

SPORTS COMMITTEE

Committee Members: Brian Carver (Chair), Sam Jones, John Williams, Allen Plaster, Roy Turner, Joe Franks
Staff: Rhonda Dreibelbis

AGENDA ITEM	RECOMMENDATION	SUPPORTING INFORMATION
1. Men's Golf Scoring Chris Coble, North Moore High School Sports 1 Attachment	To allow 4 team members score as a team at regionals if they are not on the conference qualifying team.	<p>Rationale: It doesn't make any sense to have a scoring of # of team members.</p> <p>Budget Impact: N/A</p> <p>Educational Impact: N/A</p> <p>Equity Impact: Would be fair for both male and female golfers</p> <p>Effective Date: Spring, 2025</p>
2. Yellow and Red Card Tracking NC Soccer Coaches Association Sports 2 Attachment	To eliminate or change the way in which the NCHSAA tracks and penalizes yellow and red cards in the sports of men's and women's soccer.	<p>Rationale: NC is only one of eight states that leaves tracking and enforcement of yellow card accumulation to the schools. This leads to inconsistencies across the state in tracking and reporting of cards. In addition, the NFHS does not include this in their soccer rules or suggest it.</p> <p>Budget Impact: N/A</p> <p>Educational Impact: N/A</p> <p>Equity Impact: Would apply for men and women</p> <p>Effective Date: Spring, 2025</p>

AGENDA ITEM	RECOMMENDATION	SUPPORTING INFORMATION
<p>3. Number of women's wrestling matches</p> <p>NC Wrestling Coaches Association</p> <p>Sports 3 Attachment</p>	<p>To cap the number of women's matches at 55 matches.</p>	<p>Rationale: Concern is that women's wrestling does not explicitly have a season limit prior to the end of the regular season. The men are limited to 55 matches before the regional entry deadline. This would align both men and women and help prevent the possible overscheduling of wrestlers.</p> <p>Budget Impact: None</p> <p>Educational Impact: N/A</p> <p>Equity Impact: A 55 match limit for the regular season aligns with the men</p> <p>Effective Date: 2024-2025 Wrestling Season</p>
<p>4. Women's wrestling seeding</p> <p>NC Wrestling Coaches Association</p> <p>Sports 4 Attachment</p>	<p>To raise the minimum match number for women's regional seeding.</p>	<p>Rationale: The initial 10 match minimum was due to women's women wrestling being sanctioned and there were fewer opportunities to wrestle. It is now clear the women have ample opportunities to compete. There are many "girls only" events, and the teams are allowed to enter non-scoring wrestlers in tournaments. A 15-match minimum makes for fairer seeding and aligns with the men's criteria.</p> <p>Budget Impact: None</p> <p>Educational Impact: None</p> <p>Equity Impact: A 15-match minimum aligns with the men</p> <p>Effective Date: 2024-2025 Wrestling Season</p>

AGENDA ITEM	RECOMMENDATION	SUPPORTING INFORMATION
<p>5. Wrestling stoppages</p> <p>NC Wrestling Coaches Association</p> <p>Sports 5 Attachment</p>	Remove the FIVE stoppages before disqualification during blood time in wrestling.	<p>Rationale: This is not a National Federation Rule, it is unique to North Carolina. The National Federation allows FIVE minutes of blood time, with no stipulation on number of stoppages. There is no evidence that having five stoppages is safer for the athlete. Out of state schools competing in North Carolina are often confused by the rule unique to North Carolina.</p> <p>Budget Impact: None</p> <p>Educational Impact: None</p> <p>Equity Impact: Would apply to men and women</p> <p>Effective Date: 2024-2025 Wrestling Season</p>
<p>6. NFHS baseball rule experiment</p> <p>Sports 6 Attachment</p>	This experiment will allow one-way electronic communication devices to be permissible from the dugout to the catcher <i>and pitcher</i> while the team is on defense for the purpose of calling pitches. When using the electronic communication devices, the coach cannot be outside the dugout/bench area.	***Discussion Only***
<p>7. RPI Formulas</p> <p>Rocky River Conference</p> <p>Sports 7 Attachment</p>	<p>To alter the RPI Rankings for playoff seeding with either of the following formulas: WP -35%, OWP-45%, OOWP -20% WP -40%, OWP- 45%, OOWP -15%</p> <p>(Tabled during Spring 2024 meeting)</p>	Item was tabled and a request made to the NCHSAA staff to conduct a survey of all coaches and athletic directors on RPI.

NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

Meeting of the Board of Directors – Agenda Item Submission

Name(s) : Chris Coble

School/LEA/Conference/Group: North Moore High School

We/I request that the following item be placed on the agenda for the next meeting of the NCHSAA Board of Directors:

Recommendation/Proposal:

State in detail the recommendation/proposal. Include attachments if necessary.

Please see attached 2nd page.

- Rationale: (Why should the board consider and possibly pass this recommendation?)
Because it doesn't make any sense to have a scoring # of team members
- Budget Impact: (What does this mean to a school's/athletic department's finances?)
NA
- Educational Impact: (Does this mean loss of school time? Does it interfere with study time?)
NA
- Gender Impact: (Is this proposal fair to males and females?)
Yes, it would be fair in both the male and female golf.
- Effective Date: (When would this go into effect?)
Spring 2025

Signature



Date 10-31-2024

Change golf rule in 4.6.2, #2 (i).... The current rule states that after qualifying a team to regionals, the next 4 golfers go to regionals as individuals not as a team. The problem is what if the next 4 members are all from the same team. The legal scoring # is 4 golfers in boys and if one team sends 4 they should be able to score as a team, not be classified as individuals only.

I would like to see this change and let 4 team members score as a team at regionals if they are not on their conference qualifying team.

NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

Meeting of the Board of Directors – Agenda Item Submission

Name(s): Jay Niessner, NCSCA President & the NCSCA Executive Board

School/LEA/Conference/Group: North Carolina Soccer Coaches Association (NCSCA)

We/I request that the following item be placed on the agenda for the next meeting of the NCHSAA Board of Directors:

Recommendation/Proposal:

State in detail the recommendation/proposal. Include attachments if necessary:

To eliminate or change the way in which the NCHSAA tracks & penalizes yellow and red cards in the sports of mens & womens soccer. Please see attachment for full details & proposals.

- **Rationale:** (Why should the board consider and possibly pass this recommendation?)

NC is one of only 8 states that leaves the tracking & enforcement of yellow card accumulation to the schools. This leads to inconsistencies across the state in the tracking and reporting of cards. In addition, the NFHS does not include this in their soccer rules handbook or suggest it.

- **Budget Impact:** (What does this mean to a school's/athletic department's finances?)

There would be zero impact on any school's budget

- **Educational Impact:** (Does this mean loss of school time? Does it interfere with study time?)

There would be no educational impact, loss of school time or interfere with any study time.

- **Gender Impact:** (Is this proposal fair to males and females?)

There would be no gender impact, this change would be for both men's & women's soccer.

- **Effective Date:** (When would this go into effect?)

For the spring of 2025 women's season.

Signature 

Date 10/31/24

Fax completed form to 919-240-7399 or email to info@nchsaa.org

October 30th, 2024

To: NCHSAA Board of Directors,

On behalf of the North Carolina Soccer Coaches Association Executive Board (NCSCA), we would like to submit a proposal to change the way in which Yellow Cards & Red Cards are counted, tracked, and dealt with by the NCHSAA. Our membership has had numerous discussions on the subject of yellow card tracking, suspensions, and the inconsistencies across the state.

The NCSCA would like to ask the board to make amendments to the NCHSAA bylaws about the tracking and wording of the official language in the handbook about yellow cards.

