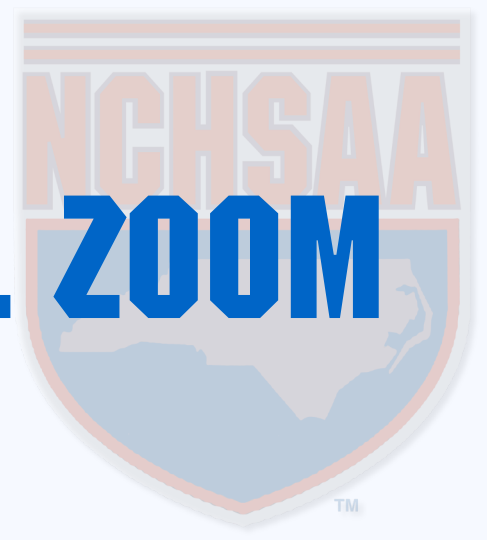


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NCHSAA VOLLEYBALL ZOOM CALL AUGUST 7



RHONDA DREIBELBIS
ASSISTANT COMMISSIONER



Volleyball Important Dates

- **First Day of Practice** July 31
- **First Contest** August 12
- **Reporting Deadline** October 16 (11:59 p.m.)
- **Seeding** October 17
- **First Round** October 19
- **Second Round** October 22
- **Third Round** October 24
- **Fourth Round** October 26
- **Regionals** October 29
- **State Championships** November 2



Volleyball Season Limitations

Number of Regular Season Contests: Total 22 matches

Teams are limited to a maximum of two (2) tournaments per year. Each tournament will count as one (1) contest on the schedule and is subject to the weekly limit allowance

No more than 4 matches per week can be played

If all four matches are on four separate days, the fourth must be on a non-school day

WaldwellHighSchool BallantyneRidgeHighSchool E.E.SmithHighSchool SouthGranvilleHighSchool NorthGastonHighSchool
 CramerHighSchool SouthernGuilfordHighSchool John.T.HoggardHighSchool NorthHendersonHighSchool Fuquay-VarinaHighSchool
 RedellHighSchool RobertL.PattonHighSchool CarolinaInternationalHighSchool WhiteOakHighSchool HopewellHighSchool
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 vidsonHighSchool KingsMountainHighSchool JohnM.MoreheadHighSchool JamesB.DudleyHighSchool MillbrookHighSchool EasternAlamanceHi



Regular Season Matches/Tournaments Per Week

Regular Matches in a Week	Tournaments Allowed
0 -2	1
3	0
4	0

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 CharlesE.JordanHighSchool EastRutherfordHighSchool PerquimansCountyHighSchool RockinghamCountyHighSchool SouthernLe
 School TriadMathandScienceAcademy SandersonHighSchool Wallace-RoseHillHighSchool CharlesB.AycockHighSchool SouthGarnes
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Match/Tournament Season Chart

Regular Season Matches (inclusive of conference and non-conference matches)	Tournaments Allowed
20 or less	2
21	1
22	0

Waldwell High School Ballantyne Ridge High School E.E. Smith High School South Granville High School North Gaston High School
 Cramer High School Southern Guilford High School John T. Hoggard High School North Henderson High School Fuquay-Varina High School
 Redell High School Robert L. Patton High School Carolina International School White Oak High School Hopewell High School
 Highland School of Technology Chatham Central High School
 Raleigh Charter High School Richard J. Reynolds High School Wakefield High School James B. Dudley High School Eastern Alamance High School
 Kings Mountain High School John M. Morehead High School Millbrook High School

Walter M. Williams High School Hugh M. Cummings High School North Johnston High School North Moorefield
 Charles E. Jordan High School East Rutherford High School Perquimans County High School Rockingham County High School Southern Lee
 Triad Math and Science Academy Sanderson High School Wallace-Rose Hill High School Charles B. Aycock High School South Garner
 Farmville Central High School South Brunswick High School North Wilkes High School
 Southeast Guilford High School Newton-Conover High School Apex Friendship High School Smithfield-Selma High School



