

NCHSAA Student Leadership Conference | May 6, 2025 | Greensboro, NC

Welcome to The North Carolina High School Athletic Association 2025 Student Leadership Conference (SLC)! Where we gather to empower and equip our future leaders with the tools they need to succeed. This year's theme is " **Student-Athlete Culture & Community**," and it is designed to empower and inspire our student-athletes while highlighting the multifaceted journey of being a student-athlete.

Engaging Workshops: Interactive sessions led by experienced facilitators will delve into topics such as time management, mental health, academic success and life balance. All tailored to being a student-athlete at the high school level.

Inspiring Speakers: Renowned athletes, coaches, and educators will share their personal stories and insights, offering invaluable perspectives on navigating the complexities of student-athlete life.

Networking Opportunities: Participants will have the chance to connect with peers from across the state, building relationships and support networks that extend beyond their own schools and teams.

Practical Strategies: Attendees will leave equipped with practical tools and strategies to excel both on and off the field, enhancing their overall well-being and success.

Why Attend: By participating in the NCHSAA Student Leadership Conference, student-athletes will:

- 1) Gain a deeper understanding of their unique identity as student-athletes.
- 2) Develop essential leadership skills to thrive in academics, athletics and beyond.
- 3) Forge meaningful connections with fellow student-athletes and mentors.
- 4) Discover practical strategies for achieving balance, managing time effectively, and prioritizing well-being.

We invite all member schools to encourage their student-athletes to participate in this enriching experience. Together, let's empower our student-athletes to embrace their identities, cultivate leadership skills, and excel in all facets of their lives.

Summit Leadership Team



Tamara Satterfield (CMS) | Evan Sauer (NCHSAA) | Ryan Pegarsch (NCHSAA Regional Supervisor)

2025 Student Leadership Conference Schedule

<u>Timing</u>	Event Session
8:00 – 8:30 am	Check In (Breakfast Provided by NCHSAA and Camp Weaver)
8:40 – 8:55 am	Opening General Information from the NCHSAA
8:55 – 9:05 am	Opening Remarks from the NFHS - Mr. Elliot Hopkins
9:05 – 9:15 am	Final Announcements - Information Regarding Breakout Sessions
9:15 – 9:30 am	15 Minute Break
9:35 – 10:35 am	Breakout Session Rotation #1
10:40-11:40 am	Breakout Session Rotation #2
11:40 – 12:30 pm	Lunch Break (Lunch Provided by NCHSAA and Camp Weaver)
12:35 - 1:35 pm	Breakout Session Rotation #3
1:40 – 2:40 pm	Breakout Session Rotation #4
2:45 – 3:45 pm	Breakout Session Rotation #5
3:50 - 4:00 pm	Closing Remarks from Commissioner Que Tucker

	Blue	Red	Yellow	Green	Orange
Rotation #1	Low Ropes Course	NCHSAA SAAC	Omari Pearson	Teen Mental Health	Deb Hult
		Rock Climbing			
Rotation #2	Deb Hult	Low Ropes Course	NCHSAA SAAC	Omari Pearson	Teen Mental Health
			Rock Climbing		
Rotation #3	Teen Mental Health	Deb Hult	Low Ropes Course	NCHSAA SAAC	Omari Pearson
				Rock Climbing	
Rotation #4	Omari Pearson	Teen Mental Health	Deb Hult	Low Ropes Course	NCHSAA SAAC
					Rock Climbing
Rotation #5	NCHSAA SAAC	Omari Pearson	Teen Mental Health	Deb Hult	Low Ropes Course
	Rock Climbing				

Breakout Leaders, Bios and Locations

Low Ropes Course – Will be lead to location by Camp Weaver Staff

Deb Holt – Dining Hall

Teen Mental Health – Casper Hall

Omari Pearson – Warwick Pavilion

NCHSAA SAAC Leadership Group (Amphitheater) /Rock Climbing (Camp Weaver Staff)

Meals for the Day

Breakfast: Continental Breakfast | Assorted Bagels, Danishes, Muffins, Eggs, Fresh Cut Fruit Salad, Yogurt, Cereal, Milk, Orange Juice, and Coffee.

Lunch: Chicken Strips, Macaroni and Cheese, Salad Bar, Fresh Fruit, Dessert, Water, Lemonade or Tea

Please let the NCHSAA (evan@nchsaa.org) know if you have any dietary restrictions

See Map Below of Camp Weaver

**FIND YOUR
ADVENTURE.
FIND YOUR Y.**



ACTIVITIES	FACILITIES	CABINS
Archery	Amphitheater	1 Staff house
Crafts	Barn	2 Buncombe
Horseback riding	Boat house	3 Alleghany
Kayaking	Casper Hall	4 Catawba
Low ropes courses	Chapel	5 Alamance/Bladen
Organic garden	Fire pit	6 Guilford/Halifax
Playground	Health lodge	7 Pamlico/Pender
Ropes courses	Herman Dining Hall	8 Watauga/Yadkin
Shooting range	Log cabin	
Skateboarding	Office	
Swimming	Pool	
	Terrace	
	Warwick Pavilion	

MAP KEY

Closing The 2025 NCHSAA Student Leadership Conference

On behalf The North Carolina High School Athletic Association, we want to express our sincere gratitude for your active participation in today's Student Leadership Summit **"Student-Athlete Culture & Community."** Your enthusiasm, insights, and commitment to making a positive impact have truly made the event successful today.

We believe that the voices of student-athletes play a crucial role in shaping the athletic environment within our schools, district and state. Your involvement not only enriches the experiences of fellow student-athletes but also contributes to the overall growth and success of the community.

As we continue to foster a culture of leadership and collaboration, we encourage all interested student-athletes to consider starting a local leadership team at their high school! These councils provide a platform for you to actively engage in decision-making processes, advocate for positive changes, and become influential voices in your district or at the state level!

If you're ready to take on a leadership role and make a difference, we invite you to apply for the NCHSAA SAAC. Your perspective matters, and by joining these advisory councils, you can contribute to the betterment of the athletic community.

To apply, please follow the links below:

[NCHSAA SAAC Application](#)

Remember, your voice is powerful, and together, we can create a positive and inclusive environment for all student-athletes. Thank you once again for your dedication and participation. We look forward to seeing the positive impact you'll make in your schools!!