As it is currently written in the NCHSAA handbook:

4.8.1 (j) - Yellow card tracking & ejections - Coaches and Athletic Directors are responsible for tracking yellow cards accumulated by their student athletes and all team personnel including coaches. Coaches are required to enter all yellow and red cards received by student-athletes and coaches into MaxPreps within 24 hours following the conclusion of the contest.

(1) A red card is the equivalent of two yellow cards

(2) Regular Season:

(a) The accumulation of five yellow cards by the same person will result in a one-game suspension

(b) The accumulation of every five yellow cards by the same person after the first five (10, 15 etc) will result in a post game ejection

After researching each state athletic association across the United States, we found that the majority of states do not track yellow cards. Those that are most successful in tracking them use a central location to report yellow cards. This increases accountability on officials and schools to report the cards.

Overall:

- Thirty three states do not track yellow card accumulation throughout the season.
- Nine states track yellow cards through a central reporting system that officials and schools have to report the cards into, which helps with verification.
- Only eight states leave the tracking to the schools and leave it to the schools to enforce yellow card penalties.

The NCSCA would like the NCHSAA to consider either of the following proposals as they relate to the tracking of yellow cards.

Eliminating the tracking of yellow cards:

- Soccer is the only sport that tracks penalties across games and imposes consequences to our student athletes. As stated above, 33 states currently do not track yellow cards.
 - When looking at other team sports where similar penalties might be enforced:
 - Basketball is not required to track technical fouls, so in theory, a student-athlete could receive a technical foul in every game and have no consequences. In the game of basketball, they do have foul limits and players can foul out, which could also be the case in soccer, where a player receives one or two yellow cards for persistent fouls. Basketball players who foul out of games do not have to sit the next game.
 - Football is not required to track personal fouls, so in theory, a student-athlete could commit a personal foul in every game and have no consequences. Football players are removed for multiple personal fouls which would equate to a red card in soccer, the only difference being that soccer then plays down a man, while football is allowed to sub the disqualified player.
 - Volleyball is not required to track the issuance of yellow cards from one game to the next. So in theory, a volleyball player could receive a yellow card in each match and have no consequences.
- There is little to no consistency across the state in the issuance of yellow cards to players; what might be a yellow card one night, is not the next. Much like consistency can vary in basketball from night to night, some nights players foul out and some nights they don't. However, in other sports fouling out does not carry a penalty from one game to another.
- Many coaches or schools are not tracking or enforcing the yellow card rules, and players are not sitting out contests when they reach the five cards.
- The NFHS does not include the tracking of yellow cards in their soccer rules & regulations, or anywhere discuss the accumulation of yellow cards.

However, we understand that the NCHSAA may want to continue to track yellow cards, in those circumstances:

- We would like there to be a central reporting location for all cards. In this system (preferably in Dragonfly) we would like officials and schools to enter & verify cards within 24 hours of the contest, not track them on MaxPreps
 - This could also be used to help officials & coaches know if a player is supposed to be out

- *Schools & officials should also verify that the player has sat their game(s) after the match has been played*
- *Five yellow cards = 1 game suspension*
- *Ten yellow cards = 1 game suspension & ejection report*
- *Fifteen yellow cards = 2 game suspension & second ejection*
- *Soft Red (two yellow cards in a match) = Disqualification - No Suspension/No Ejection*
- *A player who receives a straight red should not have that count towards their yellow card count, that player is already being penalized with the straight red and should not be double penalized for the offense.*

Thank you for taking the time to review our concerns and proposals. Please don't hesitate to reach out to the North Carolina Soccer Coaches Association President, Jay Niessner with any questions that you might have about our proposal.

