump	22' 2.25"
Theodore Chavis	1994	4A	MOP	
Lamont Pennington	1996	4A	1600 Meter Run	4:22.24
Lamont Pennington	1996	4A	800 Meter Run	1:56.02
Lamont Pennington	1997	4A	1600 Meter Run	4:18.42

Lamont Pennington	1997	4A	800 Meter Run	1:54.48
Lamont Pennington	1997	4A	MOP	
	1998	3A	4X100 Relay	42.66
	1999	3A	4X100 Relay	42.46
	1999	3A	4X200 Relay	1:28.33
Jeremy Holman	2000	3A	200 Meter Dash	22.16
Freddy Turner	2000	3A	300M Hurdles	38.70
	2000	3A	4X200 Relay	1:27.62
Marcus Krah	2013	4A	Long Jump	23' 01"
Desmond Jackson	2014	4A	100 Meter (Amb)	14.43
Marcus Krah	2014	4A	110M Hurdles	14.06
Desmond Jackson	2014	4A	200 Meter (Amb)	31.78
Desmond Jackson	2014	4A	400 Meter (Amb)	1:17.96
Desmond Jackson	2014	4A	Long Jump (Amb)	14' 7.50"
Desmond Jackson	2015	4A	100 Meter (Amb)	13.43
Desmond Jackson	2015	4A	200 Meter (Amb)	29.65
McKinly Brown	2015	4A	300M Hurdles	37.10
Desmond Jackson	2015	4A	Long Jump (Amb)	15' 10"
Desmond Jackson	2016	4A	100 Meter (Amb)	13.03
Marcus Krah	2016	4A	110M Hurdles	13.32
Desmond Jackson	2016	4A	200 Meter (Amb)	29.46
Desmond Jackson	2016	4A	400 Meter (Amb)	1:10.76
Marcus Krah	2016	4A	Long Jump	23' 00"
Marcus Krah	2016	4A	MOP	
Marcus Krah	2016	4A	Triple Jump	48' 08"
Desmond Jackson	2017	4A	100 Meter (Amb)	12.67
Desmond Jackson	2017	4A	200 Meter (Amb)	27.83
Desmond Smith	2023	4A	110M Hurdles	14.06

HOBBDON

Samson Bradsher	2014	1A	Discus	144' 07"
Samson Bradsher	2014	1A	Shot Put	50' 11.00"
Josh Polk	2016	1A	200 Meter Dash	21.82
Josh Polk	2017	1A	100 Meter Dash	10.92
Josh Polk	2017	1A	200 Meter Dash	21.76
Josh Polk	2018	1A	100 Meter Dash	10.92
Josh Polk	2018	1A	200 Meter Dash	21.94
	2018	1A	MOP	

HOGGARD

Chip Taylor	1971	O	Shot Put	56' 9.75"
George Jackson	1974	O	Triple Jump	47' 11.5"
Bobby Morrison	1980	O	Shot Put	59' 9.00"
Anthony Greer	2002	4A	Discus	159' 03"

HOKE COUNTY

Tarrell Carpenter	1985	O	Long Jump	24' 05"
Tarrell Carpenter	1986	3/4	Long Jump	23' 09"
Michael McDuffie	1993	4A	Triple Jump	47' 5.25"
Darryl Barnett	2003	4A	Long Jump	23' 05.5"

Deonnonti McClean	2011	4A	Triple Jump	47' 04"
	2016	4A	4X200 Relay	1:25.89
Jalen Jones	2016	4A	400 Meter Dash	47.91
Jalen Jones	2017	4A	400 Meter Dash	47.89
Jadarien Parker	2021	4A	200 Meter Dash	21.00

HOLLY SPRINGS

Josh McClam	2011	4A	Long Jump	24' 02"
Lamar Nobles	2014	4A	High Jump	6' 06"
Daniel Ligans	2015	4A	Shot Put	57' 8.00"

HOPEWELL

Eric Frasure	2003	4A	Shot Put	55' 6.00"
Alphonso Jordan	2006	4A	Triple Jump	48' 02"
Anthony Bynum	2011	4A	200 Meter Dash	21.33

HOUGH

	2023	4A	4X400 Relay	3:18.79
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HUNT

Mike Lavendar	1995	3A	Long Jump	24' 00"
Mike Lavender	1995	3A	MOP	
Kyle Trevor	2012	3A	Discus	153' 07"
Jeremiah Ganaway	2018	3A	High Jump	6' 06"

HUSS

Rufus Crawford	1973	O	High Jump	6' 5.75"
Rufus Crawford	1974	O	High Jump	6' 9.25"

INDEPENDENCE

Donnie Beamer	2000	4A	200 Meter Dash	21.44
Donnie Beamer	2001	4A	200 Meter Dash	21.22
Brandon Jones	2004	4A	800 Meter Run	1:52.72
Rayford Phillips	1988	4A	200 Meter Dash	21.63

J.F. WEBB

Clyde Hunt	1980	O	110M Hurdles	14.44
	1995	3A	4X100 Relay	43.11
Delvin Barker	1997	3A	Triple Jump	47' 04"
	2000	3A	4X100 Relay	42.28
Martin Hicks	2001	3A	100 Meter Dash	10.78
	2001	3A	4X200 Relay	1:29.05
Cedrick Wilkerson	2004	3A	High Jump	6' 06"

J.H. ROSE

Allen McDevitt	1970	O	880 Yard Run	1:56.60
Calvin Moore	1972	O	Long Jump	22' 10.5"
Mike Thurber	1981	O	Pole Vault	15' 02"
Darren Moore	1987	4A	High Jump	7' 01"



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Tracey Johnson	1987	4A	Long Jump	23' 00"
Darrin Moore	1987	4A	MOP	
	1992	4A	4X100 Relay	42.09
Alvin Grimes	1997	4A	110M Hurdles	14.38
Jeffrey Johnson	2009	4A	High Jump	6' 08"

JACK BRITT

Clyde Wilson	2010	4A	800 Meter Run	1:54.72
Diondre Butler	2012	4A	Long Jump	23' 00"
Darryl Shaw	2015	4A	Triple Jump	48' 9.25"

JACKSONVILLE

Gregory Steele	1960	O	Long Jump	22' 07"
Gregory Steele	1961	O	Long Jump	NA
Dave Dunaway	1962	O	100 Yard Dash	10.10
Dave Dunaway	1962	O	220 Yard Dash	21.60
Dave Dunaway	1963	O	100 Yard Dash	10.00
Dave Duanaway	1963	O	220 Yard Dash	21.50
Dave Dunaway	1963	O	High Jump	6' 02"
McGrew Booker	1968	O	220 Yard Dash	22.00
Ron Hunt	1969	O	440 Yard Dash	49.50
Nate Wigfall	1977	O	Discus	167' 09"
Nate Wigfall	1977	O	Shot Put	55' 4.50"
Jeff Cairo	1978	O	220 Yard Dash	21.66
Ellis Dillahunt	1983	O	110M Hurdles	14.61

JACKSONVILLE (CONTINUED)

Maurice Monk	1983	O	Long Jump	23' 10.5"
	1988	4A	4X100 Relay	41.47
Terrance Brown	1989	4A	Shot Put	53' 10.00"
Jermaine Eldridge	1992	4A	Triple Jump	47' 5.25"
	1993	4A	4X400 Relay	3:19.54
Jacobi Jones	1995	4A	110M Hurdles	14.12
Theron Wigfall	1995	4A	Triple Jump	48' 3.25"
	2001	4A	4X400 Relay	3:19.47
Brandon Small	2005	3A	400 Meter Dash	48.79
	2006	3A	4X400 Relay	3:22.72
Marcelis Martis	2006	3A	400 Meter Dash	49.23
Tarik Norman	2009	3A	Discus	161' 03"
Ahmad Norman	2011	3A	Discus	162' 10"
Wesley Tucker	2012	3A	110M Hurdles	14.22
Wesley Tucker	2012	3A	300M Hurdles	38.17
	2016	3A	4X400 Relay	3:19.71
Jacobi Lloyd	2017	3A	300M Hurdles	37.95

JAMES KENAN

James Farrior	1996	2A	High Jump	6' 08"
Marcellous Sutton	2014	1A	Triple Jump	45' 5.5"
Andrew Pender	2022	2A	Triple Jump	44' 7.75"

Jake Wainwright	2007	4A	High Jump	6' 06"
Braedon Koerwitz	2011	3A	1600 Meter Run	4:18.80

JOHN A. HOLMES

J.T. Elliot	1999	2A	Shot Put	51' 5.25"
Trey'l Beasley	2015	2A	100 Meter Dash	10.88
Aaron Pryce	2018	1A	300M Hurdles	39.81
	2018	1A	4X200 Relay	1:31.18
Ckayvion Everett	2018	1A	Long Jump	22' 02"
Aaron Pryce	2019	1A	300M Hurdles	40.73
	2019	1A	4X100 Relay	42.14
	2019	1A	4X200 Relay	1:28.70

JONES

Thomas Fryar	2009	1A	200 Meter Dash	21.90
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JORDAN

	1993	4A	4X200 Relay	1:28.39
	2021	4A	4X400 Relay	3:22.19
	2022	4A	4X400 Relay	3:18.93
	2023	4A	800 Meter Run	1:52.75

JORDAN-MATTHEWS

	2006	1A	4X100 Relay	42.41
	2006	1A	4X200 Relay	1:28.32
Corey Wilkerson	2007	1A	100 Meter Dash	10.89
	2007	1A	4X100 Relay	41.68
	2007	1A	4X200 Relay	1:28.11
Corey Wilkerson	2007	1A	Long Jump	22' 06"
Corey Wilkerson	2008	1A	100 Meter Dash	10.71
Corey Wilkerson	2008	1A	200 Meter Dash	22.02
Maurice Eaddy	2013	2A	100 Meter Dash	10.66

KERNERSVILLE

Willard	1934	O	Discus	111' 00"
Willard	1934	O	Shot Put	47' 1.00"
Edwards	1936	O	Pole Vault	11' 04"

KINGS MOUNTAIN

Kareem Marshall	1999	3A	Discus	151' 07"
Kareem Marshall	1999	3A	Shot Put	56' 7.25"
	2011	3A	4X200 Relay	1:29.29
Titus Phillips	2021	3A	Long Jump	23'00.00"

KINSTON

Ricky White	1979	O	100 Yard Dash	9.98
Raphael Hightower	1987	4A	800 Meter Run	1:55.39
Kelly Hardy	1998	3A	100 Meter Dash	10.70

Kelly Hardy	1999	3A	100 Meter Dash	10.81
Kewitt Koonce	2010	2A	300M Hurdles	39.13
	2010	2A	4X400 Relay	3:25.50
Niejel Wilkins	2019	2A	Triple Jump	48' 9.25"
	2022	2A	4X200 Relay	1:30.83

KNIGHTDALE

Mar-Keo Jones	2010	4A	100 Meter Dash	10.86
Mar-Keo Jones	2010	4A	200 Meter Dash	21.68
	2010	4A	4X100 Relay	42.24
	2011	4A	4X200 Relay	1:26.05
	2011	4A	4X400 Relay	3:15.41
Burkheart Ellis Jr.	2011	4A	400 Meter Dash	48.05
Joseph Horton	2012	4A	200 Meter Dash	21.03
	2012	4A	4X100 Relay	41.93
	2012	4A	4X400 Relay	3:18.37
	2013	4A	4X400 Relay	3:12.87
	2013	4A	4X800 Relay	7:46.19
Marquavious Johnson	2013	4A	400 Meter Dash	47.16
Kimani Hoffman	2013	4A	Triple Jump	46' 08"
Jamie Brown	2015	4A	Long Jump	22' 11"

LAKE NORMAN

Spencer Evans	2018	4A	Pole Vault	15' 06"
Spencer Evans	2019	4A	Pole Vault	16' 02"

LAKE NORMAN CHARTER

Chris Hack	2011	1A	800 Meter Run	1:59.83
Blaise Atkinson	2021	2A	100 Meter Dash	10.98
Blaise Atkinson	2021	2A	200 Meter Dash	22.15
Blaise Atkinson	2021	2A	110M Hurdles	14.34
Blaise Atkinson	2021	2A	300M Hurdles	38.94
Grant Howlett	2021	2A	800 Meter Run	1:53.78
Grant Howlett	2021	2A	1600 Meter Run	4:21.65
Blaise Atkinson	2022	3A	110M Hurdles	14.02
Blaise Atkinson	2022	3A	300M Hurdles	37.98
Myles Scott	2023	3A	Discus	162'03.00"

LAKEWOOD

Chris Bennett	1995	1A	110M Hurdles	15.57
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LANEY

Chris Lamb	1988	4A	Pole Vault	13' 06"
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LAURINBURG

Tucker	1923	O	100 Yard Dash	10.60
David Bracey	1971	O	120 YD Hurdles	14.00

LEDFORD

Tim Swain	1985	O	Pole Vault	14' 00"
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MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Terrell Adams	2016	4A	Shot Put	58' 1.50"
MIDWAY				
	1998	1A	4X100 Relay	44.01
Brandon Thurman	2007	1A	110M Hurdles	14.74
Brandon Thurman	2008	1A	110M Hurdles	14.32
Jamir McCrae	2023	2A	High Jump	6'08.00"
Jamir McCrae	2023	2A	Long Jump	45'10.50"

MILLBROOK				
Evans	1963	O	Long Jump	21' 11"
Clem Williams	1964	O	Long Jump	22' 05"
Clem Williams	1965	O	Long Jump	21' 3.75"
Malone	1970	O	Long Jump	22' 11"
Mike Harris	1974	O	Shot Put	58' 2.50"
Larry Harrington	1988	4A	110M Hurdles	14.34
Larry Harrington	1989	4A	110M Hurdles	13.89
Larry Harrington	1989	4A	300M Hurdles	38.18
Steve Brown	1989	4A	400 Meter Dash	48.05
Larry Harrington	1989	4A	MOP	
Kerry Kennedy	1990	4A	Long Jump	24' 02.25"
Kerry Kennedy	1990	4A	MOP	
Kerry Kennedy	1990	4A	Triple Jump	48' 7.5"
	1993	4A	4X800 Relay	7:58.61
Mike Welch	1993	4A	Pole Vault	14' 00"
	1994	4A	4X800 Relay	8:00.83
Shaton Palmer	2002	4A	100 Meter Dash	10.97
Keith Marshall	2011	4A	100 Meter Dash	10.68
	2011	4A	4X100 Relay	42.01
Elijah Cole	2016	4A	Pole Vault	15' 06"
Caleb Stephens	2021	4A	Triple Jump	48'08.75"
Dillon Leacock	2021	4A	300M Hurdles	36.53
	2021	4A	4X800 Relay	8:05.86

MINERAL SPRINGS

Shouse	1937	O	Shot Put	42' 9.00"
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MITCHELL

Zach Boone	2013	1A	1600 Meter Run	4:31.22
Zach Boone	2013	1A	3200 Meter Run	10:08.15
Zach Boone	2014	1A	3200 Meter Run	9:45.54
Zach Boone	2015	1A	1600 Meter Run	4:24.51
Zach Boone	2015	1A	3200 Meter Run	9:45.88
Brody Smith	2017	1A	400 Meter Dash	50.20
Brody Smith	2018	1A	400 Meter Dash	48.98

MONROE

Mark Birens	1988	1/2	1600 Meter Run	4:24.65
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Robert Carelock	1990	1/2	100 Meter Dash	11.02
Robert Carelock	1990	1/2	200 Meter Dash	21.99
	1990	1/2	4X100 Relay	43.19
	1990	1/2	4X400 Relay	3:23.32
Robert Carelock	1990	1/2	MOP	
	1991	1/2	4X200 Relay	1:29.64
	1991	1/2	4X400 Relay	3:25.38
	1991	1/2	4X800 Relay	8:10.89
	1992	1/2	4X400 Relay	3:23.38
	1992	1/2	4X800 Relay	8:08.56
	1992	1/2	800 Meter Run	1:56.71
	1993	1/2	4X800 Relay	8:17.41
Albert Ashcraft	2002	2A	200 Meter Dash	22.11
Albert Ashcraft	2003	2A	200 Meter Dash	21.86
Ryan Witherspoon	2004	2A	400 Meter Dash	48.86
Brandon Ashcraft	2006	2A	200 Meter Dash	22.26
	2006	2A	4X200 Relay	1:28.61
Brandon Ashcraft	2006	2A	400 Meter Dash	48.86
Jarvis Craig	2007	2A	High Jump	6' 02"
Darius Cox	2007	2A	Triple Jump	44' 08"
Issac Blakeney	2008	2A	Triple Jump	45' 6.5"
Issac Blakeney	2009	2A	Triple Jump	48' 4.5"
	2010	1A	4X100 Relay	43.30
Issac Blakeney	2010	1A	Long Jump	22' 09.5"
Issac Blakeney	2010	1A	Triple Jump	49' 02"
Brandon Little	2012	1A	100 Meter Dash	10.91
	2012	1A	4X100 Relay	43.76
	2012	1A	4X200 Relay	1:28.65
	2012	1A	4X400 Relay	3:26.05
	2013	1A	4X200 Relay	1:29.67
	2013	1A	4X400 Relay	3:28.97
	2014	1A	4X200 Relay	1:30.66

MOORESVILLE

	1997	2A	300M Hurdles	39.10
	2002	3A	4X800 Relay	8:16.76
	2003	3A	4X800 Relay	8:09.60
	2003	3A	800 Meter Run	1:57.09
	2006	3A	Triple Jump	46' 05"
	2007	3A	Discus	143' 05"
	2007	3A	Triple Jump	48' 2.5"
	2008	3A	1600 Meter Run	4:18.16
	2008	3A	Discus	166' 07"
	2008	3A	Long Jump	23' 09.5"
	2008	3A	MOP	
	2008	3A	Shot Put	57' 3.25"
	2008	3A	Triple Jump	49' 2.5"

MOUNT AIRY

Billy Taylor	1965	O	High Jump	6' 00"
Michael Patton	1984	O	Triple Jump	50' 09.75"
Matus Kriska	2008	1A	3200 Meter Run	10:07.21
Matus Kriska	2009	1A	3200 Meter Run	9:57.64
Justin Collier	2009	1A	High Jump	6' 04"
Matus Kriska	2010	1A	1600 Meter Run	4:33.89
Matus Kriska	2010	1A	800 Meter Run	1:59.40
Matus Kriska	2011	1A	1600 Meter Run	4:24.55
Joktan Moore	2012	1A	Triple Jump	45' 3.5"
Corey Valentine	2013	1A	Triple Jump	44' 09"
	2016	1A	4X200 Relay	1:30.52
Gabriel King	2016	1A	Discus	156' 01"
Gabriel King	2016	1A	Shot Put	51' 4.25"
	2017	1A	4X200 Relay	1:31.18
Gabriel King	2017	1A	Discus	147' 09"
Gabriel King	2017	1A	Shot Put	51' 3.50"

MOUNT PLEASANT

Brandon Clark	2000	2A	Pole Vault	14' 06"
Kyle Lingafelt	2003	2A	Pole Vault	14' 07"
Landon Patterson	2007	2A	Pole Vault	14' 06"
	2011	3A	4X100 Relay	42.54
Landon Parker	2018	2A	High Jump	6' 08"

MOUNT TABOR

	1989	4A	4X800 Relay	7:51.70
Kyle Armentrout	1990	4A	3200 Meter Run	9:14.76
Kyle Armentrout	1990	4A	MOP	
Kelvin Jones	1995	4A	Shot Put	56' 5.00"
	1997	4A	4X100 Relay	42.37
	1998	4A	4X100 Relay	41.96
Dennis Caldwell	1998	4A	Discus	176' 00"
	2001	4A	4X100 Relay	42.11

MOUNT TABOR (CONTINUED)

Mike Loyd	2001	4A	MOP	
Mike Loyd	2002	4A	110M Hurdles	14.12
Matt Debole	2002	4A	1600 Meter Run	4:13.75
Mike Loyd	2002	4A	200 Meter Dash	21.44
	2002	4A	4X200 Relay	1:27.43
Matt Debole	2002	4A	800 Meter Run	1:56.13
Matt Debole	2003	4A	1600 Meter Run	4:09.64
Adam Nagy	2004	4A	Discus	157' 01"
J-Mee Samuels	2005	4A	200 Meter Dash	20.61
Adam Nagy	2005	4A	Discus	158' 04"
Hunter Furr	2009	4A	100 Meter Dash	10.65
Hunter Furr	2009	4A	200 Meter Dash	21.37
	2009	4A	4X100 Relay	41.33
Ian Milder	2013	4A	3200 Meter Run	9:19.71
Ty Ruvolis	2013	4A	Discus (WC)	15' 01"
Ty Ruvolis	2013	4A	Shot Put (WC)	8' 3.5"



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Marcus Lumamba	2014	4A	100 Meter (WC)	30.48
Ian Milder	2014	4A	1600 Meter Run	4:15.63
Quashawn Cunningham	2014	4A	200 Meter Dash	21.53
Marcus Lumamba	2014	4A	200 Meter (WC)	1:08.42
Ian Milder	2014	4A	3200 Meter Run	9:08.99
	2014	4A	4X800 Relay	7:48.33
Marcus Lumamba	2014	4A	Discus (WC)	27' 03"
Ian Milder	2014	4A	MOP	
Ty Ruvalis	2014	4A	Shot Put (WC)	9' 4.5"
Kenny Kneisel	2016	4A	1600 Meter Run	4:15.08
Patrick Freeman	2019	3A	Pole Vault	15' 00"
Terrell Robinson, Jr.	2021	3A	100 Meter Dash	10.67
Terrell Robinson Jr	2022	4A	100M Dash	10.31
Terrell Robinson Jr	2022	4A	200M Dash	21.32
	2022	4A	4X800 Relay	7:54.26

MOUNTAIN HERITAGE

Brandon Williams	2000	2A	Shot Put	48' 1.50"
Jesse Shelton	2022	1A	Shot Put	52'06.00"
Jesse Shelton	2023	1A	Shot Put	58'00.50"
Jesse Shelton	2023	1A	Discus	172'11.00"

MOUNTAIN ISLAND CHARTER

Mason King	2018	1A	110M Hurdles	15.26
	2019	1A	4X400 Relay	3:29.85
Armonte Ferguson	2021	1A	100 Meter Dash	10.96
Giovanni Bernard	2021	1A	400 Meter Dash	50.65
Trae Nickelson	2021	1A	200 Meter Dash	22.41
	2021	1A	4X100 Relay	44.05
	2021	1A	4X200 Relay	1:31.50
Trevin Moyer	2022	1A	100M Dash	10.66
Trevin Moyer	2022	1A	200M Dash	21.78
Trevin Moyer	2022	1A	400M Dash	46.97
	2022	1A	4X100 Relay	43.67
	2022	1A	4X200 Relay	1:30.81

MURPHY

Carl Pickens	1986	1/2	High Jump	6' 10"
Carl Pickens	1987	1/2	High Jump	6' 08"
Carl Pickens	1988	1/2	High Jump	6' 06"
	1994	1A	4X800 Relay	8:17.98
	1995	1A	4X800 Relay	8:28.94
Jason Hartness	1995	1A	800 Meter Run	2:02.98
Brad Schafer	1996	1A	800 Meter Run	2:03.90
Matt McRae	1998	1A	1600 Meter Run	4:37.30
Matt McRae	1998	1A	3200 Meter Run	10:08.13
	1998	1A	4X800 Relay	8:33.05
Mark DeWeese	2004	1A	1600 Meter Run	4:34.18
Mark DeWeese	2004	1A	800 Meter Run	1:59.19
Mark DeWeese	2005	1A	1600 Meter Run	4:29.14

Mark DeWeese	2005	1A	4X800 Relay	8:38.24
Mark DeWeese	2005	1A	800 Meter Run	2:01.26
	2005	1A	MOP	
	2010	1A	4X400 Relay	3:27.05
	2014	1A	4X800 Relay	8:29.47
	2019	1A	4X800 Relay	8:21.60
Riley Blalock	2019	1A	Shot Put	50' 1.00"

Roy Bradley	1956	O	100 Yard Dash	10.10
Bobby Powell	1956	O	440 Yard Dash	50.10
Jimmy Mooney	1957	O	440 Yard Dash	50.70
David Gilmore	1958	O	1 Mile Run	4:28.80
Bill Houston	1958	O	220 Yard Dash	21.60
Jimmy Mooney	1958	O	440 Yard Dash	50.50
Eddie West	1959	O	1 Mile Run	4:25.00
Bill Houston	1959	O	100 Yard Dash	10.20
Bill Houston	1959	O	220 Yard Dash	22.00
Tom Stockton	1959	O	880 Yard Run	2:00.50
Curtis White	1962	O	Pole Vault	12' 00"
Weldon	1963	O	880 Yard Run	1:57.90
Flake Campbell	1963	O	Discus	157' 07"
George Soule	1964	O	100 Yard Dash	9.90
Flake Campbell	1964	O	Discus	163' 03"
Mike Richey	1964	O	Shot Put	55' 9.25"
George Soule	1965	O	100 Yard Dash	10.00
Jeff Howser	1965	O	120 YD Hurdles	14.40
George Soule	1965	O	220 Yard Dash	21.70
Jeff West	1965	O	880 Yard Run	1:56.20
Lewis Jewell	1966	O	100 Yard Dash	9.90
Jeff Howser	1966	O	120 YD Hurdles	14.90
Lewis Jewell	1966	O	220 Yard Dash	21.70
Nick Karres	1966	O	Discus	154' 03"
Lewis Jewell	1967	O	100 Yard Dash	10.00
Paul Vincent	1967	O	120 YD Hurdles	14.90

MYERS PARK (CONTINUED)

Lewis Jewell	1967	O	220 Yard Dash	22.10
Nick Karres	1967	O	Discus	161' 00"
Pike Jones	1969	O	220 Yard Dash	21.70
Pike Jones	1970	O	220 Yard Dash	21.80
Salisbury	1970	O	Discus	155' 00"
John Brown	1971	O	880 Yard Run	1:54.70
Chandler Muse	1971	O	High Jump	6' 6.75"
Chandler Muse	1972	O	High Jump	6' 8.25"
Tracey Lynne	1976	O	Pole Vault	14' 00"

Steve Edwards	1982	O	Pole Vault	14' 06"
John Cline	1992	4A	1600 Meter Run	4:23.79
John Cline	1992	4A	MOP	
Chris Wylie	1995	4A	100 Meter Dash	10.67
Lane Jesseph	1995	4A	300M Hurdles	38.72
Chris Wylie	1995	4A	400 Meter Dash	46.97
Tico Walters	1999	4A	110M Hurdles	14.53
Tico Waiters	1999	4A	300M Hurdles	38.39
Dmitri Boutry	2008	4A	400 Meter Dash	47.48
Kwame Donyinah	2012	4A	400 Meter Dash	47.48
Maddon Muhammad	2021	4A	800 Meter Run	1:52.95

NASH CENTRAL

	2005	3A	4X400 Relay	3:21.46
	2007	3A	4X400 Relay	3:23.82
Danny Allen	2008	3A	300M Hurdles	37.89
Damian Silver	2014	3A	300M Hurdles	39.63
Damian Silver	2014	3A	110M Hurdles	14.28

NC SCHOOL FOR THE DEAF

Heath	1954	O	Shot Put	48' 2.00"
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NC SCHOOL OF SCIENCE & MATH

Philip Curley	2007	1A	1600 Meter Run	4:28.65
Philip Curley	2007	1A	3200 Meter Run	10:21.05
	2007	1A	4X800 Relay	8:23.25
Philip Curley	2007	1A	800 Meter Run	1:57.57
Philip Curley	2007	1A	MOP	
Bobby Baraldi	2011	1A	3200 Meter Run	10:02.31
	2011	1A	4X800 Relay	8:13.37
Levi Rolles	2012	1A	1600 Meter Run	4:25.34
Levi Rolles	2012	1A	3200 Meter Run	9:53.87
	2012	1A	4X800 Relay	8:16.90
	2013	1A	4X800 Relay	8:14.93
	2014	2A	4X800 Relay	8:07.15
	2022	2A	3200M Run	9:48.74
Andrew Parker	2023	2A	1600 Meter Run	4:21.40
Andrew Parker	2023	2A	3200 Meter Run	9:33.67
Andrew Parker	2023	2A	4X800 Relay	8:07.22

NEW BERN

Harold Lilly	1964	O	Pole Vault	13' 00"
Harold Lilly	1965	O	Pole Vault	13' 1.25"
James Fields	1976	O	440 Yard Dash	48.10
Mike Benjamin	1978	O	120 YD Hurdles	14.12
William Lovick	1981	O	Discus	163' 04"
Lamont Jones	1991	4A	Shot Put	55' 6.25"
Jeremy McDaniel	1994	4A	Triple Jump	47' 03"



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Joe Brown	2005	4A	Shot Put	55' 8.00"
Karjuan Williams	2006	4A	400 Meter Dash	47.28
	2007	4A	4X800 Relay	7:50.66
	2008	4A	4X400 Relay	3:18.01
	2008	4A	4X800 Relay	7:46.12
	2009	4A	4X400 Relay	3:14.47
	2009	4A	4X800 Relay	7:48.11
Anthony Hendrix	2009	4A	800 Meter Run	1:54.12
Anthony Hendrix	2009	4A	MOP	

NEW HANOVER

Farmer	1927	O	100 Yard Dash	10.40
Farmer	1927	O	220 Yard Dash	22.80
Farmer	1928	O	100 Yard Dash	10.40
Farmer	1928	O	220 Yard Dash	23.40
Ilsen	1928	O	440 Yard Dash	54.60
Rankin	1928	O	880 Yard Run	2:09.20
Hancock	1929	O	100 Yard Dash	10.20
E. Smith	1929	O	120 YD Hurdles	16.20
Hancock	1929	O	220 Yard Dash	22.60
Rankin	1929	O	880 Yard Run	2:06.60
Robinson	1930	O	440 Yard Dash	53.60
Rankin	1930	O	880 Yard Run	2:03.40
Mario McGraw	1992	4A	Shot Put	54' 9.25"
Mario McGraw	1993	4A	Shot Put	57' 4.75"
Algernon Crumpler	1994	4A	Discus	160' 05"
Algernon Crumpler	1995	4A	Discus	159' 11"
Algernon Crumpler	1996	4A	Discus	161' 07"
Algernon Crumpler	1996	4A	Shot Put	57' 8.50"

NEWTON-CONOVER

Nathan McCorkle	1982	O	100 Meter Dash	10.70
Nathan McCorkle	1982	O	200 Meter Dash	21.30
William Robinson	1990	1/2	110M Hurdles	14.79
Charlie Drummond	1999	2A	400 Meter Dash	51.06
Alvin Gibson	1999	2A	Long Jump	22' 3.5"
	2000	2A	4X200 Relay	1:30.36
Charlie Drummond	2000	2A	400 Meter Dash	49.71
B.J. Clemons	2000	2A	Triple Jump	44' 07"

NORTH BRUNSWICK

Warren Evans	1997	1A	110M Hurdles	15.32
Warren Evans	1997	1A	300M Hurdles	40.17
Tarell Clark	1998	1A	Discus	142' 00"
Tarell Clark	1998	1A	Shot Put	50' 10.00"
Harold Andrews	1999	1A	110M Hurdles	15.28

Nicky McNeil	1999	1A	Discus	138' 03.5"
Anthony Bryant	2004	1A	Shot Put	49' 1.75"
	2005	1A	4X200 Relay	1:29.77
Anthony Bryant	2006	2A	Shot Put	57' 8.75"
Josh Balloon	2008	2A	Shot Put	57' 8.75"
	2014	2A	4X400 Relay	3:21.12
Terrance Brown	2014	2A	High Jump	6' 07"
Derrick Wheeler	2014	2A	Shot Put	52' 8.00"
Jayhlen Washington	2015	2A	Long Jump	23' 03"
Jaylen Washington	2015	2A	MOP	
Jayhlen Washington	2015	2A	Triple Jump	46' 01"
	2016	2A	4X100 Relay	42.51
Jayhlen Washington	2016	2A	Long Jump	22' 6.75"
Jayhlen Washington	2016	2A	Triple Jump	48' 05"
Jayhlen Washington	2017	2A	110M Hurdles	14.05
	2017	2A	4X200 Relay	1:28.31
Jayhlen Washington	2017	2A	Long Jump	23' 03"
Jahylen Washington	2017	2A	MOP	
Jayhlen Washington	2017	2A	Triple Jump	47' 8.75"
Jieem Bullock	2019	3A	High Jump	6' 08"
Jieem Bullock	2019	3A	Long Jump	23' 01"

NORTH BUNCOMBE

Eric Pragle	1990	3A	3200 Meter Run	9:34.30
	1990	3A	4X800 Relay	8:06.41
Eric Pragle	1991	3A	1600 Meter Run	4:16.56
Eric Pragle	1991	3A	3200 Meter Run	9:32.81
	1991	3A	4X800 Relay	7:57.85
Jay Kanekoa	1994	3A	Pole Vault	14' 00"
Jeff Conelly	1995	3A	1600 Meter Run	4:23.18
Darrell Metcalf	1997	3A	1600 Meter Run	4:30.75
	1997	3A	4X800 Relay	8:12.18
Darrell Metcalf	1998	3A	1600 Meter Run	4:23.90
	1998	3A	4X800 Relay	8:11.60
	1999	3A	4X800 Relay	8:07.37

NORTH DAVIDSON

Blake Stephens	2018	2A	Discus	157' 10"
Juan Ochoa	2018	2A	Pole Vault	14' 00"

NORTH EDGEcombe

Devonte Lloyd	2012	1A	Shot Put	49' 1.25"
	2014	1A	4X100 Relay	43.02
Jarius Collins	2015	1A	100 Meter Dash	11.00
Ahkee Lyons	2023	1A	Triple Jump	44'07.00"

NORTH FORSYTH

Greg Burke	1969	O	Shot Put	54' 10.00"
Greg Burke	1970	O	Shot Put	55' 9.25"
John Evans	1981	O	800 Meter Run	1:52.33

Charles Mack	1981	O	High Jump	6' 10.25"
Marcus Sutton	1988	4A	Triple Jump	48' 1.25"
	1990	4A	4X100 Relay	41.83
Bobby Mack	2002	4A	3200 Meter Run	9:25.18
	2002	4A	4X800 Relay	7:52.19
Bobby Mack	2003	4A	3200 Meter Run	9:12.09
	2003	4A	4X800 Relay	7:49.65

NORTH GASTON

Duane Ross	1990	3A	110M Hurdles	14.94
Chad Milsaps	1998	3A	300M Hurdles	38.78
Ben Finger	2018	3A	Pole Vault	15' 06"

NORTH HENDERSON

Tim Thomas	1995	2A	Pole Vault	13' 06"
Aaron Keller	1996	2A	1600 Meter Run	4:18.56
Aaron Keller	1996	2A	3200 Meter Run	9:35.42
Tim Thomas	1996	2A	Pole Vault	14' 09"
Aaron Keller	1997	2A	1600 Meter Run	4:25.35
Shiloh Mielke	1997	2A	3200 Meter Run	9:57.43
Aaron Keller	1997	2A	800 Meter Run	2:00.83
Jason Green	1998	2A	100 Meter Dash	10.80
Shiloh Mielke	1998	2A	3200 Meter Run	10:04.25
Jason Green	1999	2A	100 Meter Dash	10.86
Shiloh Mielke	1999	2A	1600 Meter Run	4:30.38
Jason Green	1999	2A	200 Meter Dash	22.49
Shiloh Mielke	1999	2A	3200 Meter Run	9:47.50
Robbie Weast	1999	2A	800 Meter Run	2:00.00
Shiloh Mielke	1999	2A	MOP	
John Henderson	2000	2A	1600 Meter Run	4:29.49
John Henderson	2000	2A	3200 Meter Run	9:47.50
John Henderson	2001	2A	3200 Meter Run	9:55.59
	2001	2A	4X800 Relay	8:14.70
Aaron Grant	2001	2A	800 Meter Run	1:59.97
Jason Stepp	2001	2A	Discus	157' 08"
	2002	2A	4X800 Relay	8:19.66
Ben Pierson	2002	2A	Pole Vault	14' 06"
	2003	2A	4X800 Relay	8:09.26
Aaron Grant	2003	2A	800 Meter Run	1:56.38
Daniel Smith	2003	2A	High Jump	6' 06"
Colton Weaver	2004	2A	Pole Vault	15' 00"

NORTH JOHNSTON

Jonathon Arthur	2006	1A	Pole Vault	14' 03"
Dylan Pinder	2014	2A	100 Meter (WC)	25.50
Dylan Pinder	2015	2A	100 Meter (WC)	25.68
Dylan Pinder	2015	2A	200 Meter (WC)	52.19
Dylan Pinder	2015	2A	Discus (WC)	28' 08"
Dylan Pinder	2015	2A	Shot Put (WC)	13' 04"
Dylan Pinder	2016	2A	100 Meter (WC)	23.77



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Dylan Pinder	2016	2A	200 Meter (WC)	49.46
Dylan Pinder	2017	2A	100 Meter (WC)	24.62
Dylan Pinder	2017	2A	200 Meter (WC)	50.97
Dylan Pinder	2017	2A	Discus (WC)	40' 10"
Dylan Pinder	2017	2A	Shot Put (WC)	15' 00"

NORTH LENOIR

Maurice Morgan	2011	3A	High Jump	6' 06"
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NORTH LINCOLN