Match Information

RPI rankings will be determined based on all matches played inclusive of best-of-three and best-of-five

Conference matches MUST be played the best-of-five

Conference tournaments MUST be played the best-of-five

All playoffs and state championships matches will be played best-of-five

At no time can a team play matches that are not the best of three or best of five. (In-state or out-of-state)



Tournament Play

Each tournament will count as (1) contest on the schedule and is subject to the weekly limit allowance

Tournaments can be played on multiple days (Friday-Saturday)

Tournament matches are limited to 4 matches per day

Tournaments must be formatted so that teams are only playing the best of three, best-of-five, or both



Schedules and Match Results

Check schedules to make sure you will exceed season limit with conference matches at the end of the year due to scheduling too many matches before conference begins.

All match results need to be entered in MaxPreps as soon as possible after the conclusion of the match

All tournament matches should be indicated as such in MaxPreps

DaldwellHighSchool BallantyneRidgeHighSchool E.E.SmithHighSchool SouthGranvilleHighSchool NorthGastonHighSchool
CramerHighSchool SouthernGuilfordHighSchool John.T.HoggardHighSchool NorthHendersonHighSchool Fuquay-VarinaHighSchool
RedellHighSchool RobertL.PattonHighSchool CarolinaInternationalSchool WhiteOakHighSchool HopewellHighSchool
HighSchool RaleighCharterHighSchool RichardJ.ReynoldsHighSchool HighlandSchoolofTechnology ChathamCentralHighSchool
DavidsonHighSchool KingsMountainHighSchool JohnM.MoreheadHighSchool WakefieldHighSchool JamesB.DudleyHighSchool EasternAlamanceHighSchool



State Adoption for Volleyball

Beginning with the 2024 volleyball season, teams will remain on the same benches throughout the match for regular season, playoffs, and state championships.

WalterM.WilliamsHighSchool HughM.CummingsHighSchool NorthJohnstonHighSchool NorthMooreHighSchool
CharlesE.JordanHighSchool EastRutherfordHighSchool PerquimansCountyHighSchool RockinghamCountyHighSchool SouthernLeisureHighSchool
TriadMathandScienceAcademy SandersonHighSchool Wallace-RoseHillHighSchool CharlesB.AycockHighSchool SouthGardnerHighSchool
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Pre Match Protocol for Volleyball

During the regular season teams will be allowed to determine the length of warm-up time that each team has (5,5,5,5), (7,7,3,3) or (6,7,7)

The visiting team will go first and third with the home team going second and fourth

For playoff games and state championships, the warm-up time will be (5,5,5,5) with the visiting team going first and third and home team going second and fourth.

* Please let officials know when they arrive what you will be doing*

DalwellHighSchool BallantyneRidgeHighSchool E.E.SmithHighSchool SouthGranvilleHighSchool NorthGastonHighSchool
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YELLING DURING THE SERVE CLARIFICATION

The NFHS volleyball rules committee has felt that some comments are good communication by teams. “Balls-up” being one of those.

The committee did not want to make a blanket statement about anything being yelled during play/serve but does feel that “disconcerting acts or words” should be penalized.

This does leave it to the official to interpret the content of the words/actions.

General cheering/yelling by fans during serve is just part of the game

Teams communicating when the server is starting – good communication. If the content is negative in anyway, then unsporting conduct comes into play.

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KernNashHighSchool NorthwestCabarrusHighSchool FarmvilleCentralHighSchool SouthBrunswickHighSchool NorthWilkesHighSchool
TriadAcademy SoutheastGuilfordHighSchool Newton-ConoverHighSchool ApexFriendshipHighSchool Smithfield-SelmaHighSchool

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UNIFORM REMINDER

The only names on the uniform can be the school's name or mascot name.

The following are deemed illegal.

NOTR

The Gym

The Swamp

The Lake

Hollywood

The North

The South

TSOT

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CONTRASTING JERSEY



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QUESTIONS

Please do not hesitate to contact me should you have any questions.

Email: Rhonda@nchsaa.org

Office Phone: 919-240-7373

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