Sincerely,

Jay Niessner - NCSCA President

NCSCA Executive Board:

Jay Niessner	President	Hickory Ridge High School
Brian Jillings	Past President	Hickory High School
Keith Jenkins	Vice President	Clayton High School
Jay Raynor	Secretary	East Bladen High School
Tim Guter	Treasurer	New Bern High School
Paul Slater	Clinic Coordinator	Croatan High School
Amy Green	Women's Coaches Liaison	Northern High School
Gregg George	Clash of the Carolinas Game Coordinator	East Forsyth High School
Jeremy Krist	Rankings & MaxPreps	Williams High School
Herk DeGraw	East/West All Star Game Coordinator	Swansboro High School
Patrick Gladys	Sponsorship & Fundraising	AC Reynolds High School
Scott Sloan	Athletic Director & NCHSAA Liaison	Heritage High School
Jason Dragoon	Awards Liaison	East Lincoln High School
Paul Ebenhoeh	Membership	Pine Lake Prep
Gary Hoilett	Webmaster	Charlotte Catholic High School
Jason Curtis	Kickoff Classic	Chapel Hill High School
Rick Pittarelli	Kickoff Classic	Wake Forest High School
Roger Morton	Officials Liaison	NCPSOA

NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

Meeting of the Board of Directors – Agenda Item Submission

Name(s) : Jamie Belk on behalf of NC Wrestling Coaches Association

School/LEA/Conference/Group: NC Wrestling Coaches Association

We/I request that the following item be placed on the agenda for the next meeting of the NCHSAA Board of Directors:

Recommendation/Proposal: (State in detail the recommendation/proposal)

Proposal to cap number of girls matches at 55 matches before the regional entry deadline.

Rationale: (Why should the board consider and possibly pass this recommendation?)

The concern is that girls wrestling does not explicitly have a season match limit prior to the end of the regular season. The boys are limited to 55 matches before the regional entry deadline. This proposal aligns girls with boys and helps prevent the possible overscheduling of wrestlers

Budget Impact: (What does this mean to a school's/athletic department's finances?)

None

Educational Impact: (Does this mean loss of school time? Does it interfere with study time?)

It does not change or affect loss of school time.

Gender Impact: (Is this proposal fair to males and females?)

A 55 match limit for the regular season aligns with the boy's division.

Effective Date: (When would this go into effect?)

2024-25 Wrestling Season

Signatures:

President - Jamie Belk (Piedmont HS) jamie.belk@ucps.k12.nc.us

Vice President - Tripp Rogers (Hough HS) forestw.rogers@cms.k12.nc.us

Treasurer - David Perry (Croatan HS) davidp@bluewaternc.com
Secretary - Mark Harris (Enka HS) mark.harris@bcsemail.org
Billy Baker (St. Stephens HS) billy_baker@catawbасchools.net
Jed Cox (SE Guilford HS) coxj6@gcsnc.com
Chase Holleman (Havelock HS) havelockramswrestling@gmail.com
Butch Ross (West Lincoln HS) butchross90@gmail.com
Byron Sigmon (Jack Britt HS) byronsigmon@ccs.k12.nc.us
Jacob Tutterow (Cary HS) rtutterow@wcpss.net
Heang Uy (North Henderson HS) khuy@hcpsnc.org
Ben Watson (Mooresville HS) benwatson@mgasd.k12.nc.us

Submitted on September 16, 2024

NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

Meeting of the Board of Directors – Agenda Item Submission

Name(s) : Jamie Belk on behalf of NC Wrestling Coaches Association

School/LEA/Conference/Group: NC Wrestling Coaches Association

We/I request that the following item be placed on the agenda for the next meeting of the NCHSAA Board of Directors:

Recommendation/Proposal: (State in detail the recommendation/proposal)

Proposal to raise the minimum match number for regional seeding to 15 matches from the current 10.

Rationale: (Why should the board consider and possibly pass this recommendation?)

The initial 10 match minimum was because girls wrestling was newly sanctioned and there were fewer opportunities. It is now clear that girls have ample opportunities to compete, there are many girls only events, and the teams are allowed to enter non-scoring wrestlers in tournaments. A 15 match minimum makes for more fair seeding and aligns with the boy's seeding criteria.

Budget Impact: (What does this mean to a school's/athletic department's finances?)

