Common Name	Region
Northside - Pinetown	East
Pamlico County	East
Southside	East
Lejeune	East
Tarboro	East
North East Carolina Prep	East
Pender	East
Rosewood (EAST HOST)	East
Neuse Charter	East
Wake Prep	East
Voyager	East
Chatham Central	East
Chatham Charter	East
North Moore	East
Eastern Randolph	East
Uwharrie Charter	East
Bishop McGuinness	East
Thomasville	East
South Davidson	East
Leadership Academy	East
South Stanly	East
Albemarle	East
Carver	East
South Stokes	East
North Stokes	East
North Rowan	East
Union Academy	East
Apprentice Academy	West
Mount Airy	West
Bradford Prep	West
Corvian Community	West
Starmount	West
Langtree Charter	West
Elkin	West
East Wilkes	West
Mountain Island Charter	West
Alleghany	West
Bessemer City	West
Cherryville (WEST HOST)	West
Draughn	West
NC School for the Deaf	West
Thomas Jefferson	West
Avery County	West
Mitchell	West
Polk County	West
Mountain Heritage	West
Rosman	West

Cherokee	West
Swain County	West
Robbinsville	West
Hayesville	West
Andrews	West
Murphy	West
Manteo	East
Northeastern	East
Pasquotank	East
Holmes	East
East Carteret	East
Hertford County	East
Washington	East
West Craven	East
North Pitt	East
Ayden - Grifton (EAST HOST)	East
Southwest Onslow	East
Farmville Central	East
Roanoke Rapids	East
SouthWest Edgecombe	East
Greene Central	East
North Lenoir	East
South Lenoir	East
Eastern Wayne	East
Heide Trask	East
Nash Central	East
Goldsboro	East
North Johnston	Mideast
Bunn	Mideast
Louisburg	Mideast
J.F. Webb	Mideast
South Granville	Mideast
Granville Central	Mideast
N.C. School of Science & Math	Mideast
St. Pauls	Mideast
Seaforth	Mideast
Fairmont	Mideast
Northwood	Mideast
Bartlett Yancey	Mideast
Southeast Alamance	Mideast
Graham	Mideast
Cummings	Mideast
Jordan-Matthews	Mideast
Reidsville	Mideast
Providence Grove	Mideast
Morehead (MIDEAST HOST)	Mideast
Randleman	Mideast
Southwestern Randolph	Mideast

McMichael	Mideast
T.W. Andrews	Midwest
Trinity	Midwest
Wheatmore	Midwest
East Davidson	Midwest
Anson	Midwest
Walkertown	Midwest
North Stanly	Midwest
West Stanly	Midwest
West Davidson	Midwest
West Stokes	Midwest
Forest Hills	Midwest
East Surry	Midwest
Mount Pleasant	Midwest
Salisbury	Midwest
Lexington (MIDWEST HOST)	Midwest
North Forsyth	Midwest
Monroe	Midwest
Forbush	Midwest
North Surry	Midwest
Surry Central	Midwest
Lincoln Charter	Midwest
East Gaston	Midwest
Bandys	West
North Wilkes	West
Bunker Hill	West
Wilkes Central	West
Maiden	West
Newton-Conover	West
Lincolnton	West
West Wilkes	West
West Lincoln (WEST HOST)	West
East Burke	West
Burns	West
Shelby	West
West Caldwell	West
Patton	West
East Rutherford	West
Chase	West
R-S Central	West
Owen	West
Hendersonville	West
Madison	West
Brevard	West
First Flight	East
Currituck County	East
West Carteret	East
Havelock	East

Croatan	East
Swansboro	East
White Oak	East
Northside - Jacksonville	East
Jacksonville	East
South Central (EAST HOST)	East
Dixon	East
Richlands	East
Rocky Mount	East
Northern Nash	East
Fike	East
C.B. Aycock	East
Hunt	East
North Brunswick	East
South Brunswick	East
Southern Wayne	East
Southern Nash	East
Smithfield-Selma	East
Vance County	East
West Brunswick	East
East Wake	East
Franklinton	East
South Johnston	East
West Johnston	East
Triton	Mideast
Cape Fear	Mideast
Harnett Central	Mideast
Southern Durham	Mideast
E.E. Smith	Mideast
Durham School of the Arts	Mideast
Terry Sanford	Mideast
Douglas Byrd	Mideast
Western Harnett	Mideast
Person	Mideast
Westover	Mideast
Seventy-First	Mideast
Carrboro	Mideast
Orange	Mideast
Cedar Ridge (MIDEAST HOST)	Mideast
Lee County	Mideast
Southern Lee	Mideast
Eastern Alamance	Mideast
Union Pines	Mideast
Southern Alamance	Mideast
Williams	Mideast
Scotland	Mideast
Western Alamance	Mideast
Eastern Guilford	Mideast