Jason Thomson	2019	2A	1600 Meter Run	4:22.07
Brian Risse	2019	2A	3200 Meter Run	9:30.59
Jake Soorus	2019	2A	Discus	175' 11"
Jake Soorus	2019	2A	Shot Put	56' 6.50"
Jacob Scott	2021	2A	3200 Meter Run	9:41.16
Ty Castro	2021	2A	Shot Put	54' 04.50"
	2022	3A	4X100 Relay	42.95
Liam Sutton	2023	3A	300M Hurdles	38.75

NORTH MECKLENBURG

Heath Whittle	1957	O	Pole Vault	12' 01"
Heath Whittle	1958	O	Pole Vault	12' 04"
Heath Whittle	1959	O	Pole Vault	12' 4.5"
John Puckett	1966	O	880 Yard Run	1:57.30
Jamorva Funderburke	1997	4A	Long Jump	24' 08"
Jamorva Funderburke	1998	4A	Long Jump	23' 10"
Stephen Haas	2001	4A	1600 Meter Run	4:16.29
Stephen Haas	2001	4A	3200 Meter Run	9:28.44
Vincent Crisp	2015	4A	800 Meter Run	1:52.57
Ishaq Smith	2017	4A	200 Meter Dash	21.83
	2018	4A	4X100 Relay	41.84
Chancellor Crawford	2018	4A	Discus	170' 03"
Chancellor Crawford	2018	4A	Shot Put	58' 4.00"
Brayden Radhuber	2021	4A	Discus	179' 02"

NORTH MOORE

Rashad Johnson	1997	1A	High Jump	6' 04"
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NORTH PITT

Aaron Roberson	1992	1/2	Long Jump	22' 6.5"
	2009	2A	4X400 Relay	3:24.81
Kendrick Smith	2010	2A	110M Hurdles	14.39

NORTH ROWAN

Harvey Archy	1986	1/2	300M Hurdles	39.95
Derrick Sims	1986	1/2	Discus	148' 10"
Harvey Archy	1987	1/2	300M Hurdles	39.30
	1987	1/2	4X200 Relay	1:28.82
	1987	1/2	4X400 Relay	3:21.43
Mike Stinson	1988	1/2	110M Hurdles	14.72

Mike Cross
Blair Ellis
Brian Ellis
Charles Barger
Brian Ellis
Marcus Gladden
Robert Steele

Marcus Gladden
Mike Long
Bennie Geter
Robert Steele
Bennie Geter
Robert Steele

Jeff Chambers
Robert Steele
Mike Long
Greg Yeldell
Bennie Geter

Greg Yeldell
Greg Yeldell
Greg Yeldell

Jeff Chambers
Greg Yeldell
Greg Yeldell
Greg Yeldell
Mario Williams
Greg Yeldell
Greg Yeldell
Greg Yeldell
Darnell Tillman

Terry Wood

NORTH ROWAN (CONTINUED)

Kenny Brown	2003	2A	Shot Put	53' 10.50"
Terry Wood	2003	2A	Triple Jump	47' 04"
Andre Tillman	2004	2A	300M Hurdles	38.55
	2004	2A	4X200 Relay	1:27.56
Andre Tillman	2004	2A	MOP	
Andre Tillman	2004	2A	Triple Jump	48' 08"

1988	1/2	4X200 Relay	1:29.80
1988	1/2	4X800 Relay	8:06.93
1988	1/2	Shot Put	51' 2.00"

1990	3A	MOP	
1990	3A	Triple Jump	50' 02.25"
1991	3A	300M Hurdles	38.80
1991	3A	Triple Jump	50' 1.5"
1994	2A	100 Meter Dash	10.72
1994	2A	110M Hurdles	14.74
1994	2A	4X200 Relay	1:30.04
1994	2A	4X800 Relay	8:15.22
1994	2A	400 Meter Dash	48.50
1994	2A	Shot Put	54' 5.50"
1995	2A	100 Meter Dash	10.76
1995	2A	110M Hurdles	14.50
1995	2A	200 Meter Dash	22.02
1995	2A	300M Hurdles	37.71
1995	2A	4X200 Relay	1:27.05
1995	2A	4X400 Relay	3:27.22
1995	2A	Discus	152' 05"

1995	2A	MOP	
1995	2A	Shot Put	54' 10.00"
1995	2A	Triple Jump	47' 8.5"
1996	2A	200 Meter Dash	21.88
1996	2A	4X200 Relay	1:28.59
1996	2A	4X400 Relay	3:28.99
1996	2A	Long Jump	23' 06"
1996	2A	MOP	

1996	2A	Triple Jump	48' 11.75"
1997	2A	4X200 Relay	1:30.23
1997	2A	4X400 Relay	3:29.66
1997	2A	Discus	172' 07"
1997	2A	Long Jump	23' 8.25"
1997	2A	MOP	
1997	2A	Triple Jump	48' 10"
1998	2A	300M Hurdles	38.33
1998	2A	Long Jump	23' 02"
1998	2A	MOP	
1998	2A	Triple Jump	50' 2.5"
1999	2A	Triple Jump	45' 4.5"
2003	2A	4X200 Relay	1:28.88
2003	2A	MOP	

Larry Jackson	2005	2A	300M Hurdles	39.29
Demarcus Stallings	2005	2A	High Jump	6' 08"
Phillip Bush	2006	2A	100 Meter Dash	10.71
Phillip Bush	2007	2A	100 Meter Dash	10.84
John Bostick	2007	2A	110M Hurdles	14.11
Phillip Bush	2007	2A	200 Meter Dash	21.66
John Bostick	2007	2A	300M Hurdles	39.18
John Bostick	2008	2A	110M Hurdles	14.10
Rodney Smith	2008	2A	300M Hurdles	39.16
Johnny Oglesby	2011	1A	110M Hurdles	14.62
Johnny Oglesby	2011	1A	300M Hurdles	38.71
	2011	1A	4X100 Relay	43.16
Garland Archie	2011	1A	Discus	144' 07"
Johnny Oglesby	2011	1A	Long Jump	21' 11.50"
Johnny Oglesby	2011	1A	MOP	
Garland Archie	2011	1A	Shot Put	49' 9.50"
Samuel Starks	2011	1A	Triple Jump	45' 04"
Johnny Oglesby	2012	1A	110M Hurdles	14.40
Johnny Oglesby	2012	1A	300M Hurdles	39.08
Johnny Oglesby	2012	1A	Long Jump	22' 06"
Johnny Oglesby	2012	1A	MOP	
Kendrell Goodes	2021	1A	High Jump	6' 06"

NORTH STANLY

Jeff Stickney	1989	1/2	Shot Put	49' 4.50"
Jeff Stickney	1990	1/2	Shot Put	52' 7.50"
Ezit Bennett	1996	2A	110M Hurdles	15.01
	1999	2A	4X100 Relay	43.34

NORTH STOKES

Eddie Deatheridge	1979	O	120 YD Hurdles	14.49
Bradley Hicks	1994	1A	Pole Vault	14' 00"
Torry Nergart	1995	1A	Pole Vault	12' 00"
Darren Shuff	1996	1A	300M Hurdles	40.92
Clayton Vaden	1996	1A	Discus	139' 05.75"
Clayton Vaden	1996	1A	MOP	
Clayton Vaden	1996	1A	Shot Put	48' 4.50"
Tony Nergart	1997	1A	Pole Vault	13' 00"
Larry Simmons	1997	1A	Shot Put	49' 9.25"
Terry Watson	2001	1A	Pole Vault	14' 3.75"
Terry Watson	2002	1A	Pole Vault	14' 06"
Harry Boney	2004	1A	Triple Jump	43' 10"

NORTH STOKES (CONTINUED)

James Simmons	2005	1A	Long Jump	22' 1.5"
James Simmons	2005	1A	Triple Jump	46' 3.75"
Josh Wilmoth	2007	1A	Pole Vault	12' 00"
Sean Nickell	2009	1A	Pole Vault	13' 00"
Justin Kenard	2014	1A	800 Meter Run	1:59.01
Justin Kenard	2015	1A	800 Meter Run	1:58.44



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Laith Nickell 2015 1A Pole Vault 14' 00"
Zach Chesnet 2017 1A Pole Vault 14' 00"

NORTH SURRY

Ryan Eldridge 2018 2A Shot Put 59' 2.00"
Jared Hiatt 2022 2A Long Jump 22' 10.75"
Jared Hiatt 2023 2A Long Jump 22' 03.00"

NORTHEAST GUILFORD

Stacy Friel 1985 O Discus 164' 02"
Stacy Friel 1985 O Shot Put 55' 11.00"
Tony Harris 1987 3A Triple Jump 47' 10.75"
Bryan Jenkins 1989 3A Triple Jump 48' 10"
Damon Vaughn 1994 3A Triple Jump 47' 04"
Bride McBride 1996 3A Pole Vault 13' 06"
Brett Wilson 2001 3A 200 Meter Dash 22.14
Brett Wilson 2001 3A 400 Meter Dash 47.10
Brett Wilson 2001 3A MOP
2013 3A 4X400 Relay 3:19.60
LeAndre McGill 2013 3A 400 Meter Dash 48.85
Gary Woosley 2013 3A Triple Jump 46' 06"
2014 3A 4X200 Relay 1:27.76

NORTHEASTERN

James White 1990 4A Discus 149' 11"
2016 2A 4X400 Relay 3:25.85
2016 2A 4X800 Relay 8:06.22
2019 2A 4X200 Relay 1:29.37
2023 2A 4X200 Relay 1:28.40
Junior Payton-Kimble 2023 2A Shot Put 57' 04.25"
Junior Payton-Kimble 2023 2A Discus 169' 08.00"

NORTHERN DURHAM

Alston Glenn 1980 O 100 Yard Dash 10.53
Mike Salzano 1975 O Shot Put 61' 4.50"
Alston Glenn 1980 O 200 Meter Dash 21.02
Alston Glenn 1981 O 200 Meter Dash 21.44
Greg Neal 1981 O Long Jump 24' 04"
Russell McClain 1988 4A Long Jump 23' 10.75"
A.J. Davis 1999 4A High Jump 6' 06"
A.J. Davis 2001 4A Long Jump 24' 10.5"
A.J. Davis 2001 4A Triple Jump 48' 6.5"
John Gattis 2002 4A 300M Hurdles 38.60
A.J. Davis 2002 4A Long Jump 24' 07"
A.J. Davis 2002 4A MOP
A.J. Davis 2002 4A Triple Jump 48' 00"

NORTHERN DURHAM (CONTINUED)

Blake Williams 2010 4A 1600 Meter Run 4:13.11
Blake Williams 2011 4A 1600 Meter Run 4:19.20

Miles Hill
Miles Hill
Miles Hill
Miles Hill
Miles Hill
Miles Hill
Miles Hill

NORTHERN GUILFORD

Jimmy Hollingsworth 2012 3A 1600 Meter Run 4:20.36
T.J. Logan 2012 3A 200 Meter Dash 21.54
T.J. Logan 2013 3A 100 Meter Dash 10.65
T.J. Logan 2013 3A 200 Meter Dash 21.61
2013 3A 4X100 Relay 41.99
2013 3A MOP
2014 3A 4X800 Relay 7:59.96
2014 3A 800 Meter Run 1:52.30
2017 3A 3200 Meter Run 9:21.59
2018 3A 3200 Meter Run 9:16.27
2021 3A 1600 Meter Run 4:16.97

NORTHERN NASH

Jack Freeman 1973 O 120 YD Hurdles 14.20
Fred Douglas 1992 4A 300M Hurdles 38.00
1992 4A 4X800 Relay 8:08.04
Joel Freeman 1994 4A Pole Vault 15' 00"
Jason Knightlinger 1995 4A Pole Vault 13' 00"
Gordon Smith 2003 4A High Jump 6' 06"
Gordon Smith 2004 4A High Jump 6' 08"
Donta Dancy 2006 3A 110M Hurdles 14.53
Jeremy Bell 2006 3A 300M Hurdles 38.35

NORTHERN VANCE

1998 2A 4X400 Relay 3:25.87
1999 2A 4X200 Relay 1:31.55
1999 2A 4X400 Relay 3:29.87
1999 2A Discus 149' 07"
2000 2A Discus 149' 10"
2001 2A Pole Vault 14' 06"
2001 2A Shot Put 54' 2.00"
2003 2A 4X100 Relay 43.60

NORTHSIDE-JACKSONVILLE

1995 2A 4X800 Relay 8:08.38
2009 2A Shot Put 58' 7.00"
2023 3A Shot Put 51' 11.00"

NORTHWEST CABARRUS

Kenneth Banks 1990 3A Discus 160' 06"

Phillip Stafford 2001 3A 1600 Meter Run 4:23.92

NORTHWEST FORSYTH

Milton Baugess 1961 O 120 YD Hurdles 15.60

NORTHWEST GUILFORD

Scott Houston 2007 4A Pole Vault 15' 05"
Scott Houston 2008 4A Pole Vault 16' 00"
Carl Walton 2011 4A 800 Meter Run 1:54.60
Daniel Estrada 2015 4A 100 Meter Dash 10.46
Sheldon Ulmer 2021 4A High Jump 6' 02.00"
Sheldon Ulmer 2022 4A High Jump 6' 6"

NORTHWOOD

Keith Alston 1986 1/2 Triple Jump 46' 07"
Josh Harrell 1990 1/2 Pole Vault 13' 06"
Maurice Perry 1991 1/2 300M Hurdles 38.79
Preston Thomas 1991 1/2 400 Meter Dash 48.95
Preston Thomas 1992 1/2 400 Meter Dash 48.78
Tobias Palmer 2008 2A 100 Meter Dash 10.58
Cameron Council 2017 3A 200 Meter Dash 21.74
Cameron Council 2017 3A 400 Meter Dash 48.39
Cameron Council 2017 3A MOP
Cameron Council 2018 3A 100 Meter Dash 10.64
Cameron Council 2018 3A 200 Meter Dash 21.41
Noah Nielson 2023 3A 800 Meter Run 1:53.73

OAK GROVE

Jacob Murphy 2022 3A Pole Vault 13' 6"

OLD RICHMOND

Creech 1940 O Pole Vault 10' 09"

OLD TOWN

Holt 1934 O 1 Mile Run 4:40.00

OLYMPIC

David Ward 1974 O Pole Vault 15' 00"
Ed Reid 1986 3/4 Discus 162' 10"
1991 4A 4X200 Relay 1:27.74
Steven Bollinger 2009 3A 1600 Meter Run 4:20.15
Steven Bollinger 2009 3A 3200 Meter Run 9:37.16
Khalil Scott 2018 4A Long Jump 23' 10.5"
Kyle Lind 2019 4A 110M Hurdles 14.01

ORANGE

Alvis Whited 1993 4A 100 Meter Dash 10.67
Alvis Whited 1993 4A 200 Meter Dash 21.21
Alvis Whitted 1993 4A MOP



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Bradsher Wilkins	1998	4A	1600 Meter Run	4:17.42
Bradsher Wilkins	1998	4A	3200 Meter Run	9:24.78
Bradsher Wilkins	1999	4A	MOP	
Andrew Byrd	2009	2A	Discus	181' 01"
Jamar Davis	2018	3A	Long Jump	23' 05"
Jamar Davis	2018	3A	MOP	
Jamar Davis	2018	3A	Triple Jump	49' 10.75"
Gabriel Schmid	2023	3A	3200 Meter Run	9:14.94

OVERHILLS

Emanuel Davis	2007	3A	Long Jump	22' 06"
Karl Clemens	2009	3A	100 Meter Dash	11.11
	2016	4A	4X400 Relay	3:19.10

OWEN

	1997	2A	4X800 Relay	8:06.52
	1998	2A	4X800 Relay	8:18.98
	1999	2A	4X800 Relay	8:20.59
Brandon Pung	2004	2A	3200 Meter Run	9:35.56
Brandon Pung	2005	2A	3200 Meter Run	9:39.52
Jaheem O'Hara	2023	2A	800 Meter Run	1:54.81
	2023	2A	4X400 Relay	3:27.69

OXFORD

Luther Williams	1928	O	Shot Put	47' 11.50"
Luther Williams	1929	O	Shot Put	47' 10.50"
Frazier	1932	O	1 Mile Run	4:43.40
Frazier	1932	O	880 Yard Run	2:06.80

OXFORD ORPHANAGE

Sammy Gibbs	1961	O	High Jump	6' 0.75"
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Michael Brooks	1985	O	400 Meter Dash	47.56
Vince Howard	1988	4A	1600 Meter Run	4:19.43
Paul Kinser	1991	4A	1600 Meter Run	4:21.09
Paul Kinser	1991	4A	3200 Meter Run	9:36.99
Dexter Adams	2004	4A	Long Jump	23' 07"
Jean-Lou Pare	2021	4A	3200 Meter Run	9:15.26

PAMLICO COUNTY

Aswad Credle	1995	1A	400 Meter Dash	50.99
Dominique Hill	1995	1A	Discus	138' 02.75"

PAMLICO COUNTY (CONTINUED)

	1999	1A	4X100 Relay	41.19
Frederick Fisher	2000	1A	100 Meter Dash	10.98
Frederick Fisher	2000	1A	200 Meter Dash	22.25
	2000	1A	4X100 Relay	42.44
	2000	1A	4X200 Relay	1:30.95

Alex Midgette	
Deronte Polite	
Kurtis Hackney	
Eric DeOliviera	
Eric DeOliviera	
Zy'Mire Harper	
Zy'Mire Harper	
Malachi Sheffield	
Malachi Sheffield	
Malachi Sheffield	

Justin Hayes	
Jared Harrell	

Scott Fletcher	
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Charles Lindsay	
Charles Lindsay	
Jarrell Elliott	

John Tillman	
Michael Cunningham	

John Schilkowsky	
John Schilkowsky	
Vance Jones	

Lee McRae	
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Dean Taylor	
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Chad Jordan	
Chad Jordan	
Lamar Whidbee	

2000	1A	4X400 Relay	3:27.72
2000	1A	Long Jump	22' 08.25"
2001	1A	4X200 Relay	1:31.72
2001	1A	400 Meter Dash	50.32
2007	1A	High Jump	6' 06"
2011	1A	Pole Vault	13' 06"
2012	1A	Pole Vault	13' 00"
2023	1A	100 Meter Dash	10.80
2023	1A	MOP	
2023	1A	200 Meter WC	1:17.45
2023	1A	Shot Put WC	10'02.00"
2023	1A	Discus WC	19'09.00"

PANTHER CREEK

2021	4A	1600 Meter Run	4:11.92
2022	4A	Triple Jump	48' 2.5"

PARKLAND

1987	4A	110M Hurdles	13.92
2006	3A	4X200 Relay	1:28.50
2007	3A	110M Hurdles	14.04
2007	3A	300M Hurdles	38.55
2008	3A	400 Meter Dash	48.17
2017	4A	4X100 Relay	41.46
2017	4A	4X200 Relay	1:26.56

PARKWOOD

1983	O	Triple Jump	50' 08"
2001	2A	100 Meter Dash	10.97
2019	3A	4X100 Relay	41.62

PATTON

2008	2A	800 Meter Run	1:57.28
2009	2A	800 Meter Run	1:54.04
2022	2A	800M Run	1:55.76
2022	2A	4X800 Relay	8:11.54

PEMBROKE

1983	O	100 Meter Dash	10.53
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PENDER

1986	1/2	Shot Put	52' 00.00"
1990	3A	4X400 Relay	3:20.85
2018	1A	4X100 Relay	43.47

PERQUIMANS

2001	1A	100 Meter Dash	10.97
2001	1A	200 Meter Dash	22.46
2007	1A	200 Meter Dash	22.20

Ty'Quen Fain	2016	1A	100 Meter (WC)	18.98
Ty'Quen Fain	2016	1A	200 Meter (WC)	36.29
Ty'Quen Fain	2016	1A	400 Meter (WC)	1:19.61
Ty'Quen Fain	2016	1A	Shot Put (WC)	19' 01"

PERSON

Jack Cameron	1979	O	Triple Jump	47' 10"
Buddy Priest	1996	4A	3200 Meter Run	9:27.51
Dontavian Smith	2016	4A	200 Meter Dash	21.51

PIEDMONT

Brandon Helms	2003	3A	1600 Meter Run	4:23.48
Brandon Helms	2003	3A	3200 Meter Run	9:56.44
Brandon Helms	2003	3A	MOP	
	2014	3A	4X400 Relay	3:24.13
Ty Jaye Robbins-Lockhart	2014	3A	400 Meter Dash	47.49
Ty Jaye Robbins-Lockhart	2015	3A	400 Meter Dash	46.72
J.T. Reid	2016	3A	High Jump	6' 04"
Tylor Brown	2017	3A	Shot Put (WC)	10' 06"

PINE FOREST

Bruce Raynor	1986	3/4	Pole Vault	13' 00"
	1994	4A	4X400 Relay	3:18.49
	1995	4A	4X400 Relay	3:17.67
	1996	4A	4X400 Relay	3:18.21
	2005	4A	110M Hurdles	14.04
	2007	4A	Long Jump	22' 04.5"
	2007	4A	Triple Jump	47' 6.5"
	2008	4A	Triple Jump	47' 09"
	2014	4A	800 Meter Run	1:52.89
	2014	4A	Discus	161' 05"

Charles Derrickson	
Lincoln Carr	
Lincoln Carr	
Lincoln Carr	
Dakota Schuab	
Ryan Davis	

Cole Krehnbrink	
Lukas Valley	

PINE LAKE PREP

2019	1A	400 Meter Dash	49.61
2021	1A	300M Hurdles	40.71

PINECREST

Jeff Moody	1974	O	880 Yard Run	1:55.70
Isaiah Simmons	1975	O	Triple Jump	47' 5.5"
Ed Monroe	1990	4A	Pole Vault	14' 00"
Ernest Hill	1997	4A	Triple Jump	47' 6.75"
Tron Chavis	1998	4A	800 Meter Run	1:53.40
Jason Smith	1999	4A	Triple Jump	49' 05"
	2005	4A	4X800 Relay	7:53.74
	2006	4A	4X800 Relay	7:45.82
Tyrese Kelly	2017	4A	Long Jump	22' 4.75"
Tyrese Kelly	2017	4A	Triple Jump	46' 8.5"

PISGAH



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Jim Parrott 1975 O 440 Yard Dash 48.40
Aaron Mabry 2004 2A 800 Meter Run 1:56.97

POLK COUNTY

Regis Bittle 2007 1A Shot Put 52' 3.25"
John Wolfe 2008 1A 1600 Meter Run 4:26.34

POLK COUNTY (CONTINUED)

John Wolfe 2008 1A 800 Meter Run 1:58.46
John Wolfe 2008 1A MOP
Regis Bittle 2008 1A Shot Put 54' 4.00"
John Wolfe 2009 1A 1600 Meter Run 4:26.64
John Wolfe 2009 1A 800 Meter Run 1:55.50
John Wolfe 2015 2A 4X800 Relay 8:03.06
Jake Justice 2018 1A Pole Vault 14' 06"
Jake Justice 2019 1A Pole Vault 15' 01"
Harrison Waddell 2021 1A Shot Put 49'02.00"
2022 2A 4X400 Relay 3:27.71

PORTER RIDGE

Jaylen Coleman 2018 4A 100 Meter Dash 10.83
Jacob Laney 2022 4A 3200M Run 9:13.12
Jacob Laney 2023 4A 1600 Meter Run 4:06.06
Jacob Laney 2023 4A 3200 Meter Run 8:58.04

PRINCETON

Gerell Bogle 2007 1A Triple Jump 45' 1.25"
T.J. Wilson 2008 1A 300M Hurdles 38.86
T.J. Wilson 2008 1A Triple Jump 44' 02"
T.J. Wilson 2009 1A Triple Jump 46' 09"
T.J. Wilson 2010 1A 110M Hurdles 14.39
T.J. Wilson 2010 1A 300M Hurdles 38.58
T.J. Wilson 2010 1A MOP

PROVIDENCE

Brian Calloway 1992 4A 3200 Meter Run 9:41.86
Ben Huff 1992 4A Discus 166' 08"
Ben Huff 1993 4A Discus 182' 00"
Justin Nieldsziak 1994 4A 3200 Meter Run 9:27.14
2003 4A 4X100 Relay 42.26
Chris Davis 2004 4A 100 Meter Dash 10.63
Jordan Javadi 2012 4A 110M Hurdles 14.21
Cedric McGriff 2017 4A 110M Hurdles 14.25

PURNELL SWETT

Demond Smith 1991 4A Discus 159' 07"

QUEENS GRANT

Lucas Brown 2018 1A 1600 Meter Run 4:28.60

R-S CENTRAL

Chris Michaels 1980 O Long Jump 22' 08.5"
Rocky Bilotta 2000 3A 3200 Meter Run 9:46.69
Tyrese Miller 2022 2A High Jump 6' 6"

R.J. REYNOLDS

Daniels 1921 O Discus 105' 03"
Houghens 1925 O 100 Yard Dash 10.30

R.J. REYNOLDS (CONTINUED)

Houghens 1925 O 220 Yard Dash 23.00
O'Brien 1926 O Discus 102' 11"
Buie 1926 O High Jump 5' 05"
Brewer 1928 O High Jump 5' 09"
Thornton 1932 O High Jump 5' 08"
McNulty 1933 O 440 Yard Dash 53.00
Childress 1935 O Discus 109' 05"
Childress 1936 O Discus 120' 01"
Ashburn 1936 O High Jump 5' 7.75"
Darnell 1937 O Discus NA
Bill Vogler 1937 O Long Jump 20' 8.75"
Vawter 1938 O 1 Mile Run 4:51.50
Jack Taylor 1938 O 120 YD Hurdles 15.20
Dalton Clower 1938 O 440 Yard Dash 53.70
Mangum 1939 O 120 YD Hurdles 15.30
Dalton Clower 1939 O 440 Yard Dash 52.30
Thomas 1939 O 880 Yard Run 2:07.30
Dalton Clower 1940 O 440 Yard Dash 50.90
Dalton Clower 1941 O 440 Yard Dash 51.80
Allspaugh 1941 O Pole Vault 10' 06"
Eddie Butler 1944 O Shot Put NA
McConkey 1947 O High Jump 5' 03"
Beall 1950 O 120 YD Hurdles 15.60
Spangler 1951 O 880 Yard Run 2:05.40
Yoder 1952 O High Jump 5' 10"
Bill Gramley 1952 O Shot Put 47' 4.25"
Harwood 1953 O 440 Yard Dash 52.30
Borner 1953 O 880 Yard Run 2:04.60
Bill Gramley 1953 O Discus 150' 10.63"
Cowles Leippert 1955 O 1 Mile Run 4:41.10
Cowles Leippert 1956 O 1 Mile Run 4:38.50
Ratcliff 1956 O 880 Yard Run 2:02.10
Wilfred Turner 1957 O High Jump 5' 07"
Wilford Turner 1958 O 120 YD Hurdles 15.30
Larry Budd 1959 O 440 Yard Dash 52.10
Steve Phile 1961 O 440 Yard Dash 51.20
Arthur Jacobson 1961 O 880 Yard Run 2:05.50
Reid Warren 1962 O 120 YD Hurdles 14.80
Thomas Little 1968 O 440 Yard Dash 49.30

Wayne Douthit 1972 O 440 Yard Dash 48.90
Glen Mays 1988 4A 3200 Meter Run 9:22.14
Rob Thomas 1988 4A High Jump 7' 00"
Hunter Graham 2001 4A 800 Meter Run 1:56.06
Robert Boulware 2006 4A Discus 158' 04"
Mekhi Dunlap 2018 4A 110M Hurdles 14.46
John Tatter 2018 4A 3200 Meter Run 9:22.72

RAGSDALE

Lance Hall 2001 3A 3200 Meter Run 9:39.85
Ben Whitney 2001 3A Shot Put 58' 3.00"
Lance Hall 2002 3A 1600 Meter Run 4:28.87
Lance Hall 2002 3A 3200 Meter Run 9:41.46
Toney Baker 2004 3A Shot Put 54' 11.75"
Toney Baker 2005 3A Shot Put 56' 3.50"
Michael Allen 2007 3A 800 Meter Run 1:58.72
Winston Craig 2013 4A Discus 182' 01"
Christopher Coke 2016 4A 400 Meter (WC) 2:05.10
Christopher Coke 2019 4A 200 Meter (WC) 58.12
Christopher Coke 2019 4A Discus (WC) 39' 01"
Christopher Coke 2019 4A Shot Put (WC) 14' 03"

RALEIGH

Seaman Hudson 1931 O 1 Mile Run 4:36.40
Wood 1936 O Shot Put 46' 3.00"
Sanderford 1944 O Discus 105' 10.5"
Groves 1944 O High Jump 5' 07"
Laddie Terrell 1944 O Long Jump 20' 5.25"
Laddie Terrell 1945 O 100 Yard Dash 10.60
B.K. Grown 1945 O 120 YD Hurdles 16.30
Cave 1945 O 440 Yard Dash 54.00
B.K. Grown 1945 O High Jump 5' 5.25"
Pickett 1945 O High Jump 5' 5.25"
Laddie Terrell 1945 O Long Jump 19' 2.50"
B.K. Grown 1945 O Shot Put 43' 10.00"
Jimmy Cain 1946 O 440 Yard Dash 52.70
Jimmy Cain 1947 O 220 Yard Dash 22.40
Jimmy Cain 1947 O 440 Yard Dash 50.50
Jimmy Cain 1947 O Discus 109' 08"
Wadsworth 1948 O 100 Yard Dash 10.20
Wesley Ledford 1949 O 880 Yard Run 2:01.20
Shockley 1950 O 1 Mile Run 4:39.00
Wesley Ledford 1950 O 440 Yard Dash 52.90
Wesley Ledford 1950 O 880 Yard Run 2:03.50
Jones 1951 O Shot Put 47' 3.38"
Upchurch 1953 O Pole Vault 10' 09"
Upchurch 1954 O Pole Vault 11' 10"
Laddie Terrell 1945 O 220 Yard Dash 23.80



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



RALEIGH CHARTER

Chris O'Brien	2014	1A	1600 Meter Run	4:31.22
Vidusha Rao	2015	1A	300M Hurdles	40.48
Enoch Cheung	2017	1A	110M Hurdles	15.06
Enoch Cheung	2017	1A	300M Hurdles	39.94

RANDLEMAN

Umar Abdul-Matin	2018	2A	110M Hurdles	14.74
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RANKIN

Marvin Peele	1958	O	Discus	141' 05"
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REAGAN

Craig Engels	2012	4A	1600 Meter Run	4:18.24
	2012	4A	4X800 Relay	7:50.60
Craig Engels	2012	4A	800 Meter Run	1:54.43
Craig Engels	2012	4A	MOP	
	2018	4A	4X200 Relay	1:26.39
	2019	4A	4X100 Relay	41.16
	2019	4A	4X200 Relay	1:25.49
	2021	4A	4X100 Relay	41.83
Jonathan Koger	2023	4A	High Jump	6'08.00"

RED SPRINGS

Miguel Ellis	1996	1A	100 Meter Dash	11.29
	1999	1A	4X400 Relay	3:30.34
Gwyhan Parker	2000	1A	400 Meter Dash	50.56

REIDSVILLE

G.H. Miller	1924	O	120 YD Hurdles	16.50
Brad Carter	1988	4A	800 Meter Run	1:54.32
Brad Carter	1989	4A	800 Meter Run	1:52.96
Billy Blackstock	1998	2A	200 Meter Dash	21.82
Billy Blackstock	1998	2A	400 Meter Dash	49.25
Joseph Moore	1998	2A	Discus	159' 10"
Adam Lindsay	2002	2A	3200 Meter Run	9:58.47
Daniel Slayden	2003	2A	1600 Meter Run	4:31.50
	2004	2A	4X400 Relay	3:21.51
	2004	2A	4X800 Relay	8:14.93
	2005	2A	4X800 Relay	8:09.27
	2006	2A	4X800 Relay	8:02.09
Elliott Graves	2015	2A	110M Hurdles	14.22
Elliott Graves	2016	2A	110M Hurdles	13.79
Elliott Graves	2016	2A	300M Hurdles	37.65
Elliott Graves	2016	2A	MOP	

RESEARCH TRIANGLE

	2015	1A	4X800 Relay	8:15.01
Matthew Swepson	2018	1A	Discus	140' 09"

Matthew Swepson	2019	1A	Discus	149' 08"
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RICHLANDS

Eric Riddick	1993	1/2	Long Jump	22' 09.75"
Eric Riddick	1993	1/2	MOP	
Eric Riddick	1993	1/2	Triple Jump	48' 9.75"
Eric Riddick	1994	1A	Long Jump	23' 04"
Eric Riddick	1994	1A	MOP	
Eric Riddick	1994	1A	Triple Jump	47' 2.5"
Andre Bruinton	1995	1A	300M Hurdles	41.07

RICHLANDS (CONTINUED)

	1995	1A	4X200 Relay	1:33.17
Dwayne Berry	1996	1A	High Jump	6' 02"
	2016	3A	4X800 Relay	7:47.56
R.J. Russell	2016	3A	400 Meter Dash	48.86

RICHMOND

Darius Covington	1977	O	100 Yard Dash	9.79
Derius Covington	1977	O	220 Yard Dash	21.42
A.J. McDonald	1988	4A	100 Meter Dash	10.80
R.J. McDonald	1988	4A	MOP	
Jon DeBarry	1990	4A	High Jump	6' 10"
Tony Horne	1994	4A	110M Hurdles	14.43
Brian Norwood	1998	4A	Shot Put	52' 4.00"

RIVERSIDE-MARTIN

Jeremiah Wilson	2016	1A	100 Meter Dash	11.04
Tyquan Bunch	2021	1A	Long Jump	21'07.75"

ROANOKE

Donnie Wallace	1983	O	Shot Put	58' 10.00"
Saleem Lopez	1994	1A	200 Meter Dash	22.08
Donnie Wallace	1981	O	Shot Put	56' 4.00"

ROANOKE RAPIDS

Vaughn	1925	O	Shot Put	39' 8.88"
Walter Jones	1987	1/2	100 Meter Dash	10.70
Walter Jones	1987	1/2	400 Meter Dash	49.04
Walter Jones	1987	1/2	MOP	
John Cuthrell	1989	1/2	1600 Meter Run	4:25.93
	1998	2A	4X200 Relay	1:29.51
Will Ricks	2003	2A	3200 Meter Run	9:54.96
A.J. Alston	2012	2A	Long Jump	22' 04.5"

ROBBINSVILLE

Seth Adams	1994	1A	110M Hurdles	15.57
Seth Adams	1994	1A	300M Hurdles	39.82
Ty Gibbs	2003	1A	110M Hurdles	14.62
Ty Gibbs	2003	1A	300M Hurdles	39.87

CLINT MCNEILLY

Trey Jones	2009	1A	300M Hurdles	38.94
Landon Hunt	2010	1A	Pole Vault	15' 00"
Jacob Lewis	2016	1A	High Jump	6' 04"
Brock Adams	2021	1A	110M Hurdles	16.35
Brock Adams	2022	1A	110M Hurdles	15.54
Brock Adams	2022	1A	300M Hurdles	40.43
Brock Adams	2023	1A	110M Hurdles	15.11
Brock Adams	2023	1A	300M Hurdles	40.50

ROCKINGHAM

Jack McDowell	1924	O	High Jump	5' 03"
Jack McDowell	1924	O	Long Jump	18' 8.75"
Jack McDowell	1924	O	Pole Vault	9' 06"
Childers	1931	O	High Jump	5' 7.75"

ROCKINGHAM COUNTY

Chris Glenn	1998	3A	Shot Put	52' 11.25"
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ROCKY MOUNT

Cade	1941	O	Pole Vault	10' 06"
Dennis Jones	1971	O	220 Yard Dash	21.80
Nick Winkel	1997	4A	3200 Meter Run	9:31.19
Charles Hooper	1997	4A	Shot Put	54' 9.00"
Michael Mason	2003	4A	Triple Jump	46' 00"
Jocobi Jenkins	2008	3A	110M Hurdles	14.40
Jaquell Bryant	2013	3A	High Jump	6' 06"
Sherrod Greene	2016	3A	Shot Put	55' 11.50"
Sherrod Greene	2017	3A	Discus	154' 09.5"

ROCKY MOUNT PREP

Terrance Booth	2019	1A	110M Hurdles	15.22
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ROCKY RIVER

Christopher Alexander	2018	4A	Triple Jump	49' 04"
Christopher Alexander	2019	4A	Triple Jump	50' 05"

ROSEWOOD

Bob Cooke	2001	1A	Shot Put	51' 9.25"
	2004	1A	4X400 Relay	3:35.28
Marquail Al-Montaser	2015	1A	110M Hurdles	15.57
	2015	1A	4X400 Relay	3:29.46
	2016	1A	4X400 Relay	3:29.00
Phillip Kostelecky	2017	1A	Discus (WC)	11' 03"
Phillip Kostelecky	2017	1A	Shot Put (WC)	9' 1.75"