None

Educational Impact: (Does this mean loss of school time? Does it interfere with study time?)

It does not change or affect loss of school time.

Gender Impact: (Is this proposal fair to males and females?)

A 15 match minimum aligns with the boy's division.

Effective Date: (When would this go into effect?)

2024-25 Wrestling Season

Signatures:

President - Jamie Belk (Piedmont HS) jamie.belk@ucps.k12.nc.us
Vice President - Tripp Rogers (Hough HS) forestw.rogers@cms.k12.nc.us
Treasurer - David Perry (Croatan HS) davidp@bluewaternc.com
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Jed Cox (SE Guilford HS) coxj6@gcsnc.com
Chase Holleman (Havelock HS) havelockramswrestling@gmail.com
Butch Ross (West Lincoln HS) butchross90@gmail.com
Byron Sigmon (Jack Britt HS) byronsigmon@ccs.k12.nc.us
Jacob Tutterow (Cary HS) jtutterow@wcpss.net
Heang Uy (North Henderson HS) khuy@hcpsnc.org
Ben Watson (Mooresville HS) benwatson@mgsc.k12.nc.us

Submitted on September 16, 2024

NORTH CAROLINA HIGH SCHOOL ATHLETIC ASSOCIATION

Meeting of the Board of Directors – Agenda Item Submission

Name(s) : Jamie Belk on behalf of NC Wrestling Coaches Association

School/LEA/Conference/Group: NC Wrestling Coaches Association

We/I request that the following item be placed on the agenda for the next meeting of the NCHSAA Board of Directors:

Recommendation/Proposal: (State in detail the recommendation/proposal)

Proposal to remove the FIVE stoppages before disqualification during blood time in wrestling.

Rationale: (Why should the board consider and possibly pass this recommendation?)

This is not a National Federation Rule, it is unique to North Carolina. The National Federation allows FIVE minutes of blood time, with no stipulation on number of stoppages. There is no evidence that having five stoppages is safer for the athlete. Out of state schools competing in North Carolina are often confused by this rule unique to North Carolina.

Budget Impact: (What does this mean to a school's/athletic department's finances?)

None

Educational Impact: (Does this mean loss of school time? Does it interfere with study time?)

It does not change or affect loss of school time.

Gender Impact: (Is this proposal fair to males and females?)

This rule change would apply to boys and girls wrestling.

Effective Date: (When would this go into effect?)

2024-25 Wrestling Season

Signatures:

President - Jamie Belk (Piedmont HS) jamie.belk@ucps.k12.nc.us

Vice President - Tripp Rogers (Hough HS) forestw.rogers@cms.k12.nc.us
Treasurer - David Perry (Croatan HS) davidp@bluewaternc.com
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Heang Uy (North Henderson HS) khuy@hcpsnc.org
Ben Watson (Mooresville HS) benwatson@mgisd.k12.nc.us

Submitted on September 16, 2024

NFHS Baseball Rules Experiment Approved for NCHSAA

The NCHSAA endorsed a NC Baseball Coaches Association request for an NFHS Rule Modification Experiment. Following our submission to the NFHS, the request was approved for 2025 with option for 2026 and 2027.

Description of Experiment

One-way electronic communication devices are permissible from the dugout to the catcher and pitcher while the team is on defense for the purpose of calling pitches. When using the electronic communication device, the coach cannot be outside the dugout/bench area.

Rationale

- *Improve Pace of Play*
- *Decrease Communication Failures*
- *Increase the Integrity of the Game (Mitigating Sign Stealing)*

Description of the Data that will be provided to the NFHS

- *Risk Minimization*
 - *Injury reports associated with the communication devices*
- *Pace of Play*
 - *Length of games relative to time*
 - *No devices vs. catcher only vs. pitcher and catcher*
- *Wearable Technology Effectiveness*
 - *Communication failures*

The NCHSAA staff is working with the NCBCA on developing data collection points and methods to validate the experiment based on every contest played during the 2025 NCHSAA season. This information will be shared once finalized.

