

2024-2025 NCHSAA Sports Calendar

FALL 2024	
First Practice	Jul. 31
First Contest	Aug. 12

WOMEN'S GOLF	
Reporting deadline	Oct. 16; 9 pm
Regional	Oct. 21 or 22
State	Oct. 28 - 29

VOLLEYBALL	
Seeding	Oct. 20
1st Round	Oct. 22
2nd Round	Oct. 24
3rd Round	Oct. 26
4th Round	Oct. 29
Regional	Oct. 31
State	Nov. 2

WOMEN'S TENNIS	
Individual	
Reporting deadline	Oct. 14; 11:59 pm
Regional	Oct. 18 - 19
State	Oct. 25 - 26
Dual Team	
Seeding	Oct. 18
1st Round	Oct. 21
2nd Round	Oct. 23
3rd Round	Oct. 28
4th Round	Oct. 30
Regional	Nov. 5
State	Nov. 9

CROSS COUNTRY	
Reporting deadline	Oct. 22; 11:59 pm
Regional	Oct. 26
State	Nov. 2

MEN'S SOCCER	
Seeding	Nov. 7
1st Round	Nov. 9
2nd Round	Nov. 12
3rd Round	Nov. 14
4th Round	Nov. 16
Regional	Nov. 19
State	Nov. 22 - 23

CHEERLEADING	
Invitational	Dec. 7

FOOTBALL	
First Practice	Jul. 31
First Scrimmage	Aug. 9
Week 1	Aug. 23
Week 2	Aug. 30
Week 3	Sept. 6
Week 4	Sept. 13
Week 5	Sept. 20
Week 6	Sept. 27
Week 7	Oct. 4
Week 8	Oct. 11
Week 9	Oct. 18
Week 10	Oct. 25
Week 11	Nov. 1
Week 12	Nov. 8 or 9

FOOTBALL PLAYOFFS	
Seeding	Nov. 10
1st Round	Nov. 15
2nd Round	Nov. 22
3rd Round	Nov. 29
4th Round	Dec. 6
Regionals	Dec. 13
State	Dec. 20 - 21

WINTER 2024 - 2025	
First Practice (Indoor Track, Swimming & Diving, Wrestling)	Oct. 30
First Contest (Indoor Track, Swimming & Diving, Wrestling)	Nov. 11

INDOOR TRACK	
Reporting deadline	Feb. 8; 9pm
State	Feb. 14-15

SWIMMING & DIVING	
Reporting deadline	Jan. 25; 11:59pm
Regionals	Jan. 30 - Feb. 1
State	Feb. 5 - 8

WRESTLING	
Men's Dual Team	
Seeding	Jan. 30
1st/2nd	Feb. 1
3rd/Regionals	Feb. 5
State Championship	Feb. 8
Individual	
Men's/Women's Reporting deadline	Jan 30; 3pm
Women's Regional	Feb. 7 - 8
Men's Regional	Feb. 14 - 15
Men's/Women's State	Feb. 20 - 22

BASKETBALL	
First Practice	Oct. 30
First Practice (Non-FB)	Oct. 23
First Contest	Nov. 15
First Contest (Non-FB)	Nov. 4
Conference Tournament	Feb. 17 - 21
Seeding	Feb. 22
1st Round	Feb. 25
2nd Round	Feb. 28
3rd Round	Mar. 4
4th Round	Mar. 7
Regional/State	Mar. 10 - 15

SUMMER DEAD PERIODS 2024	
July 1 - 7, 2024	
July 15 - 21, 2024	

SCHOOL YEAR DEAD PERIODS	
July 31 - August 20, 2024	
October 30 - November 19, 2024	
February 12 - March 4, 2025	
Last 5 Student Days of the 1st Semester	
Last 10 Student Days of the 2nd Semester	

SUMMER DEAD PERIODS 2025	
June 30 - July 6, 2025	
July 21-27, 2025	

SPRING 2025	
First Practice	Feb. 12
First Contest	Feb. 24

MEN'S GOLF	
Reporting deadline	Apr. 30, 9pm
Regional	May 5 or 6
State	May 12 - 13

MEN'S TENNIS	
Individual	
Reporting deadline	Apr. 28; 3pm
Regional	May 2 - 3
State	May 9 - 10
Dual Team	
Seeding	Apr. 25
1st Round	Apr. 28
2nd Round	Apr. 30
3rd Round	May 5
4th Round	May 7
Regional	May 13
State	May 17

TRACK	
Reporting deadline	May 3; 9pm
Regionals	May 9 - 10
State	May 16 - 17

LACROSSE	
Seeding	May 9
1st Round	May 13
2nd Round	May 16
3rd Round	May 20
4th Round	May 23
Regional	May 28
State	May 30-31

WOMEN'S SOCCER	
Seeding	May 9
1st Round	May 12
2nd Round	May 15
3rd Round	May 19
4th Round	May 22
Regional	May 27
State	May 30 - 31

SOFTBALL	
Seeding	May 5
1st Round	May 6
2nd Round	May 9
3rd Round	May 13
4th Round	May 16
Regional	May 20 - 24
State	May 30 - 31

BASEBALL	
Seeding	May 5
1st Round	May 6
2nd Round	May 9
3rd Round	May 13
4th Round	May 16
Regional	May 20 - 24
State	May 30 - 31