ROXBORO

Jim Wilkins	1969	O	1 Mile Run	4:16.10
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Jim Wilkins	1970	O	1 Mile Run	4:15.20	Temercus McNeil	1997	4A	High Jump	6' 06"		2000	2A	4X400 Relay	3:26.82
					B.J. Henderson	2001	4A	400 Meter Dash	49.18	David Blackley	2002	2A	1600 Meter Run	4:30.54
						2004	4A	4X200 Relay	1:28.07		2008	2A	4X100 Relay	43.05
Moore	1939	O	1 Mile Run	4:45.80	J.R. Rogers	2005	4A	100 Meter Dash	10.60		2008	2A	4X200 Relay	1:29.71
						2005	4A	4X100 Relay	41.67		2009	2A	4X200 Relay	1:29.93
						2005	4A	4X200 Relay	1:28.33	Blanton Gillespie	2014	2A	1600 Meter Run	4:28.11
Julian McKenzie	1941	O	1 Mile Run	4:31.80	Emmanuel Jackson	2015	4A	110M Hurdles	13.70	Blanton Gillespie	2015	2A	1600 Meter Run	4:24.40
Bowden	1951	O	120 YD Hurdles	16.50						Lathan Kee	2017	2A	400 Meter Dash	48.59
Pat Hilliard	1967	O	Pole Vault	13' 08"										
John Boghans	1982	O	110M Hurdles	14.52	Wilkie	1931	O	High Jump	5' 7.75"					
Tim Leach	1982	O	Triple Jump	50' 5.25"	McLeod	1937	O	Pole Vault	11' 00"	William Atwater	1962	O	880 Yard Run	2:03.10
	SALISBURY (CONTINUED)													
Phillipe Williams	1986		1/2 Pole Vault	13' 06"										
Donald Jenkins	1987		1/2 1600 Meter Run	4:27.33	Don Lucas	1969	O	Long Jump	22' 7.25"	Richard Holmes	1971	O	440 Yard Dash	48.60
Adam Boyd	1988		1/2 200 Meter Dash	22.02	Robert Hicks	1978	O	High Jump	6' 10"					
	1988		1/2 4X400 Relay	3:22.44	James McDonald	1984	O	High Jump	6' 10"					
Andre Steele	1988		1/2 400 Meter Dash	48.28	James McDonald	1985	O	High Jump	6' 10"	Michael Clark	1988	4A	300M Hurdles	37.64
Andre Steele	1989		1/2 200 Meter Dash	21.91	Sy Creed	1987	4A	Pole Vault	14' 00"		1988	4A	4X400 Relay	3:16.79
	1989		1/2 4X400 Relay	3:21.57	Tyrell Tait	1989	4A	MOP		Maurice Hilliard	1989	4A	Pole Vault	13' 06"
Andre Steele	1989		1/2 400 Meter Dash	47.41	Tyrell Taitt	1989	4A	Long Jump	24' 00.5"	Henry Johnson	2010	4A	Pole Vault	14' 06"
Andre Steele	1989		1/2 MOP		Tyrell Taitt	1989	4A	Triple Jump	48' 03.75"					
Andre Steele	1990	3A	400 Meter Dash	47.51	Garrett Peterkin	2000	4A	Triple Jump	45' 07"					
Shawn Miller	1990	3A	High Jump	6' 8.25"	Akeem Hale	2001	4A	Discus	167' 09"	Robert Flythe	1990	1/2 300M Hurdles		38.58
Andre Steele	1991	3A	400 Meter Dash	46.86		2002	4A	4X100 Relay	41.82	Larry Brock	1996	3A	Discus	164' 02"
Jermaine Mayo	1993	3A	Long Jump	23' 0.5"	Jimmy Martin	2007	4A	Discus	152' 06"	Ryan Minor	2010	3A	Shot Put	58' 10.50"
Tyrone Fox	1993	3A	Triple Jump	47' 10.75"	Jimmy Martin	2007	4A	Shot Put	53' 4.50"	Ryan Minor	2011	3A	Shot Put	56' 2.50"
Desmond Adams	1996	2A	100 Meter Dash	11.04	Malik Diggs	2013	4A	110M Hurdles	14.40	Colin Minor	2013	3A	Shot Put	55' 5.00"
	1996	2A	4X100 Relay	42.30						Colin Minor	2014	3A	Shot Put	58' 6.00"
Brandon Cathcart	2005	2A	Long Jump	23' 05"										
Brandon Cathcart	2005	2A	MOP		Manual Griffin	1941	O	High Jump	5' 11"					
Brandon Cathcard	2005	2A	Triple Jump	47' 09"						Glenn Hicks	1997	3A	300M Hurdles	38.73
Romar Morris	2009	2A	100 Meter Dash	10.80						Mitchell Pope	2002	4A	Shot Put	60' 3.00"
Romar Morris	2009	2A	200 Meter Dash	21.85	Branch	1922	O	100 Yard Dash	10.60					
Romar Morris	2009	2A	MOP		Branch	1922	O	220 Yard Dash	24.00					
Romar Morris	2010	2A	100 Meter Dash	10.54										
Romar Morris	2010	2A	200 Meter Dash	21.47						Atolani Akinkuotu	2006	3A	100 Meter Dash	10.61
Romar Morris	2010	2A	MOP							Atolani Akinkuotu	2006	3A	200 Meter Dash	21.96
Rasean Bledsoe	2013	2A	Triple Jump	46' 04"	Melvin Scott	1973	O	Triple Jump	46' 1.75"		2013	3A	4X200 Relay	1:27.26
Brandon Cathcart	2004	2A	Long Jump	24' 2.5"	Jerome Ballew	1977	O	120 YD Hurdles	14.02	Dexter McDuffie	2017	4A	300M Hurdles	37.91
					Chucky Johnson	1988	4A	Shot Put	57' 11.50"	Dexter McDuffie	2018	4A	300M Hurdles	37.66
						1990	4A	4X200 Relay	1:27.74		2022	3A	4X800 Relay	8:00.13
					Charles Hawkins	1998	4A	200 Meter Dash	21.64	S'Quan Waters	2023	3A	Long Jump	22'00.50"
Haywood Ray	1972	O	100 Yard Dash	9.60	Charles Hawkins	1999	4A	Long Jump	23' 04"					
Lebaron Carruthers	1972	O	Discus	168' 01"										
John Holladay	1972	O	Shot Put	56' 9.00"										
John Holladay	1973	O	Shot Put	60' 8.50"	Harvey McSwain	1981	O	100 Meter Dash	10.62	Jason Green	1996	2A	Shot Put	51' 00.50"
Wayne Struble	1975	O	Pole Vault	13' 06"	Neveth Gidney	1990	3A	300M Hurdles	38.83	Antonio Kelly	2000	2A	300M Hurdles	39.17
Frank Bonsu	1994	4A	300M Hurdles	38.51	Montral Hamrick	1996	3A	110M Hurdles	14.18	James Smith	2000	2A	Long Jump	22' 11"
Aaron Sink	1997	4A	300M Hurdles	37.81	Milton Briscoe	1998	2A	Shot Put	52' 8.25"	Shawn Williams	2001	2A	High Jump	6' 06"



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Jermaine Smith 2016 1A 110M Hurdles 15.04
Jermaine Smith 2016 1A 300M Hurdles 40.69

SOUTH DAVIDSON

Lee Marrow 1996 1A 1600 Meter Run 4:34.38
Clarence Kinley 2001 1A 3200 Meter Run 10:13.77
2001 1A 4X800 Relay 8:22.51
2016 1A 4X800 Relay 8:09.31
Everette Rhymmer 2018 1A 800 Meter Run 1:58.06
Brent Surratt 2019 1A 1600 Meter Run 4:19.06
William Lyons 2022 1A 800 Meter Run 1:59.76
Ethan Byerly 2023 1A 800 Meter Run 1:59.40

SOUTH GRANVILLE

David Forsythe 1977 O Pole Vault 13' 07"

SOUTH IREDELL

Joe Wilson 1994 3A High Jump 6' 06"
Cory Gaither 2018 3A 300M Hurdles 37.18

SOUTH JOHNSTON

Deangelo Ruffin 2004 3A Long Jump 22' 9.5"
Deangelo Ruffin 2005 3A Long Jump 22' 2.75"
2008 3A 4X100 Relay 42.50

SOUTH LENOIR

Cannon Heath 2012 2A 800 Meter Run 1:56.50
Bryce Floyd 2013 2A 100 Meter (WC) 33.02
Bryce Floyd 2013 2A 200 Meter (WC) 1:07.69
Bryce Floyd 2013 2A Discus (WC) 31' 07"
Bryce Floyd 2013 2A Shot Put (WC) 11' 08"
Bryce Floyd 2014 2A Discus (WC) 33' 08"
Bryce Floyd 2014 2A Shot Put (WC) 12' 11"
Bryce Floyd 2016 2A Discus (WC) 38' 03"
Bryce Floyd 2016 2A Shot Put (WC) 16' 03"

SOUTH MECKLENBURG

Bobby Jones 1968 O High Jump 6' 06"
Bobby Jones 1970 O High Jump 6' 06"
2002 4A 4X400 Relay 3:20.91
Andrew Pearman 2002 4A 400 Meter Dash 48.20
Brandon Manshack 2003 4A Discus 161' 07"
Chase Eckard 2004 4A 1600 Meter Run 4:15.52
Kyle Spivey 2004 4A Pole Vault 14' 06"
Jabari Dalton 2019 4A 300M Hurdles 37.66
Graham Gutknecht 2021 4A Pole Vault 14'00.00"
Graham Gutknecht 2022 4A Pole Vault 15' 10"

SOUTH POINT

Glenn Sparrow 1978 O 1 Mile Run 4:17.15
Glenn Sparrow 1979 O 1 Mile Run 4:19.90
Phillip Childers 2001 3A Pole Vault 14' 00"
Phillip Childers 2002 3A Pole Vault 14' 06"
Phillip Childers 2003 3A Pole Vault 14' 06"
Justus Watkins 2011 3A Long Jump 22' 6.25"
Zane Andrews 2019 2A Pole Vault 14' 00"

SOUTH ROBESON

Rashawn Brown 1997 1A 100 Meter Dash 11.13
1997 1A 4X100 Relay 43.52
1997 1A 4X200 Relay 1:32.39
Robert Tillman 2001 1A Long Jump 22' 04.5"

SOUTH ROBESON (CONTINUED)

Robert Tillman 2002 2A Long Jump 23' 05"
Robert Tillman 2003 2A Long Jump 24' 04"

SOUTH ROWAN

Phillip Morgan 1994 4A Shot Put 54' 3.00"
Caleb Henley 2005 4A Pole Vault 15' 00"
Maverick Miles 2008 3A Pole Vault 14' 06"

SOUTH STANLY

Jonathan Walter 1999 1A Pole Vault 12' 06"
Al Rush 2002 1A 110M Hurdles 14.32
Al Rush 2002 1A 300M Hurdles 38.80
2003 1A 4X100 Relay 43.99
Austin Patterson 2003 1A Pole Vault 14' 03"
Austin Patterson 2004 1A Pole Vault 14' 00"
Eric Thomas 2006 1A 110M Hurdles 15.18
Joshawa Huneycutt 2023 1A 1600 Meter Run 4:25.60

SOUTH STOKES

Michael Townsend 2005 1A 300M Hurdles 40.93
John Ferguson 2005 1A Discus 139' 04"
Sam Brison 2006 1A 1600 Meter Run 4:34.25
Sam Brison 2006 1A 3200 Meter Run 10:18.64
2006 1A 4X800 Relay 8:36.43
2006 1A 800 Meter Run 2:00.83
2006 1A High Jump 6' 06"
2006 1A MOP
2006 1A Shot Put 50' 8.75"
2008 1A Discus 150' 04"
Barry Hairston 2023 1A High Jump 6'06.00"

SOUTH VIEW

Sam Mooring 1991 4A 110M Hurdles 14.28
1991 4A 4X100 Relay 41.80
Michael Moore 2010 4A 110M Hurdles 14.53

Xavier Brown 2013 4A 300M Hurdles 37.38
Xavier Brown 2014 4A 300M Hurdles 37.38
Philip Hall 2015 4A 1600 Meter Run 4:12.07
Philip Hall 2015 4A 3200 Meter Run 9:24.68
Isaiah Fultz 2019 4A 100 Meter (WC) 21.91

SOUTHEAST GUILFORD

George Simmons 1992 3A High Jump 6' 06"
Anthony Marshall 1994 2A 300M Hurdles 39.90
Bill Jackson 1995 2A 1600 Meter Run 4:23.83
1996 3A 4X200 Relay 1:28.38
1996 3A 4X400 Relay 3:22.34
1997 3A 4X200 Relay 1:28.73
1997 3A 4X400 Relay 3:20.02

SOUTHEAST HALIFAX

Reginald Pittman 1992 3A 1600 Meter Run 4:20.66
Reggie Pittman 1993 3A 800 Meter Run 1:56.79
Albert Whitaker 1996 2A 300M Hurdles 39.31

SOUTHEAST RALEIGH

2003 4A 4X400 Relay 3:20.54
2004 4A 4X400 Relay 3:19.47
2004 4A 4X800 Relay 7:52.71
Eric Smalls 2004 4A Shot Put 56' 5.00"
2007 4A 4X200 Relay 1:26.90
Keare Smith 2008 4A 300M Hurdles 37.64
Wayne Davis 2009 4A 110M Hurdles 13.58
2010 4A 4X400 Relay 3:16.29
Steven Bell 2010 4A High Jump 6' 06"
Steven Bell 2010 4A Triple Jump 48' 10"
Jaylon Holt 2012 4A Triple Jump 47' 3.5"
2014 4A 4X400 Relay 3:16.12
2014 4A 400 Meter Dash 47.77
2015 4A 4X400 Relay 3:20.33
2015 4A 4X800 Relay 7:55.01
Eric Haddock 2019 4A Long Jump 23' 03"

SOUTHERN ALAMANCE

J.J. Walker 1989 3A Long Jump 23' 2.5"
Kymani Dula 2015 4A 400 Meter Dash 48.21

SOUTHERN DURHAM

Isiah Parrish 1984 O 110M Hurdles 14.15
Brian Davis 1988 3A 400 Meter Dash 49.42
2002 3A 4X200 Relay 1:28.70
2008 4A Long Jump 22' 11"
2013 4A Shot Put 59' 6.00"
Khaleb McRae 2019 3A 300M Hurdles 36.78



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



SOUTHERN GUILFORD

William Graves	2008	2A	400 Meter Dash	48.29
Earl Green	2016	3A	110M Hurdles	14.44
Earl Green	2016	3A	300M Hurdles	38.97
Aaron Wilkerson	2017	3A	Shot Put	60' 3.50"
	2023	3A	4X200 Relay	1:29.41

SOUTHERN LEE

Damian Judd	2022	3A	Discus	148' 7"
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SOUTHERN NASH

Rashawn Deans	1995	3A	110M Hurdles	14.44
Arthur Deans	1998	3A	110M Hurdles	14.40
	1998	3A	4X400 Relay	3:23.10
Derrick High	1999	3A	200 Meter Dash	21.94

SOUTHERN NASH (CONTINUED)

	1999	3A	4X400 Relay	3:23.54
Derrick High	1999	3A	400 Meter Dash	47.92
Derrick High	1999	3A	MOP	
	2012	3A	4X200 Relay	1:29.32
Nadir Thompson	2016	3A	200 Meter Dash	21.55
Jaquay Mitchell	2016	3A	Triple Jump	47' 9.5"

SOUTHERN VANCE

Allen Simmons	1994	3A	110M Hurdles	14.68
Tommie Patrick	1996	3A	Long Jump	23' 03.5"
Corei Plummer	2006	2A	Discus	166' 06"
	2007	2A	4X200 Relay	1:29.48

SOUTHERN VANCE

Chris McKinney	1991	4A	Triple Jump	48' 7.25"
Stevie King	1992	4A	100 Meter Dash	10.64
Keith McMillian	1999	4A	400 Meter Dash	47.49
Sean White	2000	4A	Long Jump	23' 11"
Jermaine Baker	2002	3A	300M Hurdles	39.63

SOUTHSIDE

	2003	1A	4X400 Relay	3:33.14
	2005	1A	4X100 Relay	42.87
Jeremiah Marable	2006	1A	Long Jump	23' 00.5"
Tyreik Gaskin	2015	1A	200 Meter Dash	22.65
	2015	1A	4X200 Relay	1:31.40

SOUTHWEST EDGEcombe

Bobby Wooten	1988	3A	High Jump	6' 04"
Michael Carroll	1995	3A	300M Hurdles	39.57

SOUTHWEST GUILFORD

Kevin Stephenson	1987	1/2	110M Hurdles	14.74
	1987	1/2	4X100 Relay	42.95
Johnny Striblin	2004	3A	Triple Jump	46' 05"
Daniel Keller	2005	3A	Pole Vault	15' 09"
Jason Roberts	2007	3A	Shot Put	54' 6.50"
Cordell Livingston	2009	3A	110M Hurdles	14.31
Cordell Livingston	2009	3A	300M Hurdles	39.03
	2009	3A	4X200 Relay	1:29.63
Cordell Livingston	2009	3A	MOP	

SOUTHWEST ONSLOW

Keith Collins	1986	1/2	100 Meter Dash	10.94
Marcus Jones	1991	1/2	Discus	148' 06"
Marcus Jones	1992	1/2	Discus	161' 05"
Kareem Ellis	1994	1A	Shot Put	46' 2.25"
Kareem Ellis	1995	1A	Shot Put	51' 10.00"

SOUTHWEST ONSLOW (CONTINUED)

Brian Waters	1997	1A	200 Meter Dash	22.80
	1997	1A	4X800 Relay	8:34.85
Brian Waters	1997	1A	Long Jump	22' 00"
Brian Waters	1997	1A	MOP	
Brian Waters	1997	1A	Triple Jump	44' 2.25"
Sean Barnett	1998	2A	800 Meter Run	1:59.15
Jamaal Williams	2008	2A	200 Meter Dash	21.87
Aurelio Ottey	2015	2A	400 Meter Dash	48.64

SOUTHWESTERN RANDOLPH

	1990	1/2	4X800 Relay	8:21.40
Gabrial Striblin	1998	2A	High Jump	6' 04"

SPRING HOPE

Sykes	1929	O	High Jump	5' 8.5"
Sykes	1930	O	High Jump	5' 7.5"
Sykes	1930	O	Pole Vault	10' 10.25"

ST. PAULS

Lee McNeill	1984	O	100 Meter Dash	10.55
Lee McNeill	1984	O	200 Meter Dash	21.23
Richard Wright	1986	1/2	200 Meter Dash	22.20
LePatrick Currie	2007	2A	400 Meter Dash	49.69
David Shaw	2009	2A	300M Hurdles	39.09
	2010	2A	4X200 Relay	1:28.95

STARMOUNT

Bryan Lashley	2000	1A	Pole Vault	12' 06"
J. Cox	2005	1A	110M Hurdles	15.71
Antonio McCelland	2009	2A	Long Jump	22' 9.5"
Anton Combs	2010	2A	800 Meter Run	1:53.40
Antonio McCelland	2010	2A	Long Jump	22' 07"

Antonio McCelland	2010	2A	Triple Jump	46' 04"
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STATESVILLE

Barclay	1925	O	1 Mile Run	4:44.50
Chris Frazier	1992	3A	100 Meter Dash	10.98
Chris Frazier	1994	3A	200 Meter Dash	21.86
Jason Dingess	1996	3A	1600 Meter Run	4:30.78
Jason Dingess	1996	3A	3200 Meter Run	9:57.35
Jason Dingess	1996	3A	MOP	
Breon Borders	2013	3A	300M Hurdles	38.59
Samuel Johnson	2016	3A	Long Jump	22' 10"
Samuel Johnson	2017	3A	Long Jump	22' 8.5"

STOVALL

Williams	1926	O	Shot Put	44' 5.00"
Williams	1927	O	Shot Put	45' 2.50"

SUN VALLEY

Harlis Meaders	1987	3A	Discus	146' 06"
Darin Barbee	1987	3A	MOP	
Darin Barbee	1987	3A	Shot Put	55' 5.00"
	1988	3A	4X800 Relay	7:57.77
Bryant Noles	1988	3A	Pole Vault	13' 06"
Robbie Sellati	1989	3A	1600 Meter Run	4:24.46
Robbie Sellati	1989	3A	3200 Meter Run	9:36.82
Robbie Sellati	1989	3A	MOP	
	1992	3A	4X800 Relay	7:56.74
Bryan Zmijewski	1993	3A	1600 Meter Run	4:21.22
Shannon Rodden	1993	3A	Shot Put	52' 4.50"
Kadarius Lotharp	2015	3A	100 Meter Dash	10.35
Kadarius Lotharp	2015	3A	200 Meter Dash	21.54
	2015	3A	4X100 Relay	42.01
	2015	3A	4X200 Relay	1:27.76
Kadarius Lotharp	2015	3A	MOP	
	2016	3A	4X100 Relay	41.75
	2016	3A	4X200 Relay	1:27.60
Denmar Chambers	2021	3A	Shot Put	50'06.25"
Denmar Chambers	2021	3A	Discus	158'07"
Zachary Moore	2023	4A	Shot Put (WC)	12'07.50"
Zachary Moore	2023	4A	Discus (WC)	29'02.50"

SURRY CENTRAL

Allen McDevitt	1986	1/2	800 Meter Run	1:59.20
Allen McDevitt	1987	1/2	800 Meter Run	1:55.91
Jason Lawrence	1990	1/2	800 Meter Run	1:59.19
Jason Lawrence	1991	1/2	1600 Meter Run	4:26.10
Jason Lawrence	1991	1/2	800 Meter Run	1:58.46
Shane Hull	1994	1A	1600 Meter Run	4:30.28
Patrick Edwards	1994	1A	3200 Meter Run	9:58.41
Shane Hull	1994	1A	800 Meter Run	2:02.85



Steve Whitt	1994	1A	Discus	148' 09"	William Montgomery	1998	3A	Triple Jump	47' 03"		1993	3A	4X200 Relay	1:28.16
Jody Mitchell	1996	1A	3200 Meter Run	10:06.76	Joel Jackson	2003	3A	200 Meter Dash	22.04		1993	3A	4X400 Relay	3:20.91
	1996	1A	4X800 Relay	8:27.51		2003	3A	4X100 Relay	42.44	Darius Brewington	1993	3A	MOP	
Alan Marion	1997	1A	1600 Meter Run	4:36.97	Ollie Ehlinger	2004	3A	3200 Meter Run	9:50.34	Tyrone Graham	1995	3A	100 Meter Dash	10.79
Allan Marion	1998	2A	1600 Meter Run	4:27.84	Ivan Scott	2004	3A	400 Meter Dash	49.31		1995	3A	4X200 Relay	1:29.86
Amiean Kelly	2000	2A	800 Meter Run	1:59.04		2005	3A	4X800 Relay	8:03.67		1996	3A	4X100 Relay	42.84
Chris Hiatt	2002	1A	1600 Meter Run	4:27.11	Erik Raabe	2005	3A	Discus	164' 01"	Jamal Brand	1999	3A	300M Hurdles	38.80
Chris Hiatt	2002	1A	3200 Meter Run	9:58.40	Josh Morgan	2006	3A	1600 Meter Run	4:23.41	Hassan Reddick	1999	3A	Triple Jump	46' 09"
	2002	1A	4X800 Relay	8:22.71		2006	3A	4X800 Relay	8:01.73	Jamel Brand	2000	3A	110M Hurdles	14.26
Adam Stanley	2003	1A	3200 Meter Run	10:06.55	Josh Morgan	2006	3A	800 Meter Run	1:56.63	Jamaal Brand	2000	3A	MOP	
Miguel Ocampo	2004	1A	3200 Meter Run	10:19.61	Cody Lawson	2006	3A	Discus	150' 04"	Jamal Brand	2001	3A	110M Hurdles	14.62
	2004	1A	4X800 Relay	8:21.94	Josh Morgan	2006	3A	MOP		Jamal Brand	2001	3A	300M Hurdles	38.04
Miguel Ocampo	2005	1A	3200 Meter Run	9:59.49							2002	2A	4X200 Relay	1:29.46
Daniel Alvarez-Orlachia	2016	2A	800 Meter Run	1:57.51							2002	2A	4X400 Relay	3:22.85
Tyler Fitzgerald	2016	2A	Pole Vault	14' 00"	Jesse Ratliff	1971	O	Pole Vault	14' 0.75"	Andrew Barber	2002	2A	400 Meter Dash	48.65
Daniel Alvarez-Orlachia	2017	2A	800 Meter Run	1:56.81		1986	3/4	4X100 Relay	41.45	Derek Pratt	2002	2A	Triple Jump	46' 04"
Tyler Fitzgerald	2017	4A	Pole Vault	14' 00"	Mike Neely	1987	3A	High Jump	6' 08"	Louis Butler	2005	2A	Pole Vault	13' 00"
Tyler Fitzgerald	2017	2A	Pole Vault	14' 00"	Greg Jeffries	1988	3A	300M Hurdles	39.05		2007	3A	4X200 Relay	1:28.06
						1988	3A	4X400 Relay	3:23.41	Amari Devaughn	2013	2A	400 Meter Dash	48.50
						1988	3A	Discus	154' 11"	Chris Eatmon	2014	2A	Triple Jump	45' 00.5"
Greg Taylor	1988	1/2	800 Meter Run	1:54.30	Mike Gilchrist	1988	3A	Shot Put	56' 2.50"	Derek Puryear	2016	2A	400 Meter Dash	48.94
Tommy Trehern	1993	1/2	3200 Meter Run	9:35.10	Jehmal Pettiford	1988	3A	Shot Put	56' 2.50"	Derek Puryear	2016	2A	400 Meter Dash	48.94
Erik Perkins	1997	1A	3200 Meter Run	10:15.54	Derrick McClain	1989	3A	110M Hurdles	14.66	Will Manneh	2017	2A	300M Hurdles	38.90
Erik Perkins	2000	1A	3200 Meter Run	10:16.22	Greg Jeffries	1989	3A	300M Hurdles	37.98	Jenovah McKiver	2019	2A	200 Meter Dash	21.97
	2000	1A	4X800 Relay	8:30.30		1989	3A	4X100 Relay	42.41	Jenovah McKiver	2019	2A	400 Meter Dash	48.59
Aaron Frost	2003	1A	1600 Meter Run	4:38.06		1989	3A	4X200 Relay	1:27.39		2022	2A	4X100 Relay	43.30
Dustin Carlson	2003	1A	800 Meter Run	2:01.44		1989	3A	4X400 Relay	3:21.89	Correy McManus	2023	2A	100 Meter Dash	10.56
Lindsay Hunt	2006	1A	400 Meter Dash	50.74		1989	3A	4X800 Relay	8:06.62	Ja'Neil Harris	2023	2A	200 Meter Dash	21.74
Landon Hunt	2008	1A	Pole Vault	13' 00"	Darius Brewington	1990	3A	100 Meter Dash	10.59		2023	2A	4X100 Relay	42.51
	2011	1A	4X400 Relay	3:29.06	Darius Brewington	1990	3A	200 Meter Dash	21.51					
Cooper Reinert	2014	1A	Pole Vault	12' 06"		1990	3A	4X100 Relay	42.16					
Cooper Reinert	2016	1A	Pole Vault	13' 00"		1990	3A	4X200 Relay	1:26.54	Jeffrey Sparks	2000	1A	1600 Meter Run	4:40.72
Ryan Jenkins	2019	1A	3200 Meter Run	9:46.71	Darius Brewington	1990	3A	MOP						
Matthew Gray	2021	1A	Pole Vault	14'00.00"	Eddie Robertson	1990	3A	Shot Put	57' 7.00"					
Matthew Gray	2022	1A	Pole Vault	15'02.00"	Darius Brewington	1991	3A	100 Meter Dash	10.57	Carter Suggs	1973	O	100 Yard Dash	9.30
Matthew Gray	2023	1A	Pole Vault	16'06.00"	Darius Brewington	1991	3A	200 Meter Dash	21.23	Carter Suggs	1973	O	220 Yard Dash	21.10
	2023	1A	4X800 Relay	8:17.69		1991	3A	4X100 Relay	42.26	Carter Suggs	1974	O	100 Yard Dash	9.50
						1991	3A	4X200 Relay	1:25.35	Carter Suggs	1974	O	220 Yard Dash	21.00
						1991	3A	4X400 Relay	3:15.51	Carter Suggs	1974	O	Long Jump	23' 01"
						1991	3A	MOP		Robert Dancey	1977	O	880 Yard Run	1:56.29
Cornelius Watkins	2007	2A	Discus	156' 07"	Darius Brewington	1991	3A	Pole Vault	14' 09"	Kelvin Bryant	1978	O	100 Yard Dash	9.80
Cornelius Watkins	2008	2A	Discus	168' 06"	Shannon Pope	1991	3A	Shot Put	57' 00.00"	Carlton Bell	1978	O	440 Yard Dash	48.86
Ricky Kidwell	2017	3A	800 Meter Run	1:56.11	Eddie Robertson	1991	3A	Shot Put	57' 00.00"	Carlton Bell	1978	O	440 Yard Dash	48.86
						1992	3A	4X100 Relay	42.37	Robert Dancey	1978	O	880 Yard Run	1:55.28
						1992	3A	4X200 Relay	1:28.38	Johnny Johnson	1978	O	Triple Jump	49' 10"
						1992	3A	4X400 Relay	3:20.28	Kelvin Bryant	1979	O	220 Yard Dash	21.60
William Montgomery	1997	3A	High Jump	6' 08"	Noel Peterkin	1992	3A	400 Meter Dash	48.23	Brett Plummer	1979	O	880 Yard Run	1:55.40
William Montgomery	1997	3A	Long Jump	23' 05"	Shannon Pope	1992	3A	Pole Vault	15' 3.75"	Kelvin Bryant	1979	O	Long Jump	24' 00"
William Montgomery	1997	3A	MOP		Shannon Pope	1992	3A	Pole Vault	15' 3.75"	Kelvin Bryant	1979	O	Long Jump	24' 00"
William Montgomery	1998	3A	High Jump	6' 10"	Terran Clinton	1992	3A	Shot Put	54' 5.50"	Chris Heath	1992	3A	110M Hurdles	14.34
William Montgomery	1998	3A	Long Jump	24' 11"	Darius Brewington	1993	3A	100 Meter Dash	10.54	Chris Heath	1992	3A	300M Hurdles	39.02
William Montgomery	1998	3A	MOP		Darius Brewington	1993	3A	200 Meter Dash	21.24	Chris Heath	1992	3A	MOP	
										Chris Heath	1992	3A	Triple Jump	47' 7.25"



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Brian Pierce	1998	2A	Pole Vault	14' 00"
Brian Pierce	1999	2A	Pole Vault	14' 10"
Jonathan Bell	2000	2A	110M Hurdles	14.89
	2009	2A	4X100 Relay	43.10
	2010	2A	4X100 Relay	42.50
Marcus Johnson	2010	2A	Discus	159' 08"
Todd Gurley	2011	2A	110M Hurdles	14.13
Kimani McDaniels	2019	1A	100 Meter Dash	10.88
Kimani McDaniels	2019	1A	200 Meter Dash	21.77
Kimani McDaniels	2019	1A	MOP	
Jerome Bridgers	2022	1A	High Jump	6' 6"

TERRY SANFORD

Ken Garrett	1968	O	100 Yard Dash	10.00
Ken Garrett	1969	O	100 Yard Dash	9.90
Richard McDuffie	1969	O	Pole Vault	13' 06"
Otis Melvin	1976	O	100 Yard Dash	10.10
Otis Melvin	1976	O	220 Yard Dash	21.00
Jahmaal Daniel	2012	4A	100 Meter Dash	10.55
Jahmaal Daniel	2013	4A	100 Meter Dash	10.56

TERRY SANFORD (CONTINUED)

Philip Hall	2013	4A	1600 Meter Run	4:13.03
Jahmaal Daniel	2013	4A	200 Meter Dash	21.39
Philip Hall	2013	4A	800 Meter Run	1:52.84
Philip Hall	2013	4A	MOP	
Jahmaal Daniel	2014	3A	100 Meter Dash	10.62
Philip Hall	2014	3A	1600 Meter Run	4:16.11
Jahmaal Daniels	2014	3A	200 Meter Dash	22.02
Philip Hall	2014	3A	MOP	

THOMAS JEFFERSON

Mason Fenner	2014	1A	High Jump	6' 04"
Hayden Alexander	2016	1A	3200 Meter Run	9:46.85
	2023	1A	4X400 Relay	3:30.29

THOMASVILLE

Donald Long	1983	O	Pole Vault	13' 06"
Brian Payne	1988	1/2	300M Hurdles	39.05
Andre Irving	1989	1/2	High Jump	6' 08"
Jon Weldon	1991	1/2	3200 Meter Run	9:50.85
Adil Diggs	1992	1/2	110M Hurdles	14.95
Jon Weldon	1992	1/2	1600 Meter Run	4:27.92
Adil Diggs	1992	1/2	300M Hurdles	39.92
Jon Weldon	1992	1/2	3200 Meter Run	9:44.99
Adil Diggs	1992	1/2	MOP	
Jon Weldon	1993	1/2	1600 Meter Run	4:21.95
Jon Weldon	1994	2A	1600 Meter Run	4:19.54
Jon Weldon	1994	2A	3200 Meter Run	9:27.32

Jon Weldon	1994	2A	MOP	
Warren Neely	1998	1A	High Jump	6' 07"
Antwan Neeley	1999	1A	High Jump	6' 08"
	2001	1A	4X100 Relay	43.00
Trevan Davis	2002	1A	100 Meter Dash	10.80
Trevan Davis	2002	1A	200 Meter Dash	22.39
	2002	1A	4X100 Relay	42.52
	2002	1A	4X200 Relay	1:29.25
Trevan Davis	2002	1A	MOP	
Darius Little	2007	1A	300M Hurdles	38.85
Quinton Lindsey	2008	1A	High Jump	6' 06"
D.J. McLendon	2009	1A	Long Jump	22' 04"
Malcolm Knight	2021	2A	Triple Jump	45'03.50"
	2021	2A	4X100 Relay	42.96

TOPSAIL

Ahmad Garrison	2007	1A	Discus	159' 06"
Will Thomas	2011	2A	High Jump	6' 06"
Will Thomas	2012	2A	High Jump	6' 08"

TUSCOLA

James Martin	1985	O	Triple Jump	49' 05"
James Martin	1986	3/4	Triple Jump	49' 05"

UNION

Frankie Adams	2004	1A	300M Hurdles	41.68
Frankie Adams	2004	1A	110M Hurdles	15.92
	2008	1A	4X100 Relay	43.51
	2013	1A	4X100 Relay	43.13

UNION ACADEMY

Derek Young, Jr.	2018	1A	Triple Jump	43' 8.25"
Ezra Martin	2022	1A	Long Jump	21' 9.25"
	2022	1A	4X800 Relay	8:24.05
Ezra Martin	2023	1A	Long Jump	22'09.75"
Evan Pardue	2023	1A	200 Meter Dash	21.84
Evan Pardue	2023	1A	400 Meter Dash	48.86

UNION PINES

Bobby Phillips	1976	O	120 YD Hurdles	14.30
Brad Futrell	1991	1/2	Shot Put	50' 11.50"
Derrick Ross	2007	3A	High Jump	6' 08"
Derrick Ross	2008	3A	High Jump	6' 08"
Ben Verchick	2019	3A	3200 Meter Run	9:21.57
Christian Hackett	2023	3A	High Jump	6'08.00"

VAIDEN WHITLEY

Billy Pearce	1974	O	Discus	165' 00"
David Underhill	1975	O	Discus	157' 04"

JULIUS CHAMBERS / VANCE (CHARLOTTE)

Calvin Alston	1975	O	100 Yard Dash	9.70
Duan Barrino	1999	4A	200 Meter Dash	21.35
Duan Barrino	2000	4A	100 Meter Dash	10.64
Robert Boulware	2000	4A	110M Hurdles	14.31
Robert Boulware	2000	4A	300M Hurdles	38.06
Robert Boulware	2001	4A	110M Hurdles	14.03
Robert Boulware	2001	4A	300M Hurdles	37.72
Reggie Hall	2003	4A	300M Hurdles	37.94
Drew Lovette	2003	4A	Pole Vault	14' 00"
Ricco Bell	2006	4A	100 Meter Dash	10.48
	2006	4A	4X100 Relay	41.52
	2006	4A	4X400 Relay	3:17.71
	2010	4A	4X200 Relay	1:27.73
Jarrett Samuels	2010	4A	400 Meter Dash	48.12
Jarrett Samuels	2010	4A	Long Jump	23' 09"
Jarrett Samuels	2010	4A	MOP	
Erin Jenkins	2012	4A	300M Hurdles	37.92
Armon Wright	2023	4A	Triple Jump	46'11.00"

VANCE (HENDERSON)

William Southernland	1973	O	880 Yard Run	1:55.50
Greg Richardson	1981	O	1600 Meter Run	4:15.70
Greg Richardson	1982	O	1600 Meter Run	4:16.58
Greg Richardson	1982	O	800 Meter Run	1:51.10
Dennis Waddell	1987	4A	400 Meter Dash	47.98

VOYAGER ACADEMY

Luke Bennett	2017	1A	1600 Meter Run	4:30.11
Luke Bennett	2017	1A	3200 Meter Run	9:48.92

WAKE FOREST (-ROLESVILLE)

Christian Bass	2015	4A	200 Meter Dash	21.24
Todd Morgan	1994	3A	3200 Meter Run	9:36.21
James Slagel	1997	3A	3200 Meter Run	10:02.83
Austin Wakefield	2000	4A	Discus	153' 10"
Autstin Wakefield	2000	4A	Shot Put	53' 9.00"
Matthew McDonald	2012	4A	100 Meter (WC)	29.38
Matthew McDonald	2012	4A	200 Meter (WC)	1:09.86
Matthew McDonald	2012	4A	Discus (WC)	26' 03"
Matthew McDonald	2012	4A	Shot Put (WC)	10' 1.75"
	2013	4A	4X100 Relay	41.30
Andrew Mallo	2022	4A	800M Run	1:51.88

WAKEFIELD

T.J. Graham	2008	4A	100 Meter Dash	10.44
T.J. Graham	2008	4A	200 Meter Dash	20.82
Mitch Mallory	2010	4A	3200 Meter Run	9:14.58



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Mitch Mallory 2011 4A 3200 Meter Run 9:13.00
Elijah Mallory 2014 4A Shot Put 56' 0.75"

WALKERTOWN

Haji McDaniels 2016 1A Triple Jump 45' 11.5"
Denzel Hayes 2017 1A High Jump 6' 06"
Haji McDaniels 2017 1A Long Jump 21' 10"
Haji McDaniels 2017 1A Triple Jump 46' 2.5"

WALLACE-ROSE HILL

Emmanuel Carr 2000 2A 200 Meter Dash 22.06
Emmanuel Carr 2001 2A 200 Meter Dash 21.85
Emmanuel Carr 2001 2A 400 Meter Dash 49.65
Terrell Hayes 2002 1A Triple Jump 44' 6.5"
John Carr 2004 1A 100 Meter Dash 10.91
John Carr 2005 1A 100 Meter Dash 11.07
John Carr 2005 1A 200 Meter Dash 22.72
Chris Miller 2009 1A Shot Put 47' 00.50"
Chris Miller 2010 1A Shot Put 50' 6.25"
2017 1A 4X100 Relay 43.08

WARREN COUNTY

Randy Jordan 1987 3A 100 Meter Dash 10.44
Randy Jordan 1987 3A 200 Meter Dash 21.20
Randy Jordan 1987 3A Long Jump 24' 1.25"
Randy Jordan 1987 3A MOP
Randy Jordan 1988 3A 100 Meter Dash 10.51
Randy Jordan 1988 3A 200 Meter Dash 21.28

WARREN COUNTY (CONTINUED)

Randy Jordan 1988 3A Long Jump 23' 10.75"
Randy Jordan 1988 3A MOP
Terry Corey 1993 1/2 110M Hurdles 14.84
Maurice Goode 1997 2A 100 Meter Dash 10.90
Tony Henderson 1999 2A High Jump 6' 06"
Tony Henderson 2000 2A High Jump 6' 08"

WASHINGTON

Shane Manuel 1984 O 400 Meter Dash 48.35
Terrice McClain 1996 3A 800 Meter Run 1:58.31
Keddrain Bowen 1997 3A 400 Meter Dash 48.79
Stepfon Rodman 2014 2A 400 Meter Dash 49.05

WATAUGA

Mike Clinebell 1986 3/4 3200 Meter Run 9:08.00
1988 4A 4X800 Relay 7:58.77
Will Hodges 1995 4A 1600 Meter Run 4:17.37
Will Hodges 1995 4A 3200 Meter Run 9:26.90
Will Hodges 1995 4A 800 Meter Run 1:57.53
Will Hodges 1995 4A MOP

Ricky Brookshire 1999 4A 1600 Meter Run 4:23.40
Ricky Brookshire 1999 4A 3200 Meter Run 9:26.55
Ricky Brookshire 2000 4A 1600 Meter Run 4:07.99
Ricky Brookshire 2000 4A 3200 Meter Run 9:33.90
2000 4A 4X800 Relay 7:49.00

Brian Greer 2000 4A 800 Meter Run 1:56.48
Ricky Brookshire 2000 4A MOP

WEDDINGTON

Greg Jachym 2002 3A Shot Put 50' 5.50"
2004 3A 4X800 Relay 8:07.19
Nick Loper 2004 3A Pole Vault 14' 06"
Brian Burkhardt 2005 3A 800 Meter Run 1:57.51
Matthew Conner 2015 3A 3200 Meter Run 9:37.32
Matthew Conner 2016 3A 3200 Meter Run 9:18.41
2017 3A 4X100 Relay 42.04
2017 3A 4X800 Relay 7:58.75

2018 3A 4X800 Relay 7:50.82
2018 3A 800 Meter Run 1:54.63
2019 3A 100 Meter Dash 10.77
2019 3A 200 Meter Dash 21.78
2019 3A 4X400 Relay 3:17.92
2019 3A 4X800 Relay 7:52.18
2019 3A 800 Meter Run 1:51.72
2019 3A MOP
2019 3A Shot Put 53' 8.50"
2021 3A 4X800 Relay 7:58.66
2022 4A 1600M Run 4:08.30
2023 4A Pole Vault 14'06.00"

Kyle Durham
Emerson Douds
Emerson Douds
Kyle Durham
Emerson Douds
Alec Mock

Caden Townshend
Ryan Davis

Bruce Smith

Bree Smith
Ysade Sykes
Ysade Sykes

Lonnie Hardy
Colin Smith
Derek Frink
Corey Hill
Jerek Hewett
Jerek Hewett
Jerek Hewett

Willie Perry
Willie Perry

WEST BRUNSWICK

1975 O Long Jump 23' 10"
1986 1/2 3200 Meter Run 9:53.20
1995 3A High Jump 6' 11"
1996 3A 100 Meter Dash 10.82
2005 3A 100 Meter Dash 10.40
2005 3A 200 Meter Dash 21.32
2005 3A MOP

WEST CALDWELL

2004 2A 100 Meter Dash 10.80
2004 2A 200 Meter Dash 21.89

2004 2A 4X100 Relay 43.07
Willie Perry 2005 2A 100 Meter Dash 10.66
Willie Perry 2005 2A 200 Meter Dash 21.98
2005 2A 4X200 Relay 1:28.59

Gary Parmeley
Jason Newman
Jason Newman
Anthony Beamon
John Crossley
John Crossley
John Crossley

Josh Williams

Ed Camp
Thompson
Ramondo North
Ramondo North
Ramondo North
Ramondo North
Ramondo North

Irving Hunter
Corey Brown

Corey Brown

Corey Brown
Johnathon Hancock
Johnathon Hancock
Trenton Guy

Trenton Guy Jr.