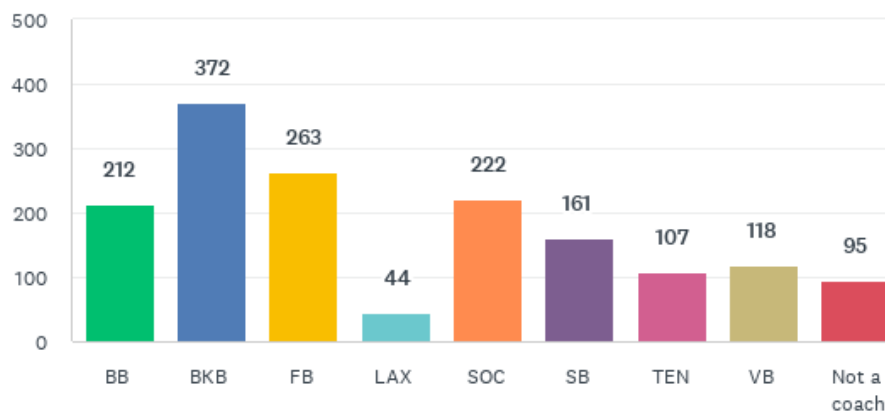
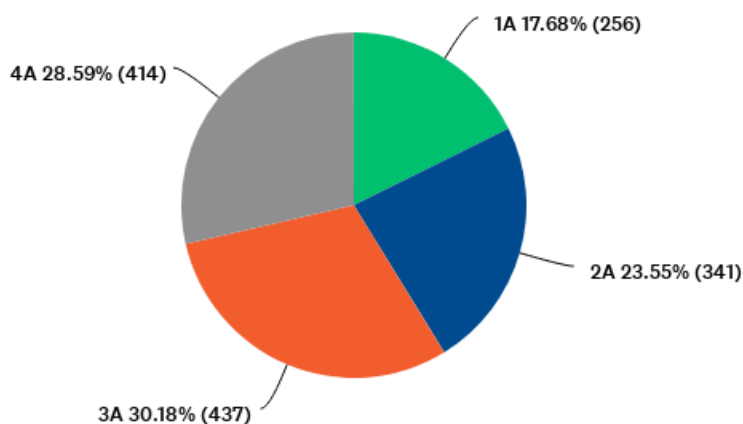
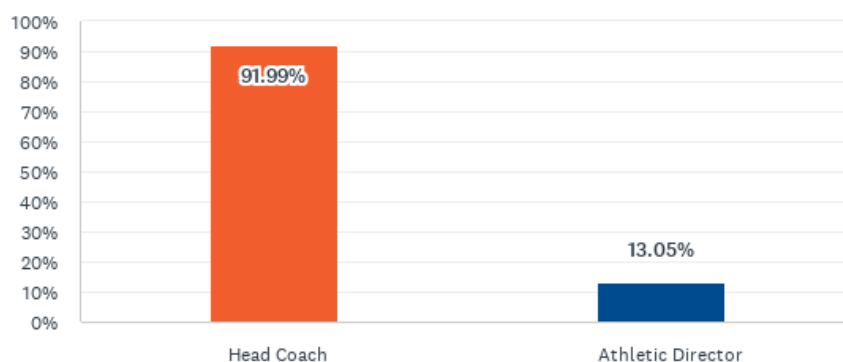
2024 RPI Survey