Northeast Guilford	Mideast
Rockingham County	Mideast
Dudley	Mideast
Asheboro	Midwest
Ben L. Smith	Midwest
Southern Guilford	Midwest
Montgomery Central	Midwest
High Point Central	Midwest
Ledford	Midwest
Oak Grove	Midwest
Atkins	Midwest
Central Davidson	Midwest
North Davidson (MIDWEST HOST)	Midwest
East Rowan	Midwest
Piedmont	Midwest
Carson	Midwest
Central Academy	Midwest
Concord	Midwest
Central Cabarrus	Midwest
South Rowan	Midwest
Parkwood	Midwest
West Rowan	Midwest
Robinson	Midwest
Northwest Cabarrus	Midwest
West Charlotte	Midwest
North Iredell	Midwest
Statesville	Midwest
Harding University	Midwest
West Mecklenburg	Midwest
West Iredell	Midwest
East Lincoln	West
South Point	West
Cramer	West
North Lincoln	West
Ashbrook	West
Forestview	West
North Gaston	West
Huss	West
St. Stephens	West
Hickory	West
Foard	West
Kings Mountain	West
Ashe County	West
Hibriten	West
Crest	West
Freedom	West
North Henderson	West
East Henderson	West

A.C. Reynolds	West
West Henderson	West
North Buncombe	West
Erwin	West
Enka	West
Pisgah (WEST HOST)	West
Tuscola	West
Smoky Mountain	West
Franklin	West
New Bern	East
D.H. Conley	East
Topsail	East
Laney	East
Hoggard	East
Ashley	East
New Hanover	East
Corinth Holders	East
Rolesville	East
Clayton	East
Knightdale	East
Cleveland	East
Heritage	East
Wake Forest	East
Wakefield (EAST HOST)	East
South Garner	East
Millbrook	East
Enloe	East
Southeast Raleigh	East
Garner	East
Sanderson	East
Broughton	East
Athens Drive	East
Leesville Road	East
Cardinal Gibbons	East
Willow Spring	East
Middle Creek	Mideast
Cary	Mideast
Fuquay - Varina	Mideast
Apex	Mideast
Holly Springs	Mideast
Green Hope	Mideast
Pine Forest	Mideast
Panther Creek	Mideast
Green Level (MIDEAST HOST)	Mideast
Gray's Creek	Mideast
Hillside	Mideast
Apex Friendship	Mideast
Northern Durham	Mideast

South View	Mideast
Riverside-Durham	Mideast
Jordan	Mideast
Overhills	Mideast
Lumberton	Mideast
Jack Britt	Mideast
East Chapel Hill	Mideast
Chapel Hill	Mideast
Hoke County	Mideast
Purnell Swett	Mideast
Pinecrest	Mideast
Southeast Guilford	Mideast
Richmond	Mideast
Page	Midwest
Northern Guilford	Midwest
Grimsley	Midwest
Western Guilford	Midwest
Ragsdale	Midwest
Northwest Guilford	Midwest
Southwest Guilford	Midwest
Glenn	Midwest
East Forsyth	Midwest
Parkland	Midwest
R.J. Reynolds	Midwest
Mount Tabor	Midwest
Reagan	Midwest
West Forsyth	Midwest
Davie (MIDWEST HOST)	Midwest
Porter Ridge	Midwest
A.L. Brown	Midwest
Hickory Ridge	Midwest
Rocky River	Midwest
West Cabarrus	Midwest
Sun Valley	Midwest
Independence	Midwest
Butler	Midwest
Weddington	Midwest
Cox Mill	Midwest
Cuthbertson	Midwest
East Mecklenburg	West
Providence	West
Chambers	West
Mallard Creek	West
Garinger	West
Marvin Ridge	West
Mooresville	West
Ardrey Kell	West
•	West
Hough	west

## 2024 - 2025 Regional Assignments Wrestling Updated 3/20/2024