Trenton Guy, Jr.

Nate Frink
Travis Leggett

WEST CARTERET

1977 O High Jump 6' 08"
1990 3A 800 Meter Run 1:57.28
1991 3A 800 Meter Run 1:54.77
2003 3A 400 Meter Dash 50.08
2012 3A 800 Meter Run 1:54.48
2013 3A 1600 Meter Run 4:21.25
2013 3A 800 Meter Run 1:54.14
2015 3A 4X400 Relay 3:19.39
2021 3A Triple Jump 44'06.50"

WEST CHARLOTTE

1967 O 440 Yard Dash 50.20
1967 O 880 Yard Run 1:58.00
1995 4A 200 Meter Dash 21.45
1995 4A 4X100 Relay 42.41
1995 4A High Jump 6' 06"
1996 4A 110M Hurdles 14.44
1996 4A 200 Meter Dash 21.66
1996 4A 300M Hurdles 38.64
1997 4A 4X800 Relay 7:58.88
1998 4A 4X800 Relay 7:49.07
1999 4A 4X800 Relay 7:57.68
1999 4A 800 Meter Run 1:57.41
2003 4A 100 Meter Dash 10.80

WEST CHARLOTTE (CONTINUED)

2003 4A 200 Meter Dash 21.58
2003 4A 4X200 Relay 1:27.08
2003 4A MOP
2004 4A 200 Meter Dash 21.74
2004 4A 4X100 Relay 42.13
2004 4A MOP
2005 4A Long Jump 23' 10.5"
2006 4A 4X200 Relay 1:46.20
2007 4A 100 Meter Dash 10.53
2007 4A 4X100 Relay 41.84
2007 4A 4X400 Relay 3:18.25
2007 4A MOP
2009 4A 4X200 Relay 1:27.08

WEST COLUMBUS

1992 1/2 High Jump 6' 08"
2008 1A Long Jump 21' 08.25"



MEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



WEST CRAVEN

Ernest Butler	1978	O	Shot Put	58' 2.50"
Lenwood Harris	1982	O	High Jump	6' 10.5"
Lamont Cox	1991	3A	110M Hurdles	14.57
Bobby Cox	2003	3A	Long Jump	22' 7.5"
	2017	3A	4X200 Relay	1:28.03
Josh Moore	2018	2A	100 Meter Dash	10.93
Josh Moore	2018	2A	200 Meter Dash	21.96

WEST DAVIDSON

Brad Briggs	1993	1/2	800 Meter Run	1:57.04
Tony Cooper	1995	1A	High Jump	6' 04"
Brandon Prevette	1995	1A	Long Jump	22' 04.25"
Brandon Prevette	1996	1A	Long Jump	22' 01.3"
Evan Rives	1998	1A	800 Meter Run	2:00.74
Evan Rives	1999	1A	800 Meter Run	2:00.49
Mathew Gibby	2000	1A	800 Meter Run	1:57.81
	2001	1A	4X400 Relay	3:31.72
Mathew Gibby	2001	1A	800 Meter Run	1:55.23
Mathew Gibby	2002	1A	400 Meter Dash	48.67
Mathew Gibby	2002	1A	800 Meter Run	2:01.40

WEST FORSYTH

Robert Bailey	1976	O	Discus	169' 09"
Joseph Ibrahim	2016	4A	High Jump	6' 08"
Austin Harrison	2017	4A	Discus	169' 06"
Seth Clyburn	2017	4A	High Jump	6' 08"
Austin Harrison	2017	4A	Shot Put	57' 3.75"
Tyson Adams	2022	4A	Long Jump	22' 11.5"
Tyson Adams	2023	4A	Long Jump	23' 10.25"

WEST GUILFORD

Lee Shuler	1976	O	High Jump	6' 8.5"
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WEST HENDERSON

Matt Jones	1993	3A	Pole Vault	13' 00"
	2006	2A	4X400 Relay	3:26.86
Tayman Howell	2023	3A	110M Hurdles	14.58

WEST IREDELL

	1998	2A	4X100 Relay	42.51
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WEST JOHNSTON

Cameron Snead	2022	3A	Long Jump	23' 4"
Cameron Snead	2022	3A	Triple Jump	47' 6"
Harper Clark	2023	3A	1600 Meter Run	4:18.35

WEST MECKLENBURG

Fred Stewart	1958	O	Shot Put	48' 9.50"
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Bill Rothwell	1963	O	120 YD Hurdles	15.10
Jeff Prather	1965	O	440 Yard Dash	49.20
Tony Bauler	1974	O	120 YD Hurdles	13.70
Anthony Parker	1975	O	220 Yard Dash	21.40
Montez Jones	1989	4A	Discus	170' 02"
John Leak	1991	4A	300M Hurdles	38.31

WEST MONTGOMERY

Dwaine Carpenter	1995	2A	High Jump	6' 04"
	1997	2A	4X100 Relay	43.17
Dominique Drake	2009	1A	Discus	144' 01"
Herbert Robinson	2010	1A	100 Meter Dash	10.97
Herbert Robinson	2011	1A	200 Meter Dash	22.03
	2011	1A	4X200 Relay	1:29.79
Jaquil Capel	2012	1A	200 Meter Dash	22.03
	2015	1A	4X100 Relay	43.69
	2016	1A	4X100 Relay	43.29

WEST ROWAN

Jeff Hutchinson	1980	O	1600 Meter Run	4:08.01
Zac Cohen	1996	2A	Discus	172' 07"
Jovan Quarles	1999	3A	110M Hurdles	14.74
Kendall High	2002	3A	Discus	155' 02"
Jason Williams	2002	3A	High Jump	6' 08"
Mark Sturgis	2002	3A	Triple Jump	47' 9.5"
Jason Williams	2003	3A	High Jump	6' 10"
Mark Sturgis	2003	3A	Triple Jump	47' 2.25"
Daishon Barger	2010	3A	110M Hurdles	14.39
Lamont Savage	2006	3A	Long Jump	23' 07"

WEST STANLY

Mike Helms	1990	1/2	3200 Meter Run	9:43.32
Daniel Poole	1995	2A	3200 Meter Run	9:47.51

WEST STOKES

Drew Tucker	2006	2A	800 Meter Run	1:52.73
Drew Tucker	2007	2A	800 Meter Run	1:54.21
Jason Barber	2013	2A	800 Meter Run	1:58.34
Dustin Blevins	2019	2A	Long Jump	23' 09"

WEST WILKES

Nathan Pardo	1989	1/2	Pole Vault	13' 7.5"
Jason Taylor	1994	2A	800 Meter Run	1:58.23
Samuel Allen	2013	1A	High Jump	6' 08"
Matt Layne	2013	1A	Pole Vault	14' 00"

WESTERN ALAMANCE

Scott Grell	1987	3A	110M Hurdles	14.60
Scott Grell	1987	3A	300M Hurdles	37.80
Eric Sellars	1990	3A	Pole Vault	13' 06"
Albert Royster	1992	3A	800 Meter Run	1:54.93

WESTERN GUILFORD

Jeff Wilson	1986	3/4	110M Hurdles	14.25
Fred Richardson	1992	3A	Long Jump	22' 9.5"
Bobby Tisdale	1993	3A	110M Hurdles	14.40
	2001	3A	4X400 Relay	3:23.40
Adam McGugan	2001	3A	800 Meter Run	1:55.74
Antwan Graves	2003	2A	110M Hurdles	14.62

WESTERN HARNETT

Shannon Reynolds	1987	3A	1600 Meter Run	4:19.11
Shanon Reynolds	1988	3A	3200 Meter Run	9:34.52
Ashkan Bashardoost	2004	2A	Discus	160' 01"
Daryle Morgan	2009	3A	Shot Put	56' 8.00"
Joseph Matthews	2010	3A	High Jump	6' 06"
Mateius Brown	2013	3A	Discus	155' 09"
Mateius Brown	2014	3A	Discus	169' 06"
Asher Prince	2018	3A	Discus	175' 07"
Asher Prince	2018	3A	Shot Put	53' 9.25"

WHITE OAK

Stanley Monk	1984	O	Discus	170' 02"
Mike Schell	1984	O	Pole Vault	14' 00"
Jemal Jones	1986	1/2	400 Meter Dash	49.00
Jemal Jones	1988	1/2	100 Meter Dash	10.96
	2001	3A	4X800 Relay	8:08.13
Marques Wollford	2002	3A	400 Meter Dash	48.76
Nate Styron	2004	3A	800 Meter Run	1:57.61
Ryan Oakes	2006	3A	Pole Vault	14' 03"
Ryan Oakes	2007	3A	Pole Vault	15' 00"
Darryl Williams	2008	3A	100 Meter Dash	10.65
Darryl Williams	2008	3A	200 Meter Dash	21.45

WHITE OAK (CONTINUED)

Brett Parks	2017	3A	Pole Vault	15' 03"
	2018	3A	4X400 Relay	3:18.67

WHITEVILLE

	1986	1/2	4X100 Relay	43.01
Roosevelt Colson	1987	1/2	200 Meter Dash	21.87
Robert Cunningham	1989	1/2	Long Jump	23' 04"
Robert Cunningham	1989	1/2	MOP	
Robert Cunningham	1989	1/2	Triple Jump	50' 9.25"
	1992	1/2	4X100 Relay	43.50
Rachon Shirden	1992	1/2	Shot Put	47' 9.25"



Women's Outdoor Track Multiple Event Champions



1)	Julie Stackhouse	Hayesville	15	T8)	Hailey Cook	Hendersonville	8	2A 800 Meters	1999	7							
	1A High Jump	1995, 1996, 1997			1A Shot Put	2010, 2011, 2012, 2013		2A 1600 Meters	1998, 1999, 2000, 2001								
	1A 100 M Hurdles	1994, 1995, 1996, 1997			1A Discus	2010, 2011, 2012, 2013		2A 3200 Meters	2000, 2001								
	1A 800 Meters	1996, 1997			T8)	Kamorean Hayes		Harding	8		T22)	Anna Vess	A.C. Reynolds				
	1A 1600 Meters	1996				4A Shot Put		2004, 2005, 2006, 2007				3A 800 Meters		2015, 2016			
	1A 200 Meters	1994, 1995				4A Discus		2004, 2005, 2006, 2007				3A 1600 Meters		2014, 2015, 2016			
	1A 400 Meters	1997				T8)		Shawnti Jackson				C.Gibbons/Wakefield/ South Granville		8	T22)	Nicole Barnes	T.W. Andrews
1A 300 M Hurdles	1994, 1995	4A 100 Meter Dash	2021, 2022	2A Long Jump			2018										
		4A 200 Meters	2021, 2022	2A Triple Jump			2018										
		4A 400 Meters	2022	2A 100 M Hurdles	2017, 2018												
2)	DeAnne Davis	Cummings	14		2A 100 Meter Dash	2023		2A 100 Meters	2017								
	2A Long Jump	1995, 1996		2A 200 Meters	2023	2A 300 M Hurdles	2018	T22)	Keione Covington	Asheboro							
	2A Triple Jump	1994, 1995, 1996		2A 400 Meters	2023	3A Long Jump	1994, 1995, 1996, 1997										
	3A Triple Jump	1993				3A Triple Jump	1994, 1995		T22)		Crystal Cox	Pine Forest					
	2A 100 M Hurdles	1994, 1995, 1996				4A 100 Meters	1996, 1997										
	3A 100 M Hurdles	1993				4A 200 Meters	1995, 1996, 1997										
	2A 300 M Hurdles	1994, 1995, 1996				4A 400 Meters	1995				T22)		Jennifer Dimsdale	Polk County			
3A 300 M Hurdles	1993			1A 800 Meters	1998, 1999												
3)	Latasha Pharr	North Rowan	12	T8)	Marlene Poole	Grimsley/Dudley	8		2A 800 Meters	1996	6						
	2A Long Jump	1999			4A 100 Meters	1987, 1988, 1989, 1990		1A 1600 Meters	1998								
	2A Triple Jump	1998, 1999, 2000, 2001			4A 200 Meters	1987, 1988, 1989, 1990		1A 3200 Meters	1996								
	2A 100 M Hurdles	1998, 1999, 2000, 2001			T8)	Sherice Walker		Cummings	8	T22)		Ami Herrman	Providence				
	2A 300 M Hurdles	1999, 2000, 2001				2A Long Jump		2008, 2009				4A 1600 Meters		1991, 1992, 1993			
						2A Triple Jump		2007, 2008, 2009				4A 3200 Meters		1991, 1992, 1993			
						2A 100 M Hurdles		2008, 2009				T22)		Kim Jones	Grimsley		
		2A 300 M Hurdles	2008	4A Long Jump		1996, 1997, 1998, 1999											
				4A 100 M Hurdles		1998, 1999											
				1A 800 Meters	1996												
T4)	Malia Ellington	C.S. Davidson	9	T22)	Jania Bogle	Princeton	7		2A 1600 Meters	1996	6						
	1A 800 Meters	2013, 2014, 2015			1A Long Jump	2009		1A 3200 Meters	1998								
	1A 1600 Meters	2013, 2014, 2015			1A 100 Meters	2006, 2007, 2008, 2009			1996								
	1A 3200 Meters	2013, 2014, 2015			1A 200 Meters	2007, 2008		T22)	Araybian Lilly	West Montgomery							
	T4)	Karen Godlock			Polk County	9			T22)			Anissa Gainey	Clayton	7		1A 200 Meters	2017, 2018
		1A/2A 800 Meters			1991, 1992, 1993							3A Long Jump	1999		1A 400 Meters	2017, 2018	
		1A/2A 1600 Meters			1991, 1992, 1993							3A 100 Meters	1998, 1999, 2000			2017, 2018	
1A/2A 3200 Meters		1991, 1992, 1993	2A 200 Meters	1997			2017, 2018										
			3A 200 Meters	1999, 2000			2017, 2018										
T4)	Gabby Mayo	Southeast Raleigh	9	T22)	Nikki Harris	North Stanly	7		2A 100 M Hurdles	2006, 2007, 2008	6						
	4A 100 M Hurdles	2005, 2006, 2007			1A/2A Long Jump	1989, 1991, 1992			2017, 2018								
	4A 100 Meters	2006, 2007			1A/2A Triple Jump	1990, 1991, 1992			2017, 2018								
	4A 200 Meters	2006, 2007			1A/2A 100 Meters	1991			2017, 2018								
	4A 300 M Hurdles	2005, 2006							2017, 2018								
T8)	Kathy McMillian	Hoke County	9	T22)	Latoya James	Cummings	7		2A 100 M Hurdles	2005, 2006, 2007	6						
	Open Long Jump	1973, 1974, 1975, 1976			2A Long Jump	2007			2006, 2008								
	Open 100 YD Dash	1975, 1976			2A 100 M Hurdles	2005, 2006, 2007			2006, 2007, 2008								
	Open 220 YD Dash	1974, 1975, 1976			2A 300 M Hurdles	2005, 2006, 2007			2007								
T8)	Katrelle Armwood	Durham School of Arts	8	T22)	Kendall Jordan	Cummings	7		2A Triple Jump	2019, 2021	6						
	1A Long Jump	2001, 2002			2A Triple Jump	2019, 2021			2003, 2005, 2006								
	1A Triple Jump	1999, 2002			2A 100 M Hurdles	2019, 2021			2003, 2005, 2006								
	1A 100 M Hurdles	2000, 2002			2A 300 M Hurdles	2019, 2021											
	1A 300 M Hurdles	1999, 2002			2A Long Jump	2021											
T8)	Reneazia Collins	Monroe	8	T22)	Heidi Sloop	West Wilkes	7		1A Shot Put	2003, 2005, 2006	6						
	1A 100 M Hurdles	2012, 2013															
	1A 200 Meters	2013															
	1A 400 Meters	2012, 2013															
	2A 100 Meters	2014															
	2A 200 Meters	2014															
	2A 400 Meters	2014															



Women's Outdoor Track Multiple Event Champions



				3A/4A 300 M Hurdles	1986		T42)	Breah Taylor 1A Long Jump 1A Triple Jump	East Carteret 2018, 2019 2017, 2018, 2019	5
T22)	Grace Morken 2A 800 Meters 2A 1600 Meters	Carrboro 2011, 2012, 2013 2011, 2012, 2013	6				T42)	Amanda Johnson 1A/2A Long Jump 1A/2A 100 Meters 1A/2A 200 Meters	East Carteret 1993 1992, 1993 1992, 1993	5
T22)	Kylie Polsgrove 1A High Jump 1A 100 M Hurdles 1A 300 M Hurdles	Avery County 2015 2014, 2015, 2013, 2014, 2015	6				T42)	Kim Jones 3A Long Jump 3A High Jump	Statesville 1991, 1992 1990, 1991, 1992	5
T22)	Morgan Smalls 4A Long Jump 4A Triple Jump 4A High Jump	Panther Creek 2018 2018, 2019 2017, 2018, 2019	6				T42)	Julia Lucas 4A 800 Meters 4A 1600 Meters 4A 3200 Meters	Myers Park 2002 2000, 2002 2000, 2002	5
T22)	Brenda Taylor 4A 100 M Hurdles 4A 300 M Hurdles	Watauga 1995, 1996, 1997 1995, 1996, 1997	6				T42)	Janene McClure 1A/2A Shot Put 1A/2A Discus	Hendersonville 1986, 1987, 1988 1987, 1988	5
T22)	Sabrina Thompson 3A 100 Meters 3A 200 Meters	Fike 1994, 1995, 1996 1995, 1995, 1996	6				T42)	Kathy Ormsby Open 800 Meters Open 1600 Meters Open 3200 Meters	Richmond 1983 1981, 1982, 1983 1983	5
T22)	Lauren Tolbert 1A 100 Meter Dash 1A 200 Meter Dash 1A 400 Meters 1A 800 Meters	Highland Tech 2022 2022 2019, 2021 2021, 2022	6				T42)	Mia Richardson 3A 800 Meters 3A 1600 Meters 3A 3200 Meters	McMichael 1992 1990, 1991, 1992 1991	5
T22)	Sarah Vance Goodman 3A 1600 Meters 3A 3200 Meters	T.C. Roberson 1997, 1998 1995, 1996, 1997, 1998	6				T42)	Cynethia Rooks 1A 100 Meters 1A 200 Meters 1A 400 Meters	Northampton-West 2001, 2003 2001 2001, 2003	5
T22)	Alice Vinson 3A Triple Jump 3A 100 Meters 3A 200 Meters	Sun Valley 1989 1988, 1989, 1990 1989, 1990	6				T42)	Payton Russell 2A 200 Meters 2A 400 Meters	North Rowan 2016, 2017 2015, 2016, 2017	5
T22)	Sara White 1A/2A 100 M Hurdles 1A/2A 300 M Hurdles	Surry Central 1991, 1992, 1993 1990, 1992, 1993	6				T42)	Erika Schneble 1A 1600 Meters 1A 3200 Meters	Hendersonville 2001, 2002 2000, 2001, 2002	5
T42)	Marisa Bellamy 2A 100 Meters 2A 200 Meters 2A 400 Meters	Bunn 2011 2009, 2011 2011, 2012	5				T42)	Zoie Shuler 1A Long Jump 1A Triple Jump 1A High Jump	Robbinsville 2022, 2023 2022, 2023 2023	5
T42)	Danielle Butts 3A Triple Jump 3A High Jump	South Central 2009, 2010, 2011 2010, 2011	5				T42)	Paisley Simmons 2A 100 Meters 2A 200 Meters	T.W. Andrews 2010, 2012, 2013 2012, 2013	5
T42)	Tamara Clark 4A 100 Meters 4A 200 Meters	High Point Central 2016, 2017 2015, 2016, 2017	5				T42)	Victoria Swepson 1A 800 Meters 1A 1600 Meters	Research Triangle 2018, 2019 2018, 2019, 2021	5
T42)	Pam Doggett Open 100 M Hurdles 3A/4A 100 M Hurdles Open 200 M Hurdles Open 300 M Hurdles	Dudley 1985 1986 1984 1985	5				T62)	Janieyah Collins 1A 200 Meters 1A 300 M Hurdles 2A 300 M Hurdles	Monroe 2012 2011, 2012 2009	4
							T42)	Jillian Weidner 4A 100 Meters (WC) 4A 100 Meters (WC) 4A 400 Meters (WC)	Wakefield 2021, 2023 2021, 2023 2023	5
							T42)	Conova Young 1A Long Jump 1A 100 Meters 1A 200 Meters	Lejeune 1996 1995, 1996, 1997 1997	5
							T62)	Angie Allen 2A 800 Meters 2A 1600 Meters 2A 3200 Meters	North Lincoln 2021 2019, 2021 2021	4
							T62)	Maysa Araba 2A 800 Meters 2A 1600 Meters	Carrboro 2014, 2015 2014, 2015	4
							T62)	Portia Baker 3A 200 Meters 3A 400 Meters	Southwest Guilford 2003, 2004 2003, 2004	4
							T62)	Leroya Banks 1A 100 Meters 1A 200 Meters	Perquimans 2010, 2011 2009, 2010	4
							T62)	Krystal Barringer 4A Triple Jump 4A 100 Meters	Harding 2003 2002, 2003, 2004	4
							T62)	Amanda Becker 3A 800 Meters 3A 1600 Meters	Fuquay-Varina 1996, 1997 1995, 1996	4
							T62)	Heather Beichner 2A 800 Meters 2A 1600 Meters	Cardinal Gibbons 2008 2006, 2007, 2008	4
							T62)	Evette Brown 1A 100 Meters 1A 200 Meters	South Stokes 2002, 2004 2002, 2004	4
							T62)	Nyshedra Brown 3A 100 Meters 3A 200 Meters	West Craven 2011, 2012 2011, 2012	4
							T62)	Patience Coleman 3A High Jump 4A High Jump	Southern Durham 2004, 2005 2006, 2007	4



Women's Outdoor Track Multiple Event Champions



T62)	Marcia Colson 1A Long Jump 1A Triple Jump	South Stanly 1994, 1995 1994, 1995	4		4A Shot Put	2003		T62)	Alicia Person 2A Long Jump 2A Triple Jump	Southern Vance 2004, 2005 2003, 2005	4		
				T62)	Mariah Howlett 2A 1600 Meters 2A 3200 Meters	Lake Norman Charter 2017, 2018 2017, 2018	4						
T62)	Sylvia Crumpler 4A Discus 4A Shot Put	Cape Fear 1987 1987, 1988, 1989	4		T62)	Cessy Hudson 3A/4A 3200 Meters 4A 1600 Meters 4A 3200 Meters	East Burke 1986 1987, 1988 1988	4	T62)	Tracy Pickett 1A Discus 1A Shot Put	Swansboro 1995, 1996, 1997 1997	4	
T62)	Teaunna Cuthbertson 1A Long Jump 1A 100 M Hurdles	North Rowan 2010, 2011, 2012 2010	4		T62)	Qizeah Jackson 3A High Jump 3A 100 Meters 3A 200 Meters	Westover 2013, 2014 2013 2013	4		T62)	Chandra Pulliam 1A 100 M Hurdles 2A 100 M Hurdles 1A 300 M Hurdles 2A 300 M Hurdles	Cummings 2001 2002 2001 2002	4
T62)	Sarah Day 2A 800 Meters 2A 1600 Meters	Ledford 1995, 1997 1995, 1997	4						T62)	Sarah Rapp 3A 1600 Meters 3A 3200 Meters	Cardinal Gibbons 2010, 2011 2010, 2011	4	
T62)	Blake Dodge 3A 800 Meters 3A 1600 Meters	West Carteret 2012, 2013, 2014 2013	4	T62)	Lydia Laws 3A Triple Jump 3A 300 M Hurdles	Western Alamance 2014 2012, 2013, 2014	4		T62)	Julie Shea Open 880 Yards Open 1 Mile	Cardinal Gibbons 1975, 1977 1976, 1977	4	
T62)	Francine Dumas 3A/4A 1600 Meters 3A 800 Meters 3A 1600 Meters 3A 3200 Meters	T.C. Roberson 1986 1987 1987 1987	4	T62)	Samantha Layko 2A Discus 2A Shot Put	Croatan 2013, 2014, 2015 2015	4		T62)	Mary Shea Open 880 Yards Open 1 Mile Open 2 Miles	Cardinal Gibbons 1979 1979 1978, 1979	4	
T62)	Brittany Ellis 1A Discus 1A Shot Put	North Rowan 2022, 2023 2022, 2023	4						T62)	Shalyce Smith 1A 100 Meters 1A 200 Meters	James Kenan 1999, 2000 1999, 2000	4	
T62)	Jacinda Evans 4A Long Jump 4A Trimple Jump 4A 100 Meters 4A 200 Meters	Southern Durham 2008 2008 2008 2008	4	T62)	Jeretha Massey 3A 400 Meters 3A 800 Meters	Ben L. Smith 2000, 2001, 2002 2002	4		T62)	Twyla Smith 4A Triple Jump 4A 100 M Hurdles 4A 300 M Hurdles	Pinecrest 1994, 1995 1994 1994	4	
T62)	JaMeesia Ford 4A 400 Meters 4A 100 Meter Dash 4A 200 Meters	Jack Britt 2021, 2023 2023 2023	4		T62)	Carla McLaughlin Open 100 Meters Open 200 Meters	Northern Durham 1983, 1984 1983, 1984	4		T62)	Erin Smyth 1A/2A 1600 Meters 1A/2A 3200 Meters	Lejeune 1988, 1989 1988, 1989	4
T62)	Briana Haith 2A Long Jump 2A 200 Meters 2A 400 Meters	Granville Central 2010 2010 2009, 2010	4		T62)	Melissa Morrison 4A Triple Jump 4A 100 Meters	A.L. Brown 1989 1987, 1988, 1989	4		T62)	Stanback Open 100 Yards Open 220 Yards	Pinecrest 1977, 1978 1977, 1978	4
T62)	Emma Hall 3A 100 M Hurdles 3A 300 M Hurdles	West Henderson 2022, 2023 2022, 2023	4		T62)	Sydnei Murphy 4A Long Jump 4A Triple Jump	Apex 2014, 2015 2014, 2015	4		T62)	Kristen Stout 1A 1600 Meters 1A 3200 Meters	Hendersonville 2009, 2011 2008, 2011	4
T62)	Aslynn Halvorson 4A Discus 4A Shot Put	Butler 2008, 2009 2008, 2009	4		T62)	Jordan Oliver 1A 100 Meter Dash (WC) 1A Shot Put (WC) 1A Discus (WC)	Murphy 2022, 2023 2023 2023	4		T62)	Sophia Treakle 3A 100 M Hurdles 3A 300 M Hurdles	Asheville 2007, 2008 2007, 2008	4
T62)	Keni Harrison 4A 100 M Hurdles 4A 300 M Hurdles	Clayton 2010, 2011 2010, 2011	4		T62)	Hannah Parks 3A 800 Meters 3A 1600 Meters	Glenn 2003 2003, 2004, 2005	4		T62)	Tainasha Vines 2A Long Jump 2A Triple Jump	Bunn 2014 2013, 2014, 2015	4
T59)	Christina Hernandez 4A Discus	A.C. Reynolds 2001, 2002, 2003	4		T62)	Alexis Patterson 3A 100 M Hurdles 3A 100 Meters 3A 200 Meters	Parkland 2019 2018, 2019 2018	4		T62)	Courtney Warner 3A 100 Meters 3A 200 Meters	C.B. Aycock 2014, 2015 2014, 2015	4



Women's Outdoor Track Multiple Event Champions



T62)	Demetria Washington 4A 100 Meters 4A 200 Meters 4A 400 Meters	Terry Sanford 1998 1998 1996, 1997	4
T62)	Sequoia Watkins 3A Discus 4A Discus 4A Shot Put	T.C. Roberson 2009 2010, 2011 2011	4
T62)	Toi Wilson 3A 100 Meters 3A 400 Meters	D.H. Conley 1993 1992, 1993, 1994	4
T117)	91 tied		3
T218)	250 tied		2

WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



A.C. REYNOLDS

Christina Hernandez	2001	4A	Discus	126' 03"
Christina Hernandez	2002	4A	Discus	137' 04"
Christina Hernandez	2003	4A	Shot Put	41' 5"
Christina Hernandez	2003	4A	Discus	139' 00"
Anna Vess	2014	3A	1600 M Run	5:00.39
Anna Vess	2014	3A	3200 M Run	10:52.18
	2014	3A	4X800 M Relay	9:20.23
Anna Vess	2015	3A	800 M Dash	2:17.41
Anna Vess	2015	3A	1600 M Run	5:03.49
Anna Vess	2016	3A	800 M Dash	2:13.28
Anna Vess	2016	3A	1600 M Run	5:00.09
Anna Vess	2016	3A	3200 M Run	11:19.41

A.L. BROWN

Melissa Morrison	1987	4A	100 M Hurdles	14.78
Melissa Morrison	1988	4A	100 M Hurdles	15.19
Melissa Morrison	1989	4A	Triple Jump	39' 11.75"
Melissa Morrison	1989	4A	100 M Hurdles	14.09

ALBEMARLE

Tafoya Taylor	1986	1/2	Triple Jump	35' 09"
	1987	1/2	4X200 M Relay	1:45.45
Susie Britt	1988	1/2	High Jump	5' 02"
	1988	1/2	4X200 M Relay	1:46.03
	1989	1/2	4X400 M Relay	4:08.45
	2002	1A	4X400 M Relay	4:08.09
Kendall Ridenhour	2004	1A	Shot Put	38' 11"
Kendall Ridenhour	2004	1A	Discus	126' 02"
Glasha Covington	2006	1A	Triple Jump	35' 09"
	2006	1A	4X200 M Relay	1:49.23
Glasha Covington	2008	1A	Triple Jump	38' 3.75"
Taniqua Knight	2017	1A	300 M Hurdles	46.89
Taniqua Knight	2018	1A	300 M Hurdles	46.47
Somahje Porter	2019	1A	300 M Hurdles	46.76
Ali Currie	2022	1A	Triple Jump	46' 8"
Akala Garrett	2023	1A	200 Meter Dash	24.25
Akala Garrett	2023	1A	100 M Hurdles	13.52
Akala Garrett	2023	1A	300 M Hurdles	40.26
Akala Garrett	2023	1A	MOP	
	2023	1A	4X400 Relay	3:57.16

ANDREWS

Tiffany McGaha	2003	1A	Shot Put	37' 9"
Tiffany McGaha	2003	1A	Discus	124' 00"

Tiffany McGaha	2005	1A	Shot Put	38' 3.25"
Tiffany McGaha	2005	1A	Discus	134' 00"
Tiffany McGaha	2006	1A	Shot Put	37' 2"
Tiffany McGaha	2006	1A	Discus	139' 01"
	2006	3A	4X100 M Relay	49.06

ANDREWS (CONTINUED)

Stephanie Johnson	2011	1A	High Jump	5' 04"
Tiffany Holloway	2017	1A	Shot Put	41' 2"
Tiffany Holloway	2017	1A	Discus	128' 02"

ANSON

Chrystal Marsh	2002	3A	Long Jump	17' 10.25"
Lateasa Michael	2005	3A	300 M Hurdles	45.14
Patience Marshall	2018	2A	Shot Put	42' 3"
Patience Marshall	2018	2A	Discus	134' 08"
Katie Horne	2021	2A	Shot Put	37'08.00"
	2022	2A	4 X 100 Relay	49.72

APEX

Debbie Martin	2002	4A	High Jump	5' 08"
Lamarra Currie	2005	4A	200 M Dash	24.28
Andie Cozzarelli	2006	4A	3200 M Run	11:01.35
Andie Cozzarelli	2007	4A	3200 M Run	11:15.90
Alexis Murphy	2011	4A	200 M Dash	24.57
Alexis Murphy	2012	4A	100 M Dash	11.60
Alexis Murphy	2012	4A	200 M Dash	23.96
Anna Eaton	2014	4A	Pole Vault	12' 06"
Sydnei Murphy	2014	4A	Long Jump	19' 5.25"
Sydnei Murphy	2014	4A	Triple Jump	39' 7.5"
Anna Eaton	2015	4A	Pole Vault	12' 06"
Cara King	2015	4A	Shot Put (WC)	10' 04"
Cara King	2015	4A	Discus (WC)	25' 4"
Cara King	2015	4A	100 M Dash (WC)	22.32
Cara King	2015	4A	200 M Dash (WC)	44.90
Sydnei Murphy	2015	4A	Long Jump	20' 03"
Sydnei Murphy	2015	4A	Triple Jump	40' 0.75"
Sydnei Murphy	2015	4A	MOP	
Cara King	2016	4A	Shot Put (WC)	10' 11"
Cara King	2016	4A	Discus (WC)	26' 9"
Cara King	2016	4A	100 M Dash (WC)	28.80
Cara King	2016	4A	200 M Dash (WC)	50.54
Cara King	2017	4A	Shot Put (WC)	12' 04"
Cara King	2017	4A	Discus (WC)	32' 11"
Cara King	2017	4A	100 M Dash (WC)	23.04