November 8-25, 2024

Sent to athletic directors and coaches

1,448 Responses

Response Demographics

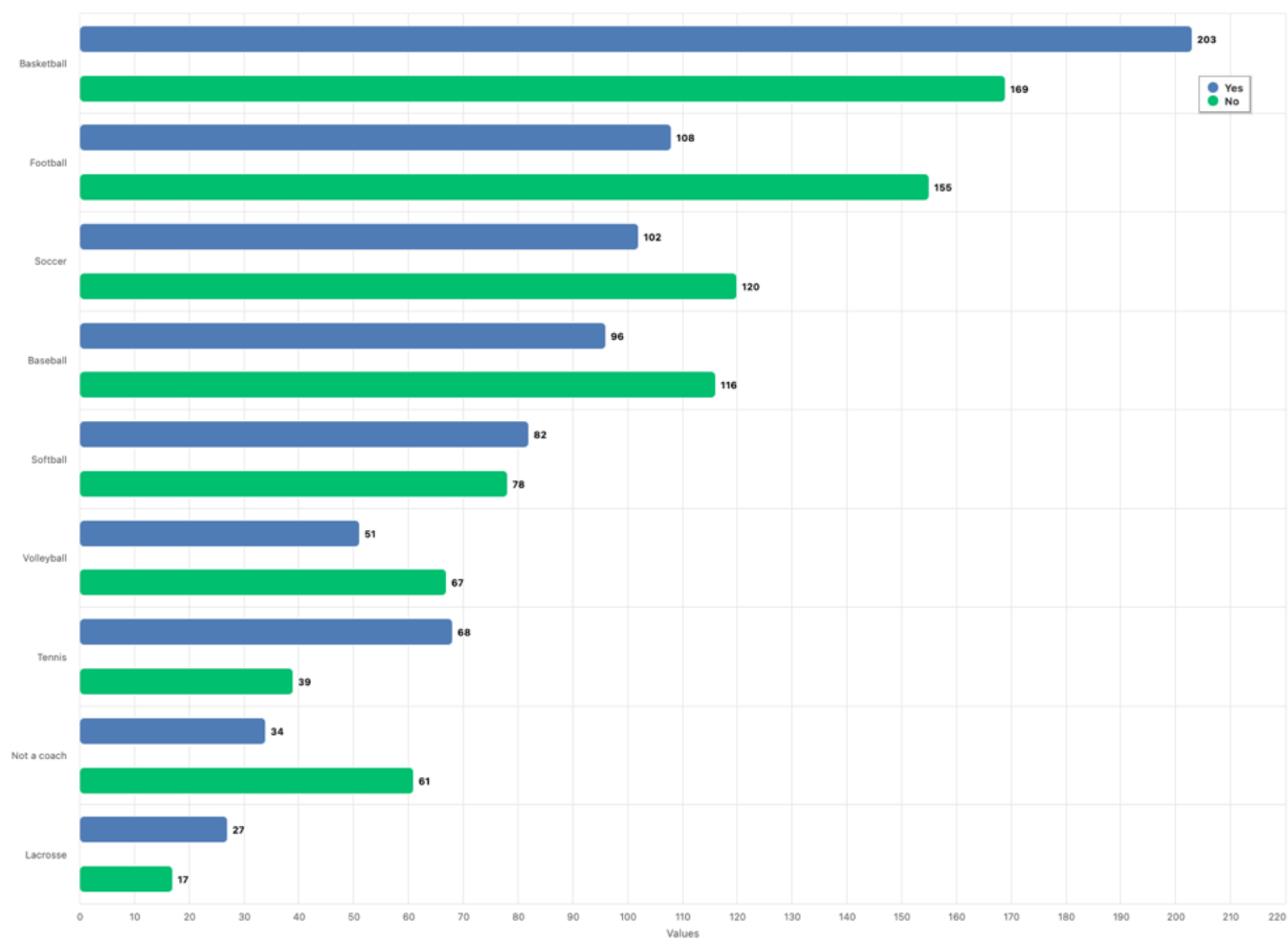


Response Totals and Breakdown

Are you satisfied with the current RPI formula?

