

Enka High School & NCHSAA Student Leadership Summit | April 7, 2025 | Asheville, NC

Enka High School and the North Carolina High School Athletic Association welcomes each of you to the 2025 Enka & NCHSAA Region 8 Student Leadership Summit! This year's theme: **"Starting a Student-Athlete Leadership Team"**

Welcome to the 2025 Enka & NCHSAA Student Leadership Summit! Where we gather to empower and equip our future leaders with the tools they need to Start a Student-Athlete Leadership Team. This year's theme is **"Starting a Student-Athlete Leadership"** and we are excited to explore the many opportunities and challenges that await.

Establishing a Student-Athlete Leadership Team at local high schools can be beneficial for various reasons, fostering a positive and collaborative environment. Here are a few key reasons:

1. **Student Voice and Representation:** Provides student-athletes with a platform to voice their opinions, concerns, and ideas regarding athletic programs and policies.
2. **Leadership Development:** Participation allows student-athletes to develop leadership skills by taking on roles such as president, vice president, secretary, etc... This experience helps them cultivate organizational, communication, and teamwork skills.
3. **Promoting Sportsmanship and Ethics:** Actively work towards promoting sportsmanship, fair play, and ethical behavior among student-athletes.
4. **Mental Health and Well-being:** Providing a supportive environment, the council can contribute to the overall mental and emotional health of its members.
5. **Building School Spirit:** By organizing events, pep rallies, or initiatives that boost school spirit, this contributes to creating a vibrant and supportive atmosphere for all students, not just athletes.

Establishing a Student-Athlete Leadership Team at the high school level can contribute to the holistic development of student-athletes and enhance the overall sports culture within the school community.

During this conference, we will hear from inspirational speakers who have been leaders in their community for many years! Through workshops, networking, and interactive activities with your peers, we will explore the many avenues available to us and develop a roadmap for a Student-Athlete Leadership Team at your local high school!

We sincerely hope that each of you has an amazing experience!

Summit Adult Leadership Team



Evan Sauer

Director, Development, Marketing
and Student Programs



Brian Carver

Athletic Director
Enka High School



Region 8 Student Leadership Summit Schedule

All Speakers Bios can be viewed [HERE](#) on the NCHSAA Website!!

Schedule Time	Scheduled Events
8:00 – 8:30 a.m.	Registration (Juice and breakfast pastries provided)
8:45 – 9:30 a.m.	Opening General Session Speaker: Samantha LaFon (Appalachian State), DaMarr Harvey (UNC Asheville)
9:30 – 10:00 a.m.	Large Group Session Starting a Student-Athlete Leadership Team
10:00 – 10:10 a.m.	Break #1
10:10 – 10:40 a.m.	Breakout Session #1 Follow Breakout Schedule
10:45 – 11:15 a.m.	Breakout Session #2 Follow Breakout Schedule
11:20 – 11:50 a.m.	Breakout Session #3 Follow Breakout Schedule Adult Admin Session #1 Athletic Director Brian Carver
11:50 – 12:30 p.m.	Lunch Break Chick-fil-a Box Lunch
12:30 – 1:00 p.m.	Breakout Session #4 Follow Breakout Schedule Adult Admin Session #2 NCHSAA Evan Sauer
1:05 – 1:35 p.m.	Breakout Session #5 Follow Breakout Schedule
1:40 – 2:10 p.m.	Breakout Session #6 Follow Breakout Schedule
2:10 – 2:20 p.m.	Break #2
2:20 – 2:50 p.m.	Closing General Session Speaker: BJ Laughter

Breakout Rotations Listed Below

Breakout Session Topics	Breakout Session #1	Breakout Session #2	Breakout Session #3	Breakout Session #4	Breakout Session #5	Breakout Session #6
Life After Sports	Red Room:	Red Room:	Red Room:	Red Room:	Red Room:	Red Room:
Mental Health and Well-being	Orange Room:	Orange Room:	Orange Room:	Orange Room:	Orange Room:	Orange Room:
Leaving A Legacy	Green Room:	Green Room:	Green Room:	Green Room:	Green Room:	Green Room:
Transferable Skills	Blue Room:	Blue Room:	Blue Room:	Blue Room:	Blue Room:	Blue Room:
NCAA Eligibility Standards	Purple Room:	Purple Room:	Purple Room:	Purple Room:	Purple Room:	Purple Room:
Leadership Styles:	Pink Room:	Pink Room:	Pink Room:	Pink Room:	Pink Room:	Pink Room:

Breakout Leaders

Life After Sports: Emma Mowrey, Eliya Henson, Sydney Cannon

Mental Health and Well-Being: Jules Pisano, Jack Turner, Mahala Murray

Leaving A Legacy: William Paraham, Graham Cannon, Logan Trantham, Reid Bryant

Transferable Skills: Kailtyn Mowrey, Ella Alexander, Josie Farmer, Emma Paraham

[NCAA Eligibility Standard: Erin Spence](#)

[Leadership Styles: Marco Zumido, Amor Morris, Brianna St. Louis, Brooke Hardister, Kyle Stinson](#)

Closing the Enka & NCHSAA Student Leadership Summit

On behalf of Enka High School and the North Carolina High School Athletic Association, we want to express our sincere gratitude for your active participation in today's Student Leadership Summit **“Starting a Student-Athlete Leadership Team”**. Your enthusiasm, insights, and commitment to making a positive impact have truly made the event successful today.

We believe that the voices of student-athletes play a crucial role in shaping the athletic environment within our schools, district and state. Your involvement not only enriches the experiences of fellow student-athletes but also contributes to the overall growth and success of the community.

As we continue to foster a culture of leadership and collaboration, we encourage all interested student-athletes to consider starting a local leadership team at their high school! These councils provide a platform for you to actively engage in decision-making processes, advocate for positive changes, and become influential voices in your district or at the state level!

If you're ready to take on a leadership role and make a difference, we invite you to apply for the NCHSAA SAAC. Your perspective matters, and by joining these advisory councils, you can contribute to the betterment of the athletic community.

To apply, please follow the links below:

[NCHSAA SAAC Application](#)

Remember, your voice is powerful, and together, we can create a positive and inclusive environment for all student-athletes. Thank you once again for your dedication and participation. We look forward to seeing the positive impact you'll make in your schools through a Student-Athlete Leadership Team!