Cara King	2017	4A	200 M Dash (WC)	47.77
Cara King	2018	4A	Shot Put (WC)	13' 7.5"
Cara King	2018	4A	Discus (WC)	34' 9"
Cara King	2018	4A	100 M Dash (WC)	22.42
Cara King	2018	4A	200 M Dash (WC)	42.03

ARDREY KELL

Amber Jackson	2021	4A	High Jump	5'06.00"
Amber Jackson	2021	4A	Long Jump	18'01.00"
Tyler Glover	2022	4A	Shot Put	42'01.50"
Tyler Glover	2023	4A	Shot Put	45'03.25"

ASHBROOK

	1987	4A	4X100 M Relay	48.86
	1988	4A	4X100 M Relay	48.53
	1988	4A	4X400 M Relay	3:56.50
Camryn Massey	2021	3A	Discus	140'09.00"
Camryn Massey	2023	3A	Discus	148'02.00"

ASHE COUNTY

Katrina Krider	2007	2A	Pole Vault	9' 06"
	2008	2A	4X200 M Relay	1:50.62
Emily Hartsoe	2021	2A	Discus	123'03"
Emily Hartsoe	2022	3A	Discus	136' 8"
Emily Hartsoe	2022	3A	Shot Put	37' 2.5"

ASHEBORO

Laura Hargett	1987	3A	100 M Hurdles	15.93
Tara Lindsay	1989	3A	High Jump	5' 06"
Keione Covington	1994	3A	Long Jump	17' 11.75"
Keione Covington	1994	3A	Triple Jump	37' 2.5"
Keione Covington	1995	3A	Long Jump	18' 1.75"
Keione Covington	1995	3A	Triple Jump	36' 10.5"
Natasha Harris	1995	3A	300 M Hurdles	46.57
Keione Covington	1996	3A	Long Jump	18' 10"
Keione Covington	1997	3A	Long Jump	18' 6.5"
Maci Bunting	2016	3A	High Jump	5' 06"
Kalynn McNair	2017	3A	Triple Jump	38' 10.75"
Kalynn McNair	2018	3A	Triple Jump	38' 01"

ASHEVILLE

Valerie Metz	1994	3A	Shot Put	34' 5.75"
Jenny Cambron	2004	3A	Pole Vault	9' 06"
Sophia Treakle	2007	3A	100 M Hurdles	14.90
Sophia Treakle	2007	3A	300 M Hurdles	44.67



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



A.C. REYNOLDS

Christina Hernandez	2001	4A	Discus	126' 03"
Christina Hernandez	2002	4A	Discus	137' 04"
Christina Hernandez	2003	4A	Shot Put	41' 5"
Christina Hernandez	2003	4A	Discus	139' 00"
Anna Vess	2014	3A	1600 M Run	5:00.39
Anna Vess	2014	3A	3200 M Run	10:52.18
	2014	3A	4X800 M Relay	9:20.23
Anna Vess	2015	3A	800 M Dash	2:17.41
Anna Vess	2015	3A	1600 M Run	5:03.49
Anna Vess	2016	3A	800 M Dash	2:13.28
Anna Vess	2016	3A	1600 M Run	5:00.09
Anna Vess	2016	3A	3200 M Run	11:19.41

A.L. BROWN

Melissa Morrison	1987	4A	100 M Hurdles	14.78
Melissa Morrison	1988	4A	100 M Hurdles	15.19
Melissa Morrison	1989	4A	Triple Jump	39' 11.75"
Melissa Morrison	1989	4A	100 M Hurdles	14.09

ALBEMARLE

Tafoya Taylor	1986	1/2	Triple Jump	35' 09"
	1987	1/2	4X200 M Relay	1:45.45
Susie Britt	1988	1/2	High Jump	5' 02"
	1988	1/2	4X200 M Relay	1:46.03
	1989	1/2	4X400 M Relay	4:08.45
	2002	1A	4X400 M Relay	4:08.09
Kendall Ridenhour	2004	1A	Shot Put	38' 11"
Kendall Ridenhour	2004	1A	Discus	126' 02"
Glasha Covington	2006	1A	Triple Jump	35' 09"
	2006	1A	4X200 M Relay	1:49.23
Glasha Covington	2008	1A	Triple Jump	38' 3.75"
Taniqua Knight	2017	1A	300 M Hurdles	46.89
Taniqua Knight	2018	1A	300 M Hurdles	46.47
Somahje Porter	2019	1A	300 M Hurdles	46.76
Ali Currie	2022	1A	Triple Jump	46' 8"
Akala Garrett	2023	1A	200 Meter Dash	24.25
Akala Garrett	2023	1A	100 M Hurdles	13.52
Akala Garrett	2023	1A	300 M Hurdles	40.26
Akala Garrett	2023	1A	MOP	
	2023	1A	4X400 Relay	3:57.16

ANDREWS

Tiffany McGaha	2003	1A	Shot Put	37' 9"
Tiffany McGaha	2003	1A	Discus	124' 00"

Tiffany McGaha	2005	1A	Shot Put	38' 3.25"
Tiffany McGaha	2005	1A	Discus	134' 00"
Tiffany McGaha	2006	1A	Shot Put	37' 2"
Tiffany McGaha	2006	1A	Discus	139' 01"
	2006	3A	4X100 M Relay	49.06

ANDREWS (CONTINUED)

Stephanie Johnson	2011	1A	High Jump	5' 04"
Tiffany Holloway	2017	1A	Shot Put	41' 2"
Tiffany Holloway	2017	1A	Discus	128' 02"

ANSON

Chrystal Marsh	2002	3A	Long Jump	17' 10.25"
Lateasa Michael	2005	3A	300 M Hurdles	45.14
Patience Marshall	2018	2A	Shot Put	42' 3"
Patience Marshall	2018	2A	Discus	134' 08"
Katie Horne	2021	2A	Shot Put	37'08.00"
	2022	2A	4 X 100 Relay	49.72

APEX

Debbie Martin	2002	4A	High Jump	5' 08"
Lamarra Currie	2005	4A	200 M Dash	24.28
Andie Cozzarelli	2006	4A	3200 M Run	11:01.35
Andie Cozzarelli	2007	4A	3200 M Run	11:15.90
Alexis Murphy	2011	4A	200 M Dash	24.57
Alexis Murphy	2012	4A	100 M Dash	11.60
Alexis Murphy	2012	4A	200 M Dash	23.96
Anna Eaton	2014	4A	Pole Vault	12' 06"
Sydnei Murphy	2014	4A	Long Jump	19' 5.25"
Sydnei Murphy	2014	4A	Triple Jump	39' 7.5"
Anna Eaton	2015	4A	Pole Vault	12' 06"
Cara King	2015	4A	Shot Put (WC)	10' 04"
Cara King	2015	4A	Discus (WC)	25' 4"
Cara King	2015	4A	100 M Dash (WC)	22.32
Cara King	2015	4A	200 M Dash (WC)	44.90
Sydnei Murphy	2015	4A	Long Jump	20' 03"
Sydnei Murphy	2015	4A	Triple Jump	40' 0.75"
Sydnei Murphy	2015	4A	MOP	
Cara King	2016	4A	Shot Put (WC)	10' 11"
Cara King	2016	4A	Discus (WC)	26' 9"
Cara King	2016	4A	100 M Dash (WC)	28.80
Cara King	2016	4A	200 M Dash (WC)	50.54
Cara King	2017	4A	Shot Put (WC)	12' 04"
Cara King	2017	4A	Discus (WC)	32' 11"
Cara King	2017	4A	100 M Dash (WC)	23.04
Cara King	2017	4A	200 M Dash (WC)	47.77

Cara King	2018	4A	Shot Put (WC)	13' 7.5"
Cara King	2018	4A	Discus (WC)	34' 9"
Cara King	2018	4A	100 M Dash (WC)	22.42
Cara King	2018	4A	200 M Dash (WC)	42.03

ARDREY KELL

Amber Jackson	2021	4A	High Jump	5'06.00"
Amber Jackson	2021	4A	Long Jump	18'01.00"
Tyler Glover	2022	4A	Shot Put	42'01.50"
Tyler Glover	2023	4A	Shot Put	45'03.25"

ASHBROOK

	1987	4A	4X100 M Relay	48.86
	1988	4A	4X100 M Relay	48.53
	1988	4A	4X400 M Relay	3:56.50
Camryn Massey	2021	3A	Discus	140'09.00"
Camryn Massey	2023	3A	Discus	148'02.00"

ASHE COUNTY

Katrina Krider	2007	2A	Pole Vault	9' 06"
	2008	2A	4X200 M Relay	1:50.62
Emily Hartsoe	2021	2A	Discus	123'03"
Emily Hartsoe	2022	3A	Discus	136' 8"
Emily Hartsoe	2022	3A	Shot Put	37' 2.5"

ASHEBORO

Laura Hargett	1987	3A	100 M Hurdles	15.93
Tara Lindsay	1989	3A	High Jump	5' 06"
Keione Covington	1994	3A	Long Jump	17' 11.75"
Keione Covington	1994	3A	Triple Jump	37' 2.5"
Keione Covington	1995	3A	Long Jump	18' 1.75"
Keione Covington	1995	3A	Triple Jump	36' 10.5"
Natasha Harris	1995	3A	300 M Hurdles	46.57
Keione Covington	1996	3A	Long Jump	18' 10"
Keione Covington	1997	3A	Long Jump	18' 6.5"
Maci Bunting	2016	3A	High Jump	5' 06"
Kalynn McNair	2017	3A	Triple Jump	38' 10.75"
Kalynn McNair	2018	3A	Triple Jump	38' 01"

ASHEVILLE

Valerie Metz	1994	3A	Shot Put	34' 5.75"
Jenny Cambron	2004	3A	Pole Vault	9' 06"
Sophia Treakle	2007	3A	100 M Hurdles	14.90



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Sophia Treakle	2007	3A	300 M Hurdles	44.67
Sophia Treakle	2007	3A	MOP	
Sophia Treakle	2008	3A	100 M Hurdles	14.87
Sophia Treakle	2008	3A	300 M Hurdles	43.15
Alion Belvin	2017	3A	100 M Hurdles	15.00

ATHENS DRIVE

Karen Medlin	1999	4A	800 M Dash	2:18.32	
Callan Fike	2006	4A	1600 M Run	5:06.15	Crystal Chamblee
Callan Fike	2007	4A	800 M Dash	2:14.60	
Callan Fike	2007	4A	1600 M Run	4:59.83	Shanara Mintz
Maddie Davies	2021	4A	Pole Vault	12'00.00"	Shanara Mintz
Oluwanifemi Kalejaiye	2023	4A	Long Jump	18'02.00"	Shanara Mintz

AVERY COUNTY

Judith Dillashaw	2007	1A	Discus	111' 06"	Ja'Ciya Guthrie
Judith Dillashaw	2008	1A	Discus	117' 09"	Ja'Ciya Guthrie
Kylie Polsgrove	2013	1A	300 M Hurdles	46.17	Ja'Ciya Guthrie
Kylie Polsgrove	2014	1A	100 M Hurdles	15.17	Ja'Ciya Guthrie
Kylie Polsgrove	2014	1A	300 M Hurdles	45.71	
Kylie Polsgrove	2015	1A	High Jump	5' 06"	
Kylie Polsgrove	2015	1A	100 M Hurdles	14.94	Heather Hoffman
Kylie Polsgrove	2015	1A	300 M Hurdles	45.49	

BEDDINGFIELD

Kim Austin	1985	O	Long Jump	18' 10"	
Kim Austin	1986	3/4	Long Jump	19' 11"	
Kim Austin	1986	3/4	Triple Jump	39' 1.5"	
Kim Austin	1986	3/4	MOP		Shayla Horne
Tishan Melton	1995	3A	100 M Hurdles	15.11	Shayla Horne
	2014	2A	4X100 M Relay	49.35	

BEN L. SMITH

Rahma Mateen	1991	4A	Long Jump	19' 1.5"	Leak
	1991	4A	4X400 M Relay	3:55.55	Leak
Rahma Mateen	1992	4A	Long Jump	18' 08"	
	1992	4A	4X400 M Relay	3:58.00	Allison Lentz
	1999	3A	4X400 M Relay	4:08.53	Amy Steadman
Jeretha Massey	2000	3A	400 M Dash	59.02	
	2000	3A	4X400 M Relay	4:09.13	
Jeretha Massey	2001	3A	400 M Dash	58.16	Colleen McKown
Leteisha Johnson	2001	3A	300 M Hurdles	46.70	
	2001	3A	4X400 M Relay	3:59.91	Kaylan Lance
Jeretha Massey	2002	3A	800 M Dash	2:20.02	
Jeretha Massey	2002	3A	400 M Dash	57.76	

2004	3A	4X100 M Relay	49.95
2005	3A	4X200 M Relay	1:44.96

BERRY

2013	3A	4X100 M Relay	48.68
2013	3A	4X200 M Relay	1:43.75

BERTIE

1997	3A	Shot Put	37' 5.25"
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BESSEMER CITY

2000	2A	Shot Put	40' 6.75"
2002	1A	Shot Put	43' 4.75"
2002	1A	Discus	118' 0.5"
2016	1A	4X200 M Relay	1:49.62
2017	1A	4X200 M Relay	1:46.30

2019	1A	100 M Hurdles	15.04
2019	1A	100 M Dash	12.08
2019	1A	200 M Dash	25.30
2019	1A	MOP	

BISHOP MCGUINNESS

2006	1A	1600 M Run	5:26.78
2007	1A	4X400 M Relay	4:12.66
2009	1A	4X400 M Relay	4:04.48
2013	1A	4X800 M Relay	10:00.91
2014	1A	4X800 M Relay	9:56.73

BLADENBORO

1997	1A	300 M Hurdles	46.60
1998	1A	100 M Dash	12.49

BOWMAN

1973	O	100 YD Dash	11.10
1973	O	220 YD Dash	25.40

BREVARD

1998	2A	High Jump	5' 04"
2001	2A	400 M Dash	59.80
2001	2A	4X800 M Relay	10:21.21
2003	2A	4X800 M Relay	10:12.06
2004	2A	800 M Dash	2:22.22
2004	2A	4X800 M Relay	9:54.70
2010	2A	800 M Dash	2:19.76

BROUGHTON

Alayne Joyner	1993	4A	Discus	121' 04"
Meredith Faircloth	1995	4A	1600 M Run	5:09.29
Meredith Faircloth	1995	4A	3200 M Run	11:20.53
Ashley Dutch	2001	4A	100 M Hurdles	14.70
Ashley Dutch	2001	4A	300 M Hurdles	44.94
Karen Medlin	2001	4A	800 M Dash	2:18.79
	2012	4A	4X800 M Relay	9:11.48
Mattie Blue	2013	4A	1600 M Run	5:02.52
Megan Sullivan	2013	4A	800 M Dash	2:13.29
	2013	4A	4X800 M Relay	9:10.26

BUNKER HILL

Crystal Forney	1996	2A	High Jump	5' 02"
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BUNN

Nakisha Stewart	2003	2A	Shot Put	38' 0.5"
Nakisha Stewart	2005	2A	Shot Put	39' 0"
Tria Metzler	2005	2A	3200 M Run	11:31.90
Tria Metzler	2006	2A	3200 M Run	11:29.49
Marissa Bellamy	2009	2A	200 M Dash	24.69
Marisa Bellamy	2011	2A	100 M Dash	11.91
Marisa Bellamy	2011	2A	MOP	
Marissa Bellamy	2011	2A	200 M Dash	24.39
Marissa Bellamy	2011	2A	400 M Dash	56.74
Marissa Bellamy	2012	2A	400 M Dash	55.73
Mookie Chavis	2012	2A	Shot Put	38' 3.25"
Tainasha Vines	2013	2A	Triple Jump	38' 06"
Tainasha Vines	2014	2A	Long Jump	18' 7.5"
Tainasha Vines	2014	2A	Triple Jump	39' 1.5"
Tainasha Vines	2015	2A	Triple Jump	38' 8.75"

BUTLER

Rolanda Gabriel	1999	4A	300 M Hurdles	45.39
Vonteena Knotts	2004	4A	Long Jump	19' 4.5"
Aslynn Halvorson	2008	4A	Shot Put	42' 4"
Aslynn Halvorson	2008	4A	Discus	139' 10"
Aslynn Halvorson	2009	4A	Shot Put	44' 2"
Aslynn Halvorson	2009	4A	Discus	139' 07"
Clair Watkins	2010	4A	Shot Put	41' 8.5"
Vashti Bandy	2010	4A	100 M Dash	12.05
Cheyla Scott	2022	4A	High Jump	5' 10"

C.B. AYCOCK

Courtney Warner	2014	3A	100 M Dash	11.93
Courtney Warner	2014	3A	200 M Dash	24.87



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Courtney Warner 2015 3A 100 M Dash 11.80
Courtney Warner 2015 3A 200 M Dash 24.23

CAMDEN COUNTY

Taneshia Walker 1997 1A Long Jump 16' 07"
Sydney McCoy 2014 1A Long Jump 17' 11"
Sydney McCoy 2016 1A Long Jump 17' 1.5"
Sydney McCoy 2016 1A 100 M Dash 12.17

CAPE FEAR

McNeill 1978 O Long Jump 19' 07"
Sylvia Crumpler 1987 4A Shot Put 38' 0"
Sylvia Crumpler 1987 4A Discus 115' 01"
Sylvia Crumpler 1987 4A MOP
Sylvia Crumpler 1988 4A Shot Put 39' 7"
Sylvia Crumpler 1989 4A Shot Put 38' 9.75"

CARDINAL GIBBONS

Julie Shea 1975 O 880 YD Dash 2:14.40
Julie Shea 1976 O 1 Mile Run 4:50.80
Julie Shea 1977 O 880 YD Dash 2:16.60
Julie Shea 1977 O 1 Mile Run 4:43.10
Mary Shea 1978 O 2 Mile Run 10:17.50
Mary Shea 1979 O 880 YD Dash 2:13.20
Mary Shea 1979 O 1 Mile Run 4:58.00
Mary Shea 1979 O 2 Mile Run 10:08.40
Heather Beichner 2006 2A 1600 M Run 5:08.50
Heather Beichner 2006 2A 4X800 M Relay 9:39.46
Heather Beichner 2007 2A 1600 M Run 5:09.50
Heather Beichner 2007 2A 4X800 M Relay 10:06.39
Heather Beichner 2008 2A 800 M Dash 2:18.61
Heather Beichner 2008 2A 1600 M Run 4:57.05
Heather Beichner 2008 2A 4X400 M Relay 4:11.97
Heather Beichner 2008 2A 4X800 M Relay 9:55.84
Halsey Merritt 2009 2A 3200 M Run 11:46.64
Halsey Merritt 2009 2A 1600 M Run 5:16.82
Halsey Merritt 2009 2A 4X800 M Relay 9:57.11
Sarah Rapp 2010 3A 1600 M Run 5:04.10
Sarah Rapp 2010 3A 3200 M Run 11:00.10
Megan Kunkel 2011 3A 800 M Dash 2:17.74
Sarah Rapp 2011 3A 1600 M Run 5:07.05
Sarah Rapp 2011 3A 3200 M Run 11:03.44
Sarah Rapp 2011 3A 4X800 M Relay 9:29.25
Mary Grace Doggett 2012 3A 3200 M Run 11:21.84
Sophie Ebihara 2013 3A 3200 M Run 11:08.52

Sophie Ebihara 2015 3A 3200 M Run 11:06.99
Caroline Todd 2018 4A 4X800 M Relay 9:26.83
Taylor McKinnon 2019 4A 800 M Dash 2:15.08
Shawnti Jackson 2019 4A 100 M Hurdles 13.88
Shawnti Jackson 2021 4A 100 Meter Dash 11.48
Shawnti Jackson 2021 4A 200 Meter Dash 23.06
Shawnti Jackson 2021 4A 4X100 Relay 47.33
Hannah Rae Shaffer 2022 4A 3200M Run 10:37.09

CARRBORO

Francesca Perone 2010 2A 1600 M Run 5:25.44
Grace Morken 2010 2A 4X800 M Relay 9:46.00
Grace Morken 2011 2A 800 M Dash 2:13.09
Grace Morken 2011 2A 1600 M Run 5:13.09
Grace Morken 2011 2A 4X800 M Relay 9:49.09
Grace Morken 2012 2A 800 M Dash 2:18.26
Grace Morken 2012 2A 1600 M Run 5:09.13
Grace Morken 2012 2A 4X800 M Relay 9:48.60
Grace Morken 2013 2A 800 M Dash 2:16.71
Grace Morken 2013 2A 1600 M Run 5:13.00
Maysa Araba 2013 2A 4X400 M Relay 4:05.12
Maysa Araba 2013 2A 4X800 M Relay 9:42.41
Helen Morken 2014 2A 800 M Dash 2:16.41
Maysa Araba 2014 2A 1600 M Run 5:03.52
Maysa Araba 2015 2A 3200 M Run 11:24.70
Maysa Araba 2015 2A 800 M Dash 2:15.18
Maysa Araba 2015 2A 1600 M Run 4:55.78
Maysa Araba 2015 2A MOP
Hannah Preisser 2019 2A 3200 M Run 11:31.43
Hannah Preisser 2019 2A 4X800 M Relay 9:52.12

CARVER

2011 2A 4X100 M Relay 49.46

CARY

Diana Jones 1988 4A Discus 117' 02"
Wendy Utley 1991 4A Shot Put 37' 3.5"
Nneka Martin 1993 4A 4X800 M Relay 9:52.30
Kinsey Batts 1997 4A 4X800 M Relay 9:41.61
Melissa Council 2000 4A 300 M Hurdles 44.23
Melissa Council 2002 4A Pole Vault 10' 06"
Melissa Council 2003 4A Long Jump 17' 11"
Melissa Council 2003 4A 200 M Dash 24.45
Melissa Council 2003 4A 300 M Hurdles 43.61
Melissa Council 2003 4A MOP

Layla White

Olivia Goodwin

Italie Murphy

Italie Murphy

Italie Murphy

Jordan Lee

Kennedy Wolfe

Jordan Lee

Kennedy Wolfe

Lindsay Fuller

Lindsay Fuller

Lindsay Fuller

Libby Florence

Morgan Lau

Kacia Vines

Kacia Vines

Caroline Fowlkes

Jahaila Wright

Briscoe

Angie Morey

Rachel Kitson

Rachel Kitson

Megan Marvin

Megan Marvin

Megan Marvin

Amelia Maughan

Onya Edwards

2010 4A 4X800 M Relay 9:18.33
2011 4A 4X800 M Relay 9:06.17
2014 4A 400 M Dash 55.41
2014 4A 4X800 M Relay 9:09.58
2015 4A 4X800 M Relay 9:14.45
2017 4A Pole Vault 12' 06"

CEDAR RIDGE

2003 2A 400 M Dash 59.06
2004 2A 400 M Dash 56.27
2005 2A 400 M Dash 58.02
2005 2A High Jump 5' 02"
2006 2A 800 M Dash 2:20.01
2007 2A High Jump 5' 06"
2007 2A 800 M Dash 2:22.77
2007 2A 100 M Dash 12.27
2008 2A 100 M Dash 12.40
2009 2A 100 M Dash 12.44
2009 2A 4X100 M Relay 49.73
2009 2A 4X200 M Relay 1:43.91
2010 2A High Jump 5' 03"
2012 2A Discus 112' 03"
2014 3A Long Jump 17' 10"
2015 3A Long Jump 18' 07"
2022 3A Pole Vault 11' 00"

CENTRAL CABARRUS

2021 3A Triple Jump 37'11.00"

CHAPEL HILL

1978 O 880 YD Dash 2:17.10
1996 4A 3200 M Run 11:34.43
2001 4A 1600 M Run 5:11.93
2001 4A 3200 M Run 11:15.32
2017 3A 4X800 M Relay 9:26.90
2018 3A 800 M Dash 2:12.74
2018 3A 4X800 M Relay 9:18.55
2019 3A 800 M Dash 2:13.26
2019 3A 4X800 M Relay 9:23.62
2022 4A 1600M Run 4:49.69

CHARLOTTE CATHOLIC

2012 3A Long Jump 16' 11"

CHASE



Lamonda Miller	1985	O	100 M Dash	11.90	Malia Ellington	2014	1A	800 M Dash	2:15.87	DeAnne Davis	1993	3A	Triple Jump	38' 11"
Lamonda Miller	1985	O	200 M Dash	24.64	Malia Ellington	2014	1A	1600 M Run	4:59.88	DeAnne Davis	1993	3A	100 M Hurdles	14.67
	1990	1/2	4X100 M Relay	50.73	Malia Ellington	2014	1A	3200 M Run	12:02.69	DeAnne Davis	1993	3A	300 M Hurdles	45.44
	1991	1/2	4X100 M Relay	50.14	Maria Ellington	2014	1A	MOP		DeAnne Davis	1993	3A	MOP	
					Malia Ellington	2015	1A	800 M Dash	2:12.26		1993	3A	4X100 M Relay	49.83
					Malia Ellington	2015	1A	1600 M Run	5:04.85	DeAnne Davis	1994	2A	Triple Jump	38' 11"
Wendy Wilson	1994	1A	100 M Dash	13.14	Malia Ellington	2015	1A	3200 M Run	11:28.59	DeAnne Davis	1994	2A	100 M Hurdles	14.65
Holly Gaines	2011	1A	400 M Dash	59.06	Maria Ellington	2015	1A	MOP		DeAnne Davis	1994	2A	300 M Hurdles	45.56
						2015	1A	4X400 M Relay	4:04.26	DeAnne Davis	1994	2A	MOP	
Miranda Long	2000	1A	Discus	116' 9.5"		2023	2A	4X800 Relay	10:06.18		1994	2A	4X200 M Relay	1:46.27
Miranda Long	2001	1A	Discus	118' 04"							1994	2A	4X400 M Relay	4:07.34
Amanada Cagle	2008	1A	Shot Put	37' 00"						DeAnne Davis	1995	2A	Long Jump	18' 0.5"
Hallah Panther	2019	1A	Pole Vault	10' 00"	Candra Gayle	1989	3A	Discus	127' 08"	DeAnne Davis	1995	2A	Triple Jump	39' 09"
Dvdaya Swimmer	2023	1A	400 Meter Dash	2:19.71	Candra Gayle	1989	3A	MOP		DeAnne Davis	1995	2A	100 M Hurdles	14.56
					Ameika Robinson	1990	3A	Shot Put	36' 5.25"					
					Carol Kiser	1999	3A	High Jump	5' 04"	DeAnne Davis	1995	2A	300 M Hurdles	44.94
Sarah Herd	2007	1A	High Jump	5' 02"						DeAnne Davis	1995	2A	MOP	
											1995	2A	4X100 M Relay	50.42
											1995	2A	4X200 M Relay	1:44.71
Anissa Gainey	1997	2A	200 M Dash	25.54	Tori Elliott	2011	3A	Long Jump	17' 10"		1995	2A	4X400 M Relay	4:06.14
Anissa Gainey	1998	3A	100 M Dash	12.20	Tori Elliott	2011	3A	MOP			1995	2A	4X400 M Relay	4:06.14
Anissa Gainey	1999	3A	Long Jump	18' 06"		2016	3A	4X100 M Relay	48.27	DeAnne Davis	1996	2A	Long Jump	18' 10.75"
Anissa Gainey	1999	3A	100 M Dash	12.12						DeAnne Davis	1996	2A	Triple Jump	40' 02"
Anissa Gainey	1999	3A	200 M Dash	24.79	Alexis Willis	2022	3A	Triple Jump	39'00.50"	DeAnne Davis	1996	2A	100 M Hurdles	14.63
Annisia Gainey	1999	3A	MOP		Alexis Willis	2023	3A	Triple Jump	37'10.00"	DeAnne Davis	1996	2A	300 M Hurdles	45.40
Anissa Gainey	2000	3A	100 M Dash	12.06							1996	2A	MOP	
Anissa Gainey	2000	3A	200 M Dash	25.18							1996	2A	4X100 M Relay	50.12
Keni Harrison	2010	4A	100 M Hurdles	14.56	Samantha Layko	2013	2A	Discus	122' 01"	Deidre Mapp	1996	2A	4X200 M Relay	1:45.71
Keni Harrison	2010	4A	300 M Hurdles	42.53	Samantha Layko	2014	2A	Discus	131' 05"	Lisa Bradsher	1997	2A	100 M Hurdles	15.63
Keni Harrison	2010	4A	MOP		Samantha Layko	2015	2A	Shot Put	39' 6.5"	Deidre Mapp	1997	2A	300 M Hurdles	45.79
Keni Harrison	2011	4A	100 M Hurdles	13.69	Samantha Layko	2015	2A	Discus	128' 11"	Deidre Mapp	1998	1A	Triple Jump	35' 3.5"
Keni Harrison	2011	4A	300 M Hurdles	41.41	Kaleigh Hanson	2015	2A	Discus	128' 11"	Deidre Mapp	1998	1A	100 M Hurdles	15.75
Keni Harrison	2011	4A	MOP			2017	2A	800 M Dash	2:19.28	Deidre Mapp	1998	1A	300 M Hurdles	46.36
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2017	2A	4X400 M Relay	4:07.97	Latoya Walters	1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2017	2A	4X400 M Relay	4:07.97	Latoya Walters	1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	300 M Hurdles	46.36
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012	4A	100 M Hurdles	13.66	Kaleigh Hanson	2018	2A	800 M Dash	2:19.43		1998	1A	400 M Dash	1:00.08
Mollie Williams	2012													



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Chandra Pulliam	2002	2A	100 M Hurdles	14.59
Chandra Pulliam	2002	2A	300 M Hurdles	44.61
Dominique Price	2004	2A	100 M Hurdles	14.97
Latoya James	2005	2A	100 M Hurdles	14.93
Latoya James	2005	2A	300 M Hurdles	43.96
Latoya James	2006	2A	100 M Hurdles	14.34
Latoya James	2006	2A	300 M Hurdles	44.15
Latoya James	2006	2A	MOP	
	2006	2A	4X100 M Relay	49.06
	2006	2A	4X200 M Relay	1:42.33
Latoya James	2007	2A	Long Jump	18' 1.5"
Latoya James	2007	2A	100 M Hurdles	13.98
Latoya James	2007	2A	300 M Hurdles	43.76
Latoya James	2007	2A	MOP	

CUMMINGS (CONTINUED)

Sherice Walker	2007	2A	Triple Jump	38' 5.5"
Brittany Wilkins	2008	2A	200 M Dash	25.27
Sherice Walker	2008	2A	Long Jump	19' 1.75"
Sherice Walker	2008	2A	Triple Jump	39' 03"
Sherice Walker	2008	2A	100 M Hurdles	14.21
Sherice Walker	2008	2A	300 M Hurdles	44.74
Sherice Walker	2008	2A	MOP	
Sherice Walker	2009	2A	Long Jump	19' 03"
Sherice Walker	2009	2A	Triple Jump	39' 09"
Sherice Walker	2009	2A	100 M Hurdles	14.50
Sherice Walker	2009	2A	MOP	
Francesca Evans	2010	2A	300 M Hurdles	44.64
Kortney Williams	2010	2A	Triple Jump	37' 01"
Kortney Williams	2010	2A	100 M Hurdles	14.66
	2010	2A	4X400 M Relay	4:08.64
Francesca Evans	2011	2A	Triple Jump	38' 10.5"
Francesca Evans	2012	2A	Triple Jump	39' 03"
Francesca Evans	2012	2A	MOP	
Kayla Moore	2014	2A	100 M Hurdles	14.75
Kayla Moore	2014	2A	300 M Hurdles	45.77
Kayla Moore	2015	2A	100 M Hurdles	14.38
Kayla Moore	2015	2A	300 M Hurdles	46.07
Kenya Majors	2015	2A	Long Jump	18' 1.25"
	2015	2A	4X100 M Relay	48.81
Kayla Moore	2016	2A	100 M Hurdles	13.71
Kayla Moore	2016	2A	300 M Hurdles	42.70
Kayla Moore	2016	2A	MOP	
Kenya Majors	2016	2A	Long Jump	18' 6.5"
Tajah Walston	2016	2A	100 M Dash	11.94
	2016	2A	4X100 M Relay	48.52

Kelsia Moore	
Allysia Farrar	
Allysia Farrar	
Jydia Faucette	
Kendall Jordan	
Kendall Jordan	
Kendall Jordan	
Kendall Jordan	
Kendall Jordan	
Kendall Jordan	
Kendall Jordan	
Kendall Jordan	
Kendall Jordan	
Kendall Jordan	

CUMMINGS (CONTINUED)

Tamesia Pinnix	
Tamesia Pinnix	
D'Anna Cotton	
D'Anna Cotton	

Racheca Barrow	
Rasheca Barrow	

Raven Covington	
Liz Wood	
Liz Wood	
Nikolete Hurrinus	

Jaelyn Warren	
Sarah LaTour	
Sarah LaTour	
Dahlia Cutler	
Ava Studney	
Alyssa Preisano	
Alyssa Preisano	

Charlotte Bell	
Charlotte Bell	
Charlotte Bell	

2016	2A	4X200 M Relay	1:41.59
2017	2A	Long Jump	19' 01"
2018	2A	4X200 M Relay	1:44.13
2019	2A	100 M Dash	11.92
2019	2A	200 M Dash	24.85
2019	2A	Long Jump	18' 1.75"
2019	2A	Triple Jump	40' 4.75"
2019	2A	100 M Hurdles	14.11
2019	2A	300 M Hurdles	43.03
2019	2A	MOP	
2021	2A	100M Hurdles	14.03
2021	2A	300M Hurdles	44.22
2021	2A	Long Jump	17'10.50"
2021	2A	Triple Jump	38'04.00"

CUMMINGS (CONTINUED)

2022	2A	100M Hurdles	14.11
2022	2A	Long Jump	18' 6.25"
2023	2A	High Jump	5'06.00"
2023	2A	Triple Jump	37'06.75"

CURRITUCK

1996	2A	200 M Dash	25.12
1996	2A	100 M Dash	12.23
1999	2A	4X400 M Relay	4:14.95

CUTHBERTSON

2012	2A	Long Jump	17' 04"
2013	2A	Pole Vault	10' 06"
2014	3A	Pole Vault	11' 06"
2014	3A	400 M Dash	56.98
2016	3A	4X800 M Relay	9:29.86
2017	3A	High Jump	5' 04"
2017	3A	1600 M Run	5:03.03
2017	3A	3200 M Run	11:22.35
2018	3A	400 M Dash	56.15
2019	3A	Pole Vault	11' 06"
2021	3A	800 Meter Run	2:17.46
2021	3A	1600 Meter Run	4:57.34
2021	3A	4X800 Relay	9:18.25
2022	4A	800M Run	2:12.23
2022	4A	4 X 800 Relay	9:12.43
2023	4A	800M Run	2:08.89
2023	4A	1600M Run	4:43.27
2023	4A	4X800 Relay	9:01.84

Kim Pakowski	
Kim Pakowski	
Toi Wilson	
Toi Wilson	
Toi Wilson	
Toi Wilson	

Sarah Gardner	
Samantha Murrillo	
Anna McBride	
Anna McBride	

DIXON

Valesha Small	
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Ida Pierce	
Elisha Marshall	
Elisha Marshall	
Adrianne Sims	
Adrianne Sims	
Adrianne Sims	
Naomi Alston	
Naomi Alston	

Josephine Johnson	
Leanna Seagraves	

Cook	
Wall	

Pam Doggett	
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Pam Doggett	
Pam Doggett	
Adrienne Ferguson	
Adrienne Ferguson	
Adrienne Ferguson	
Pam Doggett	

D.H. CONLEY

1990	3A	Discus	119' 05"
1991	3A	Discus	115' 10"
1992	3A	400 M Dash	59.05
1993	3A	100 M Dash	11.83
1993	3A	400 M Dash	55.71
1994	3A	400 M Dash	56.84

DAVIE

1982	0	Shot Put	41' 8.25"
2001	4A	400 M Dash	56.72
2011	4A	3200 M Run	10:46.08
2012	4A	3200 M Run	10:47.82

DIXON

1999	1A	Long Jump	17' 2.75"
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DOUGLAS BYRD

1985	0	Shot Put	37' 5.5"
1992	4A	100 M Dash	12.18
1994	4A	100 M Dash	12.18
1995	4A	High Jump	5' 8.5"
1996	4A	High Jump	5' 08"
1997	4A	High Jump	6' 00"
2011	3A	400 M Dash	56.48
2012	3A	400 M Dash	56.01

DRAUGHN

2015	2A	Pole Vault	9' 06"
2016	2A	Pole Vault	9' 00"

DUDLEY

1972	0	Discus	103' 11"
1972	0	High Jump	5' 02"
1977	0	4X110 YD Relay	49.30
1979	0	4X220 YD Relay	1:44.00
1984	0	200 M Hurdles	27.92
1984	0	4X100 M Relay	48.46
1984	0	4X200 M Relay	1:40.24
1985	0	100 M Hurdles	14.50
1985	0	300 M Hurdles	44.73
1986	3/4	100 M Dash	11.96
1986	3/4	200 M Dash	24.40
1986	3/4	MOP	
1986	3/4	100 M Hurdles	13.88