No 51.52% (746)

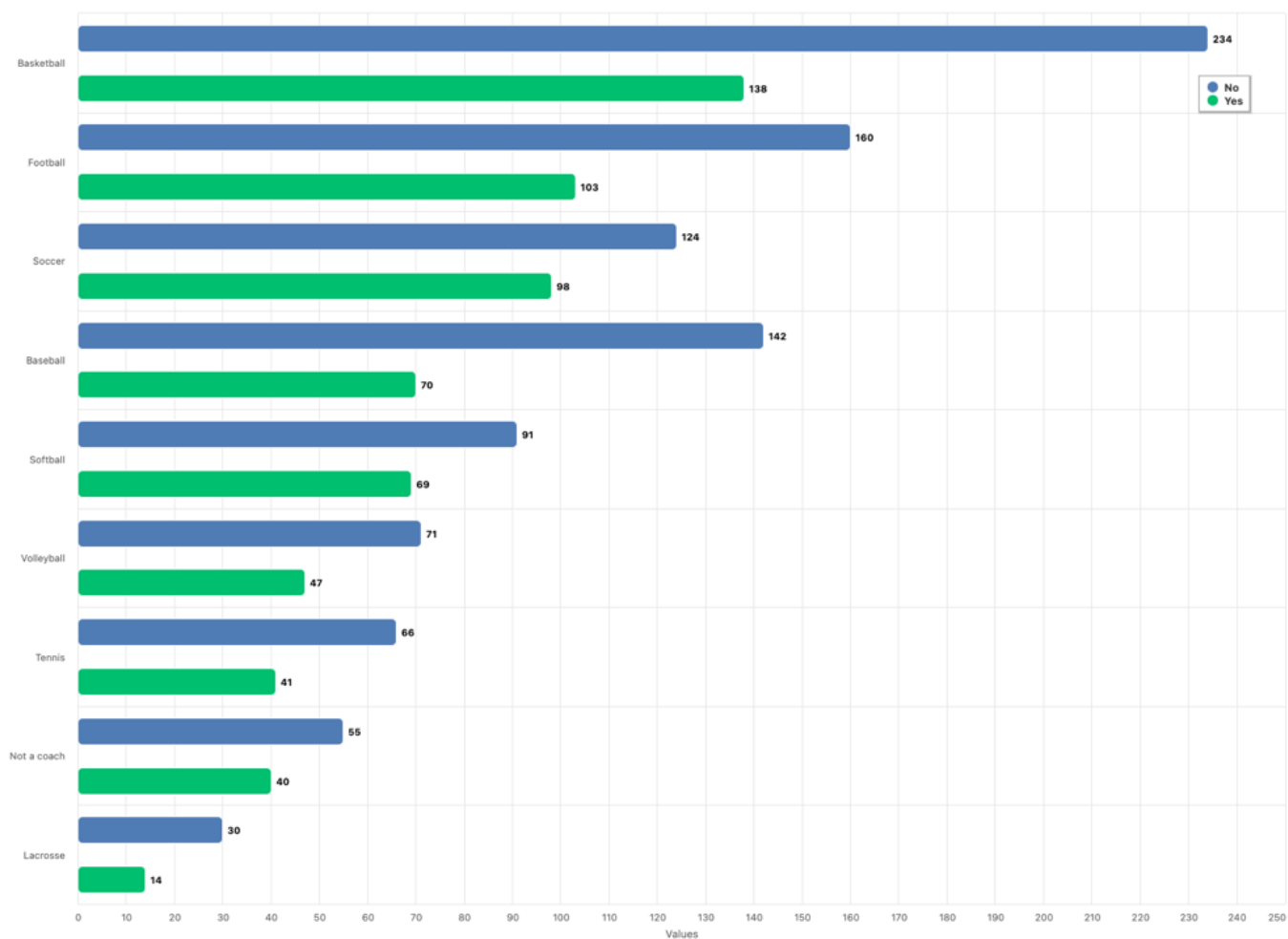
Yes 48.48% (702)



Do you prefer pre-determined brackets for team sports playoffs?

No 61.19% (886)

Yes 38.81% (562)



Rank the following RPI formulas that would better serve team sports for playoffs.

Based on the submitted rankings, the order of preference is represented here.