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Pam Doggett	1986	3/4 300 M Hurdles	42.00
Pam Doggett	1986	3/4 MOP	
Sonja Thomas	1986	3/4 400 M Dash	56.14
	1986	3/4 4X100 M Relay	48.59
	1986	3/4 4X200 M Relay	1:40.67
	1986	3/4 4X400 M Relay	3:51.70
Sonja Thomas	1987	4A 400 M Dash	56.27
Wanda Medly	1987	4A 300 M Hurdles	45.14
Marlene Poole	1989	4A 100 M Dash	11.74
Marlene Poole	1989	4A 200 M Dash	25.04
	1989	4A 4X200 M Relay	1:41.76
	1989	4A 4X400 M Relay	3:51.87
	1989	4A 4X800 M Relay	9:29.36
Marlene Poole	1990	4A 100 M Dash	11.95
Marlene Poole	1990	4A 200 M Dash	24.53
	1990	4A 4X400 M Relay	3:52.76
	1993	4A 4X100 M Relay	48.34

DUDLEY (CONTINUED)

	1993	4A 4X200 M Relay	1:42.21
	1998	3A 4X100 M Relay	48.71
	1998	3A 4X400 M Relay	4:00.62
	1999	3A 4X100 M Relay	49.01
Suzzette McSwain	2001	3A 200 M Dash	25.79
Tiaera Reynolds	2006	3A 400 M Dash	57.02
	2007	3A 4X400 M Relay	4:01.30
	2008	3A 4X200 M Relay	1:42.08
	2008	3A 4X400 M Relay	4:00.35
Tyler Brockington	2009	3A 300 M Hurdles	45.02
	2009	3A 4X200 M Relay	1:41.48
	2009	3A 4X400 M Relay	3:55.47
Tyler Brockington	2012	4A 300 M Hurdles	41.81

DURHAM MAGNET

Katrelle Armwood	1999	1A Triple Jump	35' 4.75"
Katrelle Armwood	1999	1A 300 M Hurdles	45.92

DURHAM SCHOOL OF ARTS

Katrelle Armwood	2000	1A 100 M Hurdles	15.38
Katrelle Armwood	2001	1A Long Jump	17' 5.5"
Katrelle Armwood	2002	1A Long Jump	18' 5.25"
Katrelle Armwood	2002	1A Triple Jump	36' 03"
Katrelle Armwood	2002	1A 100 M Hurdles	15.38
Katrelle Armwood	2002	1A 300 M Hurdles	45.80
Katrelle Armwood	2002	1A MOP	
Mary Mayfield	2002	1A 400 M Dash	57.46

Ebony Robinson	
Melinda Mayfield	
Eman Al-Aswadi	
Jessica Peaks	
Eman Al-Aswadi	
Jessica Peaks	

Angel Bowden	
Teteateh Snoh	

Colette Williams	
Colette Williams	
Colette Williams	
Francis Warner	
Tacara Morrissey	

Cessy Hudson	
Cessy Hudson	
Cessy Hudson	
Cessy Hudson	
Alisha Little	
Alisha Little	

Amanda Johnson	
Amanda Johnson	
Saundra Teel	
Amanda Johnson	
Amanda Johnson	
Amanda Johnson	
Cora Johnson	

Cora Johnson	
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2002 1A 4X200 M Relay	1:44.35
2003 1A 200 M Dash	25.64
2003 1A 100 M Hurdles	15.84
2003 1A 4X200 M Relay	1:46.47
2004 1A Triple Jump	35' 9.75"
2004 1A High Jump	5' 02"
2004 1A 4X200 M Relay	1:44.60
2004 1A 4X400 M Relay	4:09.69
2005 1A Triple Jump	35' 02"
2005 1A High Jump	5' 04"
2005 1A 4X200 M Relay	1:47.74
2005 1A 4X400 M Relay	4:12.69
2005 1A 4X800 M Relay	10:15.54
2007 2A 4X400 M Relay	4:10.30
2019 2A High Jump	5' 03"
2019 2A Discus	143' 10"

E.E. SMITH

1981 O Triple Jump	40' 6.5"
1982 O Triple Jump	38' 11.25"
1982 O 100 M Hurdles	13.40
1994 4A 1600 M Run	4:59.92
2007 4A 300 M Hurdles	44.56
2022 3A 4 X 400 Relay	4:06.97

EAST BURKE

1986 3/4 3200 M Run	11:09.30
1987 4A 1600 M Run	5:07.03
1988 4A 1600 M Run	5:10.38
1988 4A 3200 M Run	11:18.05
1999 4A 1600 M Run	5:08.40
1999 4A 3200 M Run	11:04.39

EAST CARTERET

1992 1/2 100 M Dash	12.59
1992 1/2 200 M Dash	25.79
1992 1/2 High Jump	5' 04"
1993 1/2 Long Jump	18' 7.75"
1993 1/2 100 M Dash	12.41
1993 1/2 200 M Dash	25.79
1998 2A Long Jump	18' 9.75"
1998 2A 4X100 M Relay	49.73
1998 2A 4X200 M Relay	1:44.30
1999 2A 4X200 M Relay	1:48.61
2000 2A Long Jump	19' 04"

Breah Taylor	2017 1A Triple Jump	37' 5.5"
	2017 1A 4X100 M Relay	50.18
Breah Taylor	2018 1A Long Jump	18' 03"
Breah Taylor	2018 1A Triple Jump	38' 1.5"
Tierra Benders	2018 1A High Jump	5' 02"
Breah Taylor	2019 1A Long Jump	17' 10.5"
Breah Taylor	2019 1A Triple Jump	38' 09"
	2019 1A 4X100 M Relay	49.88
Latecyia Johnson	2021 1A Long Jump	18'00.00"
Latecyia Johnson	2022 2A Triple Jump	36' 7.25"

EAST CHAPEL HILL

Kate McCarthy	2003 3A 3200 M Run	12:25.00
Gabrielle Daniel	2005 3A 200 M Dash	25.33
Carolyn Baskir	2009 4A 1600 M Run	4:56.87
Pegah Kamrani	2013 4A 3200 M Run	10:47.60

EAST COLUMBUS

Jasmine Young	2007 1A Long Jump	17' 06"
Jasmine Young	2008 1A Long Jump	17' 05"

EAST DUPLIN

Clifeteana McIver	1997 2A MOP	
Clifeteana McKiver	1997 2A Shot Put	36' 9.5"
Clifeteana McKiver	1997 2A Discus	133' 01"
Clifeteana McKiver	1998 2A Discus	130' 11"

EAST FORSYTH

Clara Hairston	1980 O 200 M Hurdles	28.50
Clara Hairston	1981 O 100 M Hurdles	13.60
	1982 O 4X100 M Relay	48.10
	1985 O Triple Jump	40' 5.5"
	1990 4A 800 M Dash	2:15.30
	1994 4A Shot Put	39' 7.75"
	1994 4A Discus	116' 01"
Sydney White	2011 4A Pole Vault	12' 07"
Sydney White	2012 4A Pole Vault	12' 09"

EAST GASTON

Ne'ja Ervin	2017 3A Discus	122' 8.75"
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EAST HENDERSON

Karen Thompson	1980 O 3200 M Run	11:20.10
Debbie Hollingsworth	1989 3A 300 M Hurdles	46.91
	1996 2A 4X400 M Relay	4:14.06



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



EAST LINCOLN

Megan Seehorn	2002	3A	High Jump	5' 02"
Toree Roseboro	2005	3A	100 M Dash	12.22
	2015	2A	4X800 M Relay	9:45.16

EAST MECKLENBURG

Crowell	1972	O	220 YD Dash	26.10
Crowell	1972	O	440 YD Dash	1:00.30
Joan Nesbitt	1980	O	1600 M Run	5:05.70
Tomi Ogumba	1988	4A	800 M Dash	2:18.34
	1988	4A	4X800 M Relay	9:36.07
Leslie McCaskill	1989	4A	800 M Dash	2:17.66
	1991	4A	4X800 M Relay	9:42.31
	1994	4A	4X800 M Relay	9:56.42
	1995	4A	4X800 M Relay	9:48.96
	1998	4A	4X400 M Relay	3:53.54

EAST MONTGOMERY

Claudia Newman	1990	1/2	800 M Dash	2:18.50
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EAST ROWAN

Rebekah Frick	1993	3A	1600 M Run	5:25.84
Rebekah Frick	1993	3A	3200 M Run	11:59.26
Jordan Huffman	2004	3A	Discus	117' 06"
Rachel Karriker	2005	3A	Discus	111' 01"
Taylor Kirk	2014	3A	Shot Put (WC)	9' 02"
Taylor Kirk	2016	3A	Shot Put (WC)	8' 11.5"

EAST RUTHERFORD

Crystal Littlejohn	1988	3A	400 M Dash	59.66
Gayshawna Watkins	2009	2A	Shot Put	39' 11.5"
Cheyenne Miller	2011	2A	High Jump	5' 07"

EAST SURRY

Suzanne Shelton	1994	1A	1600 M Run	5:39.44
Maya Bennett	2003	1A	High Jump	5' 05"
Clara Willard	2022	2A	Discus	118' 9"

EAST WILKES

Kenya Hackett	1998	1A	Shot Put	34' 10"
Allison Adams	2000	1A	300 M Hurdles	47.80
Anna Hayes	2007	1A	1600 M Run	5:25.99
	2008	1A	4X800 M Relay	9:57.28

Carol Blankenship	2009	1A	4X800 M Relay	9:53.04
Carol Blankenship	2010	1A	1600 M Run	5:06.62
Carol Blankenship	2010	1A	3200 M Run	11:29.54
Lilly Adams	2022	1A	High Jump	5' 2"

EASTERN ALAMANCE

Latoya Johnson	1994	2A	100 M Dash	12.57
	2005	2A	4X200 M Relay	1:43.66
	2005	2A	4X400 M Relay	4:01.37
Jasmine Parquet	2015	3A	400 M Dash	56.13
Karisma Marte	2019	3A	300 M Hurdles	43.26

EASTERN GUILFORD

	1978	O	4X110 YD Relay	49.00
Leigh Ann Dillon	2003	2A	High Jump	5' 04"
	2014	3A	4X200 M Relay	1:42.47
	2015	3A	4X400 M Relay	3:57.10
Taylor Henderson	2016	3A	200 M Dash	24.40
Tiana Taylor	2016	3A	Shot Put	39' 7.75"

EASTERN GUILFORD (CONTINUED)

	2016	3A	4X200 M Relay	1:41.59
Zariyah Black	2021	3A	110M Hurdles	14.51

EASTERN RANDOLPH

Lashonda Stubbs	1996	3A	Triple Jump	38' 06"
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EASTERN WAYNE

Jessica Collins	2002	3A	1600 M Run	5:18.76
Jessica Collins	2002	3A	3200 M Run	11:37.86
	2002	3A	4X800 M Relay	10:07.43
Ta'Honny Exum	2021	3A	Shot Put	39'01.50"
Ta'Honny Exum	2022	2A	Shot Put	42' 5.75"

ELKIN

Caroline Norton	1994	1A	High Jump	5' 00"
Shalisha Greg	1995	1A	400 M Dash	1:02.00
Michelle Giudici	1998	1A	Discus	115' 07"
Michelle Giudici	1999	1A	Discus	126' 08"
Shakai Ward	2014	1A	400 M Dash	57.59
	2014	1A	4X400 M Relay	4:08.99
Shakai Ward	2015	1A	400 M Dash	57.14
Hannah Oliver	2019	1A	3200 M Run	11:36.10
	2022	1A	4 X 400 Relay	4:14.95

ELM CITY

Roundtree	1974	O	100 YD Dash	11.40
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ENKA

Vicki Peek	1987	3A	High Jump	5' 04"
Jennifer Olive	1989	3A	1600 M Run	5:16.96
Amy Thatcher	1990	3A	800 M Dash	2:23.09
Melinda Dubose	1998	3A	800 M Dash	2:20.14
Stephanie Snyder	2005	3A	800 M Dash	2:18.93

ENLOE

Jamila Forte	1993	4A	High Jump	5' 04"
T. Patterson	1994	4A	Long Jump	18' 08"
U. McLean	1994	4A	800 M Dash	2:17.72
Mary Floyd	1998	4A	1600 M Run	5:12.03
Erika Foushee	2004	4A	300 M Hurdles	44.02

ERWIN

Kelly Sensing	1989	3A	Shot Put	37' 4.5"
	2017	3A	4X100 M Relay	48.32

FARMVILLE CENTRAL

Cheryl Hopkins	1988	1/2	Triple Jump	37' 7.75"
Darlene Vick	1991	1/2	Discus	115' 10"
Darlene Vick	1992	1/2	Discus	118' 02"
Amy Vincent	1993	1/2	Discus	120' 01"
Crystal Smith	2007	2A	400 M Dash	57.79
Maria Johnson	2007	2A	200 M Dash	25.12
	2022	2A	4 X 200 Relay	1:45.88
	2023	2A	4X100 Relay	48.35

FIKE

Tonya Pope	1988	4A	300 M Hurdles	44.20
Latosha Etheridge	1994	3A	High Jump	5' 05"
Sabrina Thompson	1994	3A	100 M Dash	12.09
Sabrina Thompson	1994	3A	200 M Dash	24.68
Sabrina Thompson	1994	3A	MOP	
	1994	3A	4X100 M Relay	49.69
	1994	3A	4X200 M Relay	1:44.74
Sabrina Thompson	1995	3A	100 M Dash	11.95
Sabrina Thompson	1995	3A	200 M Dash	25.16
Sabrina Thompson	1995	3A	MOP	
Sabrina Thompson	1996	3A	100 M Dash	11.95
Sabrina Thompson	1996	3A	200 M Dash	24.61
Sabrina Thompson	1996	3A	MOP	



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



1996	3A	4X100 M Relay	49.16
1996	3A	4X200 M Relay	1:41.21
1996	3A	4X400 M Relay	4:04.29
Tiffany Smith	1997	3A 300 M Hurdles	45.29
Tiffany Smith	1998	3A 300 M Hurdles	44.87
Tiffany Smith	1999	3A 300 M Hurdles	45.32
Jentzen Jones	2012	3A 1600 M Run	5:13.07
Maya Evans	2013	3A 400 M Dash	55.93

FIRST FLIGHT

2017	2A	4X800 M Relay	9:52.86
2021	2A	4X800 Relay	10:02.79
Tatum Dermatas	2023	3A 3200 M Run	10:59.01

FORBUSH

Leigh Branon	1995	2A Shot Put	36' 6.5"
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FOREST HILLS

Cheryl Bowman	1991	1/2 200 M Dash	26.58
	1991	1/2 4X200 M Relay	1:47.04
	1992	1/2 4X100 M Relay	50.43
	1993	1/2 4X100 M Relay	49.35
	1993	1/2 4X200 M Relay	1:44.79

FOREST HILLS (CONTINUED)

Whitney McGee	2002	2A Discus	124' 09"
Taryn Wentz	2006	2A Long Jump	18' 05"
Taryn Wentz	2006	2A Triple Jump	37' 04"

FORESTVIEW

Stormy Kendrick	2007	3A 100 M Dash	11.79
Stormy Kendrick	2009	3A 100 M Dash	12.11
Stormy Kendrick	2009	3A 200 M Dash	25.13

FRANKLIN

	1995	3A 4X800 M Relay	9:49.93
Kelly Derry	2000	3A 800 M Dash	2:21.62
Ashleigh Culpepper	2009	3A Pole Vault	10' 00"
Ashleigh Culpepper	2010	3A Pole Vault	10' 06"
Rikki Jay	2011	3A 300 M Hurdles	44.47
Danielle Brown	2014	2A Pole Vault	11' 02"
LesLeigh Tabor	2016	2A Shot Put	37' 3"
LesLeigh Tabor	2017	2A Shot Put	41' 10"
Kennedy Conner	2018	2A High Jump	5' 04"

Caitlyn Burkett
Caitlyn Burkett

Charity Snelling
M'Smrya Seward
Rebekah Smith

Christina Berndt

Amanda Becker
Amanda Becker
Amanda Becker
Amanda Becker
Jocelyn Keen

Teresa Allen
Tanya Fillmore
Carrie Hoag

Carol Merritt
Alesia Walters
Jonah Ross
Jonah Ross
Jonah Ross
Kori Randle

Hannah Parks
Hannah Parks
Hannah Parks
Hannah Parks

2021 2A 4X400 Relay 4:09.39

FRANKLIN ACADEMY

2017	1A	1600 M Run	5:21.43
2018	1A	3200 M Run	12:02.84
2018	1A	4X800 M Relay	10:17.96
2019	1A	4X800 M Relay	10:26.82

FRANKLINTON

2014	2A	High Jump	5' 05"
2018	3A	Long Jump	18' 9.5"
2019	3A	High Jump	5' 04"

FRED T. FOARD

1999	3A	1600 M Run	5:10.04
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FUQUAY-VARINA

1995	3A	1600 M Run	5:08.01
1996	3A	800 M Dash	2:18.60
1996	3A	1600 M Run	5:05.79
1997	3A	800 M Dash	2:19.01
2010	4A	800 M Dash	2:12.79

GARINGER

1983	O	Long Jump	19' 6.75"
1985	O	400 M Dash	56.54
1989	4A	1600 M Run	5:13.14

GARNER

1999	4A	400 M Dash	56.47
2002	4A	Shot Put	40' 5"
2018	4A	100 M Dash	11.84
2019	4A	100 M Dash	11.83
2019	4A	200 M Dash	23.96
2023	4A	Triple Jump	39'07.75"

GLENN

2003	3A	800 M Dash	2:21.17
2003	3A	1600 M Run	5:19.48
2003	3A	4X100 M Relay	48.90
2004	3A	1600 M Run	5:22.07
2005	3A	1600 M Run	5:13.34
2005	3A	4X100 M Relay	48.90

GOLDSBORO

Shelby Hall

Briana Haith
Briana Haith
Briana Haith
Briana Haith
Briana Heath

Hunter Latimer

Brittany Johnson
Elly Henes
Elly Henes

Shontay Dodd
Shontay Dodd

Wendy McLees
Marlene Poole
Marlene Poole
Marlene Poole
Stacey Williams

Marlene Poole
Marlene Poole
Marlene Poole
Marlene Poole

Marlene Poole
Silica Johnson
Jennifer Kalanick
Kim Wilson
Kim Wilson
Kim Jones

1981 O 4X100 M Relay 48.60

GRAHAM

1999	1A	4X100 M Relay	50.33
2000	1A	4X100 M Relay	50.90
2011	2A	Long Jump	17' 06"

GRANVILLE CENTRAL

2009	2A	400 M Dash	56.85
2010	2A	Long Jump	17' 11"
2010	2A	200 M Dash	24.33
2010	2A	400 M Dash	55.76
2010	2A	MOP	

GRAY STONE DAY

2011	1A	4X800 M Relay	9:52.07
2012	1A	800 M Dash	2:21.94

GREEN HOPE

2005	4A	3200 M Run	11:15.59
2005	4A	4X800 M Relay	9:44.62
2015	4A	1600 M Run	4:58.84
2015	4A	3200 M Run	10:39.47

GREENE CENTRAL

2004	2A	100 M Dash	12.25
2004	2A	200 M Dash	25.39

GRIMSLEY

1984	O	1600 M Run	5:05.17
1987	4A	100 M Dash	12.32
1987	4A	200 M Dash	25.64
1987	4A	MOP	
1987	4A	3200 M Run	11:11.84
1987	4A	4X200 M Relay	1:39.41
1987	4A	4X400 M Relay	3:50.44
1988	4A	100 M Dash	12.26
1988	4A	200 M Dash	24.78
1988	4A	MOP	
1989	4A	MOP	

GRIMSLEY (CONTINUED)

1990	4A	MOP	
1990	4A	3200 M Run	11:18.14
1992	4A	100 M Hurdles	15.10
1993	4A	100 M Dash	12.20
1993	4A	200 M Dash	25.13
1996	4A	Long Jump	18' 04"





Hailey Cook	2011	1A	Shot Put	40' 2.5"	Laonda McCorkle	1992	3A	300 M Hurdles	46.01	Alicia Turner	2003	3A	100 M Hurdles	14.95	
Hailey Cook	2011	1A	Discus	116' 10"		1992	3A	4X100 M Relay	49.01	Camelia Morman	2003	3A	Triple Jump	39' 08"	
Kristen Stout	2011	1A	1600 M Run	5:19.32		1993	3A	4X200 M Relay	1:46.58	Michelle Duffey	2003	3A	300 M Hurdles	43.73	
Kristen Stout	2011	1A	3200 M Run	11:53.25	Beverly Ford	1994	3A	100 M Hurdles	15.85	Michelle Duffey	2003	3A	MOP		
Elizabeth Lackey	2012	1A	1600 M Run	5:25.27		1997	3A	4X100 M Relay	49.70		2003	3A	4X200 M Relay	1:44.41	
Hailey Cook	2012	1A	Shot Put	42' 11.75"	Michelin Middlebrooks	1998	2A	100 M Dash	12.49		2003	3A	4X400 M Relay	3:57.11	
Hailey Cook	2012	1A	Discus	117' 10"	Michelin Middlebrooks	1998	2A	200 M Dash	25.61		2003	3A	4X800 M Relay	9:30.29	
Hailey Cook	2013	1A	Shot Put	43' 3.5"	Gabrielle Gray	2011	4A	100 M Dash	11.94	Atir Carter	2004	3A	100 M Hurdles	15.00	
Hailey Cook	2013	1A	Discus	146' 05"	Tamara Clark	2015	4A	200 M Dash	23.69	Camelia Morman	2004	3A	Triple Jump	38' 7.5"	
Amy Yarborough	2016	2A	Discus	115' 09"	Tamara Clark	2016	4A	100 M Dash	11.52	Chinelle McFadden	2004	3A	800 M Dash	2:21.07	
					Tamara Clark	2016	4A	200 M Dash	23.53	Latanya Lesine	2004	3A	3200 M Run	12:10.62	
					Tamara Clark	2017	4A	100 M Dash	11.72	Michelle Duffey	2004	3A	300 M Hurdles	44.22	
Kia Sessoms	1998	3A	Shot Put	38' 1.75"	Tamara Clark	2017	4A	200 M Dash	23.59		2004	3A	4X200 M Relay	1:44.77	
Demiko Picott	1999	3A	400 M Dash	59.49	TiCoiya Gidderon	2017	4A	800 M Dash	2:11.93		2004	3A	4X400 M Relay	3:56.79	
Kia Sessoms	1999	3A	Shot Put	40' 1"		2017	4A	4X100 M Relay	46.54		2004	3A	4X800 M Relay	9:34.87	
Kia Sessoms	1999	3A	Discus	112' 1.75"	TiCoiya Gidderon	2018	4A	800 M Dash	2:13.76	Atir Carter	2005	3A	100 M Hurdles	15.02	
Mae Boone	2004	3A	Long Jump	18' 11"						Atir Carter	2005	3A	MOP		
Mae Boone	2004	3A	MOP							Camelia Morman	2005	3A	Triple Jump	36' 10.75"	
Mae Boone	2004	3A	100 M Dash	12.35	Jennifer Cousart	2009	1A	Triple Jump	34' 6.5"	Kia Haskins	2005	3A	400 M Dash	58.27	
Joya Blackwell	2015	2A	High Jump	5' 06"	Lauren Tolbert	2019	1A	400 M Dash	57.15		2005	3A	4X400 M Relay	4:07.14	
Joya Blackwell	2017	2A	High Jump	5' 04"	Lauren Tolbert	2021	1A	400 Meter Dash	56.81	Jessica Wright	2017	4A	300 M Hurdles	42.99	
					Lauren Tolbert	2021	1A	800 Meter Run	2:22.86	Kayla Beasley	2017	4A	Shot Put	42' 10"	
											2017	4A	4X200 M Relay	1:38.16	
Paige Ingram	1988	3A	100 M Hurdles	15.75											
Tasha Horton	1989	3A	Long Jump	18' 2.5"	Lauren Tolbert	2022	1A	100M Dash	12.54						
	2007	2A	4X100 M Relay	50.99	Lauren Tolbert	2022	1A	200M Dash	25.66						
	2007	2A	4X200 M Relay	1:47.13	Lauren Tolbert	2022	1A	800M Run	2:09.37	Gabrielle Ryan		2017	4A	4X400 M Relay	3:44.84
	2008	2A	4X100 M Relay	49.81						Jessica Wright		2018	3A	High Jump	5' 02"
Jada Brown	2023	3A	Long Jump	18'05.75"						Kayla Beasley		2018	3A	300 M Hurdles	44.50
												2018	3A	Shot Put	43' 7.5"
					Denise Dayle	1979	O	100 YD Dash	11.00			2018	3A	4X400 M Relay	3:52.23
					Denise Dayle	1980	O	100 M Dash	12.00	Alysia Johnson		2019	3A	200 M Dash	23.73
Shirena James	1997	3A	100 M Dash	12.51	V. Weaver	1980	O	400 M Dash	57.00	Alysia Johnson		2019	3A	400 M Dash	53.50
Shirena James	1997	3A	200 M Dash	25.91	Ida Pendergraft	1983	O	100 M Hurdles	14.30		2019	3A	4X400 M Relay	3:51.26	
Shrinea James	1997	3A	MOP		Ida Pendergraft	1983	O	200 M Hurdles	28.50						
	1997	3A	4X200 M Relay	1:45.79	Monica Hockaday	1989	4A	400 M Dash	56.11						
Shirena James	1998	3A	200 M Dash	25.13		1990	4A	4X800 M Relay	9:44.23	Lakelyn Bass	2018	1A	Pole Vault	11' 00"	
	1999	3A	4X200 M Relay	1:44.55	Florencia Hunt	1996	4A	800 M Dash	2:15.86						
Leslie Bigelow	2000	3A	300 M Hurdles	46.06	Florencia Hunt	1996	4A	1600 M Run	5:09.01						
					Monica-Gail Baker	1996	4A	Discus	124' 07"	Little					
					Lavernia Chambers	1998	3A	100 M Hurdles	14.90		1972	O	100 YD Dash	11.60	
						2000	3A	4X100 M Relay	49.71		1972	O	4X110 YD Relay	52.00	
Taryn Stern	2010	3A	800 M Dash	2:20.52		2001	3A	100 M Hurdles	14.90	Campbell	1972	O	4X220 YD Relay	1:48.34	
Torri Weathers	2016	3A	Long Jump	18' 00"	Lavarnia Chambers	2001	3A	4X800 M Relay	9:47.70	Kathy McMillian	1973	O	Shot Put	36' 5.5"	
	2022	4A	4 X 100 Relay	46.95		2002	3A	300 M Hurdles	45.58	Lide	1973	O	Long Jump	17' 07"	
	2022	4A	4 X 200 Relay	1:37.40	Michelle Duffey	2002	3A	4X400 M Relay	4:00.96		1973	O	440 YD Dash	1:00.70	
											1973	O	4X110 YD Relay	51.20	
										Kathy McMillian	1974	O	Long Jump	18' 00"	





MALLARD CREEK

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WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Mattie Bethea	2004	4A	High Jump	5' 06"
	2008	4A	4X400 M Relay	3:53.40
Gustell Preston	2013	4A	High Jump	5' 06"
Kayla Montgomery	2014	4A	3200 M Run	10:47.74
	2017	4A	4X800 M Relay	9:26.00

MOUNTAIN HERITAGE

Morgan Peterson	2004	2A	300 M Hurdles	45.37
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MOUNTAIN ISLAND CHARTER

	2022	1A	4X200 Relay	1:46.72
	2023	1A	4X100 Relay	50.03
	2023	1A	4X200 Relay	1:45.03

MURPHY

Ros Hall	1989	1/2	800 M Dash	2:25.27
Wendy Moss	1989	1/2	Discus	117' 03"
Ebony Lloyd	1990	1/2	Discus	113' 8.75"
Ebony Lloyd	1990	1/2	MOP	

	1994	1A	4X100 M Relay	52.68
	1994	1A	4X800 M Relay	10:36.79

Kristy Whitaker	1995	1A	1600 M Run	5:31.98
Laura Wilson	1995	1A	3200 M Run	12:01.65

	1995	1A	4X400 M Relay	4:18.64
	1995	1A	4X800 M Relay	10:16.60
	1996	1A	4X400 M Relay	4:19.92
	1996	1A	4X800 M Relay	10:19.09

Kristy Whitaker	1997	1A	1600 M Run	5:31.46
	1997	1A	4X400 M Relay	4:17.72
	1997	1A	4X800 M Relay	10:14.41

	1998	1A	4X800 M Relay	10:15.68
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Shea Tamey	2002	1A	800 M Dash	2:21.00
	2013	1A	4X400 M Relay	4:08.52

	2014	1A	4X200 M Relay	1:48.56
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Sarah Pullium	2018	1A	Discus	121' 10"
	2018	1A	4X100 M Relay	51.04

Sarah Pullium	2019	1A	Discus	126' 11"
Sarah Pullium	2021	1A	Discus	131' 10"

Jordan Oliver	2022	1A	100M WC	43.93
Jordan Oliver	2023	1A	100M WC	43.25

Jordan Oliver	2023	1A	Shot Put WC	7'05.00"
Jordan Oliver	2023	1A	Discus WC	15'03.50"

MYERS PARK

Becky Brown	1977	O	Discus	112' 05"
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Becky Brown	1978	O	Discus	132' 08"
Lene Hestdal	1981	O	3200 M Run	11:37.30

Katrina Swanson	1983	O	Shot Put	39' 11.75"
Kelly Karres	1995	4A	Discus	114' 06"

Julia Lucas	2000	4A	1600 M Run	5:05.59
Julia Lucas	2000	4A	3200 M Run	11:19.49

Julia Lucas	2002	4A	800 M Dash	2:15.28
Julia Lucas	2002	4A	1600 M Run	5:06.02

Julia Lucas	2002	4A	3200 M Run	10:46.22
Julia Lucas	2002	4A	MOP	

	2006	4A	4X800 M Relay	9:32.59
	2008	4A	4X200 M Relay	1:40.65

	2008	4A	4X800 M Relay	9:26.09
	2009	4A	800 M Dash	2:13.87

Becca Deloache	2009	4A	4X800 M Relay	9:11.20
	2014	4A	Discus	159' 01"

	2019	4A	4X800 M Relay	9:31.73
Mary Bonner Dalton	2021	4A	3200 Meter Run	10:51.78

Mary Bonner Dalton	2023	4A	3200 Meter Run	10:08.64
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NASH CENTRAL

Xaviera Bass	2011	3A	100 M Hurdles	14.89
	2016	3A	4X400 M Relay	4:03.00

Michaela Nelms	2017	3A	400 M Dash	55.80
	2017	3A	4X400 M Relay	3:59.03

Nora Stroud	2023	2A	Pole Vault	9'06.00"
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NC SCHOOL OF SCIENCE & MATH - DURHAM

Maria Trent	1987	1/2	800 M Dash	2:25.22
Amy Bingham	1986	1/2	1600 M Run	5:38.45

Maria Trent	1987	1/2	1600 M Run	5:35.90
Maria Trent	1987	1/2	MOP	

Alex Reck	1990	1/2	3200 M Run	11:53.91
Debbie Won	1995	2A	3200 M Run	12:11.23

	1996	2A	3200 M Run	11:46.61
Debbie Won	1996	2A	4X800 M Relay	10:07.20

	1997	2A	400 M Dash	58.91
Edi Ntuon	1997	2A	3200 M Run	12:13.58

Stephanie Jilcott	1998	2A	400 M Dash	58.21
Edi Ntuon	1998	2A	400 M Dash	58.31

Colleen McGuire	2010	1A	400 M Dash	58.31
	2010	1A	4X400 M Relay	4:08.42

	2010	1A	4X800 M Relay	9:50.11
	2014	2A	4X800 M Relay	10:03.05

NEUSE CHARTER

Alyssa Lynch	2017	1A	Shot Put (WC)	14' 5.75"
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NEW BERN

	1973	O	4X220 YD Relay	1:48.30
Swindell	1974	O	440 YD Dash	59.30

Williford	1974	O	110 YD Hurdles	15.50
	1989	4A	4X100 M Relay	48.63

	1990	4A	4X100 M Relay	47.73
	1990	4A	4X200 M Relay	1:42.70

	1991	4A	4X100 M Relay	48.58
	1992	4A	4X200 M Relay	1:41.58

Joann Smith	1993	4A	100 M Hurdles	15.17
Joann Smith	1993	4A	300 M Hurdles	44.07

Joanna Smith	1993	4A	MOP	
Kim Richardson	1994	4A	200 M Dash	25.03

	1994	4A	4X100 M Relay	48.67
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NEW HANOVER

Shelby Howell	2011	4A	800 M Dash	2:13.05
Shelby Howell	2012	4A	800 M Dash	2:11.99

NEWTON-CONOVER

Kirsten Bowden	1997	2A	Long Jump	17' 04"
Kirsten Bowden	1997	2A	Triple Jump	38' 8.5"

	2015	2A	4X400 M Relay	4:06.82
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NORTH BRUNSWICK

Tammy Ballard	1988	1/2	100 M Dash	12.62
	1994	1A	4X200 M Relay	1:52.48

Crystal Corbett	1996	1A	Triple Jump	34' 10"
Alexis Jenkins	2004	1A	300 M Hurdles	47.18

Christina Gray	2004	1A	400 M Dash	57.75
Alexis Jenkins	2005	1A	300 M Hurdles	47.18

Christina Gray	2005	1A	100 M Dash	12.50
Christina Gray	2005	1A	400 M Dash	58.04

Christina Gray	2005	1A	MOP	
Alexis Jenkins	2006	2A	100 M Dash	12.62

Ashley Marino	2002	3A	Pole Vault	10' 06"
Amanda Massey	2003	3A	Pole Vault	9' 00"

Sage Proffitt	2011	3A	Pole Vault	11' 06"
	2011	3A	4X400 M Relay	4:02.19

Sage Proffitt	2012	3A	Pole Vault	11' 06"
Sage Proffitt	2012	3A	MOP	



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



NORTH BUNCOMBE

2023 3A 4X800 M Relay 9:32.36

NORTH FORSYTH

1980 O Triple Jump 37' 10.75"
1994 4A 4X200 M Relay 1:42.31
1994 4A 4X400 M Relay 3:58.93

NORTH GASTON

1997 3A Discus 121' 08"
1998 3A Discus 118' 2.75"
2006 3A Shot Put 36' 0.5"
2010 3A 100 M Dash 11.92
2010 3A 200 M Dash 24.91
2012 3A Triple Jump 37' 02"

NORTH HENDERSON

1998 2A 3200 M Run 11:47.03
1999 2A 3200 M Run 11:18.16
2001 2A 800 M Dash 2:27.40
2002 2A 3200 M Run 12:12.94
2002 2A 4X800 M Relay 10:06.08
2006 2A 4X400 M Relay 4:09.32
2008 2A 400 M Dash 56.75

NORTH IREDELL

1996 3A Discus 103' 02"
2003 3A High Jump 5' 08"
2006 3A High Jump 5' 08"
2019 3A 3200 M Run 10:53.20

NORTH LENOIR

1991 3A 4X100 M Relay 49.71
1992 3A 200 M Dash 25.63
1992 3A 4X200 M Relay 1:44.65

NORTH LINCOLN

2012 2A 3200 M Run 11:18.62
2018 2A 4X800 M Relay 9:48.27
2019 2A 1600 M Run 5:10.87
2021 2A 800 Meter Run 2:15.58
2021 2A 1600 Meter Run 5:05.97
2021 2A 3200 Meter Run 11:13.81

NORTH MECKLENBURG

Amy Clark
Tracy Hoback
Sonya Bell
Sonya Bell
Victoria Gadson
Kimberly Spano
Kimberly Spano
Lindsay Cooper

Taylor
Taylor

Leah Ann Miller
Mia Gibson
April Jackson
Lola Jones
Katrina Jarrett
Katrina Jarrett
Katrina Jarrett
Katrina Jarrett
Latasha Pharr
Latasha Pharr
Latasha Pharr
Tara Clinding

Latasha Pharr
Latasha Pharr
Latasha Pharr
Latasha Pharr
Tara Clinding
Latasha Pharr
Latasha Pharr

NORTH ROWAN (CONTINUED)

Latasha Pharr
Latasha Pharr
Latasha Pharr
Latasha Pharr
Latasha Pharr
Latasha Pharr
Moriah Jones
Teaunna Cuthbertson

1983 O 4X100 M Relay 48.40
1991 4A 800 M Dash 2:16.88
1991 4A Discus 119' 01"
1999 4A Discus 121' 06"
2000 4A Discus 122' 10"
2000 4A 400 M Dash 55.76
2008 4A 1600 M Run 5:07.91
2009 4A 3200 M Run 11:05.07
2019 4A 300 M Hurdles 43.64

NORTH PITT

1973 O 1 Mile Run 5:22.20
1974 O 1 Mile Run 5:21.10

NORTH ROWAN

1984 O 800 M Dash 2:15.73
1986 1/2 400 M Dash 58.43
1989 1/2 400 M Dash 59.44
1989 1/2 High Jump 5' 04"
1991 3A 100 M Dash 12.30
1991 3A 200 M Dash 24.95
1991 3A MOP
1993 3A 200 M Dash 24.83
1998 2A Triple Jump 36' 5.5"
1998 2A 100 M Hurdles 14.43
1998 2A MOP
1998 2A Shot Put 39' 4.25"
1998 2A 4X400 M Relay 4:14.69
1999 2A Long Jump 18' 02"
1999 2A Triple Jump 39' 00"
1999 2A 100 M Hurdles 14.79
1999 2A 300 M Hurdles 46.93
1999 2A MOP
1999 2A Shot Put 39' 9"
2000 2A Triple Jump 40' 09"
2000 2A 100 M Hurdles 14.06

2000 2A 300 M Hurdles 44.05
2000 2A MOP
2001 2A Triple Jump 39' 11"
2001 2A 100 M Hurdles 14.19
2001 2A 300 M Hurdles 46.09
2001 2A MOP
2003 2A Long Jump 17' 11.5"
2010 1A Long Jump 19' 3.25"

Teaunna Cuthbertson 2010 1A 100 M Hurdles 15.14
Teaunna Cuthbertson 2010 1A MOP
2010 1A 4X100 M Relay 49.48
2010 1A 4X200 M Relay 1:44.12
Meloney Ramos 2011 1A 100 M Hurdles 15.41
Meloney Ramos 2011 1A MOP
Teaunna Cuthbertson 2011 1A Long Jump 17' 10"
2011 1A 4X100 M Relay 48.31
Teaunna Cuthbertson 2012 1A Long Jump 17' 7.25"
Payton Russell 2015 2A 400 M Dash 55.70
Payton Russell 2016 2A 200 M Dash 24.83
Payton Russell 2016 2A 400 M Dash 56.44
2016 2A 4X400 M Relay 4:07.76
Payton Russell 2017 2A 200 M Dash 25.14
Payton Russell 2017 2A 400 M Dash 56.15
Brittany Ellis 2022 1A Discus 107' 3"
Brittany Ellis 2022 1A Shot Put 37' 2"
Tai'lah Ward 2022 1A 100M Hurdles 15.46
Tai'lah Ward 2022 1A 300M Hurdles 45.70
Brittany Ellis 2023 1A Shot Put 36'08.00"
Brittany Ellis 2023 1A Discus 111'11.00"

NORTH STANLY

Denita Watkins 1987 1/2 300 M Hurdles 46.26
Nikki Harris 1989 1/2 Long Jump 17' 11"
Nikki Harris 1990 1/2 Triple Jump 36' 2.75"
Nikki Harris 1991 1/2 Long Jump 18' 4.5"
Nikki Harris 1991 1/2 Triple Jump 38' 5.25"
Nikki Harris 1991 1/2 100 M Dash 12.51
Nikki Harris 1992 1/2 Long Jump 19' 02"
Nikki Harris 1992 1/2 Triple Jump 39' 4.25"
1999 2A 4X800 M Relay 10:33.72
Krystal Knoll 2000 2A 800 M Dash 2:27.54
Taegan Lowder 2021 1A Triple Jump 36'05.00"

NORTH STOKES

Janet Clark 1989 1/2 Shot Put 38' 00"
Janet Clark 1989 1/2 MOP

NORTH STOKES (CONTINUED)

Concita Simmons 1994 1A Shot Put 35' 7"
Concita Simmons 1994 1A Discus 132' 07"
Chelsie Dillard 2005 1A 800 M Dash 2:26.57
Erica Little 2005 1A Long Jump 17' 11.75"
Chelsie Dillard 2006 1A 800 M Dash 2:26.42
Nikia Simmons 2007 1A Shot Put 34' 2"



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Shandellah Martin	2009	1A	Shot Put	32' 9.75"	Bailey Tart	2022	4A	Pole Vault	12' 00"	Jill Moore	2012	3A	400 M Dash (WC)	1:05.54
Tess Rogers	2011	1A	Pole Vault	11' 00"						Chaunesse Barringer	2021	3A	Long Jump	19'01.50"
Tess Rogers	2012	1A	Pole Vault	10' 06"						Chaunesse Barringer	2022	3A	Long Jump	19' 10.25"
Tess Rogers	2013	1A	Pole Vault	10' 06"	Ariel Davis	2012	3A	100 M Hurdles	14.39	Lily Houston	2023	3A	Pole Vault	11'06.00"
Moriah Boyette	2014	1A	Pole Vault	10' 03"										
Emma Frye	2016	1A	Triple Jump	35' 8.5"										
Abigail Hemric	2017	1A	3200 M Run	11:55.40										
Hailey Sheppard	2017	1A	Pole Vault	9' 00"										
<u>NORTH SURRY</u>					<u>NORTHERN GUILFORD</u>					<u>NORTHWEST GUILFORD</u>				
Alex Cooke	2013	2A	Shot Put	39' 10"	Mya Daye	2016	3A	100 M Dash	12.06	Tessa Sheets	2016	3A	Pole Vault	12' 01"
Alex Cooke	2014	2A	Shot Put	41' 9"	Mya Daye	2017	3A	100 M Dash	11.96	Tessa Sheets	2017	3A	Pole Vault	12' 06"
Ella Riggs	2023	2A	Shot Put	40'05.00"	Mya Daye	2017	3A	200 M Dash	24.69	Samantha Ennis	2019	3A	Shot Put	42' 4"
<u>NORTHAMPTON COUNTY</u>					<u>NORTHSIDE-JACKSONVILLE</u>					Caroline Murrell	2021	3A	3200 Meter Run	10:51.83
	2001	1A	4X100 M Relay	51.71	Koletta Harris	1996	2A	Shot Put	38' 11.5"	Caroline Murrell	2022	3A	1600M Run	5:07.44
<u>NORTHAMPTON-EAST</u>										Caroline Murrell	2022	3A	3200M Run	11:07.69
Erin Gubit	1996	1A	400 M Dash	1:01.44						<u>OLYMPIC</u>				
<u>NORTHAMPTON-WEST</u>										Sonya Marshall	1980	O	100 M Hurdles	14.40
Cyethia Rooks	2001	1A	MOP		Danielle Adams	2004	2A	4X100 M Relay	48.63	Shawnta Person	1994	4A	400 M Dash	57.41
Cynethia Rooks	2001	1A	100 M Dash	12.52	Danielle Adams	2004	2A	4X200 M Relay	1:43.09	Keeya McManus	1995	4A	800 M Dash	2:14.90
Cynethia Rooks	2001	1A	200 M Dash	25.67	Maya Stanley	2006	2A	High Jump	5' 04"	Felicia Fant	2000	4A	100 M Dash	11.96
Cynethia Rooks	2001	1A	400 M Dash	57.40	Kaylah Britt	2008	2A	High Jump	5' 06"	Felicia Fant	2000	4A	200 M Dash	24.92
Cynethia Rooks	2003	1A	100 M Dash	12.33						Felicia Fant	2000	4A	MOP	
Cynethia Rooks	2003	1A	400 M Dash	57.41						Ronda White	2000	4A	Long Jump	19' 8.75"
<u>NORTHEAST GUILFORD</u>					<u>NORTHSIDE-PINETOWN</u>					Ronda White	2000	4A	Triple Jump	41' 1.5"
	2007	3A	4X200 M Relay	1:42.49	Kat Slade	2021	1A	High Jump	5'00"		2000	4A	4X100 M Relay	47.76
<u>NORTHEASTERN</u>					<u>NORTHWEST CABARRUS</u>					Kenyetta Iyevbele	2008	3A	1600 M Run	5:07.29
Alex Travenier	2010	2A	3200 M Run	12:14.27						Kenyetta Iyevbele	2009	3A	3200 M Run	11:30.23
<u>NORTHERN DURHAM</u>					Charlotte Carlson	1984	O	3200 M Run	11:24.14	Khayla Dawson	2015	4A	Shot Put	47' 11"
Mamie Wilson	1981	O	100 M Dash	11.80	Marquita Misenheimer	1985	O	High Jump	5' 02"	Khayla Dawson	2016	4A	Shot Put	49' 0"
Mamie Wilson	1982	O	200 M Dash	24.60	Michelle Rhyne	1986	3/4	Shot Put	38' 8.5"	Khayla Dawson	2016	4A	Discus	140' 01"
	1982	O	4X200 M Relay	1:41.10	Michelle Rhyne	1987	3A	Shot Put	40' 0"		2021	4A	4X400 Relay	3:48.86
Carla McLaughlin	1983	O	100 M Dash	11.70	Michelle Rhyne	1987	3A	MOP			2023	4A	4X200 Relay	3:50.32
<u>NORTHERN DURHAM (CONTINUED)</u>					Michelle Rhyne	1988	3A	Shot Put	39' 2.5"	<u>OVERHILLS</u>				
Carla McLaughlin	1983	O	200 M Dash	24.30	Tempess Stark	2002	3A	100 M Dash	12.18	Kayla Mitchell	2013	3A	100 M Hurdles	14.79
Carla McLaughlin	1983	O	4X200 M Relay	1:42.00	Tempess Stark	2003	3A	100 M Dash	12.21	<u>OWEN</u>				
Carla McLaughlin	1984	O	100 M Dash	11.88	Jill Moore	2009	3A	1600 M Dash (WC)	5:08.74		1995	2A	4X800 M Relay	9:59.70
Carla McLaughlin	1984	O	200 M Dash	24.13	Jill Moore	2009	3A	3200 M Dash (WC)	10:34.38		1999	2A	400 M Dash	1:00.30
Randi Chapman	1999	4A	Triple Jump	39' 6.5"	Maklisha Ford	2009	3A	100 M Hurdles	15.50		2000	2A	4X800 M Relay	10:20.54
<u>NORTHWEST CABARRUS (CONTINUED)</u>														
					Jill Moore	2010	3A	1600 M Dash (WC)	4:43.87	Catherine Holmes				
					Jill Moore	2010	3A	3200 M Dash (WC)	9:58.92					
					Jill Moore	2011	3A	100 M Dash (WC)	20.63	Scott	1975	O	110 YD Hurdles	15.20
					Jill Moore	2011	3A	200 M Dash (WC)	36.86	Tonya Jefferies	1981	O	400 M Dash	56.60
					Jill Moore	2011	3A	800 M Dash (WC)	2:17.66	Tonya White	1982	O	400 M Dash	56.50



Quicha Floyd	1989	4A	High Jump	5' 04"	Katlin Sherman	2014	4A	MOP		Tanazsa Simpson	2016	1A	Shot Put	39' 5.25"
Quicha Floyd	1991	4A	High Jump	5' 06"		2014	4A	4X100 M Relay	46.99	<u>PENDER (CONTINUED)</u>				
Lindsay Broyhill	2006	4A	800 M Dash	2:15.42		2014	4A	4X200 M Relay	1:36.99	Daisy Hearn	2019	1A	Shot Put (WC)	8' 3.75"
Jazie Daniels	2009	4A	Triple Jump	39' 5.5"		2014	4A	4X400 M Relay	3:47.88	Daisy Hearn	2019	1A	Discus (WC)	19' 3"
					Ebony Williams	2015	4A	100 M Hurdles	13.44	Sonti Robinson	2019	1A	Shot Put	34' 5.5"
					Ebony Williams	2015	4A	300 M Hurdles	42.19	Daisy Hearn	2021	1A	Shot Put (WC)	9'05.00"
					Katlin Sherman	2015	4A	100 M Dash	11.53	Daisy Hearn	2021	1A	Discus (WC)	18'04"
					McKinley McNeill	2015	4A	400 M Dash	54.31					
						2015	4A	4X200 M Relay	1:36.43					
						2015	4A	4X400 M Relay	3:46.57	Shaquita Copeland	2005	1A	200 M Dash	25.96
					McKinley McNeill	2016	4A	400 M Dash	53.50	Shaquita Copeland	2006	1A	200 M Dash	26.16
						2016	4A	4X200 M Relay	1:37.05	Shaquita Copeland	2006	1A	400 M Dash	58.66
						2018	3A	100 M Dash	11.78	Leroya Banks	2009	1A	200 M Dash	24.86
					Alexis Patterson	2018	3A	200 M Dash	24.39	Leroya Banks	2010	1A	100 M Dash	12.30
					Alexis Patterson	2018	3A	MOP		Leroya Banks	2010	1A	200 M Dash	25.37
Cassie Crawford	2009	4A	Pole Vault	11' 06"		2018	3A	4X100 M Relay	47.28	Leroya Banks	2011	1A	100 M Dash	12.10
Cassie Crawford	2010	4A	Pole Vault	12' 06"		2018	3A	4X200 M Relay	1:38.96					
Morgan Smalls	2017	4A	High Jump	5' 08"		2018	3A	4X200 M Relay	1:38.96					
Morgan Smalls	2018	4A	Long Jump	19' 3.5"	Alexis Patterson	2019	3A	100 M Hurdles	13.91					
Morgan Smalls	2018	4A	Triple Jump	40' 7.5"	Alexis Patterson	2019	3A	100 M Dash	11.95	Wendy Palmer	1990	4A	High Jump	5' 06"
Morgan Smalls	2018	4A	High Jump	6' 0.25"	Alexis Patterson	2019	3A	MOP		Wendy Palmer	1992	4A	High Jump	5' 08"
Morgan Smalls	2018	4A	MOP		Ija Mumford	2019	3A	Long Jump	18' 3.75"	Brittany Burton	2009	4A	High Jump	5' 06"
Morgan Smalls	2019	4A	Triple Jump	40' 09"		2019	3A	4X100 M Relay	47.10					
Morgan Smalls	2019	4A	High Jump	5' 10"		2019	3A	4X200 M Relay	1:38.29					
Morgan Smalls	2019	4A	MOP		Ai'yana Gray-Williams	2021	3A	100 Meter Dash	12.14	Takeisha Quick	1992	4A	200 M Dash	24.86
Kirstin Smalls	2023	4A	High Jump	5'06.00"	Ai'yana Gray-Williams	2021	3A	200 Meter Dash	24.66					
Lena Richardson	2023	4A	Pole Vault	12'10.00"		2021	3A	4X100 Relay	47.97	Crystal Cox	1995	4A	200 M Dash	24.39
						2021	3A	4X200 Relay	1:40.41	Crystal Cox	1995	4A	400 M Dash	56.97
					Ija Mumford	2022	4A	Long Jump	19' 5"	Crystal Cox	1995	4A	MOP	
Faye Strothers	1981	O	Shot Put	42' 11.5"	Ija Mumford	2022	4A	Triple Jump	38' 8"		1995	4A	4X200 M Relay	1:42.64
Sheena Anderson	2003	3A	Shot Put	38' 1.5"		2023	4A	4X100 Relay	47.35		1995	4A	4X400 M Relay	3:56.09
	2006	3A	4X200 M Relay	1:42.18		2023	4A	4X200 Relay	1:37.89	Crystal Cox	1996	4A	100 M Dash	11.80
	2006	3A	4X400 M Relay	3:59.47						Crystal Cox	1996	4A	200 M Dash	24.18
	2007	3A	4X100 M Relay	49.25							1996	4A	4X100 M Relay	48.05
Jessica Morgan	2008	3A	Long Jump	18' 11"	Netanya Linares	2017	2A	Pole Vault	10' 00"		1996	4A	4X400 M Relay	3:56.87
	2009	3A	4X100 M Relay	48.13	Anna Bristle	2018	3A	3200 M Run	10:56.79	Crystal Cox	1997	4A	100 M Dash	11.86
Jessica Morgan	2010	4A	Long Jump	18' 9.5"						Crystal Cox	1997	4A	200 M Dash	24.38
	2012	4A	4X100 M Relay	47.73						Jade Jordan	2016	4A	Long Jump	18' 7.25"
	2012	4A	4X200 M Relay	1:39.62	Faith Younts	2019	2A	800 M Dash	2:21.92	Jade Jordan	2017	4A	Long Jump	19' 6.5"
	2013	4A	4X100 M Relay	47.22	Madison Clay	2022	2A	3200M Run	11:26.42					
	2013	4A	4X200 M Relay	1:37.83										
	2013	4A	4X400 M Relay	3:47.70										
Katlin Sherman	2014	4A	100 M Dash	11.88	Christina Moore	2005	2A	800 M Dash	2:18.43					
Katlin Sherman	2014	4A	200 M Dash	24.05	Christina Moore	2005	2A	1600 M Run	5:13.07					
					Saresa Hudson	2007	1A	300 M Hurdles	46.84					
					Saresa Hudson	2010	1A	300 M Hurdles	45.58					



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



PINECREST

Martha Stanback	1977	O	100 YD Dash	11.10
Martha Stanback	1977	O	220 YD Dash	25.30

PINECREST (CONTINUED)

Martha Stanback	1978	O	100 YD Dash	10.90
Martha Stanback	1978	O	220 YD Dash	24.60
	1979	O	4X110 YD Relay	49.70
Latanya Wynn	1984	O	Long Jump	19' 1.5"
Twyla Smith	1994	4A	Triple Jump	38' 11.5"
Twyla Smith	1994	4A	100 M Hurdles	14.64
Twyla Smith	1994	4A	300 M Hurdles	43.78
Twyla Smith	1994	4A	MOP	
Twyla Smith	1995	4A	Triple Jump	41' 2.5"
Latasha Allmond	1996	4A	Shot Put	38' 8"
Lauren Bishop	2008	4A	3200 M Run	11:15.13
Carmen Alder	2018	4A	1600 M Run	4:57.84
Carmen Alder	2018	4A	3200 M Run	10:54.80
Carmen Alder	2019	4A	1600 M Run	5:03.98

POLK CENTRAL

Sandra Davis	1987	1/2	Long Jump	19' 2.5"
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POLK COUNTY

	1990	1/2	4X800 M Relay	10:04.30
Karen Godlock	1991	1/2	800 M Dash	2:19.30
Karen Godlock	1991	1/2	1600 M Run	5:08.84
Karen Godlock	1991	1/2	3200 M Run	11:28.84
Karen Godlock	1991	1/2	MOP	
	1991	1/2	4X800 M Relay	9:56.36
Karen Godlock	1992	1/2	800 M Dash	2:17.53
Karen Godlock	1992	1/2	1600 M Run	5:06.34
Karen Godlock	1992	1/2	3200 M Run	11:25.36
Karen Godlock	1992	1/2	MOP	
	1992	1/2	4X800 M Relay	10:06.70
Karen Godlock	1993	1/2	800 M Dash	2:16.34
Karen Godlock	1993	1/2	1600 M Run	5:05.69
Karen Godlock	1993	1/2	3200 M Run	11:14.00
Karen Godlock	1993	1/2	MOP	
	1993	1/2	4X800 M Relay	10:20.72
Jennifer Dimsdale	1996	2A	800 M Dash	2:20.20
Jennifer Dimsdale	1996	2A	1600 M Run	5:08.18
Jennifer Dimsdale	1998	1A	800 M Dash	2:21.60
Jennifer Dimsdale	1998	1A	1600 M Run	5:19.05
Jennifer Dimsdale	1998	1A	3200 M Run	12:25.39

Jennifer Dimsdale	1998	1A	MOP	
Rachel McEntyre	1998	1A	200 M Dash	25.57
	1998	1A	4X200 M Relay	1:45.57
Ebony Cunningham	1999	1A	100 M Hurdles	15.81

POLK COUNTY (CONTINUED)

Jennifer Dimsdale	1999	1A	800 M Dash	2:25.12
	1999	1A	4X200 M Relay	1:45.12
Elisabeth Elliot	2005	1A	1600 M Run	5:33.34
Elisabeth Elliot	2005	1A	3200 M Run	12:03.13
Elisabeth Elliot	2006	1A	3200 M Run	11:57.21
Maggie Conner	2008	1A	300 M Hurdles	46.54
	2011	2A	4X400 M Relay	4:06.40
	2012	2A	4X400 M Relay	4:02.37
	2018	1A	4X400 M Relay	4:05.81
	2019	1A	4X400 M Relay	4:07.20
Olivia Overholt	2022	2A	800M Run	2:18.50
	2022	2A	4 X 800 Relay	9:59.89

PRINCETON

Summer Graham	2004	1A	1600 M Run	5:27.04
Summer Graham	2004	1A	3200 M Run	12:03.09
Summer Graham	2004	1A	MOP	
Janja Bogle	2006	1A	100 M Dash	12.69
	2006	1A	4X100 M Relay	50.99
Janja Bogle	2007	1A	100 M Dash	12.35
Janja Bogle	2007	1A	200 M Dash	25.99
Janja Bogle	2008	1A	100 M Dash	12.47
Janja Bogle	2008	1A	200 M Dash	25.30
Janja Bogle	2008	1A	MOP	
Janja Bogle	2009	1A	Long Jump	17' 2.25"
Janja Bogle	2009	1A	100 M Dash	12.25
Shamonda Bell	2018	1A	100 M Hurdles	15.43

PROVIDENCE

Ami Herrman	1991	4A	1600 M Run	5:04.42
Ami Herrman	1991	4A	3200 M Run	11:17.51
Ami Herrman	1992	4A	1600 M Run	4:51.59
Ami Herrman	1992	4A	3200 M Run	11:01.33
Amy Herman	1992	4A	MOP	
Ami Herrman	1993	4A	1600 M Run	5:09.92
Ami Herrman	1993	4A	3200 M Run	11:21.85
Eve Hammett	1995	4A	Shot Put	39' 5.5"
Jodie Nettles	2000	4A	Pole Vault	11' 00"
Jennifer Webster	2005	4A	High Jump	5' 06"
	2018	4A	4X400 M Relay	3:51.59

Ella Mainwaring Foster	2019	4A	400 M Dash	55.13
	2019	4A	4X400 M Relay	3:50.80

QUEEN'S GRANT

Avianna Hopkins	2015	1A	Discus	119' 08"
Avianna Hopkins	2016	1A	Discus	117' 01"
McKenzie Scott	2016	1A	High Jump	5' 02"
McKenzie Scott	2017	1A	High Jump	5' 04"

R-S CENTRAL

Joyasia Smith	2021	2A	200 Meter Dash	25.15
Joyasia Smith	2022	2A	100M Dash	12.04
Joyasia Smith	2022	2A	200M Dash	25.19

R.J. REYNOLDS

Vanessa Smith	1978	O	High Jump	5' 7.75"
Tracy Briston	1982	O	200 M Hurdles	28.50
Bernadette Washington	2001	4A	200 M Dash	24.67
Bernadette Washington	2001	4A	MOP	
	2001	4A	4X200 M Relay	1:42.65
	2001	4A	4X400 M Relay	4:02.29
Joanna Wright	2007	4A	Pole Vault	11' 06"

RAGSDALE

Elder	1972	O	1 Mile Run	6:05.60
Ralston	1972	O	880 YD Dash	2:43.20
	1974	O	4X110 YD Relay	51.70
McClenlon	1976	O	Discus	123' 10"
Lisa Gray	1978	O	Shot Put	43' 8"
Lisa Gray	1979	O	Shot Put	43' 4.75"
Lisa Gray	1979	O	Discus	132' 00"
Nathifa Forde	2002	3A	Triple Jump	37' 7.5"
Kiara Crutchfield	2005	3A	Long Jump	17' 08"
Caitlin Thornley	2006	3A	Pole Vault	12' 00"
Kiara Crutchfield	2007	3A	Long Jump	18' 05"
Chesney Ward	2016	4A	Pole Vault	13' 02"
Kaitlin McGoogan	2019	4A	Shot Put	38' 11.75"
Kaitlin McGoogan	2019	4A	Discus	142' 09"

RANDLEMAN

Shelly Whitaker	1990	1/2	High Jump	5' 06"
	1990	1/2	4X400 M Relay	4:11.22
Christal Rayle	2002	2A	1600 M Run	5:30.01



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



REAGAN

Isabel Zimmerman	2017	4A	1600 M Run	5:00.46
Isabel Zimmerman	2017	4A	3200 M Run	10:47.88
	2021	4A	4X800 Relay	9:12.53

RED SPRINGS

	1992	1/2	4X200 M Relay	1:46.57
	2001	1A	4X200 M Relay	1:48.74
Morgan McEachin	2006	2A	200 M Dash	25.70

REID ROSS

	1977	O	4X220 YD Relay	1:43.00
	1978	O	4X220 YD Relay	1:43.77

REIDSVILLE

Dee Dee Slade	1980	O	Long Jump	19' 03"
Monique Judkins	1996	3A	High Jump	5' 06"
Monique Judkins	1997	3A	High Jump	5' 08"

RESEARCH TRIANGLE

Victoria Swepson	2018	1A	800 M Dash	2:20.40
Victoria Swepson	2018	1A	1600 M Run	5:21.52
Victoria Swepson	2019	1A	800 M Dash	2:18.84
Victoria Swepson	2019	1A	1600 M Run	5:25.68
Victoria Swepson	2021	1A	1600 Meter Run	5:23.84
	2021	1A	4X800 Relay	10:13.74

RICHMOND

Kathy Ormsby	1981	O	1600 M Run	4:59.00
Kathy Ormsby	1982	O	1600 M Run	4:59.00
Kathy Ormsby	1983	O	800 M Dash	2:18.10
Kathy Ormsby	1983	O	1600 M Run	4:56.80
Kathy Ormsby	1983	O	3200 M Run	11:08.40
Mary McKoy	1984	O	Triple Jump	39' 11.25"
	1988	4A	4X200 M Relay	1:42.85
Cassandra Adams	1990	4A	100 M Hurdles	14.66

RIVERSIDE-MARTIN

Briley Brickerstaff	2021	1A	3200 Meter Run	11:53.67
Briley Bickerstaff	2022	1A	1600M Run	5:12.30
Briley Bickerstaff	2022	1A	3200M Run	11:14.47

ROBBINSVILLE

Faith Trammell	2009	1A	3200 M Run	11:49.07
Maddie Cole	2015	1A	Pole Vault	10' 00"
Zoie Shuler	2022	1A	Long Jump	18' 7"

Zoie Shuler	2022	1A	Triple Jump	39' 9.25"
Zoie Shuler	2023	1A	High Jump	5'04.00"
Zoie Shuler	2023	1A	Long Jump	17'04.00
Zoie Shuler	2023	1A	Triple Jump	37'02.25"

ROCKINGHAM COUNTY

Nish Neal	1991	3A	Shot Put	38' 0.75"
Christian Murphy	1992	3A	Discus	115' 03"
Nish Neal	1992	3A	Shot Put	36' 8.75"
Nish Neal	1993	3A	Shot Put	35' 11.25"

ROCKY MOUNT

Danita Whitaker	2010	3A	Shot Put	39' 6"
	2015	3A	4X100 M Relay	49.08
	2015	3A	4X200 M Relay	1:43.36

ROCKY RIVER

Kenya Livingston	2016	4A	High Jump	5' 08"
Jirah Sidberry	2019	4A	Long Jump	18' 11.75"

ROLESVILLE

Joslyn Hamilton	2023	4A	100 M Hurdles	14.25
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ROSEWOOD

Jamie Hollingsworth	1997	1A	3200 M Run	12:14.41
Jessica Heitpas	2000	1A	800 M Dash	2:26.66
Jessica Heitpas	2001	1A	800 M Dash	2:24.12

SALISBURY

Lisa Staton	1978	O	Triple Jump	38' 11"
Lisa Staton	1979	O	Long Jump	18' 4.75"
Lisa Taylor	1986	1/2	100 M Hurdles	15.46
Crystal Sherrill	1987	1/2	Triple Jump	36' 4.5"
Lisa Taylor	1987	1/2	100 M Hurdles	15.52
Lisa Taylor	1988	1/2	300 M Hurdles	45.80
Zandra Hoyles	1989	1/2	300 M Hurdles	47.70
Carmen Weldon	1994	2A	200 M Dash	25.82
	1994	2A	4X100 M Relay	50.26
Carmen Weldon	1995	2A	100 M Dash	12.40
Carmen Weldon	1995	2A	200 M Dash	25.15
Alisha Bradshaw	2010	2A	Discus	129' 11.5"
Alisha Bradshaw	2011	2A	Shot Put	39' 7"
Alisha Bradshaw	2011	2A	Discus	119' 10"
Jaleesa Smoot	2013	2A	400 M Dash	56.59
	2023	2A	4X400 Relay	4:04.12

SANDERSON

Gail Hafley	1978	O	1 Mile Run	5:05.70
Treshell Mayo	1991	4A	400 M Dash	55.91
Cameron Bader	1992	4A	300 M Hurdles	46.29
Treshell Mayo	1992	4A	400 M Dash	56.92
Molly Doyle	2000	4A	800 M Dash	2:19.10

SANFORD

Belsma	1977	O	Long Jump	18' 10"
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SCOTLAND COUNTY

Williams	1978	O	110 YD Hurdles	14.50
Doris Bloxson	1981	O	Discus	128' 07"
Lakesha Bennett	1992	4A	Triple Jump	38' 01"
Ashlynn Chais	2007	4A	Long Jump	18' 07"

SEVENTY-FIRST

Pam Belton	1979	O	220 YD Dash	25.00
Pam Belton	1981	O	200 M Dash	24.80
	1992	4A	4X800 M Relay	9:51.91
Kennisha Morten	1998	4A	400 M Dash	56.97
Danielle Davis	1999	4A	100 M Dash	12.03

SHELBY

Charlotte Smith	1988	3A	1600 M Run	5:23.85
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SMITHFIELD-SELMA

Gwen Ray	1980	O	200 M Dash	24.30
Teneen Royal	1988	4A	400 M Dash	57.54
Dashontia Atkinson	1990	4A	Shot Put	41' 1"
Dashontia Atkinson	1990	4A	Discus	141' 04"
Dashontia Atkinson	1990	4A	MOP	

SMOKY MOUNTAIN

	2016	2A	4X800 M Relay	9:54.83
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SOUTH BRUNSWICK

Myra Williams	1995	3A	Shot Put	40' 1.75"
Myra Williams	1995	3A	Discus	125' 00"
Myra Williams	1996	3A	Shot Put	42' 5.25"
Vikki Williams	2002	2A	High Jump	5' 04"



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



SOUTH CALDWELL

Virginia Lacombe 1998 3A High Jump 5' 08"

Shawnti Jackson 2023 2A 200 Meter Dash 22.70
Shawnti Jackson 2023 2A 400 Meter Dash 53.02
Shawnti Jackson 2023 2A MOP

Jasmine Patterson 2010 1A Pole Vault 9' 06"

SOUTH CENTRAL

Kelsey McCorkle 2006 3A 100 M Dash 11.83
Kelsey McCorkle 2006 3A 200 M Dash 24.73
Kelsey McCorkle 2006 3A MOP
Kelsey McCorkle 2007 3A 200 M Dash 24.79
Kelsey McCorkle 2007 3A 400 M Dash 56.60
Kelsey McCorkle 2007 3A MOP

Jaylah Jefferson 2023 2A Long Jump 17'00.00"

SOUTH IREDELL

Julia Scoles 2013 2A Long Jump 18' 0.25"
Julia Scoles 2015 3A High Jump 5' 06"

SOUTH JOHNSTON

Kelsey McCorkle 2008 3A 100 M Dash 11.83
Kelsey McCorkle 2008 3A 200 M Dash 23.63
Kelsey McCorkle 2008 3A MOP

Anna Raynor 2002 4A Long Jump 18' 00"
Anna Raynor 2003 4A High Jump 5' 09"
Whitney Williams 2012 3A Shot Put 38' 9.75"

SOUTH MECKLENBURG

Danielle Butts 2009 3A Triple Jump 40' 11"
Danielle Butts 2010 3A Triple Jump 39' 01"
Danielle Butts 2010 3A High Jump 5' 06"
Danielle Butts 2010 3A MOP

Michelle Langan 1976 O High Jump 5' 07"
Teri LeBlanc 1984 O High Jump 5' 06"
Teri LeBlanc 1984 O 100 M Hurdles 13.89
Jennifer Lakes 1994 4A 3200 M Run 11:26.93
Cierra Burdick 2008 4A High Jump 5' 05"

SOUTH ROBESON

Danielle Butts 2011 3A Triple Jump 40' 11"
Danielle Butts 2011 3A High Jump 5' 04"
2011 3A 4X100 M Relay 47.35
2011 3A 4X200 M Relay 1:43.61
Alexis Hastings 2021 4A Triple Jump 37'09.00"
2022 3A 4 X 200 Relay 1:46.02

Angela Grissett 1995 1A 4X100 M Relay 52.10
Angela Grissett 1996 1A 200 M Dash 25.78
Shaquiela Robinson 2008 1A High Jump 5' 02"
Shaquiela Robinson 2009 1A High Jump 5' 06"
Shaquiela Robinson 2010 1A High Jump 5' 04"

SOUTH DAVIDSON

Cathy Pryor 1995 1A 800 M Dash 2:28.80
Gina Rosser 1998 1A High Jump 5' 05"
Gina Rosser 1999 1A High Jump 5' 04"

SOUTH ROWAN

Ellen Miller 1986 3/4 Discus 126' 01"
Tracy Connor 1992 4A Shot Put 39' 3.75"
Tracy Connor 1992 4A Discus 118' 00"
Macy Miller 2021 2A High Jump 5'04.00"

SOUTH GRANVILLE

Vanessa Smith 1986 1/2 MOP
Annette Harris 1988 1/2 200 M Dash 25.85
Kresha Estes 1988 1/2 400 M Dash 58.20
1988 1/2 4X100 M Relay 49.59
Annette Harris 1990 1/2 200 M Dash 26.22
1990 1/2 4X200 M Relay 1:48.04
Tracey Burwell 1991 1/2 400 M Dash 58.91
Juanita Hughes 1996 2A 400 M Dash 57.55
1997 2A 4X400 M Relay 4:05.51
Latoya Burt 1998 2A 300 M Hurdles 46.24
Shawnti Jackson 2023 2A 100 Meter Dash 11.33

Lee Anne Ross 1991 1/2 300 M Hurdles 46.96
Marcia Colson 1994 1A Long Jump 17' 4.75"
Marcia Colson 1994 1A Triple Jump 34' 5.25"
Marcia Colson 1995 1A Long Jump 17' 8.25"
Marcia Colson 1995 1A Triple Jump 35' 6.75"
Lashica Johnson 1996 1A Shot Put 34' 2"
Caitlin Ritchie 2007 1A Pole Vault 9' 06"
Jade Farlow 2008 1A 1600 M Run 5:19.02
Jasmine Patterson 2009 1A Pole Vault 9' 00"

SOUTH STANLY

SOUTH STOKES

Evette Brown 2002 1A 100 M Dash 12.24
Evette Brown 2002 1A 200 M Dash 25.52
Kasey Smith 2003 1A 3200 M Run 11:51.54
Kasey Smith 2003 1A MOP
2003 1A 4X800 M Relay 10:20.64
Evette Brown 2004 1A 100 M Dash 12.18
Evette Brown 2004 1A 200 M Dash 25.87
Chelsea Mudd 2007 1A 400 M Dash 1:01.11
Joanna Davis 2007 1A 100 M Hurdles 16.25
Jalee Brown 2023 1A 100 Meter Dash 11.86
Jalee Brown 2023 1A 400 Meter Dash 58.08

SOUTHEAST GUILFORD

McMais 1973 O 880 YD Dash 2:32.80
Robbins 1973 O High Jump 5' 0.5"
Robbins 1974 O High Jump 5' 02"
Haley Hackett 2008 3A Shot Put 37' 6"
Breanna Alston 2009 3A 400 M Dash 58.45
Kiya Ovosun 2017 4A 400 M Dash 53.53
Shekinah Cooke 2019 3A Discus 140' 08"

SOUTHEAST HALIFAX

Katrina Lewis 2000 2A Discus 103' 09"
Katrina Lewis 2001 2A Shot Put 39' 6.5"
Katrina Lewis 2001 2A Discus 114' 06"

SOUTHEAST RALEIGH

Jessica Hawkins 1998 4A Discus 126' 05"
Jessica Hawkins 1999 4A Shot Put 37' 10"
2000 4A 4X800 M Relay 9:26.84
Michelle Dixon 2001 4A 100 M Dash 12.18
Sharonda Johnson 2001 4A Triple Jump 37' 9.5"
Sharonda Johnson 2002 4A Triple Jump 39' 3.5"
Krystle Medlin 2003 4A 800 M Dash 2:20.20
Krystle Medlin 2004 4A 800 M Dash 2:16.40
2004 4A 4X800 M Relay 9:36.41
Ebonie Cunningham 2005 4A 400 M Dash 56.47
Gabby Mayo 2005 4A 100 M Hurdles 14.41
Gabby Mayo 2005 4A 300 M Hurdles 44.62
Gabby Mayo 2005 4A MOP
Chrishawn Williams 2006 4A Long Jump 18' 07"
Ebonie Cunningham 2006 4A 400 M Dash 55.10



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Gabby Mayo	2006	4A	100 M Hurdles	13.60
Gabby Mayo	2006	4A	100 M Dash	11.14
Gabby Mayo	2006	4A	200 M Dash	23.51
Gabby Mayo	2006	4A	300 M Hurdles	43.56
Gabby Mayo	2006	4A	MOP	
Monique Vines	2006	4A	Triple Jump	37' 05"
Chrishawn Williams	2007	4A	Triple Jump	37' 07"
Ebonie Cunningham	2007	4A	400 M Dash	55.17
Gabby Mayo	2007	4A	100 M Hurdles	13.73
Gabby Mayo	2007	4A	100 M Dash	11.43
Gabby Mayo	2007	4A	200 M Dash	23.72
Gabby Mayo	2007	4A	MOP	
Chrishawn Williams	2009	4A	Long Jump	19' 04"
	2009	4A	4X100 M Relay	47.33
	2009	4A	4X200 M Relay	1:39.14

SOUTHEAST RALEIGH (CONTINUED)

Deja Barber	2010	4A	Shot Put (WC)	5' 4.25"
Danielle Davis	2011	4A	Long Jump	18' 11.25"
Deja Barber	2011	4A	Shot Put (WC)	5' 00"
Deja Barber	2011	4A	100 M Dash (WC)	45.58
Deja Barber	2012	4A	Shot Put (WC)	5' 04"
Deja Barber	2012	4A	100 M Dash (WC)	41.04
Shakinah Brooks	2013	4A	Long Jump	19' 05"
Tametriss Morrison	2013	4A	300 M Hurdles	42.72
Jacklyn Howell	2014	4A	100 M Hurdles	13.52
Jacklyn Howell	2014	4A	300 M Hurdles	44.67
	2016	4A	4X100 M Relay	46.25
	2016	4A	4X400 M Relay	3:48.73
Candice Whitley	2017	4A	Discus	142' 07"
Kyna Robinson	2018	4A	200 M Dash	24.20
Sierra Fletcher	2018	4A	300 M Hurdles	41.87
	2018	4A	4X100 M Relay	47.33
	2018	4A	4X200 M Relay	1:38.23
	2019	4A	4X100 M Relay	46.11
	2019	4A	4X200 M Relay	1:37.30
Autumn Judd	2021	4A	Shot Put	42'09.00"

SOUTHERN ALAMANCE

Sherry Faust	1992	3A	100 M Dash	12.43
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SOUTHERN DURHAM

	1995	3A	4X100 M Relay	49.29
	1995	3A	4X200 M Relay	1:43.19
	1995	3A	4X400 M Relay	4:00.14
Heather Carpenter	1996	3A	300 M Hurdles	46.21

Marshari Williams	1996	3A	100 M Hurdles	14.85
Marshari Williams	1997	3A	100 M Hurdles	15.08
Taressa Davis	1997	3A	Triple Jump	38' 07"
Patience Coleman	2004	3A	High Jump	5' 08"
Patience Coleman	2005	3A	High Jump	5' 04"
Patience Coleman	2006	4A	High Jump	5' 10"
Patience Coleman	2007	4A	High Jump	5' 08"
Jacinda Evans	2008	4A	Long Jump	19' 9.75"
Jacinda Evans	2008	4A	Triple Jump	39' 01"
Jacinda Evans	2008	4A	100 M Dash	11.77
Jacinda Evans	2008	4A	200 M Dash	24.47
Jacinda Evans	2008	4A	MOP	
Rah'Shea Christopher	2023	3A	Shot Put	38'10.75"

SOUTHERN GUILFORD

Dixon	1974	O	Shot Put	38' 4.5"
Dixon	1975	O	Shot Put	38' 8"
Dixon	1976	O	Shot Put	41' 7"
Shana Harris	1993	3A	High Jump	5' 04"
Shana Harris	1994	2A	Long Jump	17' 09"
Jenny Cassell	1997	2A	100 M Dash	12.42
LeTrey Parker	2001	2A	200 M Dash	25.07
Kylie McMillan	2014	3A	100 M Hurdles	14.11
Kylie McMillan	2015	3A	100 M Hurdles	13.81
Kylie McMillan	2015	3A	300 M Hurdles	43.78
Kylie McMillan	2015	3A	MOP	
Ania Dawson	2016	3A	Discus	126' 06"
Imani Bennett	2016	3A	Triple Jump	39' 01"

SOUTHERN NASH

Pope	1972	O	Shot Put	36' 7.5"
	1997	3A	4X400 M Relay	4:07.65
	1998	3A	4X200 M Relay	1:42.20
	1999	3A	Pole Vault	9' 00"
	1999	3A	Triple Jump	40' 00"
	2000	3A	Long Jump	17' 7.5"
	2000	3A	Triple Jump	39' 11"
Brianna Dunston	2001	3A	Discus	116' 07"
Laura Langley	2007	3A	High Jump	5' 08"
Laura Langley	2008	3A	High Jump	5' 04"

SOUTHERN VANCE

Tiffany Perry	2000	2A	High Jump	5' 06"
Tiffany Perry	2001	2A	Long Jump	18' 5.5"

Tiffany Perry	2001	2A	High Jump	5' 04"
	2001	2A	4X200 M Relay	1:45.41
	2002	2A	4X200 M Relay	1:45.49
Alicia Person	2003	2A	Triple Jump	37' 7.5"
Arlene Mitchell	2003	2A	100 M Hurdles	15.22
Lovetta Perry	2003	2A	100 M Dash	12.39
	2003	2A	4X100 M Relay	49.50
Alicia Person	2004	2A	Long Jump	17' 04"
Alicia Person	2005	2A	Long Jump	18' 04"
Alicia Person	2005	2A	Triple Jump	37' 00"
Aurion Waddell	2007	2A	Discus	121' 07"
Tremonisha Taylor	2008	2A	Discus	113' 06"
Tremonisha Taylor	2009	2A	Discus	141' 00"
Shauna Terry	2010	3A	Long Jump	17' 10.5"
Tremanisha Taylor	2010	3A	Discus	137' 00"

SOUTHSIDE

	2003	1A	4X400 M Relay	4:12.86
Eminey Redmond	2017	1A	Long Jump	17' 06"
	2018	1A	4X200 M Relay	1:46.09

SOUTHWEST EDGEcombe

Delphine Mabry	1981	O	800 M Dash	2:21.10
Delphine Mabry	1982	O	800 M Dash	2:13.50
Vickie Staton	1984	O	400 M Dash	56.85
Danisha Norwood	2000	3A	Discus	113' 01"
Jessica Barnes	2009	3A	Long Jump	18' 1.75"
Catherine Armstrong	2012	2A	100 M Dash (WC)	28.59
Catherine Armstrong	2012	2A	200 M Dash (WC)	54.97
Catherine Armstrong	2012	2A	800 M Dash (WC)	3:38.28
Catherine Armstrong	2013	2A	Shot Put (WC)	7' 04"
Catherine Armstrong	2013	2A	Discus (WC)	18' 6"
Catherine Armstrong	2013	2A	100 M Dash (WC)	29.28
Catherine Armstrong	2013	2A	400 M Dash (WC)	50.09
Catherine Armstrong	2013	2A	800 M Dash (WC)	3:45.52
Catherine Armstrong	2014	2A	100 M Dash (WC)	30.14
Catherine Armstrong	2014	2A	800 M Dash (WC)	3:43.69
Catherine Armstrong	2014	2A	1600 Meters (WC)	7:31.10

SOUTHWEST GUILFORD

Ashley Pinnix	1997	2A	High Jump	5' 00"
	1997	2A	4X800 M Relay	10:13.09
Nayly Bulkeley	1999	3A	800 M Dash	2:19.53
	1999	3A	4X800 M Relay	9:49.46
Tiffany Roberts	2002	3A	200 M Dash	24.54
	2002	3A	4X100 M Relay	49.44



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



	2002	3A	4X200 M Relay	1:42.65	Hunter Welborn
Portia Baker	2003	3A	200 M Dash	24.39	Hunter Welborn
Portia Baker	2003	3A	400 M Dash	56.79	Hunter Welborn
Portia Baker	2004	3A	200 M Dash	25.23	Samantha Welborn
Portia Baker	2004	3A	400 M Dash	55.82	Samantha Welborn
Shemiah Brooks	2010	4A	Triple Jump	39' 10"	
Shemiah Brooks	2011	4A	Triple Jump	39' 03"	
Shemiah Brooks	2012	4A	Triple Jump	28' 10"	Kim Jones
Nyile Facey	2018	3A	100 M Hurdles	14.06	
Sady Moody	2022	4A	Discus	129'10.00"	Kim Jones
Sady Moody	2023	4A	Discus	137'03.00"	Kim Jones

SOUTHWEST ONSLOW

Tahalia Fairman	2018	2A	100 M Dash	12.30	Jordan Daywalt
Tahalia Fairman	2018	2A	200 M Dash	25.39	Jordan Daywalt
Tahalia Fairman	2019	2A	400 M Dash	56.57	Cambria Shuford

SOUTHWESTERN RANDOLPH

Melissa Rogers	1986	1/2	High Jump	5' 06"	Janiya Johnson
Pauline Rogers	1986	1/2	300 M Hurdles	46.81	Janiya Johnson
Melissa Rogers	1987	1/2	High Jump	5' 06"	Janiya Johnson
Melissa Rogers	1987	1/2	400 M Dash	57.37	Janiya Johnson

ST. PAULS

Terria Sinclair	2003	2A	200 M Dash	25.44	Alice Vinson
	2010	2A	4X100 M Relay	49.57	Alice Vinson
	2010	2A	4X200 M Relay	1:43.70	Alice Vinson
	2011	2A	4X200 M Relay	1:44.54	Alice Vinson
	2012	2A	4X100 M Relay	49.57	Alice Vinson
	2012	2A	4X200 M Relay	1:44.24	
	2013	2A	4X200 M Relay	1:43.29	Alice Vinson
Tia Glover	2015	2A	100 M Dash	12.37	Alice Vinson

ST. STEPHENS

Patty King	1985	O	3200 M Run	11:28.92	Christy Rogers
Jennifer Coffey	1989	3A	3200 M Run	11:49.43	Suzanne Black
Jennifer Coffey	1990	3A	3200 M Run	11:58.60	

STARMOUNT

Terri Matthews	1999	1A	Pole Vault	8' 00"	Christy Rogers
	1999	1A	4X400 M Relay	4:25.50	Suzanne Black
Terri Matthews	2000	1A	Pole Vault	9' 06"	Elizabeth Harrison
Susan Shore	2001	1A	Pole Vault	9' 00"	Laura Hughes
Susan Shore	2003	1A	Pole Vault	9' 06"	Laura Hughes
Shea Snow	2004	1A	Pole Vault	10' 07"	Laura Hughes
Shea Snow	2005	1A	Pole Vault	10' 00"	

2012	2A	High Jump	5' 06"	
2013	2A	High Jump	5' 06"	
2014	1A	High Jump	5' 08"	
2014	1A	Shot Put	35' 10.75"	Sara White
2014	1A	Discus	112' 10"	Sara White

STATESVILLE

1990	3A	High Jump	5' 06"	Mikki Dollyhigh
1990	3A	4X100 M Relay	49.37	Sara White
1991	3A	Long Jump	18' 8.5"	Sara White
1991	3A	High Jump	5' 08"	Sara White
1992	3A	Long Jump	18' 6.75"	
1992	3A	High Jump	5' 04"	Jill Lawrence
2007	3A	Pole Vault	11' 06"	Jill Lawrence
2008	3A	Pole Vault	11' 06"	
2016	3A	400 M Dash	56.28	Deanne Wood
2023	3A	100 M Dash	11.70	Kara Gillespie
2023	3A	200 M Dash	24.18	
2023	3A	MOP		Jenny Alyn Scott
2023	3A	4X100 Relay	47.21	Kayla Robertson
2023	3A	4X200 Relay	1:41.57	Kayla Robertson

SUN VALLEY

1988	3A	100 M Dash	12.65	
1989	3A	Triple Jump	39' 0.5"	
1989	3A	100 M Dash	12.20	
1989	3A	200 M Dash	25.06	
1989	3A	MOP		
1989	3A	4X800 M Relay	10:02.72	
1990	3A	100 M Dash	12.03	
1990	3A	200 M Dash	24.81	
1990	3A	MOP		
1990	3A	4X800 M Relay	10:04.21	
1991	3A	100 M Hurdles	15.33	
1991	3A	800 M Dash	2:21.20	
1991	3A	4X800 M Relay	10:03.16	
1992	3A	100 M Hurdles	15.16	
1992	3A	3200 M Run	11:36.26	
1992	3A	4X800 M Relay	9:55.40	
1993	3A	Discus	125' 07"	
1993	3A	800 M Dash	2:22.61	
1993	3A	4X800 M Relay	9:48.45	
1994	3A	800 M Dash	2:20.79	
1994	3A	1600 M Run	5:15.67	

1994	3A	4X800 M Relay	9:57.61	
2007	3A	4X800 M Relay	9:30.78	

1990	1/2	300 M Hurdles	45.89	
1991	1/2	100 M Hurdles	15.32	
1992	1/2	400 M Dash	59.91	
1992	1/2	100 M Hurdles	15.31	
1992	1/2	300 M Hurdles	46.19	
1992	1/2	4X400 M Relay	4:11.50	
1993	1/2	100 M Hurdles	15.10	
1993	1/2	300 M Hurdles	44.90	
1993	1/2	4X400 M Relay	4:10.17	
1994	1A	800 M Dash	2:31.10	
1994	1A	400 M Dash	59.92	
1994	1A	4X400 M Relay	4:18.16	
1996	1A	300 M Hurdles	47.50	
1998	2A	800 M Dash	2:23.67	
1998	2A	4X800 M Relay	10:19.04	
2003	1A	Long Jump	16' 06"	
2003	1A	800 M Dash	2:22.43	
2003	1A	1600 M Run	5:15.49	
2004	1A	800 M Dash	2:24.81	
2004	1A	4X800 M Relay	10:13.70	

SURRY CENTRAL (CONTINUED)

Raven Stanley	2009	2A	Pole Vault	10' 00"
Raven Stanley	2011	2A	Pole Vault	10' 00"
Sarah Brown	2018	2A	Pole Vault	12' 00"
Sarah Brown	2019	2A	Pole Vault	12' 6.5"
Mia McMillen	2022	2A	300M Hurdles	45.08

SWAIN COUNTY

Vanessa Lambert	2000	1A	400 M Dash	59.27
Joule Breedlove	2007	1A	Triple Jump	38' 1.25"
Joule Breedlove	2007	1A	MOP	
Chelsea Treadway	2009	1A	800 M Dash	2:20.47
Chelsea Treadway	2010	1A	800 M Dash	2:19.50
Chelsea Treadway	2011	1A	800 M Dash	2:14.70
	2015	1A	4X800 M Relay	9:51.83
	2016	1A	800 M Dash	2:22.77
Emma Pindur	2016	1A	Pole Vault	8' 06"
Sarah Hyatt	2016	1A	4X400 M Relay	4:16.43
	2017	1A	800 M Dash	2:19.26
	2017	1A	4X400 M Relay	4:13.10
	2017	1A	4X800 M Relay	10:10.14
Amelia Rogers	2021	1A	Pole Vault	9'06"



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Jessie Lohmann	2021	1A	300M Hurdles	48.26
Monica Riordan	2021	1A	100M Hurdles	15.13
Amelia Rogers	2022	1A	Pole Vault	10' 0"
	2022	1A	4 X 800 Relay	10:05.85
Arizona Blankenship	2023	1A	1600 M Run	5:01.10
Arizona Blankenship	2023	1A	3200 M Run	10:56.58
	2023	1A	4X800 Relay	9:45.27
Amelia Rogers	2023	1A	Pole Vault	11'00.25"

SWANSBORO

Cindy Floyd	1982	O	High Jump	5' 06"
Peace Shepherd	1991	1/2	High Jump	5' 06"
	1991	1/2	4X400 M Relay	4:10.60
Tracy Pickett	1995	1A	Discus	106' 06"
Tracy Pickett	1996	1A	Discus	109' 07"
Tracy Pickett	1997	1A	Shot Put	38' 8.5"
Tracy Pickett	1997	1A	Discus	112' 10"
Erin Johnson	1999	2A	Pole Vault	7' 06"
Erin Johnson	2000	2A	Pole Vault	9' 00"
	2001	2A	4X400 M Relay	4:14.28
Michelle Matthews	2002	2A	800 M Dash	2:20.68
Michelle Matthews	2003	2A	800 M Dash	2:23.56
	2009	2A	4X400 M Relay	4:09.03
K.C. Watson	2010	2A	Pole Vault	9' 03"
Korie Bennett	2012	2A	Pole Vault	10' 06"

T.C. ROBERSON

Francine Dumas	1986	3/4	1600 M Run	5:02.29
Francine Dumas	1987	3A	800 M Dash	2:18.12
Francine Dumas	1987	3A	1600 M Run	5:10.69
Francine Dumas	1987	3A	3200 M Run	11:30.46
Francine Dumas	1987	3A	MOP	
	1988	3A	4X100 M Relay	49.71
	1988	3A	4X200 M Relay	1:45.46
Mary Osada	1995	3A	800 M Dash	2:21.08
Sarah Vance Goodman	1995	3A	3200 M Run	11:13.75
Sarah Vance Goodman	1996	3A	3200 M Run	10:58.42
	1996	3A	4X800 M Relay	9:51.76
Sarah Vance Goodman	1997	3A	1600 M Run	5:03.05
Sarah Vance Goodman	1997	3A	3200 M Run	11:16.08
Sarah Vance Goodman	1997	3A	MOP	
	1997	3A	4X800 M Relay	9:55.17
Sarah Vance Goodman	1998	3A	1600 M Run	5:03.80
Sarah Vance Goodman	1998	3A	3200 M Run	10:54.64
Sarah Vance Goodman	1998	3A	MOP	

Erin Kelley	1998	3A	4X800 M Relay	9:44.00
Danielle Deines	1999	3A	3200 M Run	11:28.52
Danielle Deines	2000	3A	1600 M Run	5:20.73
Danielle Deines	2000	3A	3200 M Run	11:30.21
Michelle Velez	2000	3A	Pole Vault	10' 00"
Michelle Velez	2000	3A	100 M Hurdles	15.20
Michelle Velez	2000	3A	MOP	
	2000	3A	4X800 M Relay	NA
Clair Kelley	2005	3A	3200 M Run	11:39.82
	2005	3A	4X800 M Relay	9:52.64
Hannah McArdle	2006	3A	1600 M Run	5:18.83
Sarah Dugan	2006	3A	800 M Dash	2:21.00
	2006	3A	4X800 M Relay	10:06.17
Caroline Kirby	2007	3A	3200 M Run	11:33.33
Caroline Kirby	2008	3A	3200 M Run	11:22.50
	2008	3A	4X800 M Relay	9:25.56
Laura Hoer	2009	3A	1600 M Run	5:00.31
Laura Hoer	2009	3A	MOP	
Sequoia Watkins	2009	3A	Discus	125' 00"
	2009	3A	4X800 M Relay	9:40.01
Laura Hoer	2010	4A	3200 M Run	10:46.29
Sequoia Watkins	2010	4A	Discus	142' 04"
Sequoia Watkins	2011	4A	Shot Put	42' 5.25"
Sequoia Watkins	2011	4A	Discus	141' 06"
Lauren Moody	2014	4A	800 M Dash	2:12.84
Michelle Cobb	2016	4A	Triple Jump	38' 08"

T.C. ROBERSON (CONTINUED)

Michelle Cobb	2017	4A	Triple Jump	38' 11.5"
Amanda Wahler	2018	3A	Discus	129' 05"
Elise Wright	2018	3A	1600 M Run	5:01.52

T.W. ANDREWS

	1972	O	Long Jump	16' 00"
	1975	O	4X110 YD Relay	49.40
	1980	O	4X100 M Relay	48.80
	1980	O	4X200 M Relay	1:42.00
	1981	O	4X200 M Relay	1:40.50
	1984	O	Discus	121' 03"
	1985	O	4X200 M Relay	1:42.89
	1987	3A	100 M Dash	12.32
	1987	3A	200 M Dash	25.29
	1987	3A	4X100 M Relay	49.58
	1987	3A	4X200 M Relay	1:44.10

Tenisha Pinnix	1990	3A	Long Jump	18' 10"
	1990	3A	4X200 M Relay	1:43.49
	1992	3A	4X400 M Relay	4:09.03
	2000	3A	4X200 M Relay	1:43.43
Nasheena Quick	2001	3A	100 M Dash	12.45
Sheena Dawkins	2001	3A	Long Jump	17' 01"
	2001	3A	4X100 M Relay	48.97
	2001	3A	4X200 M Relay	1:47.37
Nashenna Quick	2002	2A	100 M Dash	12.37
Sheena Dawkins	2002	2A	Long Jump	18' 3.75"
Sheena Dawkins	2002	2A	Triple Jump	37' 5.75"
Sheena Dawkins	2002	2A	MOP	
	2002	2A	4X100 M Relay	48.87
	2003	2A	4X200 M Relay	1:43.47
Sarah Portee	2004	2A	Triple Jump	36' 5.5"
Sarah Portee	2004	2A	High Jump	5' 02"
Sarah Portee	2004	2A	MOP	
Ashley McKiver	2005	2A	100 M Dash	12.31
Ashley McKiver	2005	2A	200 M Dash	25.65
Ashley McKiver	2005	2A	MOP	
	2005	2A	4X100 M Relay	49.67
Dekalah Price	2006	3A	Long Jump	17' 09"
Dekalah Price	2006	3A	Triple Jump	38' 4.75"
Paisley Simmons	2010	2A	100 M Dash	12.03
Nora McKiver	2011	2A	100 M Hurdles	14.60
Nora McKiver	2011	2A	300 M Hurdles	43.69
Nora McKiver	2012	2A	100 M Hurdles	14.22
Nora McKiver	2012	2A	300 M Hurdles	44.87

T.W. ANDREWS (CONTINUED)

Paisley Simmons	2012	2A	100 M Dash	12.03
Paisley Simmons	2012	2A	200 M Dash	24.74
Nora McKiver	2013	2A	100 M Hurdles	14.37
Nora McKiver	2013	2A	300 M Hurdles	42.70
Nora McKiver	2013	2A	MOP	
Paisley Simmons	2013	2A	100 M Dash	12.05
Paisley Simmons	2013	2A	200 M Dash	24.61
	2013	2A	4X100 M Relay	48.27
Mikel Franklin	2016	2A	High Jump	5' 07"
Peighton Simmons	2016	2A	Triple Jump	38' 00"
Nicole Barnes	2017	2A	100 M Hurdles	14.19
Nicole Barnes	2017	2A	100 M Dash	12.09
Peighton Simmons	2017	2A	Triple Jump	39' 0.75"
Zacora McKnight	2017	2A	300 M Hurdles	44.71
	2017	2A	4X100 M Relay	48.32
	2017	2A	4X200 M Relay	1:40.71



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



	1998	4A	4X800 M Relay	9:34.07	Blake Dodge
	1999	4A	4X800 M Relay	9:36.61	
Sallie Gurganus	2004	4A	Pole Vault	11' 00"	Blake Dodge
Sallie Gurganus	2005	4A	Pole Vault	11' 08"	Emme Fisher
Sallie Gurganus	2006	4A	Pole Vault	12' 01"	Mackenzie Whitaker
Taylor Cook	2008	4A	Pole Vault	11' 00"	

WEDDINGTON

Victoria Shobe	2005	3A	Pole Vault	11' 06"	
Breahna Morrison	2010	3A	400 M Dash	55.69	
Lindsey Good	2010	3A	800 M Dash (WC)	3:09.52	
	2010	3A	4X400 M Relay	4:00.13	
	2014	3A	4X100 M Relay	49.00	
Hannah Stokes	2015	3A	Shot Put	38' 6"	
Elizabeth Becker	2017	3A	100 M Dash (WC)	20.48	
Elizabeth Becker	2017	3A	200 M Dash (WC)	36.82	
Elizabeth Becker	2017	3A	400 M Dash (WC)	1:12.08	
Elizabeth Becker	2017	3A	800 M Dash (WC)	2:37.65	
Riley Felts	2018	3A	Pole Vault	12' 00"	
Mackenzie Kuelz	2021	3A	High Jump	5'06.00"	
	2021	3A	4X400 Relay	3:59.72	

WEST BRUNSWICK

Irene Johnson	1993	1/2	Triple Jump	37' 0.25"	
Rhonette Phillips	2001	2A	Pole Vault	10' 00"	
Jessica Doyle	2002	3A	Discus	108' 3.5"	
Lashondria Humphrey	2002	3A	Shot Put	34' 9.5"	
Kayl Padgett	2011	3A	Shot Put	42' 7"	
Kayl Padgett	2011	3A	Discus	133' 11"	

WEST CALDWELL

Joanie Mungro	1995	2A	High Jump	5' 02"	
Latoya Mungro	1995	2A	Discus	128' 06"	
Latoya Mungro	1996	2A	Discus	121' 10"	
Kittrell	1974	O	880 YD Dash	2:27.30	
Sampson	1975	O	High Jump	5' 01"	
Jessie Hoeverman	1987	3A	Discus	115' 01"	
Jennifer Bennett	1988	3A	800 M Dash	2:19.99	
Jennifer Bennett	1989	3A	800 M Dash	2:22.24	
Sha-Mecca Twitty	1998	4A	High Jump	5' 06"	
Sha-Mecca Twitty	1999	4A	High Jump	5' 04"	
Chanel Raynor	2003	3A	Discus	107' 03"	
Blake Dodge	2012	3A	800 M Dash	2:16.03	
Blake Dodge	2013	3A	800 M Dash	2:13.23	
Blake Dodge	2013	3A	1600 M Run	4:59.35	

	2013	3A	MOP		
	2013	3A	4X800 M Relay	9:22.11	
	2014	3A	800 M Dash	2:13.86	
	2017	3A	800 M Dash	2:15.69	
	2017	3A	Long Jump	18' 7.5"	

WEST CARTERET

Tyler Collins	2022	3A	High Jump	5' 4"	
	2023	3A	4X400 Relay	3:59.95	
Tyler Collins	2023	3A	High Jump	5'08.00"	

WEST CHARLOTTE

Stella Johnson	1976	O	110 YD Hurdles	15.00	
Stella Johnson	1977	O	110 YD Hurdles	14.20	
Katrina Grier	1981	O	Long Jump	20' 1.25"	
Katrina Grier	1982	O	Long Jump	19' 6.75"	
Von Ross	1988	4A	Long Jump	18' 9.25"	
Von Ross	1989	4A	Long Jump	18' 4.75"	
Tarsha Bess	1991	4A	100 M Dash	11.88	
Ursula McLean	1997	4A	800 M Dash	2:19.46	
	2000	4A	4X400 M Relay	3:56.33	
Shamaya Poe	2002	4A	100 M Dash	NA	
Shamaya Poe	2005	4A	100 M Dash	11.84	
	2005	4A	4X100 M Relay	48.44	
Nyosha Bryant	2008	4A	400 M Dash	55.58	
Nyosha Bryant	2009	4A	100 M Dash	11.92	
Nyosha Bryant	2009	4A	200 M Dash	24.12	
Nyosha Bryant	2009	4A	MOP		

WEST CRAVEN

Vicki Mitchell	2006	3A	Discus	117' 09"	
Vicki Mitchell	2007	3A	Discus	124' 10"	

WEST CRAVEN (CONTINUED)

Nyshedra Brown	2011	3A	100 M Dash	12.33	
Nyshedra Brown	2011	3A	200 M Dash	24.91	
Nyshedra Brown	2012	3A	100 M Dash	11.77	
Nyshedra Brown	2012	3A	200 M Dash	24.37	
Shalawn Yates	2023	2A	300 M Hurdles	45.35	

WEST DAVIDSON

Patty Shoaf	1988	1/2	800 M Dash	2:23.45	
Callie Wynn	2013	2A	3200 M Run	11:12.28	
Katarina Kepley	2022	2A	High Jump	5' 2"	

Sherry Smith					
Amy Knox					
Amy Knox					
Amy Knox					

Jessica Sims					
Melissa Cabe					
Lindsey Pate					

Brittany Fennell					
Lindsey Pate					
Meredith Foster					

Emma Hall					
Emma Hall					

Emma Hall					
Emma Hall					

Tonie Lazenby					
Tonie Lazenby					
Alaya Gillespie					
Alaya Gillespie					

WEST FORSYTH

	2018	4A	Pole Vault	13' 03"	
	2019	4A	Pole Vault	12' 00"	

WEST HENDERSON

	1987	3A	Long Jump	17' 10.875"	
	1994	2A	800 M Dash	2:25.80	
	1994	2A	1600 M Run	5:25.60	
	1994	2A	3200 M Run	11:54.40	
	1994	2A	4X800 M Relay	10:06.50	
	2003	2A	300 M Hurdles	46.11	
	2004	2A	Pole Vault	9' 06"	
	2005	2A	Discus	119' 08"	
	2005	2A	4X800 M Relay	10:03.80	
	2006	2A	400 M Dash	57.57	
	2006	2A	Discus	114' 02"	
	2009	2A	High Jump	5' 03"	
	2022	3A	100M Hurdles	15.07	
	2022	3A	300M Hurdles	45.69	
	2022	3A	4 X 800 Relay	10:00.64	
	2023	3A	100M Hurdles	14.42	
	2023	3A	300M Hurdles	44.42	

WEST IREDELL

	1990	3A	400 M Dash	57.78	
	1991	3A	400 M Dash	57.13	
	2021	2A	400 Meter Dash	56.86	
	2022	3A	100M Dash	12.48	

WEST JOHNSTON

	2008	4A	800 M Dash	2:17.83	
	2013	4A	100 M Dash	11.70	
	2019	3A	1600 M Run	5:02.12	

WEST LINCOLN

	2004	2A	Shot Put	37' 1.75"	
	2004	2A	Discus	122' 08"	

WEST MECKLENBURG

Barbara Myers	1985	O	Discus	117' 06"	
	1996	4A	4X200 M Relay	1:42.61	
	1996	4A	4X800 M Relay	9:46.00	
	1997	4A	Shot Put	38' 0"	
	1997	4A	4X100 M Relay	47.66	
	1998	4A	4X200 M Relay	1:40.06	



Kristie Boggan	2000	4A	Shot Put	38' 2"	Melanie Frye	2006	1A	Long Jump	18' 01"			WESTOVER			
Kristie Boggan	2001	4A	Shot Put	39' 1"	Melanie Frye	2006	1A	Pole Vault	9' 06"			2012	3A	4X100 M Relay	49.81
	2010	4A	4X100 M Relay	47.56	Melanie Frye	2006	1A	100 M Hurdles	16.05	Qizeah Jackson		2013	3A	High Jump	5' 04"
	2011	4A	4X100 M Relay	48.11	Melanie Frye	2006	1A	MOP		Qizeah Jackson		2013	3A	100 M Dash	12.18
	2011	4A	4X200 M Relay	1:40.29		2006	1A	4X400 M Relay	4:19.40	Qizeah Jackson		2013	3A	200 M Dash	24.54
Sanu Jallow	2021	4A	800 Meter Run	2:07.78	Gretta Eller	2008	1A	Pole Vault	9' 00"			2013	3A	4X400 M Relay	3:57.98
Sanu Jallow	2022	3A	200M Dash	24.44	Makayla Roten	2012	1A	High Jump	5' 04"	Qizeah Jackson		2014	3A	High Jump	5' 08"
Sanu Jallow	2022	3A	400M Dash	54.40		2012	1A	4X400 M Relay	4:11.29			2014	3A	4X400 M Relay	3:57.59
					Makayla Roten	2013	1A	High Jump	5' 06"						
WEST MONTGOMERY					WESTERN ALAMANCE					WILKES CENTRAL					
Melissa Harris	1990	1/2	100 M Dash	12.79		2002	2A	400 M Dash	58.86	Robyn Land		1988	3A	3200 M Run	11:59.44
Araybian Lilly	2017	1A	100 M Dash	12.65	Candyra Sellers	2012	3A	300 M Hurdles	44.84	Robyn Land		1988	3A	MOP	
Araybian Lilly	2017	1A	200 M Dash	25.65	Lydia Laws	2013	3A	Shot Put	39' 8.25"	Erin Musson		1994	3A	3200 M Run	11:46.36
Araybian Lilly	2017	1A	400 M Dash	58.33	Alexis Dickerson	2013	3A	300 M Hurdles	43.79	Lindsay Groce		2004	2A	3200 M Run	11:32.78
Araybian Lilly	2018	1A	100 M Dash	12.48	Lydia Laws	2014	3A	Shot Put	38' 6.5"	Morrison Deirdra		2007	2A	Shot Put	38' 9"
Araybian Lilly	2018	1A	200 M Dash	25.73	Alexis Dickerson	2014	3A	Discus	113' 02"	Morrison Deirdra		2008	2A	Shot Put	40' 0.5"
Araybian Lilly	2018	1A	400 M Dash	57.06	Alexis Dickerson	2014	3A	Triple Jump	37' 2.5"	Abigail Tully		2021	2A	Pole Vault	10'00.00"
Araybian Lilly	2018	1A	MOP		Lydia Laws	2014	3A	300 M Hurdles	43.62	Abigail Tully		2022	2A	Pole Vault	10' 00"
					Lydia Laws	2014	3A	MOP				WILLIAMS, WALTER M.			
Sherina Steele	2002	3A	MOP							Hubin		1980	O	Shot Put	38' 4.5"
Sterina Steele	2002	3A	100 M Hurdles	15.19		WESTERN GUILFORD				Jodi Doss		1986	3/4	High Jump	5' 06"
Sherina Steele	2003	3A	Long Jump	18' 9.75"	N. Ray	1977	O	High Jump	5' 05"	Michelle McRae		1993	4A	400 M Dash	55.76
Amber Holloway	2010	3A	300 M Hurdles	44.10	N. Ray	1980	O	High Jump	5' 06"	Lindsey Ridgeway		1995	3A	High Jump	5' 05"
					S. Owens	1980	O	800 M Dash	2:15.20	Lindsay Ester		2006	3A	3200 M Run	11:40.07
					Angela Williams	1989	3A	100 M Hurdles	15.44	Tamilia Wright		2015	3A	Triple Jump	39' 0.5"
						1997	2A	4X100 M Relay	50.25	Anita Curry		1988	3A	Long Jump	18' 1.5"
Natalie Almond	2022	2A	1600M Run	5:19.87		1997	2A	4X200 M Relay	1:45.37			1988	3A	4X400 M Relay	4:08.62
Kelsey Burleson	2023	2A	800 Meter Run	2:23.32	Geneva Yarborough	2001	3A	Shot Put	38' 3"	Michelle McRae		1992	4A	800 M Dash	2:17.13
Kelsey Burleson	2023	2A	1600 Meter Run	5:22.22	Tatyana Kirichenko	2001	3A	Triple Jump	38' 6.5"			2012	3A	4X200 M Relay	1:44.27
					Tatyana Kirichenko	2001	3A	Pole Vault	11' 00"	Chelsey Hargrave		2013	3A	Triple Jump	39' 0.75"
					Tatyana Krichenko	2001	3A	MOP				WILLIAMSTON			
Courtney Booze	2014	2A	Shot Put (WC)	7' 07"	Arielle Dawkins	2005	2A	Pole Vault	10' 0.5"	Joyce Land		1993	1/2	Shot Put	34' 4.5"
Courtney Booze	2014	2A	Discus (WC)	22' 03"	Radiance Basden	2007	3A	Triple Jump	38' 10.5"			2002	1A	4X100 M Relay	51.29
Kaitlyn Stone	2016	2A	3200 M Run	10:53.80	Cori Goins	2008	3A	Discus	118' 07"			2003	1A	4X100 M Relay	50.69
Karlie Butts	2023	2A	Discus	113'04.00"	Radiance Basden	2008	3A	Triple Jump	39' 8.5"	Gerri-Lena White		2004	1A	Long Jump	17' 0.5"
					Breanna Warren	2012	4A	Discus	132' 04"			2004	1A	4X100 M Relay	50.37
					Breanna Warren	2013	4A	Shot Put	43' 10.25"	Michelle Bracey		2005	1A	100 M Hurdles	16.26
					Breanna Warren	2013	4A	Discus	142' 07"	Lynn Davis		2009	1A	Discus	101' 00"
					Dejah Hayes	2013	4A	Triple Jump	38' 07"						
						WESTERN HARNETT				WINSTON-SALEM PREP					
Heidi Sloop	1998	2A	1600 M Run	5:23.26	Alica Valtin	2001	3A	1600 M Run	5:08.69	Trisha Bennett		2008	1A	400 M Dash	58.70
Heidi Sloop	1999	2A	800 M Dash	2:25.25	Alica Valtin	2001	3A	3200 M Run	11:36.94			2008	1A	4X200 M Relay	1:43.28
Heidi Sloop	1999	2A	1600 M Run	5:15.55	Tiffany Mitchell	2001	3A	High Jump	5' 06"			2008	1A	4X400 M Relay	4:08.85
Leeanne Minton	1999	2A	100 M Dash	12.78						Camille Wilkerson		2009	1A	100 M Hurdles	15.31
Heidi Sloop	2000	2A	1600 M Run	5:22.04											
Heidi Sloop	2000	2A	3200 M Run	11:48.97											
Heidi Sloop	2001	2A	1600 M Run	5:20.55											
Heidi Sloop	2001	2A	3200 M Run	11:50.44											
	2003	2A	4X400 M Relay	4:07.91											



WOMEN'S OUTDOOR TRACK EVENT CHAMPIONS BY SCHOOL



Camille Wilkerson	2009	1A	300 M Hurdles	44.55
Camille Wilkerson	2009	1A	MOP	
Trisha Bennett	2009	1A	400 M Dash	57.56
	2009	1A	4X100 M Relay	49.84
	2009	1A	4X200 M Relay	1:42.93
	2012	1A	4X100 M Relay	48.51
Sloan Williams	2013	1A	100 M Dash	12.33
	2013	1A	4X100 M Relay	48.93
Sloan Williams	2014	1A	100 M Dash	12.18
	2014	1A	4X100 M Relay	49.62
Deonica Reid	2015	1A	100 M Dash	12.43
Deonica Reid	2015	1A	200 M Dash	25.36
	2015	1A	4X100 M Relay	50.45
	2015	1A	4X200 M Relay	1:45.03
Ashya Smith	2016	1A	100 M Hurdles	15.40
Ashya Smith	2016	1A	300 M Hurdles	47.05
	2016	1A	4X100 M Relay	50.98
Ashya Smith	2017	1A	100 M Hurdles	15.63
	2019	1A	4X200 M Relay	1:46.19
	2021	1A	4X200 Relay	1:45.91
	2021	1A	4X400 Relay	4:14.51
Damyja Ortiz	2022	1A	400M Dash	57.59